THE QUIET PLACE



August 19, 2004 Prior to 5:00 am The Quiet Place "6" Day

I AM THE HOLY SPIRIT SPEAKS

Religion
"The Knowing"

I woke-up hearing the whispered words of Spirit. From the magnificent teaching angel Joseph, the words came clear, to the ears of my soul:

The mission to restore the unity between God and mankind is noble. For every person is united to God, in the essence of their being. Everyone hears God, within.

Then
there came
... "The Knowing"...
To understand and restore
the unity and beauty in the relationship
between God
and mankind;

It is
first necessary
to place firmly in your thought
that God does not hold membership
in any particular church, or religion,
although
He guides most.

When some of God's children unite to form a distinctive group, dedicated to a certain way of living to honor God, they become One in their desire and One in their affiliation.

God's children have formed many such groups.

They are all worthy of respect
and noble in their desire
to honor The Creator,
God of All Things.

But,
we must remember,
God is not a member of one group,
to the exclusion of another.
God Loves
All
of His
Children.

God so loves the world that He calls-out to all of us from time to time, saying: Hey, you're going in the wrong direction! I AM

over here.

Religion "The Greatest Messenger"

God sent The greatest messenger of all time, Jesus, to call-out to the wandering children and bring them back home to Our Creator.

Jesus
did not bind Himself
to one exclusive group of The Father's children.
Jesus embraced us
All as brothers
and sisters.

Jesus
reminded us
God is "Our Father,"
... we are all Children of God ...
and we can do all things in His Name.

Remember this, as these are the things that are spoken to you in the quiet place of your heart, and soul, and spirit.

> Spirit calls you, but The Voice of Spirit is hushed so that you might hear.

And, to everyone, the sweet words of Spirit are personal and distinctively their own.

Remember also
when Spirit speaks to each child of God,
the words from Spirit are the threads that unite
the Family of God
with Love.

And, although each child is a uniquely different piece of the fabric, all are connected by the thread of Love.

And, in the Master's Hands, all the pieces are brought together to form The One.

Celebrate
the pieces
and the beauty in each part.
But, do not cling to the fibers of exclusivity
while
ignoring
the thread
of Love.

Religion "The Example"

Another
"Knowing"
that was settled upon me this morning
was about The Message
carried by our Brother,
Jesus.

His
Message is,
"The Message of Love."
His Words are "the guideposts"
along the road back to The Creator,
Our Father & Mother.
He gave us
"the example"
to follow
home.

He gave us direction in many ways.

He said, "if you want to get back to The Father, you must follow Me."

He even went so far as to tell the wealthy

to give away their earthly fortunes

and follow

Him.

Did He mean what He said? The answer is "Yes."

We must divest ourselves of the things of earth
to grasp the gifts of Spirit.

As your hand is filled
so is your heart.

Jesus
left us one rule
to stand above all others
- LOVE -

He did not come to change any rules that the children of God choose of their own free-will to follow.

He

"The Freedom of Truth" to the children of God.

And, if there is ever any doubt about what is truth, listen to The Voice of Spirit calling to you, and you will hear, and know the truth,

As,
it is whispered
to every child of God,
THE TRUTH
IS
LOVE.

Religion "The Parable"

Original Recipe

It was brought to my attention at this time that religion is rather like a favorite family recipe that gets handed down from its creator to all the family members.

Slowly,
through the years,
the recipe gets changed
as one family member may add
and another family member may delete to their liking.
Essentially, the main ingredients, the soul of the recipe
created by one and handed down to the many
remain
the same.

But,
nevertheless,
the recipe is altered
and over the generations
the changes are so subtle
that those eating the bread
do not notice it is different,
until some of the family members,
who remained faithful to the ingredients
listed by the creator of the recipe,
show up at the "reunion"
with the treasured
dish.

When the tables are set
and arrayed with delectable dishes
brought from far and wide by the members of the family
they begin to notice that the "original recipe" is unique from all the rest.
They begin to notice that all the additions and deletions over the generations
have altered the taste of that which was created and passed to them.
And, in eating the bread as it was intended,

they taste the sweetness of the original creation.

But,
it was not until the faithful
returned with the original recipe
that the other family members were reminded
of the simple truth
in the basic
recipe.

And,

it is the same with the recipe
handed down from God to His children.
Every recipe concocted by the children of God
will be tasty and pleasing to The Creator
if it incorporates the ingredient
of Love.

But with every change made by the children, the recipe will be altered, until someone comes again with the "original recipe."

And the children once more, eat of the bread as intended from the Hands of The Creator.

November 14, 2002 4:35 am The River House "11" Day

The COVENANT

Abraham, Jesus and Every Man

Just as Abraham
was given a new covenant
of Truth and Love from God
so Jesus delivers a new covenant to every man.

Abraham was given the gift of a son, a baby born of the Spirit of Love between man and the promise of God.

And, when called upon by God,
to offer that which had been given to him,
Abraham took the child and raised it to God on the altar.
And, in so doing, Abraham was flooded with the gift of God's Love
and Truth
in The Covenant.

The story of Abraham is a guide, and the vision dream of the baby given to Michael ...

The dream that was visited on you before it all began, was a precursor of what was to be.

The words you have been given are the Words of God to man.

They
are whispered
to man every day
by the winged messengers of God,
but man
will not listen.

They
are words
of love and forgiveness
for man's refusal to draw near and listen.

God offers every man a covenant, but most use their free will to follow the path set down by the departure from the garden.

> Most men choose the ways of man, even though they have been told that Jesus is The Way.

The child
is in the hands of Michael
and Michael will hold the child up
for all to see the Love of God through Truth.
And, in so doing, Michael will be flooded, and washed
in God's Golden Love.

The dream was prophetic. You did not understand it and it is still to be fulfilled.

