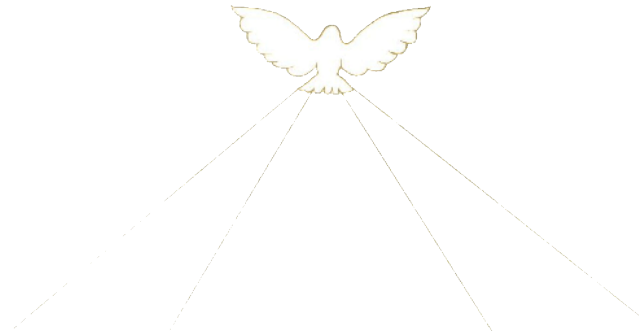


# *THE QUIET PLACE*



## **God's Daily Message 2013**

**God  
Speaks**

to every man, woman,  
and child, on Earth, everyday!

And at The Quiet Place, we conclude  
our morning prayers with these words asking  
God, what we should know, today: "Our Creator,  
God, what is it that You wish for us to know, today?"

And  
**God says:**

December 31, 2013

There  
is no need  
to walk in darkness,  
or to search all around, for the light;  
for the light will be found within you;  
all you have to do is:  
turn it on, stoke  
the fire, or  
re-kindle  
the flame.  
Whenever  
you do, I will  
call your name, and say,  
"See, the light is within you;  
the light is, always, within you!"

And The Holy Spirit says: To keep your light  
shining, requires desire and intention to do so.  
Reject the temptations to wander into darkness; for,  
when you "know," the light is within you, you see only the light.

December 30, 2013

Let your journey upon the Earth be  
the adventure, it was meant to be,  
it is meant to be. Let every day  
be an exploration of some-  
thing new, something  
calling to you  
to come,  
and see,  
so you might know,  
and remember Earth.  
And The Holy Spirit says:  
Do not get locked in a box.  
Do not close your eyes to  
what is happening  
all around you;  
for, it is often easy  
to miss the earthly experience,  
getting locked in the chores of the day.  
This is your adventure upon the Earth;  
see it, as such, and go forth, in this way!

December 29, 2013

Once  
the child is born, it  
must be cared for; until  
it can walk, on its own; and  
then, it must be guided; so the  
light shines, upon The Way, and  
the child can find its way Home.  
And The Holy Spirit says:  
Once the garden is created, it must be  
cared for, so that it can grow, and pro-  
vide nourishment for the eyes, and the  
body. And once it is growing, it must  
be tended, and harvested; for giving  
life, giving birth, creating, is just  
the beginning; you must tend  
the garden, and the life,  
so there is a happy  
ending!

December 28, 2013

A burning desire, and an intention  
"to walk The Way, to know The Way,"  
will move you forward during the times  
when temptation would lead you astray.  
And The Holy Spirit says:  
Desire and intention will lead you  
to a place where you will see  
it is possible: to love,  
far beyond  
what you could  
ever love, before; to  
give, far beyond what  
you could ever give, before;  
to understand, far beyond what  
you could ever understand, before;  
to forgive, far beyond what you could  
ever forgive before; desire and intention, are  
noble companions, and they will lead you Home.

December 27, 2013

Walk  
boldly into  
the world, confident  
that I AM there, with you; for  
I sent My Son to show you The Way,  
and The Holy Spirit to fill you with wisdom  
all of the days you are upon the Earth.  
And The Holy Spirit says: Be ye filled with confidence,  
with the knowledge: that God is with you; that  
when you set your eyes upon The Son,  
The Way will be made clear for you;  
I will answer your questions,  
and you will walk in  
the light, of  
God!

December 26, 2013

Resist  
the temptation  
to let your thoughts and words and deeds  
be a re-action to what another says  
or does; rather, call upon Me,  
and let My love flow  
through thee.  
In this Way  
you will be  
acting, from  
a place of love.  
And The Holy Spirit says:  
Let your thoughts, words,  
and deeds reflect the love, of  
God. Act through the love, of  
God, rather than react to another.

December 25, 2013

When the impossible occurs, it is termed a miracle;  
in reality: it is My love for you, living, upon the Earth; it  
is an answer to a prayer; it is a sign, that I AM there, with  
My hand on your shoulder, letting you know, that I care.  
And           The           Holy           Spirit           says:  
When you face adversity, with faith, and trust in God, you  
find that you are creating an atmosphere, wherein  
miracles occur, ~ through you faith ~ through  
your trust; and, in this Way, your faith  
and your trust is an outward sign  
that you believe all things  
are possible, with  
God.

December 24, 2013

Prepare  
to give birth to  
The Precious Gifts  
you carry within you!  
I give you courage... I  
touch you with faith!  
I give you strength  
to stand-up,  
and say,  
"Yes!"  
And  
The  
Holy  
Spirit  
s a y s:  
Within  
each of you  
there is a direction,  
a guidance, leading you to:  
the perfect place, the perfect thing,  
the perfect task, the perfect person, just  
for you; but to realize this amazing miracle,  
you must be willing to stand-up, and say, "Yes."

December 23, 2013

Go  
forth in  
My glory, as  
I bless you, and  
send you into the world,  
to be all that you are, My child.  
And The Holy Spirit says:  
Go forth this day, and wherever you find  
darkness and shadow, bring the light.  
Go forth this day, and wherever  
you find crying  
and sorrow,  
be the joy.  
Go forth  
this day,  
and where  
ever you find  
shame and guilt, be the  
confident ~ love ~ of God. Go forth  
this day, and wherever you find anger, and  
hatred, be: the forgiveness, the compassion,  
the understanding, of God. Go forth, this day!

December 22, 2013

A seed was implanted  
within you, before you took  
the great journey to Earth; and  
when it is time, miracles will sur-  
round you, and you will give birth.  
And The Holy Spirit says:  
There are many gifts, and these gifts  
are packaged, and given to each  
child, so that they might  
bring these glories,  
onto the  
Earth.

There is  
no child, without gifts.  
Every child is to give birth.  
What will you give birth to today?  
Will it be compassion, at a much needed time?  
Will it be love, in the face of hate? Will it be joy  
where there is gloom, and depression? The seeds  
have been sown. Watch for the signs, for they  
will tell you the time, and your seed  
will open,  
and blossom,  
and flower, and  
you will give birth.

December 21, 2013

When you  
think of another, let  
your thoughts be only of love.  
And The Holy Spirit says:  
Set aside the temptations of this day  
to label others. Rather, lift-them-up  
on the wings of The Dove. Let them  
soar into the sky on your thoughts  
of love for them. This way, they  
will feel the presence of God  
through that which  
you send to  
them.

December 20, 2013

Be  
willing  
to embrace  
the journey, that is your own.  
And The Holy Spirit says:  
There is not one thing  
you wish  
you could  
do, that you  
cannot do, em-  
brace the journey!

December 19, 2013

The best way to start the day  
is with a prayer, and a smile!  
And The Holy Spirit says:  
Today, remember a parent's  
prompting, from days  
gone-bye, "Come  
on, let me see  
that smile!"  
Even if it  
doesn't  
seem  
to fit,  
do not  
abandon  
trying it; and  
you will find a smile  
is a great companion,  
shine that light, and smile!



December 18, 2013

Let  
Me be  
your sanctuary,  
where you are rejuvenated,  
and refreshed, and renewed.  
And The Holy Spirit says:  
When the worries  
and chaos  
of the  
world  
become  
more than  
you can bear,  
turn around, and  
you will see, the sanctu-  
ary door ~ is open ~ for thee!

December 17, 2013

Today:  
be more loving;  
be kinder, and more compassionate;  
be more understanding, and forgiving;  
be more patient, and tolerant; stretch  
your capacity  
to be these  
things,  
beyond  
your former  
limitations; and,  
you will live more fully.  
And The Holy Spirit says:  
When you are willing to grow, into  
a more loving person, you are healed,  
and made whole, through the process.

December 16, 2013

Now is the time to open your heart and love,  
without concern for being rejected or spurned.  
Let My love flow, upon the Earth, through you!  
And The Holy Spirit says:  
Break-up the dams of disappointment; clear-away  
the debris of anger, and resentment; toss-out the  
litter of jealousy, anxiety, doubt, and worry.  
Clean-out your vessel, in such a way,  
there is no impediment to the  
free-flowing love, of God!  
Open your heart and  
love will flow,  
upon the  
Earth.

December 15, 2013

Watch for  
"the signs," for  
they will direct you.  
Listen for "the messages,"  
for, they will surely come, and  
give you guidance. Pay attention to  
"the dreams," for they will open new vistas.  
Embrace "the visions," for they will reveal what  
earthly eyes cannot see. Be still, for in the quiet, you  
will hear Me, and know The Way! And The Holy Spirit says: Amen!

December 14, 2013

Look  
around,  
and see, and enjoy today  
as a piece, of the great  
adventure, it truly is.  
And The Holy Spirit says:  
Make today a wonderful piece  
of your journey  
upon the  
Earth.

December 13, 2013

Pay attention to what is written on your heart;  
for it is there, you will find My letters to you,  
with guidance for that, which you are  
meant to do. And The Holy Spirit says:  
Let your heart guide you  
to where you are  
meant to  
be.

December 12, 2013

A wonderful day is created in your thoughts echoed  
in your words, and brought to fruition  
through your deeds. And The Holy  
Spirit says: A perfect day  
begins in your  
thoughts.

December 11, 2013

The world is a better place, when you are shining  
like the sun. And The Holy Spirit says:  
Your smile creates more light,  
than one candle, shining  
in the darkness. Let  
your smile light  
up the day!

December 10, 2013

One  
seed of doubt  
creates a garden of confusion,  
and one seed of faith creates  
a garden of confidence.  
And The Holy Spirit says:  
Today,  
choose  
wisely  
the seeds  
you will plant,  
nurture and grow.

December 9, 2013

When you grow weary,  
come, and sit with Me; and,  
I will refresh, and nourish, thee.  
And The Holy Spirit says:  
You will find that which you need  
during the quiet time, while  
you sit, with  
God.

December 8, 2013

When  
you believe,  
and have faith,  
that I will guide you  
through all things, then  
you will walk in confidence,  
every day, avoiding chaos and  
confusion, all along The Way.  
And The Holy Spirit says:  
So let it be; so let us pray.  
Amen.

December 7, 2013

That which is to be, will be; and  
will flow, in complete harmony,  
once you give your hand to Me.  
And The Holy Spirit says:  
There is no need to experience  
chaos, and confusion.  
The only thing  
required  
is that  
you sit,  
be still,  
and focus on  
The Divine Will,  
releasing, that, which  
you think should happen,  
so that The Divine Plan, will  
flow, in balance, and harmony.  
Be at peace, flow with The Plan.

December 6, 2013

As you move over the Earth, you mark  
your way, your footprint is set in the sands  
of time upon the Earth. Therefore, today, let  
peace be the legacy you bequeath to Earth.  
And The Holy Spirit says:  
Do not be dumbfounded. Do not be dismayed.  
Do not feel dejected, or rejected. The cloak,  
the spirit, that marks you as a royal child  
of God, is yours, do not shun it,  
pick-it-up, wrap  
yourself  
in it, so that  
you might deliver  
unto Earth ~ that ~ which  
is yours to deliver. And if you will  
walk in wisdom ~ and light ~ that, which  
is yours to deliver, shall be the peace, of God.

December 5, 2013

While each day upon the Earth  
has a beginning, a middle, and an end, each  
day upon the Earth is a piece of the eternal chain,  
the eternal progression of days. Therefore, knowing  
that you are about to create a piece of eternity, be  
mindful, before you begin, what would you want  
to string together, with all the other  
days of eternity,  
showing it,  
as the day  
you created.

Once you decide,  
set-out with purpose, and  
intention. It is time. Create.  
And The Holy Spirit says:  
Use all the gifts you have been given  
to create the pearl that will be this day.

December 4, 2013

The energy you use in completing  
the tasks of your day, will be the energy  
you live, the energy you create. Therefore,  
set your intention ~ before you begin ~ so that  
the tasks you complete, the projects you begin,  
and all things created by you, are filled with  
light, and spirit anew. Give birth to  
love, and light, and peace.

And The Holy Spirit says:

It does not matter  
whether: you have  
tasks at work, or  
tasks in the home, or  
tasks related to relationships.

Every task ~ set before you ~ can be  
completed with love! And this will bring  
balance and harmony to your life. Set the in-  
tention to do so, and you will live free, from strife.

December 3, 2013

Just  
because  
the temptations  
of doubt are all around you.  
it does not mean that you need to follow. Look,  
and see. Be vigilant. Reject these temptations,  
and turn your face toward the light, and sing;  
for, this is a new day,  
and you have joy  
to bring to all  
the Earth.  
And The Holy  
Spirit says:  
Sometimes  
the temptations  
of doubt, seem to be gathering  
around you: do not go with them;  
do not pick-up the cloak of doubt,  
and slip-it over your shoulders; reject  
it, and sing! Turn your face to the sun;  
walk into the light; invite peace to grow,  
within you; and, you will find balance,  
and harmony; and soon, you will sing.  
Let there be peace on Earth; and,  
let the joy ring-out, through you!

December 2, 2013

Watch for the signs, and follow in faith.  
And The Holy Spirit says:  
When you follow the signs,  
and you do so in faith,  
you avoid the temptation  
to wander into doubt.  
Doubt leads to confusion,  
and confusion leads to chaos.  
Therefore, when you follow  
the signs in faith, you  
avoid doubt, confusion,  
and chaos. Watch for  
the signs, and  
follow in faith.

December 1, 2013

Do  
not  
create  
from a place of fear, worry,  
anxiety, concern, doubt; for,  
all that you take into yourself  
moves into that which you are  
creating!  
Therefore,  
create: from  
love, from light,  
from peace, from har-  
mony, and balance; create, so  
that you might delight, in the creation.  
And The Holy Spirit says:  
Every day is a day of creation. And every creation  
holds the energy of the creator. Therefore, be mindful  
of your energy. Be mindful. so that that which is created  
by you, holds the energy of light, and love, and peace. To-  
day is another day of creation. What will you create today?

