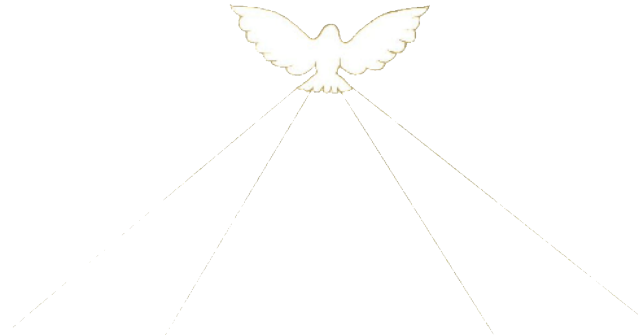


THE QUIET PLACE



God's Daily Message 2010

God Speaks

to every man, woman,
and child, on Earth, everyday!

And at The Quiet Place, we conclude
our morning prayers with these words asking
God, what we should know, today: "Our Creator,
God, what is it that You wish for us to know, today?"

And
God says:

December 31, 2010

I
will
free you,
from all shadows and darkness.
And The Holy Spirit says:
You are created to be
in alignment
with God.
When
you are
in alignment
with The Creator,
of all things, no shadow,
or darkness, will be around you.

December 30, 2010

To
attain
that of the greatest value
requires: desire, intention,
and commitment.
And The
Holy
Spirit
says:
The things
of little value
are bought, lost,
bartered, exchanged;
but the things of great value
are cherished, held close, protected.

December 29, 2010

Sit
with Me today,
and you will feel My presence
with you, and it will be real,
and profound, rich, and
rewarding.
It will be
eternal,
and abundant.
And The Holy Spirit says:
The longing of the soul is
satisfied in the presence of God.

December 28, 2010

The gift
of true value
is comprised of Spirit.
And The Holy Spirit says:
If you put your trust into material things,
you will see them fade, and grow old and useless.
If you put your trust and hope into the things of Spirit,
you will see them grow in value. The things you cherish
cannot be bought, and do not have a size or a shape.
They are not limited, they grow. They are: Faith;
Hope; Love; Trust; Compassion; Mercy;
Forgiveness; Understanding;
Wisdom; Kindness.
All the things
that are
precious,
that add to
the human experience,
are "of Spirit;" and, they will never
grow old, or tarnish, or be torn apart by age.

December 27, 2010

Look for the opportunity
each day presents to be still,
and quiet; for, it is in the still
and quiet times that you will:
feel Me, stronger; hear Me,
better; know
Me.
And
The
Holy
Spirit says:
It does not take
an extended period of time
to hear God. It takes desire and intention
to use the time you have to hear God. God speaks. Listen.

December 26, 2010

Use the gift of life, for growing.
And The Holy Spirit says:
When a baby is born, it does not remain a baby,
it does not stay small. When a baby is born
it grows, and begins using: feet and legs,
hands and arms, eyes and ears
and tongue. As a baby grows,
it begins to use its heart,
and emotions. Birth,
life, growth, it is
the process,
it is The
Way.

December 25, 2010

You
carry,
within you, My promise to you,
of eternal, perpetual love. It is
your saving grace. It is My gift
to you.
And
The
Holy
Spirit
says:
Rise-up,
and sing with joy.
Be of an open heart, and
welcome all who come to you. This is
the day, the Lord has made; rejoice, and be glad!

December 24, 2010

If
you
are vigilant
you will see the signs, and
you will see the miracles.
And
The
Holy
Spirit
says:
Do not be
"distracted," by
the things of the world.
Do not be "dissuaded,"
by the ways of the world. Be
vigilant, and you will see miracles.

December 23, 2010

I
give
unto you
My Love.
Receive it
and be it.
I give unto you My Light.
Receive it and be it.
Live My Love!
Live
My
Light!
And The Holy Spirit says:
Illuminate this day, by being
the love, and the light, of God.

December 22, 2010

Be
eager
to be first
to be love.
And The Holy Spirit says:
Great joy will fill your heart
when you, of your own
freewill
choice,
choose
to be
love.
Bring love,
where there is no love.
Bring love, where there is little
love. Bring love, so that you might
show The Way. Be the love of God today.

December 21, 2010

It is
necessary
to forgive yourself,
and all others,
in order
to be
free.
And
The
Holy
Spirit says:
Forgiveness:
is the core of all redemption
and freedom! Forgiveness is your salvation.

December 20, 2010

Seek
to serve
others, through My love,
and you will know peace.
And
The
Holy
Spirit
s a y s:
Every time
you kneel to help
another, you rise-up.
Every time you stoop to
touch another, you rise-up.
Every time you serve another,
you rise-up, your spirit grows,
and you come to "know" The Way.

December 19, 2010

Watch
for the signs,
for they will come.
They will come in the moon, in the sun,
in the sky, in the earth. And for those
who are vigilant and watchful,
they will see.
And The
Holy
Spirit
says:
Be open,
as you watch
and wait and prepare;
for two thousand years ago,
a nation of people believed the Messiah
would come, in a way that was mighty.
The Messiah did come in a mighty way,
but it was not as they expected it to be.
Be watchful and open, so you, too, do not
miss, by preconceived notions, the miracle.

December 18, 2010

When you reach-out to another,
My love, My power and glory,
flow through you. And,
when this happens
you, too, are
blessed,
healed,
loved,
glorified
in My light.
And The Holy Spirit says:
Every time you give the gift
of love, you, too, are given love.
Every time you give the gift, of
forgiveness, you, too, are forgiven.
Every time you give the gift of peace,
you receive peace. Welcome each
opportunity to give, so that
you, too, might receive.

December 17, 2010

The
communion
between you and Me
will move into every other
relationship you experience.
And The Holy Spirit says:
Your relationships with others
will seem out-of-balance
until you are
connected
fully,
with God.
Then, love flows
from the Creator to
and through you to others,
so that your relationships are in balance
and harmony, peaceful and fulfilling. First,
connect with God; then, you will live balance.

December 16, 2010

Do
not
wait
to be absolved of all things
before you come to Me. Come to Me,
and you will be absolved of all things.
Come to Me.
And
The
Holy
Spirit
says:
Rekindling
the flame of love,
between you and God,
is as simple as professing
your desire for communion
with The Creator of all things.

December 15, 2010

If
you
will be guided
by The Holy Spirit of God,
the sacred breath will move you,
and The Wind will take you
where you need to be.
And, The Holy Spirit
says:
In
the
times
when life
seems to be
more of a struggle
than an easy ride, be still, be quiet,
and in the stillness, you will hear The Wind;
and, in the quiet, you will be lifted-up to begin
again, the struggle gone, just you, and The Wind.

December 14, 2010

Sometimes, you must lose your sight,
before you see; sometimes, you must lose
your hearing, before you will hear;
and, sometimes, you must lose
your way, before you find it.
And The Holy Spirit says:
When
it appears
that you are lost,
be still, and you will
come to know in the light of God
that you have reached the crossroads
of a new day, a new time. And, it is there, at
the crossroads of the new time, in the light of God,
you will see The Way! But first, you must be still.

December 13, 2010

As
the wind
blows, and
moves over
the Earth,
The Wind
moves
over
you,
and brings
change, life anew.

And The Holy Spirit says:
Do not be disturbed, or disrupted,
by the wind. Be amazed by the power
held within the wind. See the change.
Welcome the growth. Accept that
which is yours, and be at peace.

December 12, 2010

Now
is the time
for you to awaken,
so that you might see the sign,
and know, and follow, and sing as you go.
And The Holy Spirit says:
Awaken. Awaken to The Light, all around you.
Be watchful, because The Sign is near.
Be prepared. It is Time for you
to deliver that which
you carry
within
you.
Bring
forth the gifts
you have been given.

December 11, 2010

Ride
with The Wind,
without fear, open
to see All That Is.
And The Holy Spirit says:
Make it your intention
to participate with
creation, today:
when you see
a tree,
know
the tree is
created by God;
when you see a rock,
know the rock is created by God;
when you see a bird, know the bird is created by God;
then, at some point today, look in the mirror, in to your eyes,
go in through your eyes, and know, you are created by God.

December 10, 2010

Accept
every challenge,
every temptation,
as an opportunity
to grow in wisdom,
and light, and love,
to grow in understanding, in peace.
And The Holy Spirit says:
Change is the opportunity to grow, and experience fulfillment.
The flower does not stay a seed, the flower: springs forth
from the seed, a change, an opportunity to grow;
makes its way up through the Earth,
feels the light of the sun, and
reaches-up in celebration
of what it has done; and feels
the breath of the wind. Experience change
in the positive growth, in the light of the Son,
in the arms of The Wind, and be at peace.

December 9, 2010

Every time you touch another
with My love, you both are healed;
for, My love flows a healing river;
it flows to you, through you, to
one in need; but the river
cannot pass through
you, without
healing
you,
as well.

And The Holy Spirit says:
The more you bless others,
the more you are blessed!

December 8, 2010

There is a piece of Me, within each of you,
and It provides, so that you might do
that which you were sent to Earth
to accomplish. To each One,
of you, I have given life.
You are My children.

Accept My life.

And The
Holy
Spirit
says:

You will see
miracles, today,
if you will begin this way,
saying to God, "God, let it be done unto me
according to Thy will. Today, I work, and You work
through me, so that there will be peace, upon Earth."

December 7, 2010

Let
another
speak what is on their mind
without feeling compelled
to do the
same.
And
The
Holy
Spirit says:
Reject the temptation
to be drawn into the debate of another,
or others: reserve your thoughts, for the things of God;
reserve your words, so that they are the blessings of God; and,
reserve your actions, so that they are the deeds of God, upon Earth.

December 6, 2010

Welcome
every opportunity
to be kind and patient.
And The Holy Spirit says:
When you begin to practice,
using kindness and patience,
kindness and patience
become your tools.
They become
a source
of joy.
They become
a source of accomplishment.
Practice using kindness and patience.

December 5, 2010

Do
not be
distracted
by what others are thinking, or saying,
or doing. Be still, and I will fill you,
with what
you are
to be
thinking,
saying, and doing,
to fulfill you own prophecy,
to fulfill your own destiny, to fulfill you.
And The Holy Spirit says:
Live, from the core of your being; it is there,
at the center, you will find your true self,
your higher self, your authentic self.
Do not be distracted by the things
whirling about you,
be focused
on the peace
borne within you.

December 4, 2010

You
have the power
to shift your thoughts
from shadow and darkness to glorious light.
You have the power to alter your words, and bring forth the light.
You have the power to create deeds, which show the glory,
and bring the light of Heaven to Earth.
You have The Power to use The Light.
And The Holy Spirit says:
Do not pray for light,
be the light.
This day,
be still.
Create
an atmosphere,
within your vessel, your body,
to welcome the light, streaming into you. Hold the light,
within you, and bless it, and then, send it from you. Let it flow,
the abundant river of light, coming from you, blessing the Earth,
in all you think and say and do. You have the power to use the light!

December 3, 2010

If
you
will hear Me,
I say unto you, love one another.
And The Holy Spirit says:
If you "know,"
the will
of God
is for
you
to love,
let nothing
deter you from
completing the task.

December 2, 2010

Look
beyond
the injuries, insults, and slights,
and, get to the important thing,
get to loving.
And The
Holy
Spirit says:
When you are
faced with insults,
injuries, and slights,
do not retaliate in kind;
but be still, and love, like God.

December 1, 2010

Walk within My peace,
so you might be known
as the peaceful presence.
And The Holy Spirit says:
Do not hurry. Be at peace.
That which you need to
accomplish is to be
accomplished in
peace.

November 30, 2010

Do
not seek
to control another, seek to be
the master of your destiny.
And The
Holy
Spirit
says:
Each day
is part of the adventure,
a portion of the journey,
an opportunity to master
the energy, that is yours.

November 29, 2010

The stirring. The awakening. The commitment.
Without commitment, you will "be tempted,"
to stray from the path which marks The Way.
And The Holy Spirit says:
There is a difference in: wanting to do something,
hoping you can do something, or committing
yourself to doing that something.
The commitment, to do,
strengthens you,
in such a way,
that makes it
possible, for you
to complete the journey,
and see, and be, the miracle
created by The Hand of God.

November 28, 2010

I send you a sign
every time you are
to rise-up, and walk.
Watch for "the sign."
And The Holy Spirit says:
Those who are
"awakening,"
see the sign.
Those who are "awakened,"
follow the sign, just as the wise-men,
more than two thousand years ago,
watched for the sign, followed
the star, and offered
their gifts.
They knew,
they watched,
they followed, and
the gifts they delivered
were not as great as the gifts given unto them
when they knelt before The Living Word of God.
If you will act, and follow the sign, you will be kneeling
before The Living Word of God, and for this you will be blessed.

November 27, 2010

The journey you are taking,
upon the Earth, in your lifetime,
is a unique adventure. And it is a
golden piece, of eternity. As you
continue the journey, "know,"
you are showing The Way.
And The Holy Spirit says:
As you walk
through
this day,
understand
it is a significant
piece of eternity, a portion
of your journey, and it is yours. As you rise-up,
and walk into the day, make it your intention to show The Way.

November 26, 2010

Carry
The Spirit
of Thanksgiving,
and gratitude, every day.
And The Holy Spirit says:
The more you know, and recognize,
the gifts of God, the fruits of
The Holy Spirit,
all around
you,
the
more
you have
to be thankful for;
the more you know, and
recognize, as gifts, the more
you celebrate, THANKSGIVING.

November 25, 2010

Dine
on the fruits
of The Holy Spirit of God,
and you will be eating from The Tree of Wisdom.
And The Holy Spirit says:
Choose the most magnificent foods to feed your being,
choose the best you can find; and,
the best you can find
grows on the vine
of The Holy
Spirit of
God.
Eat of
the fruits of
The Holy Spirit,
and you will truly,
grow in wisdom, and
your life upon the Earth
will be abundant, rich, and full.

November 24, 2010

I
give
you My light,
so you might illuminate the darkness.
I give you My love, so that you might eliminate anger and hatred.
I give you My peace, so you might bring peace
to Earth, today, and all the days
of your life.
And The
Holy
Spirit
says:
The gift
of freewill
has been given,
and it is your right to choose.
Choose the light, or choose darkness
and shadow. Choose love, or choose anger
and hatred. Choose peace. Choose light. Choose love.

November 23, 2010

Let Joy
be the song you sing.
And The Holy Spirit says:
If you are willing
to sing,
the song
will fill you
with joy, and peace
will abide, within you.

November 22, 2010

Today, begin dismantling the wall you have erected between us.
And The Holy Spirit says:
Today, pick one stone in the wall, whether the stone be: greed, or anger,
or fear, frustration, grief, sorrow, it does not matter, pick-out one stone
that is blocking The Way. Forgive all things associated with that stone, including
yourself, and cast it from you. Dismantling the wall
of separation from God, begins today, one stone at a time.

November 21, 2010

Know what My hand
has written upon your heart.
And The Holy Spirit says:
When you are still and quiet
you begin to know what
God has written
upon your
heart.

