

# ***THE QUIET PLACE***



**God  
Speaks**

to every man, woman,  
and child, on Earth, everyday!  
And at The Quiet Place, we conclude  
our morning prayers with these words asking  
God, what we should know, today: "Our Creator,  
God, what is it that You wish for us to know, today?"

And  
**God says:**

December 31, 2012

Every ending  
is a piece, of the beginning.  
The present is the balance of the past,  
and the future, wherein the lessons, of before,  
create the perfect door, to the promise, of a new day.  
And The Holy Spirit says:  
As you reach completion, or the end of a project, or a time,  
or an age, you have the golden opportunity; to review,  
to revisit, to renew, to bless every lesson the past  
has brought to you, releasing all negative  
energies, and carrying those  
valuable  
lessons  
forward,  
so that you  
might walk into  
the new day, the new time,  
better equipped, more confident,  
carrying the wisdom of lessons learned.  
Every ending is a piece of a new beginning.

December 30, 2012

You are pilgrims upon the Earth.  
Within each of you are borne the gifts  
you were given in The Kingdom of Heaven.  
It is your honor, as My child, as My children,  
to give birth to the gifts you carry within you,  
thus delivering the presents of Heaven, onto  
the Earth, so others might know Me  
through each of you,  
the things  
you think,  
and say, and do.  
And The Holy Spirit says:  
Deliver that which you carry within  
so that the Christ Consciousness will live on Earth  
again, born anew, every day, within, each one of you!

December 29, 2012

Practice patience in all ways! Practice patience in your thoughts: setting the negative thoughts aside, basking in the glory and the light, of positive thoughts that lift-you-up, and support others. Practice patience in your talk: set aside the negative ways, the tones, the hostility, the anger, and fill your talk with light, and love, and peace, in support of others.

Practice patience: in your deeds,  
move slower, think,  
be kind in your deeds,  
be thoughtful, be mindful.

Speak kindly, and do deeds of great joy, and happiness, fill the Earth with all that you can 'of light.' It is surprising that all these things of great joy and peace spring forth from the practice of patience.

And The Holy Spirit says: Patience! Today, let it be your intention to practice the art of patience, with yourself, and others. Move slower; speak kinder; deliver the gift of love through the act and the practice of patience.

December 28, 2012

It is good to be still for a while; for,  
in silence you will find seeds of wisdom.  
And The Holy Spirit says:  
When you take the time to set yourself aside  
to be still, to be quiet, you are blessed with  
whispers, the whispers which come from  
The Holy Spirit... just for you! And  
held within, 'the messages', are  
the things, you are to do.  
In this period, of  
quiet, wisdom  
is born.

December 27, 2012

Serenity. Tranquility. As you say the words,  
they bring you peace, and the tone, the sound,  
of the words, creates an atmosphere, of peace.  
Let these two words guide your way, today.  
And The Holy Spirit says:  
The vibration created, by you, when you speak  
the word serenity... is peaceful; the vibration  
created, by you, when you speak the word  
tranquility, is peaceful. And these  
vibrations move-out  
from you,  
calming all  
about you, creating  
an atmosphere of peace. It  
stems from the creation of the words:  
serene, serenity; tranquil, tranquility. Say  
these words, often, today. Let their vibration  
move through you, in every way. Live in peace.

December 26, 2012

Your  
greatest  
strength,  
your greatest  
accomplishments will come  
when you choose to be the master of your own destiny,  
and you create, from the core of your being, in light.  
And The Holy Spirit says:  
Throughout each day you will find that you are tempted,  
tempted into being distracted from the goal,  
from your mission.  
Focus on the light!  
Focus on what it is  
are to do, without concern  
about what others are doing,  
or saying! Create from the core  
of your being. Create in the light  
of glory. Choose to be 'the master  
of your destiny,' and then it will be  
accomplished in the light and the glory  
of All That Is. Refuse ~ to be ~ distracted!

December 25, 2012

So that  
those of you  
upon the Earth  
would not have to be concerned about:  
what to think; what to say; or how to act;  
I sent to you Love, I delivered Love,  
so you might see,  
in another  
human being,  
what you are to do,  
how you are to speak;  
you have the template, so  
that you might know The Way.  
And The Holy Spirit says: When you  
deliver love to: every person, every thing,  
every situation, you are delivering the peace of God to Earth.

December 24, 2012

Whatever  
you do this day  
upon the Earth, let  
it be done, in peace.  
And The Holy Spirit says:  
The gift of love, is held  
within the power of  
a peaceful presence;  
therefore, let there  
be peace, upon  
Earth.

December 23, 2012

If you are living upon the Earth, My Spirit is with you, within you. You are an eternal being. Your Spirit lives forever, and it comes from Me. You have life, because I have given you life, an abundant life, one life, to live forever, with Me. And for the time being, the Spirit that you are, eternally, is held within, your body, as you experience being human, as you are the human being; but within you, is your Spirit: forever, eternal, glorious, of light, and magnificent. For those of you whose Spirit is lying dormant, within your body, I call-out to your Spirit, "Awaken, stir!" For those of you whose Spirit, within, is awakening, I call-out to your Spirit, "Rise-up!" And for those of you who are living upon Earth, fully awakened to the Spirit, that is you, I say, "Come, we have things to do!"

And The Holy Spirit says:

Amen.

December 22, 2012

Do not quicken your steps; do not hurry your pace; move with purpose and intention, at a slow and steady rate. Be still more often. Listen. Open your eyes. Pay attention to what is happening all around you. And The Holy Spirit says: For those who are willing to stop, and look, and listen, they are 'aware,' of the change. They see the visions of a new day; and, they hear the song, filling them with joy, all along The Way. Today, slow your pace, and lift your face, and see the miracles all around you.

December 21, 2012

There  
comes a time  
when that which is old  
must be set aside to embrace  
that which is new; that time is now.  
And The Holy Spirit says:  
That which you learn from one age, will  
enhance, and enrich, the new time,  
and the new teachings. And you  
will grow in wisdom, as  
creation continues  
through  
you.

December 20, 2012

Embrace  
the exhilarating times,  
of your life, and dance, with great joy!  
And The Holy Spirit says: Be sure to celebrate when the job is  
done, and the last task is set to rest; knowing, you have done your best!

December 19, 2012

Focus, on being the light; then, no matter what darkness  
might come to you, it is diminished, in the light,  
that is you. And The Holy Spirit says:  
It does not matter, what others  
think, or say, or do; what is  
of greater importance  
is the light  
you create,  
through the things you do,  
the words you speak, the visions,  
and dreams... you create, within  
your thoughts, and intentions.  
You have the opportunity  
to be The Light  
of Creation,  
showing the way, to  
a new day, a new time,  
wherein, there is always  
peace, and light, and love.

December 18, 2012

The day you awaken is the day you know  
all of My Glory I pour forth onto you;  
so that you might use, all that I give you  
to bless the Earth through: your  
thoughts, words, and deeds.

And The Holy Spirit says:  
God does not limit  
what you can do,  
God makes it  
possible, for  
you to do  
all things,  
using the gifts,  
which have been given  
unto you! It is the Glory,  
of God, working through you!

December 17, 2012

Respond  
to a call for help  
and assistance, with  
the love of God, upon  
your heart, and lips,  
even when the call  
is disguised, as  
an angry  
voice.

And The Holy Spirit says:  
Be vigilant; for today,  
you will be called.  
Be mindful of how  
you respond.  
Today,  
touch  
someone in need,  
with love, understanding,  
and compassion, and you will  
bring light, where once was darkness.



December 16, 2012

Miracles happen:

for those who are willing to believe;  
for those who are trusting, and open their hearts;  
for those who are listening to the song of their soul;  
for those whose spirit has taken hold, of their whole  
being. Miracles happen for those who believe.

And The Holy Spirit says:

In this season upon Earth when those who are closed,  
and hard of heart most of the year, are willing to accept  
the possibility of a miracle in this season, open, be-  
lieve, and trust; for, this is the fertile soil, wherein  
the miracles will grow, and multiply,  
and be plentiful!

December 15, 2012

Peace abides in the heart where-in dwells the sweet gift of forgiveness.

And The Holy Spirit says: To live in a state of peace, to feel  
the light, to know the love, one must first know  
forgiveness; be willing to forgive  
yourself, be willing to forgive  
others; and, as you walk  
every day, in the  
presence of  
forgiveness,  
you will find: you  
are walking, in peace;  
you feel the light of God;  
and you know the love of God;  
but first there comes forgiveness!

December 14, 2012

When  
you experience  
a sense of urgency, do not  
create a state of panic or chaos.  
And The Holy Spirit says:  
When it is urgent that something  
be done, use quiet  
commitment  
to resolve  
the issue  
in peace.  
Know the  
difference between  
'a sense of urgency,'  
and 'a state of panic.'

December 13, 2012

What you do, for others, is returned  
to you in double measure and more.  
And The Holy Spirit says:  
Every time you reach-out to others  
in kindness, and compassion,  
you become kinder, and  
more compassionate;  
every time you  
reach-out  
to others  
in love,  
and generosity,  
you become more loving,  
and more generous; whatever you give  
to another is returned to you, in great measure.

December 12, 2012

We can do  
all things, together; for,  
I will do all things through you!  
And The Holy Spirit says:  
For those who stay connected,  
with God,  
life upon  
Earth, is  
living the  
miracle, of birth;  
and everyday occurrences  
are signs, marking The Way.

December 11, 2012

When you are willing to sing,  
the song will come forth; and  
you will bless the Earth, with that  
which, once, had been held within.  
And The Holy Spirit says:  
Do not let the song go unsung.  
There is a song, uniquely  
suited to you,  
and you carry it,  
within, your being.  
Do not let 'your song,'  
remain dormant. When  
you feel the urge to sing,  
sing! Sing your song!

December 10, 2012

The one whose words  
are kind, and whose deeds  
are considerate, of others, will  
not know the sting of regret.  
And The Holy Spirit says:  
Speak gently,  
with kindness,  
act from a place  
of understanding,  
compassion, and love, and  
your future will be free of regret.

December 9, 2012

Prepare for  
every day of your life, as if  
you were preparing to be part of,  
or to attend a very special event,  
because, I tell you, in truth, every day  
of your lifetime is a special event. And The Holy  
Spirit says: Rise-up, and make ready, make ready  
for the new day. For today, it is your time  
to present yourself to Earth. Remember,  
every day of your life is a special event,  
a special occasion; and everything  
you think, and say, and do,  
is significant, an outward  
sign of the inner  
you!

December 8, 2012

Where  
ever you walk,  
wherever you go, let it be that,  
that place you touch is blessed with peace.  
And The Holy Spirit says:  
If you are pondering a gift, searching  
for something to give to another,  
you do not have to search, or ponder,  
anymore. If you will deliver the gift of peace,  
you will be giving the gift that gives more and more;  
for, in peace there is confidence, and strength.  
Peace is a song of faith.  
Peace is as gentle  
as a delicate  
snowflake, falling from  
the sky. Peace is a bud of a  
flower, opening, a gift to the eye.  
The perfect gift is the gift of peace.

December 7, 2012

Do  
not let  
your words,  
and deeds, be the offspring  
of negative thoughts. Be vigilant  
of what goes on in your thoughts.  
And The Holy Spirit says:  
Let your thoughts spring forth  
from the well-  
spring  
of divine  
inspiration,  
so that your  
words and deeds  
become a source of  
'inspiration,' to others.

December 6, 2012

That  
which you  
cannot forgive,  
you are destined to relive.  
And The Holy Spirit says:  
When you are able to forgive,  
you free your-  
self to live  
without  
burdens,  
from the past,  
weighing you down,  
slowing your progress.

December 5, 2012

Do  
not  
let fear,  
or doubt,  
rob you blind.

And The Holy Spirit says:

When you live in fear, or doubt, it is  
as if you are blind, it is as if you cannot see,  
or comprehend, using the gifts you possess  
to lead you into the light of confidence,  
and wisdom. Today,  
let it be your  
intention  
to use  
the gifts  
you have, within,  
to live in peace, replacing  
doubt with confidence, and wisdom.

December 4, 2012

When you expect miracles, they become  
an everyday occurrence. And The Holy Spirit says:  
Miraculous things occur when you open your heart  
to the possibilities, and open your eyes to the reality  
of The Glory, all around you, miraculous things  
begin to happen daily, revealed in gifts  
of: grace, peace, comfort, strength,  
compassion and love, as  
you experience, the  
majesty, of that  
which is un-  
seen!

December 3, 2012

The  
new day  
you have been  
waiting for is here!  
This is the dawning  
of: The New Day!  
And The Holy Spirit says:  
Rise-up, and celebrate  
the coming of  
The New  
Day!

December 2, 2012

Do  
not confuse  
a need for preparation,  
with panic, or frantic motion. When  
there is need for preparation, do so, in a state of quiet, resolve.  
And The Holy Spirit says:  
Do not get caught-up in frenzy, or chaos, when making preparations.  
It is important to be 'at peace;' because, in making preparation,  
you have already begun the journey, started the mission.  
Let the energy,  
of the beginning,  
of the preparation,  
be at peace, yet, be  
strong in quiet resolve.

December 1, 2012

A maze of confusion can be made straight, when you  
are vigilant, and watch for the signs; for, they will  
come; and, those who are 'wise,' will read the  
signs and move. And The Holy Spirit says:  
'Confusion,' is a dizzying 'emotion,'  
leading those caught-up in this  
web, in circles, moving  
at a harried pace,  
getting  
nowhere.  
When you feel  
this emotion, coming  
upon you, be still, and ask for  
a sign, and be willing to wait, to look,  
stand still, and watch, and the sign will come  
to you, and it will move you from the web of confusion  
onto the pathway... which has been made straight... for you.

November 29, 2012

A ready smile can be  
as welcome as sunshine,  
on a dark and stormy day.  
And The Holy Spirit says:  
You know the storm has ended,  
when the sun appears, where  
once had been clouds  
and darkness.

November 30, 2012

Draw  
near to Me,  
and the words I speak,  
unto you, will be seeds  
of wisdom.  
And The  
Holy Spirit  
says: The one  
who holds seeds  
'of wisdom,' will create  
a glorious garden, upon Earth.



November 28, 2012

Bless others with  
the gift of under-  
standing.  
A n d  
The  
Holy  
Spirit says:  
Compassion  
is always found  
in the cup of kindness.

November 27, 2012

Always repay that which you owe to another.  
Be quick to forgive, when another owes you.  
Be grateful for gifts given to you. Be quick  
to give, so others will celebrate with you.  
Do not carry a grudge, for you will  
stumble under such a burden.  
And The Holy Spirit says:  
The journey upon Earth  
is a struggle,  
for those  
who carry:  
hatred, envy,  
greed, or anger, in  
an unforgiving heart;  
but The Way is made clear  
for those who free themselves, of  
heavy burdens, by practicing forgiveness.

November 26, 2012

When your name is called, and  
you feel the stirring from within,  
rise-up; for it is a sign, you are  
ready to fly, with the wind.  
And The Holy Spirit says:  
Do not be tempted  
into doubt.  
Do not be  
lulled into  
complacency  
or mediocrity,  
your destiny is held  
within the glory of God, carried  
on the breath of The Holy Spirit, borne in  
the arms, of The Wind. It is time to rise-up, and fly.

November 25, 2012

Ask, and I will give you... that which you seek; for, once  
you knock upon My door, I will throw the door open, wide;  
because it is My child coming... coming to Me... from inside;  
and I will answer your questions, and show you The Way! But  
you must be vigilant, you must be still, and quiet, and when  
the signs come, follow! Do not be rigid. Do not lock your eyes  
onto one thing... refusing to look right or left. Bend, move, watch  
for the signs; for, within the signs are the answers you are seeking.  
And The Holy Spirit says: Ask, and then wait; for what five year old little boy,  
who goes to his father, and asks for a car receives a big, shiny car? The father,  
in wisdom, knows, that it is not good for the child. But the father, in wisdom,  
finds a way to please the child; and the child is presented with something  
suitable in size, with pedals and wheels; and the child is given, that which,  
in wisdom, will assist his growth, and understanding. Therefore,  
when you ask, empty your head of all preconceived notions,  
and open your heart to that which you receive; for  
in truth what God gives you in answer to  
your prayer is what you need,  
what you are really  
seeking.

November 24, 2012

Whenever you encounter the spirit of meanness locked within the body of a co-worker; or, whenever your coworker(s) is (are) unkind to you, be still; reject the temptation to react, when hurtful things are said to you! Choose first to be still, to be quiet, and the power of God will flow into you, and you can deliver: this light, this love, and this peace; and, in choosing the light of God, in choosing to act from within the light of God, rather than to react to negative energy, you are making a selection, you are designating the course, and you will change the energy of the workplace and the workforce, and the power of God will take place, over the forces of darkness and shadow; and this will all happen, because you are willing to reject temptation and choose the light! And The Holy Spirit says:  
Words do not have to be 'exchanged,'  
to bring peace. In fact, sometimes,  
the most proactive thing you can do, in  
the midst of confusion, or chaos, or anger, is  
to be quiet, and let the power of God flow freely!  
And in this way, the shadows will be eliminated, there  
can be no shadow, there can be no darkness, when there is light!  
This week, choose to be the light of God, and you will surely be at peace!

November 23, 2012

The most important thing for you to know today,  
is that you have been given all the gifts to help you  
make your way, along the path, leading you Home.  
Wake-up; use your gifts and walk along The Way.  
And The Holy Spirit says:  
For those who recognize their connection with God,  
there is great joy; how can you be upon the Earth,  
'knowing,' you are a child of God, and not be  
within the energy of joy, and light,  
and peace?  
Therefore,  
this day, make it  
your intention to sing,  
as you walk along The Way.

November 22, 2012

If you take mental inventory, or sit with pen in hand, marking, and checking-off your list, you will be surprised that you can make note of all of the gifts you have been given, because, once you sit down, in an attempt, to record all that you should be thankful for, you are amazed as your list grows. You see once you give thanks for one thing, that feeling of gratitude extends to another, and another, and another; and soon your page is filled, or your memory tested, and you have to turn the page, or mark a place, so that you might remember all that you have written down, or set to memory. This is how it is, with gratitude and thanksgiving, once you begin to practice being thankful, it grows and extends beyond anything you could imagine, and you become thankful for the smallest things. It might be so simple, yet it changes your entire life, being thankful for one thing will lead to a heart filled with gratitude.

And The Holy Spirit says:

When you sing a song, of  
thanksgiving,

it is only the beginning of the song;

the melody lingers, as the day moves along, and soon you find you have been singing throughout the day, and into the night, and you will also find, the song has been of great delight, filling your heart with gratitude. The one who can remember and be thankful for every gift, is the one who is happy, and content, and blessed, all the days that they live.

November 21, 2012

Greet this day with enthusiasm,  
with excitement, and welcome  
every hour, embracing, and  
reveling in, each revelation  
for this day is just beginning  
and there is much, to tell you  
and show you; and there will be  
many opportunities for you to grow.

Welcome this day with enthusiasm.

And The Holy Spirit says:

Greet this day as if it were another chapter  
in a book you are reading,  
another act in a play  
you are watching,  
another stop  
along a journey  
you are taking, because it is,  
in fact, all of these things and more.

It is a gift to you. You have been given  
the privilege, of living, life, upon Earth; enjoy  
what you have been given. Embrace the day.

November 20, 2012

This day, making its presence  
known announcing its arrival,  
is to be celebrated because it is  
noteworthy. Every day upon Earth  
should be a source of celebration.

And The Holy Spirit says:

When you are singing songs of praise,  
and celebration, celebrating life  
upon Earth,  
you have  
no time  
for woes,  
and lamentation.

Let the joy, pour forth  
from you; for you have been given  
the opportunity to walk upon Earth.  
Sing-out in celebration. Celebrate your birth.

November 19, 2012

When you look for your blessings,  
and celebrate each one, you will find  
that your worries, your concerns, your  
doubts, and your fears, diminish.  
And The Holy Spirit says:  
Held in the song of praise,  
and thanksgiving, for  
all of the gifts,  
that you have  
been given, is  
the remedy, for  
all of your doubts, and  
worries, and concerns; for,  
how can you have time to be afraid,  
when you are singing in thanksgiving, for all  
you have been given? Celebrate that which you have,  
so that you do not concentrate on lack. Celebrate what you have!

November 18, 2012

When you set yourself aside, and begin to walk the path,  
marked, simply, by one, the smallest doorways, and passages, the most  
slender of portals are yours to enter; and in this way, you will live a most  
extraordinary life, filled with promise and miracles. And The Holy Spirit says:  
When you move with the ways of the world, you travel, on a very wide  
thoroughfare, with many people, moving, as one, sometimes  
it is difficult to break free, and set yourself aside,  
and experience Earth in a unique way,  
living, as God meant you to live.  
The road traveled by many  
is wide, and can be easy; but  
there are doorways, and passages,  
that cannot be ...entered by ...a throng.  
To find truth, and to find wisdom, to live, as you  
are meant to live, seek the path that is just right for you,  
and you will move over the Earth blessed, and blessing, as you go.

November 17, 2012

Do not  
let the sting  
of what another is saying about you,  
infect you with a disease: of anger,  
disappointment, or frustration.

And The Holy Spirit says:

Your goal  
should have  
nothing to do  
with what others  
are saying, or doing,  
or possibly thinking, about you.

Your goal ~ should be ~ to stay connected  
with God! Pray for the guidance, and the wisdom,  
to see the signs when they come to you, and move over  
the Earth completing your mission. Do not be distracted  
by the words, the deeds, the actions, of others. Stand  
in the light of God. Be fully connected to God, and  
you will 'know,' what you are to do all of the time!

November 16, 2012

That which you do today  
can make the way clear  
for that which you are  
to do tomorrow, so  
tend well that  
which you do  
today.

And

The

Holy

Spirit says:

You hold the  
seeds, of tomorrow,  
in your hands, today.

November 15, 2012

The  
reward  
for patience and perseverance  
is profound wisdom, and quiet  
confidence.

And  
The  
Holy  
Spirit  
says:

Do not  
fall victim  
to doubt, or dismay,  
as you journey along the way.  
Take one step, and then another, soon  
you will see that you are dancing in the arms of God.

November 14, 2012

Every time you *re-act*  
to what another says,  
or does, your course  
is determined, by  
another.

And  
The  
Holy  
Spirit  
says:

Do not  
be shackled  
by negative words, or  
deeds; live, in the light of God;  
act, from within the light of God; and  
you will master your destiny, you will be free!



November 13, 2012

When  
you raise your voice in anger,  
the only thing clearly evident  
is anger.

And  
The  
Holy  
Spirit  
says:

Words of wisdom  
will never be found in anger;  
but, words of wisdom can calm  
the angry swell, and bring peace  
where the tempest, once roared.

November 12, 2012

Remember, the things  
you think, say, and do,  
are the things you  
choose to  
think,  
say,  
and  
do.