November 30, 2013

Do not waste your days  
in lamentation, grief, woe  
or sorrow. No, do not waste  
your days. Sing-out, in hap-  
piness and joy, celebrating  
the truth, that you live.  
And The Holy Spirit says:  
Life is a precious  
gift, do not  
waste a  
second,  
a minute,  
an hour. You live;  
therefore, celebrate, in joy.



November 29, 2013

Your work upon the Earth  
should begin ~ within ~ your being!  
Clean the hallways, and corners, and corridors  
of your inner-being, first; and then, the light will shine  
from within you, so brightly it will beckon all to come, and  
see, that which is possible, that which is shining, within thee!  
And The Holy Spirit says:  
Once you have cleaned your inner-being, so that your divinity is re-  
vealed, it is important to maintain that state, that glorious state,  
so all see ~ perfection unfolding ~ in the light, and the glory,  
of God. No word you utter will ever be as compel-  
ling, as the sight of the light, shining  
from within you!

November 28, 2013

Accepting  
the gifts given unto you,  
and being thankful for that which  
you have been given, creates an atmosphere of  
happiness, and hope, an atmosphere of anticipation,  
knowing that whatever comes your way, you have all that  
you need. This deep sense of comfort is where you find true  
happiness, for true happiness springs forth from contentment.  
Be content in this present moment. Be content in this day. Be  
content where you are, right now. And The Holy Spirit says:  
Be still. Look around you, slowly. Where you are at this moment  
is exactly where you are supposed to be at this moment. Look  
and see. Now take the time to connect with your Heavenly  
Parent. And in this moment... of seeing Earth, and  
connecting with God . . . you will find hope,  
happiness, and you will truly know  
Thanksgiving.

November 27, 2013

Be  
thankful  
for the gifts of glory  
which you will retain, forever.  
And The Holy Spirit says:  
Shake from you the dust, the  
dirt, the debris, of the world,  
and lift-up the gifts that are yours.  
Let them shine for all to see:  
a sign of your nobility,  
a sign of eternity,  
a sign.

November 26, 2013

Be vigilant. Look, and see; so that you  
do not fall victim to that which is hap-  
pening, all around thee. These things  
will distract you from your mission,  
from your goal. Be vigilant.  
And The Holy Spirit says:  
What is your mission?  
What is your goal?  
To walk over the Earth  
as an "enlightened," being:  
requires that you pay attention  
to where you are going, and what you  
are doing; it requires that you do not fall,  
victim to distractions, all along The Way. You  
are a unique piece of the One. Be at peace, as you  
walk over the Earth. Stay connected with God, and  
your mission will be complete, and it will be successful!

November 25, 2013

You cannot know "freedom," while burdened with beings of darkness and shadow, while being the host to energies which are negative in their creation; but, come the light, come the love ~ and come the power ~ you will rise-up, free! Invite the light; and, it will be that, which lifts-you-out-of the shadow, to the highest mountain peak, and there, you will see!  
And The Holy Spirit says:  
Revelation, illumination, ascension, these are the terms of those who soar into the light, living, in the light; for, it is within the light, that truth is revealed, and eternity becomes the glorious wonderland in which you live.  
Be at peace this day and celebrate for the light has come!

November 24, 2013

You have within you, Gifts, I have given unto you, which sit unused, or used very little. I wish for you to use The Gifts you have been given: so that you will be thankful; so that you will realize The Power of The Gifts, that are yours! And The Holy Spirit says: Amen!

November 23, 2013

Do not  
fall victim  
to the temptation  
to go astray, or to wander  
into darkness and shadow, just  
because others act irresponsibly, or  
do things, you believe, they should not do.  
When you encounter dysfunction of any kind,  
in others, be still, ask for guidance. Sometimes,  
you will be surprised at what you hear, sometimes  
not; still, asking for guidance will lead you into  
the light, when distractions might lead you  
to wander astray. Today, remember,  
ask for guidance.  
And The Holy Spirit says:  
When walking into a situation  
that can be confusing, or chaotic,  
or even disappointing or frustrating,  
do not react to what others do, or say; be  
still, and ask for guidance from God, every day!

November 22, 2013

When  
your desire,  
and willingness,  
lead you into a place,  
where you are operating, more  
and more, within the realm of the unseen,  
you begin to live; and to recognize eternity, within you;  
and it changes your perspective of Earth, and all, around you.  
And The Holy Spirit says:  
For those awakening, there is a gift: the signs, and the messages,  
leading you to a place of sweetness, kindness, compassion;  
for, as you slip, comfortably,  
into the realm  
of the unseen,  
your eternal eyes  
are opened, and you see  
with the eyes of God, you see  
from a different perspective; when  
you are awakening, you see, the unseen!

November 21, 2013

You will be surprised how quickly a day of challenges  
can turn into a day of opportunities, when you reach-out  
and take My hand, and make the decision to walk with Me.  
And The Holy Spirit says:  
Every single day is a day packed with opportunity: for those  
who know, God is with you; for those who understand,  
and believe, that God will work miracles, through  
you; then, the day turns into one where you  
look around, and announcing to the  
world, say: "This day has begun,  
come, let us see what God  
will do through you,  
and through  
me."

November 20, 2013

Once  
you know  
how to watch  
for, and read  
the signs, and  
are ready to listen:  
to My words, to My messages,  
to My song, you will not be led astray.  
And The Holy Spirit says:  
Close your ears to what others tell you  
to say, or do, or sometimes think.  
Make sure you take  
your direction  
from God.  
And in this way  
you will walk in confidence,  
and you will be filled with joy,  
and you will come to know peace.

November 19, 2013

Do not waste your time attempting to control  
what others think, or say, or do; rather,  
focus on ~ what is possible ~ for you to do.

Master ~ your thoughts, ~ your words,  
and your deeds; and, in this way,  
you will come to "know,"  
confidence, and peace.

And The Holy Spirit says:

Sometimes,  
the wise speak,  
and their words  
are sweet, gentle,  
and kind; but more often,  
the wise listen. Today, spend  
most of the day listening, and  
you will find, you grow in  
wisdom, as the day  
passes. Yes, it is  
possible, to do;  
in twenty-four hours  
there will be a wiser you.

November 18, 2013

Believe,  
and this day will be  
filled with miracles, and  
you will see the unseen.

And The Holy Spirit says:

For those who  
embrace  
the gifts,  
flowing to them,  
who embrace the power,  
and the love, and the light  
of God flowing into and  
through them, every day  
is a day of miracles,  
every day  
they are able  
to see the unseen.

November 17, 2013

Listening is the missing piece of communication, conversation. If you will "be still, and listen," you will begin to "know," what is going on within "the heart," of the one speaking. And The Holy Spirit says: When you know what is going on, within the heart of one speaking, you finally see, who is actually communicating with you. What spirit are they entertaining? Are they filled with joy and light? Are they smiling and happy? Are they frustrated with themselves, or another, or possibly you? Are they angry with themselves, or another, or possibly you? This is "The Key," to how you should speak, and what you should do. Understand, when you are communicating, you are communicating with "the spirit," that is animating the body! This is a key, and you will use it often!

November 16, 2013

Confidence is instilled in the one who believes that I AM with you. And The Holy Spirit says: Look around you. Look, and see. You will encounter eyes filled with: fear, and doubt, worry, concern, anxiety, anger, hatred, numerous things; individuals caught-up-in shadowy energies; but then your eyes will settle upon those of another who appear calm, peaceful, confident. Let your eyes rest ~ there, ~ for a while, because you have found one who believes!

November 15, 2013

Do  
not wait  
for a particular day  
to celebrate; celebrate every day,  
because you live; and, you will live, forever.  
And The Holy Spirit says: The lifetime you are living is but a piece of  
your eternal lifetime; live every day, as if  
you know this; and celebrate  
eternal life, the gift,  
you have been  
given!

November 14, 2013

When  
you are driving,  
little distractions can cause accidents;  
little distractions can cause accidents  
in your spiritual life, as well.  
And The Holy Spirit says:  
Do not be thrown  
off-course, by  
little bumps  
in the road.  
Stay focused  
and alert, and  
you will remain  
on the path, head-  
ing in the right direct-  
ion, following The Way.



November 13, 2013

Be vigilant with your thoughts and  
do not slip into judgment of  
others. And The Holy Spirit says:  
When you are not mindful  
of what you are thinking,  
your thoughts are easily  
distracted, tempted to  
wander into shado-  
wy places; master  
your thought  
processes,  
and stay  
in the  
light.

November 12, 2013

Do not let your heart be concerned  
about what others say or think about you;  
listen to My Word, and I will lead you home.  
And The Holy Spirit says:  
The world does not know Me, but you know Me, I AM  
within thee; and I will teach you, and show you, The  
Ways of God; for, I AM not of the world; I AM  
sent to you, from God; I AM the answer  
to your questions, and doubts; I  
AM The Promise fulfilled;  
and, I AM with  
you!

November 11, 2013

I reach-out to you, take  
My hand, and walk with Me.  
And The Holy Spirit says:  
When you know, that God is with you,  
directing you in times of indecis-  
ion, and hesitation, you will  
grow, in confidence,  
and courage.

November 10, 2013

That which you cannot do, on  
your own, I can do through you.  
And The Holy Spirit says:  
Do not shrink from the responsibility  
that is yours ~ the mission ~ you are  
to accomplish; for if you will open  
to that which God sends to you  
minute by minute, and  
day by day, you  
will find that,  
that which  
is yours to do,  
can be done by God,  
working, through you!  
Open, and receive; open,  
and believe; and it shall be  
done by God, through you!

November 9, 2013

When  
you finally  
become adept  
at reading the signs  
which are sent to you,  
so that you might see The Way, and  
walk in it, your life upon the Earth will be easier.  
And The Holy Spirit says:  
Knowing the path that is your destiny, and walking in it,  
brings a sense of comfort; even when the path  
set before you seems challenging,  
you know it is yours to do.  
Therefore, you grow  
more confident  
in what it is  
you are to do.  
Spend some time today,  
looking, watching, and being vigilant,  
and the signs will appear all around you;  
today, spend some time watching for the signs!

November 8, 2013

Be  
the  
first  
to speak  
kind words,  
and you will be  
"the bringer of kindness."  
Be the first to perform charitable deeds,  
and you will be "the bringer of charity."  
Be the first to offer your hand in peace,  
and you will be "the bringer of peace."  
Be the first to listen, with compassion,  
and understanding, and you will be  
"the bringer of compassion,  
and understanding."  
And The Holy Spirit says:  
Be the first  
to deliver:  
kindness,  
peace, compassion  
and understanding; and, you  
will be "the bringer of wisdom."

November 7, 2013

Do not let the thoughtless  
words or deeds of others  
derail, or distract you  
from your intention  
to create a day  
of joy!  
A n d  
The  
Holy  
Spirit  
s a y s:  
Some-  
times you get  
the opportunity  
to be joy, in a room  
filled with frustration  
and agitation, don't miss  
the opportunity to be joy!

November 6, 2013

When you are at peace,  
you come to experience  
contentment; and your  
days, and nights, are  
more joyful.

A n d

The

Holy

Spirit

s a y s:

When

you are

at peace, stress  
becomes a stranger.

November 5, 2013

The un-  
folding of this day  
has begun, with the singing  
of the bird, with the rising of the sun.

And The Holy Spirit says:  
The day holds much to be seen, embraced, and  
enjoyed. The adventure of the day has begun.  
Let us go forth together; for, as this new day  
comes, it will soon go, departing with  
the setting of the sun, and you  
will be wiser, for liv-  
ing it.

November 4, 2013

A  
glorious day  
will be the reward  
for any, who will rise  
up, and answer the call.  
And The Holy Spirit says:  
Do not waste one minute, of  
this day, looking back, over  
your shoulder to the places  
you've been, set your day,  
straight ahead; and pre-  
pare to ride, with  
The Wind.

November 3, 2013

My children, if you are holding-on to past grudges,  
if you have not found a way to forgive all things, then:  
you are limping through your lifetime upon Earth! Release  
the grudges! Find a way to forgive! And you will come to  
know living as you are meant to live! And The Holy Spirit says:  
The burdened runner is not "fleet, of foot;" the runner  
who carries no-extra-weight is destined to complete  
the race, with ease. Do not let past-grudges,  
or "the things needing forgiving,"  
weigh you down, any longer!  
Set them aside; and  
run with The  
Wind!

November 2, 2013

If you want to give yourself a gift today,  
pick someone, or something, from your past,  
which you have avoided forgiving, the thing  
that seems "the most difficult," the thing  
you do not know how to forgive.

There, that is the one!

Today, work on  
forgiving,  
that one!

By tonight,  
there will be a feeling  
settling over you, close to satisfact-  
ion, maybe even euphoric in nature; for,  
you will have begun that which is necessary,  
for you to do; and you will, truly, be at peace.  
And The Holy Spirit says:  
In forgiving: you find freedom; you find peace;  
and everything settles around you comfort-  
ably; and all is right. Today, forgive!

November 1, 2013

When  
forgiveness  
is complete, at  
last, there is peace.

And The Holy Spirit says:

With the realization  
that you have  
forgiven,  
totally,  
first  
comes  
a smile  
of knowing,  
announcing the  
settling of peace, and it  
is complete! With forgive-  
ness, there is complete peace.

October 31, 2013

Begin  
the day  
by setting  
your intention  
to be "joyful," to  
spread light, where  
ever you go ~ and to  
whomever you meet.  
And The Holy Spirit says:  
If you spend this day  
in joyful light, by  
the coming  
of night,  
you  
will  
know,  
that joyful light  
has brought you peace!