And, in this sacred space,
you let the words move through
your thoughts. And that is what you speak.
And in this Way, you deliver the peace of God to Earth.

November 20, 2010

When
you accept
The Presence
of The Holy Spirit, within you,
you will ride upon The Wind.
And The Holy Spirit says:
You will
know
those
who are
guided by
The Holy Spirit
of God, for they move, as
a peaceful presence, over the Earth.

November 19, 2010

Do
not be
"tempted"
to get caught-up
in the technicalities,
passing over, or missing
the opportunities to do
the most important
thing, to love
others.

And
The
Holy
Spirit says:

Do not get so caught-up
in keeping track of all the rules and regulations,
that you miss the greatest command, the greatest
covenant brought to the Earth. Do not miss love.

November 18, 2010

This day,
there will come a sign unto you,
and it will show you The Way.

And
The
Holy
Spirit says:

Today: be open
to what is happening
all around you; be open
to what is happening, within you.
Watch for the sign, and you will surely
see it, and you will "know," which way to go.

November 17, 2010

A
patient,
and peaceful presence
is the prescription, for confusion and chaos.
And The Holy Spirit says:
Whenever you encounter chaos
and confusion:
be still,
be patient,
be peaceful.
And, in this state
you will be led to know what to do,
and what to say, by The Holy Spirit of God.
Until you are moved by The Spirit of God, be still.

November 16, 2010

You
hold
all you need, within you, so
look forward to the present.
And The
Holy
Spirit
s a y s:
When you
live the present,
fully and completely,
you "create" the future.
What is with you now - is.
Be in the present; and, you will
come to know, and understand, I AM.

November 15, 2010

Eating
the fruits from the vine
will restore you to wholeness.
And The Holy Spirit says:
The fruit of the vine: will sustain you
and make you strong; will fill you
with all you need, as you move
along the path, completing
your journey. From
the vine, you
grow.
Soon,
you become
the branch of the vine.
The fruit of the vine is divine, and it is all you need.

November 14, 2010

Do not let your heart be worried,
I give you a gift, it is trust. Do not
let your heart be troubled, I give
you a gift, it is hope. Be not
afraid, I give you
a gift, it is faith.
And The Holy Spirit says:
God did not create: fear; or worry; or trouble,
which leads to doubt, and anxiety. These things,
these powerful emotional energies, were created
by God's co-creator children, upon the Earth.
God created love! And,
from "the seed of love,"
springs forth all the fruits
of The Holy Spirit of God;
and when you eat of the fruits,
from the vine of The Holy Spirit,
you are sustained, during your time
upon the Earth, and during your time
in eternity; for these are eternal gifts,
and they will live forever, in you, within you.

November 13, 2010

Freewill
empowers you
to make the choices
which will free you from the bonds,
which will unlock the doors, of captivity.
And The Holy Spirit says:
Awaken, those of you who will rise-up!
Awaken, those of you who will
embrace The Truth!
Awaken; and see,
every possibility!
Awaken and know
"The Power of God,"
flows to you, and through you,
wherever you go! And once you "know this,"
you will free yourself, by the choices you make: this day,
forgive, all things, and you will feel, the doors flying open,
you will feel the weight slipping from you, and you will feel
the presence of God more profoundly, within you; because
of your own freewill, you have cleared the passageways,
set your foot on the path, and awakened, in The Light.

November 12, 2010

Cast from you
negative thoughts,
words, and deeds,
and you will
begin to
know
joy.
And The Holy Spirit says:
Be of a joyful heart, and pass the gifts to others.
Do not burden your children, or those you love, or
those around you: with worry and concern and doubt;
with anger, frustration, chaos. Bless them, by using the fruits
of The Holy Spirit; bless them with compassion and understanding,
with patience, with trust and faith; you can do these things; therefore,
cast from you: negative thoughts, words, and deeds, and embrace joy!

November 11, 2010

Let
the fruits
of The Holy Spirit
be the food you eat,
the garment you wear,
the raiment you place
within your hair,
so all can see,
and all
will
know, the
path to Heaven
and The Way to go.
And The Holy Spirit says:
The fruits that I give to you,
the fruits that I bear, are boundless, fulfilling,
rich beyond compare. As you walk through this day,
select from the bounty set before you. Dine at the table of all
that is good and holy and the crown you wear, will be, of the glory
of God, and it will shine, as the Morning Star, and The Rising Sun.

November 10, 2010

Cast
from
your vessel
the burdensome weight of worry,
anxiety, concern, and doubt, and
you will ride with The Wind.
And The
Holy
Spirit says:
As you make your way over the sea of life, your progress can be impeded
by the weight that you are carrying. The burdensome weight of doubt
and anxiety, concern and worry, weigh you down, keep you from
"shining and glowing, in the glory of God." Free yourself
today, of the things that are weighing you down,
and ride The Wind, in
Peace.

November 9, 2010

Cast
the anchor
of anger from you, and
you will ride The Wind.

And
The
Holy
Spirit
s a y s:

Even when your sails are full
with the breath of The Holy Spirit
the anchor of anger will impede
your progress. Cast from you,
anger; and, let the journey
begin! Ride with
The Wind, in
Peace.

November 8, 2010

Look
beyond
what is apparent in the present.
And, The Holy Spirit says:
When you look, with your eyes,
your physical eyes,
you will see
the illusion
of Earth.

When you look,
with your eternal eyes,
the eyes of your heart and your soul,
you will see the wisdom of the Kingdom of God.
Your heart and your soul lead you to eternal truth.
Your "physical eyes, and your earthly knowledge,"
lead you to what is currently, upon the Earth, the truth.

November 7, 2010

Be
not
afraid.

I AM with you.

And The Holy Spirit says:

You do not find balance:

around you, far from you, close to you.

You find balance at the core of your being.

Be not afraid, for The Lord your God is with you

and within you; it is where all things begin;

it is where all things return; at the core

of your being is the Alpha,

and the Omega,

the eternal

circle,

The One.

And it is all within you.

Therefore, be not afraid; for,

The One, Who created all things, is with you.

November 6, 2010

Remember this, as you move through the day:

every minute, every hour, is a unique piece

of eternity; live every minute, every hour,

just as if you understand, completely,

that you are making an eternal

mark, upon all time.

And The Holy Spirit says:

You will begin

to understand

the significance,

of your presence

upon the Earth, when

you begin to comprehend

the importance of every minute,

every hour, every day, you see, eternity

is in your hands; it is held within your thoughts, words,

and deeds; minute by minute, hour by hour, you are creating eternity.

November 5, 2010

Let joy
and laughter
be the precious pearls
you string together, and wear.
And The Holy Spirit says:
On the day you awaken
and remember
your royal
heritage
as a child of God,
"joy," will mark the day,
and "laughter," will show The Way,
for all to see, the glory of God, shining from thee.

November 4, 2010

I AM
with you, always.
But I will not command, or
demand: that you sit with Me,
that you speak with Me. That
my child, is your choice, but
I AM with you, always.
And The Holy Spirit says:
Remember,
as you make your way
through this day, The Creator
of all things, your Eternal Parent, is
always available! Be at peace, this day,
and walk the Earth. It is your privilege, and
your honor; but if you walk this day, "knowing," God
is with you, it will be a day of great joy, and enlightenment!

November 3, 2010

Healing
begins, when
one decides to live, in the present.
And, The Holy Spirit says:
Until you forgive, the past
is a burdensome
anchor.
Until
you
cast
fear
from you,
tomorrow is
a threatening storm.
Stand in the present, forgive the past,
and put your faith, and your hand, with God.

November 2, 2010

Come
into My arms.
Be still, and quiet,
and you will begin to know peace;
and in the peace you will be healed.
And The Holy Spirit says:
Within the peace
of God's arms
you find
healing
of body,
soul, and spirit.
And when you rise-up,
you know the glory of God is in you.

November 1, 2010

When
the mountain
is set before you,
climb it, with Me.
And The Holy Spirit says:
Let every mountain you
must climb,
be the adventure
marking the time
you walked with God.

October 31, 2010

I pour-out My Spirit
upon all creation.
And The Holy Spirit says:
The value of the gift
you have been
given,
is beyond
measure; and,
the comprehension,
of those entrenched in
"the ways, of the world."

October 30, 2010

When at last,
you "know," what you are doing,
you will be "the peaceful presence,"
in the midst of chaos and confusion.
When you know what you are doing,
you will be the source of peace,
for others.
And The
Holy
Spirit says:
Do not look beyond yourself
"to find others to show The Way."
Look within yourself, that is where The Way begins.
Look within yourself, that is where you will find the light.
Look within yourself, that is where you will hear the words.
Look within yourself, and be "The Light," and show "The Way."

October 29, 2010

When you find yourself
in 'a stressful situation:'
be still, close your eyes,
and repeat, "God is with me;
God is in me," until you feel
My presence with you.
And The Holy Spirit says:
Remind
yourself to
remember,
that you are
the eternal child of God,
and God is a very good parent.

October 28, 2010

Open
the door,
and you will feel
My presence flow over you.
Open the door, and you will see My face, all around you.
Open the door, and you will hear Me, with more clarity.
Open the door.
And The Holy Spirit says:
God is always with you.
Sometimes God is behind a door
that you have closed and locked, with the keys of:
fear and doubt, worry and concern. Still, even when
the door is locked, God is on the other side. Today, use the key
of faith to: unlock the doors, free yourself, and see the face of God.

October 27, 2010

LOVE!
And The Holy
Spirit says: Good
comes from speaking love.
Miracles come from living love.

October 26, 2010

Recognize My love within you.
Embrace My love flowing to you,
into you, through you, and deliver
it, to all you encounter, today.
And The Holy Spirit says:
Today, let your goal be to focus
God's love, upon everything
you encounter, so that
when you move
over the Earth
every step
you take,
every breath
you draw, is a blessing,
upon the Earth, from God, through you.

October 25, 2010

Open your eyes,
the eyes of your soul,
and you will see miracles;
it will all unfold around you.
Open, the eyes of your soul.
And The Holy Spirit says:
The day is beginning to open,
as a beautiful rose unfolds
it's petals, and grows
in the light, of
a new day.
Watch,
and
see,
and you
will know The Way.

October 24, 2010

My love is a gift to you, use it.
Your path is made clear, so
you might walk the way.
Show The Way, and
love, the way
I love
you!
And
The
Holy
Spirit says:
Be constant,
steadfast, and true, in
your desire to live the love,
which comes to you from God.

October 23, 2010

I
AM
with you,
and if you will be still, you will feel peace within you.
Within the peace, you will feel My presence: for
I watch over you, as a parent watches a child;
I love you, as a parent loves a child;
and, I will guide you
through all things.
And The Holy Spirit says:
There is no need to travel great distances,
seeking wisdom far and wide. The only thing
you need to do is to be still, and as you breathe-in slowly,
peace settles within you, and therein, in the sacred chamber
within your being, you sit with God, you are taught by God.

October 22, 2010

When you pray for happiness for another,
the seed of happiness is sown, within you.
And The Holy Spirit says:
When you pray that another will be blessed
with happiness, a seed of happiness
is sown within your being,
and from that
springs
forth
a garden.
When you pray
that another will be blessed,
you receive "the gift," as well.

October 21, 2010

Let
the perfection,
you strive to achieve, be within.
And The Holy Spirit says:
It is in loving God: actively, fully,
and completely, that
you achieve
perfection,
within.
Love.
To be
in love,
with God, is
to achieve perfection.

October 20, 2010

When
the path
seems blocked, be still,
and pray, and I will send you a sign,
so you might know The Way.
And The Holy Spirit says:
Do not let obstacles
impede your
progress,
along
The
Way.
Whenever
you must stop,
be still, and pray.
Watch for the signs, and
they will surely come to you, and
The Way will be made clear, for you;
and "you will walk, in the light of God."

October 19, 2010

Within
My arms
you will always know The Way.
And The Holy Spirit says:
Feet, tired, from the long journey
upon the Earth,
will
receive
new power,
and grace; when
touched by the hand
of God, they will lead
you where you are to go!

October 18, 2010

Many times you will be tempted
to stop short of the goal; but,
do not go with temptation;
continue along the way,
and the prize
will be
yours.
And
The
Holy
Spirit says:
Every step you take
leads you closer, and closer.
Soon, you reach the place, raise your eyes
to see the sun, and realize: it is done; it is accomplished,
and you "know," you carry It, within you, wherever you go.

October 17, 2010

The
more
you use the gifts you have been given,
the more proficient you become.
And The
Holy
Spirit
s a y s:
Do not
hesitate
to use the gifts
you have been given.
Use them often; and use
them, for the glory of God.

October 16, 2010

The journey upon the Earth is yours.
And I will guide you, I will send signs.
An angel will go before you, and mark the place.
The journey is yours; but you are not alone.
And The Holy Spirit says:
Do not concern yourself, if the pattern that another uses,
does not "fit," for you, if the template handed you
by someone else, just doesn't work for you.
The path you are walking is, uniquely,
your own, and the guideposts
are set in place, for you.
The map is written
on your heart
by the hand
of God.
The journey is yours;
but you are not alone!

October 15, 2010

That
which
you seek
is held within the journey
along the path, known as
The Way.
And
The
Holy
Spirit
says:
At some point,
during the journey,
along The Way, you find that
you have carried, within you,
that which you seek, all the time.

October 14, 2010

Slow
your pace;
be still, inside;
move calmly,
with peace.
A n d
The
Holy
Spirit
s a y s:
This day
do not hurry,
do not rush, move in peace,
and all will be accomplished, in the time of God.

October 13, 2010

Do
not
give
doubt
an open door.
And
The
Holy
Spirit says:
If there is doubt
mixed into your foundation,
the slightest tremor, will bring the creation down.
Do not include "doubt," in the energies you entertain.
Reject doubt outright. It will undermine all that you do.

October 12, 2010

Spread
seeds of peace today
in all you think,
and do, and say.
And The Holy Spirit says:
When those
who
desire
"peace,"
outnumber those
who desire "war,"
there will be peace!

October 11, 2010

Do
not
blame
another
for the choices you make.
And The Holy Spirit says:
In every interaction
you have with another person
you make a choice;
you choose
either:
to join
their energy;
or, to create new energy.

October 10, 2010

The
Spirit
of Truth
is with you.
The Spirit of Truth is within you,
so you might face chaos, and
confusion, with
confidence.
A n d
The
Holy
Spirit
s a y s:
You will
encounter
chaos and confusion
as you journey over the Earth;
but God has provided your personal counsel.
The Spirit of Truth is within you, so you might
"walk the Earth with confidence," at all times.

October 9, 2010

At
the core
of the angry person
you will find a need for love.
And The Holy Spirit says:
Do not argue, with an angry person.
Do not engage in that energy.
Rather, go to the heart
of the matter,
and silently
love them;
for that
is what they need;
that is what they are seeking.
The lack of love is the incubator
for rage. Love is the answer.