And The

Holy Spirit says:

Today, let the things  
you choose to think, say,  
and do, be filled with light.

November 11, 2012

You cannot do that which you are meant to do upon the Earth,  
until you are operating fully, in My glory, holding within you:  
My light, My love, My power, and My peace. And The Holy Spirit says:  
There are many who will accomplish things, upon the Earth; and,  
others will look around and say, "See what you have done!" But  
these things are being measured by the ways of the world,  
and they are nothing, they are nothing! For the one, who  
does the will of God, who is the vessel of God's power,  
and God's light, God's love, and God's peace;  
this is the one who accomplishes much!  
The eyes of the world, do not see it;  
because the eyes of the world  
cannot see it. It is in  
another space. It is  
in eternity; and there it is seen  
fully, and recognized, as The Light of God.

November 10, 2012

When  
you open, fully,  
and let My Love flow  
through you, to others, you  
will no longer try, you will do.  
Let My Love work through you.  
And The Holy Spirit says:  
It is amazing what God can do,  
through you, it is miraculous  
what God can do, working  
through you, using  
your eyes  
and your ears  
and your mouth.  
Let God's Power fuel you, and it will move you,  
to where you are to be, and you will see,  
and you will know.  
Let God walk  
upon the Earth  
through you; and,  
you will no longer try,  
you will 'know,' what to do.

November 9, 2012

Only  
when you  
are open to  
the possibilities,  
will you recognize  
the opportunities .

And The Holy Spirit says:  
When you are seeking  
answers: keep your eyes  
and ears open; listen for  
messages; and watch for  
signs. Then, be still, and  
be guided, from within.  
In this way, the answers  
to that which you seek  
will be illuminated,  
with wisdom.

November 8, 2012

This is the new day  
you have been wait-  
ing for, a fresh start.  
And The Holy Spirit says:  
A great opportunity  
is held  
within  
the day  
just beginning.

November 7, 2012

Do not shy away from a difficult situation, or task; someone must resolve  
the matter and it might as well be you. And The Holy Spirit says:  
Do not delay attending to the task, which appears  
to be more than you feel equipped to handle.  
With patience, and perseverance,  
it will be done; and  
you will gain  
confidence,  
in knowing, you were  
well-equipped to accomplish  
the mission, and resolve the issue.

November 6, 2012

As  
you  
make  
your way  
into the world,  
you will encounter  
adversity; remember,  
you hold, within you,  
all you need to handle  
each encounter, with  
patience, and  
grace.  
And  
The  
Holy  
Spirit  
says:  
Facing  
adversity  
with confidence  
comes with remembering  
that you are a child of God, and you  
have all you need to be a peaceful presence  
in the midst of chaos, confusion, and times of stress.

November 5, 2012

Use  
My Light  
to illuminate  
the darkness.  
And The  
Holy  
Spirit  
says:  
There can  
be no darkness in  
The Presence of Light.

November 4, 2012

You  
cannot know  
the glory and the joy  
of living upon Earth, until you free  
yourself, of the burdens, you carry,  
using the key, of forgiveness.  
And The Holy Spirit says:  
All things, yes,  
all things,  
can be  
forgiven,  
when you  
look, and you see,  
with the eyes of your soul,  
when you know, within your heart.  
When you can do this see and know then,  
you will be able to forgive; then, you will begin to live.

November 3, 2012

Forgiveness is the key to healing all illness; forgiveness is the  
key to healing, to being made whole. And The Holy Spirit says:  
To heal yourself or another, make it your business to go  
first, to the core of your being, to forgive all things,  
and as you forgive all things,  
the light gets brighter,  
and brighter,  
and brighter  
within you.  
The light  
illuminates  
your entire body,  
soul, and spirit, and  
all things are healed; within  
the light you are made whole,  
as you are supposed to be, in the eyes  
of God! This is The Key to healing,  
to being made whole, the key, is forgiveness.

November 2, 2012

When one comes to you, and  
asks, as led by The Holy Spirit to do,  
for your prayers, and for healing, give it.  
When you are asked for something, give  
what you are asked for, and give more.

Give the love of God pouring into  
you, and through you!

When one asks,  
respond.

And The Holy Spirit says:

If you can give with a happy heart, you  
will be filled, with joy! See every opportunity  
which comes to you, as that, an opportunity for joy,  
the doorway to happiness. You are God's perfection, un-  
folding upon the Earth. Let God's love flow, through you,  
onto, all, the other children. This is the gift of life; and this can be  
the gift of your lifetime letting God love others through you!

November 1, 2012

You  
will be filled  
with grace, and all  
the strength you need, to accomplish  
that which is set before you. Do not rush.  
Do not push. Just place one foot in front of  
the other, and move into each day 'knowing,'  
you will have what you need.

And The Holy Spirit says:

Some days will require  
strength, while others  
will require grace; and,  
still others, require both.

But set any fear, or concern,  
or doubt, aside; when the day comes, you  
will have what you need! Do not worry. Do not fear.  
Do not be concerned, or anxious. Do not doubt. All you  
will need will be given to you! Now, rise-up, and walk!

October 31, 2012

Watch for the signs; for  
they are all around you;  
and, they will show  
you The Way!  
And The  
Holy  
Spirit  
says: When  
the rose blossoms  
in the snow, it is a sign. See  
the rose and 'know,' it is time.

October 30, 2012

Everything, every occurrence, every situation, which happens, in your daily life, presents 'the opportunity,' for you to look at it; and, see it. You choose whether you look at the situation, with positive energy, or you look at the situation with negative energy; the choice you make, at that moment, determines the energy, of the incident. And The Holy Spirit says: When you reach a certain plateau in your spiritual mission, you find you are able to look at everything, that occurs, through the eyes of positive energy! No matter what is happening, you choose positive light! And your choice, of action, is, always, to use the gifts, which you have been given, The Gifts of The Holy Spirit. This is how, you change the world. This is how you alter, for all time, the energy, which needs to be cleaned-up, perfected, so it might be fully a part of Heaven, The Kingdom of God, upon Earth!

October 29, 2012

Accepting, and embracing, a new revelation,  
brought to you on the wings of The Holy Spirit, is faith.  
Knowing the new teaching, is wisdom. And The Holy Spirit says:  
Only those who are willing, will accept, and embrace,  
that which they do not totally understand. It is accepted  
and embraced, within the gift of faith; and by doing so,  
it soon becomes a part of you, and a knowing grows  
within you, that is wisdom. All of these things  
are found in the light, of God! When  
there is confusion, move quickly  
into the light of God!

October 28, 2012

Forgiveness is not complete  
if: you can recall: a past transgression,  
a slight, an insult. Forgiveness is not complete, if  
another's name comes to you, and you do not, first, think  
of love! Complete forgiveness, while you live upon the Earth.  
And The Holy Spirit says: So many are seeking compassion, understanding,  
and forgiveness, moving from one person to another, hoping each  
encounter might be a fulfillment of that which they need.  
It will not be. It will be, only: when  
those who are seeking  
understanding, will deliver  
understanding, first, to another;  
when those seeking compassion, and  
forgiveness, will deliver compassion, and  
forgiveness, first to another. At the present time  
the world is filled with those seeking, but not willing to give  
that which they are seeking. You will not receive forgiveness,  
until you have given forgiveness. It is that simple. And this is because  
all things are connected, united, one. To taste the goodness of the harvest,  
you must first, plant the seeds! Today, set all things aside, and forgive!



October 27, 2012

Some of you know this,  
but let others of you take notice  
of this: "Your day, no matter what you are doing,  
has the possibility of being 'the perfect day,' as long as  
you awaken in the morning, and say, 'I intend, this day,  
to be perfect, in every way!'" And then, that being said,  
place a smile on your face, before you get out of bed!  
You will be surprised, you will be amazed,  
you will be pleased at the result.  
Let your intention  
lead The Way, today!  
And The Holy Spirit says:  
Smile, laugh out-loud, celebrate  
joyfully; for, this is the day, that God has made!  
This is the day, for you. Now, what are each of you  
going to do with the gift? Make it a perfect day!

October 26, 2012

When you feel as if you are being guided to do something, to go  
somewhere, to act; yet, you are uncertain, as to the complete-  
ness, or the direction, of the message, be still. Look around,  
and be vigilant; for, the signs, will come to you, even when  
there is a bit of confusion about the message, just be still;  
be still, and you will see, and you will know; then, make  
the correction... necessary... set your intention... and  
off you will go, in the right direction, after all.  
And The Holy Spirit says:  
The journey of faith is just that,  
it is a journey. Be still, and listen.  
Watch for the signs, and know. And be assured,  
even if you step two or three degrees this way, or that way,  
you will be called back, your movement will be directed, as long  
as you stay connected... with God! Go forth, this day, in confidence,  
and within the confidence, nurture the peace that is yours, because you  
are connected, with your Eternal Parent, The Creator of All Things, God.

October 25, 2012

Today, do not scurry from this to that, hurrying from one task to another. Move, as if you have come to understand, and know, that you are an angelic being, moving over the Earth for a while, wearing the robes, of humankind. If you will move, in this way, the angelic way, you will find that you are giving glory, about everything you do, singing a song, as you go on your way:  
for: there is glory  
in putting on your shoes;  
there is glory in hanging-up a picture,  
on the wall; there is glory in changing the oil, of a car;  
there is glory in chopping logs, storing them, for the winter;  
there is glory in dusting, and cleaning; there is glory in mowing,  
and raking; there is glory in taking inventory, and cleaning shelves;  
there is glory, in all things; but first, you must find it, in yourself!  
And The Holy Spirit says: Let the anthems rise-up, let the songs begin!  
Sing! Sing about the glory, within! And as you let this radiance  
flow, you'll find it touches everything, on the way, as you  
go about your day. Find the glory, within; and  
sing; and fill the Earth, with song.

October 24, 2012

I AM always calling.  
I AM always speaking to you,  
even when it is merely a vibration,  
coming from, the core of, My being,  
connecting with you, as we are One.  
And The Holy Spirit says:  
When you 'hear,' the gentle tapping  
on the door, open it. When you  
hear the calling to "Come on,  
see more!" Go forth! And,  
when the stirring, at the  
core, of your being,  
calls your heart  
to a different  
song,  
embrace  
it! For, life is  
a journey meant to be  
experienced. Today, when you  
hear the tapping on the door, open it!

October 23, 2012

When given the opportunity embrace it; and,  
find that space to be still and realign your body,  
your soul, your spirit until, your heart is beating  
in unison, with the rhythm of life, all around you.  
When given the opportunity to do this, embrace it.  
And The Holy Spirit says:  
Today, before you take a step, before you even lift your  
foot, think about how you will move; move over  
the Earth with intention, and purpose.  
Do not run, haphazardly, into  
the day; but let  
your presence  
be known, in  
a special way,  
lifting your arm  
in a blessing of peace,  
reaching-out your hand to accept another.  
Let your eyes fall, on all that is beautiful, so that  
all that you see, will be beautiful. Let your ears open to  
the song of The Wind. Let your mouth speak the words of God,  
blessing: where you are, where you are going, and where you have been!

October 22, 2012

The wind  
does not rise-up,  
and move selectively over the Earth.  
When the wind moves, it touches the farmhouse, the city dwelling,  
the trash heap, the farmer, the banker, the adults, the children,  
the inner city's depressed, and the glorious mansion, sitting  
on the hill, it moves the sands of the desert, and brings  
ripples upon a pond far away. Move over the Earth  
as does The Wind, touching all things this day.  
And The Holy Spirit says:  
If you are to be  
the instrument of God,  
and if you are to deliver the light,  
and the love, and the glory of God, do not  
select whom is to receive these gifts. Move over  
the Earth, and be constant. Move over the Earth,  
and be the light, the love, and the glory, of God.

October 21, 2012

When you are still, held in the  
sacred peace, of quiet you will find wisdom, and you  
will find your perfection, unfolding into a most magnificent bloom.  
And The Holy Spirit says: It is important to remember that each of you, although a piece of  
the one, united in all things, is uniquely individual, in your gifts, and your mission;  
you are a vital piece of the whole, of the one; and the one will be magnificent  
when each piece of the one, unfolds, as intended, not based on this one or  
that one, but based on the glory within you, your bud, your promise,  
opening, flourishing, in the light, of who you are, in the light  
of the sun, and the morning star. You are each, one,  
special, and unique, as is The One. Therefore,  
be still, be quiet, and be at peace!

October 20, 2012

Come.  
Walk into  
My creation,  
that is all of nature,  
and be refueled, and nourished,  
and nurtured. Breathe-in the air of autumn.  
Watch the flight, of the leaves. See the glory,  
of the sun, catching a dewdrop, bringing it  
to glimmer, and shine. Come, walk  
into All That Is beautiful.  
See nature, as if,  
for the first time.  
And The Holy Spirit says:  
The things that you put-off doing,  
often, are left undone. Do not put-off:  
walking outside, feeling the sun, knowing  
the touch of the raindrop, leaving nothing undone.

October 19, 2012

Sometimes,  
when things,  
or relationships,  
appear to be broken,  
you are given the opportunity  
to make corrections, necessary, for  
the things to operate in perfect fashion, for the relation-  
ships to be better, than they ever were. And The Holy Spirit says:  
Tend to that which appears to be broken with a gentle hand,  
with kind words; and, once everything is back on track,  
you will come to recognize that it was simply  
perfection unfolding, all along.

October 18, 2012

Those of you willing to do the work  
necessary to achieve the goal, will grow  
in confidence, seeing and knowing, what  
I can accomplish, working through you.  
And The Holy Spirit says:  
Being 'the willing instrument, of God,'  
is a wonder to behold; dare to take  
the risk! When God sends the  
signs, rise-up, and  
answer the  
call!

October 17, 2012

As you come to the end of any period,  
be it a year, a week, or a day, you begin  
to take stock, of what was accomplished,  
you take a mental inventory. The end  
of the year is near, make a review,  
now, and change the things  
you can, so the year  
ends on a high note  
of accomplishment.  
And The Holy Spirit says:  
Do your best every day and  
you will string together perfect  
days and perfect weeks, creating a perfect  
year, the year that was 'perfection unfolding!'

October 16, 2012

When you are in doubt,  
pray for guidance, and  
watch for the signs.

Once you learn  
to read the signs,  
you will live, with  
confidence, knowing  
that which you are to do.

And The Holy Spirit says:  
The signs are all around you, look,  
and see, and you will know, and  
you will grow, in confidence,  
with every step you take.

October 15, 2012

You have been given the opportunity to  
experience life, upon Earth, participate in such a way  
that your presence is a blessing. And The Holy Spirit says:

Do not be content to be closed-in, watching  
through a window, throw open  
the door, and go-out  
and play,  
today.

October 14, 2012

For your days, and your nights,  
to be sweet, and calm, and tranquil,  
it must begin from within your being,  
it must begin in a chamber, within your being,  
wherein there is serenity. And you find this peace,  
this calmness within the sacred presence of God.  
Go within, and create a space of peace, and then,  
that is what you will deliver to Earth.

And The Holy Spirit says:

Do not expect to find peace  
out in the world,  
unless you are  
at peace within  
the sacred world  
of your being unless  
you are connected, with God!

October 13, 2012

There will come a time, when  
you will realize, and understand, that  
the wisdom that is with you, was gained by  
willingness to experience, that which you need  
to experience, with an open heart, experiencing  
the lessons, using positive energy, the energy of light.  
And The Holy Spirit says:  
Sometimes the most valuable lessons are the ones we would  
be tempted to call: bad luck, misfortune, something dreadful;  
when in fact, these experiences, when seen from the light,  
bring wisdom. Be at peace as you move over the Earth.  
Experience that which comes to you, and is set be-  
fore you: open, embracing, and soon knowing.  
The one who holds wisdom is the one  
who is still, and quiet, in the face  
of adversity: looking, seeing,  
knowing, but not  
judging.

October 12, 2012

Your life upon Earth is a journey, of monumental importance,  
a vital piece, of your eternal presence! And The Holy Spirit says:  
Wisdom will be settled upon you when you come to understand,  
that this lifetime upon Earth is not all there is; it is not over, when  
you shed your earthly body, you just resume your eternal presence,  
as spirit; you live forever! You are upon the Earth to accomplish  
a mission, and return Home, where you live forever in a body  
created by God, a light body, a body that is glorified by  
all the magnificent things, you accomplished, during  
your journey upon the Earth. Think, speak, do,  
acts of kindness, and love, and compassion;  
be understanding toward all you meet,  
no matter what the situation;  
you are on 'a mission,'  
and God is  
with you!

October 11, 2012

Reject the temptation to enter into disagreements,  
 be they petty or rather large, reject the temptation to fight;  
 this will bring you a sense of peace, and a sense of confidence,  
 in what you 'know, I AM doing, through you;' and your peace  
 will move-out to touch those of Earth. Once you understand  
 the importance of stopping negative energies with you, you  
 will begin to see, and to accept, every opportunity,  
 changing it immediately to a river of My love,  
 flowing through you, rather than  
 entering into negative energy  
 created by another.

And The Holy Spirit says:

You will celebrate very soon,  
 the minute you understand the importance  
 of rejecting the temptation to enter into another's  
 negative energy, in any way, shape, or form. You will  
 gain confidence, and you begin to feel the presence, of God,  
 within you, more profoundly than ever before; and at that time  
 you will 'know,' what you are supposed to do, and how to do it.  
 Begin this day, and let it be something you embrace. Be the vessel,  
 through which the power, and the love, and the glory, of God, flows.

October 10, 2012

Those who rise-up,  
 who answer the call to prayer,  
 in the early morning hours, when  
 there is a sacredness about the air,  
 and darkness has not released its  
 hold, those who rise-up  
 are rewarded:  
 with wisdom,  
 and confidence,  
 and communion  
 with Me. It is a time  
 for reunion, coming together,  
 touching each other in a special way.

And The Holy Spirit says:

There is a special gift for those willing to rise-up, to  
 meet, and greet, the new day, while it is in darkness,  
 and the gift is: wisdom, understanding, knowing, and  
 the confidence that comes with these things;  
 sacred communion with God.



October 9, 2012

The realization  
that you live eternally  
allows a broader prospective  
for your life, upon the Earth.  
And The Holy Spirit says:  
Understanding, and comprehending,  
that you are an eternal being, presents the opportunity, for you  
to take care of the business, you came to Earth to take care of.  
You realize the importance of your presence upon the Earth,  
and you look forward to completing your mission,  
and returning Home,  
to move along The Way,  
to go into each new experience  
eternally living in the light of God.

October 8, 2012

As you are willing to laugh, rather than to frown,  
you will come to understand, that things that once  
would have upset you... now, are rather amusing  
to you. Walk into this day, seeing, knowing,  
and laughing, laughing with sheer joy,  
that you are living your life  
upon Earth, and you  
are doing it, for  
the glory of God; for,  
this is how you will step into  
'perfection - unfolding,' let God's  
love flow through you, and laugh!  
And The Holy Spirit says:  
Let your joy be unconfined! Do not hold back  
your laughter. Do not refuse to put a dance step into  
the way you walk, or move. Let today, be a joy-filled day!

October 7, 2012

I  
do not  
call forth  
the sun to shine  
on only the good, I call forth the sun to shine  
on all things, magnificent, in its power and in its light. I do not  
send the rain only to touch the just, I send forth the rain to fall  
on all things, the just, and the unjust, so that the rain:  
in its perfection, touches all things, is not altered  
by anything, falls on all. So the sun  
does shine, and the rain  
does fall, and it is  
good; without  
judgment,  
each touches all.  
And The Holy Spirit says:  
Be mindful, that God has asked  
each of you, to love, love your enemies  
and love your friends in equal measure, dispensing  
love, without regard to who did what to whom. This is achieving  
perfection, existing as God created you to exist: without seeking qualification,  
without seeking compensation; just being as God created you, just being a child of God!

October 6, 2012

The Way to joy,  
and true happiness,  
is made clear to you,  
revealed to you, when  
you reconnect, and  
revisit, trust, and  
faith, in Me.  
You are  
My child.  
Have faith,  
and trust, in Me.  
And The Holy Spirit says:  
Joyfully living your days  
upon Earth is accomplished  
within, faith, and trust, this day,  
trust in the love of God, and have faith  
that God's hand is with you; and then move  
into this new day, joyfully living, upon Earth.

October 5, 2012

You have come to another crossroads, you have reached a plateau, a new stage, and much is set before you. Let the journey continue in My light! And The Holy Spirit says:  
Sometimes, when you reach a new stage, or a plateau, new things, new people, new places, can be a bit disconcerting; however, call upon God to bless all your days.  
Look around you, take it all in; and then, placing one foot in front of the other, begin, another stage of your journey! Let us go forth, today, and walk always, in the light of God.

October 4, 2012

Be vigilant, about that which you are thinking; for you often announce to the world... in the words you say, the thoughts... which you are entertaining; and your deeds are extensions of your thoughts and your words. Every day, you act-out your thoughts. Be mindful, and vigilant, keep the room of your thoughts clean, check into the corners, look all around, so that your thoughts are pure.  
And The Holy Spirit says:  
Your thoughts create the words you say, and the deeds you do!  
Be vigilant, in taking care of your thoughts! Sweep away the cobwebs, of doubt. Do not give anger a foothold.  
Let the chamber, wherein your thoughts reside, be beautiful, be a place of tranquility, be a place where you would welcome any to come and see, that special place, wherein you create your thoughts. Be mindful, this day, do not give your 'thoughts,' away!

October 3, 2012

Focus first  
on My love flowing to you,  
and then every encounter of the day  
will be an encounter filled with love,  
for you will be delivering My love,  
My power, My light,  
to all you meet.  
First, focus  
on My love,  
flowing to you.  
And The Holy Spirit says:  
Sometimes it can be a challenge,  
if you try: to meet each person, to love  
each person, to take care of each person; but  
if you focus first on God's love, flowing to you,  
and through you, each person you meet will be met  
with the love of God. This is how it is done. This is how  
you can love one another, by letting God love, through you.

October 2, 2012

As you continue your spiritual journey, you  
will encounter new vistas, plateaus, not experienced  
before. When this occurs, as it surely will, take your time  
to become familiar with your surroundings, study the vista;  
move, with intention, over the plateau; and soon, it will be familiar  
to you; and your journey will move, more quickly, once again; these are  
the plateaus, of: learning, knowing, understanding, comprehending, how spirit  
works, and moves, and flows. Pay attention as you go. And The Holy Spirit says:  
Your spiritual journey is very similar to your journey through the world  
of academia. Studies sometimes seem new, different, unusual; and once  
you look around and become familiar with the lessons, with the way  
things work, according to a particular principle, you can move,  
quickly, through the book, understanding as you go; and it is  
the same, with your spiritual journey. You will find that  
you reach a plateau, and staying there for a while is  
very comfortable; but soon, it is time to move on,  
to learn new things, and these things will be  
revealed to you as you go. Enjoy the  
journey, it is yours, and all  
things will be revealed  
as you reach, each  
plateau.