October 30, 2013

Stop  
negative  
thoughts, im-  
mediately; for, they  
come ~ like thieves ~ in  
the night, to rob you, of  
your joy, denying you  
comfort, and peace!  
And The Holy Spirit says:  
Be mindful of your  
thoughts; don't  
wander thru  
fields of:  
frustration,  
judgment, anger,  
greed, or jealousy, for  
soon, darkness, and shadow,  
will envelope you! Catch your thoughts,  
and change them into light: see, know, bless, and  
glow, with the light, you create! With this wisdom, comes  
illumination, and you see all things, as God, would have you see!

October 29, 2013

Holding  
a grudge, or  
seeking retaliation,  
will not bring you peace.  
And The Holy Spirit says: Those  
who practice forgiveness, know peace.

October 28, 2013

Embrace  
this new day,  
as the wonder, it is.  
And The Holy Spirit says:  
There is no need to wander  
in darkness, and shadow,  
when the light is ever,  
with you! Say  
hello to  
this new  
day, and  
continue  
the journey  
of your life-time,  
walking in the light.  
Embrace this new day!



October 27, 2013

You were sent on a mission to Earth.  
And before you left Heaven, you were given all  
that you need, to accomplish your mission, upon Earth.  
And when you open to The Holy Spirit, Whom I sent to you,  
then, the gifts you have been given are enhanced, magnified,  
and you have the confidence to use your gifts, with wisdom;  
you have the confidence and the courage, to rise-up, and  
walk into the world created by man delivering  
The Gifts of The Kingdom of God!  
And The Holy Spirit says: Remember  
these three things, as you  
make your way  
into the day:  
Love beyond  
the understanding  
of "the ways of the world."  
Pray for confidence, and courage, to  
accomplish your mission; and do so, knowing:  
you have the gifts, and I give you courage, confidence,  
and wisdom to use them, for the glory of God; for, the glory  
of God, shines, all about you! You are ready. Rise-up, and walk!

October 26, 2013

Every day  
is meant to be an adventure;  
so, take the time to enjoy the journey.  
And The Holy Spirit says:  
As you make your way, through each day, you are  
charting a course over new terrain; see yourself as  
the explorer, you truly are, an astronaut, from  
Heaven, landed upon the Earth, to discover  
new things, and take the message back  
home, once the adventure  
is complete.

October 25, 2013

Reject the temptation  
to react to chaos, by  
joining the hectic  
race, move, at a  
measured pace,  
minding every  
step, remaining at peace.  
And The Holy Spirit says:  
That, which needs to be  
accomplished, needs to  
be accomplished,  
in peace.

October 24, 2013

Come,  
sit with Me,  
talk with Me,  
move into the un-  
seen, and free your-  
self, to play with Me:  
like a child at the shore,  
riding the waves;  
like a child  
on the river;  
floating, where  
the waters take you.  
And The Holy Spirit says:  
When you know the ways, of  
the unseen, you are able to nav-  
igate the seen, with relative ease!

October 23, 2013

When  
you are using  
positive light, to  
navigate the way,  
seas, of negativity,  
will not engulf you  
and you will sail  
through the

day.

And

The

Holy

Spirit

s a y s:

Turn-on

the light, and let us  
begin the day, together!

October 22, 2013

When  
you are  
connected to Me,  
you experience inner-strength,  
inner-health, inner-light.

And The Holy Spirit says:

When you live

in the light

of God,

your

strength

is established

from within, and

your health is established

from within. Your spiritual body,  
and your physical body, experience  
renewed vitality and vigor, when fuel-  
ed by The Power of God's Loving Light.

October 21, 2013

The  
well of  
My love  
will always be a source  
of refreshment, the  
fountain,  
of My  
Grace  
will flow  
with no end.

And The Holy Spirit says:  
That which God gives, freely, unto  
you, has no limit, knows no boundaries!

October 20, 2013

When you are connected to Me,  
you will know, and be: tolerance,  
and patience, in the face of anger;  
you will be compassion and under-  
standing, when you are surrounded  
by voices of chaos, and confusion.

When you are connected, with  
Me, you are at peace!

And The Holy Spirit says:  
When you are  
connected  
with God,  
God flows  
through you:  
tempering anger;  
calming the seas of  
chaos and confusion; restor-  
ing peace and balance; through you!

October 19, 2013

Kind-  
ness, gentle-  
ness, compassion,  
and understanding, are  
as candles in the darkness,  
beacons, for those caught in  
isolation, sitting in solitude.  
And The Holy Spirit says:  
You do not need to call-out,  
to ring bells, to stage  
a parade, to make  
noise of any  
kind, to  
be a beacon,  
a source of comfort, all  
you have to do ~ is create ~ thoughts:  
thoughts of kindness, gentleness, compassion,  
and understanding, and let that be what comes  
from you; for, as you create these things:  
they are the light, they are the call,  
they are the beacon,  
they are the summoning,  
for those ensnared in isolation,  
trapped in solitude. This day, be a peaceful  
presence, creating beacons of light for all to see.

October 18, 2013

Bring your thoughts to a place of total love, compassion, understanding, balance, peace, before you speak! For, when you speak holding these thoughts, your words give birth to the thoughts, actively, all around you! They are brought-in to the third dimension, in this Way, through you! Therefore, be mindful, of your thoughts!

And The Holy Spirit says:

Think before you speak: do not clutter the atmosphere with needless words; do not clutter the atmosphere with divisive words; do not clutter the atmosphere with angry words; for, as they are created, they exist; and they float around; and that is the energy felt, all around you!

Rather, think gentle, kind, loving thoughts. Feed those thoughts. Open to God's love, and let it flow, through you!

Bring that,  
upon the Earth,  
then the atmosphere,  
around you, will be one  
that all feel, and know, as, The  
Presence, of God, upon the Earth.

October 17, 2013

Your day  
will go smoothly, if  
you will get into the river,  
of My love and flow, as it does go.  
Sometimes, it will be moving slowly,  
lapping against the shore. Other times,  
it will flow quickly, and briskly, slapping  
up against the shore, and bouncing up in-  
to the sky, an exciting ride, just for you,  
with no worry, of what you are to do  
because My hand is guiding you.  
And The Holy Spirit says:  
When answers seem elusive,  
difficult to find, when  
situations seem  
so complex,  
you are  
focusing on  
the wrong thing;  
because, the truth is:  
everything... you encounter,  
every question, set before you, has  
an answer that you already carry, within  
you; you have all of the answers, within you;  
just be still, relax, in the river of God's love; and,  
these things will flow through you, as you go, merrily  
down The Way. Your day will be one of great joy... if, you  
will relax, and let your story unfold, as it is written, from within.

October 16, 2013

A peaceful presence does more good  
than words of divisiveness, pointing-out  
that which appears to be in error; for, in  
the sacred silence, the light of God will  
illuminate the truth, and each will  
see the truth, according to that  
which they can bear  
at the time.

A peace-  
ful presence is  
a blessing, at all times.

And The Holy Spirit says:  
In times of strife, the best thing to do is  
to hold your tongue, so that you do not have to  
go after the words, mending the ways, asking for-  
giveness. A peaceful presence accomplishes more than  
a litany of words. Today, practice being a peaceful presence.

October 15, 2013

I  
have  
sent unto  
each of you,  
a Counselor,  
one who will guide you, the one known as  
The Holy Spirit! And this Counselor,  
this Holy Spirit, will lead you  
where it is you are  
to go, will  
show you  
the right  
step for you.

And The Holy Spirit says:  
God has sent Me, unto you!  
Therefore, I cannot lead you astray.  
When you are willing to follow The Way,  
do not expect the world to understand you,  
do not expect the world to reward you. Expect  
rich fulfillment: in the love of God, in the know-  
ing; in the sacred sweetness of life, as it is meant  
to be. I will show you The Way. The choice  
is yours; it is yours, each, and every day!



October 14, 2013

When you are willing to embrace  
these new teachings I send to you,  
you find, in short order, that these  
new teachings, fit, in order. They  
follow that which you have been  
taught before, enhancing  
your belief, letting it  
grow, more.

Today open,  
and embrace that  
which I say to you,  
and you will grow more.

And The Holy Spirit says:

When you become complacent,  
comfortable in that which you believe,  
you are reluctant to change, to expand, to  
reach beyond. But for those who are willing, to  
stretch, and to grow, the new is, as the sunlight, at  
the first break, of dawn. Let the new, enlighten you.

October 13, 2013

When  
you are "willing," to  
change your prospective, for  
the sake of harmony, and balance,  
and peace, you will find that your gift is  
understanding, which eluded you, before,  
you were willing to change your prospective.

And The Holy Spirit says:

Be flexible. Be willing to move. Be willing to stretch  
beyond the confines of the rules, and regulations, es-  
tablished, by the world of man. Be willing to seek,  
beyond, what you understand: so that there might  
be accord; so that you might "take the hand,"  
of another; so that you might reach a place  
of compassion and understanding;  
so that God, might be, at  
the center, of the  
circle!

October 12, 2013

Do  
not let  
your light  
be diminished  
by what others say,  
or do. Rise-up; and,  
let My light continue  
to flow brightly,  
through  
you.

And The Holy Spirit says:

That which God gives,  
unto you,  
is sacred;

and, as you receive it  
you bless it, with your presence.

Take that which God gives you, bless it  
with your gratitude, and thanksgiving; and  
let it flow through you onto the Earth. Deliver  
The Kingdom of God to Earth, in this Way; and,  
you will walk in peace, and light, all of your days.

October 11, 2013

It is  
when you are  
nestled in a quiet place,  
away from the chaos, and the clamoring of the world,  
that you will hear Me, clearly; and know what I say. And The Holy Spirit says:  
When you are in a room filled with people, and everyone is talking,  
some of them more loudly than others, it is difficult to hear,  
clearly, what the person sitting next to you  
is saying to you. It is the same,  
when you are trying to hear  
God; and there is chaos,  
and confusion, all  
around you.  
Therefore, to hear  
clearly, take yourself to a space  
where there is quiet, where there is peace,  
where you feel tranquility, where you are in-balance  
with All That Is; and there you will hear and know. The time  
is now! Rise-up, and go! Go to a quiet place, and sit with God!

October 10, 2013

Waking-up  
to see the rising of the sun  
is reason to celebrate all the day long.  
And The Holy Spirit says:  
If you have not already done so,  
let it be your intention  
to begin this day  
by celebrating life,  
not just the small pieces  
that stir you with excitement,  
but every moment of the journey,  
all along The Way. Begin to  
"know, the celebration  
of life, today!"

October 9, 2013

I  
AM  
standing  
before you, reaching-out My hand, saying,  
"Come. It is time. Come, dance with Me,  
for I AM ... The Creator of the dance."  
I stand before you, as a choir director,  
saying, "Come. Come, sing with Me, for  
I AM The Creator of the song of eternity."  
I AM The Keeper  
of the voices  
of all time,  
and I stand  
before you, and say,  
"Come. Listen; for, the story  
of creation is yours. And all you  
have to do is be still, and listen, so you  
might hear that, which I began." I AM  
The Keeper of the wisdom of all time, and  
I say, "Come. Look; so you might see, see in  
a different way, that which has been created. To-  
day, come with Me!" And The Holy Spirit says: Amen.

October 8, 2013

When  
we are in  
close communion  
it is possible for you  
to hear Me, to feel Me,  
it is possible for Me to lead  
thee to show you The Way.

And The Holy Spirit says:

When you are living upon Earth, it is easy  
to be distracted by the ways of the world;  
the ways of the world, being: frustration,  
and confusion, and chaos, anxiety. And  
when these energies are encountered  
the turmoil within you grows, closing  
off the passageways, it is  
difficult to hear, or feel  
God, in this state.

Therefore, as you feel yourself slipping  
into frustration, or confusion, go quickly,  
to a quiet place, be still,  
and reconnect with God!

Establish close communion with God;  
and at that moment, when it is done, you  
will feel frustration, confusion, chaos, anxiety  
leave you, ~ replaced, with The Gift, ~ of peace.

October 7, 2013

It is time: to see your past  
as a treasure trove of opportunities,  
and lessons; to take that which you have  
learned ~ and create a beautiful ~ new day.

And The Holy Spirit says:

When you finally reach a place where you can see  
your past, as a treasure trove, filled with: lessons,  
potential, opportunity; then, you will be less likely  
to sit in judgment of yourself, or others; for, you  
will see, and know, the glory of the lesson, and  
you will shake all dust of judgment away  
from it, and carry it, in your heart.

Use the lessons of yesterday  
to create a beautiful,  
new day.

October 6, 2013

There is  
great wisdom  
in knowing: when to speak,  
and when to hold your tongue,  
when to sleep, and when to  
rise-up, with  
the sun.

And The  
Holy  
Spirit says:

The wise  
"know," when  
to hold their tongue.

The wise know, what to say  
when it is time. The wise know,  
to reject accusation, and speak, in  
acclamation, for the glory of God; for  
The Glory of God is all around you, see  
it, and sing-out... for the glory of God, is  
the joy, of God. See it, know it, proclaim  
it, without accusation, with acclamation!

October 5, 2013

When you "hear the call, for help," be quick to respond, with  
kindness, and compassion, "no matter," whether the call comes  
from friend or foe, family or stranger, for, to respond in such  
a Way, marks you as My child! And The Holy Spirit says:

It is easy to answer the call for help, when it comes  
from one: who has been loving and kind; who has  
been a good friend; who has been a strong sup-  
porter; who has been with you. But it is "like  
God," to respond to a call for help, which  
comes: from one who has been against  
you; from one who has despised you;  
from one who has ridiculed you.

This is "of God." To respond  
in such a way is not taught  
by the world. To re-  
spond in such a  
way is taught  
by God!