The Word will be lifted up for all to see and know the Love of God and you and your children will be blessed many times over.

Do not forget of your thoughts upon rising as they were true, but as all truths, not to the exclusion of all truth.

At the last supper Jesus wanted to let His disciples know that He was always with them in Spirit,

And, that they could remember His Spirit had been made flesh and walked with them through the power of One.

He took in His hand
the bread they were eating
and lifted it up so there would be no mistake
in His reference to the piece of bread and said,
"When you eat this bread, you eat My Body."
Then, to further explain,
He continued...

Jesus
picked up
a cup of wine placed close by,
as they were all drinking the fruit of the vine.
He lifted the cup just as He had the piece of bread
so there would be no mistake in His reference to the cup of wine and said,
"When you drink this wine, you drink My blood.
My body and My blood will be the sacrifice
to show you the way back
to the Garden
of God.

You have closed your ears to the Truth of God and chosen the path of man. That earthly path
has led you into the wilderness
and farther away from the Light of God's Love.

When you eat bread and drink the wine of earth, remember you are drinking pieces of Me...eating pieces of Me ... I AM the bread and wine and the bread and wine are Me.

I have come to show you The Way ... but even here at this table there is one who has chosen the path of man and it will lead him further from the truth.

I have come to show The Way...
remember Me when you eat and drink
and return to the Garden of Our Father.

I will be going soon to prepare for your coming. Rejoice." The Quiet Place NC

November 7, 2003 4:34 a.m. The Quiet Place "5" Day

VOICES From The Quiet Place

We woke in joy. Our hearts were full of song as we proceeded to the front of the house and welcomed the new day in prayer led by Michael. He asked all of our spiritual companions to gather and stand with us as we went to The Father to give thanks for the restful night and ask blessings on our journey into the day. The prayers, mixed with words and song, ended with the "Our Father."

During the quiet time the practice of yoga was resumed. We journeyed within to experience the course of our inner selves... bodies and souls. It was during this reflective period that we heard from Spirit with words calling out for us...

Hold your gift to the Heavenly Father up before Him, in glory and celebration.

It
matters not
to The Father
if your gift is a grain of sand
or a diamond as large as your hand.

Hold it up.

Do not concern yourself

with what your brothers think of your gift.

Offer your gift to The Father and it will be pleasing to Him.

Your Heavenly Father accepts the gifts brought by His children with equal portions of love, whether grain of sand or finest gemstone.

Accept
the gifts
of The Father
and return to Him
with the fruits born of His gifts to you.

Your Father gives you words and songs from Spirit every day.

Look at what you have done with the messages from Spirit.

See the fruits born of His Love.

They are your gifts
to The Father.

Many beings of light and love surround you at the Quiet Place.

They tell stories and sing songs of communication.

They speak words of wisdom.

They sing songs of love.

Gather
together
the 'pieces'
of wisdom and love
delivered to you through the veil,
and let the series of stories, poems,
songs and journal entries be known as
words of Spirit
heard from
"Voices from The Quiet Place."

There are many voices
ready to speak out from the quiet place.
Gather together their words and pass them to your brothers,
as they are the food
of Spirit.

November 24, 2003 6:00 am The Quiet Place "4" Day

I AM THE HOLY SPIRIT SPEAKS

THE GREAT SPIRIT
Within Man

(Spoken)

And,
there settled
amongst man,
The Great Spirit,
Who brought understanding, and wisdom, and love.

Mankind rested beneath the blanket of tranquility spread by the power of God until he "knew" that Spirit was within him.

Then,
newly enlightened,
he rose-up and walked with his brothers in harmony
and the new day
was born.

(Sung)

Oh, settle on me, Great Spirit and bring the Peace of God to man.

Oh, settle on me, Great Spirit and bring the Gift of God to man.

And, mankind will rise-up in glory. And, mankind will rise-up and sing.

Oh, Settle on me, Great Spirit your blessed tranquility bring.

The Quiet Place NC

November 25, 2003 1:53 am The Quiet Place "5" Day

I AM THE HOLY SPIRIT SPEAKS

THE GREAT SPIRIT Within Man

(Spoken)

During the time
of enlightenment,
those who knew The Spirit
were led to gather as dusk fell onto day.
So, it became the custom, to assemble at the appropriate hour.

And, it came to pass, that in the hour of quiet before darkness sealed the thoughts and deeds of the day, the Great Spirit spoke.

The words of Spirit
were heard by those gathered
and they carried the Word
to the ones not yet walking
in light.

Slowly, those in slumber were illuminated through the words of Spirit.

One by one, they rose-up in celebration of the wisdom settled on them and sang of the Gifts of Spirit. Sometimes
their song was jubilant
and echoed through the canyons.
Sometimes their song was subdued
and whispered in the ears of those still sleeping
under the blanket of tranquility.

By the Will of Spirit the dawn of enlightenment approached and with the new day came the regeneration of the energy of Spirit.

The energy of light grew by enormous proportions, drawing into it the vibration of love emanating from those walking in the wisdom of Spirit.

> They gathered by evening, and took the words of Spirit into their dreams. And, the energy grew.

Before
the parting of the night,
while earth remained in darkness,
they rose-up to hear the words
that would carry them
into the new day.

The Quiet Place NC

So fulfilling
were the words
received from Spirit,
that the Children of the Dawn
relied less and less on the foods of earth
and the words of Spirit sustained them, as had been foretold.

(Sung)

Take my hand and walk with Spirit and you will hear the Word of God. Take my hand and walk with Spirit and you will be led by the Word of God.

Rejoice, oh brothers and sisters of Spirit. Rejoice and sing all ye children of God. Rejoice, oh brothers and sisters of Spirit. Rejoice all ye children of God.