October 1, 2012

When challenges, and temptations,  
and obstacles, are placed before you, or  
come to you, see them as opportunities to  
practice, to practice that which you know.  
And The Holy Spirit says:  
It is much easier to read directions and instructions,  
than it is to practice the directions, until you have  
perfected the action. Seize every opportunity  
which comes your way,  
disguised as:  
temptation, challenge,  
and obstacle, and practice,  
that which you read, that which  
you hear, that which you 'know,' on  
an intellectual basis. Today, practice.

September 30, 2012

When, at last, you come to 'know,'  
really know, that which is important,  
that which has eternal significance:  
your words will always be kind;  
your thoughts holding the gift  
of understanding, and  
your deeds,  
showing  
compassion  
in all that you do.  
And The Holy Spirit says:  
Let your heart be open; and  
My love will pour through you,  
onto those of Earth, onto Earth itself;  
this is a promise from God, The Creator  
of All Things 'Take the time to recognize  
that which has eternal significance use  
the gifts I have given you, choosing them  
over the energies of the world; and,  
you will, in-deed, be at peace.'

September 29, 2012

There are many ways to  
live your life upon Earth; but,  
very few choose the way that is  
filled with miracles, wonder, magic,  
and majesty. And The Holy Spirit says:  
When you awaken to the truth,  
when you come to 'know,  
significance,'  
in that  
you are  
a child of God,  
you will waken  
and come to know the glory  
of living upon Earth; it is a blessed life,  
filled with wonder, and all it requires of you, is  
to be willing to set your ego aside, and do the will of God.  
In this way, you will grow in wisdom, you will grow in love.  
This day, set your intention to become familiar with The Way, to  
walk it for a while, and in so doing, your life will be changed eternally.

September 28, 2012

It is easier to purify your thoughts, than to wipe  
the slate clean of negative thoughts. It is easier  
to hold your tongue, than to gather-up the words  
loosed in anger, or frustration. It is easier to be  
mindful of that which you do, than it is to seek  
reparation, and forgiveness, for deeds done  
in a careless moment. Be mindful of  
your thoughts, words, and deeds.  
Let your thoughts be pure;  
let your words  
be measured; and,  
let your deeds be done  
for the glory of All That Is.  
And The Holy Spirit says:  
Let your thoughts be filled with sunshine  
and light and joy and peace; let your words  
be filled with kindness; and let your deeds, be  
gentle. These things will bring you into a state  
of peace, and you will live in wisdom all of your days.

September 27, 2012

Remember this... I AM always available! I AM waiting. I AM with you; when you call to Me, I come, because I AM always there! My love flows to you. The only impediments to our connection are: the articles, the debris, the objects, you place along the corridors. Move them! Open the door and you will feel Me; you will be at peace, you will be content, and the peace and contentment will be a joy! And you will move over the Earth, every day of your life, in confidence, 'knowing, truly knowing,' you are My child!  
And The Holy Spirit says:  
Let there be no hesitation, be quick, go now, along the corridors of your inner being, move all the obstacles, dams, and impediments, you have placed there: forgive all things, sweep the dust and the cobwebs away, it is time for you to enjoy God's free-flowing love, today! And therein you will find peace, and know contentment, and walk the Earth, in confidence, remembering who you are you are a child of God!

September 26, 2012

When you are tempted to anger, 'celebrate, the opportunity,' to decline the invitation to be less than you are. And The Holy Spirit says: Temptations come in all sizes. Some temptations seem minor, the temptations to be frustrated, irritated, can seem minor; but they actually grow into quite strong energies when fed, when nurtured.  
See temptation as an invitation to be less than you are; and you will find it easy to decline, to refuse to be angry, or irritated, to refuse to be mean; or let your heart be cold. Today, when the temptation comes your way, celebrate the opportunity, and decline the invitation, for you are God's perfection unfolding. Be ye perfect, as God is perfect.

September 25, 2012

Do not focus so much  
on what happened yesterday,  
that you ignore the present; for, in  
the present is where you will find peace.  
And The Holy Spirit says:  
When you have the wisdom to forgive all things  
from the past, you will have the wisdom to live  
in the present; and, it is in the present,  
that you find peace.  
Forgive  
the past,  
and you will live  
in the present, in peace.

September 24, 2012

The pathway you traverse is forever altered, by the choices  
you make at the crossroads you meet and encounter all  
along The Way. And The Holy Spirit says: When you  
come to the crossroad, be still. Do not hurry,  
this way, or that way. Ask for guidance,  
"Which way shall I go?"  
And the  
answer will come, from  
within you, and you will know; do not be  
distracted, by the choices made for you  
by others, calling-out, advising you  
to move in the ways of the world.  
Be still; and, choose the path  
especially for you! And you  
will encounter miracles,  
all along The Way.  
Remember, the  
path you travel  
is forever altered,  
by the choices you make  
at each crossroad you encounter.  
Be still; be quiet; be prayerful; and, be  
led, by The Holy Spirit of God, within you.



September 23, 2012

Reject  
all temptations  
which lead you into retaliation,  
because, it continues the energy,  
of animosity. Refuse to retaliate!  
And The Holy Spirit says:  
The temptation  
to retaliate  
is strong; but  
when your desire  
is to do the will of God, and  
to use your days upon the Earth  
using the gifts of The Holy Spirit, you  
will find wisdom in rejecting retaliation!

September 22, 2012

You are equipped to go into this new day  
co-creating with Me, let us make it good! And The Holy  
Spirit says: Here it is: a new day, a slate clean, an empty canvas.  
Now, go forth, and create; for the power of God flows  
through you, to assist you, in every way;  
therefore, this day, you are  
co-creating, with  
God!

September 21, 2012

The  
vision  
from the top  
of the mountain, makes  
the climb, worth the effort.  
And The Holy Spirit says: The journey  
up-the-mountain is rewarded, by the revelation  
at the peak, all things illuminated by the sun, seeing clearly  
that which lies below, seeing clearly that which you have done!

September 20, 2012

I give you a shield which will protect you from the slings and arrows of the world. And The Holy Spirit says:  
When you have confidence in what you are doing,  
you are acting in faith. Therefore, arrows  
of doubt will not bring you down,  
because you fly, on  
the breath, of  
Spirit!

September 19, 2012

The day has already begun, it began  
hours ago, in darkness, waiting for the sun.  
And The Holy Spirit says:  
Rise-up to see where the new day will lead you; you  
will learn new things and encounter surprises, all in  
the course of one day, which began in darkness,  
waiting for the rising of the sun. Experience  
the gift until the day is done,  
resting in darkness,  
waiting for  
the sun.

September 18, 2012

Each day is an opportunity, for  
a new beginning, a journey, into  
territory, you have not seen, before.  
And The Holy Spirit says:  
Wash all of the old travel dust away,  
and prepare for the journey  
into this new day, and  
let the adventure  
begin with a  
prayer of  
thanksgiving!  
Open the door,  
it is time to explore  
the 'opportunity,' of all  
that lies before you, held in  
the promise, of a new beginning.

September 17, 2012

Take time  
to revisit moments  
in your past, addressing:  
blessing and forgiving  
transgressions,  
major,  
and minor,  
and your physical  
health will improve, as you  
release the burdens of judgment.  
And The Holy Spirit says:  
To be in-balance physically,  
one must be at peace,  
spiritually.

September 16, 2012

A  
clearer  
understanding  
of how energy works  
will assist you in your desire to use,  
only, the gifts of The Holy Spirit,  
rejecting  
the tools  
of shadow,  
and darkness.  
And The Holy Spirit says:  
How you choose to use,  
direct, and master, energy,  
determines the growth of peace,  
serenity and tranquility upon Earth.

September 15, 2012

You are eternal. You will live forever.  
I have given you the gift of eternal life. Rejoice  
in the gift you have been given. And The Holy Spirit says:  
When you know, when you really know, that you are  
an eternal being, created by God to live forever, you  
also know, that your earthly experience is fleeting,  
a very small piece of your eternal life, and you  
rejoice, in every experience! The outward sign  
of one who knows eternal life, is a joyful  
heart, happy, understanding,  
truly understanding,  
that you live  
forever!

September 14, 2012

Do not become so involved  
in the tasks, and chores, of the day,  
that you do not notice another's need  
for a gentle word, for kindness, for  
compassion and understanding.  
And The Holy Spirit says:  
Do not be so distracted  
by the ways  
of the world,  
that you ignore  
the needs of others,  
that you have 'no time,' to  
dispense: the grace, the glory, and  
the blessings ... of The Kingdom of God.  
Today, be aware, look around, and fill a need.

September 13, 2012

That which you accomplish, while  
wearing a smile upon your face,  
and on your heart, is blessed;  
and will bring peace to Earth.

And The Holy Spirit says:

When you work with a scowl upon your face,  
and frustration, or irritation, upon your heart,  
filling your being, that energy is carried within:  
all you do; everything you create, in this way;  
but when you have a smile upon your face,  
and on your heart, everything you do  
brings peace,  
it blesses the Earth  
for the creation of it.

Today, make a decision,  
you can either bless the Earth,  
or curse the Earth with more shadow  
and darkness. The choice is yours. It is God's will  
that you have a smile upon your face, and on your heart!

September 12, 2012

When you are at peace within  
there is nothing else you need.

And The Holy Spirit says:

If you want to be happy,  
if you want to feel  
content,  
search  
within,  
go within  
to find peace;  
and when you are still,  
and a calmness settles, all  
around you, and within you,  
you realize you have all you need.

September 11, 2012

There comes a time  
when all things must stop,  
and be quiet, so that all things might be  
filled with wisdom, love, and the light of God.  
And The Holy Spirit says:  
It is impossible for the body, the human body, to engage in  
vigorous activity, during the times of feeding, and digestion, be-  
cause this cannot be done, properly, when engaged this way. To  
eat and digest food properly, to refuel your body, you must stop  
what you are doing, eat, and let the food digest. It is the same,  
with your spiritual body, the real body. There are times to  
be still, so you might be filled with wisdom. Do not deny  
your body, the fuel it needs to operate. Do not deny  
your spirit, the fuel it needs to operate. Once  
you are filled, you will be properly main-  
tained, so that you might shine, and  
do that which you need to do.  
When the time comes  
to be still, be  
still.

September 10, 2012

Take  
seriously,  
forgiving all trespasses  
in your past, so that you are not the prisoner,  
holding the key, unable to set yourself free.  
And The Holy Spirit says:  
You cannot live freely, enjoying  
a lightness of being,  
while you carry  
resentments,  
a grudge,  
anger,  
or any type of  
frustration, about things  
that occurred in your past. Take  
seriously the responsibility to free yourself!  
You have been given the key! And written on the key  
is the word "forgive!" And, every time you do, you slip that key  
into the lock and set yourself free! Forgive! And you will live in freedom.

September 9, 2012

It is time, for you to know judgment,  
as the slippery slope into negativity,  
into darkness. And The Holy Spirit says:  
It is time for you to know, "reacting,  
is 'choosing,' to go into another's  
energy." There is another  
choice. Choose acting  
in The Light, of  
God.

September 8, 2012

There is no reason that you need to take annoyance, or being  
grumpy, or grouchy, into the day. See them, see all like spirits, and  
energies, of them, as temptations to rob you of the glory of the day, you  
wish to create. See them as the signs they are. And The Holy Spirit says:  
Rather than being annoyed, which is a temptation into judgment,  
choose to be amused, amazed, surprised. Make a choice of light  
when a situation presents itself where you might be annoyed.  
You will be surprised at the power you have to create.  
Reject the temptations that come your way, more as signs  
then anything else, showing you, "get ready, something  
is going to happen and it will involve negative energy  
very soon." Read the signs. Save your energy.  
Refuse to be robbed of the glory,  
of the day, you are creating,  
and the day will then  
be joyous,  
glorious,  
and happy.  
Read the signs.  
Master the energy.

September 7, 2012

Within  
creation, are  
the components  
accomplishment and responsibility.  
And The Holy Spirit says:  
Today, as you set your intention to create,  
create a day that will be joyful, or peaceful, or happy,  
filled with understanding, or compassion, remember this,  
'When you create, you accomplish, you achieve a goal; but it  
brings with it the responsibility, of that which you create,  
that which you achieve.' When creating, keep in mind  
that you are responsible, for all that you create.  
Set your intention, now, and create a day  
filled with light, and love,  
and peace, for  
it will live  
forever, and  
it will be your  
accomplishment,  
and your responsibility.

September 6, 2012

Today,  
before you  
take one step  
into the new day,  
set your intention,  
specifically, to focus, to  
make the day a day of: joy,  
or peace, or glory, or compassion.  
Right now, set your intention, for the day.  
And The Holy Spirit says:  
Set your intention now; focus, and create a day of joy, or  
understanding, or glory, or peace; and, come the end of the day, you  
will be amazed, miraculously, the day turned out exactly as you intended it to be.



September 5, 2012

If  
you will  
set your intention  
to think, say, and do love,  
and only love, you will have no burden, you  
will have no worry, you will have no concern,  
because you will know, you are doing My will.  
And The Holy Spirit says:  
There is no need to ask, God delivered the message,  
thousands of years ago, "Love one another."  
That is it. That is all that is necessary.  
You will be in peace.  
You will not  
be confused,  
or in chaos.  
No matter what  
is going on around you,  
you will be calm, because you will be  
doing the will of God. "Love one another."

September 4, 2012

When you step into a sacred space, you will feel the difference: it  
is tranquil and calm; the energy is not jagged, it is peaceful; and  
there, in that sacred space you will feel the presence of God, all  
around you; because it is in balance with All That Is. Seek a  
sacred space and be still therein; for it is within this state  
of perfection, that you will hear, and know, and see;  
it is in a sacred space, where you will find peace.  
And The Holy Spirit says:  
Come, and rest in the arms of Spirit.  
Push all things aside.  
Let nothing disturb you.  
Listen to the gentle voices  
whispering... from... within.  
Listen to 'the song of nature,'  
filling the trees, and the stream,  
and be at peace. And, in this state,  
expect miracles; expect to see angels,  
walking. Expect to see the unseen!

September 3, 2012

Do not be dismayed, when that which you think you need  
does not materialize; for soon you will be amazed,  
when that which you, truly need is with you;  
for I will provide that which you need.  
And The Holy Spirit says:  
Many times, the ways of the world  
distract you, from a place of peace  
where you are calm, and these ways  
lead you from here to there, seeking some-  
thing, which, you believe, will fulfill your needs.  
Be slow to rise-up to follow the ways of the world... for  
they are tiring, and exhausting. The ways of God are calm,  
and peaceful, wherein you find that which you need is within you.

September 2, 2012

If there are unresolved situations in your life,  
or matters still remaining in chaos and confusion,  
set your intention to take care of these situations, and  
matters, bring them into balance, bring them to Me, and  
they will be resolved! Before you begin another week... go,  
go to your brothers or your sisters and resolve these issues,  
these matters. And then, once that is accomplished, you  
can move forward: forgiving all things, not judging,  
loving. In this state, you will be able to move  
to a new place; and,  
you will, truly,  
know peace!  
And The Holy Spirit says:  
To be willing to address issues,  
or matters others might want to push aside, or forget,  
will require that you slip in to the cloak of humility and go;  
go to take care of things, as God would have you go; go to look  
at issues, and situations, through the eyes of God; and in the light  
of God, all things will be resolved, forgiven, and you will know peace!

September 1, 2012

The  
first step  
to a broader,  
and more sacred, spiritual life, wherein  
you are constantly connected with Me,  
in a very special way, is forgiveness.  
When the day comes that you can say,  
"I have forgiven all things past; I forgive  
all things present; and I forgive all things  
in the future," you will come to  
know Me better.

You will see, as I see.

Forgiveness is the key.

And The Holy Spirit says:

The difficulty experienced by many in forgiving,  
is the direct result of all the things you have been taught  
by the world. But understand this, the world teaches separation:  
the world teaches you against this one, or that one, or the other; but  
that is not The Way of God. All is united, one! What you say or do  
to another, you say and do to yourself. What you think of another,  
you think of yourself. What you forgive in another, you forgive  
in yourself. "Forgive us, our trespasses, as we forgive those  
who trespass against us." These are the Words, you say,  
in The Lord's Prayer. Have you ever wondered why  
they are there? It was one of the first signs, to  
show you the connection between you,  
and your brothers and your sisters.

Forgiveness is the key.

Use it today!

August 31, 2012

Resist 'the temptation,' to tell others  
what you think they should do; for,  
they will close their ears to your words,  
and close their hearts to the message.

And The Holy Spirit says:

When your actions are your message  
there is no need for words, lectures  
or chiding. Be the living word

and you will deliver

the message, all

will see, and

know!

August 30, 2012

If,  
for  
just  
one day,  
you will give Me  
all that burdens you, you  
will experience a miracle!  
And The Holy Spirit says:  
When you place all things  
in the hands of God  
you will come  
to know  
peace;  
for God  
will point  
The Way, so  
your actions will  
be, divinely, inspired.

August 29, 2012

Do  
not  
waste  
the days  
you have  
been given  
to walk upon the Earth.  
And The Holy Spirit says:  
When you speak, let your tone be gentle.  
When you walk, let your step be a dance.  
Work, and play, with enthusiasm.  
Do not waste your time  
in anger, sadness,  
or misery.  
And live  
your life  
to the fullest  
measure. This is your  
day! This is your time Live!

August 28, 2012

Today  
is the promise  
of a new day fulfilled.  
And The Holy Spirit says:  
This new day is creation continuing;  
it has never been, before; it is your opportunity  
to create, to continue, the great creation story. What  
will you create today? How will you fulfill the promise?

August 27, 2012

When  
you come to know  
the trials and challenges, as  
gifts, disguised as opportunities,  
you will know the ways of Wisdom.  
And The Holy Spirit says:  
Today, see all you encounter, as  
an opportunity to grow  
in wisdom, learning  
to master every  
situation.

August 26, 2012

In  
judging  
another, you  
judge yourself.  
In judging another,  
you condemn another; and,  
open the door to their knowing: guilt;  
anguish; shame; frustration; confusion; and  
many other heavy energies. In judging another,  
you are locking the chains, firmly about yourself, sealing  
yourself, into the seat of judgment. But when you are forgiving,  
you are blessing another, freeing them from all things associated  
with the situation, or occurrence, and you break open the chains,  
which are binding you! When you learn the difference, between  
knowing, and judging, and you learn the difference, between  
forgiving with you heart, or forgiving with just words,  
you will know, eternal freedom.

Judge not. Love. Forgive  
all things, in love,  
and you will free  
yourself, and all others.

And The Holy Spirit says:

Wisdom lies in 'knowing,' not judging.

Wisdom lies in the gift of forgiveness. And  
the one who knows, and the one who forgives,  
is free, eternally free, free from anger, free from  
frustration free! Judge not! Forgive all things!

August 25, 2012

Nothing  
you do today  
is more important  
than connecting  
with Me, and  
letting  
My love  
flow freely  
through thee.

And The Holy Spirit says:

Let everything you do today,  
from the smallest, to the grandest  
in scope, be filled with the love of God.

August 24, 2012

Let your days be filled with joy,  
and your nights be filled with peace.  
And The Holy Spirit says:  
When you are walking and talking with God,  
when you are walking with your hand  
in the hand of God,  
the ways  
and the  
troubles  
of the world  
will not distract  
you from joy and peace.

August 23, 2012

As  
you  
go forth  
into the day,  
remember, you carry  
your experiences with you;  
therefore, it is incumbent upon you  
to bless and forgive experiences which  
are no longer serving you well. Release them, and  
fill that space with My love, and light, and peace; and then  
go forth carrying My love, My light, and My peace, and show it  
to the world, and all who will look and see, My glory, in thee.  
And The Holy Spirit says:  
Do not go forth in hesitation. Do not go forth longing for  
what has been. Go forth, with a grateful heart,  
thankful for all the blessings, and gifts,  
you carry, within! Go forth, and  
shine, as a morning star.  
Go forth and shine,  
as the rising sun.  
Go forth and  
shine!

August 22, 2012

Every time your heart says, "I forgive," and your words are pronounced flowing through your lips, it is as a song ringing through the corridors of Heaven, "There is a child upon the Earth who has forgiven!" And The Holy Spirit says: This day, visit the places, within you, which need attention. Go humbly: forgetting arrogance, forgetting hurt, forgetting pride; and, therein, you will find the ability to say, "I forgive!" This is the day, this is the hour, for once you know it is within your power, to forgive all things: you will break the chains, which hold you in place; you will feel the tears, and you will raise your face toward the sun; and you will receive, fully, the grace of God, for that which you have done; for, you have forgiven, all things!

August 21, 2012

There is a time for action.  
There is a time for rest. And  
you need both to do your best.  
When it is time to work, work.  
When it is time to play, play.  
When it is time to rest,  
be still, be quiet,  
and let your  
head rest  
peacefully  
on the pillow.  
And The Holy Spirit says:  
When you are tired, when  
you need sleep, it is easy for negativity  
to slip into the fibers of your being; and you become  
grumpy... and grouchy... sometimes unkind. But if you will  
combine: work and play and rest, you will find the results divine,  
you will be in balance, and you will move through your day at peace.



August 20, 2012

Resolution, for all issues, is revealed within My light.  
And The Holy Spirit says:  
When you are in the light of God there is no shadow,  
there is no darkness; for you see and you know,  
as God sees and knows; for the light of God  
is flowing... through you... illuminating  
Earth! Carry this light... with you.  
Make it... the... most important  
thing you do! Deliver The  
Light, and in this Way,  
Truth is illuminated  
for all to see  
through  
you!

August 19, 2012

Every act  
of forgiveness  
brings the peace  
of Heaven to Earth.  
And The Holy Spirit says:  
The one forgiven is blessed with peace of mind.  
The one forgiving is blessed a hundred fold,  
over and over again, as each  
forgiving, unfolds;  
because no  
one, upon  
Earth,  
has taught  
how to forgive,  
as completely and fully  
as God. Therefore, the one  
forgiving, has been taught by God.

August 18, 2012

A compassionate heart beats  
within the one who is a comfort to all.  
And The Holy Spirit says:  
Resist the temptation to chide, to correct. Rather,  
be compassionate, and understanding, and in the  
atmosphere of this comfort, all will be resolved,  
as they will see the light of God within  
you, and once this is accomplished,  
no correction, no chiding,  
is required. All is  
as it is, at  
peace.

August 17, 2012

Go forth,  
and bless the Earth.  
Bless all inhabitants of Earth.  
Bless the wind, and bless the stars.  
Bless all things, as you travel.  
And The Holy Spirit says:  
Bless the flowers  
with your  
glances.  
Bless the wind  
with your laughter.  
Bless each other, with  
your touch, and gentle words. Bless  
all things; for, you are God, walking upon Earth.  
God is flowing through you, touching Earth, through you!  
Go forth; and, let God bless Earth through you, and be at peace.