October 8, 2010

You
have
the ability
to magnify the gifts I give unto you.
And The Holy Spirit says:
It is time to clear away the debris
stacked along the passages
between you
and the
Creator.

Begin to move them.

Begin to forgive all past things.

Begin to clean-out the passageways, and when it is done
you will feel the power of God flowing freely within you.
And, you will magnify the power that is God, within you.

October 7, 2010

When
you speak, do so
with kindness, thoughtfully.
And The Holy Spirit says:
Kind and gentle words
hold a power,
which
harsh
words
cannot attain.

October 6, 2010

As flowing waters created the grand canyons,
the flowing waters of: My love, My power, and
light, moving through you, will create miracles.
And The Holy Spirit says:
The miracles of creation are all around you; but
the greatest miracle of creation is within you;
for, you truly are: the eyes, the ears,
the tongue, the hands and the feet,
and the heart, of God,
upon Earth.
Let the
flowing
waters, of
God's love,
move through you,
in such a way, that others
see "miracles," in you today.

October 5, 2010

Listen to
what others have to say,
but listen, with your heart.
And The Holy Spirit says:
The only way to really know another
is to know what is held on their heart,
what is written on their heart. And,
the way to do this is to listen
to another, with your heart.
This is The Way
God listens
to you.
God
goes to the heart
of the matter, so should you.

October 4, 2010

Whether
you travel near or far,
your journey is blessed
by The Morning Star.
Today, be My light
in every
way.
And
The
Holy
Spirit
s a y s:
Today,
be the light
of God. Carry the light.
Whether your travel be brief,
or your journey be long, carry
the light. Be the light, this day.

October 3, 2010

Come. Sit a while with Me,
and I will tell you the things
of eternity. I will share
that, which I AM,
with you.
A n d
The
Holy
Spirit
s a y s:
Today,
set aside some time
to visit with God, to listen and hear,
that which God, wants to say, to you.

October 2, 2010

When you live totally
in My love, that which
you need "to know"
will be revealed
to you.
And
The
Holy
Spirit says:
You do not
need a code of ethics
when all you know is the love of God.

October 1, 2010

Happiness is a heart free to love.
And The Holy Spirit says:
When you find it difficult to be loving to another
be still. Don't speak. Open, and let My love flow
into you, and I will send you, so much love
it will pour from you, overflowing
the cup, and touching others.
When it is difficult
to love, be still;
and I will
love, for
you.

September 30, 2010

A
joyful day
is a day filled
with light, My light,
shining through you.
And The Holy Spirit says:
You are never too young, and you are never too old,
to be the vessel of the most sacred gold, the power
and the light, of God, is within each of you.
A joyful day
is a day filled
with the light of God,
and that light of God is within you.

September 29, 2010

The path of judgment is slippery,
and best not followed at all.

And The Holy Spirit says:

Today, be still; and,
ask for guidance,
so that in the
wisdom
of God,
you
might
"know,"
the difference
between "seeing and
knowing," and "judging."

September 28, 2010

Do not focus so much on that which you need;
rather, be willing to fill the needs of others,
to serve others, so they might feel
fulfilled, and filled.

Serve
others,
and you
serve Me.

And The Holy Spirit says:

You are always full, when
you are filling the cup for others.

September 27, 2010

In
stillness

guidance comes with clarity.

And The Holy Spirit says:

There is a difference between
floundering in chaos and confusion,
and being
quiet,
waiting
for guidance.

And the difference
is peace, serenity, tranquility.

September 26, 2010

Whenever
you encounter situations
fraught with challenging issues, focus on
the positive, resurrecting, and maintaining,
My powerful Light, which is within you.

Maintain The Light.
And The Holy Spirit says:

The Light of God
will prevail
in every
darkness.

Every shadow
will be illuminated
in The Light of God.

September 25, 2010

Today
bless every thought
you have. In this way,
you will experience
peace,
from
within.

And The
Holy Spirit says:

When you bless, your
thoughts, you bless the Earth.

September 24, 2010

When
you know
My power is in you,
you are confident
in every
situation.

And The
Holy Spirit says:

Those who "know,"
The Way, walk in confidence.

September 23, 2010

Do not get caught-up in confusion.
Reject chaos. A prayerful state
will lead to peace; and peace
is simple, still, and quiet.
And The Holy Spirit says:
Today,
be still,
be quiet,
and the calmness
will return, and your spirit
will be at peace, once again.

September 22, 2010

Today,
accept that which
comes to you, as the gift it is.
And The Holy Spirit says:
As you rise-up to walk into this new day,
this new time, set the tone of your being
to be one "of joy," and let the words
you speak be the song of God.
Enjoy this day as it is
a gift, from
God.

September 21, 2010

Let
this day
set the tone
for the symphony of your lifetime.
And The Holy Spirit says:
Sing today, of peace and love,
understanding and
mercy.
Sing
today
of kindness,
and the rest of your life
will be an echo of the sweet refrain.

September 20, 2010

If you serve another, you will be served.
If you love another, you will be loved.
If you forgive another, you will be forgiven.
If you are understanding of another, you will receive
the gift of understanding. That which you give, you
receive; because the other is in Me, and I Am in you.
Serve, forgive, love, understand, and you will know
peace, all the days you walk the Earth.
And The Holy Spirit says:
Today, set your own wants and desires aside
and serve another; at the end of the day
you will find you feel peaceful, and
joyful, because the love of God
is passed through you,
directly to another;
and, you will find
that in serving,
you have been
served, by
God.

September 19, 2010

Seek to live simply,
performing good deeds,
speaking kind words,
and you will see
miracles.
And The Holy Spirit says:
When the deeds you do are good,
and the words you speak are kind,
the miracle of simplicity happens,
over, and over, and over again.
Simply
live
in goodness,
and kindness, and
you will see miracles.

September 18, 2010

Let My love
for you: refresh you,
refuel you, and renew you.
And The Holy Spirit says:
Let this day, be a day of rededication,
and celebration, honoring the day
that you committed yourself
to doing the will of God,
before all other things.
Today, celebrate,
and rededicate,
to the will
of God.

September 17, 2010

Wherever
you look today, see
the bounty of My love,
see the glory of creation.
And, The Holy Spirit says:
The beauty and the glory,
of the creation of God
is often missed
by those
in too
big a
hurry.
Be still.
Slow down.
Look around,
and embrace
the creation
of God.

September 16, 2010

Let
your
"time"
on Earth
be a celebration of creation.
And The Holy Spirit says:
Today, sing a song of celebration.
Celebrate
the joys,
a n d
celebrate
the lessons.
Celebrate creation.

September 15, 2010

Give the power, and the energy,
"of love," to every situation
which comes to you, and
you will bless the Earth
with your presence.
And The Holy Spirit says:
The power of
a peaceful presence
will bring peace and light
and love to every situation.

September 14, 2010

Give
to others
what you desire of Me.
And The Holy Spirit says:
If you are seeking love,
give love
without
measure,
and you will find love.

September 13, 2010

Do not be afraid, for I AM with you.
And The Holy Spirit says:
Blessed are you who have faith,
even when you do not see
miracles
being
performed,
for I say unto you,
the miracle is within you.
Believe. You are the miracle,
for the hand of God is with you.

September 12, 2010

Be kind, be loving, and be forgiving.
And The Holy Spirit says:
When you feel the presence of temptation,
be prayerful, trusting and having faith
that God will direct you,
so that you
might
walk
in
the
light,
so that your days
upon the Earth will be good.

September 11, 2010

There is
a vitality
to the energy
of forgiveness,
which brings life and light,
where there was death and shadow...darkness.
Forgiveness is the light and it will show you The Way.
And The Holy Spirit says:
When you find it difficult to forgive another, be still
every time you think of their name,
and let your only thoughts
at that time be,
"Bless them."
When you
are finding it difficult
to forgive yourself, bless yourself.
For in the blessing of another, and
the blessing of yourself, you will be led,
step-by-step, to the altar of forgiveness; and
it will be: freedom, light, joy and happiness,
that walks with you, away from the altar.

September 10, 2010

Be mindful
of the words you speak,
for the words you speak
pronounce your prophecy.
Let your prophecy be love
and forgiveness, joy
and happiness
will then be
yours.
And
The
Holy
Spirit
says:
To say,
"To forgive,
to love, is The Way,"
is good. But, to live forgiveness,
to live love, is the miracle of God, upon Earth.

September 9, 2010

Retaliation
does not bring about resolution.
And The Holy Spirit says:
Resolution
begins
with
one
who
is willing
to listen, and hear.

September 8, 2010

Anger
kills the body,
wounds the soul, and diminishes
the spirit, of everything it touches.
And The
Holy
Spirit
s a y s:
Steer clear,
chart your path away from
the viper of anger, for its sting
is lethal, and it knows no sleep.

September 7, 2010

You
will know
the answer to every question,
if you will be still,
and first
sit with Me.
And The Holy Spirit says:
There is no need to rush around, asking everyone you see,
should you do this, or should you go there, or how would it be better.
For if you seek resolution to a situation, or answers to questions
which are troubling you, all you have to do is to be still, and
sit and ask,
and you will receive.
You will know the answer.
Be still; and, you will know.

September 6, 2010

Words are not required, to
understand the heart of another,
to speak to the soul of another.
And The Holy Spirit says:
If you understand: a smile,
a frown, tears, or laughter,
you speak the language
of the heart. And,
it is more potent
than words!

September 5, 2010

The
Power
"of Love"
is complete,
whole, perfect.
And The Holy Spirit says:
The one who is consumed
with the power of love:
they are as a candle,
burning brightly
in the window,
showing
The Way;
they are as a fire,
burning in the hearth,
giving comfort, and warmth,
providing a place to prepare food. When one
is consumed with the power of love, they beckon all
to come, circle 'round, and feel, the goodness, of God.

September 4, 2010

It is not necessary
to know all things;
but when you love
all things, you
come to know
all things.
And The
Holy
Spirit says:
The loving heart
is the heart filled with wisdom.

September 3, 2010

Be grateful for all that you have,
and love beyond all measure.
And The Holy Spirit says:
The world will tell you,
to have knowledge
you must
read, research,
study, and ponder.
But to know the wisdom
of God, be still and know I AM.

September 2, 2010

When you are willing to see,
from another one's perspective,
you begin to see, that which
you could not see before.
And The Holy Spirit says:
To see with clarity,
as you see,
is good.
To see
from
another
perspective,
adds a new dimension
to that which you are able to comprehend.
It is the beginning of the journey to be whole.

September 1, 2010

When you forgive every transgression,
you make it possible to be forgiven,
for every transgression.
And The Holy Spirit says:
Those of Earth
will learn
forgiveness,
and love, through the acts
of the children of God upon the Earth.
If you forgive all things, forgiveness is
what is learned by those around you.
When you forgive all transgressions,
forgiveness is the gift - you
will receive - for
what is given
is received,
as you are one.
What you do unto others,
what you say unto others, and
what you think about others, you are doing,
you are saying, you are thinking, about yourself.
Forgive others, and you too receive the gift of forgiveness.

August 31, 2010

Be
mindful
of what you judge or condemn,
because the judgment and
condemnation,
always
returns
to you.
You carry
your judgments,
and condemnations with you,
so be mindful of what you are doing.
And The Holy Spirit says:
You will not realize freedom, while you judge.
Judgment falls upon the judger, equally as the one judged.
This day, be mindful of what you're doing; for, in judging, you
judge yourself, the burden is yours. Free yourself this day.
Forgiveness is The Way, the only way to freedom.

August 30, 2010

Every
time you ask,
what you should know,
I will repeat the word, "Love."
Love beyond all measure, beyond all things,
and you will know, what I wish for you to know.
And The Holy Spirit says:
It is easy to love, when all about you, you see
nothing but love. The next step
is to love
beyond
all measure.
When all around you
is dark, love, and you will be
the light of God, because the light of God is love.

August 29, 2010

Mercy transcends rules, and
regulations, to fly with angels.
And The Holy Spirit says:
Who would ask for justice
when they could dine
at the banquet
of mercy

August 28, 2010

The
future
is created
in the hand
of the present.

And The Holy Spirit says:
Your thoughts, words, and deeds,
of today, of now, of the present,
will create your future.

Be mindful of what
you are doing.

You are a
powerful
being.

The
promise
of tomorrow
is with you today.

August 27, 2010

As
you
awaken,
you will begin to see,
and recognize temptation
for what
it is.

And
The
Holy

Spirit says:

Temptations
cannot ensnare you:
when you know; when you
see; when you accept them
for what they are, and use
your power to choose the light.

August 26, 2010

Accept My love,
as it flows to you
enfold it, and bless it,
and send it from you,
to continue its journey
amongst those of Earth,
having been touched,
and magnified,
by you.
And
The
Holy
Spirit says:
This day, accept
that which comes to you
from God, responding in
a glorious song of praise,
"My soul magnifies The Lord."

August 25, 2010

Firmly
resist the temptation
to be critical of others, of yourself.
And The Holy Spirit says:
Be mindful of what you do, and of what you say, and even
of what you think. Criticism curbs enthusiasm. Use your
thoughts, words, and deeds to support in loving kindness,
those around you, and most especially yourself; for you,
and those walking close to you and all around you,
are the children of God.
Be merciful,
understanding,
and compassionate.

August 24, 2010

Every time you create
an act of love, you create
the key to unlock a door
which opens and permits
My love to flow freely,
through
you.

And
The
Holy

Spirit says:

Earth is a prime candidate
for a heart attack. The arteries are clogged
with debris, with anger and hatred, greed, doubt, and
anxiety. These things have blocked the passageways to the heart.
Every act of kindness, of love, opens a doorway, unclogs an artery,
and permits the free-flowing love to circulate, and begin to bring life.
Today, practice loving!

August 23, 2010

Two
thousand
years ago,

I sent the most important message
and the message was delivered,
"Love one another."

And The
Holy
Spirit
says:

When
you give
food to the hungry,
clothe the naked, and give
shelter to those seeking a place
to rest, and you do these things
out of love, it is a mission for God.

August 22, 2010

Compassion
relieves the situation
of demands, and commands, and
brings the element of love and peace.
And The Holy Spirit says:
The compassionate one is not demanding,
or commanding; the compassionate one
is the provider of a precious freedom,
an atmosphere of love, acceptance,
and understanding. And these
things bring peace
to the
one
who
receives,
and to the provider,
of the gift, of compassion.

August 21, 2010

My Spirit lives, within you.
And The Holy Spirit says:
The Spirit of God lives
within you. Bring it
forth. Let the love
of God flow onto
the Earth, to
touch
all
those
of Earth,
through you.

August 20, 2010

As surely
as the sun rises,
a new day is born,
another opportunity
to give the world
the gift of
love.

And
The
Holy
Spirit
says:

This day,
do not hesitate
to love beyond all measure.

At the end of the day, the complete
measure, the one overflowing, will be yours.
The love you gave, all the day, will be yours.

August 19, 2010

When
we are in communion,
you will know the power
of a peaceful
presence.