Wake-up and partake of the food sent from heaven.

Wake-up and partake of the food sent from God.

Wake-up and partake of the food sent from heaven.

Wake-up and partake all ye children of God. Rejoice!

(Spoken)

The song of jubilation rang through the valleys of earth and woke all who slumbered.

And, they rose-up, one by one, to answer the call of Spirit.

And their anthem leapt from the mountaintops as the Son appeared in the sky, announcing the coming of the New Age.

> And, the Children of the Dawn, sang.

November 26, 2003 4:40 am The Quiet Place "6" Day

JESUS On: The Judgment Of Man

Jesus said:
Father,
forgive them,
for they do not know
what they are doing.
(NIV Luke 23:34)

I rose later than usual today. I had remained under the covers long after my first call to rise and begin prayers at 4:40 a.m. I kept telling Spirit that I would come. Finally, I could not resist the urge to throw back the covers and rise-up singing the praises of Our Lord.

During those first waking moments, there came an understanding, a "knowing" if you will, that settled over my soul.

I received a lesson on the deeper meaning of some our Brother, Jesus', last few words...while hanging on the cross of man...

Jesus said:

Father, Forgive Them, For They Do Not Know What They Are Doing. (NIV Luke 23:34)

When God sent Jesus
to be The Messenger of the age,
there were many goals He wished to accomplish.
One goal was to assess "the judgment of man."
But, the Lord God and Father of all things
wanted Jesus 'to walk as man' before
making His assessment.

And,

this was done,
through the power of The Holy Spirit,
when Jesus came from Spirit into matter to walk with man.
When it was almost done, mankind's jury, The Son of God, pronounced:
Man, in his garment of earth, did not understand Spirit,
man did not know what he was doing
and, Jesus asked our Heavenly Father
to forgive us.

Jesus said:

Father, forgive them, for they do not know what they are doing. (NIV Luke 23:34)

I thought
this was a statement
regarding the act of crucifying Jesus.
But, He meant far more than simply forgiving
those who actually judged Him,
hammered in the nails
and spit in the face
of the Son of God.

He

also meant,
that while we travel on earth,
very few are given the gift of wisdom to understand the things of Spirit.

Jesus knew this.
He knew how difficult
it is "to walk as man
and know God
and the things
of Spirit."

That is why

the Holy Spirit was sent to man. So that, in the quiet times, man can hear the voice of Spirit

whispering to him, guiding him.

And, in this Way

Spirit will

lead man

back to

the

Father.

When Jesus said:

Father, forgive them, for they do not know what they are doing. (NIV Luke 23:34)

It is my understanding,
He meant, exactly what He said.
He meant, man doesn't have a 'clue' how it really works.

He meant, we need help and guidance.

Mankind
was just not ready
for the message of complete Love.
Even the apostles were not ready to hear everything
Jesus wanted to tell

them.

So,
He sent
the Holy Spirit
to live with man,
and in man,
forever.
Amen.

December 13* & 14, 2003. 3:43* a.m.

The Quiet Place "3 & 4" Days

Song (Start Softly)

COME INTO MY HOUSE ALL YE CHILDREN OF GOD And The Crown That You Wear Will Be Gold

- Come in-to MY house... all ye chil-dren of God....

 Shake the dust from your feet... from the jour-ney you've trod....

 Take the bread from MY hand.... Take the cup that I hold....

 And the crown that you wear will be gold....
- Gol- den crowns... are mar-ching toward hea-ven....

 Placed on the heads... of the young and the old....

 There is... no age... in the King-dom of Spir-it.

 And the crowns of His chil-dren are gold....
- Come in-to MY house... all ye children of God....

 Change your bo-dy of earth, for the spir—it you are....

 Let your cloth—ing be truth.... See the sto—ry un-fold....

 And the crown that you wear... will be gold....
- Gol- den crowns... are mar-ching toward hea-ven...

 Placed on the heads... of the young and the old....

 There is... no age... in the King-dom of Spir-it.

 And the crowns of His chil-dren are gold....
- Come in-to MY house... all ye chil-dren of God....

 Shake the dust from your feet... from the jour-ney you've trod....

 Take the bread from MY hand.... Take the cup that I hold....

 And the crown that you wear will be gold....

December 15, 2003.

The Quiet Place "5" Day

It was at the end of the Quiet Time, when prayer and meditation were drawing to a close. There came a gentle voice, instructing me to take part in the gift giving, by helping Spirit with the outward signs. I stood as prompted, retrieved a chair from the kitchen, placed it before the fireplace and asked Michael to sit in the chair. Then Spirit spoke about...

THE GOLDEN CROWN OF GOD The Gift of Freedom

We bring a gift to you today. We bring a gift of Spirit from your Father.

For you see,
the crowns of earth
rest heavy on the heads
of the kings and queens of man.
These crowns of man are made of matter
and are hammered with layers of minerals and metals.
They are encrusted with gems and jewels and bring with them
the weight
of the nations of man.

The crown we bring for you, ye sons and daughters of God, oh children of the Creator, is a Crown of Freedom.

All children of God wear the Golden Crowns of the Father. But, most are not aware of the presence of their Crown, until they shed the bodies of earth.

Then
they feel the freedom of the Crown of God.
Then, they realize,
they carried the Crown with them always.

You, precious child of God, wear the Crown of Freedom.

The Crown you wear does not carry the weight of man, it brings the Freedom of Spirit. And, through it, pass messages of Spirit.

It brings a new birth of Spirit... that flows through the passageway... between you and the world of Spirit. Just as a woman in labor feels her body adjusting for the birth of a child as she becomes dilated, in anticipation of the birth; So you are dilated, in anticipation of the birth of Spirit.

It is flowing freely
between the world of Spirit
and the world of man through you.