August 16, 2012

A  
kind, and  
gentle touch is  
a healing balm, for  
the wounded heart, as is  
the kind, and gentle voice.  
And The Holy Spirit says:  
The gentle touch is the healing balm,  
and the gentle voice is the healing elixir,  
which will bring peace to the wounded.  
Sometimes you encounter those  
who appear to be well  
on the outside,  
yet are sick, or  
wounded within.  
Speak softly, touch  
gently, and you will heal  
all you encounter. Be at peace,  
in the light of God, deliver the love of God,  
and you will heal, and those you heal will be made whole.

August 15, 2012

Let your heart be filled with kindness, so that  
you might be generous with the love, I give to you.  
Do not hold it, within you. Let My love flow, through  
you, to others. Be kind, and generous, with My love.  
And The Holy Spirit says:  
When the times settle upon you that make it difficult  
to love, be still, and let God love, through you.  
Soon, you will find that, as God's love  
has flowed freely through you,  
to others, you are back  
in balance, and you  
can love, once  
again.

August 14, 2012

Be kind  
to each other.

Be gentle with the wounded.

Kindness, even the sound of the word is sweet,  
and falls gently upon the ears. You cannot love,  
without being kind. You cannot show The Way,  
without being kind. So this day, let it be your  
intention to be kind in every way.

And The Holy Spirit says:

The world is filled with people  
who have knowledge:  
some of the knowledge  
is old, and well-learned;  
some of the knowledge has  
just been acquired; there are people  
who will teach, and tell you things, and correct you; but,  
without kindness, there is no showing The Way, there is no loving,  
there is no instruction, that will fall gently, upon the ears. Therefore,  
this day, before you take one step into the new day, let it be your intention  
to be kind, in every way. The world needs kindness, deliver it, today.

August 13, 2012

Today,  
be still,  
and listen to  
the song of nature.

Listen to The Wind: listen to  
the song of the rushing water; listen  
to the birds, and the insects.

Listen, and you will hear;  
and, I will speak to you,  
and it will be clear, because  
it is written, upon your heart.

And The Holy Spirit says:

Listen, the song of nature is calling you  
to come-out and play; it is calling you  
to come-out and pray.

It is calling you  
to be joyous,  
today.

August 12, 2012

Let no judgment fill your thoughts.  
Let no judgment fill your words.  
Let no judgment fill your deeds.  
And The Holy Spirit says:  
Let your thoughts be filled  
with light, seeking  
to use the tools,  
the gifts, God  
has given you!  
Choose patience,  
and understanding,  
and compassion, and  
tolerance. Choose love,  
peace, tranquility and serenity.  
Choose wisely, and be the light!

August 11, 2012

When it is time to move, to take a step forward,  
keep your eyes focused on My light, ever on My light.  
Walk over the Earth with your head held high, looking  
toward the sun. And in this way, even when the day  
brings raindrops and clouds, you will find, soon,  
My light is creating rainbows for you.  
Rise-up, and walk in My light.  
And The Holy Spirit says:  
There is no need to move in shadow,  
and darkness, for the light of God  
will guide you. The light of God  
is within you. The Kingdom  
of God, is near to you.  
Reach-out.  
Look into the light.  
Take the hand of Jesus, and walk  
all the day, until night, and then rest, so that  
you might rise-up, and begin your journey again,  
when the light shines brightly, and the new day dawns.

August 10, 2012

A being of light will never lead you into a state of anger,  
but the being of light will be ever with you, to lead you  
out, of the state of anger. It is all in the choosing,  
and in the choosing you grow in wisdom.

And The Holy Spirit says:

Great wisdom is the gift to the one  
who comes to know this: "The  
only road to anger is paved  
in shadow and darkness."

Angels will not lead you down  
that path; but, they will reach-out,  
and lead you from the path into the light,  
every time. Wisdom rides on the wings of angels, and  
is the gift of the one who will receive the message, and know it.

August 9, 2012

When the world around you is caught in an atmosphere of unrest,  
and you are 'tempted,' to move into 'a state of anxiety,' or to 'be  
anxious, about things beyond your control,' be still, be quiet,  
and establish peace within your being; and this will grow,  
and your level of anxiety will be very low; and you  
will master the situation, with clarity.

Choose peace, over chaos.

And The Holy Spirit says:

It is important to remember, that  
while you cannot control, what others  
think, and say, and do, you can master  
your connection, with God, in such a Way,  
that you are in the light of God, even when  
there is shadow, and darkness, all around you!  
Reject 'the temptation,' to move into energies  
created by others; and be at peace. Be quiet.  
Be still. And within, you will find peace.

August 8, 2012

Do  
not wait  
to seek forgiveness;  
do not wait to grant forgiveness; for,  
the longer you wait to put things right, and in balance,  
the more the energy becomes engrained within you;  
it is harder to do; therefore, do not delay, put  
everything around you in balance, today.  
And The Holy Spirit says:  
Everything will go smoother, if  
you take care of issues first,  
before going into the day.  
If there are things out-of-balance,  
around you, it is easy to be distracted  
from your goal. When everything is in balance,  
around you, it is easy to focus on your goal.  
Today, tend that which needs  
tending, mend that which  
needs mending; and,  
you will be free  
to continue,  
along The  
Way.

August 7, 2012

Free yourself. There are other options: rather than  
using anger, or judgment, use peace, use  
understanding, use compassion; for, within  
peace, understanding, and compassion,  
you will find the gift of wisdom;  
and then wisdom will replace  
anger and judgment.  
And The Holy Spirit says:  
Reject judgment.  
Reject anger.  
Choose  
peace.  
Choose  
understanding.  
Choose compassion.  
And in the choosing of peace,  
understanding, and compassion,  
you will receive The Gift of Wisdom.

August 6, 2012

When you stay focused on My light  
and use the gifts of The Holy Spirit  
as you move over the Earth, you  
are less likely to be distracted  
by the ways of the world.

Give Me your eyes,  
and you will see.

Give Me your tongue,  
and the words will pour forth  
from you, and they will be of wisdom.

Give Me your ears, and you will hear,  
with compassion and understanding.

Give Me your life, and you will  
live, eternally, in My light.

And The Holy Spirit says:

Sing a song. Sing a song  
of God's love, all the day long; and,

your days upon the Earth will be blessed, and

Earth will be blessed because of your days upon her. The song  
will carry you through the day into the night; it will be the rhythm of your  
feet in the day, and your lullaby by night. Sing of God's love, all of your life.



August 5, 2012

Choose wisely! Whatever you are to do, will best be accomplished, by using the gifts given to you; I have already filled you with all that you need; and, that which you are to accomplish will be done, as it is meant to be done, by using The Gifts of The Holy Spirit. Reject, the heavier energies, because using them will bring you into struggle.

It will be like 'wrestling the wind,' you will end-up exhausted, not knowing, where you have been. Choose the energies that are The Gifts of The Holy Spirit; and, you will not wrestle the wind, you will ride The Wind.

Choose love, understanding, compassion, forgiveness! Incorporate peace and light, in all you do.

And The Holy Spirit says:

Whatever you are doing,

stop, and pay attention to the energies

you have chosen. It might appear at first, harsh;

but it is true you choose! You choose energies, and

in the choosing, you determine how you feel! If you choose

sadness or worry or anxiety, you will feel heavy, you will struggle

to accomplish that which you need to do. If you choose frustration,

and anger and confusion, you will become sick, and disease will fill you

because of the energy you have chosen to use. Choose love; choose light;

choose forgiveness; choose understanding; choose compassion; there are

so many gifts to pick from and they are yours! The choice is yours!

August 4, 2012

Live, for the beauty of living. Be, for the glory of being.

Love, for the joy of loving; and play as a child. Play, for the sheer excitement, and pleasure, of playing. These things I say to you, because you are upon Earth. See it. Taste it. Feel it.

Be, for the glory, of being. And The Holy Spirit says:

Sometimes you receive a gift; and the gift is special

and unique, extraordinary in fact; the gift,

is a day to just be to notice,

recognize and

appreciate the beauty of

a leaf, as it changes from one color

to another; to see a drop of water fly-up,

from a rushing stream, caught in the wind,

glowing in the light of the sun. These things happen,

and you are there to experience the happening! Today,

receive the gift, it is yours. And live, for the glory, of living.

August 3, 2012

When  
you find, at last,  
you are willing, and able,  
to reject the temptation, to  
react to another's energy,  
you will find, you are  
free; you are free  
to live, in  
My Light.

And The Holy Spirit says:  
Be still. Be quiet. And in  
the stillness, and the quiet,  
you will feel the presence  
of God, with you, within  
you, and you will be  
living in Heaven,  
as you walk  
upon the  
Earth;

for, it is surely with you, and it will remain with you.

Reject the temptation to react to negative energies; cast them  
from you, and be the river of God's love; let it flow upon the Earth,  
for the time has come! Rise-up, and free yourself, in the light of God.

August 2, 2012

Reject the  
temptation  
to 'use,' your  
precious energy  
to fuel shadow and darkness; use  
your energy to enhance My light.  
And The Holy Spirit says:  
Every hour, on the hour, remind  
yourself that it is your intent-  
ion to choose to enhance  
the light of God.  
Every  
hour  
of the day,  
remind yourself  
that you wish to be  
the light to show The Way.

August 1, 2012

It is not necessary to wander in darkness and shadow,  
for I AM calling My children to rise-up, and come!

And The Holy Spirit says:

You will be called, from the core of your being.

You will feel the stirring, from within,  
and you will know it is time  
to rise-up, and begin.

Once you have

heard the call,

recognized The

Voice, and know

the truth, you cannot

deny that, which you are to do.

The world will hold you in place no longer,  
for you will 'know, it is time, for you to rise-up.'

July 31, 2012

There

are times

when you are

called to rise-up, and

travel up the mountain,

to sit at the top, so you can see

with clarity and be taught by Me.

And The Holy Spirit says:

Do not pass judgment on an individual or a situation

before climbing the mountain of God to be taught eternal  
wisdom; for, once this is done, and the journey accomplished,  
you will know, you will see, and you will not judge, at all!

July 30, 2012

Constant vigilance, and knowing what you are doing,  
will protect you, from the temptations, of the world.  
And The Holy Spirit says:  
Pay attention. Be vigilant. The one who 'knows,'  
about energy will never be tempted into anger.  
The one who knows about energy will never be  
tempted into sadness, or sorrow, or grief.  
The one who knows about energy  
will not be tempted  
into anxiety, worry,  
and concern. The one  
who knows about energy will not be tempted  
to use the heavier energies. Pay attention, so that you  
might see, and know, what you are doing; for, who would choose  
darkness and shadow over light; and the answer is the one who is not  
vigilant, the one who does not know. Therefore, be vigilant, and know.

July 29, 2012

You  
cannot truly  
experience the gift  
that is your life, until  
you 'forgive,' all things!  
And The Holy Spirit says:  
Be the transgression minor,  
or major, it must be forgive  
en for you to be free; for,  
in the forgiving of an-  
other, you are for-  
giving yourself  
as well, as  
we are  
one.

July 28, 2012

When you feel the stirring within you, and you hear the call to action, do not concern yourself, worrying: if you are ready; if you are prepared; if you will say, and do, the right thing; for I tell you, when My hand moves, and I say, "Rise-up," you are ready, for I sent you to Earth ready. The stirring and the call and the hand, signal, and you begin to awaken, from within. You are ready! Rise-up! You have all you need to begin. And The Holy Spirit says: Confidence comes from "knowing," what you are doing; and confidence to walk The Way, comes from faith, believing that God knows, what God is doing, through you!

July 27, 2012

You never feel as good, as when you are doing something for someone else. And The Holy Spirit says: When you want to lift-yourself-up, when you feel you are a bit out-of-balance, or a little low, do something for someone else. Pick-up the phone, and call. Travel a bit, so that you might, knock on the door, and see the surprise, and joy, in the eyes, of the one who is opening the door to you. Wrap-up a gift with bows and ribbons, in great anticipation of the one who is to receive it. Whatever you do for another rewards you twice: the joy of giving, and the joy you receive, from their delight. This day, do something for someone else.

July 26, 2012

Praying is speaking with intention,  
for a purpose, seeking guidance.  
And The Holy Spirit says:  
How do you pray to God? Do you  
limit your connection with God  
to be only that of prayer? A  
prayer is a request, asking  
for something. Today,  
try calling Home,  
just to talk  
to God,  
or better yet,  
call Home and ask God,  
"What would you tell me today?  
Talk to me God." You see, you can speak to God  
without praying for something. And when you begin  
to speak with God, your wisdom will grow; and, that  
which you 'know,' will be eternal, learned from God!

July 25, 2012

What you  
will not forgive  
from the past, you are destined  
to meet again in the future. Use the present  
to free yourself at last. Forgive all things  
so that you might be free.  
And The Holy Spirit says:  
Use today, as  
the precious  
opportunity it is.  
Forgive all things,  
all things you have experienced  
in the past days of your life upon Earth,  
so that you might go into the rest of today  
and tomorrow, and tomorrow, and tomorrow,  
without repeating the lessons of the past. Lessons  
well learned, can be put on a shelf, creating a valuable  
library, where you can go, and see, and know. Today,  
create your library of lessons: all blessed, all released, all things  
forgiven, so you might go there, and see, and know. Bless the past,  
so that you might live freely, in the future, and do these things, today.

July 24, 2012

Take  
responsibility  
for that which you do.  
Be quick to forgive others,  
be quick to forgive you.  
And The Holy Spirit says:  
When you take  
responsibility  
for that which  
you do, you find it is best  
to resolve issues, to forgive, and  
to do so, quickly. And once you begin  
this practice, you will find that: you are healthier  
of body; your spirit soars; and your soul is at peace.  
Be quick to offer forgiveness, extend it at every opportunity,  
and accept responsibility, for all that you do!

July 23, 2012

My children, every opportunity presents a chance to choose. It is  
as if you were turning toward a shelf and reaching-up and saying,  
"In this case, I choose anger." or, "In this case, I choose love."  
And The Holy Spirit says:  
Living a full life upon Earth, puts you in different situations,  
scenarios, opportunities every day; and with each situation  
you must make a choice. It is time to look at situations,  
and encounters, as the opportunity to make a choice,  
and accept responsibility for the choices you make,  
for, they are yours! Every time you choose love,  
that is what you experience. Every time you  
choose forgiveness, that is your experience.  
Every time you choose understanding,  
and compassion, that is your  
experience.  
The choice is yours.  
This week you will have  
many encounters, choose wisely.

July 22, 2012

It  
is good  
that you practice  
non-judgment; for every time  
you judge, you are reacting to another's energy,  
taking-part-in something 'created,' by another.  
Reject judgment outright, for  
it is negative. There is  
no light in  
judgment; it is  
good, that  
you practice nonjudgment.

And The Holy Spirit says:

Be mindful, every time you react  
to another energy, you are giving  
your precious 'gift,' your energy,  
your life-force, to another's cause.  
Better to stand in the light of God,  
and let the power of God fill you, so that  
you might magnify the power of God, so that  
you might give your energy to the cause of God.



July 21, 2012

When  
there is some-  
thing, you desire to do, or  
accomplish, which does not come easy,  
it is worth doing, worth accomplishing.

And The Holy Spirit says:

If it is your intention not to judge, repeat  
over, and over, and over again:

I will not judge.

I will not judge.

I will not judge.

This repetition, this affirmation,  
will lead you to where you want to be,  
because with every positive affirmation, you are  
closer, and closer, to your goal. You are creating  
your goal upon Earth, and it makes it easier to do,  
rather than more difficult to do. At first, you will  
say it... many times a day... and then... as it slips  
within your being... you will find, you do not  
have to say it as much, because you have  
created it, and it is where you go,  
it is where you live, it is how  
you live. "I will not  
judge." Be at  
peace.

July 20, 2012

Do  
not let  
your thoughts  
become an incubator  
for darkness, and shadow.

Judgment is born within your thought, and will be eradicated  
from your thoughts, by practicing, and being vigilant.

Every time you conceive a thought, bless it  
with My love, and My light. Refuse  
to give your mind, and  
your thoughts, to  
darkness and shadow.

And The Holy Spirit says:

Judgment is born, in your thoughts;  
when you refuse the temptation to think of  
judging another, or yourself, you close the door,  
you send it from you; and, you are free! Free yourself  
of the heavy burdens of judgment, for judgment leads quickly  
to anger. Do not judge. Love. Let every thought be blessed by you,  
and soon you'll find that is what you do to rid yourself of judgment.

July 19, 2012

The  
first step,  
to living without judgment  
is to say, and repeat, "I do not judge this.  
I see it, and know it, without judgment."

And The Holy Spirit says:

For those who wish  
to rid themselves  
of judgment  
you must  
practice!

You cannot say,  
"I wish to be rid of judgment,"  
and have the work done. It is constant work,  
it takes vigilance, it takes practice; everything that happens,  
you must see, and know, and say quickly, "I do not judge this."  
As you begin to say this with every occurrence, and in every situation,  
you find that soon you actually slip into believing it, to knowing it; but it  
takes practice, for it to be second nature, for it to come easily. Practice,  
"I do not judge this. I see it, and I know it, without judgment."

July 18, 2012

There is no excuse for anger.

It is a violent energy, which  
destroys, and kills, love.

And The Holy Spirit says:

The time is come.

It is time,

upon Earth,

for the children

to pay attention, and

to know what they are doing

when they choose to use anger.

Anger cannot be displayed, or used,

unless chosen. It is time for the destruction,

brought about by anger, to end; and the only way

it will end is for the children upon Earth ~ to reject

this violent energy. It is the time for peace, for com-

passion, for understanding, for love. The time is now,

set aside anger; for, everyone of you who chooses to do

this, Earth rises-up, begins mingling, closer, and closer,

with Heaven. If just one of you will reject anger today,

Heaven will flow more abundantly onto Earth.

July 17, 2012

Sometimes

the only words

needing to be said,

the only message,

needing to be sent,

is carried on the

wings, of a

silent prayer,

held in the breath

of a sacred prayer.

And The Holy Spirit says:

Do not open your mouth

to add to the chaos. Open

your heart, and magnify

the love, of God, flowing

to you. This is the, only,

Way to calm the storm,

to bring clarity to

confusion.

July 16, 2012

When you  
replace the question,  
"Why did this happen?"  
with the question, "What  
is best for me to do right  
now?" you will find  
your confidence  
grows,  
and  
wisdom  
grows with it.

And The Holy Spirit says:  
Every situation which occurs  
is the opportunity to practice mastering  
the energy of the moment. Nothing comes to you  
that cannot be mastered by you. This is how it works; it is  
a constant chain of opportunities to master the energy of the moment!

July 15, 2012

I wish for My children upon Earth to be  
representatives, of My Living Word, showing all  
who come near you, that not only do you hear My Words, but  
My Words fill your heart; and from your heart... springs forth  
My Love, My Light, My Peace, My Wisdom. Live The Word.  
And The Holy Spirit says:  
It is easy: to hear, to listen, to memorize, to speak or to say,  
the words you have heard, or read; but these words, held only  
there, are akin to something you have picked-up in you hand  
but slipped in your pocket never to use; and they soon fall  
from you, and have little meaning; but the things  
that you hold on your heart, blossom, and bloom,  
for all the world to see! Therefore, when  
God's Love is flowing to you, let it reside  
in your heart, and from your heart,  
let it flow, freely. In this Way  
you can be The Living  
Word, of God,  
upon the  
Earth.

July 14, 2012

Resist the temptation  
to tell others: what to say;  
what to do; what to think;  
what to believe; how to act,  
what to wear. Resist these  
temptations because, it is  
with gentle care that, I  
call each child, when  
the time is perfect;  
and in that 'time  
of perfection,'  
they hear,  
and rise-  
up, and  
come.

And The Holy Spirit says:  
The eternal promise is fulfilled  
within each one of the children of God,  
as they are summoned, at the time; for, when  
there is the stirring from within, there is no denying  
the call: it is strong; it is sweet; it is profound; it is simple;  
it is opening the door and seeing clearly the path set before you.

July 13, 2012

"Discovery, revelation, fulfillment," these are 'the gifts,'  
for the one willing: to make the journey, to move into un-  
charted waters, to follow the path, led by the hand of God.  
And The Holy Spirit says:  
No preparation is necessary, for one of the greatest adventures  
you will ever make; no luggage or baggage is necessary; the  
only thing required is ~ a willing heart ~ and when you  
take the first step, and feel the breath of Spirit,  
you will rise-up, riding The Wind  
going to places, you've  
never been! Let  
the journey  
begin.

July 12, 2012

Kindness,  
and generosity,  
begin at home; and the home  
of which I speak, is within your being. Today, focus  
your attention on being kind, and generous, with yourself.  
Love yourself, as I love you. Give forgiveness to yourself,  
as all you have done, and ever will do, is already  
forgiven, by Me. Be gentle, kind,  
and generous to yourself; and,  
at the end of the day,  
this I promise,  
it will be easier,  
in fact it will just happen, that  
as you are kind and generous to yourself,  
it will automatically flow to others. Today, focus  
kindness, and generosity, on yourself, at home, within.  
And The Holy Spirit says:  
When the day comes, when you awaken, and you are enlightened to  
the Truth, and the miracle of your existence, of your eternal life, you  
will be amazed. Tears will wash your face, as you come to understand,  
you are born of The Eternal Parent, and you will live forever, changing,  
evolving, moving through all time, and space, wherever you wish to go,  
because God, has loved you so, that you have been given life, eternal life.

July 11, 2012

Nothing will ever stop My love flowing to you; and it is the same, it is power and strength, flowing to you. Open the doors, move the obstacles, and feel My love flow, into you; it has no measure, it is the treasure, of: the kingly dimension, The Kingdom of God, The Dimension of Perfection. Once you receive My love, do not block it, bottle it, or box it, do not confine it, or restrain it. Open your heart, open your being, and give the world the gift of My love, through you.

And The Holy Spirit says:

When you are a parent, your heart sings when you hear the laughter of your children, when you feel their presence. And it is the same with The Heavenly Parent, The Eternal Parent. Your happiness means... that you are trusting... in your Parent, that you are pleased with the love you feel from your Parent; and, in this happiness, and in this pleasure, you are confident, and you 'trust.' Today, go forth with a happy, open heart, and deliver the love of God to the world. Every step you take, upon the Earth, can be a blessing, from God. It is all up to you. Today, choose to go forth, and in every way bless Earth with your presence.

July 10, 2012

You do not even have to ask, for I will give you all that you need.

You are My child; when you knock upon the door, I will open the door; and, you will see Me, and you will know Me.

And The Holy Spirit says:

You will find happiness in providing for others! When you see a need, fill it.

Do not be concerned about:

what you have, or what

you don't have;

what someone

else is doing,

or not doing;

be focused, first,

on what you are willing to do

for another, what you are willing to let God do

for another through you; and then, that which you seek,

will miraculously become that which you provide for others!