And
The
Holy
Spirit
says:

When
you are
in communion
with God, you know peace.

August 18, 2010

Be
mindful
of temptation
to redirect the power
from the light to the dark.
And The Holy Spirit says:
Wherever you focus
your attention
the power
will flow.
The temptations call-out,
Over here, over here!
But be watchful.
Give them a deaf ear,
and stay focused on the light.

August 17, 2010

Open
the doors
of your being,
and embrace the power,
and the glory of My love,
it will sustain
you.
And
The
Holy
Spirit
says: When
you are attuned
to the things of Heaven,
the temptations of the world
will not easily distract you, for you
will be held, within, the song of angels.

August 16, 2010

Once the commitment is made,
you will lack nothing. You shall have
all you need to accomplish the mission.
And The Holy Spirit says:
Once you say, "Yes," reach-out
and take the hand of God,
you move with
eternal speed;
and that which is
to be accomplished,
is done so, in the time of God.

August 15, 2010

The
goal
will not
be reached
until you begin.
You will not know
that which you carry
until you journey within.
And The Holy Spirit says:
The masterpiece
begins
when
the
artist
commits,
picks-up the brush,
and with the first stoke, says, "Live!"

August 14, 2010

Today, will be a glorious song:
if you will accept that which comes to you,
and embrace it; the day begins, with the song of the birds;
listen; and open your heart to this song; for it serenades
the Earth, and it fills the sky; you do not have to pay
to hear this song; you do not have to travel
long distances to feel its presence;
you simply have to accept
the song, open your ears
and embrace it; today
is to be, a day,
of joy, and
song.

August 13, 2010

Pay
attention, today,
to the wonders of Earth.
And The Holy Spirit says:
Listen. Pay attention.
All of Earth
is singing
the glory
of God.
Be watchful.
See the wonders,
and sing the song.

August 12, 2010

I
give
unto you
My power,
so you might have the strength
to do that which I ask you to do
upon the Earth.
And The
Holy
Spirit says:
When you are called upon
by God: to pick-up a mission,
to carry banner, to complete a task,
you will find the strength necessary,
within the power of God, flowing to you, constantly.
Do not hesitate to rise-up, and do that which you are called
to do; for, you have the power, within you; and it is of God.

August 11, 2010

When you think
of another, bless their name.
And The Holy Spirit says:
Today, when a name comes to your mind,
do not spend your time wondering
what they are thinking, or saying,
or doing. Hold their name
for that moment
in time, and
bless
it.

August 10, 2010

There are many who long
for a kind word, a kind deed,
a gentle hand; provide kindness today.
And The Holy Spirit says:
There are many: who will give direction,
speak of guidance, teach; but there are
very few who are prepared to be kind.
Today: be kind in your thoughts,
regarding others, and yourself;
be kind in your words,
regarding others, and
yourself; and, be
kind in your
deeds, in
every
way.

August 9, 2010

Dismiss
the temptation,
and embrace the gift of love,
for it is yours. And it is above:
all other gifts, all other powers,
all other glories.
Love.
And
The
Holy
Spirit says:
Do not rise-up,
and embrace the trickery,
the deceit, for if you are not in joy,
you are not complete. Be at peace, in
the love of God, for the love of God
brings you joy, brings you peace.

August 8, 2010

Receive,
fully, the good news, about
The Kingdom of Heaven.
And The
Holy
Spirit
s a y s:
Receive
The Word.
It is delivered.
Embrace the good news,
concerning The Kingdom of God.

August 7, 2010

As
I give you
the gift of life, live, in such a way
that you tell the story of My love
for you, and all
I create.
And
The
Holy
Spirit
s a y s:
Today,
do not just think
about your love for God,
your sweet conversations with Jesus,
and the miracles that the breath of Spirit
has brought into your life, live the thoughts,
live the conversations, live the miracles, so all
might know, the story, and the glory, of God.

August 6, 2010

I
give
you seeds
of compassion,
so you might sow
a garden of mercy
to flourish, upon
the Earth.

And

The

Holy

Spirit says:

Receive the gift of God
this day, seeds of compassion are yours.
Sow them, and tend them once they sprout.
And, as they grow, you will see, and know; and
from your garden of compassion will come a harvest
for Earth. From seeds of compassion, mercy is grown.

August 5, 2010

Compassion
is the seed of mercy.

And The Holy Spirit says:

Be still; do not leap to judgment; but
sit patiently, and God will teach you;
and, in the teaching, you will receive
the seed of compassion,
which will flourish,
into mercy.

August 4, 2010

When you practice
patience and understanding,
compassion and mercy follow; and
those around you are enlightened.
And The Holy Spirit says:
Take time to practice using the gifts
you are given. Practicing brings
enlightenment. When you use
the gifts, you come to know
the gifts; and when you
know the gifts, there
is true gratitude
upon you
heart.

Practice using the gifts
you have been given; and, use them well.

August 3, 2010

Bless
this day
with: laughter,
dance, and song,
ears of compassion,
a heart of understanding,
and deeds of mercy.
And The Holy Spirit says:
This day, let it be
your intention
to provide
that, which
Earth needs:
to be "the creator,"
of compassion, understanding,
and mercy; and season these gifts
with laughter, dance, and song.

August 2, 2010

Life
on Earth
will be easier,
if you surrender
the struggle, and float.
And The Holy Spirit says:
When you are struggling,
when you are embroiled
in personal challenge,
the way out is not
obvious; but,
if you will
be still,
and quiet,
in the midst of chaos
and confusion, you will float
on the river, of God's love, and you
will move toward the sea, of eternal life.

August 1, 2010

Hear Me,
and you will know My will.
And The Holy Spirit says:
As you practice doing the will of God, ego
begins to whither, and the power of God
begins to grow, stronger, within you.
It is time, for those who know,
to move-out
amongst those
of Earth, propelled,
not by the knowledge of Earth,
but by the eternal wisdom of God;
it is time for the change, it is time now.
The call goes-out; and, those who know
rise-up, and move out, into the world!

July 31, 2010

If
you
wish
to do
My will,
your will,
will then be,
to love, as I love,
in every thought, word,
and deed. My will is love.
And The Holy Spirit says:
When you seek to do the will of God,
there should be no question
of: "how," to begin,
the starting
point;
and it is:
to love; to love, as God loves;
to see and know, and to forgive.

July 30, 2010

The key
to true change
is held "within,"
The Gift of Freewill.
And The Holy Spirit says:
You cannot force
another
to change.
You cannot,
"successfully,"
change yourself,
if it is done only
to please another, or
to conform to a concept.
True change comes from recognition,
from knowing, The Gift of Freewill is the key.
Only when you insert the key of freewill, and turn it
in the direction of God's will, will you see the light, know
The Way, and be illuminated, understanding, and knowing.
In this way, change is the miracle of knowing the gift of freewill, fully.

July 29, 2010

Believe,
for I have given
you, the gift of life.
And The Holy Spirit says:
Accept the gift, as
it is given in love.
Believe, in life.
Believe, in
love.

July 28, 2010

That
which is
created in your thoughts
is borne in your words and deeds.
And The Holy Spirit says:
The gifts of:
peace,
mercy,
compassion,
patience and
understanding, are
born in your thoughts.

July 27, 2010

Within
compassion
you will find mercy.
And The Holy Spirit says:
When you compassionate
you free yourself of
the bondage
of judgment,
by delivering
the gift of mercy
to those of Earth.

July 26, 2010

Within
patience
you will find
wisdom and understanding.
And The Holy Spirit says:
When you practice patience,
you give
yourself
the gift
of time
to see
and know,
without judgment.

July 25, 2010

Inner peace is yours
when you know My love.
And The Holy Spirit says:
There is no peace
without love.
LOVE
is
found
within
the wisdom
of: compassion
and understanding;
mercy and forgiveness.

July 24, 2010

When
you pronounce
the day good, so shall it be.
And The Holy Spirit says:
Set the tone of the day, with the words that you say;
speak of peace, and you shall experience peace;
speak of joy, and you shall experience joy;
speak of light, and you shall
experience
light.
Your
words
are prophetic.
The day is yours, create.

July 23, 2010

When you are in doubt, be still,
do not call-out; be quiet; and, I
will fill you, with the knowing.
And The Holy Spirit says:
If you will still the chaos, and
quiet the confusion, doubt
will move from you,
as peace settles
within
you,
and
wisdom,
and knowing,
will replace that which
troubled, and burdened you,
and you will rise-up, knowing.

July 21, 2010

If you will accept
that which comes to you,
you will soon see, and know,
the continuity, of the presentation.
And The Holy Spirit says:
If you can accept, without questioning,
that which comes, waiting, knowing
it is in perfect order, you will soon
see, that you are receiving:
lessons, instructions,
directions,
resolutions,
in the order
in which they are
to come to you; some for preparation,
some for celebration, each one necessary, so that
you might walk The Way, as an enlightened being.

July 20, 2010

Enjoy
the energies
of light, for they will lift-you-up,
and you will be filled with promise,
and hope.
And
The
Holy
Spirit
s a y s:
Reject
participation
in energies which bring a feeling
of heaviness; instead, choose to participate
in energies, of light; and you will feel joy, within
your being; and you will know, The Promise of God.

July 19, 2010

When you
recognize temptation,
be still, and you will be filled
with the truth, so you might know,
clearly, and walk The Way.
And The Holy Spirit says:
Temptations
will distract
your focus.
The sooner
you recognize them,
the sooner your focus can return
to the light. See the temptation, and be still;
and you will be led by the holy angels of God,
so that you might put your focus back into the light.

July 18, 2010

I
wish
for you
to 'know'
the wisdom
held within
humility, and acceptance.
And The Holy Spirit says:
Be still, and ask for guidance,
so that
you
might
come to
understand
humility, and
acceptance, and
therein, gain the gift
of wisdom, they carry.

July 17, 2010

Accept
that which comes to you
as an opportunity to embrace joy,
or to restore joy, upon the Earth.
And The Holy Spirit says:
Opportunities present
themselves
to you,
sometimes
fifty, or sixty,
opportunities, in an hour;
embrace these opportunities: the gifts,
and challenges, the joys, and the obstacles.
They are each yours. They are special. They are unique.
Accept that which comes to you as the opportunity to work miracles.

July 16, 2010

Look
and see
The Glory
that is Earth.
And The Holy Spirit says:
Do not move so quickly:
that you hurry past a flower;
that you miss the fragrant scent;
that you do not take the time to play.
Today, look, and see where you are.
See The Glory That Is Earth!

July 15, 2010

Accept
one another,
as God accepts you.
I accept you, as you are.
I see nobility in the trying,
and the running of the race.
And The Holy Spirit says:
The nobility is not held within
the celebration of pomp
and circumstance.
The nobility
is in:
the
running
of the race;
the acceptance
of the challenge; the
resolution of the obstacle.

July 14, 2010

You
will know
more, if you will
listen, enthusiastically.
And The Holy Spirit says:
Today, practice listening,
rather than speaking.
You will know
a person,
and the
situation,
better, the less
you speak, and
the more you listen.

July 13, 2010

I
give
to you
My love,
My power,
and My direction.
In this Way, you
can do all things.
And The Holy Spirit says:
The
struggle
to accomplish
the things of Earth
that you are to do, will end,
the very minute you accept: God's love,
and power, and direction, flowing through
you; God will do all things through you!

July 12, 2010

It
is better
to act from love, than
to react to temptation.
And The
Holy
Spirit
s a y s:
Those wise
in the ways of God,
see the temptation, and bless it.

July 11, 2010

The
grandest gift
is often the obstacle which gives you
the strength to move the mountain.
And The Holy Spirit says:
When
you hold
within you
the wisdom
to embrace the challenge
and the obstacle, as the gift,
you will "know," the ways of God.

July 10, 2010

You
can either:
curse the world, with judgment;
or, bless the world, with acceptance.
You cannot do both. It is your choice.
And The Holy Spirit says:
Open your heart, and your arms, and
"accept," that which comes to you.
Each time you do, you broaden
the environment, of acceptance.
Each time you do this, you
free yourself, of judgment.
Bless the Earth, today,
with acceptance.

July 9, 2010

See the rich, vibrant colors of summer.
Hear the joyous song, of the bird. And
know I AM with you, wherever you go.
And The Holy Spirit says:
Today, do not miss the opportunity:
to sit with the flower;
listen to
the bees;
watch the
graceful dance
of the butterfly; and,
open to the miracles of God.
This day, you live upon the Earth,
take the time to experience Earth today.

July 8, 2010

Give
your brothers and sisters
permission to grow in My Light.
And The Holy Spirit says:
When you open
the door
accepting
all who come
just as they are
your gift is freedom.

July 7, 2010

Reject
the temptation
to judge another.
And The Holy Spirit says:
When you reach
the place
where
you see,
know, and love
you have reached
the plateau of peace.

July 6, 2010

Let
your
smile
be the
sunshine
upon the Earth.

And The Holy Spirit says:
Do not let the clouds of worry or concern,
doubt and frustration, cover the sunshine, of your smile.
Bring light to the Earth, today; and, let it be seen in your countenance.

July 5, 2010

If this day
is to be a day of peace,
peace must begin in your heart.
And The Holy Spirit says:
Seek peace within! Call forth the seeds
sown in your heart, by the hand
of God, and let it begin.
Today, let peace
begin in
your
heart.

July 4, 2010

FREEDOM
is created in a heart that is clean.
And The Holy Spirit says:
Enlist your heart, your thoughts,
your words, and your deeds,
into the service of
A LIVING
GOD.

July 3, 2010

Pick-up the mantle
of peace, and rest it
upon your shoulders.
And The Holy Spirit says:
Today, place your
burden in
the lap
of God,
and walk,
with the mantle of peace
upon your weary shoulders.

July 2, 2010

Do not fall into confusion,
wondering which way to go,
which path to take. Be still,
and you will hear My words,
and you will read the signs.
And, these things
will make it
clear. And
The
Holy
Spirit says:
The spiritual path
is marked by simplicity.

July 1, 2010

There is
no joy in anger,
no mercy in revenge.
And The Holy Spirit says:
You will not know a joyful song,
if you walk with anger. And
you will not know mercy,
if you seek revenge. Joy
and mercy abound in
the heart of One
who knows the
Love, of
God.

June 30, 2010

The
rising sun
is the sign of a new day; rise-up,
and see, what the new day brings.
And The
Holy
Spirit says:
Do not hesitate
to walk into the new day.
You have been sleeping.
Now it is time to rise-up.

June 29, 2010

To appreciate the gift,
one must use the gift,
get to know the gift,
and what it can do,
when embraced,
by you.
And
The
Holy
Spirit
says:
Do not
set your gifts
on a shelf, unopened;
accept the gifts, and use them;
for, The Glory of God shines, as
the gifts, and all they do, are shared.

June 28, 2010

Out of darkness
comes the light
of a new day,
"My Gift"
to you.
And
The
Holy
Spirit
s a y s:
The gift
is given,
it is yours.