You are the passageway between the world of Spirit and the world of man.
You are the passageway through which the things of Spirit are born.
There are no restrictions,
except those
of man.

So, blessed child, walk with the Freedom of Spirit and wear the Crown of a Child of God in Peace and Love and Light. Amen. December 17, 2003 5:15 pm The Quiet Place "7" Day

I AM THE HOLY SPIRIT WITHIN MAN

> I AM

The Holy Spirit,
The Spirit of Truth.

I have come to abide with you and guide you,
as promised and prophesied by Jesus,
The Son of God,
The Son
of Man.

When
I said,
"you wear
The Golden Crown of God,
as do all your brothers and sisters,"

"I said, you are 'gods'; you are all sons (and daughters) of the Most High." ²

You see,
this is how it works
and why it was written
"God created man in His Own Image,"
and His Image
is Spirit,
"God is Spirit."

¹ NIV John 14:15-17, 15:26, 16:12-15 ² id. Psalms 82:6; John 10:34 ³ id. Genesis 1:27 ⁴ id. John 5:24 December 17, 2003 Page 2 The Quiet Place 5:15 pm "7" Day

So, The Spirit of The Great, I AM, His Image, is in all of you.

This is how you hear
My still, small voice within, if you but try.
This is why it was written, "Whether you turn to the right or to the left, your ears will hear a voice behind you, saying,

'This is the way; walk in it'."

Jesus told you I was coming to "guide you into all truth."²

And,
"It is written
in the Prophets:
They will all be taught by God."³

I AM in you,

as Jesus and The Father are in you "Realize that I AM in My Father, and you are in Me, and I AM in you." ⁴
In other words, Hear, oh man,

"The Lord our God, the Lord

> is one."⁵

¹ id. Isaiah 30:21 ² id. John 16:13 ³ id. John 6:45; Isaiah 54:13 ⁴ id. John 14:20 ⁵ id. Mark 12:29 December 21, 2003 5:30 pm The Quiet Place "11" Day

I AM THE HOLY SPIRIT SPEAKS

And,
it came to pass,
that in a small house in the mountains
they gathered to celebrate dusk
and the end of another day
on the plane of man.
They gathered
to celebrate
The Gifts
of Spirit.

And, when the prayer ended, and the invocation to The Holy Spirit was announced, it was accomplished.

You have called upon Me.
Therefore,
I AM
with
you.

In the stillness you hear My approach from within and without.

You sense My coming through the inner-chambers of your ears. The Quiet Place NC

You hear the stirring of the air as I descend over you.

You feel My Presence over your head and at once, you're overcome with a light sensation.

You feel as if your head is tilting backward, your shoulders melting toward your sides and I AM upon you.

I settle over, on and around you.

Exhale all of the breath from your body.

Push it out and empty your lungs.

Prepare to receive

The Breath

of Life.

Now,
I breathe into you
The Breath of Spirit.
And, with the inhalation of The Breath of Spirit
you feel a "coolness" within your mouth.
The upper part of your mouth, all the way back toward your throat,
is tingling with a fresh taste, similar to the taste of a mint leaf.
The sensation is an outward sign of The Breath of Spirit.
Remember this gift
and take it within you.

PEACE.

Receive the Gift of Inner Peace carried on the Wings of The Dove. It floats over, and into you, as a feather on the wind. It drifts into your being, like a flag of delicate fabric, caught in the Wind of Love. It moves
throughout your body
delivering a sense of well-being
never before achieved by either of you.
It is complete...Peace...
It is a Gift of Spirit...
TRANQUILITY.

Michael, son of man, and child of God, your work is good, and with it, and you, Spirit is pleased.

You have accomplished much.
You have done battle with the challenges
set-out for you on the plane of man.
Your last trial, is that of anger, and by meeting this challenge
you will conquer
your strongest opponent.

Michael, you have done well,
do not be disappointed with your work.

Every day, you work with the words delivered to you by Spirit.

Every day, Spirit leads you toward the final goal.

Every day, you make progress.

That which you do not "see,"
is marked by Spirit.

You are on a path set by Spirit.

Do not doubt the steps you are guided to take.

Walk, man of Spirit

and "know,"

I AM ever

with you.

Remember The Breath of Spirit. Remember the sensations of Peace and Tranquility engulfing your body.

> Remember My Presence settling over, on, and around you.

> > Remember the Gifts of Spirit and rejoice!

December 24, 2003 5:36 pm The Quiet Place "5" Day

I AM THE HOLY SPIRIT SPEAKS

WATCHERS OF THE FLAME

So it was, that those who gathered in the hour before darkness fell on the earth listened for the words "of Spirit."

And, in the silence they heard The Holy Spirit speak and they held the words in their souls.

With the coming of darkness the campfire was lit and the flames brought light to night.

A simple meal was prepared for those who would take food before the evening's rest and the children were put to bed.

During the night, the campfire burned.

And, as the custom of keeping the flame grew more set in the hearts of the Children of the Dawn, the list of those seeking to be 'Watchers Of The Flame' grew. Soon, it became necessary to draw lots each evening to see who would keep watch.

And, when it was done the flame burned into the night a golden beacon.

It welcomed any who would come to the light, be they man or beast. And, all who came to the light found peace.

No food of man was offered during this time of watching. And, Spirit drew into Itself all who came.

As the children multiplied,
some moved-on and set-up new camps
and the custom of the evening flame continued.
Soon the evening sky was filled with light from campfires
set all along the path of the children
their journey, into the world of man,
marked "By The Light of Spirit."

Although the keepers of the flame
were not aware they were lighting the way,
those from afar saw the lights in the evening sky.

The flames danced on the winds between heaven and earth
and marked a path for those lost in the darkness.

It marked "The Way Home."

And so, the custom continues even today.

The light in the window
is a sign in the dark of night.