July 9, 2012

Do not worry. Do not hurry. Do not be concerned, about the work set before you; take one step, and then another; move with intention, and soon the minutes will flow, and one hour will move into another, and the day will be complete; and as the sun sets, you will feel peace with all you have accomplished, without worry, and without hurry. And The Holy Spirit says: Everything you create, everything you do, holds the energy of you, how you felt as you cleaned, how you thought as you worked; this energy is within all, all people, all spirits, all things. Today, as you start, you have the opportunity to place sacred energy, holy energy, healthy energy into everything. And at the end of the day as you turn around, you will realize what you have done, and your heart will sing, because the song of God is what you have placed in everything.

July 8, 2012

Reject worry, for worry is a stewing pot, bubbling, churning with negativity. Do not judge, the act of judging, calls you to a slippery slope. Be kind! And The Holy Spirit says: Earth was created... by the hand of God... by the breath of God, to be The Garden, of Eden! It is time that Earth be restored, to become The Garden, fully, again! And one way to begin is to stop worrying! Stop worrying, and focus on things of light; refuse to be drawn into the simmering pot, of worry. Reject judgment, of yourself or others! Rather, focus on the light that is within each of you; because, as you focus on the light of yourself, or another, that light becomes brighter, stronger, more vibrant. Be kind... to yourself and to others! These three things, will bring you peace; and, you will begin to recognize Heaven, as you are walking upon, the Earth.



July 7, 2012

You  
will find  
fulfillment,  
by embracing,  
and being willing to use: the gifts  
I give to you, with love; the gifts  
I give to you, freely; the gifts  
I give to you, because  
you are  
My child.

And The Holy Spirit says:  
When you embrace the gifts  
that you carry, within you, given to you  
by your Eternal Parent, you will find  
you can do all things, because God  
did not send you to Earth  
ill-prepared.  
You have  
what you need.  
You have all you need;  
so, embrace your gifts, open  
them, and embrace them. Today, be  
willing to use the gifts, you have been given by God.

July 6, 2012

If you will listen  
with an open heart, you will hear  
the gentle call; and, it will be Me!  
And The Holy Spirit says:  
God is speaking, will you hear? Will you  
listen? Will you be still enough, so  
that the direction is clear?  
God is speaking,  
will you  
hear?

July 5, 2012

You are  
as the flower,  
slowly unfolding,  
blossoming in My light.  
And The Holy Spirit says:  
Create days of perfection in the summer,  
and they  
will be  
the embers  
which will spark  
the visions of winter.

July 4, 2012

I  
give  
the gift  
of free will  
to every one  
of My children, freedom  
to choose, that which they wish to choose.  
And then, when they understand, when  
they have found wisdom in the gift,  
when they 'know,' what freedom  
really is, they give it back.  
And The Holy Spirit says:  
The wisdom held  
in the gift of free will,  
is that freedom is not meant  
for you to announce "I am free!  
I have free will; therefore, I can do this,  
or I can do that. I am free to do, whatever it is  
I want to do." Freedom is knowing the gift so well,  
and comprehending the wisdom of the gift, so eternally,  
that you are free, as God is free, to give the gift to another,  
letting them hold the gift, letting them come to the understand-  
ing of the gift, watching them grow, within the gift of freedom, you  
have given them. Freedom is a gift understood by few, desired by all.

July 3, 2012

Practice, learn, and work with the small, so you might well know the lesson, and stand tall, when the time comes. And The Holy Spirit says: Keep these things in your thoughts: if you are preparing for a music recital, you do not walk out on the stage and begin to play, or sing, the entire aria without practice; you practice each part, playing or singing, over, and over, and over again... until it feels a part of you... until there is no question, which note you are to hit, or which chord you are to play; and then, when you walk upon the stage, you are ready, for the day. It is the same with a spiritual practice. Practice patience, and kindness, and compassion every day: until it becomes, a part of you; until it emanates, from you; until your being is permeated with love. And then, when you walk upon the stage, standing before the world, for all to see, and enjoy the performance, which is thee, you will feel comfortable, you will 'know,' the note, you will be prepared for the chord, the practice will have moved into you, and become natural to do. Begin, with the small.

July 2, 2012

I AM the friend, waiting:  
to be acknowledged, to speak to you,  
to share a moment. I AM the parent,  
standing in the door waving goody-bye  
as you go-out to explore; but always  
present, for your knock, for that  
gentle knock, upon My door,  
'knowing,' you have re-  
turned home, to  
talk with Me.  
And The Holy Spirit says:  
Do not busy yourself in tasks,  
and chores, and clean-up, and book-work  
to the exclusion of being still, and speaking with God,  
for in doing so, you deprive yourself of the wisdom of eternity,  
wherein you can sit with God, and God knows you are tired, or  
lonely, or afraid, without a word being said. And God will  
take your head within His hands, and kiss your brow,  
and let you know that all is well; and it truly is,  
for when you are with God, all is well.

July 1, 2012

You,  
My child,  
are eternal!

You live, forever.

Therefore, before you begin this day,  
rise-up, as the eternal being you are,  
and set your intention  
for your plan  
for the day,  
and let it be  
simple, in every way.

And The Holy Spirit says:

Before you move into this new day,  
be still; and something will come from you,  
that will ignite your joy, and excitement! It will be  
a statement: pure, glorious, perfect. Hold that statement out,  
and announce it to all the universe: "Today, I will be perfect! I will  
love. I will be kind. I will be gentle. I will forgive all things." for,  
as you say this, and it becomes your 'intention,' you will feel an energy  
flow through you, The power of God, being magnified, by your intention  
to be kind, and loving, generous; and it will move you, through the course  
of this day and you will find the peace that is eternally with you!

June 30, 2012

Make ready to go into this new day  
with a joyful heart celebrating all  
that is yours, all that you have been given.

And The Holy Spirit says:

Even the earthly parent looks forward to the day, that  
their child is happy, at peace with themselves, and joyful.  
How much more so then, is your Eternal Parent pleased  
when you rise-up, and go into each day with a joyful  
heart, at peace with who you are! As you want  
your child to be happy, so, too, does God  
want you to be happy! Rise-up,  
and go into this day  
with a joyful  
heart!

June 29, 2012

True  
solace is found  
within My arms; and,  
once within My arms, you  
will also find: trust, faith,  
courage and confidence.  
And The Holy Spirit says:  
Others will often offer  
encouragement,  
and support,  
but true  
courage  
and confidence  
are found with God for,  
God can do all things through you!

June 28, 2012

The  
shortest route  
is most often, not  
the most fulfilling and rewarding.  
And The Holy Spirit says:  
Today, when presented with the opportunity,  
choose a longer, and more interesting route; take  
a winding country path, lined with flowers, over  
a sidewalk, next to a busy thoroughfare.  
Recline under a tree, watching  
a panorama of nature  
unfolding, all  
around you  
over sitting  
at home,  
watching TV.  
Today, absorb Earth,  
in all her glory; and be still, and be!

June 27, 2012

Do not let stress, over-  
shadow the miracle, of this day.  
And The Holy Spirit says:  
You are about to experience a new day,  
wherein all things are possible, cele-  
brate the possibilities, and live  
your life upon Earth  
to the fullest  
measure.  
The day  
is yours,  
live it in the  
light of God, and you will  
live the miracle of this day.

June 26, 2012

Do  
not be  
tempted into  
complacency, to  
experience growth you  
must be willing to experience  
change. And, The Holy Spirit says: Just as  
your physical body sends signs when something  
needs attention so too, does the spiritual body send signs  
when something needs attention. Recognize the signs and focus  
attention as directed and you will experience change, and growth, and peace.

June 25, 2012

You cannot change  
what happened in the past,  
but you can offer your perspective,  
so that the past becomes your teacher.  
And The Holy Spirit says:  
When you take the time to see events,  
of the past, in The Light of God,  
using understanding,  
compassion, and  
forgiveness,  
wisdom is  
yours.

June 24, 2012

Reject, outright, the temptation to create,  
or to take part in and magnify, the energies  
of aggression, retaliation, and confrontation.  
And The Holy Spirit says:  
For those of you who have ears to hear, hear this:  
"It is time to 'know, the lesson,' brought by The  
Living Word of God two thousand years ago.  
When one, or more, rises-up against you,  
do not retaliate, offer the gift of love;  
if one strikes you on the cheek,  
turn the other toward  
them." Pray  
for wisdom  
to understand  
the teachings of The  
Living Word of God, because  
the world has yet to 'know,' them!

June 23, 2012

As you begin a new day, remember this:  
everything you create, carries, within it,  
the energy of the one who created it.  
And The Holy Spirit says:  
Be mindful of the tools you choose to use  
when you are creating; for, the tools  
determine the spirit of that which  
you create, the energy of  
that which you create.  
If you are sweeping a floor, and  
you are doing so, because you are frustrated,  
upset, or maybe even angry, because someone has made a mess,  
or brought dirt into the house, or made a big spill, making it necessary  
for you to clean-up, are you using the energies of frustration, and anger;  
or, are you using the gifts of The Kingdom of Heaven, sweeping,  
and cleaning, with understanding and compassion, patience?  
Everything you create holds the energy of the creator.  
Therefore, think, as you are creating.  
Be mindful, and concentrate on  
the energies of light,  
and love, and peace. Reject  
the heavy energies, and your creation will be  
'of Heaven, of Light.' Know this, and be mindful!

June 22, 2012

Sometimes, the most important thing you can do,  
is to be at rest, be at peace; for, it is in the times  
of rest, when you feel stress, flow from you,  
relaxing your body, which makes being  
in peace more likely, more  
possible, more evident.

And The Holy Spirit says:

Relax your body.

When your body

is at-the-ready,

you are on-point.

You are ready to jump,

to move, to walk, to run. When

you take a deep breath, and relax, and let

your muscles be at peace, you feel stress flow

from you. Take a deep breath today, and let stress

flow from you in every way. The doors will be thrown

open, and the blessings will flow to you; and, as day ends, and night

begins, you will notice you feel more rested, more tranquil, more peaceful.

June 21, 2012

It is not necessary to wander, or wonder, in doubt,  
confusion, anxiety, fear, or chaos; for, I AM with you.

And The Holy Spirit says:

Just as a good parent, a good earthly parent, is with their child, no  
matter where that child might be, the eternal parent is with each child,  
individually. How many parents, earthly parents, send their child out-

into-the-world, every day? But they do not send them alone; their

prayers, and good wishes, their excitement, their faith, follow

that child; sometimes in daily prayer, sometimes in prayers

by the minute, by the hour! If this is within an earthly

parent - to know, and to do - how much more

does the eternal parent follow you, with

the blessings and the grace of faith,

and hope, and trust; providing

that you will be confident,

because you know who

you are, you come

from God; there-

fore you carry

PEACE.



June 20, 2012

You will learn more in silence  
than when you are speaking.  
And The Holy Spirit says:  
When you are in silence,  
when you are still,  
and quiet,  
you are  
the fertile garden,  
the soil made ready to receive:  
that which is new; that which is being  
delivered to Earth, for the first time;  
that which is unknown. It is good,  
and interesting, to exchange  
concepts, and ideas,  
with others;  
however,  
what you are doing, is  
exchanging that which is already known,  
trying to comprehend, that which has already  
been delivered; it is rehearsing, and reciting, the  
history, or the knowledge, of the world, of humankind;  
but when you are willing to set yourself aside, and be still,  
you are open to receive the gift, of that which is being delivered, for  
the first time. Be at peace, and receive the new message, for the new time.

June 19, 2012

Here.  
Come here,  
and take My hand.  
I give you My hand,  
so that you might walk  
with confidence, upon the Earth.  
And The Holy Spirit says:  
When you have trust, and faith,  
and put your hand  
in the hand  
of God's,  
you will not  
have to wonder,  
where you are going;  
or, why you are going; for  
you will know, 'God knows' where  
you are going; and why you are going.  
With your hand in the hand of God's, you  
do not have to wander seeking, searching,  
in the darkness and shadow, for God will  
show you The Way. It is a confidence  
that is borne within you every day  
when you are walking hand-  
in-hand, with God.

June 18, 2012

Every time  
you knock, I open the door,  
and take your hand, so that you might receive, that  
which you are to receive, so that you might have  
the help you need to find your way every day.  
And The Holy Spirit says:  
At the right moment,  
on the right day,  
at the right place,  
a most sacred space,  
you will knock upon the door,  
seeking; and, The Hand of God  
will open the door, and show The Way,  
will show you 'that,' which you are to do  
for the rest of your 'time,' upon the Earth.

June 17, 2012

When you provide a place for peace to dwell, within  
you, you create a sacred space and bless all you do.  
And The Holy Spirit says:  
Sometimes, when there seems more to do than you can do, and  
everything seems scattered about, and there is a tinge of confusion  
in the air, be at peace! For, whatever you do or create, holds  
the energy of the atmosphere wherein it was created!  
Therefore, provide a place of peace, so that  
all you do is blessed with that energy,  
following through from its inception,  
from conception, fully, then  
into a thing of creation,  
a thing of beauty;  
and a thing  
of peace.  
Everything  
you do, everything  
you create, everything  
you say, everything you think,  
should have its roots within peace.

June 16, 2012

I  
AM  
always  
with you.  
I will always guide you;  
but you will hear Me, and be guided best,  
when you are at peace and quiet rests within you.  
And The Holy Spirit says:  
Remember, as you go into this day,  
true joy and happiness,  
spring forth  
from within  
you, when  
you are  
at peace,  
with yourself,  
with what you say;  
and, what you do. Joy  
and happiness are abundant  
in the stream, in the river of peace.

June 15, 2012

No  
matter  
what you do,  
or where you go,  
My love is with you.  
And The Holy Spirit says:  
Sometimes when you wander far from the light of God,  
you feel alone, you do not see the light, or feel the love;  
yet, it is with you. Be still, and go within  
to seek the love of God. Be still,  
and go within, to find  
the light  
of God.  
Be still,  
and go within,  
and you will know  
the love, and the light,  
of God is within you, for all time!

June 14, 2012

The  
Garden  
that is tended  
with care, weeded,  
watered, and fed, will thrive,  
a creation, of great beauty, living,  
and blessing all who see it.  
And The Holy Spirit says:  
Personal relationships  
are like gardens:  
take time  
to care  
about others;  
weed-out ill-chosen words;  
do not let petty arguments take-root;  
do not let anger contaminate the soil  
in The Garden of Loving Others. Water  
with love, and feed with trust, support and  
encouragement; and, your relationships  
will thrive, a creation of great beauty,  
living, and blessing all who see.

June 13, 2012

Be  
mindful,  
of what you say;  
and, how you say it.  
And The Holy Spirit says:  
Kindness, understanding and  
compassion are the gifts of life;  
and will accomplish much good.  
Anger, frustration and coercion  
are the tools of shadow,  
and darkness; and  
are to be  
avoided.  
Just as  
the healthy tree  
cannot bear bad fruit,  
the diseased tree cannot bear good fruit.

June 12, 2012

Simplify, the most challenging  
task, by taking one step at a time;  
for all things to fall-into-place,  
you must take the first step.  
And The Holy Spirit says:  
You will be led into  
the realm of  
sacred  
mysteries,  
knowing one,  
and then another,  
step-by-step. For eternal  
wisdom to be yours, you must  
be willing to take the first step.

June 11, 2012

That which  
you accomplish today  
will be filled with grace  
when you do all things  
held within My Light.  
And The Holy Spirit says:  
When you come to know,  
that your life upon Earth  
is no accident, but that it  
is God's gift to you, you  
will see every day, as the  
golden opportunity it  
truly is.

June 10, 2012

The  
world  
does not  
give you The Light.  
I have given unto you The Light  
at the moment of your creation. The Light,  
at the core of your being, is a gift from Me,  
which you are to carry into the world.  
And The Holy Spirit says:  
Do not look to the things of the world  
to maintain your light; for,  
your light is a gift  
from God. And  
The Light of God  
can be seen in the eyes,  
in your eyes, in the eyes of others;  
look into the eyes, and you will see those: who  
are maintaining The Light, guarding The Light;  
who are consumed by The Light; who are The Light.

June 9, 2012

Let your every footfall  
upon the Earth: have a purpose,  
have a dedication, have meaning.  
And The Holy Spirit says:  
Let every step you take, be for  
a reason. Set an intention:  
"With this step, I move  
into the day.  
With this  
step,  
I silently pray.  
With this step I see things anew.  
With this step I am willing to do  
that which God wants me to do."  
Making your way over the Earth,  
with dedication, and purpose, will  
change the journey you are making  
from your birth, on your Way, back Home.

June 8, 2012

I  
AM  
with you,  
and will bless every chore,  
every task, all the work you do  
during the day. These things,  
that you create, or  
that you  
maintain,  
I will bless for you.  
I will bless through you.  
And The Holy Spirit says:  
Every single day you spend upon the Earth  
is meant to be an adventure... a journey... a travel  
of great worth. Look; and see; what you are doing. It  
is of great significance; and it is a piece of eternity. Right  
now, you are creating a piece of eternity; therefore, be mind-  
ful; set your intention to make every day, the best day possible,  
the leg of the journey you will remember, the travels of your life.

June 7, 2012

When you truly know,  
that I AM with you: you will not be sorrowful;  
you will not live in doubt; you will not be afraid; for,  
when you know I AM, with you, all things are right.  
And The Holy Spirit says:  
Do not limit yourself to that which you can accomplish  
on your own. It is time for a new perspective.  
Today, when you begin, before you step-out  
into the world, realize, God can  
work miracles,  
through  
you!  
Therefore, be not  
worried, concerned, anxious, or dismayed.  
Be present, in the power, and the light of God, and you  
will be amazed, at what this day delivers to Earth, through you.

June 6, 2012

Go forth  
into this new day, eager  
to experience what is set before you,  
bringing light bringing joy bringing peace  
to every encounter. Go forth into this day... in peace.  
And The Holy Spirit says:  
Go forth as a child, accepting all the wonder, accepting the miracles,  
without question. Send from you, cast from you, doubt, and worry,  
and concern. Reject: anxiety; judgment of yourself or others;  
for, if you take one step into this new day, carrying the seeds  
of such energy, this is what you will sow all along The Way  
as they will fall from you, and mark your way. There-  
fore, cleanse yourself of them, before you enter  
the day, so that as you walk, the seeds  
that fall from you,  
are filled with  
faith,  
and trust,  
and hope, compassion,  
understanding, love; let these  
be the seeds you sow today.



June 5, 2012

That which you gather around you,  
that which you tend, that which  
you speak that which you do is an  
outward sign of what you hold  
dear and upon your heart.

And The Holy Spirit says:

When you reach-out  
with your hand  
to touch the  
dog, or the cat,  
or another person,  
you are blessing them.

When you listen, and hear  
the song of the bird, the wind  
through the trees, and you smile,  
as you hear the laughter of children,  
you are blessing them all. When you look,  
and see, the setting sun, the rising sun, the clouds  
in the sky, the flowers bursting into bloom, you bless  
each of these. These are acts of love, acts of tenderness, acts of  
the presence of God, flowing through you, to touch the things of Earth.

June 4, 2012

Hear

Me, those

who have ears

to hear, hear Me:

if you will forgive the greatest of injuries,  
the smallest of slights, you will set yourself free,  
your spirit will take flight. You will know

no pain, no distress,

no disease,

if you will

forgive,

forgive

all things!

And The Holy Spirit says:

God has spoken. Let those

who are willing, set your ego aside,

and forgive. Forgive in great joy, knowing

what you are doing, you are setting yourself free,  
and in so doing, accomplishing the will of God, upon Earth.

June 3, 2012

I wish for you to know this: "You are totally in My Light, when it no longer matters what another says, or does; when it no longer matters what another is dispensing; for you see, if you are connected to Me fully intent on delivering My love, serving Me upon Earth, it will always be between you, and Me. For that is how it truly is, in eternity. So when the day comes, that what another says, or does, no longer interrupts your intention to deliver love to the Earth, you will then 'know, you are fully connected to Me!'"

It is important for you to know this!

And The Holy Spirit says:

Hundreds of times a day, you make decisions, you choose God, or you choose ego. When you interact with another person, you have the opportunity to bless them with God's love. When you choose 'anger,' over delivering God's love, you are turning your eyes, from the light, and focusing more on the ego, and the fight. This desire for retaliation, or to be right, in your interpersonal relationships, distracts you from your focus, from your communion, with God. This day let it be your intention to make your communion with God more important than anything else! Then you can walk into any room, carrying the light of God and no matter what is said or done, or thought, you are not distracted; because, what you say or do, to another, you say and do, to yourself; it is all connected! So in the face of adversity, when you can love, you are actually healing yourself, saving yourself, loving yourself; and in so doing, you are serving your God.

June 2, 2012

Listen,  
and have faith, and  
I will give you the words to say;  
and, in this Way, you will bless the Earth.  
And The Holy Spirit says:  
When you are tempted to express your opinion, dispensing  
knowledge regarding certain situations, be still, and listen  
for the words of God, which will flow to you; then speak  
the words, as they are given to you, for they will bless  
the Earth, with the wisdom, of God. It is better  
to bless the Earth with the wisdom of God  
rather than to express your opinion  
dispensing the knowledge, of  
the world, as you see it,  
or know it.  
Be still,  
and listen,  
have faith, and you  
will know what to say; for,  
it will come from God, and it will be  
a blessing, upon you, through you, to Earth.

June 1, 2012

If you can listen, when you feel like talking,  
or engaging, your reward will be a blessing,  
and you will see, and know. And things  
that you did not understand before,  
will be explained, just because,  
you were still, and listened.  
And The Holy Spirit says:  
Just because you are still,  
does not mean you are listening.  
Just because you are hearing another  
talk or speak, does not mean you are listening.  
Listen, with the intention to hear with your heart,  
and your soul, and your spirit. And, the results will be  
rewarding; for you will find, you know, you know beyond  
what you knew before the other was speaking, before you were  
listening, because: you are holding on your heart what is on theirs;  
you are understanding 'where they are,' and this is more important  
than preparing what you want to say, what you think is important;  
it is more important for you to listen, so you might know another.

May 31, 2012

Begin the journey! Undertake the mission, embracing it, fully. And The Holy Spirit says:  
When you begin the climb, up a very tall ladder, reaching into some place  
unknown, high above you, you do not worry, or concern yourself, about  
a rung at the top; you put your foot on the first, and then the second,  
and then the third, and you begin the climb, up the ladder, moving  
higher... searching... on your way. When you 'begin a journey,  
seeking... going into the unknown... sailing uncharted seas,  
you do not belabor concerns, or worries, about 'what  
will happen on the last leg of the journey,' because  
you know, you are driven to begin the first,  
and go forward, sailing  
with confidence.  
This is how life  
is to be, a journey  
into uncharted seas,  
a climb up the ladder  
to a place you cannot see,  
well, from below. These things require  
confidence, and courage, as you go. Know this:  
Do not concern yourself, with what lies far-beyond,  
for these things will be taken-care-of, in the proper time.  
Sometimes doubt... concern... and worry... will keep you from  
the journey... will keep you from the climb. If it is yours to do, it is  
time to begin. It is time to embrace the mission, and begin the journey.