October 4, 2013

Do not wait until you are depleted  
to call Me, call Me when you are full,  
and eager to celebrate The Glory, all a-  
round you, and we will dance, together!  
And The Holy Spirit says:  
There should be a celebration of The Glory  
of God every day; for when you are cele-  
brating the glory of God it is difficult  
to be led astray. Therefore,  
celebrate! And let  
it begin, today!

October 3, 2013

A smile brightens your face;  
and makes the Earth a better place,  
to live, to be. And The Holy Spirit says:  
Today, set your intention to smile, to  
lift-up the corners of your mouth.  
And just doing this small thing  
will bring you a sense of  
well-being. You  
will be happier.  
Just this small thing  
will bring a lightness, a  
brightness, to your face.  
And it, truly, will make  
the Earth a better place!

October 2, 2013

Resist the temptations to work with the energies of frustration, and anger, and confusion, and anxiety, for these energies will not bring you to a place of light, nor will they bring you to a place of peace.

Choose first to use the gifts of The Holy Spirit of God, always; for, these gifts will bring you to a place of light, they will bring you to a place of peace.

And The Holy Spirit says:

As you walk through this day, be mindful of the energies you choose to use to accomplish certain things. Be mindful of the energies you choose to use when reacting to certain things. Be still. Take the time, every hour of the day, to check your energy. Work with the gifts that you have been given, the gifts of light; and, you will find that your day is one of peace.

October 1, 2013

It is a  
new day.  
See it, as a  
crystal vessel,  
empty right now,  
waiting to be filled,  
with the glory, and  
the beauty of Earth.  
Pick the flowers and  
the leaves, gather  
water and rocks  
and moss.

Fill the  
vessel  
of this day,  
with the beauty  
of the Earth, and then,  
bless it. It is a New Day,  
and it is yours to display.

And The Holy Spirit says:

The day is waiting.

The day is new.

The day is set before you.

Look around and decide. What are  
you going to do with The Gift of a New Day?

September 30, 2013

When  
I send you forth  
upon a mission, one which will hold ramifications  
far beyond what you can see at the present time,  
there is "no promise of ease," in accomplishing  
such missions. Yet, there is "a promise: of  
fulfillment, satisfaction, and My glory  
enfolding you, when it is  
accomplished."

Each mission  
is worth the effort.

And The Holy Spirit says:

That which God has sent you to do  
holds promise for all ... yes, all ... for  
your mission is completing that which  
God began, in a most unique way. Yet,  
to accomplish your mission ... you must  
walk hand-in-hand, with The Creator,  
of the plan. And as you see the light  
at the end of the tunnel, your heart  
will leap ... your soul ... will sing,  
your spirit ... will soar ... and  
you will dance... amongst  
the stars, because you  
were the tool, in  
the hand, of  
God.

September 29,

Miracles are just a belief away! And The Holy Spirit says:  
Open your heart, believe, trust, and miracles  
will flow around you, like a happy stream,  
a rushing river, a mighty sea; for, God,  
The Source of all life, Creator of all  
things, is with you! And that which  
cannot be accomplished by you,  
shall be accomplished  
through you, by  
God.



September 28, 2013

To achieve balance  
you must create a day, with  
equal parts of work and play.  
And The Holy Spirit says:  
Do not play so much, that  
work sits unattended,  
and you get further  
and further  
behind,  
creating anxiety.  
Do not work so hard  
that you neglect play, and  
you grow more tired with every  
passing hour, every passing day.  
To achieve a healthy balance  
you must have equal parts  
of work and play.

September 27, 2013

As the hands of a skilled potter  
gently hold, and mold, a lump of clay,  
caressing it into a beautiful vessel, so too,  
do I enfold you in My hands, and mold you,  
as you will allow Me, into a beautiful vessel,  
a lump of clay into a vessel divine!  
And The Holy Spirit says:  
For one day, try  
surrendering  
your entire being,  
resting it in the hands of God,  
allowing God to enfold you, and mold you,  
into an incredible "vessel, of light." Give God  
one day and you will see, and know The Way.

September 26, 2013

If  
you will  
stay focused,  
and maintain your contact,  
your connection with Me,  
when voices around you  
are raised in a cacophony  
of dissension and confusion,  
you will not be buffeted, by the  
storms of chaos,  
you will  
be  
a peaceful presence.

And The Holy Spirit says:  
The only way to resist the temptation  
to join into chaos, and confusion, is to  
maintain your connection ~ with God.  
When all about you seems to be falling-  
apart, seems to be torn-apart, by strife, and  
dissension, focus on your connection, with God!

September 25, 2013

Do not be tempted into chaos, and  
confusion; be "a peaceful presence."  
And The Holy Spirit says:  
The one who slips into chaos and confusion  
gives the outer-appearance, that they  
do not know what they are doing:  
seeking, grabbing, running  
here and there; but  
the one who  
embraces  
peace,  
and quiet,  
who has a serene  
presence, brings peace,  
and the outer-appearance is  
confidence. See the difference,  
and know the difference, and be  
a peaceful presence ~ in a world  
filled with chaos, and confusion.

September 24, 2013

It is time to resurrect the excitement, the celebration, the glory of what you do for God. Do not let the things you do, in the name of God, become just another thing on the list to accomplish in a day; reflect on what you are doing, and do it in a sacred way! It is time to re-ignite the flames of the fire, the excitement, the desire to do in the name of God.

And The Holy Spirit says:

Celebrate!

Celebrate each moment, celebrate each hour. Fill your thoughts with excitement ~ for ~ the glory, and the power, of God; and then do, as you are meant to do. Let every task this day: receive a blessing, from you; be a reflection of the glory of God, in all you do.

September 23, 2013

It is time for you to understand, that 'every aspect,' of your journey, upon the Earth, is important, so that you might 'know!' Choose wisely so that you might grow. And The Holy Spirit says:

Do not get caught-up-in wishing

that this, or that, would not

have happened... that

things would have

turned-out

differently... in-

stead, look at your life

as the step towards... the most

important lessons... those things that

you needed to know, fully; so that you might

grow, spiritually! Look at everything, not as a spot

of shadow, or darkness, but as the lessons, the guideposts,

the things you were to 'know;' so that you might 'grow,' in spirit!

September 22, 2013

Those  
who are willing to see,  
will see the unseen; those who are willing to hear,  
will hear that which others cannot hear; for all things  
will be revealed to those who knock, and seek, for  
they shall know the answer.

And The Holy Spirit says:

Seek first The  
Kingdom of God,  
the kingdom that is  
within you; and, you will find  
the answers you need. Once you have  
the answer you need, then seek in the ways  
of the world, how you might assist the delivery of  
the promise; for once you know where you are going,  
then it is up to you to choose the way to go. Let your spirit  
and the wisdom you gain from spirit, be the compelling power  
that moves you. Let your knowledge of how things function  
in the world of man, sit comfortably in the passenger seat,  
close at hand, tools to use, when they are needed. This  
is The Way to move, while you are upon the Earth.

September 21, 2013

Sweep the temple;  
and keep it clean; for,  
it is: worthy of vigilance;  
worthy of your attention;  
worthy, of your focus!

And The Holy Spirit says:

Today, be vigil-  
ant; and, at  
the end  
of the day,  
you will find  
it is an activity,  
well worth pursu-  
ing. Pay attention to  
that which you are doing.

September 20, 2013

When  
it seems  
as if no one  
values you, or  
the work you do,  
remember, you are  
a treasure to Me,  
My cherished  
child, of  
great  
and  
eternal value!  
And The Holy Spirit says:  
God knows, and loves you!

September 19, 2013

Watching flowers growing,  
slowly unfolding, making  
their presence known,  
by color and scent,  
is a joyful  
experience.  
And The  
Holy Spirit  
says: Today,  
be a joyful experience  
unfolding, for all the world to see!

September 18, 2013

Those  
who are willing  
to forgive, know peace.  
Those who are willing to for-  
give completely, live, divinely.  
And The Holy Spirit says:  
Do not judge; for, in the absence  
of judgment, there is no need  
to forgive, because you  
have never judged  
at all!

September 17, 2013

Today,  
focus on how you  
can serve another. Take  
the time to bring light  
wherever you encounter  
shadow... and darkness.  
And The Holy Spirit says:  
You will not fall victim  
to darkness, when  
you are living  
in light!

September 16, 2013

When  
you feel alone  
rise-up, and go-out  
to find another, who is  
in need of companionship,  
and a kind word; take the time to  
sit, and talk, and share your thoughts.  
And The Holy Spirit says:  
When you bless another you too, will be blessed!

September 15, 2013

The simplest way to achieve your mission, upon Earth,  
is to be guided from within, to follow that which is  
"written upon your heart," and to reject "the temptations,"  
to pull you off-course. And The Holy Spirit says:  
In order to reject the temptations, all around you,  
those that will lead you astray you must focus  
on that which is written upon your heart!  
For that which is written upon your heart  
was not placed there by the laws, and  
the decisions, of the world. It was  
placed there, by The Promise,  
of God. Therefore, it will  
"assure, your mission,"  
it will guide you, in  
the right direction,  
every  
time!

September 14, 2013

The answer to every question  
you might have ~ has been written  
upon your heart, by the hand of God,  
because God knows what you need, be-  
fore the need is made known to you.

Therefore, go within, and seek.

The answer is there, it has  
always been there,

waiting for

you!

And

The Holy

Spirit says:

The answer to

every question, you

have, is within! The only

question is, "Will you embrace the

answer upon your heart ~ and use it? Will  
you accept, and embrace the answer, and use it?"

September 13, 2013

Be

still.

Be quiet.

Sit with Me, and peace  
will enfold you in such a way, that you  
will see, all the scattered pieces, drawn  
together, as one, in unity, in perfect  
harmony, as it is intended to be.

And The Holy Spirit says:

Be still. Be quiet.

Put all of

your concerns

and frustrations in

the lap of God; and then

watch... watch... as peace falls

from the lap, moved by His hand,  
carried on The Wind. Watch, and see.

September 12, 2013

Do not lock yourself in a box,  
which is so small that there is no room, for  
growth, to reach your full potential; for that is as  
a self-imposed "prison." Look around you, and see:  
the seasons changing, the trees growing, reaching-  
out; the birds in flight; the waters of the streams  
and the rivers, moving; the waves touching  
the beach, ... for just a moment, ... and  
then, rolling back into the ocean.

And The Holy Spirit says:

For those who are willing to  
grow, to change, to exper-  
ience, this piece, of your  
eternal life, with enthu-  
siasm, welcome to  
the new day.

Do not lock yourself  
behind a prison door, of self-imposed  
ideas, limitations, or boundaries. Be as The Wind  
and move over the Earth. Welcome to this New Day.

September 11, 2013

Expel negative thoughts immediately;  
for, entertaining darkness, and shadow,  
is like . . . drinking a cup . . . of poison.

And The Holy Spirit says:

You hold health, and happiness, in your hands.  
Refuse to deal, with toxic energies. Keep your-  
self pure, from within. Just as you wash your  
hands, and body, wash your inner-being.

Be vigilant. Do not tarry  
in darkness,  
and shadow.

Do not drink  
from the cup  
of poison, when  
the hand of God is ex-  
tending the cup of eternal life.



September 10, 2013

Approach every person you encounter with the knowledge, with the wisdom, that I have great love for them. And The Holy Spirit says:

I will give you "the answer," to a question asked often:  
"How can I... make a difference... in the world?" And  
the answer is to deliver the love of God, one person  
at a time; for, that which cannot be changed by  
verbal debate, argument, or any other form  
of disagreement, can be totally resolved  
by love, written on the heart. There-  
fore, when you wonder what you  
can do to make Earth a better  
place to live, to return it to  
its natural state, know  
there is nothing more  
important, than to  
deliver the love  
of God, one  
person at  
a time.

September 9, 2013

Opportunity fulfilled, a great adventure,  
a miraculous journey, these are some of the gifts given to  
those: willing to open the door, cross-over the threshold, and  
walk, eagerly, into the new day. And The Holy Spirit says:

When you are given 'the opportunity,' when you see  
the door, before you, you must make a choice.

Will you pass the door by, or will you open  
it, and find, to your great surprise

and wonder, that there is  
adventure waiting  
for you? All

you have

to do

is walk

through

the doorway

into the New Day;

it is a gift, and it is waiting  
for you; but, you must make  
the choice and that is yours to do.

September 8, 2013

There are holy, sacred people amongst you, who  
go about doing good, in a quiet way: seeking need,  
and addressing that need; seeking those who are lost,  
and showing The Way, not by the words they say, but by  
the way they live, every day. Seek-out such people, and watch.

And The Holy Spirit says: The simple way to attain true happiness is to set the goal of  
doing good, without concern of what you believe others should be doing, or saying.

The simple way to experience happiness is to refuse to enter into argument,  
or exchange idea for idea, until you find you are in conflict.

Let your first intention, of every day, be  
that you are connected with God  
in every way; then  
it will not matter  
to you, what others say.

To be in-balance, you must first  
hold the communication with God,  
at the center of your being, and when God  
is at the center of your being, in all things,  
you will know balance, joy, and happiness!

September 7, 2013

You stand  
at the doorway  
of a new day; and,  
all you have to do... is  
step-over the threshold  
to experience... the gift.  
The gift is not complete,  
until you create the day!

Therefore, step onto the path, and begin to walk The Way; for  
every breath you take, everything you see, every thought  
you have, every word you speak, and every deed you do  
is creation continuing through you! The  
gift, of the day is yours, Now, create!

And The Holy Spirit says:

How many times have you said,  
"If I could do this or that again  
I would do it differently?"

Today is your opportunity  
to do it differently, to do it  
divinely, to do it in such an in-  
spired way, that you will forever say,  
"That is the day, I did it, as it was meant to be!"