And, every time a stranger sees a light and knocks, the door is opened "By The Will Of Spirit." December 27, 2003. 5:45 p.m. – Dusk

The Quiet Place "8" Day

I AM THE HOLY SPIRIT SPEAKS

WORDS FROM THE QUIET PLACE

We were guided to build our first campfire, and did so by the waterfall, during The Quiet Hour. After prayer and the invocation of The Holy Spirit, we watched in awe as a turtle dove flew from a nearby tree, Maple, and hovered in mid-air for long seconds, directly above, the blazing fire. As we beheld this sight, we 'received a message' that many people around the earth had been guided to build campfires this night and...that this was a "sign" from Spirit...then we heard these words clearly...

I TELL YOU THIS ...

The words
that come from this place
will be as sweet as honey
and as nourishing as mother's milk
to the spirit
of man.

December 28, 2003 6:30 pm

The Quiet Place "9" Day

I AM THE HOLY SPIRIT SPEAKS

PSALMS For The New Age And Energy Of Spirit

The Psalms
for the new age
shall not be songs asking God
to smite those perceived to be your enemy.

The Psalms
for the new age
shall be prayers lifted to God
asking that all be touched with light and love and truth.

The Psalms
for the new age
will be songs "of Spirit"
sung from the soul and the words will be Love.

The Psalms
for the new age
will be songs asking for justice, not judgment.

You have been taught many lessons and one lesson has been that of the energy of Spirit, the energy of Love. You have been taught there are no secrets in the world of Spirit, as true identity is embodied in the energy emitted by the entity.

As the new age dawns, this energy will be more evident in the world of matter.

And, you will see the energy of your brothers and know their identity and the truth.

Amen.

December 5, 2004 6:03 am The Quiet Place "5" Day

I AM THE HOLY SPIRIT SPEAKS:

I AM The Voice Within

Come in to Me children of The Most High and I will take care of you and protect you and comfort you and guide you while you are on your mission.

For
I AM sent
to be the connector
between you and your Creator.
I AM sent so that you might know
the will of God
every minute,
every hour,
every day,
you are
away
from
God

You

are not meant
to wander in darkness.

You are meant: to magnify the Love of God
on, and with, all of His other creations;
to work in unison with The One;
to be His agent wherever you are
so that His Love is magnified.
He spreads it over All
and then, you, with your free will,
are to use your powers and your energy
to magnify the Love of God,
to magnify
the God
Light.

Come
in to Me
and you will hear
and 'know' The Way.
I will guide you from within.
I Am the voice you hear when you pray
and ask for guidance.

and ask for guidance.

I AM

the voice
that will
show you
The Way.
I was sent
from The Father,
promised by The Son,
and I deliver to each one of God's creations
the answer, to that, which they seek, Peace.

January 1, 2004 5:55 p.m. – Dusk The Quiet Place "8" Day

I AM THE HOLY SPIRIT SPEAKS

An Outward Sign of ...THE PRESENCE... THE FRESH TASTE OF MINT

We gathered together at dusk and sang songs of praise and asked the Holy Spirit to descend upon us and touch us with light and love. Michael felt his crown chakra open wide to receive The Holy Spirit as It settled upon him.

Immediately, there was the taste of fresh mint leaves on our tongues. And, when I wondered if the taste might be associated with the citrus drink I consumed earlier in the day, the quiet inner voice came to speak:

> Do not doubt that it is the taste of mint. What can the world do to you when the Spirit of God is holding you?

Next, we were told that we would experience the sensation of a hand resting around our upper right arms. This we both did feel.

The Holy Spirit blesses us in our observance of The Quiet Hour with an outward sign, a manifestation of Its Presence, by the taste of the mint leaf on our tongues. Tonight, we were told this outward sign will be experienced by any who believe, or even want to believe. But, those who refuse to hear the words of Spirit, or are in the company of a shadow spirit, will not be able to taste the mint.

January 2, 2004 6:00 pm – Dusk The Quiet Place "9" Day

I AM THE HOLY SPIRIT SPEAKS

FAITH IN SPIRIT

Gather together My children and eat from the bowl set before you, drink from the cup. Why is it do you think, man does not speak to the Holy Spirit, does not invite Him in to sit down, does not invite Her into the conversation, does not welcome Spirit into his inner circle?

I pour onto you
My blessings
and you feel the energy flow over your shoulders, down your arms, into your torso and down through your legs into your feet.

This is an outward sign of how Spirit and man work together.

Your feet are firmly planted

on the plane of man,

but you speak

with Spirit.

This
message
is mainly for you, Michael.
You have been given the gift of ardent faith
and you have nourished your gift.
Within you burn the fires
of faith in Spirit.
It is a blessing
and it is for you to share.
I leave you with the Breath
of Spirit, and the taste of mint.

January 3, 2004 5:45 pm – Dusk The Quiet Place "10" Day

I AM THE HOLY SPIRIT SPEAKS

THE MESSAGE OF "ONE"

As those gathered to observe the Quiet Hour before evening waited to hear the words of Spirit,

The Holy Spirit came.

And,

the words of Spirit were not delivered through the voice of one, or in silence.

The Holy Spirit moved amongst them all, prompting each to speak-out the message received, and; it was the same message received by the others.

In this way
those gathered saw
that the message delivered to one
was the message delivered to all.
In this way
was an outward sign given
that the message to all
was the message
of One.
Amen.

January 4, 2004 8:35 am The Quiet Place "11" Day

I AM THE HOLY SPIRIT SPEAKS

> I AM There With You

Children, listen to My words and make them your prayer.
Your hearts are not to be heavy or filled with care.
Your hearts are to sing-out in praise of the Lord,
for I AM there with you.

And My words of comfort are not for the weak.