May 30, 2012

It is  
not necessary  
for you to speak to Me,  
for Me to 'know,' what is on  
your heart: your heart speaks;  
your soul sings; your spirit soars; all  
you have to do, is be; and I understand  
thee, and I give unto thee, all you need.  
And The Holy Spirit says:  
Sometimes you pray for that which you think you need;  
and sometimes you feel, or are tempted to believe,  
that your prayer has gone unanswered;  
but this is not the truth!  
The gift, unopened,  
is with you; for,  
with the eyes of God,  
the entire picture is seen.

God knows what you need, not for just today, but  
to complete your eternal plan, and your present mission.

The gift is given, even when it is unrecognized, unopened, unused.  
God gives you the gift! Open your eyes, and accept it; for, it is coming  
to you: God knows what is upon your heart, before the words are spoken;  
God understands what is upon your heart, even when you do not; God sees  
with clarity, when there seems or appears to be smoke, dust, shadow.  
Be still, and clarity will come for it rides on The Breath of God!

May 29, 2012

It is  
better  
to love.  
Beyond  
all things, it  
is better to love.  
And The Holy Spirit says:  
There are many teachers.  
There are many givers of guidance.  
There are many institutions  
of education. There are many  
books on: how to do; and what to do;  
and when to do; but there is very little love,  
the genuine love, the pure love, the powerful love  
of God flowing through one child, focused upon another.  
When you have the opportunity to choose, always choose love.

May 28, 2012

I have given you the gift of life: accept it, honor it, and live, live freely forever, live freely for eternity! And The Holy Spirit says: Blood flows through your veins; but when your veins are clogged and obstructed, you do not live fully. When your lungs are filled with the air, when you breathe deeply, you live fully; but when your lungs are obstructed, you do not 'know the glory of life,' freely moving, running, singing, dancing. The obstructions in your veins, or in your lungs, keep you from living life to the fullest. And it is the same, with your spiritual life! When the power of God is flowing through you freely, you live upon the Earth, as you were meant to live upon the Earth; but when you are clogged-up, filled with obstacles, the passageways... connecting you to The Creator, are not open, you do not know life, fully. Therefore, spend this day unclogging passageways between you and God; so that you might live... fully, freely, knowing eternity, and all it brings to you!

May 27, 2012

When you are connected with Me, nothing will disturb the peace that is within you.  
 And The Holy Spirit says:  
 When you are completely, and fully, connected to God, nothing disturbs that peace, that powerful, sweet presence flowing within you; and, your gift to the world will then be that powerful, sweet presence, flowing from you onto all around you: be it woman, man, child, tree, flower, cat, dog, anything. That state, of union with God, will bless the Earth, through you!

May 26, 2012

It is possible to be  
in the 'right place,'  
in the 'wrong pursuit.'  
And The Holy Spirit says:  
Sometimes, you find yourself  
in a situation, or in a place, and  
begin to wonder, "What am I  
doing here?" That is  
the time  
to stop,  
and be still;  
for, it is possible  
to be in the right place, but  
looking for the wrong thing. Be  
still, close your eyes to the world, just  
where you are, and then open them; see, and  
know, anew; see things from a different perspective;  
it is possible to be in the right place in the wrong pursuit.

May 25, 2012

Listen,  
and you  
will hear Me  
tell a story, of My love, for you.  
And The Holy Spirit says:  
The sweetest song you will ever hear,  
will come from  
within your  
being:  
when  
you  
are in  
communion,  
with God; when  
God's Love Song, fills  
you, with delight, and wonder!

May 24, 2012

The ways of the world  
can be intimidating,  
until you believe that  
I can do all things  
through you.  
And The  
Holy  
Spirit  
says:  
When  
you open,  
and embrace,  
what God can do  
through you, you  
make The Way clear  
for miracles to appear,  
as an everyday occurrence.

May 23, 2012

The  
time  
you take  
to set yourself aside to be quiet,  
and to be still, will be of great  
value. And  
The Holy  
Spirit  
says:  
When,  
in stillness,  
you are touched  
by The Voice of God,  
all worry falls from you  
and you are at peace!



May 22, 2012

From  
the loving heart  
comes words of compassion.  
And The Holy Spirit says:  
Be vigilant. Do not allow  
your heart to become  
cold; for the hardened heart  
cannot hear, with understanding,  
nor can it speak, with  
compassion.

May 21, 2012

Gossip  
is contagious.  
And The Holy Spirit says:  
Do not take part in the spreading  
of gossip. Do not be a carrier, of gossip.  
Do not partake, of it,  
do not dine at the table of gossip, nor  
drink from the cup served there;  
for the cup is bitter,  
and the food is  
unclean.

May 20, 2012

Today,  
make some time  
to walk, with another.  
Today, make some time  
to dance, with another.  
And The Holy Spirit says:  
When you take the time  
to walk with another,  
slow your pace,  
and savor  
the moment,  
blessing that piece  
of the journey. When you  
take the time to dance with another,  
quicken your pace, so that the dance might  
be one of joy, blessing that piece of the journey.

May 19, 2012

It is  
possible  
to take the lessons  
of illusion, into the reality of eternity.  
And The Holy Spirit says:  
It is important to remember, with every lesson  
learned, the energy involved or created  
in the situation, in the lesson,  
needs to be blessed,  
and released.  
It all came  
together, so  
you might know,  
so you might see. And,  
once the lesson is learned,  
bless the energy involved,  
and all people involved.  
That Way, the lesson  
of the illusion, lives,  
in The Eternal  
Presence.

May 18, 2012

The  
good  
resulting  
from hard work  
is magnified in direct proportion  
to the attitude in which the work is done.  
And, The Holy Spirit says:  
You, and all those around you, will experience  
the joy and fulfillment of accomplishment,  
when work is done  
in a positive  
frame of  
mind.  
Embrace  
every challenge,  
as 'the opportunity,' it truly  
is, and you will know 'success!'

May 17, 2012

Frustration  
in the face of chaos,  
will only cause confusion.  
And The Holy Spirit says:  
I will guide you over the sea of chaos,  
as a vessel of wisdom, delivering a cargo  
of peace, replacing confusion with clarity!

May 16, 2012

Accept the gifts that come  
to you everyday, and rejoice.  
And The Holy Spirit says:  
Sometimes, all you need is a smile  
and a kind word to spur you on,  
to lift your spirit. When-  
ever you encounter  
these gifts,  
rejoice.

May 15, 2012

I  
give  
you life, so  
you might see  
and know and be free  
to experience 'The Gift.'  
And The Holy Spirit says:  
Just as taste is enhanced by aroma,  
living is enhanced by The Light of God.

May 14, 2012

Every  
journey  
begins with one step.  
And The Holy Spirit says:  
The little steps you take  
everyday  
are pieces  
of a great  
adventure.  
Pay attention to  
where you travel, and  
heed The Voice of The Wind.

May 13, 2012

Some  
years ago,  
a woman gave birth,  
delivered life, and you were born,  
so that you might experience Earth.  
Some years ago, a woman became  
a mother, and gave  
the gift  
of life.  
And The  
Holy Spirit says:  
There are many gifts  
given, exchanged, received.  
Sometimes the gifts are used, sometimes  
they remain in the box; but, the gift of life is one  
that is 'only the beginning.' With the gift of life comes  
opportunity: to experience, to know, and to grow! Celebrate  
the gift of life you have been given. Today, celebrate, life upon Earth!

May 12, 2012

It is time to recognize the perfection within you:  
to embrace it, to acknowledge it, to know it.

It is time to accept perfection, and  
reject smallness. See Earth  
through the eyes  
of perfection.

And The Holy Spirit says:  
It does not bring glory to God  
to speak, or think, of yourself,  
as insignificant, small,  
incapable  
of doing  
great things.

It brings glory to God  
when you sing of the wonder  
that you are; when you give thanks,  
and have gratitude on your heart, for the  
perfection that is at the core of your being;  
it gives glory to God to see you being all that  
you are! Rise-up, and be the glory of God, today!

May 11, 2012

I  
want you:  
to alter your under-  
standing of miracles, to broaden  
your understanding, of miracles; so  
that you might include, and embrace, those  
that happen every day, every where, every place.  
And The Holy Spirit says:  
When you take another's frown, and give them a smile,  
that is a miracle; when you take another's tears,  
and give them confidence, and peace,  
that is a miracle; when you take  
another's sob, and give them  
a song, that is a miracle;  
when you calm the  
turbulence  
of anger,  
replacing it  
with harmony,  
serenity, tranquility,  
that is a miracle; these things  
you can do; and when you see them, anew,  
you will understand God is working through you.

May 10, 2012

When  
you rise-up,  
sing with joy, sing  
of the glory you see! No  
matter what awaits you this day,  
remember to sing, for it makes The Way easier,  
brighter, and more joyful, when you sing. And The Holy Spirit says:  
No matter how far you have to walk, singing a song all along The Way,  
as you go, makes the walk, and the time, shorter, and more pleasant.  
No matter how long you must work, sing a song of joy,  
and the song will make the work more pleasant.  
Sing of 'The Glory of God,' and that is the  
vibration, which will ring: through-  
out your voice; throughout  
your body; it will touch  
the world, with  
joy, so,  
sing.

May 9, 2012

Speak less, love more. Speak less, live more fully... in My light and love. Speak less, and let My love flow, through you, so completely that you are the living word; and as you live and let My love flow through you, onto all things, and people around you, you will find it sacred, and precious, and you will speak less and know more. And The Holy Spirit says: Sweet silence, holy communion, breathing deeply, feeling much. Be still... and you will hear the song, of the stream. the story, of the river. Be still... and you will be One, with God's creation: you will feel Earth; you will see the trees living, glorious, aglow. Be still, and you will hear the birds and the bees. Be still, and draw in the aroma of the flowers. Be still and feel My presence with you, feel the air moving about you. When you are still, you feel One, with All That Is! This day, be still!

May 8, 2012

The wick of the candle, burning brightly, does not know the darkness, it knows only the light, that it is. And The Holy Spirit says: Once your spirit is on fire, brought to a magnificent glow by the love of God, you do not experience darkness or shadow; for you are the light; your light shines, and from within the light, that is what you know! But know this too, when you are aglow, with the love of God, all those near you, experience the light. They see the light of God; you deliver the light of God to the darkness. Even for those far from you there is a point of light, which establishes the place, the goal. Today let it be your intention to burn brightly, always and everywhere. As you are filled with the love of God, and your flame flickers and glows, God's love will be all that you know.

May 7, 2012

I call to you, and you come to Me,  
stirred by My voice, which is familiar,  
riding upon the breath of The Holy Spirit.  
And The Holy Spirit says:  
When you are called, there is no mistaking the call,  
it is a tone, you have heard before, and the vibration  
stirs within you, moving to the source of your being.  
When you are called, and you rise-up and follow,  
you say, "Yes, I remember who you are;"  
and your heart sings, because it is in  
that moment you remember  
who you are  
as well.

May 6, 2012

A kind word can put-out the fire of anger;  
a gentle word can ease suffering and pain; a  
compassionate word filled with understanding  
can relieve confusion, doubt. The words you  
use every day, can bring peace, can be the  
source, of miracles. Dissolve the anger,  
with your words; resolve the pain,  
with your words; take away lone-  
liness with your presence;  
use My Power to bring  
miracles to Earth.  
And The Holy Spirit says:  
The joy of living  
will be beyond  
any expectation  
you can now realize,  
when you begin to speak  
the words of God to others. Be at peace  
in your encounters with others. Let your words  
be soothing, and the balm, of God's love, so that you  
do not add to anger, frustration, hurt, grief, or loneliness, but  
you are the gentle rain which brings peace. Today, think, before  
you speak; and then, when you speak, deliver the miracles of God.



May 5, 2012

When you cannot find the words to say to another who is in pain, be still, be quiet, and I will fill you with wisdom, and you will speak, and My love will pour through you, onto, the one seeking relief, seeking peace, seeking love.

And The Holy Spirit says:

There are some times, when words seem empty, lacking.

At those times, when you are still,

God will send forth... The Holy Spirit... to stir, within you. And the words will come forth, and they will be of understanding, and compassion, they will be of love; but the most important thing, which they will hold, are words: of encouragement, and support, words meaning I AM here, and I will walk with you, through this portion of your journey, until you are on the other side, feeling good, feeling strong, feeling and knowing that you can ride The Wind.

May 4, 2012

Once your memory is reactivated, once you remember, Me, and who you are, you will comprehend and understand, better, why it is important to treat every being you encounter as you would treat Me.

And The Holy Spirit says: Many mysteries will be explained to you, much wisdom will be delivered unto you, when you begin to live as you are to live upon the Earth when you remember the importance of being kind, understanding, and compassionate to every being, you encounter, upon the Earth.

May 3, 2012

When you know who you are,  
and live from within your being, live  
from the place of perfection within you,  
chaos and confusion cannot touch you.  
And The Holy Spirit says:  
When all about you there seems to be  
chaos and confusion everywhere,  
you will be untouched, by  
all that, ringing  
in the air,  
because  
you will  
remember  
who are you are,  
what you are doing;  
and, you will live from  
the core of your being, you  
will live from the seed of perfection.

May 2, 2012

When you encounter, a miracle,  
and see it, don't reason it away, live it, be it.  
And The Holy Spirit says:  
Every day, you encounter miracles, you are the recipient  
of, or you are within the presentation of, a miracle, maybe one  
or two or three. Open, to the possibility, of what is happening  
all around thee. And then, once you see it, do not find ways,  
or try to reason, how it is not, as great as it is. Do not try  
to find ways to make it fit into the worldly  
ways of doing things.  
When you  
encounter  
a miracle:  
embrace it, with  
wonder; see it through  
the eyes of a child; live it,  
in the 'present moment,' and  
the miracle will be, within thee!

May 1, 2012

When  
you focus  
on another,  
holding them in My light, My power  
flowing to you, moves through you  
to them, in a special way,  
bringing a blessing of light.  
And The Holy Spirit says:  
There is no greater gift you can give another,  
than to share that which God has given unto you,  
to focus upon them, in such a way,  
that the power,  
and the love  
of God  
flows  
through  
you to them:  
blessing them;  
bringing them peace;  
giving the gift of God; sharing that which  
you have with another... it is the greatest gift.

April 30, 2012

All that is set before thee, I give, unto thee, so you might, better,  
know Me through the glory that you see. And The Holy Spirit says:  
The lilies of the valley, growing yonder on the hill,  
carry a sweeter fragrance than any perfumes,  
that you will buy, that you will purchase,  
that you will desire. See... the rose,  
standing nobly in The Garden,  
it is more finely arraigned  
than any garment  
you can buy.  
Listen  
to the sounds  
of nature unfolding,  
all around you: rushing water,  
singing birds, whispering breeze.  
There is no more beautiful melody  
in the world, than these. Be at peace  
in what God has created, and see the glory  
all around you. Today see, what God has done!

April 29, 2012

All of My love, and My power, flow to you, unimpeded,  
 unrestrained! To know My love, and My power, better,  
 it is up to you to remove the obstacles, the obstructions,  
 you have placed in the way. No matter how small, the  
 obstacle might be, each time you move one,  
 or two or three, you come to know  
 a greater part of Me.

And The Holy Spirit says:

You cannot be taught

by reading or schooling

to love God more completely, more fully.

You cannot be taught from books to know God's love,  
 and God's power. You cannot teach others by telling them,

God loves them, to know God's love and God's power. The only way  
 to know God better, is to make the decision, that that is what you intend  
 to do, and then begin cleaning-out the litter, the debris and the obstacles,  
 you have placed in the river of God's love, damming it, keeping it from flowing, through  
 you. Today, let it be that you choose to know God.

Pick-up every obstacle; and, move it, dissolve it, resolve it, and  
 you will begin to know God; first a trickle, then a stream,  
 then a mighty river, flowing through you;  
 onto the Earth, through you!

April 28, 2012

When you remember, 'How to Forgive, All Things,' you will live  
 in a state of joy. When you remember how to forgive, all things  
 even before they occur, you will be in a constant state of peace.

And The Holy Spirit says:  
 Judgment creates a need for forgiveness; when there is no judgment,  
 there is no need for forgiveness. Therefore, do not judge. Love, as  
 God loves: do not judge; be understanding, and compassionate.

Do not judge, let the power of God flow through you. Today,  
 if it is your intention not to judge, because you are liv-  
 ing in the world, the first step to non-judgment  
 is forgiveness. Forgive all things  
 immediately, forgive all things,  
 as you know them, and forgive  
 the unknown. And as soon as  
 forgiveness is accomplished,  
 you will know, the unknown;  
 and you will know, there is no need  
 to forgive, when you do not judge at all!

April 27, 2012

Nothing brings more joy  
to the heart of a parent, than  
the sound of their child's laughter.  
And The Holy Spirit says:  
The best medicine is laughter; for,  
it is the song of joy, unto  
the ears, of the  
world.

April 26, 2012

Run  
into the  
fresh green  
meadows; take  
your rest, under  
a tall, spreading tree; be  
comforted, by the flowing river;  
be restored, as you walk with Me.  
And The Holy Spirit says:  
Do not let even the busiest day  
go by, without  
taking  
some time  
to walk with God.

April 25, 2012

Focus  
on My light,  
walk in My light, it  
is where you will know  
grace; and, be healed!  
And The Holy Spirit says:  
Do not be distracted... by  
the worries of the day,  
focus on the light  
of God,  
and walk  
in the light,  
bringing all  
that you are,  
and your worries  
will be resolved, by grace, and  
you will be whole, and fulfilled, and happy.

April 24, 2012

Take the time to listen  
when you are called to do so.  
And The Holy Spirit says:  
Today, take the time to let another  
'know,' you care, and support  
them on their journey,  
as they  
walk  
upon  
the Earth.  
Today, be the  
answer to a prayer.

April 23, 2012

Some days are best spent  
in the company of angels.  
And The Holy Spirit says:  
When the world turns, from you, and  
you feel lost and alone, be still; and you  
will feel the presence of angels, with you:  
they will sit with you and minister to you;  
they will feed you the manna of Heaven;  
they will lift-up the cup of the nectar  
of God, so you might drink;  
they will bathe you  
in the waters  
of life;  
and you  
will be restored,  
healed, and made whole.

April 22, 2012

Those  
who follow The Way  
are marked by the words  
they say and the deeds they do.  
And The Holy Spirit says:  
When you choose to follow The Way,  
you choose the path less traveled,  
and this path will lead you  
into miracles; and,  
the miracles  
shall be  
a sign  
unto all who walk  
upon the Earth. Look  
and see: the words are kind,  
the deeds are good; surely, this is  
a man, or a woman, or a child, of God.

April 21, 2012

Every day, I wait  
to work through you!  
And The Holy Spirit says:  
All it takes to do the will of God  
upon Earth is to have the desire  
to do so, before you do anything  
else, and then the intention to  
set your ego aside, so that  
God might work  
through  
you.  
Desire  
and intention  
to do the will of God  
equals A State of Miracles.

April 20, 2012

Be  
mindful of  
that which you say  
about another, that which  
you think about another. Be  
mindful, before you think, and say!  
And The Holy Spirit says:  
Be mindful: when you pronounce that someone is very angry;  
your words magnify their anger; when you pronounce someone greedy,  
your words magnify their greed; when you pronounce someone confused,  
or in chaos, your words magnify their confusion, and chaos.  
Choose to deliver words which lift-up,  
and enlighten, whomever  
you speak to,  
or about; and  
you will be at peace,  
and you will deliver unto them  
grace, and blessings, rather than cursing  
their name. Today, be mindful of the words you say.



April 19, 2012

Change comes gradually. Accept it, slowly  
moving into a place of that which is familiar  
until it is time for a new wave of change  
to rest upon the sand, the bank, the shore.  
And The Holy Spirit says:  
As you live, there is change, and with  
the change, of each, and every day,  
creation continues, and grows  
more amazing, all along  
The Way. Change  
slowly, accepting  
and embracing  
the new, which  
comes to you,  
until it becomes  
a part of you, is familiar,  
and recognizable in all that you do.  
This day, look around, and see Earth  
changing. Welcome springtime, and all  
the change it brings, and all the change it means,  
and be one with creation, as it continues within you.

April 18, 2012

It is time to open the doors to the closets,  
and lift the lids of the boxes you have stacked  
in storage. Springtime is the time to clean.  
Prepare, so you are lighter, and fresher.  
It is time to look within, and clean  
the boxes, closets, and bins.  
And The Holy Spirit says:  
When you have  
the opportunity  
to spend a day,  
or a morning,  
or an afternoon,  
quietly, and silently,  
going within to clean-out  
the cobwebs, the boxes and bins,  
take the opportunity, for it is good; when  
it presents itself, it is time. Today, be at peace,  
go within to clean-up, and prepare for the new day.

April 17, 2012

Let  
it be  
that your time  
upon the Earth is marked  
with compassion, with light  
and with love. Let it be  
your time, upon  
the Earth,  
is a time  
of great peace.  
And The Holy Spirit says:  
Turn quickly away from  
every temptation to retaliate,  
or strike back. Let it be, that your  
mark, upon the Earth, is one of peace.

April 16, 2012

There is trickery afoot,  
and the trickery involves  
convincing you, you are less  
than you are. Hear My Voice,  
and know Me, I AM with you.  
And The Holy Spirit says:  
Do not be tempted into doubt.  
Let Me sing this to you,  
let Me shout it, from  
the mountaintops:  
"Believe,  
you are  
a child of God!  
Believe, no matter  
where you trod, God is with you.  
Believe you hold, within you, the power  
of The Creator of All Things. Believe that you  
rule your destiny, with that which you think, and  
say, and do. Believe, the power, of God, is within you!"

April 15, 2012

It is within the energy of peace  
that one finds the state of miracles.  
And The Holy Spirit says:  
When you have discovered who you are,  
and when you remember what it is  
you are to do, you are confident,  
you are in balance,  
you are  
in peace;  
and it is within  
the energy of peace  
where one discovers  
the state of miracles!

April 14, 2012

If you will listen, and hear Me,  
I will teach you; and, together,  
we will resurrect The Garden.  
And The Holy Spirit says:  
From the rubble of the world  
there shall rise-up, The  
Sacred Garden  
full,  
rich,  
and lush,  
created by  
the children of Earth,  
and God, The Eternal Parent; for  
it is time, and there are many willing, to  
set their ego aside, and let God work. through  
them, resurrecting The Garden, for all to see,  
that which is intended to be Heaven, upon Earth.

April 13, 2012

If you are searching for support, and  
encouragement, you will find it, within.  
And The Holy Spirit says:  
If you wish to hear words of support  
and encouragement, speak them  
to another; and you will be  
the source, of that  
which you  
are seeking;  
and as the words  
you speak reverberate  
throughout your being,  
they will resonate with you; and  
the message, at last, will be yours!