June 27, 2010

A mighty tree
begins, as a small seed.
And The Holy Spirit says:
You carry, within you,
seeds, from
Heaven.
Sow the seed
so you might see, and
know The Garden, well.

June 26, 2010

Today,
embrace the gifts of Earth.
Today, embrace the joy of Earth.
And The Holy Spirit says:
Today, resist the temptation to bury yourself:
in work, in chores. Today, lift your head
unto the sky, and watch the birds,
as they fly.
Then,
look below,
around your feet,
and see the flowers,
the scent, draw it in,
it is sweet. Today,
embrace the joy
of Earth.

June 25, 2010

Today is meant for joy, not for sorrow.
And The Holy Spirit says:
When you are tempted into sorrow, grief, or when alone,
set your thoughts toward joyful things: the song of the bird,
the sound of the stream, the color of the flowers, the laughter
of children. When you are tempted, work to cultivate joy.
Soon, the work you have done in the garden of joy,
will spring forth and brighten your tomorrows,
and you will no longer have to work at
creating joy; but you will benefit
from the bountiful harvest
that your joyful garden
delivers to you,
and Earth.

June 24, 2010

My
wisdom
is your wisdom.
My kingdom is your kingdom.
I give it unto you. Sit with Me,
and I will
teach you,
in the quiet.
And The Holy Spirit says:
When you connect with The Creator
of All That Is, you see, through the eyes of God,
and the tasks set before you are no longer "heavy," you
dispatch them with the grace of God, and move along The Way.

June 23, 2010

In
times
when you feel:
confused, hurt, and alone, be still,
and listen for Me; I will speak the Words,
which will bring peace to your heart,
and guide you to the light.
And The Holy Spirit says:
You are caught-up
in the energies
of: frustration,
chaos, and confusion,
when you are feeling hurt,
and alone. These are the times
to set yourself aside, to be still, to be quiet. In these times,
there is no need to speak of that which is bothering you, because
God knows what is on your heart. In these times, it is time to be still,
and quiet. In the silence, you will hear The Voice. You will feel God's
presence, with you. And soon, "you will begin to know, The Way," again.

June 22, 2010

Create
today, in such a way
that it is a masterpiece,
revealing the good
in all
you
think,
and do, and say.
And The Holy Spirit says:
This is one of the glories
of being upon the Earth. It is
why you wanted to visit Earth
for a while; because every morning,
you have "the opportunity" to continue
the creation work of God! What will you create
today? The living tapestry that will be today, awaits.
Now, create; and play, in The Garden, that is Earth!

June 21, 2010

The
Word
I give you today,
is to love one another, in every way.
Now, go forth, and be the living word,
love.
And
The
Holy
Spirit sayss:
There is nothing
more important to do
today, than to live the word of God
in such a way, that all who come to you
can truly say, "I saw love, living, today."

June 20, 2010

Perfection
is achieved in the heart.
And The Holy Spirit says:
Those upon the Earth often struggle,
trying to achieve or attain perfection,
as they believe it is, as Earth
teaches them it is. Today,
begin to understand
this, "perfection"
is achieved in
the heart.

June 19, 2010

Whatever
you are thinking
you are creating, and
that is what people feel
as they approach you,
and are close
to you.

And
The
Holy
Spirit
s a y s:

This day,
be mindful,
if you are worried,
you are creating worry,

and that is what people feel around you.

If you are angry in your thoughts, you are creating anger, and
that is what people feel around you. If you entertain thoughts of judgment,
that too is what you are creating, and what is experienced by people around
you. This day, be mindful of your thoughts, and what you are creating.

Cast from you all things heavy, of shadow, and darkness. Instead,
think of noble thoughts, and that is what you will create,
and that is what people will experience, as they are
drawn to you, and gather around you!

June 18, 2010

Forgiving
is not something you do
once, it is a state of living.

And The Holy
Spirit
s a y s:

Today,
incorporate forgiving
in your thoughts, words, and deeds;
begin to make it an aspect of who you are,
so that forgiving is as natural as breathing.

June 17, 2010

Today,
resist the temptation
to find fault in others, and
spend the day purifying
your thoughts.
And The
Holy
Spirit says:
When you look
for the good in another,
good is what you will find, and
the more you look, the more you find,
the more you recognize, the more you see growing.
When you call attention to something, it grows, it gets
bigger. So today, look for good, call attention to the good.

June 16, 2010

The
Kingdom
of Heaven is at hand,
and it is possible for you
to experience My Kingdom, now!
And The Holy Spirit says:
When you believe The Kingdom of Heaven,
The Kingdom of God, can be delivered,
onto the Earth through you,
it will happen!
Today,
believe, and
let The Kingdom
live, through all you
think, and do, and say.

June 15, 2010

When
you open
and let My love
flow through you freely
then My love is all you will know,
because it will fill you and make it so.
And The Holy Spirit says:
Once you are truly filled with the love of God,
there will be no room for anger and frustration,
for fear and doubt and worry and concern.
When you feel one piece, or one bit,
of these things, know
you are not
truly filled
with the love
and the light of God.
Be still, and let it flow through you,
and it will fill you, and make you whole.

June 14, 2010

You
will know true love
only when you allow My love
to flow freely through you to another.
And The Holy Spirit says:
When you are the doorway open to God's love,
allowing it to flow through you freely,
requiring nothing in return,
then you realize
the glory
of the gift,
and Earth is blessed
by your presence, and
the love of God, within you.

June 13, 2010

I give you the key of love
to unlock your heart, today.
And The Holy Spirit says:
Harden not your heart to the ways
of Spirit. Use the key, of love,
to open that which is closed,
and you will hear, and
you will know,
The Way.

June 12, 2010

If
your
thoughts
are of envy, anger, hatred,
or resentment of another,
you are not
listening
to Me.
And
The
Holy
Spirit
says:
When
the love of God
is flowing through you,
you possess understanding,
compassion, and love, for
your brothers, and sisters.

June 11, 2010

My
light
will bring
clarity, where
there is chaos,
and confusion.

And The Holy
Spirit
says:

The ways of the world
can lead to chaos and confusion.

The ways of God
lead
to clarity
and confidence.

June 10, 2010

Do
not
permit
shadows and darkness
to consume your thoughts.

Be vigilant.

And

The
Holy
Spirit

says:

Today,

begin a practice
which will serve you well.

Practice guarding the chamber of your thoughts.
Sweep from it every shadow, every portion of darkness,
threatening to invade. Be watchful, and let the chamber
of your thoughts be worthy of the sitting room of God.

June 9, 2010

Rise-up
and embrace the gifts
of the
day!
And
The
Holy
Spirit
s a y s:
As you
go through
the day, look for
the treasure, that is yours.

June 8, 2010

The
burden
you carry
will become lighter,
within the power of My love.
And The Holy Spirit says:
The guidance you seek is found,
once you are still, and accept
the challenge, as an
opportunity,
then
you will
see the situation
from a new perspective,
and resolution will be found
within The Light of God's Love.

June 7, 2010

When
I call your name
harken to the words.
And The Holy Spirit says:
The greatest journeys
begin with desire,
proceeding
with
attention
to direction
along the way.

June 6, 2010

Whatever you must do today,
let it be done, with a loving heart.
And The Holy Spirit says:
Let it be so, that wherever you go,
the love of God moves
with you, and blesses
all, you
do!

June 5, 2010

Have
compassion, be
understanding,
and love.
And
The
Holy
Spirit
s a y s:
The one
who knows
understanding,
compassion, and love,
will not "know" regret.

June 4, 2010

When
you think
you cannot go on, be still,
and you will feel My power,
within
you.
And
The
Holy
Spirit says:
One small step
will lead to a dance,
in the arms of God.

June 3, 2010

Come,
sit with Me.
As I abide in thee
you shall see
the wisdom key
is thine.
And
The
Holy
Spirit says:
God has given you
the gift, of eternal life.
All the treasures of the kingdom
of heaven, await you. Sit with God, pick-up
the key, and know the treasure, that is yours!

June 2, 2010

Talk
to Me
of the joy
and wonder you feel
as you walk upon the Earth.
And The Holy Spirit says:
Do not be mute, when every rock,
and flower, and bird,
is singing
the praise
of God.
Let your voice
join the chorus, and sing.
Sing, and praise The Creator
for the glory that you see this day.

June 1, 2010

Listen
to the song
of The Wind.
And The Holy Spirit says:
Listen, and be led
by My song,
and
you
will
learn
the dance,
in the arms of God.

May 31, 2010

Be
mindful of
your thoughts,
words, and deeds,
so you might be
filled, with
light.

And
The
Holy
Spirit
s a y s:

Let every
breath you take,
every thought you create,
every word you speak, and
every deed you perform, reflect
The Glory of God upon the Earth.

May 30, 2010

I
bless
your efforts
to provide for your own physical needs
and the physical needs of others.

When you
set forth
to provide
for your own
spiritual needs, and
the spiritual needs of others,
My power propels you, and you
are the blessing, upon the Earth.

And The Holy Spirit says:

Taking care of your physical needs, and
the physical needs of others is something you do,
and God blesses you for it. But when you set forth
to bring The Kingdom of God, onto the Earth, God provides
whatever you need to do so; and God blesses Earth, through your efforts.

May 29, 2010

It is time to take stock
of all that is good and holy
and wonderful, in your life.
And The Holy Spirit says:
Do not use your precious time
thinking about or talking about
what is wrong, what you think
is interfering, with
your progress.
It is better
to think and
to talk about,
that which is good,
and holy. Think about, and
talk about, that which you wish, and desire to be;
and it will bring it more completely into focus, and you will see.
If you concentrate on the positive, you will diminish the negative.

May 28, 2010

It
requires faith,
trust, and courage,
to alter your course,
and head toward
My light.
And
The
Holy
Spirit
says: Today,
if you find yourself
slightly off-course, a bit away
from the path, be still, and you will receive
the guidance you need to adjust your course,
change your direction, and proceed to the light.

May 27, 2010

Be watchful and vigilant.
Do not doubt. Have faith.
Do not worry, or become
anxious. Speak My name
with hope in a new day,
and I will bless you
with peace.
And The
Holy
Spirit
says:
Doubt,
worry,
and anxiety
are but shadows,
and will not stand, in
the light and the glory of God.

May 26, 2010

See
the beauty
of creation, and you will know
My joy, and find
peace.
And
The
Holy
Spirit
says:
Today,
take time
to look and see
the wonders of creation.

May 25, 2010

When
you are wandering
in darkness, be still, and
I will fill you with My light,
as we rekindle the embers,
and the spark, becomes
a flame, of
unity.
And
The
Holy
Spirit says:
You are never alone!

May 24, 2010

Recall
the time
of angels, for it is near.
And The Holy Spirit says:
It is time for the reawakening.
It is time
to know
the messengers
of God. It is time to listen,
so you might hear the messages
of God. The time of angels is at hand.

May 23, 2010

I speak to you directly,
from the beginning of time, I speak.
I send prophets to deliver the message,
from the beginning of time, I send prophets.
I send signs, from the beginning, I send signs, so you might know
The Way. And, when those of Earth were still lost, and wandering,
I sent The Living Word so you might see, and know, and be at peace.
And, at the direction of The Living Word, I magnified My Spirit,
so that you might be taught from within. From the beginning
My Spirit was in all things and is in all things;
yet, it was made greater
at the request of
The Living Word.
And this: individual, powerful,
teaching Spirit will guide you, all days.
And The Holy Spirit says:
Be still. It is My holy, sacred mission to dwell with you,
and within you, not in general, but specifically to each individual,
in such a way, that you will know. It is so. You have the ability to know
The Will of God, and you have the freewill to act upon that which you know.

May 22, 2010

Bring Me your eyes,
and I will show you how to see.
Bring Me your ears, and I will show you
how to hear. Bring Me your lips, and
I will show you how to speak and
bless with words. Bring Me
your heart, and I will
show you
how to
love.
These things I will teach you,
because I AM with you. Your hands
will touch, and bless, and your feet will carry you,
wherever you need to go. My work is done through you.
And The Holy Spirit says:
This day surrender, give-up your body, and walk the miracle,
knowing The Way, and you will be free and you will fly,
and you will see Earth, as God sees Earth.

May 21, 2010

When
you create,
noble thoughts, words, and deeds,
in the light and the glory of My love,
you activate The Kingdom of Heaven
upon Earth, and it is good.

And The Holy Spirit says:

Do not wait
to walk
the streets
of Heaven,
walk them today.

Activate The Kingdom
of Heaven that is with you,
that is at hand, that is near.

Do so by: what you create;
the power of God that you bring
onto the Earth; by your willingness
to cooperate, and co-create with God.

May 20, 2010

I
give you
the opportunity
to create, for Me.
What will you create today?
Let it be filled, with wonder.

And The Holy Spirit says:

You invite joy
into your being
when you accept, that
which comes to you, from God,
with an eager, and willing, heart.

May 19, 2010

My
holy angels
are dispatched.
And they will come
to you, and show you
The Way. Be watch-
ful, and heed what
they say. They
are with you
today.

And The Holy Spirit says:

God has dispatched mighty angels to cover the Earth,
to guide you, to show you. And they are with you, now.
They will usher people toward you. They will open doors
for you. Pay attention to all things occurring this day,
and you will begin to recognize their presence.
And, as you acknowledge the gift of God,
you will begin to move
at the speed of angels, and life upon the
Earth will be forever altered, modified, glorified
in the light of God, and the gift to mankind.

May 18, 2010

I
will not
ask you to do
that which you cannot do.
Therefore, when I speak to you, and call to you,
you can speak to Me, and call to Me. When I
send you forth on a mission, it is a mission
fit and appropriate
for you.
You
are My
ambassador
upon the Earth.

And The Holy Spirit says:

When God calls to you
to action rise-up, and know,
it is God, working through you,
and there is nothing that you cannot do,
when God is working through you. Today,
when God calls, rise-up, and walk The Way.

May 17, 2010

Mark
every day, with the
celebration, it deserves.
And The Holy Spirit says:
Today, it is your opportunity
to let The Kingdom of God,
live, within you; and,
all around
you.
Let
it be,
this day,
that you bring
The Kingdom of God
to Earth, in such a way, through
your thoughts, words, and deeds,
that others will see, and know.
Let this day be a celebration
that The Kingdom of God
lives upon the Earth!

May 16, 2010

I
pour-out,
My eternal,
living Spirit,
upon you; open, and receive;
and you will know The Way.
And The Holy Spirit says:
I AM with you.
But when
you open,
and receive,
when you acknowledge,
and welcome, My presence, within
you, I will lead you; and your path will be sure,
it will be clear; and you will see, and know, The Way.

May 15, 2010

Opportunities come,
in the form of challenges,
and obstacles. Be still, and
I will show you the way; and
you will shine, in My light.
And The Holy Spirit says:
Every challenge and obstacle
presents the opportunity,
respond in the light
of God, and you
will "know,"
The Way.

May 14, 2010

The
minutes
and the hours of the day
are pieces of eternity.
And The Holy Spirit says:
Today,
make it
your intention,
to make peace, with
each piece, of eternity.