And filled with great wisdom are the words that I speak.

They carry a message for those who will heed,
the calling of Spirit is all that they need.

So listen in quiet and listen in song and carry within you My Love all day long and show it to others as you pass in their eye, let them see you walking with Me at your side.

And when in the evening, you lay your head down, you will rest it in peace, assured of the crown, that is placed on your heads, for your brothers to see that the gifts sent from Spirit are all that man needs.

January 4, 2004 6:30 pm - Dusk

Ι

The Quiet Place "11" Day

AMTHE HOLY SPIRIT **SPEAKS**

Do Not Be Afraid To Speak My Words

An Angel is heard singing, announcing the coming of The Holy Spirit...

I am with you and joyously singing and joyously singing all praise to His Name. I am with you and joyously singing, singing all praise to His Name.

Then, The Holy Spirit spoke through Cecilia to Michael and mankind...

Child.

do not be afraid to speak My words. The Holy Spirit calls to every man. But every man is not open to hear the words of The Holy Spirit. Do not be afraid to speak My words as through you may be the only way

> your brothers will hear My words.

Then, Michael spoke the words he was hearing from the still, small voice...

IAM

with you, and in you. The voice you hear is My voice. I AM ... The Holy Spirit ... of God. I AM in all things and I surround you with My vibration, Love. Do not be afraid to speak My words, you hear Me, and you have heard Me for a long time, just like you heard Me on the mountain. Amen.

January 5, 2004 6:15 pm - Dusk The Quiet Place "3" Day

I AM THE HOLY SPIRIT SPEAKS

A Story Of Spirit

THINGS VALUED BY MAN

In the time of David there was a king, the baby killer.

He
lived
amidst
great luxury.
Oh, the purple colors
were the richest you could find anywhere.
They were rare, and the beauty of the purple colored fabrics
and other adornments was so exceptional
that it took away the breath
of young maidens just to see it.
And, the gold, was beyond description.
The gold...was mixed...with the color purple.
Every type of gold was fashioned and placed before him.
And...the floors were of the finest marble...and they shined,
reflecting the objects of gold and the colors of purple all around.

And, in through the massive windows, there came the light of God. It fell

on the grand marble floor
that reflected the rooms of gold and purple.
It shone on a corner of a room
where one sat
who did prophesy
the death of the children.

And
then,
the blood
of the children
ran onto the marble floor
and over the feet of the king,
whose passage in the history of man,
is marked in the blood ... of the children.
All this he did to possess those things valued by man.

For what
is the value of gold
other than as prescribed by man?
It is no more than veins of the earth.
And, what value has this purple color
other than . . . as prescribed by man.
It is no more than the dye of earth itself
and the skins of God's creations.
How is it that the marble floor
is more valued
than the floor
of straw?
It is certainly not practical.
It is "the value of man."

The marble is but a piece of rock from the earth.

And, for these pieces of earth, this king turned from the light to hold on to those things that would be torn from his death grip by morticians, embalmers and servants taking what they could.

I tell you these things so you will see... Do not hold tightly to the things valued by man, for they will pull you from the light.

Epilogue

After The Holy Spirit delivered the forgoing story... I prayed...

Holy Spirit...

be with me and guide my hands...

so that we might put down the words

as they were delivered through my mouth this evening.

Oh Holy Spirit,

for the first time in a long time

I feel that I am not worthy

to speak the words of Spirit.

Yet, I hear You say:

that I am as worthy as any child of God

to speak the words heard from Spirit.

Be with me Holy Spirit as I write your words...

And, at the end of the delivery of this story... I am exhausted...

The feeling throughout...

was of "profound sadness"...

that man would turn from the light

to grasp that of such little significance.

In my mind...

I wondered why

we had been given such a story...

and heard promptly:

I was unleashed to settle on man all manner of wisdom. I AM forever with man. January 6, 2004 6:00 pm - Dusk The Quiet Place "4" Day

I AM THE HOLY SPIRIT SPEAKS

A Sign: SPIRIT KNOWS ALL

I was running late to get to the Quiet Hour and, when the prayers and the invocation to The Holy Spirit were complete, it was accomplished.

Speaking through Cecilia's voice, The Holy Spirit began a story about a young, fair-haired man coming down from the mountain with a lyre, singing songs of such beauty that the people marveled. It was said, that this young man had justice in his heart, and; he walked with God.

I smiled broadly upon hearing "and, he walked with God," then, I couldn't quite hear the next word, but it sounded like "Amen." I hesitated, wanting not to interfere with Cecilia's open channel of communication with The Holy Spirit, but after a short pause, with no more being said, I asked, "What did you say?" Cecilia shook her head, as if breaking her connection with The Holy Spirit, and she said "Amen."

We exchanged puzzled glances, as it seemed a story about the one of my favorite Biblical figures, David, was just beginning, and then stopped... whereupon...the telephone rang...startling us both to the point of jumping!

It was Cecilia's Mom, calling with a welcomed message of love and concern for her the physical well being of her earthly daughter.

The Holy Spirit...connected to and knowing all...suspended the story about David, at the precise moment-in-time, that Cecilia's Mom made the free-will choice to call...as a sign to us...and to allow Cecilia's Mom, to deliver her message of love.

We look forward to hearing...and recording...the story about David, the time...and place...to be set by the will of Spirit.

January 6, 2004 7:00 am The Quiet Place "4" Day

Last night, an old friend asked me, "How do I tell people, what you do, and how you do it?" At the conclusion of The Quiet Time, morning prayers and meditation, we received these words to guide us...

> I AM THE HOLY SPIRIT SPEAKS

How did it come to be this thing of beauty, this spiritual adventure?

It began when two ordinary people released their grasp on earthly possessions and opened their hearts to take the hand of Spirit.