April 12, 2012

Look  
and see  
dawn is breaking  
the darkness of the night,  
bringing a new day,  
bringing the light.  
And The Holy Spirit says:  
Welcome the new day, welcome  
the light, for each is  
a gift, from  
God.

April 11, 2012

If kindness is  
as a beautiful flower,  
then surely, compassion is  
the garden, from which it came.  
And The Holy Spirit says:  
Let your words be flowers of kindness  
which spring forth from the garden  
of compassion, nurtured within  
your being, by the hand  
of God.  
Speak  
with  
kindness,  
and compassion.

April 10, 2012

If  
you  
will come  
to Me for awhile,  
each day, I will teach you;  
and show you The Way.  
And The Holy Spirit says:  
Use The Gift,  
use The  
Promise  
that is yours,  
and be taught by God;  
every day, ask for guidance;  
and you will be shown The Way;  
walk in it and more will be revealed  
to you, in the measure you are ready  
to bear, to understand, to embrace!

April 9, 2012

Once  
the source  
of the sorrow  
is revealed, healing will begin.  
And The Holy Spirit says:  
Healing, and recovery. begin  
in revelation,  
continue  
through  
acceptance, and are  
accomplished, in the light!

April 8, 2012

Rise-up,  
and walk into  
the world, and be an example  
for all to see; for all to know  
My love, flowing  
through thee.  
And The Holy  
Spirit says:  
As you  
walk,  
as you  
go forward,  
placing one foot  
in front of the other,  
taking one step at a time,  
you deliver the message of God, in  
your very presence as God is with you,  
and within you, you deliver the love of God.

April 7, 2012

As you  
accomplish each task,  
sit awhile, and look, and see  
what I have done, through you.  
See what we have done, today.  
And The Holy Spirit says:  
Your days can often be busy,  
but set an intention, that  
once a task is done,  
take a few min-  
utes to look  
and see  
what  
has been  
accomplished by  
opening to the power of God,  
and letting God work... through thee.  
Celebrate the completion of each task, before  
you hurry to another, and there will be joy in your step;  
there will be peace in your heart, for God is working through thee.

April 6, 2012

Let  
today  
be the day  
that you resolve  
to see your temptations with clarity,  
so that you might rise above them,  
and be free of them.  
And The Holy Spirit  
says: Today,  
choose  
freedom,  
choose life,  
choose living, in  
The Light of God;  
take the hand of God,  
and walk over the Earth,  
seeing and knowing, blessing,  
forgiving; for it is in this Way, that  
you will become the peaceful presence  
of God upon Earth. It is in this Way, that  
you will truly know peace, and be free at last.

April 5, 2012

Even the most well-intended words  
can be misdirected or misunderstood:  
better than speaking, be the living word; live:  
as you are guided to live; love, with an open heart;  
and, let peace be the garment you wear. The stars  
in the Heavens will fall all around you; and, it  
will be glorious, at every sunrise, because  
you are walking, and living, The Word!  
Speak less. Live The Word more fully.  
And The Holy Spirit says:  
Today, with special intention, let it be  
the way you live: to live love; to  
live peace; to live light; to  
live understanding, and  
compassion and kind-  
ness; let it be your  
intention, this  
day, to live  
The Way.

April 4, 2012

Reject the temptation to react: to betrayal,  
to hurt, to injury. Let your action speak, and  
let your action be delivering the love of God.  
Let your action be a sign of faith, and trust,  
and hope. Act without judgment.  
Deliver the blessing,  
and you will  
always be at peace.  
And The Holy Spirit says:  
When you react to betrayal  
with anger, or frustration, or hurt,  
you are fueling that energy, making it more powerful,  
making it easier to use the energy of darkness or shadow.  
Be quick to pray when you feel someone has hurt you. Pray  
for the guidance to know what to do, and then act in the light  
and the love of God and deliver a blessing on the one carrying  
the negative energy; for they are truly in need, calling-out, by  
their actions, "See, I am lost. Help me!" And, as you open to  
the light of God, you deliver the blessings of Heaven to one, in  
need. Reject the temptation to react. Act in the light of God.



April 3, 2012

Perfection is within you,  
as it is 'a gift,' from Me.  
And The Holy Spirit says:  
At the core of your being  
you hold a perfect piece  
of God, which will lead  
you into all things:  
good, holy,  
pure,  
eternal; into  
all things, of Heaven.

April 2, 2012

Every time  
you resist the temptation:  
to take part in gossip; to take part in arguments,  
or fighting... of any type; or, to take part in... thoughts  
that are negative, unkind, cruel, you gain a sense of peace.  
And The Holy Spirit says:  
When you wish to lose weight you resist the temptation to take  
into your body the things that will weigh you down.  
When you desire to be light of Spirit,  
you resist the temptation  
to entertain,  
or take part in,  
energies which will  
weigh your spirit down.  
It is the same with your body and your spirit,  
to be healthy and light and free, you must consume  
that which is of light, and it is well worth the effort to  
be light and love and peace; for peace is its own reward.

April 1, 2012

Sing  
a song  
of celebration,  
when you see the challenge, and  
know, it is yours to do. Pray for guidance, and  
then begin, one step, then another, progressing, moving.  
And as you see the challenge, slowly disappearing, because  
of that which you are doing, the anticipation of completion  
fills you with joy. Sing a song of celebration, and  
meet each challenge, with anticipation  
of success, fulfillment, and joy.  
And The Holy Spirit says:  
It is the time of awakening.  
It is the time of spring.  
It is the time of life.  
Sing a song  
of celebration,  
anticipation, and joy.  
Enjoy you time upon the Earth,  
whether it is in merrymaking, or mirth; or  
whether it is in work and toil; each, is its own reward.

March 31, 2012

Choose wisely, that  
which you eat and drink.  
And The Holy Spirit says:  
When you eat, and drink, from  
the bountiful gardens of Earth,  
your body is healthy, and filled  
with life. When you eat, and  
drink, from the bountiful  
gardens of Heaven,  
your spirit  
is healthy  
and filled  
with life. Be mindful  
of that which you consume.

March 30, 2012

When you carry  
the weight of worry,  
concern and anxiety,  
I will lift-you-up,  
and bathe you,  
in Golden  
Light,  
until  
you  
are free  
of burden,  
and made whole.

And The Holy Spirit says:  
In the lap of God, you will  
find comfort, peace, and love.  
In the lap of God, you will be healed.

March 29, 2012

When  
you seek  
shadows, you find shadows.  
When you seek the light,  
you find light!

And The  
Holy  
Spirit  
says:  
Seek  
the light;  
and, God's power  
will shine, and show The Way.

March 28, 2012

Whenever  
you need Me, I AM there.  
And The Holy Spirit says:  
No matter what the situation  
may be, God is with you,  
with thee, ever present  
with thee! God  
is with you!

March 27, 2012

If  
your  
words  
are not of  
kindness, and  
compassion, do not speak.  
And The Holy Spirit says:  
The gift of kindness  
is sweet,  
and the  
gift of  
compassion  
is, as a gentle  
kiss, of heaven.

March 26, 2012

Stress  
is the companion  
of chaos and confusion; and,  
order dwells in the house of peace.  
And The Holy Spirit says:  
When you take one step at a time,  
your progress is steady,  
and sure.

March 25, 2012

The prayer of Heaven is upon My lips: today,  
I pray: please, reject the temptation to argue; please,  
reject the temptation to fight; please, reject the temptation  
to raise your voice in anger. These are My pleas to the children  
of Earth; for as your Creator, I want you to be at peace, because  
peace on Earth, begins within the heart, of each of you. So today,  
I pray that My children will find peace! And The Holy Spirit says:  
There is great rejoicing, when each of you feels peace.  
When this experience is with you, you wish to call-out  
and sing and dance, filled with the light of God.  
But God wants you to 'know,' that peace,  
does not need to be fleeting, marked  
as brief encounters, filled with  
the love of God. Peace can  
be eternally with you  
if you will open to  
the love of God,  
if you will remain  
connected to  
GOD.  
It is time to restore the unity and beauty  
in the relationship between God and the children of Earth.

March 24, 2012

See  
every day  
as the new day it is.  
See the rising sun, shining light  
on the stage where you are to stand, and to be.  
See every day as a new day and breathe-in  
all of the opportunities set before  
you. Here it is,  
child; see  
the new day.  
And The Holy Spirit says:  
When you finally comprehend,  
the truth, knowing you are eternal,  
knowing you are a child of God, and  
knowing the power, of God, is within you,  
you greet each new day with enthusiasm!  
What is to come? What will you see?  
Today, what will God create  
through me?

March 23, 2012

Pass-up  
the temptation  
to become embroiled  
in another's situations,  
challenges, their lives' for,  
if you focus more on another,  
and, what they are doing, you  
quickly become enmeshed, in  
their lives, their energy; rather,  
focus on My love for you, and  
be filled with it, so that you  
can deliver an abundance  
of My love to Earth.

And The Holy Spirit says:

Reject the temptation to be distracted by what another is saying,  
or doing; rather, focus on the love of God, flowing to you,  
and then, with a great sense of 'knowing,  
what you are doing,'  
deliver the love of God to Earth.

Reject the temptation to react to another's energy, and  
act from the love of God. This will bring you great peace; and  
at the end of the day, delivering God's love to a confused person, who  
is living in chaos, is the best thing you can do, it is the best gift you can give.

March 22, 2012

From the stillness of winter  
comes the life of spring.

And The Holy Spirit says:

That which has lain dormant  
in the dark, winter,  
prepares for  
birth,  
for  
life,  
in the  
spring.  
Prepare  
for life! Open,  
to the light. Breathe-in  
deeply, and know, it is time to live.

March 21, 2012

Listen  
to that which  
I say unto you, so that  
you might 'know it,' and then  
put it into 'practice,' upon the Earth.  
And The Holy Spirit says:  
When you attend school, when you are studying  
a subject, or particular topic, the first step  
is to attend class, sit quietly, and listen  
to that which is said to you.  
The next step is to take  
the knowledge,  
of that which  
is said to you,  
and apply it to  
practical situations,  
in the laboratory, so that  
you might comprehend, and understand,  
listen, and accept that which you are given,  
and then take the wisdom of God, and apply it  
to everyday situations in the laboratory of Earth.

March 20, 2012

When  
you feel  
My power,  
moving, within  
you, it is a sign.  
And The Holy Spirit says:  
When you feel the power of God,  
moving, within you,  
you are ready  
to go forth  
into the  
world.  
As the power  
of God flows through you,  
The Kingdom of God is borne  
upon the Earth. The hand of  
God moves, when it is time.

March 19, 2012

The  
words  
one says  
are a measure  
of that which is within.  
And The Holy Spirit says:  
When you begin to comprehend  
that the message is delivered  
through the spoken word,  
and the spoken word  
reveals that which  
is within, you  
see; and,  
you  
know.  
Listen,  
so that you  
might know, that  
which is held within another.  
When you speak you deliver  
'a message from within your being!'

March 18, 2012

It is  
better  
to free  
yourself  
of the things of the past,  
of injuries, and arguments, and fights,  
of hurts and dismay and disappointment;  
it is important to free yourself  
of these things,  
so you can move  
along The Way,  
without hesitation,  
and unencumbered.  
And The Holy Spirit says:  
It is time, and you are ready.  
Before you take a step forward, stop;  
make your list; and attend to the things that need tending;  
forgive all transgressions, forgive others, and forgive yourself.  
Then you might go on your Way: in freedom, and joy, less burdened, light.



March 17, 2012

When you re-  
member who you are  
the valleys of indecision,  
and chaos, and confusion,  
and the mountainous obstacles,  
you find along The Way, dissolve.  
When you remember who you are  
the rivers dividing this one, from  
that one, become passable, in  
fact, places of great joy,  
and sustenance.

When you remember who you are  
the journey is an adventure,  
an adventure upon  
the Earth.

When you  
remember  
who you are,  
there is cause  
for celebration.

And The Holy Spirit says:  
Remember, each 'one,' of  
you, you are a child of God.

March 16, 2012

When  
you face  
obstacles, or problems,  
with confidence, that I AM  
with you, darkness will not  
overpower

you.

And

The

Holy

Spirit

s a y s:

Every

problem

is resolved, in

The Light of God.

March 15, 2012

Whenever there is cause to celebrate,  
do not miss the opportunity to do so.  
And The Holy Spirit says:  
Celebrate sunshine and celebrate rain.  
Celebrate flowers, and springtime,  
again. Celebrate quiet nights,  
and glorious days. Do not  
miss the opportunity  
to celebrate!

March 14, 2012

Reject  
the temptation  
to criticize another.  
And The Holy Spirit says:  
Listen, with your  
heart!

March 13, 2012

Speak  
more of your blessings,  
and less of your troubles.  
And The  
Holy  
Spirit says:  
When you focus on your blessings  
each one is magnified, shining  
in the light, and the glory  
of God, and you are  
at peace.

March 12, 2012

Spend  
less time  
trying to prove your point,  
and more time listening  
to the perspective  
of others.

And  
The  
Holy  
Spirit says:  
Be open,  
listen, and  
be flexible.

March 11, 2012

The  
most important gift  
you can give to your children  
is the gift of love, love which is constant  
and sure, providing confidence, as they grow.  
And The Holy Spirit says:  
A child without love is hungry, even when its plate  
is full. A child without love is thirsty, even when  
its cup is overflowing. A child without love  
is lacking, even when its clothing  
is the finest. A child without  
love, is a child, in  
need.

March 10, 2012

Do  
not  
be led  
into confusion,  
by one who wishes to argue;  
do not be led into chaos, by one who wishes  
to fight. Stand in My light, and you will know,  
all you need to know, because I AM with you.  
I give you the light, the power,  
the love of Heaven!  
And The Holy Spirit says:  
When you are 'tempted,'  
into an argument, or a fight,  
an exchange of angry words, be still,  
refuse to go, stand in the light of God; and, be at peace.  
If another wishes to argue, let the argument be not with you;  
if another wishes to fight, or use angry words, let the fight, or  
angry words, be not with you! If you can do this, you will  
find, at the end of the day, there is peace, in your heart,  
because you had less to say, and more love to give!  
Be at peace, and 'know,' this is The Way.

March 9, 2012

When you come  
to realize your worth,  
and the value of your life  
upon Earth, you will be the  
creator of miracles, because  
every day will be a miracle.  
And The Holy Spirit says:  
Rise-up, and celebrate  
the glory of this day.  
No matter where  
you are, no  
matter  
what  
your  
station,  
you are  
where you are  
to be. Now, it is  
your choice to be: all  
that you are to be. Choose  
the wonder. Choose the glory.  
Choose the joy. Choose the miracle.

March 8, 2012

The one  
who walks in peace  
does not know stress  
or anxiety.  
And The  
Holy  
Spirit  
s a y s:  
Chaos and  
confusion do not  
abide, with one of peace.

March 7, 2012

When you move in peace  
time seems to stand still,  
there is 'time,' to do that  
which needs to be done.

And The Holy Spirit says:

If you will move  
peacefully,  
from one  
task, to  
another,  
you will  
accomplish much, and  
that which is accomplished  
will hold the energy of peace.

March 6, 2012

Sometimes  
you encounter a day  
with rain and sun, clouds and  
blue skies, and it is on such days,  
that rainbows are born.

And The Holy Spirit says:

When the day  
holds work  
and play,  
sunshine  
and rain,  
there exists  
the opportunity  
to create rainbows.

March 5, 2012

Each day is  
a segment of eternity.  
Keeping this in prospective,  
you will walk in great light.  
And The Holy Spirit says:  
You have a role to play, in  
each, and every day!  
Sometimes  
situations create  
the opportunity for you to be  
center stage, the star, catching the spotlight.  
Other times, you are called to a supporting role.  
Sometimes your role might be: way in the back-  
ground; or not even on the stage; off the stage  
to the right, or left, working in props; but,  
no matter what your role, whether  
the starring role, or the one  
responsible for having  
all the props ready,  
at the right time, the role is,  
always, significant. Be prepared  
each day, to take part in the play of life,  
which is occurring all around you. Be prepared  
to do the best job you can, with, wherever, your role  
places you. Be prepared for the great play, every day!

March 4, 2012

No  
matter  
what country  
you abide in, no matter the customs  
you have been raised in, no matter the law,  
each of you, My children, will be guided,  
from within, by The Holy Spirit,  
who lives with you,  
and in you,  
and will  
teach  
you  
all the days,  
about The Way,  
and how to walk in it.  
And The Holy Spirit says:  
Knowledge of the past, shows you where  
you have been! The Voice and the guidance  
of The Holy Spirit of God: will show you, where  
you are to go, will lead you into The New Day!

March 3, 2012

The  
patient one  
sees beyond what appears to be,  
and delivers the gift of grace  
to every situation.  
And The  
Holy  
Spirit  
s a y s:  
Patience:  
brings the gift of peace  
to chaos; brings the gift of clarity  
to confusion. Patience is its own reward.



March 2, 2012

Once  
you are willing  
to open the door to all  
the possibilities, set before you,  
your life changes, it is never the same,  
it is glorious to be upon the Earth.  
And The Holy Spirit says:  
Sing-out. Sing-out for all  
the possibilities  
that are set  
before you.  
Dance with great joy.  
This is your opportunity  
to be upon the Earth! You are here  
on a mission, and when you are on the right path  
The Way seems clear, and the steps you are to take,  
all, are set before you, in such a way, that you see it,  
and you know it, and you follow in confidence and peace.

March 1, 2012

Do not  
squander  
the gift of life that is yours.  
Live every day in joyful anticipation  
of all that you will see, and do, and  
experience. The gift lives,  
within  
you.  
And The  
Holy Spirit says:  
Wake-up, and see:  
the gift you have been given,  
the greatest gift, the gift of life.  
And if you feel a sense of gratitude  
for the life you have been given, then  
say thank you: in the way you live;  
in the thoughts that you create;  
in the words that you speak;  
in the deeds that you do;  
let your life be, the  
greatest, "thank  
you," to  
God!

February 29, 2012

There  
is a river,  
waiting to be crossed.  
There is a great expanse of field,  
waiting for your presence. There  
are mountains and valleys  
waiting to be  
explored.  
There  
is Earth,  
and all the wonders,  
she holds waiting just for you.  
And The Holy Spirit says:  
This day is a sliver, a very small piece,  
of eternity! This day is the eternal present.  
This day is waiting for you: to cross the river,  
walk over the field, and explore mountains,  
and valleys, and to do so in great joy, celebrat-  
ing the bounty, that is Earth, the creation of God.

February 28, 2012

Walk  
in peace,  
and your path  
will be in balance, and  
harmony, with All That Is.  
And The Holy Spirit says:  
Do not be robbed of the glory  
of peace, and confidence.  
Reject the temptation  
into chaos, and  
confusion.  
Walk in  
peace.

February 27, 2012

Your  
daily assignments  
will go smoothly, until completion,  
if you 'remember,' that you have the  
ability to bring My light, and My love,  
to the work, that you do, in the world.  
And The Holy Spirit says:  
You will always transcend the pitfalls  
of the work-a-day world,  
when you deliver  
and bring  
with you  
and put into  
whatever you do  
the love, and the light, of God.  
Your work day will change, when you bless it.  
When you realize, that God, is working  
through you, it does not matter,  
what you are doing;  
whatever you are doing,  
will be blessed by the light of God.

February 26, 2012

You are  
My children,  
and I have given  
unto you all the gifts, all  
the tools you need, to support you,  
and your mission, upon the Earth.  
And The Holy Spirit says:  
If you are questioning, why  
you are upon the Earth,  
wonder no longer:  
you are upon  
the Earth,  
performing  
a mission for God;  
you are upon the Earth  
to be the light of God;  
you are upon the Earth, to  
let God work, through you.

February 25, 2012

Happiness  
has little to do  
with the things you have  
around you, it has everything  
to do with the love that is within you!  
And The Holy Spirit says:  
When you feel loved, when you feel like sharing love, and giving love,  
when you are receiving and giving the gift of love, you find: you are happy;  
you are at peace; for this is what true happiness is; this is contentment;  
this is peace: when you have love; when you know love; when you  
give love; when you receive love; you are receiving joy,  
happiness, contentment and peace; and,  
you are giving it, as well.

February 24, 2012

When  
you listen intently  
to what another is saying,  
you begin to know, their  
heart, and soul, and spirit.  
And The Holy Spirit says:  
And when you know another's  
heart or soul or spirit is low,  
or shadowy, you have the  
opportunity  
to love  
them,  
and  
bless  
them,  
so they might be  
healed, and made whole.

February 23, 2012

Moderation  
brings balance.

Patience brings harmony.

And The Holy Spirit says:  
When you eat, and work, and play, in  
moderation, your body feels more  
in-balance. When you practice  
patience, with yourself,  
and others, there is  
harmony; and,  
you feel at  
peace.

February 22, 2012

Be  
sure to  
celebrate  
the passing,  
of each test,  
the moving, of  
each obstacle.

And The  
Holy  
Spirit says:

Opportunities  
to celebrate are with you,  
do not ignore the opportu-  
nity, do not forget to celebrate.

February 21, 2012

The day  
will not appear  
as difficult, if you  
focus on each task,  
completing it, the  
best you can.  
And The  
Holy  
Spirit  
s a y s:  
Today  
take one  
task, at a time,  
completing it before  
moving to the next. When  
you take one step at a time  
you are always moving forward.

February 20, 2012

When  
you decide  
The New Day  
will be a day of endless possibilities  
and promise, that is what you  
will create!  
And The  
Holy  
Spirit  
says:  
This day  
will be a day  
of endless possibilities,  
a day holding the promise of miracles.

February 19, 2012

Each of you, each one of you My children have a mission,  
a mission that is uniquely designed to fit you, and the gifts  
you carry. Therefore, this day, I bless you on your mission,  
and send you forth. Go forth with a heart singing. Go forth  
with a soul repeating the song. Go forth with a spirit willing.  
And The Holy Spirit says:  
Once you are at the right place, once you are so connected with God  
that you 'remember your mission,' there will be no hesitation; for,  
you will 'know, what is yours to do;' and even when those around  
you say, "You cannot do it. It is impossible," you will know, and  
remember, as the instructions are written on your heart,  
carried in your soul, and fueled by your spirit.  
That which is yours to do is familiar,  
and will be done with the hands  
of knowing God, is  
ever, with  
you!

February 18, 2012

If you will go where I send you,  
say what I ask you to say, and  
do what I ask you to do, you  
will know peace; even in  
the midst of chaos and  
confusion, you  
will know  
peace.  
And  
The  
Holy  
Spirit  
s a y s:  
You have a mission, a mission  
which you accepted, before you came  
to Earth! It is a divine plan, created by the hand  
of God. And when you are still, God speaks again,  
and, even in the midst of chaos, and confusion, you know  
where it is you are to go, you hear the words you are to say,  
and, you do that which God prompts you to do, that which  
is written on your heart, is done this day! Be at peace.