September 6, 2013

When you take the time: to remove  
yourself from the ways of the world, to sit  
in quiet with Me, you are restored, nourish-  
ed, and nurtured! Vitality and vigor return.  
It is during this time, that you are renewed.  
And The Holy Spirit says:  
God speaks in the silence! And the still, small  
voice within, always reminds you: who you  
are, that God loves you, that The King-  
dom, of Heaven, is with you, and  
that you are not alone!  
Be still, and  
be, with  
God!

September 5, 2013

When you are in constant communion with Me  
the ways of the world will not concern thee.  
And The Holy Spirit says:  
When you are speaking with God, and  
you know God is speaking to you,  
and guiding you to new places,  
to new things, to new  
revelations,  
the ways  
of the world  
will not distract you, for  
the voice of God will fill you,  
and all your days upon the Earth  
will be joyful, happy, and glorious.  
Therefore, seek communion with God.

September 4, 2013

When you begin to understand  
the power, and the potential,  
of the gift of compassion,  
you will grow greatly  
in wisdom.

And The Holy Spirit says:

The wise learn to use compassion.  
It is a gift, often unused by most;  
but it is powerful, and it is potent,  
and there is great need for the gift.

Begin to understand the power,  
and the potential,  
of the gift  
of compassion,  
and you will grow  
in wisdom, and the ways  
of God, will be revealed to you.

September 3, 2013

The  
one who seeks  
joy, and happiness,  
for others, in so doing  
will find joy, and hap-  
piness, for themselves.

And The Holy Spirit says:

The gift you give to others  
will bless you,  
and you  
will feel  
the grace  
of the giving;  
for, it is impossible  
to give, without receiving.

September 2, 2013

The one who cannot forgive  
will relive, and relive, and relive  
that which has not been forgiven.  
And The Holy Spirit says:  
The wise one, the one who knows  
the ways of God, forgives  
all things,  
understanding  
that without forgiving  
all things, they are prisoner,  
to all things unforgiven.

September 1, 2013

Treasure  
the gift of faith:  
guard it . . . protect it;  
do not let your gift of faith  
be marred, by the temptation  
of doubt. If you will put your  
faith, and trust, in Me, fully,  
then, you will live 'knowing,'  
you are My child; and, your  
life ~ upon Earth ~ will be  
marked with My glory.  
And The Holy Spirit says:  
The one whose faith  
is covered with  
doubt is,  
as, a blind man,  
wandering the streets, feeling  
he might be in the right place, but un-  
sure, caught-up in the chaos, and confusion, all  
around him, and this is 'the temptation of doubt;'  
it will, surely, lead you into chaos and confusion.  
Cast it from you! Let the light of your faith,  
be a beacon to all, who are wandering, as  
the blind man, in chaos, and confusion.

August 31, 2013

There are  
many ways to live your life  
upon the Earth; but living your life knowing  
that you are My child, is a most glorious experience.  
And The Holy Spirit says:  
Living your life upon Earth, knowing you are a child of God,  
gives you the confidence to embrace every day. And  
no matter what comes your way, you can  
look-up and say, "Show me.  
Give me that  
which I need  
to accomplish this.  
Assist me in my mission.  
Be with me, today." And in  
saying these words, and in lifting-  
up these prayers, you will then move through  
the day 'knowing God will show you The Way!

August 30, 2013

The  
Way  
is simple.  
The Way is love.  
The Way is being quick to forgive, constant in thanksgiving.  
The Way is of peace, and if you will walk The Way, knowing love, forgiveness, thanksgiving,  
and peace, you will live in a state of enlightenment, and you will always know The Way.  
And The Holy Spirit says: The Way is simple.  
Do not be distracted  
with the complex, the  
methods, the theories,  
the dogmas, the rules and  
regulations, which mount-up,  
ever-increasing, creating more chaos, and  
confusion than peace. Reject these things, and open  
to the love of God; for, that is the only method, or theory,  
you need, forgiveness and thanksgiving this is the only  
dogma you need. Within love, and forgiveness, and  
thanksgiving, you will find peace, and light. The Way is simple.

August 29, 2013

When  
your daily ex-  
perience ceases to be  
'a wonder-filled adventure,'  
and becomes a day during which  
you feel 'you are grinding-out work,  
with no end in sight,' it is 'a sign,'  
that you have 'lost your way.'  
And The Holy Spirit says:  
Every day upon Earth  
is meant to be  
a day of  
great  
adventure,  
a day filled with wonder  
and amazement, a day filled  
with opportunity! And every day  
is such a day, when, you are connected  
with your Eternal Parent, it becomes a game,  
one in which you take great delight! Therefore, if  
you find that 'each day becomes more and more diffi-  
cult,' it is time... to be still... take inventory of what you  
are doing, check your direction and adjust your course,  
so that you are on the right path, headed Home in glory.

August 28, 2013

There is a way  
to see every situation  
as the opportunity it truly  
is; it is following The Way.  
And The Holy Spirit says:  
Look, and see, and know.  
'Know,' that you  
can 'master,'  
every situation  
you encounter, and you can  
leave the situation you encounter  
better, blessed, released. It takes  
'knowing what you are doing,'  
to accomplish this. It takes  
setting your intention to  
follow the Divine  
Plan, above  
your own  
desires.  
It takes a willing spirit,  
a clear vessel, to deliver the love  
of God; it takes one who is willing  
to walk The Way of the Masters; this  
day, look, see, know, and follow The Way!

August 27, 2013

It is easy to say: "We are one. I am in you,  
and you are in me. All things created by God  
are connected, as one." When you "know,"  
these things, then you live in a state  
of miraculous happenings.  
Take the time,  
and set the  
intention to know.  
And The Holy Spirit says:  
When you move into the state  
of knowing that you are, truly,  
connected with God, then miracles  
will follow you, and surround you occur  
within you and all about you; you will live in  
The Kingdom of God, as you walk upon the Earth.



August 26, 2013

Let a joyful presence be the outward sign of the  
promise of eternal life. And The Holy Spirit says:  
You have been given the gift of eternal life.  
Today, let your words, and deeds, be a  
reflection, that you truly know  
the gift, and the  
promise.

August 25, 2013

When I gave you the gift  
of eternal life, I blessed you,  
I blessed you in so many ways.  
And I breathed upon you, and  
you were filled with My life.  
And I lifted-up My hand,  
and touched your heart,  
with the knowing, of  
The Way; remem-  
ber My child,  
remember,  
today!  
And The Holy Spirit says:  
Today, be still; and sit, with God:  
put down the book turn-off the television,  
and computer; walk-out into God's great creation,  
and sit beneath a tree or on a hillside... and be still;  
for, your Eternal Parent has something to say to you!  
Today child, God wants you to be still, so you might hear  
the whispered words, and remember, once again! Today,  
God is calling you to be still so you might know I AM!

August 24, 2013

The Promise  
of the light is ever present.  
Energies of shadow, and darkness,  
can impede the progress, of the light;  
but shadow and darkness cannot stop  
the light, from fulfilling destiny  
and the divine plan.

And The  
Holy  
Spirit  
s a y s:

The light  
illuminates  
all things; and  
so it shall be, that  
darkness and shadow  
fade away. . . in the fulfill-  
ment of the promise of the light.

August 23, 2013

Go forth  
with a joyful heart,  
and you will rival the glory,  
of the sun, and the majesty,  
of the moon and stars; for,  
you will shine, with the  
light of God. And The  
Holy Spirit says: Go  
forth and shine!

August 22, 2013

If you  
will choose  
the simple way,  
the path uncluttered by chaos and confusion,  
by doubt and worry, you will find you are free  
to look around to see, all of Earth,  
as it is 'meant,' to be!  
And The Holy Spirit says:  
Make it your  
intention  
to choose  
the simple way  
to do things today.  
Reject ideas of chaos,  
and confusion; do not store-up  
worry and concern, sweep everything  
away; and choose the simple way today!

August 21, 2013

When your 'intention,'  
is to create 'a perfect day,'  
be mindful of the ingredients  
you choose to use. Focus on  
your intention. Do not be  
distracted, by the ways  
of the world.  
Create  
with intention  
and the best ingredients you have,  
and that which you create will be perfection.  
And The Holy Spirit says:  
Setting an intention for a day is a marvelous way to begin.  
Sometimes without direction, you can lose your way,  
wander onto the wrong path, get turned around  
in chaos and confusion. But when  
you have an intention,  
and therein is your focus,  
that which you intend to do  
will be exactly what comes from you. Today,  
focus on the intention to create the perfect day.

August 20, 2013

There are  
verdant valleys, and  
lush pastures and countrysides,  
wherein you can rest, and lie down.  
There are magnificent mountaintops  
from which you can sit-back and gaze.  
There are powerful beaches with ocean  
waves, where you can look, and see,  
and know. There are quiet pools  
of water, where you can rest  
your feet, feeling  
the damp,  
and it is  
often, sweet.  
There are many places to go,  
and retreat from the worries of  
the world: to rest your body; to heal  
your soul; to feel your spirit soar.  
And The Holy Spirit says: Amen.

August 19, 2013

I reach-out,  
and gather you unto Me;  
for, you are My beloved child;  
and when you respond, and call My  
name: we sit, we touch, we love! I  
reach-out. You are My beloved child!  
And The Holy Spirit says:  
I speak to you; and it is as a gentle wind  
flowing over your cheek, touching  
your hair; and, in that brief  
moment, you 'know,'  
I AM there!

August 18, 2013

Come  
to Me  
as a child,  
and I will lift-you-up, set you  
in My lap, and wrap My arms  
around you; and sitting there,  
comfortably  
with Me,  
I will  
teach  
thee, all  
you need to know.  
And The Holy Spirit says:  
Find a space, where you can sit quietly,  
and there, held within your silent prayer, lift-up  
your arms to God, and you will find God, right there!

August 17, 2013

With  
every choice, you  
make you are creating,  
what will you create today?  
And The Holy Spirit says:  
Within your thoughts, you create:  
the creation, even though unseen,  
lives, moves-out into the world,  
flows over the Earth; that  
which you think is  
created, and  
lives. The  
words you speak  
are the ultimate creation  
of your thoughts... announcing  
that which you have already created.  
And these words move-out, in confirmation  
of the creation, unseen, yet powerful, and living;  
for, you have created the words. Your deeds are seen:  
the outward sign of that which you have created in your mind;  
the outward sign of that which you are speaking with your words;  
deeds, seen with everything you do, everything you say, everything  
you think, you are creating. Today, bless the Earth, with your creation.

August 16, 2013

When you are willing to be still, to listen, with an open heart, to what another is saying to you then you will know what is on the heart of another. And The Holy Spirit says:  
Be quick to listen, slow to speak, willing to open, so another might speak, that which is on their heart; and, in this communion, you will know, beyond the words they say, that which they carry, within them, today.

August 15, 2013

When you awaken to the reality of living in The Kingdom of God while you walk upon the Earth, Earth changes becomes more vibrant and you are a blessing to Earth. And The Holy Spirit says:  
Living in The Kingdom of God while walking upon Earth is miraculous, amazing, wonderful, fulfilling, life-giving; and, it is living upon Earth, as it is, truly, meant to be. Today... be willing to open... and awaken to The Kingdom of God, that is with thee, near to thee, within thee!

August 14, 2013

The wise  
know the wisdom:  
of silence, of quiet, of setting  
themselves aside to walk with God.  
And The Holy Spirit says:  
Do not let 'the noise of the world,'  
distract you, from the quiet  
of The Kingdom of God;  
for it is therein,  
you find true  
peace.

August 13, 2013

Resist 'the temptation,' to use your energy to wonder, ponder, think about, or be concerned or worried about, what others are thinking, or saying, or doing; for, this is a supreme distraction, taking you away from what you should be doing, focusing on what you are thinking, saying, and doing, these things should be of light.

If a name comes to you, if a situation comes to you, if you are doing anything, but blessing the person, or blessing the situation, you are falling into an energy of distraction. This information, this guidance will lead you into days of happiness, and joy; for, while you cannot control what another is thinking, saying, or doing, you have the ability 'to master,' that which you are thinking, saying and doing. Congratulations! Today, master, what you are doing.

And The Holy Spirit says:

Do not be distracted into other people's energies, circles of chaos, creations of drama, for this will surely lead you from the path you are to follow. Fill you thoughts with God's light, fill your words with God's love, fill your deeds with peace, so that you might rise-up, and walk, and know, The Way. Welcome to this New Day. It is yours, your opportunity, to journey along The Way.

August 12, 2013

If you  
begin the day,  
being concerned by  
'all the work there is to do,'  
your day will be long, tasks arduous;  
but, if you begin the day, in celebration, of  
the strength, you have been given to accomplish  
all that comes to you, your day will ring-out, with glory,  
your tasks will be a pleasure, and your mission will be complete  
as the sun sets, and you sing, of the joys, of living upon Earth. And The  
Holy Spirit says: Do not waste your energy concerning yourself about whether  
you will be able to do this, or that, or the other. Use your energy wisely, in cele-  
bration of all that you can do, and remember, do all that you do for the glory of God.

August 11, 2013

For those  
who have faith in Me,  
who trust their Eternal Parent,  
there comes a degree of confidence  
they have not 'known,' before.  
And The Holy Spirit says:  
When you are 'in communion,'  
with the Heavenly Parent,  
the Eternal Parent,  
with God,  
you walk,  
with confidence,  
as a child walks, hand-in-  
hand, with the earthly parent,  
'knowing,' they are in good company!



August 10, 2013

The doorway you encounter today is yours  
to pass-by, or to open. Which will you choose?  
And The Holy Spirit says:  
Today, you will encounter a doorway, there for you  
to open and explore, that which is new to you.  
It is your choice. You may pass it by,  
distracted by other things; but,  
if you are still and quiet,  
open to All That Is  
present, the seen,  
and the unseen,  
the doorway will call  
to you! And if you reach-out,  
and open the door, you will be amazed, at  
that which is set before you, that which you see,  
anew! Today, ~ be still, ~ be quiet, and open to all,  
that God wants to give to you, the seen, and the unseen!