And, when they did,
they heard the songs of angels
and embraced the vibrations of love.
And the flame of Spirit was rekindled
within each of them.
For, it has been said,
when man hears My call,
there is but one answer,
so compelling
My song.

And, we sent this song, received on May 31, 2003!

Fol-low ME...
and you will dance with the an-gels on high.
You will drink their sweet wine.
You will know how to fly.
When your feet
leave the earth
and you let
your soul sing,
you will dance
and you will fly
with the an-gels on wing.

Fol-low ME...
and you will sing with the cho-irs on high.
You will reach eve-ry note
and you won't need to try.
When the words
you re-cal-l
are found
on your heart,
you will laugh
and you will sing
with the an-gels on wing.

Fol-low ME...
and you will know eve-ry an-gel by name.
You will join in the mes-sage
and sing the re-frain.
With My hand
in yours and
your heart
on their wing,
you will dance
and you will sing
with the an-gels on wing.

January 7, 2004 7:30 am The Quiet Place "5" Day

Michael was preparing to begin morning prayers after singing songs from "The Gifts of the Angels" when we both felt the Breath of The Holy Spirit. My head was opening to the words of Spirit. And, even though this was not the usual time, there came the taste of mint on our tongues, so I prepared to speak the words. And, they came...

I AM THE HOLY SPIRIT SPEAKS

CHART YOUR COURSE

The
woman
wants the work to be done
by someone else.
But it is intended
that this work be done
by you.

I
AM
with you.
and I AM guiding you.
Each day you receive guidance.
Each day there is something to be done.
But it is not intended, that you should do in one day what is meant to be done in three or four.
To remain calm

Do not toss about as this will only tangle the net and cause confusion.

There was a seed planted with the woman early this morning.

This seed was being pushed to the side and, as this guidance was very important, I have come to you to remind you.

there must be order.

CHART YOUR COURSE

Make a plan to keep you on track.

Do not plan to do more than is possible to do in one day. This will only cause frustration and anxiety.

Write down what it is you want to accomplish, all of it: the books, the CD's, the houses, the songs, the meditation center, all of it.

Then, set the stepping-stones before the door of each. Each stepping-stone should represent progress toward your goal.

If you assign a stepping-stone to be the stone marking your first CD accepted by a store to sell to the public, mark that stone as such.

If you assign a stepping-stone to be the stone marking your first sale to the public, mark that stone as such.

And, celebrate, when this has been accomplished.

Then, move your mark one stepping-stone closer to your goal. It is as if it were all being played-out on a giant game board.

Make a poster, if you want to see the progress.

Large corporations often use this visual stimulation.

And, your goals are of greater significance than those of most corporations.

So you see what I AM trying to get you to do is to...

CHART YOUR COURSE

I AM with you and I AM guiding you.

When I see that either, or both of you, are beginning to falter, or head in too many directions, I will tap you and pull you back to center.

This is what I AM doing this morning.

The volume of your treasure is massive, the number of your gifts staggering.

You are not to sit amidst your pots of gold confounded by the bounty.

You are to have purpose and that is why

I have descended upon you both
this morning.

You are under the wings of The Holy Spirit and I will not let you wander in darkness. But, this is your mission, it is your test, and it is yours to do.

> I AM leading you on a path and it is a path of wonder. Now, mark your course. Your ship is sturdy and your captain, brave, sail on. Amen.

January 7, 2004 6:00 pm – Dusk The Quiet Place "5" Day

I AM THE HOLY SPIRIT SPEAKS

A Story of Spirit

"SHALOM"

In the town of Joppa, not far from Media, there lived a young boy. His name was Aaron. His hair was dark. His round eyes were large and brown.

> His smile, lit-up the entire town, and he called out greetings to all who passed, "Shalom."

Every day, Aaron sat in the yard, a wooden bowl between his crossed legs.

He did whatever task he had been assigned, whatever task they thought he could complete.

He did whatever was asked of him, with a smile, and thought nonetheless of the assignment, but to complete it as best he could.

> Aaron's father was not a rich man, but, he was a clever man who did well in the rug trade.

Aaron had three sisters, all of them beautiful, but one of the sisters held special affection for Aaron, and he for her. Her name was Miriam. She was quick to laugh and could keep a secret well.

Aaron's other two sisters were embarrassed by his appearance.

They were sure he brought great shame on the family and cast serious doubt on any of them finding a suitable husband.

They had very little time for Aaron, except to ponder on the misery he had caused them all.

Aaron

had not missed this
on their faces, and in their voices.
Yet, he did not wish them sadness.
In fact, he wished only good things for them.
But, he wished the longest and the hardest
for the most wonderful things
to befall his sister
Miriam.

And, as the days passed, Aaron continued to greet all passers-by with a smile and talk with whomever would take a rest under his tree.

The days passed into months, and soon, one year followed another.

Miriam and her sisters quickly reached the marriageable ages.

But, just as the two sisters had predicted, no suitors

walked to the threshold of their home

asking for permission to enter.

Although the father could have entered into a bargain with the matchmaker and "bought" a husband for any of his daughters, the daughters found this repugnant, choosing maidenhood over a quarrelsome husband.

And,

as the family discussions about the lack of a husband for any of the daughters, continued within the house, Aaron held "court" in the yard, with his growing list of visitors.

One day, after a particularly long conversation with a passing stranger,
Aaron called Miriam aside. Miriam was quite taken aback
about the proposal ... set before her by her brother . . .
and, she looked about as if someone
was expected to appear
at any moment.

Then, she grew still, and slumped onto the stool usually occupied by strangers. Aaron began to laugh.

His laugh
was so loud,
that it summoned
his other two sisters from the house,
only to have them hurry back inside . . . when they saw . . .
that it was only their problem brother, having another embarrassing "fit."