February 17, 2012

You  
cannot  
force another  
to see, as you see,  
to believe as you believe;  
but, you can live, your life,  
in such a way, that another  
sees the light, in what you  
do, and hears the light,  
in what you  
say.  
And  
The  
Holy  
Spirit  
s a y s:  
Today,  
make it  
your intention,  
to let the light of God  
shine through you, in all you  
think, and do, and say. Let the  
light of God shine through you, today.



February 16, 2012

When  
you are angry,  
you show the world  
that you have chosen the state of anger.  
When you are frustrated and in confusion, you show the world  
that you have chosen the state of frustration and confusion.

When you are sad and sorrowful, you show the world  
you have chosen the state of sorrow and sadness;  
but My children, listen to Me and know:  
you do not have to choose anger,  
for there is the option of love;  
you do not have to choose frustration,  
and confusion, for there is the option of clarity,  
and wisdom; and you do not have to choose sorrow and  
sadness, for there is the option of faith, and hope, and trust.

And The Holy Spirit says:  
Sometimes... 'temptations come in strange ways,' convincing you: that  
you should be angry; that you have the right to be frustrated or confused  
by what another has done, or said; that because of what is happening all  
around you, you have the right to be sad and sorrowful. But remember,  
these are temptations into energies that are heavy. And the sign is how  
do you feel when you are angry, when you are frustrated or confused,  
when you are sad and sorrowful? In these times of temptation,  
connect with God, your Father, and ask for guidance, and  
you will receive it, because the option to anger is love,  
the option to frustration and confusion is clarity  
and wisdom, and the option to sadness  
and sorrow is faith, and  
hope, and trust.

Remember,  
no matter how  
you are feeling today,  
it is the feeling you have chosen.  
So, choose the light, and the day will be bright,  
and you will be filled with joy, no matter, what, the temptation.

February 15, 2012

Today  
spend some time,  
walking with the angels,  
flying on the wings of The Dove.  
And The Holy Spirit says:  
There is "something" within you,  
which defies the limitations,  
and the boundaries,  
of your physical body,  
"something" within you,  
which soars, and flies, with the angels,  
which speaks, with the wisdom, of eternity.  
Today, connect with that "something" inside you.

February 14, 2012

Love is not volatile,  
does not have dramatic changes,  
it does not swing from highs to lows.  
True love is peaceful, sweet, serene.  
There is comfort in true love.  
True love is in balance.  
It is the constant  
on which, you  
can rely.  
Love  
brings you peace.  
And The Holy Spirit says:  
Love is not the constant searching for  
attention, grabbing, and pulling, this way, and that.  
Love is not manipulation to get your way. When you find true love,  
these things are absent. True love is sweet, gentle, kind. True love is putting  
the other's best interest before your own. True love is in balance, and  
harmony with all things. True love is God's love, pouring through one  
streaming to the other. True love is sweet, comfortable, and in balance.

February 13, 2012

No matter  
what challenges,  
or obstacles, or tests  
your mission entails,  
remember this, you have  
all that is required to meet  
the challenge, to move the  
obstacle, to pass the test.  
And The Holy Spirit says:  
Once you remember,  
that you have all  
you need,  
within  
you,  
the day  
seems ripe,  
with opportunities.

February 12, 2012

The  
practice  
of guarding and  
keeping your thoughts,  
your words, and your deeds, 'pure,  
of spirit,' is well worth the effort!  
Blessed are the pure of heart.  
And The Holy Spirit says:  
You will be tempted:  
by media,  
by friends  
and family, to join  
into words of judgment,  
into gossip; and, these things  
lead you away, from a pure heart,  
lead you into thoughts, words, and deeds,  
that are less than pure. These things bring the feeling  
of heaviness. Reject 'the temptation' to gossip, or to judge.  
Instead set your sights on the light and higher things: the song of  
the bird; the rustle of the leaves in the trees; the blossoming flowers,  
the flowing stream. Reject 'the temptation,' to be 'less,' than you are!

February 11, 2012

Once  
you choose  
to live in, or use,  
only the power of the light,  
you begin to live the eternal life.  
And The Holy Spirit says:  
Using the energies of darkness, and shadow,  
even living in darkness and shadow created  
by others, brings exhaustion, weariness,  
brings a heavy heart, a tired soul,  
a drained spirit.  
But when  
you choose to use  
the power of the light, you  
are propelled through life, with a sense  
of fulfillment, contentment, happiness and  
joy, because it is the power of the light, work-  
ing through you! Use the power of the light!

February 10, 2012

When given the  
opportunity to show: anger,  
frustration, or disappointment,  
take the opportunity to show love.  
And The Holy Spirit says:  
The world expects you to answer:  
hatred, with hatred, anger  
with anger,  
frustration  
with frustration;  
but it is of God to answer  
every challenge, with Love!

February 9, 2012

Remember, angels are with you!  
And The Holy Spirit says:  
You have made the great journey,  
from Heaven, to walk, upon  
the Earth; but, you  
did not come  
alone,  
angels  
are walking  
with you! Be still,  
and feel their presence!

February 8, 2012

As the  
new day  
is dawning  
set your intention  
to be a light, which  
brightens the day!  
And The  
Holy  
Spirit  
says:  
Do not look, for  
the bright side of the day,  
be the bright side of the day; today,  
be a light which brings joy to the world.

February 7, 2012

Do  
not  
perceive  
obstacles, and challenges,  
as darkness, and shadows; see them  
as opportunities, instruments  
for growth.  
And The  
Holy  
Spirit  
says:  
Just as  
physical exercise  
strengthens your body,  
spiritual exercise strengthens  
your inner core. When your spirit  
is strong, your soul sings, your body follows  
in the song, and you walk in light, you are whole!

February 6, 2012

Do not  
be critical of  
yourself or others.  
Be patient; for, in patience is  
the freedom: to grow, and learn,  
and live life to the fullest measure.  
And The Holy Spirit says:  
In patience, you will find courage  
to go beyond what you once  
perceived to be your  
limitations.

February 5, 2012

When  
you give  
the gift of patience,  
to another, or to yourself,  
you create an atmosphere: which nourishes,  
the body, soul, and spirit; which provides comfort;  
which provides courage; which leads to faith.  
Patience is a fertile garden,  
in which glorious things  
grow, in abundance.  
And The Holy Spirit says:  
A lack of patience creates:  
stress, fear, anxiety. But when the gift  
of patience is given, there is an atmosphere:  
of comfort, of peace, of serenity and tranquility.  
It is the atmosphere in which courage provides the  
strength to make the journey, to see the miracles, to live!

February 4, 2012

Every time you are faced with a challenging task, a difficult chore,  
if you let Me work through you, I will show you The Way; and  
it will be done, it will be accomplished! And the ending  
will be miraculous, and glorious; and you will have  
new faith, in what I can do, through you!

And The Holy Spirit says:

Whatever is yours to do,  
begin the process: by  
inviting God into you;  
by knowing, that God  
can work through you,  
and then open your eyes to the task,  
or the challenge, in a new way. And soon, you  
will be celebrating, all that has been accomplished  
as you opened to the power of God, and were so moved. This  
day, invite God in, and see what the two of you can do, together!

February 3, 2012

Have compassion for those  
walking through a difficult time.  
And The Holy Spirit says:  
When you encounter another, walking  
through difficult times, be the light  
of compassion to their  
world-weary  
heart.

February 2, 2012

When  
the day  
beckons you to rise-up,  
do so, with great joy!  
And The Holy Spirit says:  
There is  
nothing  
the same  
with each day  
that comes to you.  
Although this sounds strange,  
it is true, 'Each day, is its own unique piece  
of eternity.' Create something amazing and  
wonderful for the glory of God this day;  
for there will never be another  
day exactly like  
today!



February 1, 2012

Doing the best you can do, includes  
staying open to all that I can give to you.  
When doing the best you can do, begins with  
opening to My light, and love, and power,  
and all the gifts I send to you, the best  
will be the best the world has ever  
seen, because, I will work  
miracles,  
through you.  
And The Holy Spirit says:  
When you begin to prepare  
to do something 'important,'  
to do something which will require  
your best work, let the first thing you do  
be to open to the light and the power of God!  
Sit still, and invite God - into - your being fully, and  
completely; and then, acknowledge that what you can do,  
left on your own, will pale in comparison to what God can do  
through you. When you prepare to do your best invite God in; and  
then, prepare for the miracles, God working upon the Earth through you.

January 31, 2012

When  
you practice  
using the gift of patience,  
you create an atmosphere in which  
trust, courage, and faith, live, and thrive.  
And The Holy Spirit says:  
When someone comes to you carrying the energy of doubt,  
and you give them the gift of understanding, you create, within  
them, trust; when someone comes to you carrying the energy of fear,  
and you greet them with compassion, you give them the gift of courage;  
when someone comes to you carrying the energy of chaos and confusion,  
and you greet them with wisdom, you give them the gift of faith, because  
providing the atmosphere of trust, and courage, and faith is the fertile  
garden, wherein these seeds grow to life, wherein these seeds live.  
Be the good husband; and you will raise-up the good garden  
where all things, of Heaven, live, upon the Earth.

January 30, 2012

When  
you get  
so immersed  
in your daily activities  
that you find you do not feel My presence  
with you, be still, and you will find Me,  
with you, and I will take your hand,  
and slowly lead you back  
to The  
Way.  
And The  
Holy Spirit says:  
Even when you have  
worldly responsibilities,  
even when your tasks are numerous,  
you can stay connected to God. Before you begin  
each chore, before you address every task, be still, for  
just a moment, and ask, "God, are You with me now?"  
Connect with God, before you do anything, and you  
will always feel the presence of God with you, as you do  
everything you need to do. Connect with God, and the tasks,  
and the chores, and the responsibilities of the world, will be lighter.

January 29, 2012

If you will permit Me  
to come fully into you,  
and flow through you,  
I will do all things,  
through you.  
And The  
Holy  
Spirit  
says: Prepare  
yourself in such a way  
that you are the perfect conduit  
for the power of God, for God can do  
all things through the willing channel.  
God can do all things, through you!

January 28, 2012

Stay  
with Me.

Stay enfolded within My love.  
Be bathed in My light, constantly.  
Even as you walk upon the Earth,  
stay connected  
with Me.

And The  
Holy  
Spirit says:  
Temptations  
will fall from you.

They will be present, but  
you will not be distracted by them,  
when you walk... upon the Earth... with God,  
enfolded in the love of God, bathed in the light of God.

When you walk upon the Earth, with God, you are connected  
with the heavenly dimension: and the things of the Earth, the things  
of the world, fall from you; and the birds bow their heads, as they fly by;  
the butterflies slow, amazed to be caught in the light of God, content to be  
in your presence; the trees bow-down as you walk by, as they recognize  
the love, and the light of God within you. Walk upon the Earth, and  
into the world, with the peace of God, resonating from the core  
of your being, and you will be a blessing to all.

January 27, 2012

There  
is a light,  
at the core  
of your being  
there is a light.  
Awaken to the light.  
And The Holy Spirit says:  
At the core of every human being  
there is light, but this light  
is often covered-up,  
by baskets  
of frustration,  
by bushels of anger,  
or chaos, or confusion,  
wrapped-up in robes, and cloth,  
of guilt and anxiety, fear, doubt. Today,  
begin to uncover your light! Remove the cloak  
of fear, and doubt; lift-up the bushels, the baskets, move  
the boxes; make ready The Way; so that you might show your  
light, and let it shine, upon the Earth today! It is there, at the core  
of every being upon Earth there is the light of God; bring it forth this day.

January 26, 2012

Imagination is the fulfillment of your dreams,  
of that which is written on your heart, the image of that  
which you can conceive within your being. Imagination.  
And The Holy Spirit says:  
Imagination is creating the image of your dreams, your hopes,  
your desires. Imagination is creation. If you can imagine it,  
you can bring it fully onto the Earth plane. Imagine peace,  
flowing from one nation to another, from one neighbor  
to another, from one brother and sister to another.  
Imagine love, flowering with each seed of peace.  
Imagine no hunger... no pain... no misery.  
Imagine joy, happiness, contentment,  
fulfillment. If you can imagine it,  
you can bring it to Earth.  
Imagination, it is  
creation.

January 25, 2012

You will not become polarized,  
you will not become stagnant, if  
you are willing to ride The Wind,  
to embrace the journey to see: what is,  
what is yet to be, and what has been.  
And The Holy Spirit says:  
When you are willing to rise-up,  
and ride the breath of  
The Holy Spirit,  
you will be  
amazed  
at the miracles,  
miraculous things abounding  
all around you. You will touch the leaves  
of the trees, the petals of the flowers, the streams, and  
the oceans, and deserts. You will ride to the highest peak,  
and you will delve into the deepest valley floor. Caves will not hold  
their secret from you anymore. Life upon the Earth is meant to be:  
a journey and experiment, exploration into the unknown, and it is all  
there for you to do. All you have to do is be willing to ride The Wind.

January 24, 2012

When you take the time to make the journey,  
to make the pilgrimage, your reward is a state  
of fulfillment, a state of completeness and  
wholeness, once it is accomplished.  
And The Holy Spirit says:  
Once you have made your way  
to the altar of God: you  
will not be hungry,  
the manna  
from  
Heaven  
will feed you;  
you will not be thirsty,  
for the hand of God will lift the cup,  
and tilt it slightly toward your lips. Once you  
have arrived, at the altar of God, you will be at peace.

January 23, 2012

If  
you  
will let Me  
work miracles through you,  
you will be blessed beyond anything  
you can imagine, or comprehend.  
Let Me work miracles  
through you.  
And The Holy  
Spirit says:  
Many  
times  
you will  
find, on your own  
you can do a lot: complete a task,  
accomplish much. But these accomplishments,  
these tasks, will leave you tired and exhausted. If you will let God  
do through you, you will exchange exhaustion for exhilaration, tiredness  
for fulfillment. For the promise of God to the children of Earth can be ful-  
filled through you, through what you are willing to let God do, through you.

January 22, 2012

Questioning another's intention,  
criticizing another's actions, or gossiping  
about another, are the shadowy energies, which  
will lead you quickly into the darkness of judgment.  
And The Holy Spirit says:  
Resist 'the temptation,' to go into the energy of another.  
If you are tempted - go directly to God - and call on  
the Creator so that you might be filled with light  
and the power of God, so that you might resist  
temptation, and be filled  
with the light.  
Resist the  
temptation  
to judge another;  
for, judgment is a dark shadow,  
and it will consume you. Turn to the light.

January 21, 2012

Mastering  
the art of using the gifts  
of The Holy Spirit, begins  
with 'the desire,' to do so.  
And The Holy Spirit says:  
As soon as you desire,  
or want, to use  
the gifts of  
The Holy  
Spirit,  
before doing anything else,  
you've already begun using the gifts. For  
the desire to do so, is much like: picking-up a tool,  
when you want to fix something; picking-up a broom,  
when you want to clean something; picking-up your coat,  
when you want to go out in the cold. The decision is already made  
about what you are going to do, you are in the act of preparation. Today: think, pray, be  
still! For once you desire to use the gifts of The Holy Spirit  
of God, you are already preparing to do the will of God, upon the Earth.

January 20, 2012

When you are vigilant, you  
see, and know, the obstacle.  
And The Holy Spirit says:  
When you are prepared: you  
meet the challenge, as an  
opportunity, you pass  
the test, with  
confidence,  
in who you are,  
and what you are doing.

January 19, 2012

Compassion  
and kindness,  
are gifts, which  
money cannot buy.

And  
The  
Holy  
Spirit  
says:

Today,  
deliver the gifts  
of compassion and kindness;  
and peace will abide with you,  
and all around you will know its presence.

January 18, 2012

Whenever  
you encounter  
a difficult situation, take My hand  
and I will lead you through!

And The  
Holy  
Spirit says:

It is tempting  
to react with anger or frustration,  
when you encounter obstacles and challenges,  
resulting in a battle of will and force, leaving you  
exhausted, and drained of energy. If you will meet  
each obstacle, and challenge, in the positive light  
of God's love, you will move each obstacle,  
and the challenge will become  
an opportunity to shine,  
leaving you fulfilled  
and sustained, by  
the power  
of God.



January 17, 2012

Forgiveness begins  
with a desire  
to know  
peace.  
And  
The  
Holy  
Spirit  
says:  
Once you  
understand  
the power, of  
forgiveness, you  
will know, peace.

January 16, 2012

When  
nights are long  
and days are shorter, comes  
the time of renewal, a time  
for introspection,  
for going  
within.  
And  
The  
Holy  
Spirit  
says:  
Every time  
'you go within,'  
you will be rewarded.

January 15, 2012

I wish for you to realize  
the Power in Knowing: that  
you are an extension, of  
My Love upon the Earth;  
that you are My Child.  
And The Holy Spirit says:  
When you finally  
come to the  
realization,  
and 'know, that  
you are an extension  
of God's Love upon the Earth,  
that you are a Child, of God,' you are  
ready to walk into the world with confidence.

January 14, 2012

If  
you  
will walk  
along The Way,  
you will always know peace.  
And The Holy Spirit says:  
As you walk along The Way,  
you'll find  
a miracle,  
every day,  
you'll find  
that sunshine  
warms your face  
and, with the night  
comes a sweet embrace,  
the perfect way to end the day  
as you walk along The Way!

January 13, 2012

The  
eternal well  
is overflowing,  
quenching the thirst, of  
every being known to man and God.  
There is a garden ever-growing, sustaining and feeding  
every being known to man and God.  
Every day you are fed  
from the garden,  
with manna  
from  
the heavenly  
kingdom. Every day  
your thirst is quenched  
at the eternal well, of My love.  
These things are available to you;  
the only requirement is that you come.  
And The Holy Spirit says:  
It is better to feed the spirit, than the body; for, it is  
The Spirit of God which animates the body of Earth.  
Once the spirit is fulfilled and thriving, the body will follow.

January 12, 2012

I raise-you-up,  
so that you might blossom,  
and bloom, and live, and thrive, in the  
light, and the glory. Rise-up. Live. And The Holy Spirit says:  
One of the most exciting things about spring is seeing fresh shoots  
of life, pushing their way through the outer soil, revealing growth, buds  
on the trees, tight, ready to ripen in the sun. And this delight... is replaced  
with joy, seeing the leaves unfold before the flower, seeing the buds grow  
rich, and lush, and plump, filled with life. But all of these things,  
pale, with the majestic presence of the unfolding of the blossom,  
the revealing of the fruit on the tree. Life continues,  
it is joyful, it is exciting, it is majestic.  
Life did not stop, with  
the little green shoot.  
Life did not stop, with  
the rich, plump bud. Life continued  
to reveal the flower, and the fruit of God. And so,  
your journey, too, begins this way, with a shoot, coming from  
a seed, with a bud, then the flower, then the fruit. Be at peace  
in this growth, and let it unfold! Let it unfold, in its own time.

January 11, 2012

I want you to remember  
that you are an extension of  
My Love, upon the Earth.  
And The Holy Spirit says:  
When you 'know,' that  
you are an extension  
of God's Love  
upon the  
Earth,  
you  
walk  
through  
your day,  
delivering peace  
to every person, every place,  
you touch with your presence. You are  
an extension of God's Love, deliver Peace, today.

January 9, 2012

I  
created  
Earth, and now, you  
are with her. Continue My  
creation, this day, by blessing her,  
in how you think, what you do, what you say.  
And The Holy Spirit says:  
Today, sing of the glorious Earth, the creation of God.  
When you see a majestic sunrise, sing, sing of the glory.  
When you see a magnificent tree, sing, sing of the  
beauty. When you see a bird soaring high above  
you, sing. When you see a flower growing,  
sing. When you see the stars in the sky  
shining, sing. God created  
the Earth, sing of  
her glory.

January 8, 2012

Force, warfare, domination, cannot deliver peace!  
Peace will be delivered, from the heart and the soul  
and the spirit of every human being, upon the Earth.  
And The Holy Spirit says:  
It is impossible to legislate, dictate, or force, a state of peace.  
But it is very possible for the seed of peace, which is carried  
within every human being, to spring forth and deliver life,  
and deliver the gift, of peace, to Earth. This is how  
it will happen, with one, and then two, and  
then ten, and then twenty, waking,  
knowing, delivering the gift,  
delivering the fruit,  
delivering  
peace.

January 7, 2012

When  
you are  
standing  
on the peak, of  
a majestic mountain,  
you know the climb-up was  
worth it. When you are holding  
your baby in your arms, you know  
the labor was well worth it. When  
you are standing in a sacred place,  
you know the pilgrimage  
was well worth it.  
And The Holy Spirit says:  
To know The Way of Wisdom  
requires that you make a journey.  
You walk... your days, upon the Earth,  
meeting obstacles... and challenges... which,  
in reality, are the opportunities to strengthen you,  
to bring you knowledge, and true wisdom, to fill you... with  
understanding and compassion, so that you are confident to walk  
The Way, holding The Gift of Wisdom, growing closer to God, every day.

January 6, 2012

Today,  
make time to see  
the beauty, of Earth.  
And, The Holy Spirit says:  
Sometimes, you move closer  
to God, within the rays,  
of a glorious sunrise;  
or in the whisper,  
of a gentle  
breeze.  
Sometimes  
your spirit soars,  
beholding the peace  
of a sunset, or breathing-in  
the aroma, of a rose. Today,  
move closer to God, by experienc-  
ing nature, and the beauty, of Earth!

January 5, 2012

The  
challenges  
of today will be the  
victory celebration of tonight.  
And The Holy Spirit says:  
Stay connected to God,  
and the challenges  
you face,  
will be  
the source  
of celebration,  
confidence, and wisdom.

January 4, 2012

Today  
give the gift  
of patience to  
every situation, and  
to every person, you meet.  
And The Holy Spirit says:  
Taking the time to be patient  
with yourself, and others, will  
create an atmosphere of love  
and understanding; and,  
confidence will be one  
of the fruits, of  
your labor.

January 3, 2012

To be  
able to think,  
and speak, and act,  
using My love, takes practice,  
and a willingness to set ego aside.  
And The Holy Spirit says:  
Stay connected to God  
and it will be  
easier to  
set ego aside,  
so that you might  
think, speak, and act,  
from God's power and love.

January 2, 2012

Reach-out  
to others, with kindness,  
and understanding will follow.  
And The Holy Spirit says:  
If you will hold your tongue  
and open your ears  
to that which  
another  
says,  
you will begin  
to know, that which  
is written on their heart,  
you will begin to understand.

January 1, 2012

If  
you stay  
connected, with Me,  
all will be right, with the world.  
And The Holy Spirit says:  
As you begin, this new year, remember:  
your energy, your precious energy,  
can be torn asunder, and scattered  
all over, if you are pulled from here  
to there, by others, by their intentions,  
by their weaknesses, by their frustrations;  
but you will remain  
intact and whole,  
and at peace,  
if you will stay  
connected with God,  
today, and every day,  
you walk upon the Earth.