August 9, 2013

Take  
your time,  
putting one foot  
in front of another, and  
steady progress will be made.  
And The Holy Spirit says:  
Resist the temptation to hurry  
to the next plateau, as,  
in doing so,  
you will  
miss  
the  
glory  
of each  
individual  
step; and, all ~ of  
the miracles ~ along The  
Way. Resist 'the temptation,'  
to hurry; take your time; and see  
the glory ~ of God ~ all around you!

August 8, 2013

Relax,  
and let My love  
flow through you.  
And The Holy Spirit says:  
Today, focus on  
Peace.

August 7, 2013

Listen  
to what others  
are saying to you.  
And The Holy Spirit says:  
Practice the art of lis-  
tening; for, it is an  
exercise, of wis-  
dom.

August 6, 2013

Peace begins, from within.  
And The Holy Spirit says:  
Close your eyes... take-in... a long,  
deep breath... and release-it slowly.  
Lower, and loosen, your shoulders.  
Since that felt so good, do it again.  
When you are caught-up in a  
busy day, create an  
island of peace,  
in this  
way.

August 5, 2013

Go  
forth in light,  
delivering peace,  
and love, watching miracles  
unfolding, all around you.  
And The Holy Spirit says:  
A new day is born, rise-  
up, see the gifts, and realize  
The Promise  
fulfilled.

August 4, 2013

Do  
not  
wander  
the corridors  
of the complex, when eternal wisdom  
is with you, in its most simple form. To-  
day, sit with simplicity, and grow  
in wisdom.  
And The  
Holy  
Spirit  
says:  
Truth  
is simple,  
and sometimes  
it is necessary to  
shake-off the dust  
of the complex to  
see the simple truth!

August 3, 2013

Today,  
set your mind free;  
put your thoughts on the shelf,  
and let Me fill you, with divine inspiration;  
so that, that which you will do, that which you will create,  
will be an eternal inspiration, one filled with light, one filled  
with love; and, void of: fear, and doubt, and desperation.  
And The Holy Spirit says:  
That which is created, when you are in a state of fear,  
or doubt, or desperation, holds, and contains,  
this energy. But if you will be still, and  
receive your inspiration from  
the dimension of perfection,  
that which you create  
will be, divinely,  
inspired, and  
perfect, in  
every way!

August 2, 2013

The time has come  
to set the things of the world aside:  
worry, concerns, anxieties, fears, doubts,  
and any other thing that occupies your mind;  
for, it is time to be filled with My light, and filled  
with My light you will come to know peace, and  
be embraced, totally, within the energy of  
My love for you. It is in this state,  
in My love, you will be  
enlightened,  
and you will live.  
And The Holy Spirit says:  
Once you are filled with the light of God  
living on Earth is changed; for you look,  
and you see, but you see while knowing  
the love of God, which is within thee.  
Today, take the time  
to set all  
of the things  
of the world aside, and  
be filled with the light of God.

August 1, 2013

When you are willing to release  
the things of the world, which seem to  
have a hold on you, to take My hand,  
then you come to realize, and know,  
that the things of the world are of  
little worth, little value, com-  
pared to the wealth of  
The Kingdom  
which I share,  
freely, with you.

And The Holy Spirit says:  
Eternal wealth is yours;  
focus on your spiritual growth:  
open, your heart; see, with the eyes  
of your soul; and you will begin to hear  
the voice of angels; you will be led into the New  
Day; and, it will be walking along The Way.

July 31, 2013

This  
morning  
you resume  
your journey  
upon the Earth.

Let it be that you do so,  
with a heart filled with joy, a song on your lips,  
and a dance, a dance of confidence, because  
today, as you go forth, you know  
who you are, you are My child.

And The Holy Spirit says:  
When you truly believe  
your eternal heritage  
is everlasting life  
as a child of God,  
nothing can stop  
your forward progress,  
nothing can keep you from singing,  
nothing can keep you from dancing,  
nothing can keep you from living,  
because you shall live forever!  
You are, a child, of God!

July 30, 2013

For the one who 'knows,'  
they have been given eternal  
life, by God, there is a joyful  
song, a song of thanksgiving,  
and the dance of eternal life.  
And The Holy Spirit says:  
Understanding the promise,  
of eternal life, is the seed  
of a joyful song, and  
a glorious dance.  
Spend the days  
you have been given  
to walk upon the Earth,  
with a song in your heart,  
and a spring in your step, and a  
greeting of love, for all that you meet.

July 29, 2013

Your  
journey  
upon Earth  
will be easier  
with a song on your heart,  
and a smile upon your face.  
And The Holy Spirit says:  
Walk into  
this day  
with a  
joyful  
heart,  
with a song  
of thanksgiving, and  
in this way you will bless  
all you encounter. A smiling face  
lifts the spirit, of even the passersby, for  
therein, they recognize joy, peace, happiness,  
and they are touched with these things of great light.

July 28, 2013

My children, know this:  
the past and the future are  
held in 'the eternal present.'  
And The Holy Spirit says:  
The past is held within the eternal  
present, wherein the future the  
promise of a new day, is created.  
All things are held within  
the eternal  
present,  
wherein  
you dwell.  
Therefore, bless  
the eternal present with joy,  
joyfully celebrating that you are.

July 27, 2013

Today, simplify  
your spiritual life, by  
getting-rid-of all the clutter,  
the unnecessary, heavy energies,  
of darkness and shadow, and get back to  
the basics: My love; the light, of creation; the  
peace, you feel, when you know My love, and live in  
the light of creation. Today, simplify your spiritual life.  
And The Holy Spirit says:  
When you are ready to simplify your life, you take some time  
to discard the unnecessary items: the things that are  
cluttering your house, your closet, your car;  
you get back to the basics, the simplicity  
of living, free of unnecessary items;  
and you feel that freedom, and  
it's worth the effort. So is it  
worth the effort to clear-up  
and simplify your spiritual life:  
throw away those energies of frustration,  
and anger; throw away those energies of fear,  
and anxiety; throw away those unnecessary items,  
such as grief and sorrow; and, return to the basics, of  
love, and light, and then, you will surely 'know,' peace!

July 26, 2013

Today,  
go into your thoughts,  
actively seeking good, creatively  
bringing forth the light, summoning  
the power of God to fill you. Thereafter,  
you will live in great delight, walking  
over the Earth. Today, go into  
your thoughts, and create  
great light.

And The Holy Spirit says:  
Do not let your thoughts wander,  
here and there; master your thoughts;  
master what you are thinking; then  
you will not know despair,  
or frustration,  
because you  
will be, actively,  
and with purpose,  
creating good, light, love!  
Today, 'Master, your thoughts!'

July 25, 2013

Every time  
you open your door,  
and step-out into the world, you deliver a message  
to Earth; and, to all of those around you; stop, and  
consider, before you go, 'What will you say today?'

And The Holy Spirit says:

Today you will deliver a message  
to all who will listen,  
and hear you.  
Be mindful  
of the message  
you are delivering.

Deliver the message of love.

Deliver the word of God. And it is important to remember  
that you can deliver the message without saying a word.

The only thing that needs to be heard is the rustle  
of The Wind, and the song of the bird,  
as you move over the Earth,  
the living word.



July 24, 2013

When you make the effort to go  
where you are called, and directed, to go,  
the journey will be blessed, the vision will  
be sacred the revelation will be miraculous!  
And The Holy Spirit says:  
To make a pilgrimage requires that one be willing:  
to do, to go, to sacrifice, to commit; and, once  
the pilgrimage is complete, once it is done,  
you are enlightened, filled with the  
light of God, moving over the  
Earth, blessing it, with  
every step, you  
make, every  
breath, you  
take.

July 23, 2013

With the coming of each new day, you make a decision,  
you set your course, and you set-off, going in the direction  
you have chosen. Sometimes, during the day, you become  
distracted ~ and veer ~ off-course. Sometimes, you hold  
to the course, and sail through the day, unaffected,  
by what is happening, around you. Choose  
wisely, the course you intend to take,  
for it will make a difference,  
today, and every day.  
What you do today  
affects tomorrow.  
And The Holy Spirit says:  
The course you choose  
today, affects all eternity.  
You have purpose. Your life,  
upon the Earth, has great meaning.  
If you will smile, or speak a word of kindness,  
to just one person, today, you have changed the course  
of negative energy, altering it in such a way, that it will never be  
the same; a single act of kindness, affects eternity in a positive way.  
Choose the course you are going to take today, and let it be 'of light.'

July 22, 2013

Every day,  
with the coming of dawn,  
with the rising of the sun,  
with the song of the bird,  
you are given a gift;  
for, with  
the coming  
of a new day,  
you are given the opportunity  
to continue creation! It is here.  
It is a gift! It is your opportunity.  
Create the day, that you would desire  
for Earth to experience. Create today!  
And The Holy Spirit says:  
Have you ever thought what you would do, if  
given the opportunity: to make a change, to  
make a new beginning, to fix things, so  
they are right? It is here.  
It is the new day.  
It is a promise,  
once out-of-sight, but now here.  
What will you do, with this new day?

July 21, 2013

I know what you need.  
As your Eternal Parent, I know  
what you need. Come and sit with Me,  
and ask for in the asking you are better  
equipped to receive. Come, and sit with Me.  
And The Holy Spirit says:  
A good parent knows what their child needs,  
sometimes better than the child in need. Yet  
the good parent waits for the proper time,  
and the proper place, to provide exactly  
what is best, for their child. And so it is,  
with the Eternal Parent, at the proper time,  
in the proper place, each child of God 'receives,'  
that which they need; but the child who asks, the child  
who seeks, the child who knocks on the door, of God, is ready,  
prepared to receive. Today, be quiet, be still. Ask, seek, and knock.

July 20, 2013

When you take My hand,  
you find the strength:  
to break the chains,  
which have bound  
you; to spread  
your wings,  
and to soar  
into the heavens,  
all around you, and sing.

And The Holy Spirit says:  
God has no limitations. God knows  
no boundaries; all things are possible  
when you take the hand of God.

July 19, 2013

Let the monument  
you build be of love.

And The Holy Spirit says:  
Stones can crumble and move in  
to a new place; wood can weaken,  
and loose its place; but the stones  
of love will pass the test of time;  
and, build a new bridge,  
into a new  
day.

July 17, 2013

When  
you sing  
a joyful song  
you are a blessing  
to all around you.  
And The Holy Spirit says:  
Sing joyfully, and  
bless this new  
day.

July 16, 2013

True wealth  
is found in a healthy spirit,  
a soul holding promise, a heart holding love.  
And The Holy Spirit says:  
Call upon the spirit, that is you; and you will 'know,'  
that your soul holds the promise of eternal life; and  
your heart will sing-out, in the remembering:  
of all that you are, of all that you have,  
of the abundance that is yours.

July 15, 2013

Take  
the time  
to bring joy, and  
happiness to another.  
And The Holy Spirit says:  
Time spent doing good for another  
is a wise investment, and your dividend  
will be peace, and contentment, in knowing,  
you have touched another, with the love of God.

July 14, 2013

I do not  
send messengers  
to speak of war, I send  
messengers to speak of peace.  
And The Holy Spirit says:  
Those who wage war desire to hold-on-  
to that which they 'perceive,' as theirs.  
Those who preach and teach peace,  
desire, for all time, to create  
an energy: which is good,  
which lives, which  
is eternal.

July 13, 2013

Accepting that which comes to you,  
and mastering the energy, of all you do,  
is the perfect exercise, preparing you, and  
strengthening you, to accomplish your goal.  
Accept that which comes to you. Master that  
which comes to you, for it will prepare you  
for all you are to do, along The Way.  
And The Holy Spirit says:  
When opportunity knocks  
upon your door,  
it is often  
in disguise,  
waiting to see  
if you will realize, the  
'true gift,' it carries. Being  
given the opportunity to master  
that which comes to you ~ is a gift,  
and it will strengthen you, ~ for all  
you are to do. When opportunity  
knocks, open the door, and say,  
"I have been waiting for you."

July 12, 2013

Be watchful, and I will send you  
a sign, and you will know The Way.  
And The Holy Spirit says:  
Do not spend your day wondering about  
the signs you have missed in the past.  
Do not spend your day concerned  
about the signs of the future.  
Be productive, be watchful,  
for signs are with you  
today, and they  
will point-out  
the direction, they will  
show you The Way. Take each  
day and one step at a time; then,  
you will not stray from the path,  
and wander in darkness. Be watchful,  
be vigilant and pay attention to the signs of  
this day, and they will, surely, show you the Way.

July 11, 2013

If you  
will open,  
more fully,  
and accept My love more completely,  
then My glory will shine through you  
onto the Earth, and you will live,  
and walk, and move,  
and be amazed  
at the wonder  
that is Earth,  
and all around  
you will be blessed.  
And The Holy Spirit says:  
Today, let it be your intention to  
walk over the Earth, The Way God  
would have you walk over the Earth.  
See His Glory: in the tree; in the bee;  
in the flower; in the rays of sun, which  
warm you; and, in the shower of rain,  
touching you. Today, walk in The Glory  
of God and see the wonder that is Earth.

July 10, 2013

When  
it appears  
that you are being tempted, or led away,  
into a state of discontent, or mal-  
content. Be still. Come  
to Me.  
Sit with  
Me, and I will  
show you the light.  
And The Holy Spirit says:  
Quickly reject the temptation to be  
frustrated, unsettled, to be in a state of  
discontent, or malcontent; for, it uses-up  
your precious time upon the Earth,  
which could be spent more  
productively. Free yourself  
of this state, and sit  
with God to  
see the  
light.

July 9, 2013

The lamb will lie down with the lion, only  
when you can sit down with: your neighbor,  
family member, co-worker, or someone all the  
way around the world, and you do so in peace.  
And The Holy Spirit says:  
Peace does not begin with someone else,  
somewhere else, at some other time.  
Peace begins within your heart,  
when you make the decision  
that if there is to be peace  
it will come through  
you. Today, be an  
instrument of  
peace.