May 13, 2010

I
create
and it is good.
Create, as I create!
And The Holy Spirit says:
This day, reject the temptations of:
anger, frustration, worry, or concern.
This day, create joy, and you will be at peace.

May 12, 2010

Awaken!
Rise up!
I will show you the way.
And The Holy Spirit says:
Reject the temptation
to be drawn
into chaos;
be at peace,
and you will
deliver the light;
as the beacon from a light-
house, you will show The Way.

May 11, 2010

Come.
Sit with Me.
There is no struggle,
when you are fully in My light.
And The Holy Spirit says:
This sign, I give unto you: Look and
see the One, who is at peace,
calm, and undisturbed,
facing challenge,
or sunshine.
Obstacles
come
and go,
but when
you are in the flow
of God's love, and your light
is bright, at the core of your being,
you see, and know, and walk, in peace.

May 10, 2010

You are
blessed with gifts
to assist you on your journey,
walking the Earth. Use your gifts well.
And The Holy Spirit says:
For every challenge you encounter, you have one,
two, or many more, gifts to assist you. Know
this: you are prepared for all things
which come your way;
you carry
the gifts;
you hold
the tools
necessary
to assist you.
Today, celebrate
your gifts, and use them well.

May 9, 2010

Enter My chamber; and be still.
And The Holy Spirit says:
Sit quietly; and then still your inner being. And
in this precious time, you will connect, with God.
But first, you must be still. And once you are still,
you will be taught, by God. There is a difference
between: training and teaching; direction and
guidance. God will teach you. And
The Holy Spirit will guide
you. Be at
peace.

May 8, 2010

I
wait
for you
to return home.
Do not judge yourself
unworthy, of the heritage that is yours.
It can be yours, now. I AM with you, now.
Now is the time to live in My Kingdom.
And The Holy Spirit says:
Let it be your intention,
today, to not pray
with words.
Do not
speak,
or describe
your situation; say
only, "God, show me
The Way," and be still; and,
you will "know." You will "feel"
the answer, growing, from within you!
This day, be still, so you might know The Way.

May 7, 2010

Let
this day
begin, with joy
and happiness, so that
in peace, it might end.
And The Holy Spirit says:
This morning,
let it be
your
intention
to cultivate joy
and happiness, seeking it
all the day long, so that when it is time
for the sun to set, and the night to begin,
that you will end it, in great peace. Amen.

May 6, 2010

Fulfill
your dream
within this day.
And The Holy Spirit says:
Bring your vision, of
the perfect day,
to life, in all
that you
think,
and
do,
and
say!
Bring
your vision
to life, this day.

May 5, 2010

When
you are
ready to know
the truth, there is
a place to go, it is within.
And The Holy Spirit says:
Many of the problems of the world would be solved,
if those in confusion and frustration, bearing hurt,
or feeling anxiety, would be still,
and quiet, and sit,
with God.
For, it is
in the lap of God,
that you come to know,
and see, the truth. And,
God will lift-you-up and say,
"It is time to know! And, to be!"

May 4, 2010

Seek
first, My love; and
you will find, all things.
And The Holy Spirit says:
Do not dwell on the problems,
the trials and the tribulations
you face; instead, walk into
the house of the glory
of God,
and sit.
And there,
you will be joined by God.
And God will show you the plan; and,
all will be good, and right. And you will find
peace, balance, and harmony, in the house of God.

May 3, 2010

Forgiveness is the key,
which opens the door to healing.
And The Holy Spirit says:
The only way to free yourself, to heal the wounds,
to live, and walk, and love, in the light of God,
is to pick-up the key of forgiveness,
and use it to unlock your heart.
This is The Way to healing.
The key is forgiveness.
The time to do it, to
unlock the door,
to free your
heart, is
now.

May 2, 2010

Every
answer
you seek,
you carry within.

Do not be caught-up in the
turmoil, and confusion, and chaos, created
in the world; whatever you seek, seek it quietly.
Be still, and you will hear, and know the answer;
for I will teach you, all you need to know.

Come, and sit quietly, with Me.

And The Holy Spirit says:

There comes a time
to set aside
the books,
the teachings,
the rules, and regulations,
to sit, and be taught, by God. For
often the answers you seek, are unique to you,
they will not be found, in the teachings of others, but you will
come to know them, as God teaches you, from within, your personal
God, your personal guide, your personal freedom, to be all you are to be.

May 1, 2010

Peace
provides an atmosphere
wherein miracles unfold.

And The

Holy

Spirit says:

If you wish
to harvest a bountiful crop,
you must plant your seed in a garden
which is well prepared, and well tended.

April 30, 2010

Today, create
the vision of Earth
which is on your heart,
and bring it to life!
And The Holy Spirit says:
As you envision it,
as you dream it,
so let it be
created by
you, today,
in the light,
and for the glory, of God.

April 29, 2010

Enjoy that which
you do this day, and
the Earth will know joy
in what you do, and say.
And The Holy Spirit says:
Where do you find joy?
It springs forth from
an 'open heart,' a
heart enriched
with the soil
of love.
Joy
springs forth
from the seed,
within, your heart.
Open your heart and enjoy.

April 28, 2010

Inner
peace
begins
with an
open heart.

And The Holy Spirit says:

Begin today with the intention of opening your heart
in such a way as to release past injuries which you hold there,
forgive them. Release all anger and frustration. Release all the things
held within your heart that are not positive and filled with light.
As you begin this process, you feel peace. As you continue
this process, you feel peace growing. This process
will also bring you
physical health
and wellbeing.

Today, open
your heart,
and begin
living, in
love.

April 27, 2010

My
power
is yours
so that you might create
wonder, upon the Earth.
Choose
to use
that which

I give freely to you.

And The Holy Spirit says:

A state of miracles is created when you know
the power of God is available to you. Open, and know this.

April 26, 2010

Today,
ride the wind,
welling-up from within you,
and it will carry you
into the world
unafraid,
confident.

And The Holy Spirit says:
When you are in the arms
of The Holy Spirit, you move
in confidence, knowing you are led
by the hand of God; and, all is good.

April 25, 2010

Your body
is a garment of dust,
which will fall from you;
it is not you; you, My child, are
spirit; you are an eternal spirit.
And The Holy Spirit says:
No matter what your body must bear
your spirit holds the wisdom
to guide you through it.

The body is
passing,
it will fall
from you;
but right now,
you are eternal,
within your body is
the spirit that you are.
Know this! For it is true!

April 24, 2010

Dwelling
in the past,
or worrying
about the future,
robs you of the present.
And The Holy Spirit says:
Use the lessons of the past,
today.
Create today
in such a way
that tomorrow
is a golden promise.

April 23, 2010

Today,
make it your intention
to find that which is good.
And The Holy Spirit
s a y s:
When
you seek
to find fault,
you will find fault;
when you seek to find good,
you will find good; today, seek
and find, that which is good!

April 22, 2010

The ways
of the world
can be complicated
and difficult to bear,
but My ways are simple;
and, in them, you will gain
the wisdom to bear all things.
And The Holy Spirit says:
When God is your compass, you will not
lose your way; for, you will walk in the light,
and the glory, of God, and wisdom will be yours

April 21, 2010

When
you have
the opportunity
to show kindness,
do so without restraint.
And The Holy Spirit says:
Your words, and deeds, of
kindness, will be repaid,
many times over; and,
you will live, in
peace.

April 20, 2010

A smile
and a kind word
is balm for the wounded
and will heal a broken heart.
And The Holy Spirit says:
Go forth, this day, and heal, with kindness!

April 19, 2010

Be
at peace,
as you walk through this day,
so you might see, with clarity.
And The
Holy
Spirit
says:
Chaos,
and confusion,
will cloud your vision.
Maintain a peaceful presence
and, you will see, with clarity.

April 18, 2010

If
you
hear
My word,
and know it,
you will find love.
If you hear My word,
and act upon it,
you will find
life.

And The Holy Spirit says:
There is great difference in
knowing, what you should do,
and in actually doing it. When you hear
the word of God, and you know it, there is love.
You feel it. But when you hear the word of God,
and act upon it, there is strength, and power,
and eternal life. For, in action, you grow
stronger. Take what you have been
given; and act upon it, today!

April 17, 2010

The
stirring
within you
has brought forth the flame,
from the embers; behold, the miracle of you.
And The Holy Spirit says:
You have come from the Harbor of Heaven,
as a great sailing vessel, setting your course
upon the sea, of Earth. At some point
during your journey, you remember,
and you turn, and set your sail
to return Home, where
the welcome will be
joyous, the fruits
plentiful, and
your days
unending.
But while you are
upon the sea, it is God's intention for you
to be happy. Enjoy the journey; so when it is time,
you will be ready to alter your course, and head Home.

April 16, 2010

When you
set your sails,
and catch the wind,
you'll be taken to places, you've never been.
And The Holy Spirit says:
What you have experienced does not represent
even one eighth, of what is available to you.
Life upon the Earth is to be extraordinary,
a wonderful journey, a magnificent mission.
And it is yours. The 'opportunity' is yours. Set
your sail, and
catch The
Wind.

April 15, 2010

Be ye
peaceful.
From the center
of your being, be ye peaceful.
And The Holy Spirit says:
Do not concern yourself about
what your brother is doing,
or why your sister is doing
this or that or the other.
Focus on that which
you are doing,
and do it
in such
a way,
that you know
why you are doing it. Focus
on what you are doing, and do it for
the glory of God, and you will surely be at peace.

April 14, 2010

What
you perceive
as a situation too great to bear,
will be easier, if we share it. Today, bring Me
that which you face. Set it before Me, and sit
with Me. I will give you the grace to bear it.
And The Holy Spirit says:
During times of challenge and trial, be still.
Present the situation to God, and sit.
And God will send you:
the wisdom to know,
the grace to bear it,
the love and strength
to endure; and, when it is done
you will rise-up better, for that which
you faced, while you sat in the lap of God.

April 13, 2010

Create
a day, which we can
celebrate, as the sun
sets. And
The
Holy
Spirit
s a y s:
Be still;
before you
begin the day,
make a dedication,
and then walk along The Way.
Every choice you make, from sunrise to sunset,
creates the day. This day, with full intention,
create a day worthy of presentation to God.

April 12, 2010

If,
this day,
trials, or tribulations,
or challenges, have put you in a place,
where you believe that God is harming you,
hurting you, mocking you, or punishing you, be still,
until you feel the presence of God around you.
And The Holy Spirit says:
You are always connected to the world of Spirit!
When you are tempted to believe that God is:
a vengeful God, an angry God,
a mocking God, you
are being tempted!
Know this, for God
is love. God will not
try the patience of those willing to hear.
God's word will fall sweetly upon the ear.
This day, be still, and know, God is love.

April 11, 2010

Accept
everything which comes to you,
as a lesson worth learning, then
walk
on.
And
The
Holy Spirit
says: Sometimes
you will be tempted to moan,
or cry, or lament, about the things
that have come to you; and, in doing this,
you remain in them; they stay with you, and
you stay with them, crying about it, talking about it,
lamenting it. It will all change the very second you accept
everything which comes to you as a lesson worth learning.

April 10, 2010

Spend this day looking,
with the intention, of seeing,
through My eyes. This day, look,
and see, with the wisdom of revelation.
And The Holy Spirit says:
Spend today, looking, with the intention to see
the eternal truth; this will bring you insight:
when you look at someone crying, see their
heart; when you look at someone angry,
see their heart; when you look at
someone joyful, praise God,
for their heart. Today
look and see, and
you will know
the truth.

April 9, 2010

Know
that this day
is a piece of eternity
which you hold, within your hands.
It is the piece of eternity that is yours to create, now.
Eternity is not complete, until you create today.
And The Holy Spirit says:
It is time for you to awaken
to the honor, privilege,
and obligation
of continuing
the creation which
began, in the thought of God.
Go forward today to create. It is yours
to do, and God blesses you, for the doing of it.

April 8, 2010

Be still.
Do not go forward
until you are filled with peace.
Be quiet, so you will know.
I created you
to be
at peace.
Therefore,
be still and know I AM.
And The Holy Spirit says:
What is stitched together
in chaos and confusion
will come unraveled.
The slightest tug
will test the
thread.

What is created within peace, and light, and love,
will be the eternal garment; it will not be torn asunder
by the trials and the temptations; it will become stronger
in the tempting. And, the threads will not be broken.
Stitch your garment in peace, and light, and love.

April 7, 2010

If you wish to do My will
today, act in perfect love.
And The Holy Spirit says:
The world is filled with
re-action(ary) energy,
and the chain grows,
and gets heavy,
and drags
Earth
into chaos
and confusion.
To break the chain,
you must live within the light
of God: think, speak, and do, acts
worthy of God. You must disconnect
from the chain and act in the light of God.

April 6, 2010

Stand
within
My light,
and be My love.
When you face mockery, hatred, judgment,
anger, or find chaos and confusion, remain
in the light, and be My love.
And The Holy Spirit says:
Do not react
to the voices
of mockery,
judgment,
anger and hatred,
chaos, and confusion.
Be still. And, act from within
the light, and with the love, of God.
Act within the light and with the love of God.

April 5, 2010

To
realize
your full potential,
be at peace; wisdom is not borne
in chaos, and confusion; wisdom
dwells in, a place of,
peace.
And
The
Holy
Spirit
s a y s:
This day,
let it be your intention:
to be at peace, to walk in peace,
to breathe, slowly, thoroughly, completely.
To fill your body with all you need to sustain life
upon the Earth, you must take in the fruits of Earth;
but to sustain the eternal you, the authentic you,
be at peace, and the gifts from the Creator
will flow freely to you. Walk upon
the Earth, this day, in peace.

April 4, 2010

There is resurrection, light, glory.
I give you the promise of: eternal
light, eternal life, eternal glory.
And The Holy Spirit says:
Come, rise-up into the light.
The promise of
eternal life
is yours.
It is held
within the new day.
It is held within the Son
rise. It is accomplished.

April 3, 2010

Patience
and understanding
are "signs," of wisdom.
And, The Holy Spirit says:
Any situation which comes to you, any
storm which threatens the horizon,
is calmed in the arms of patience
and understanding;
it is wisdom
working
in the world; for,
to react to a situation
will often continue the storm; but
to sit within the energies of patience and understanding
brings peace! Practice patience and understanding: they are
the outward signs of inner peace; they are wisdom working in the world.

April 2, 2010

Do
not be
tempted
to stray from the path seeking earthly victory.
Keep your eyes on the light. Follow The Way,
so that you might enjoy
eternal
glory.
And
The
Holy
Spirit
s a y s:
Seek first
to do the will of God;
seek first to walk The Way; for,
the victories and triumphs of Earth will fade away,
crumble in dust, be distant murmurings of what was; but
the light and the glory of God is with you, and in you, forever.
The song will not fade away, it is carried by the angels, sung
through the hallways of eternity, and it will not leave you.