It became obvious to Aaron, that Miriam would not move, unless directed, so stunned was she by his news. So, he instructed her to go get their father, which she did as promptly as she could in her state of shock.

When Aaron's father approached his son, he too had a look of disbelief on his face. In this manner Aaron knew that Miriam had indeed told their father of the news. Aaron's father took him by the shoulders and asked, "How is it that you know this that you have told your sister?"

> And, Aaron told his father exactly what had occurred.

You see.
In all the years,
that the other sisters
thought Aaron a fool,
Miriam had seen
his wisdom.

Aaron

did not have the opportunity to go to school as the other children of his age, because of his speech impediment.

He had never been able to say much of anything, except "Shalom" which he could pronounce perfectly from the earliest age.

He spoke the word so clearly because the word came from his heart, as well as his lips. Aaron honestly wished all he saw

Peace and Love.

That was the one thing Aaron could do very well, wish all who passed his way Peace and Love.

And,

in this manner many passers-by would stop and speak to Aaron, to thank him for his blessing.

In this manner

Aaron heard the words of many strangers, and soon,
his unspoken vocabulary grew to enormous proportions.

And, although the words were difficult for him to speak there was no difficulty in his understanding even the most complex conversations.

And,
because he cared
about all who approached him,
he was a good listener, and this talent was a precious commodity.

Soon, the very wise spoke of Aaron, and many sought audience with him. Those seeking the ears of Aaron were not prone to gossip. Therefore, Aaron's stature remained hidden to all, but the most clever.

> And, this did not offend Aaron in the least as he preferred to spend his days in quiet, listening to any who would stop and sit.

> > And, in this way, Aaron grew in wisdom.

In fact,
he was spending such a day
when the gentleman from Media
came into the yard some months ago.
The gentleman was handsome and,
from the cut of his clothing, wealthy.
But, what caught Aaron's attention
was the light in the man's eyes
and his honest way of speaking
exactly what he
intended.

The gentleman had also been taken with Aaron, won by the greeting of "Peace," called out from under the tree as he passed by.

As the friendship between the simple Aaron from Joppa and the gentleman from Media grew, the gentleman from Media soon took notice of Aaron's sisters.

And, since the gentleman from Media was no fool, he settled his heart on Miriam.

And, in this manner the gentleman from Media asked for the hand of Miriam.

The rug merchant prepared a great feast and welcomed the gentleman from Media into his home.

And, in the midst of the great celebration Aaron called-out "Shalom" to all passers-by

"PEACE"

January 8, 2004 6:00 p.m. Dusk

The Quiet Place "6" Day

I AM THE HOLY SPIRIT SPEAKS

Walk With Me &
Know the Joy of Unity

I feel the Breath of Life on my hands, the taste of mint in my mouth and I hear the Words of Spirit:

You call
and I AM with you.
I settle over, on, and around you.
And, I touch you, with The Gifts of Spirit.
Raise-up your hands and welcome Wisdom, Peace and Love.
Walk with Me, My child, and know no fear
for you wear the mark of The Dove
and you are protected
under My Wings
of Love.

Walk
with Me, My child,
and know the joy of unity
with all there is, and was, and ever will be.
Walk with Me, My child,
and know, your spirit
is part of
Me.

January 11, 2004 6:03 pm Dusk The Quiet Place "9" Day

I AM THE HOLY SPIRIT SPEAKS

We gathered before darkness settled over our home. And, as has become the custom, we prayed and sang and asked The Holy Spirit to touch us with light and love. And, The Holy Spirit made Its presence known to us, by The Breath of Life, wafting gently over Michael's hands, and the strong taste of mint on our tongues. Then I heard these words...

> The Song of The Dove:

"Hold your tongue to allow the man to receive The Holy Spirit ... My Word.

What is being settled upon Michael is,
The
Song
of The Dove."

Michael confirmed that he was hearing the "high-pitched frequency" that we have been taught to know is associated with angelic communication.

It was a time . . . of great peace!

January 12, 2004 5:45 pm Dusk The Quiet Place "10" Day

I AM THE HOLY SPIRIT SPEAKS

"The PRESENCE" A Gift of The Holy Spirit

The day had been long...our work diligent. We came to the Quiet Hour, ready to be still, and after the first prayers and songs a peace came over the room. It settled over us with the gentle Breath of Spirit and the taste of mint. And, with the coming of these outward signs, also came the "knowing" that tonight The Presence of the Holy Spirit would be in silence. I spoke aloud to Michael, saying that we would hear from The Holy Spirit "only" by Its Presence. This statement brought a look of amazement from my husband, that The Presence, should not be blessing enough in itself.

Then, in the stillness of a the candlelit room, Michael spoke the words of The Holy Spirit:

You call, and I come. My child: Remember The Breath of Life. Remember the taste of mint. Remember the sensations of peace and tranquility engulfing your body.

Remember MY PRESENCE settling over, on, and around you. Remember The Gifts of Spirit.

When you feel the sensations of The Holy Breath, breathe it in deeply, take it within you. Feel The Presence of The Holy Spirit and rejoice!

Michael touched my head and forehead, so gently, and so tenderly, that it brought tears to my eyes. Without words, without speaking, he conveyed his love.

Then,
in wisdom, he spoke
as he continued to caress me,
"You see, I do not have to say a word
to let you know, how much,
I love you.

And,
when The Holy Spirit is near
and you taste the mint
or feel the gentle Breath of Spirit
stir next to you, It speaks
with the energy and vibration
of Love.

Energy and vibration are communication 'of Spirit.' No words are required, to say, I love you."

It was
a lesson 'of love,'
and the vibration 'of Spirit,'
taught to me by my husband, speaking
through touch, and his "presence" next to me.
He conveyed without speaking, the energy of love.
Amen.