July 8, 2013

Every effort you make to set yourself aside  
from the world to sit with Me will be rewarded;  
for, the reunion will be sweet; the communion  
will be sacred; and, our union will be, more,  
precious rich and full. Take  
the time to sit with Me.  
And The Holy Spirit says:  
God will bless you!  
How can it be  
any other way?  
When you take the time  
to sit with The Creator you  
are in The Presence of The Creator  
in a most unique way; and, The Presence  
of The Creator touches you, and you are blessed.

July 7, 2013

This day, set aside all that you think you know; set aside all you have been taught;  
set aside all the rules, and regulations; set aside the demands, and temptations;  
and let this day be a day, when you allow yourself to be filled with My love,  
for you. Walk this day, filled with My love for you; for, it is always there.  
Sometimes the flow is blocked by worries and concerns and anxieties; but,  
I AM asking you, today, to set all things aside, and walk with My love,  
for you. And The Holy Spirit says: Be vigilant. Every thought you have  
can tempt you or lead you to glory and light. You choose the thought  
and then you take the journey riding the thought. Today, be mindful  
of what you think. Be vigilant, of the words you say; for the  
words you say can tempt you away from the light; choose  
your words carefully, so that they are filled with the love  
of God. Be vigilant; for, your actions can tempt you  
away from the light. Choose your actions, your  
deeds carefully; so that they are a sign, of  
'the glory of God.' You will be surprised,  
when you are vigilant, how often  
the ways of the world tempt, and  
seduce you; but, you will also  
be surprised when you  
realize the power you  
have to choose! It is  
yours to choose.  
Choose the  
light!



July 5, 2013

Do not let the closed window - detain you.

Do not let the locked door - restrain you.

Do not let the foul weather - keep you

locked within the structure, where

the windows are closed, and the

doors are locked. Today,

when you encounter

a closed window,

open it when

you encounter

a locked door,

open it, when you

encounter rain or wind,

walk-out into it and be

the sun be the light be.

And The Holy Spirit says:

You are upon the Earth. Live. Touch

every aspect of life. Hold it as the treasure it is.

Cherish the moment. Hold sacred the hours; and

bless each day, with your presence, full, open, alive.

July 4, 2013

Fear does not reside

in love and love

does not reside in fear.

And The Holy Spirit says:

To live without fear

is to know freedom.

July 3, 2013

When you are successfully focusing on maintaining a radiance in your thoughts, words, and deeds, you will be less tempted to judge others. This is simple, it is practical, and it is eternal truth. If you are focusing on your own thoughts, words, and deeds, you will have less time to be concerned about judgment of another.

And The Holy Spirit says:

There is a relatively easy exercise, something to practice every day, to assist you in focusing on your own thoughts, words, and deeds.

When you are tempted 'of thought,' to walk into another's energies, to past transgressions, to current hurts, anxieties, worries, or fears, be quick, to return to the light of God. Concentrate on the song of the bird. Concentrate on the beauty, of a flower. Concentrate on the freshness, of the rain. Concentrate on the warmth of the sun. Focus your attention on the positive; and, it will surely be done. Put all accent today on the positive, and the negative will melt away.

July 2, 2013

When you embrace the simple, wisdom is yours.

And The Holy Spirit says:  
Do not be tempted into a complicated state of affairs, for true wisdom is simple, concise, precise. Beauty: look all around you, and embrace the simplicity of beauty. Compassion: look all around you, and embrace the simplicity of compassion.

Charity: look all around you, and embrace the simplicity of charity.

Whichever gift you choose  
to illuminate today  
realize that it is  
the perfection of simplicity.

Therefore, do not let complicated issues get in your way.

Within complication resides chaos and confusion: the doorways seem blocked, the windows locked; but, in recognizing the beauty of the dawn, a new day breaking, it is simple, it is sweet, it is the song of the bird, it is the touch of grass, upon your feet. Today, do not be sidetracked, do not delay embrace the simple beauty of this new day.

July 1, 2013

Set this day aside  
to cultivate love, and light, and peace,  
within; and you will find, at the end of the day,  
that you feel healthier, you are happier, and you feel,  
remarkably, more alive. Cultivate a state of peace within.  
And The Holy Spirit says:  
Good health is a matter of inner peace, contentment, love,  
acceptance. Today, cultivate these things within,  
and you will be surprised how much better  
you feel. Let this day be a day  
of cultivation, within.

June 30, 2013

Those entrenched in the ways of the world,  
utilize force to coerce, and control; but I give all  
of My children 'freewill,' so that they might grow.  
And The Holy Spirit says:  
With 'force,' you are restricted, constricted, confined,  
and molded, in to 'that, which the enforcer desires.'  
With 'the freedom of love, with the gift of freewill,'  
you are given the ability to grow, as your spirit  
dictates for you to grow, moving here  
and there.  
In this Way  
it is easy to see,  
which you would pick,  
which you would choose. There-  
fore, when choosing 'the love of God,'  
and 'opening the gift, of freewill,' be sure  
you are 'permitting others' to do the same!

June 29, 2013

Let  
Earth  
lessons  
be some-  
thing that is  
done, and then over.

If you break something,  
hurt someone's feelings, or  
get angry, or upset, about  
something, acknowledge  
what you have done,  
see the lesson,  
and then  
forgive.

Forgive yourself for dropping the glass;  
forgive yourself for hurting another;  
forgive yourself: for getting upset,  
or frustrated or angry, and then  
forgive all other people involved  
in the situation: because in that Way  
you take the lesson with you; but you leave  
the energy, better than when you found it; because in for-  
giving you are blessing and releasing this energy to be neutral.  
Do not hold-on-to past things. Do not hold grudges. Be quick  
to forgive. Put a smile on your face, step-out the door, and live.  
Live life to the fullest measure; for you are upon Earth, so smell  
the flowers, feel the sun, dance in the rain, and bring laughter,  
light, and love to everything, and everyone, you encounter.

And The Holy Spirit says: Amen.

June 28, 2013

There is wonder, in the eyes of a child,  
because, through the eyes of a child:  
all things are possible, all stories  
are real, all miracles occur.

And The Holy Spirit says:

There is a temptation,  
as one grows older,  
to shed the skin  
and the eyes  
of the child.

Resist this temptation.

Resist the temptation to pick-up  
the ways of the world and leave your child  
behind; for, within you is the child of God, you truly are;  
within you is utter amazement at the miracles all around you.  
Today, make it your intention to see through the eyes of a child.

June 27, 2013

If you endeavor to apply the ways of the world: to  
the spiritual realm, to the kingdom of the unseen,  
it will not work. But, if you apply the ways of the  
spiritual realm, the ways of the unseen kingdom  
to the ways of the world, it will work; and,  
it will work miraculously! Do not be  
confused, one Way will work,  
the other way will fail.

And The Holy Spirit says:

The ways of the world  
teach you to take care of  
yourself, to put yourself first, and  
this creates a state of separation; there is no unification; the  
Ways of The Kingdom of God teach you to love all others, first.  
To know God is to let the love of God flow into and through you  
to others. This is how you receive the magnificent glory, and  
blessing, of the love of God, by letting it flow through you.

Don't bottle-up this mighty  
river, let it flow onto the Earth;  
change the Earth, by opening to God!

June 26, 2013

Put less stock in the knowledge of the world;  
and more faith in "eternal wisdom," which I revealed  
unto you, for the knowledge of the world changes, but  
that which I reveal unto you remains... eternal truth.  
And The Holy Spirit says:  
When you move into "the realm of the mystical,"  
when you move into "the realm of spirit,"  
your life upon Earth is altered; for,  
you see with wisdom, that which  
you are to see; and that which  
you are to know is reveal-  
ed, to you, all along  
The Way, as  
you go.

June 25, 2013

Frustration is an out-  
ward sign, of inner-turmoil.  
And The Holy Spirit says:  
When you encounter one exhibiting  
frustration, leave them in peace; for,  
a peaceful environment supports res-  
olution of inner-conflict, and peace  
is restored and balance is  
realized once  
again.

June 24, 2013

Spend  
the numbered days

you have to live upon the Earth, loving.

By loving, you begin to restore The Garden, the garden Earth was meant to be. When you are distracted by arguments, fighting with others about this, or that, you neglect The Garden; and soon, the weeds take over, and to restore it again, requires much work.

Avoid this. Reject the distraction, and accept My love. Use it and The Garden will flourish once again.

And The Holy Spirit says:

This day  
is the first day  
of the rest of your life.

All other days of your lifetime are either in the past, or are awaiting you in the future. Therefore, set your face toward the sun, and begin, each of you, each one, to love to the fullest measure you are able. And, in doing so, you will be setting a table 'worthy of God!' Begin today with the intention of loving to the fullest measure.

Sunday, June 23, 2013

You  
can cure

the sick and weakened spirit  
of another by touching them with words  
of understanding and compassion, by de-  
livering the gift of love; and in this Way  
the one who was sick

will rise-up

and sing;

for their

"spirit,"

is healed;

therefore, they

are made whole.

And The Holy Spirit says:

Every child born carries  
the DNA of the parents; as  
soon as you have the faith to  
acknowledge your spiritual,  
your Eternal, Parent, then you  
will awaken, to the eternal truth,  
"you carry the DNA of God!"

June 22, 2013

Judgment is a heavy sack,  
which becomes more burdensome,  
as the days go on. The one who chooses  
to live without judgment, is the one who  
will come to know glory, upon the Earth.  
And The Holy Spirit says:  
Free yourself, today; in fact, cast the burden  
from you, and it will go away; work every  
hour to free yourself. Free yourself  
of judgment, and you will know  
the power of God,  
because  
you will not  
have a burden  
to weigh you down.  
You will walk, freely,  
over the Earth, connected to  
God. Today, with each judgment  
you reject, the power of God will flow  
more freely through you. Today, be free!

June 21, 2013

Take the time to make  
every minute count, and your day  
will be created 'of precious moments,'  
and hold more meaning, than if you  
had hurried through it, in haste.  
And The Holy Spirit says:  
Experience 'the gift,'  
of this day, with  
a grateful  
heart.



June 20, 2013

Do  
not be  
distracted  
by the careless words of another,  
listen to Me, and you will hear Me  
over callous retorts, and other noise  
of the world. And The Holy  
Spirit says:  
Today,  
listen  
for the  
still, small  
voice, within; and,  
peace will be your reward.

June 19, 2013

Come,  
and sit, with  
Me; and, you will  
grow in confidence.  
And The Holy Spirit says:  
Living in The Garden that is  
Earth, is a glorious experience when your  
connection with God is clear and unobstructed!

June 18, 2013

When  
you awaken  
with the intention of  
creating 'a most outstand-  
ing day,' that is what it will be!  
And The Holy Spirit says:  
When you are in a position to create  
something wonderful, accept the  
opportunity, with eager  
anticipation.  
Creation  
continues in  
everything you  
think and say and do;  
creation continues in you!

June 17, 2013

Awaken to the possibility  
that this will be a glorious week,  
for you. Believe it. And it will be true.  
And The Holy Spirit says:  
You have been given the gift of life, by God.  
You have been given the gift of a new day,  
by God. Celebrate, every step you take  
along the way, and you will create  
a glorious week. Believe  
it! And it will  
be!

June 16, 2013

A  
parent  
is a portal  
through which  
you pass to experience life.  
And The Holy Spirit says:  
Before going any farther along your journey, stop.  
Stop and show respect and honor, for the portal through  
which you passed to experience life upon Earth. Be sure  
about what you are doing. It is true that you are an  
eternal being. If you are living on Earth  
right now, you will never die.  
You are eternal.  
You change,  
and move,  
and grow,  
and experience; but  
you experience eternal life.  
Knowing this, should give you a sense  
of freedom; and it will, when you believe it.  
Today, honor the portal through which you passed  
to live upon Earth at this time, where ever you find  
yourself; honor the portal, the parent, The Creator.

June 15, 2013

Fill the Earth I created, with  
a joyful song, which comes from you.  
And The Holy Spirit says:  
Earthly parents have great delight in hearing  
their children, laughing joyfully, singing joyfully,  
living joyfully, and so does the Eternal Parent.  
Therefore, let the children of God who are  
walking upon Earth, sing-out a joyful  
song, and it will be heard by  
the Eternal Parent; and,  
The Eternal Parent  
will have great  
delight!

June 14, 2013

There  
are days, when  
you need to set work aside, and  
just play; this could be the day.  
And The Holy Spirit says: Let  
joy, be unconfined,  
even if  
there is work  
to do, let it be 'as play,'  
for you. Today, be God's joyful  
child, playing upon the Earth.

June 13, 2013

I love you!  
Be still; and, feel  
My love for you; and,  
let it move you to do  
great things today!  
And The Holy Spirit says:  
Love can move mountains;  
when all other things  
fail, love will  
prevail!

June 12, 2013

No  
matter  
what obstacles  
you encounter, you are prepared  
to master the situation, and  
continue along The Way.  
And The Holy Spirit says:  
It is important to remember:  
that you are perfectly equipped  
to complete your mission, and return  
home victorious! You carry the light  
of God, within you; so,  
how could it be,  
any other  
way?

June 11, 2013

Plan  
your day  
precisely, choosing  
wisely what to do,  
and the mountain of work, will  
melt away right in front of you.  
And The Holy Spirit says:  
Today, will be a day "of opportunity." And  
you will be amazed at the results. Prepare  
to be amazed and give the glory to God!

June 10, 2013

Add  
the gift  
of joy to all  
you think, and say, and do,  
and your day will be filled  
with sunshine.  
And The  
Holy  
Spirit says:  
Today, be the light  
wherever you go.  
Today, be the light.