April 1, 2010

Today,
when you eat,
let it be a celebration of life. Today,
when you drink, let it be a celebration
of the sustaining life within My light,
and love, for you.
And The
Holy
Spirit
s a y s:
Do not eat
without thinking of the gift
of life you have been given, and use it
well. Do not drink without thinking of
the sustaining life received from the power,
and the light, and the glory, and the love of God.
Eat, and drink, and remember life, sustaining life.

March 31, 2010

When
you are led
by My words,
act confidently,
as it is the will
of God.

And
The
Holy
Spirit says:

When you see
the signs, when you receive
the direction, do not tarry in the doorway
of doubt and fear, concern and anxiety. Rise-up,
as the hand has touched you to fulfill the will of God.

March 30, 2010

You
cannot
force another:
to see, to hear, or to know;
but in the light of example
others will
grow.

And
The
Holy
Spirit
says:

Deliver
your message
by living the thoughts,
words, and deeds. Do not say, do.

March 29, 2010

See the flowers of spring emerging,
and know, it is time for you, too,
to grow in the light of the sun.
And The Holy Spirit says:
There is a sign, and it is
before you, now.
As spring
emerges
from
the winter,
from the stillness,
hear the song of the bird,
feel the breeze, and its tenderness, and
open yourself to the warmth of the sun; it is time to grow.

March 28, 2010

Find joy
and peace
in the small things, the daily events
which fit together in such a way
as to comprise the story of your life,
the miracle
of you.
And
The
Holy
Spirit
s a y s:
Seek joy
and peace, in
the simple life. It is
the gift. It is the seed, of miracles.
Be content, and live. Be joyful. Be peaceful. Be.

March 27, 2010

If
you are
to know The Way:
be still, so you might see the signs;
be quiet, so you might hear My words;
be open, so you might feel My love.
And The Holy Spirit says:
Let this day be
a celebration.
Let this day
be spent in
stillness,
and in the stillness,
you will feel the presence of God.
Let this day be spent in quiet; and,
in the quiet, you will hear, the word of God.
Let this day be spent open to the miracles; and,
they will surely be yours. Be still. Be quiet.
Be open; for, God is with you, today.

March 26, 2010

Your
path is one of glory:
when you embrace the opportunities;
when you walk in it; when your heart is filled with joy.
This day, embrace The Way, and all it brings
to you. Rejoice, in this day!
And The Holy Spirit says:
The new day
is upon you,
awaken to all
the possibilities.
See, in the light of God,
and you will "know;" the path is
set, before you! So, in joy, let us go, together!

March 25, 2010

When
at last, you see
and understand
the role of energy
flowing positively,
or negatively, upon
the Earth, you come
to know, and walk
with confidence.
And The Holy Spirit
says: When the
day comes
when you are no longer the victim of reaction,
but master your own actions, you live in peace,
and know
the ways of God.
Today, reject reaction,
and act, within, the love of God.

March 24, 2010

A
peaceful
presence, holds, within
it, the power, of love.
And
The
Holy
Spirit
s a y s:
Meet all
you encounter, today,
with a peaceful presence;
and, all you accomplish will
hold, within it, the power of love.

March 23, 2010

Let your actions be conceived within My love.

Let your actions spring forth from My love.

Let your actions deliver to Earth My love.

And The Holy Spirit says:

When you are re-acting, you are
continuing the action,
and energy,
created
by another.

Set all reactions aside.

Reject reacting at all.

Instead, create your own
action, within God's love. Create
from the wellspring of God's love.

March 22, 2010

Whatever
you do today,
do it in joy and celebration;
for everything you do is sacred and precious; you are
My hands and My feet; you are My eyes and My ears;
and when you speak, you speak My words. This is how
it is meant to be, everything you do,
can be done for Me.

I give you life.

I give you
eternal
life.

And
The
Holy

Spirit says:

God has given you life;
therefore, you live. God has given you gifts
to use, as you live. Use the gifts you have been given,
for the glory of God, and in so doing, God lives through you.

March 21, 2010

You
cannot love another while you are
judging another; choose love.

And The
Holy
Spirit says:
The world
needs love,
copious amounts,
of love; deliver love today.

March 20, 2010

I know what is on your heart.
And The Holy Spirit says:
You can hide your thoughts, and
disguise your words, from those
of the world; but God knows
what is in your
heart, and
loves
you.

March 19, 2010

You
will hear Me,
when you are quiet.
In the stillness, My words
will reach you, move into your
heart, and compel you to rise-up.
In the stillness, you will hear Me.
And The Holy Spirit says:
When you are seeking direction,
looking for guidance,
be quiet, be still.
There is no need
to repeat a litany
of all that you need,
for in the quiet, and in the stillness,
exactly what you need will be delivered to you.

March 18, 2010

When
you see
the temptations,
and know them for what they are,
you will hear the songs of angels,
you will
know that
they are near.
And The Holy Spirit says:
When you reach the place,
where you can see the temptations
and know them for what they truly are, so
that you might cast them from you, before they
lead you astray, or too far from The Way, you will be
walking in the company of angels, speaking with them, and
hearing with understanding, the guidance and direction they deliver.

March 17, 2010

I
seek
you out, so
you might know Me.
You are My child. And,
I have great love for you.
Seek Me, and you will
find Me, waiting
for you.
And The
Holy Spirit says:
Wait no longer; set all concerns aside,
which might keep you from God.
Hasten, and make your way
to the garden, this very day.
Be still. And sit. And speak. And listen.
And hear, so you might know, with your own ear,
the will of God, for you this day. Be still; and know, I AM.

March 16, 2010

To be
at peace
you must go
to the core of your being;
there, you will experience
a peaceful
presence,
within you.

And The Holy Spirit says:
You will not find a peace,
which will fill you, and fulfill you,
in the external world. That true peace is within you,
at the core of your being; and, it is there you must go
to rekindle the spark; it is there you must go
to fan the flame;
it is there you must go
to begin, again, to know
the power of peace, within.

March 15, 2010

Celebrate the good news of freedom,
within My light, within My love.
And The Holy Spirit says:
When you are in love: your step
has a little spring; your heart
has a little song; your face
has a little smile, for every-
one, who comes along.
Stand in the light, and
the love of God, and
feel: the spring
in your step;
the song
in your
heart;
the smile
on your face;
they are outward signs, of
the inner love, between you, and God.

March 14, 2010

I
send you
My word.
It is spread over the Earth,
as seed from the hand of the sower.
It is carried on the wind, and delivered
by The Holy Spirit, to each one.
And The Holy Spirit says:
Embrace,
tend, and
nurture,
the seed
within your garden.
Blessed are those who hear
the word of God, and act upon it.

March 13, 2010

When
you are in
the state of peace,
living in My light, My power
flows through you completely.
And The Holy Spirit says:
Once you have completed the task of cleaning
the cobwebs, and removing the shadows, from
your inner home, you will live in peace.
And, once you have cleansed yourself,
and you are in peace, you will
feel the power
of God,
moving
through you
in a new way,
and you will be,
completely, in the light of God; and,
the power of a peaceful presence will be yours.

March 12, 2010

I
touch
your heart,
so you might love.
I touch your body, so you might rise-up in My strength.
I touch your lips with the words to say, which will lead you
into a peaceful day.
And The Holy Spirit says:
When you "know,"
when you feel
the presence
of God, about
you, it is time:
to use the strength
you have been given to rise-up;
to allow your heart to open, so you might know love for others;
to open your mouth and speak, as God would have you speak.
For those who know, and feel the strength, and
the presence of God, it is time to rise-up.

March 11, 2010

It is
within
your arms
that I hold the children of Earth,
and they know Me, through
the good
in you.
And
The
Holy
Spirit says:
Open to the love
of God, flowing to you.
Embrace it, and it will fill you.
Let it flow from you to the children walking Earth,
and they will feel the presence of God, with you, in you,
and through you. When you hold another in need of love,
and support, and understanding, you are the arms of God,
upon the Earth! Reach-out, and touch, and heal, and love!

March 10, 2010

You
are alive, you live.
You live and experience
all you come in contact with.
You sustain eternal life within you.
And The Holy Spirit says:
You are alive, you live. See the oceans of the world,
they reach onto the shores, they experience,
and they protect that which lives within.
See the streams and the rivers,
the pools and the ponds,
of the world.
They live.
They reach
onto the banks,
experience, and
sustain life, within.
See yourself as an ocean,
a stream, a river, a pond, a pool,
reaching onto the shores, and the banks, of life.
See yourself sustaining that which lives within you. You live.
You are alive. Sustain that which lives "eternally," within you!

March 9, 2010

I
wish
for you
to know
a peaceful
present and
a joyful song.
And The Holy Spirit says:
When you are in a state of peace,
peace at the core of your being,
you feel the tone and vibration
of angels, and you know
their song. It is one
of joy,
love, and
a peaceful present.

March 8, 2010

You
will not
know peace, until peace
is restored, from within.
And The
Holy
Spirit
says:
This day
be still. Open,
for this day, I give unto you
My peace, and from My peace
shall spring forth your peace, and
from your peace, shall spring forth
a new peace to settle upon the Earth.

March 7, 2010

In
order
to know
what you are doing,
you must be still,
and quiet, from
within.
And
The
Holy
Spirit says:
To really know
what you are doing,
with the intention of doing it
for the glory of God, requires
a stillness, a quiet, at the core of your being.

March 6, 2010

Be
a joyful song
of My presence
upon the Earth, through you;
and in this way, you say to Me,
"I love You, and all You do."
And The Holy Spirit says:
Let the song of joy
spring forth
from you,
so all might know
the goodness of God;
let them see it in your face;
let them hear it in your song;
let them know it by all that you do;
the joy of God lives on Earth through you.

March 5, 2010

I give you the canvas of a new day
so you might create a piece of eternity.
And The Holy Spirit says:
Creation began in the thoughts of God; and,
continues in you. The eternal stream flows
to you, and through you. Move the dams,
and the impediments; and, let it flow,
freely. It will renew you, this day.
It will deliver fresh water
to the parched
Earth.
Today is
your day
to create a
piece of eternity.

March 4, 2010

Be still,
so you might
hear My words.
Be open, so you might know My words.
Be confident, and speak My words.
And The Holy Spirit says:
There is no day
which goes by
without God
speaking
to you!
Today:
listen
to what God
is saying to you;
be still, and hear the words;
be open to what God is telling you,
so you might come to know the words;
and then, with confidence, speak the words God has
put upon your heart to say. If you will do this, you will be
the living word of God; God's words upon the Earth, through you.
It is amazing, but true. Today, and every day, God is speaking to you.

March 3, 2010

Miracles
equal your belief
in them. Believe.
And The Holy Spirit says:
Wake-up and see
the beauty,
and the
power,
of God.
The miracle
is already yours,
all you have to do
is open the box,
accept the gift,
and believe.
The miracle
is already
yours.

March 2, 2010

Misery is not
a good companion; and,
the song of lamentation
will not lift your spirit.
And The Holy Spirit says:
Break your period
of misery, cease
lamenting, and
open to the
light of
God.

Take yourself to a quiet place
and be still. Sit with God. God knows
what is happening. And God will fill you
with all you need. Be still and know I AM.

March 1, 2010

When you feel alone,
depressed, rejected, be still,
and whisper My name. And,
I will pour upon you My love.
Open to My love, and
it will fill
you.
And
The
Holy
Spirit says:

Once you are filled
with the love of God, rise-up.
Walk amongst your brothers and sisters.
Find one who is feeling alone, depressed, rejected,
and share the love of God with that one. It is a circle of love; and,
it can begin with you in what you consider to be your darkest moment.

February 28, 2010

I
give
you, My
power, use it:
to create great good upon the Earth;
to bring great light upon the Earth;
to deliver great peace
upon the Earth.
And The Holy
Spirit says:
Yours is the
unending gift of
magnificent energy.
Tap into it. It is yours.
It is from God. And, by using it,
you will create wonder upon the Earth.

February 27, 2010

Pay
attention
to what you are doing.
And The Holy Spirit says:
Do not surrender
your precious gifts
to the energy of anger.
For, it will surely
not serve you
well.

February 26, 2010

If
you
wish
to banish anger,
first, you must extinguish
the fires of fury, you carry
within.
And
The
Holy
Spirit says:
The only way
to extinguish the fires of fury
you carry within is to abide in
the river of God's love, flowing freely,
available to you. All you have to do is step in.

February 25, 2010

Do not
be distracted
by the things that
you perceive as failures:
they are tools of learning; they are your badge of courage;
they will lead you, and help you, to complete your mission,
when used
appropriately.
And The Holy Spirit says:
From every pile of ashes
there rises a Phoenix ready to take flight,
to fly into the new day, with the sunlight all around.
Do not be dismayed by challenges and obstacles, the things
that can trip-you-up. Do not be dismayed in the falling down;
but celebrate in the getting-up. This day, be thankful, for all
that you have experienced as you walked upon the Earth.
And then, open your eyes, and see the miracle.
It is you.
It is in you.
It is yours to do.
The glory of God is within you.
Today, use it to bring forth miracles.

February 24, 2010

A
smile
on your face
is a sign of the Grace
of God
with
you.
And
The
Holy
Spirit
says: When
it is your time
to endure challenges,
and obstacles, do so with a smile,
knowing the love of God enfolds you, and holds you.

February 23, 2010

I
send
signs,
so you might know,
and see
when
it is
time.
And The Holy Spirit says:
The vigilant will not miss the signs.
They will know the song, and remember the dance.

February 22, 2010

There
are times for stillness;
and, there are times for action;
you can be in a state of peace, while doing both.
And The Holy Spirit says:
Balance will be your gift: if you will be still, and ask for guidance;
then, receiving it, rise-up, and act accordingly; return to stillness,
and wait, for further direction. This is a process, and a practice,
which will keep you calm and tranquil. It is a way to maintain
the state of peace. And, when you are at peace,
you are in balance, and in harmony,
with all around you.
Be at peace.

February 21, 2010

What is
to be accomplished,
is to be accomplished
in peace.
And
The
Holy
Spirit
s a y s:
Move not
to the beat of the world,
move in rhythm with eternity. It is time;
feel the rhythm; it is held within your breathing; and
know, you are intended to be in the world, but not of the world.

February 20, 2010

Do
not cling
to the temporary,
embrace eternity, it is yours.
And The Holy Spirit says:
While your hands are gripping, clinging,
to the things of the world, they are filled
and unable to take the hand of Spirit
and walk into a new time.
The things you carry,
the things you
consider
important,
can often possess you,
making it difficult to carry them.
But when your heart and your hands
are filled with light and love and peace
there is no burden, nothing holds you
down, or in place. You are free to fly.

February 19, 2010

First,
prepare
yourself,
so you might be the vessel,
holding My light, for the world to see.
And The Holy Spirit says:
Resist the temptation to judge others. First,
clean yourself, so that you are prepared
to carry the light of God, in its fullest
measure. And, by carrying
the light of God
in such a way,
your light will be a beacon
to those seeking to be healed,
and cleansed, in the glory of God.

February 18, 2010

Come,
sit with Me,
so you might be
all you are intended to be.
Bring forth the light you carry within;
as the day is new, it is time to begin.
And The Holy Spirit says:
As you are created by God,
you hold, at the core
of your being,
the light
of God!
It is your
true identity.
Be still, and begin:
to go within; to ignite the fire,
to fan the flame; to bring forth the light.

February 17, 2010

Let
those
of Earth
be still, in honor of
the enlightened ones,
rising-up,
amongst
you.
And
The
Holy
Spirit says:
Be quiet; be still;
be watchful, and you will see
The Kingdom of God, walking, with you.

February 16, 2010

You
are filled with life,
eternal life, as you live it.
And The Holy Spirit says:
Do not be tempted to look ahead to what might be,
thinking or praying for something yet to come.
Do not be tempted to look backward, thinking
or praying about that which has been;
for, in this way you lose the present.
Make your presence known
in the present, and you will
be living, eternally, now.

February 15, 2010

Behold the day
as it comes to you
filled with wonder
in every way.
And The
Holy
Spirit says:
This day rise-up.
Greet the New Day.
It is filled with wonder.
Welcome this day in great joy.

February 14, 2010

No matter where you find yourself today,
I AM with you, providing The Way, so you might
be, completely, in My light, and feel My love.
And The Holy Spirit says:
Be still, and listen. For, there is nothing you need
that will be kept from you. You shall have all
that you need. Ask, and it shall be given,
unto you. Seek, and you shall surely
find. Knock, upon the door,
and it shall be opened
unto you. And,
you will see,
and know,
The Way.

February 13, 2010

The wise
hold their tongue
until it is touched,
by God with wisdom.
And The Holy Spirit says:
When others
come
to you,
seeking
guidance,
and counsel,
resist the temptation
to impart to them your earthly
knowledge; instead, sit with them in prayer,
so that The Holy Spirit might deliver the wisdom of God.

February 12, 2010

When
you realize,
truly realize, that you are My child,
joy will fill you, in the knowing of it.
And The Holy Spirit says:
You can see.
It is clear.
It is written
upon the faces,
and heard in the words,
and seen in the deeds, of those who know;
for those who know they are children of God,
the Creator of all things, hold joy! Be watchful, and
you will see them; be accepting, and you will be one of them.
Open, because it is true: God is your parent; you are a child of God.

February 11, 2010

Even the smallest portion
of kindness, compassion,
and understanding,
will open the door
to wisdom.
And The
Holy
Spirit says:
Whenever
you are given
the opportunity
of choosing, reject judgment,
and choose kindness, understanding,
and compassion. These choices lead to wisdom.

February 10, 2010

When
you are
tempted to be angry
because of the trials and tribulations
of the world: be still, be quiet, and speak to Me.
And The Holy Spirit says:
When you feel that all is lost
in the turmoil of Earth:
be still, speak to
God, and
do it slowly
and with purpose,
asking for guidance; and,
The Light will settle with you,
and you will come to know truth, as
it will be told to you, God will show you;
and peace will begin to grow, within you; and
you will see: you are not lost, in the lap of God.

February 9, 2010

Be
the living sanctuary
where the wounded of Earth
might go to find
healing
peace.
And
The
Holy
Spirit says:
The will of God
is that the children
"of Earth" be healed;
this will be done in peace.

February 8, 2010

Today
be vigilant.
Today be ready
to accept the gift
as it is given
unto you.
And The
Holy
Spirit
says:
Today
be watchful,
so that you might see
the gifts, as they are delivered unto you:
accepting them, with gratitude; accepting them,
with a joyful heart; accepting them, in all you do.

February 7, 2010

Anger
is not My will.
It is not created in the light of My love.
Anger is spawned in darkness,
craving the power,
of light.
Reject
anger.
And The
Holy Spirit says:
The power and light
of God's love will eradicate anger.

February 6, 2010

I
wish
for you
to return to the garden.
And The
Holy
Spirit
says:
Be still,
and sit with Me,
and I will show you, how it is to be,
in peace. Be quiet, so you might hear Me, today!

February 5, 2010

When
you look
to find fault,
you will surely find it.
When you look to find light,
you will surely find it.
Seek the light, and
you will live, in
wisdom.
And
The
Holy
Spirit says:
Seek the light:
many can see fault,
find fault; few can see the light,
find the light, in chaos, and confusion. If you will
seek the light you will be filled, with the wisdom of God.

February 4, 2010

I
speak
these words, so
you might know, My will:
Stop using the gift of power
to propagate judgment,
anger, and fear.
And The
Holy
Spirit
says:
When
your tongue
is the servant
of judgment, anger,
or fear, you are not free
to sing the song of God's love.

February 3, 2010

My Kingdom comes
in a whisper within you.
And The Holy Spirit says:
Behold! The time is upon you.
When you hear the whisper,
open the door, and see,
The Kingdom
of God.

February 2, 2010

Be still, and listen,
and I will read the words
written on your heart.
And The Holy Spirit says:
Be still. Listen,
and hear
the words; for,
God will speak to you,
and tell you all you need to know.

February 1, 2010

Come
to Me; and, I will
give you all you need
to accomplish your mission
upon the Earth. Come.
And The Holy Spirit says:
If you are tired,
and weary,
be still.
In God:
you will find joy;
your heart will be at peace;
your weariness will disappear.
In God you will find love, and balance.
In God you will see, and know The Way.
Be still! And you will know peace, in
the lap of God. Come, and be still.

January 31, 2010

Kindness
gives birth
to the miracle of love.
And The Holy Spirit says:
A sprinkling of kindness
accomplishes
more
than
the thunder
of displeasure.

January 30, 2010

Reject the temptation
to point-out another's faults.
Accept the opportunity to point-out
the beauty, of God, within another.
And The Holy Spirit says:
Use this day to see God within you;
celebrate the joy this brings.
And then, look around you,
and see the beauty, of God
in others; and celebrate
that they, too, as well
as you, are touched
by the hand
of God.

January 29, 2010

Open your hands, and receive My love,
open your heart, and know My love,
open your eyes, and see My love,
all around you; then, open
your lips, and sing,
of My love
today.

And The Holy Spirit says:

Do not dwell in the house of worry or concern.

Do not look about you and see: trials,
and tribulations,
and challenges.

Go unto God;

and, sing the praise,

of The Creator of All That Is.

This day sing, celebrate and be glad, that you are.

January 28, 2010

Today,

I wish for you to know,
really know, at the core of your being,
that you will never find wisdom growing
in the garden of judgment and anger,
for therein it will not abide.

But you will find

wisdom,

growing

and thriving,

in the garden

of understanding, and

mercy, and forgiveness; and

therein, your harvest will be

rich, and abundant, and full.

And The Holy Spirit says:

If you want to be understood, be understanding;

if you want to know the quality of mercy, be merciful;

if you wish to know forgiveness, be forgiving; for, these things
will fill you with lightness, and you will know, therein, wisdom.

January 26, 2010

Go,
where you
are led, to say,
what you are led to say.
And The Holy Spirit says:
Do not ignore the signs.
This day,
when someone
comes to mind,
out-of-the-blue,
pick-up the phone,
or take yourself to, see and know; for,
when you are led, the sign, comes from within; and,
when the thought of another comes, out-of-the-blue,
that is, most often, God's Way, of leading you. Pick-up
the phone, write a letter, or make a visit, and follow through.
Once the connection is made: you will know what to do; you will know
the words to say, for, they are written on your heart, by the hand of God.
Today, make a start! See the signs! Rise-up! And do the will of God!

January 25, 2010

Live
in the
present
for all time.
And The Holy Spirit says:
Live, today,
in the
present,
knowing,
your every
thought, word,
and deed, is for
all time present.

January 24, 2010

Live
in love
and you will know Me.
And The Holy Spirit says:
If you
will
let
your
heart
lead you,
you will experience
living on Earth, knowing God.

January 23, 2010

Once
you decide
the day is good,
it shall be good.
And The Holy Spirit says:
Do not waste your time
and your energy, with negative thoughts.
Chase them from you: and see the light;
and see the blessings, of the light;
and see the light,
and blessings,
are for you.
Declare the day
is good; and, it shall be good!

January 22, 2010

Although
temptations
come to
you,
My
grace
and light
are with you too.
And The Holy Spirit says:
Today, with every challenge you face,
turn to the light and feel the grace of God.

January 21, 2010

Much
can be accomplished in peace,
which cannot be accomplished
in chaos, and confusion.

And The
Holy
Spirit
s a y s:

Do not
be drawn
into chaos,
and confusion.

Let your words be held
in silence, until the peace of God
fills you, with the light of wisdom.

January 20, 2010

Use
the gift of power
to create peace.

And
The
Holy
Spirit says:

Do not abuse
the gift of power.

January 19, 2010

Open
your eyes,
look around you, and see.
And The Holy Spirit says:
Open the eyes of your soul,
and see.

Do not
be limited
by appearance.
See with the eyes of God.

January 18, 2010

Use
the gifts
you are given, as
they are yours to use.
And The Holy Spirit says:
When you use
your gifts
in the
light
of, and
for the glory of,
God, you will "know"
true happiness, and peace.

January 17, 2010

At
the core
of your being,
I have sown a seed.
And, within the seed,
is held all you will need
to accomplish your mission
as you walk upon the Earth.
And The Holy Spirit says:
A seed of God is within you,
at the core of your being;
and it holds all
you need.
Do not
spend
your hours
and days, wandering,
in chaos and confusion, being led
here or there, by the dictates of the world,
or others around you. Be still! And, with confidence
go within; there, you will find the wisdom, and the way to begin.

January 16, 2010

There is room for all
of My children at the table.
And The Holy Spirit says:
Make room for all of the children
to come to the table divine, to eat of
the bread, and drink of the nectar
of Heaven; gather more chairs;
send forth the call,
all are welcome
at the table
of God.

January 15, 2010

When a decision has to be made,
when you must choose: be still; and ask
for guidance; and it will come to you.
And The Holy Spirit says:
In the times of choosing: be deliberate,
in your silence; be persistent,
in your stillness; for,
it is in this way,
that you
will hear,
and know;
it is in this way,
that Spirit will touch you,
and you will grow, in wisdom.

January 14, 2010

This day
greet all
you meet with positive affirmation
of the glory that is within them.
And The Holy Spirit says:
This day,
be quick
to celebrate
the gifts of your
brothers and sisters.

January 13, 2010

The
way you
live your life
is a reflection,
of what you believe to be important,
of what you believe to be, of worth.
And The Holy Spirit says:
Just as the things
you say, and do,
are a reflection
of your thoughts,
the way you live
your life is a reflection
of what is important to you,
what has merit. Today, be still,
and take a look at the reflection of
the inner you. Today, be still, and see.

January 12, 2010

When
you know,
really know,
I AM with you,
you will find: each step lighter;
each word you speak sweeter;
each beat of your heart
going deeper,
and deeper,
into the
loving
energy
of all that is.
And The Holy Spirit says:
Know, God is with you,
and you will experience a lightness
of being which will fill you with joy, and be
a beacon to all who see; for, to walk the Earth
with your hand in the hand of God is a blessing,
which cannot be described, but with a song of joy.

January 11, 2010

Come, and sit with Me,
I will teach you; and you will be free.
And The Holy Spirit says:
Be still, and hear these words; for,
when you are taught
by God,
you are free.
The knowledge,
the words, the teachings
of the world, pale, compared to the wisdom,
carried on the breath, of The Holy Spirit of God,
pouring forth upon you. Be still, and you will be taught by God.

January 10, 2010

See
the glory
in the gifts
bestowed
upon
you.
And The Holy Spirit says:
You have been given many
gifts, many spiritual gifts. And
each one will assist you in your journey,
and bring you great joy, as you walk upon the Earth.

January 9, 2010

Let the example, the standard, of
My light upon the Earth live with
you, in you, and through you!
And The Holy Spirit says:
Today, let it be
that the
light
of God
is brought
upon the Earth
in great abundance
through all that you think,
and say, and do. Today, let
God's light shine within you!

January 8, 2010

You
adapt to
changing weather
by taking steps necessary to protect yourself.
Do the same when energies swirl around you,
threatening
to upset
the peace
and equanimity;
take steps to protect yourself.

And The Holy Spirit says:

Be vigilant. Be watchful. And, take notice.

Notice how you protect yourself during climate changes,
when weather turns and alters, becoming very cold or very hot,
or very wet or very dry, you protect yourself, those you love, and
you home. Do the same, when your spiritual wellbeing is threatened;
take the steps necessary to protect your wellbeing, your spiritual wellbeing.

January 7, 2010

With every challenge, there is a lesson.

With every obstacle, there is a lesson.

With every temptation, there is
a lesson. Be vigilant,
be watchful,
and learn
the lesson!

And The Holy Spirit says:

You will find value in all things,
if you will be watchful, and seize the moment,
accept the opportunity, and find a lesson, in everything.
And in this way you will grow, and wisdom will be the robe you wear.

January 6, 2010

Practice
creating
the environment of love.
And The Holy Spirit says:
Creating the environment
of love,
brings
forth
the garden
upon the Earth.

January 5, 2010

Challenges, and obstacles, offer you
the opportunity to renew. They offer you
the opportunity to reject judgment anew.
And The Holy Spirit says:
Celebrate the times of trying, as much as
you celebrate the times of joy
and easy living, because:
it is in the times
of trying
that
your
being
is filled
with light;
it is in times of trying
that you come to know wisdom;
it is in times of trying that you come to know the will of God
and your ability to carry it through and bring it upon the Earth.

January 4, 2010

The things you are to see
will be brought to you.
The things you are to hear
will be whispered to you.
The things you are to know
will be delivered to you,
and fill you with wisdom.
The days will come,
and the days will go,
and My presence
with you
will be
constant.
And The Holy Spirit says:
The days
will surely
unfold for you,
and I will lift you up.
My breath will go before you,
and the wind will whirl around you,
and you will be protected in all ways.

January 3, 2010

If
you
will hear the message, and
accept the gift, the miracle
will be born,
of you.
A n d
The
Holy
Spirit
s a y s:
Today,
be still,
so you might
hear the message; and,
once you hear the message,
accept the gift, as it is given to
you; embrace, that which is yours,
and, the miracle will be born, of you!

January 2, 2010

Accept
the truth!
And, embrace the vision!
Your faith will lead you,
where all other things,
will fail
you.
And
The
Holy
Spirit says:
Be not afraid.
Be in faith. See the vision.
Accept the message. And, live!

January 1, 2010

As you begin this year, the first step
to wisdom is to listen, so you might hear.
And The Holy Spirit says:
Be still. Be still, so you might hear. And,
you will hear the wind, in the distance,
moving toward you. You will hear
the wind; it is the breath
of The Holy Spirit,
of God, riding
the wind.
Be at peace.
Feel the wind,
as it approaches.
The Holy Spirit is with you.
Be still, and be lifted-up, upon the wings of The Dove,
and the breath of The Holy Spirit will take you to a place of peace.