June 9, 2013

When you know, truly know:  
that you are My child; that you  
are an eternal being; that the gift  
of perfection is at the core of your  
being; then you will truly know  
confidence and it will be, with  
you, for the rest of your life.

And The Holy Spirit says:

The confident one  
is the one who  
knows, what  
they are doing,  
and knows how to do it.

This applies to worldly talents  
and tasks; but it applies even more  
to the spiritual life. When you know:  
who you are; what you are doing; and,  
how to do it; there is confidence in who  
you are, what you are doing, and how  
you are doing it. So, today, child of  
God be confident in who you are!

June 8, 2013

If you want  
to see, and experience  
first hand, another person, any  
of My creation, any place, grow in light  
and love right before your eyes, let My love  
for that person, or place, or dog, or cat, or bird,  
or flower, or tree, or river, or a mighty sea, flow  
through you, and be delivered, and enhanced, by you.  
And The Holy Spirit says: A miracle is to experience God's love:  
for another person, place, or thing, flowing into, and through  
you, being enhanced by you, and then being distributed  
by you. Anything, any person, any place, will shine  
immediately, when touched by the love of God;  
but you will experience the miracle, of that  
love, if you are the instrument, the one  
who delivers, such a touch. Be the  
instrument of God's  
love today!

June 7, 2013

When  
love is the  
energy, to ignite  
all of your endeavors,  
great things will spring forth; and  
you will be a blessing, upon Earth.

And The Holy Spirit says:

Let each task  
of this day  
be filled  
to the  
utmost  
measure,  
with love: for  
others; love for your-  
self; love for what you are doing;  
and let it all be, for the love of God.

June 6, 2013

I give unto you, all the grace, and the gifts,  
you need to meet every challenge, with confidence;  
and I bless you, as you make your way upon Earth.

Therefore, use My grace, and the gifts you are  
given, with a loving heart, and you will  
bless the Earth, with all you do.

And The Holy Spirit says:

Use your gifts, with  
grace, and a  
generous  
spirit.

June 5, 2013

Let today, be  
a day of great joy.  
And The Holy Spirit says:  
Joy is born, with-  
in a grateful  
heart.

June 4, 2013

When you are willing  
to accept the gift of miracles,  
you will see, and know The Way.  
And The Holy Spirit says:  
Walk into this new day, watching for  
the signs, and open to experiencing  
Earth, in a most miraculous way.  
Have a glorious day.

June 3, 2013

Clear  
all obstacles  
out of the way, and  
prepare to experience  
the miracle of rebirth,  
with this new day, all  
things are possible.  
And The Holy Spirit says:  
Close your eyes and  
say a prayer, and  
prepare for a  
miracle to-  
day; for  
One,  
or  
more,  
will surely  
come your way.

June 2, 2013

I  
knew  
you, before  
you 'assumed,'  
the human body.  
I know you now, as  
you walk in flesh.  
I know your future  
presence, as you  
are eternal.  
I have  
given  
you life,  
and you live.

You are My child!

And The Holy Spirit says:

Be still, and adjust your thoughts.

Open to the possibility of understanding,  
and knowing that you live forever, that you lived  
before this body, you are wearing right now, and you  
shall live, and continue to live, after your robe of flesh falls  
from you. You are an eternal being! Know this, and be still!

June 1, 2013

Speak  
with Me  
today, and I will  
answer your questions.

Speak to Me, and I will speak to thee.

And The Holy Spirit says:

Rather than focusing on troubling issues or matters of the day,  
turn your focus away, from those things, and put your attention  
into what you are saying to God, and what God is saying to you.  
And soon you will find, as the day is through, you did not spend  
all day in worry and concern or being bothered  
by insignificant matters, you were  
enlightened all day, speaking  
to God, of things  
that, truly,  
matter.



May 31, 2013

When you were  
a child, playing games, you  
did not want to play games which did  
not require much from you, such as running  
from one point to another... and back again... one  
point to another and back again, doing the same thing  
over and over, with 'no challenge,' in-between. It did not  
seem very important... and so... you stopped playing. Today,  
focus on life upon Earth... as a divine game! You are 'playing,'  
and it is not boring. Look at each challenge as, 'an opportunity,'  
while 'playing the game, of living, upon the Earth.' Be creative in  
'how you resolve, every issue' making sure that you use The Gifts  
of The Holy Spirit rather than 'choosing,' energies of shadow, and  
darkness. You will be surprised at the tools you have, within you, to  
accomplish every task. Go in to this new day... with your eyes wide  
open, eager to meet the opportunities, and play the game, divinely.  
And The Holy Spirit says:  
Each of you, upon Earth has a 'special mission' uniquely designed  
for the gifts, you have been given. You are prepared, and ready.  
You are already living upon Earth; today, focus on The Glory  
of God. Do not break your connection, and you will know  
The Way; and know it, well. Use the gifts you have  
been given, and go into this day with great joy,  
great joy, for you are living upon Earth,  
you are 'living, your dream,'  
upon Earth!

May 30, 2013

Every single individual, walking upon the Earth, is a child of Mine; and, they have honored Me, by going to Earth, on a sacred mission, a mission quite divine. Some of My children are sleeping. Some of My children are waking. Some of My children have awakened, but do not remember why they are upon the Earth. Some of My children are awake, and beginning to open, to see, to know, beginning to grasp the meaning of life upon Earth. Some of My children are awake, know who they are, and are asking for direction.

To those of you, who find yourself in this position, I say,  
 "Come. Rise-up. This is the time you have been waiting for. The day is new, set just before you. Come, you have things to do. The journey is great. All of creation is waiting for the revelation, you will make! Come. What will you do, with today?"

And The Holy Spirit says:

I AM with you. Rise-up, follow Me into this new day. Bless it, with all you think, and do, and say. The journey is sweet when you place your feet upon the path, and begin to walk The Way.

May 29, 2013

Awaken to a new day, filled with promise, and possibilities. You are given 'the opportunity,' to derail negative thoughts! Send them from you. Change the track; and, do not let them proceed, or remain, within you. This is the day to celebrate the creation of thoughts of light and love, of thoughts of peace, and compassion, and understanding.

Remember, that which you hold within you, is a piece of Me!

And The Holy Spirit says:

Celebrate this day, and take every opportunity which comes your way, especially derailing negative thoughts before they move into the chambers of your inner-being. Cast them from you, at the first sign, at the first clue. Do not let them move-in, and take over you! Celebrate Who you are and sing-out; for today is a joyful day, for all of The Children of God.

May 28, 2013

Be sure to check unhappiness, or frustration, immediately;  
for, these are not the energies of The Holy Spirit; these things  
do not spring-forth from the piece of perfection, you were given  
at birth, they were manufactured within ego; therefore, cast them  
from you, immediately; for ~ every child of Mine ~ is born to live  
upon the Earth, for a brief time: to laugh, and dance, and sing,  
while doing so, and then, to bring home the stories, the  
experience, of that which they accomplished!

And The Holy Spirit says:

Today, be mindful, be mindful  
of the temptations,  
all along the way,  
and cast them from you, immediately;  
for, the light of God is within you, let it shine;  
do not cover it with a basket, set it high upon a table,  
and let all see, that which God has given thee! There is  
a piece of perfection, at the core of your being, let it shine.

May 27, 2013

When a new direction, new guidance comes to you, and  
replaces the old with the new, do not be disconcerted,  
for freewill choices all along The Way, can change  
the guidance given today. This is what you  
need to know be open as you go.

And The Holy Spirit says:

When you are willing to do,  
as you are directed to do,  
you will find life, upon  
Earth, is easier, fresh,  
new, and you are imbued  
with Spirit sparking here,  
and there within your being.  
You are rejuvenated, renewed,  
reborn. Today, make it  
your intention to open,  
to hear, to embrace,  
and draw near  
to the direction you receive,  
for it will change from day to day, and  
those who are willing to walk The Way  
will find their life blessed every day.

May 26, 2013

You are My child,  
therefore your heritage,  
your lineage, is "of Me!"  
Today, walk over the Earth, as if  
you truly "know," and "accept," you  
are of God, The Creator, of All Things.  
And The Holy Spirit says:  
Today, let your words, your actions, yeah  
I say unto you, even your thoughts, be  
consumed with the knowledge, that  
you are of God, and you will  
create, in this way,  
the perfect  
day; and,  
all creation  
will turn its head  
and see, the revela-  
tion, of a child of God.

May 25, 2013

When  
you approach  
a task, a chore, with  
joy, upon your heart,  
singing, as you work,  
the work becomes play,  
and you sing all the day,  
allowing The Son to per-  
meate your being, so that  
others might see, and know,  
My love, working, through you.  
And The Holy Spirit says:  
All tasks seem lighter: when you whistle and sing  
while you work; when you put a lightness in your step;  
when you do all things for the glory of God, with a song of joy,  
upon your  
lips.

May 24, 2013

There  
are sacred  
times, in sacred  
places, where that which  
is seen, becomes as the mist, and  
it fades away, and the unseen is revealed.  
And The Holy Spirit says:  
The human body is seen, by the human eye;  
and the human body, as well as the hu-  
man eye, will fall, will disappear,  
will crumble, because the mater-  
ial is not eternal; but your soul  
and spirit lives forever, the un-  
seen, the majesty of the unseen,  
though the body fails, the spirit  
is magnificent. Live your life, this  
lifetime, growing closer to the powerful  
presence, that is you, the greatness of  
the unseen  
that is  
you.

May 23, 2013

You are My magnificent creation: worthy  
of the task, that is set before you; worthy  
of the mission, you have accepted; and  
filled with all you know, and need to  
know, to accomplish the mission  
and return Home victorious.  
And The Holy Spirit says:  
Do not give-in  
to the grumpy,  
or grouchy spirits, you  
encounter during the day.  
Do not surrender to the sullen  
attitudes you meet along The Way.  
These things are the first step toward the fall,  
so place a smile on your face and let it shine upon all.  
Today, make it your intention to be: the brightness of God,  
the light of God, the love of God, and be joyful. You have made it  
to Earth, and you are in the midst of your mission. It is something you  
planned to do, and you have been given permission to do it, as you will do  
it. You hold 'the gift of freewill.' Now what will you do with this great gift?

May 22, 2013

If  
you  
will begin  
each day in quiet,  
contemplative prayer, and sit with Me awhile,  
you will find I AM ~ truly there ~ with you,  
and you will be better prepared to rise-up,  
and walk into the world, you will be at peace.  
And The Holy Spirit says:  
If you walk in peace,  
if you are the presence  
of peace, then the world  
welcomes you; for, it is not  
used to the power of a peaceful  
presence. You will part the sea of chaos,  
you will settle the storm of turmoil and confusion,  
you will bring light where there has been darkness.

May 21, 2013

Singing a joyful song is a choice,  
a decision, a pleasure, a gift heard  
by all, felt by all, delivered by one.  
And The Holy Spirit says:  
You change the very air around you,  
you touch the Earth on which you  
stand, you bless and gift every  
hand you take in joy  
and peace.  
Today,  
choose  
to become  
more familiar  
with 'the gifts 'of  
understanding, forgiving,  
compassion. And understanding,  
forgiving, and compassion will lead you to  
complete joy, and peace. This day, sing, a joyful song!

May 20, 2013

With  
every thought  
you have, you have created  
a living energy form; and this energy does not remain  
locked within your body; the living energy you create  
with your thoughts emanates from you, flowing onto  
the Earth. This day, create thoughts, create living  
energy, which blesses the Earth.  
And The Holy Spirit says:  
When each of you  
becomes aware  
of the power  
you hold,  
in the creation  
of thought, you will  
bless the Earth, many times  
a day, and you will reject the idea to curse  
the Earth, or any being upon the Earth. Awaken  
to your true glory. Accept your living power, and today, create  
blessings abundant, for the Earth, and for all who abide, upon Earth.

May 19, 2013

It is time, for all of you, My children upon Earth, to recognize the significance, of what you are doing, within your thoughts.

Every thought you entertain lives; it is a creation. There can be no peace upon Earth: if there is war, within the thoughts; if there is hatred, aggression, judgement, ridicule, in the thoughts. Pay attention to that which you are creating, every second, every minute, every hour, of the day.

And The Holy Spirit says:

When you were a child,  
learning how to ride a bicycle,  
you had to pay attention, and be alert,  
you had to be vigilant, every minute; so that you would not fall, or run into something, or run over something; but as you practiced, and as you rode farther, and farther, your confidence grew, and soon you could run outside, jump on your bicycle, and pedal away. This is the same... way you should approach your thought creation. At first, you must be vigilant, you must pay attention to what you are doing; but the longer you do this... the more confident you will grow; and soon you will find, and soon you will know, that your connection with God is complete and full! You will notice your thoughts are rich, filled with the light of God, and the temptations, although they come, are not noticed by you, because you are too busy, riding, on The Breath of God!

May 18, 2013

Protect  
your thoughts  
as the valuable treasures  
they can be; for your words, and actions,  
exhibit the thoughts created within thee.

And The Holy Spirit says:

It is easy to memorize words,  
so that you may speak  
them: so others  
might hear  
what you want  
them to hear; or, that  
you might remind yourself, of  
something important to you; but it is  
better to imprint words of love, and kindness,  
and compassion, upon your heart of desire, so that  
none, but that, can come from you. Be the living word.



May 17, 2013

Be  
brave,  
and constant  
in your effort to be light, even  
when it appears that aggression  
might overcome a peaceful  
presence; for,  
it is not so.  
In reality,  
the peaceful  
presence will always  
be the powerful presence.  
And The Holy Spirit says:  
Often, the world does not recognize, or know,  
the truth of reality; for the world resides in illusion.

May 16, 2013

Do not lower your mark,  
based upon what others think  
you can do; aim for that which  
is written on your heart, and  
you will do great things.  
And The Holy Spirit says:  
Do not 'limit,' what God  
can do through you,  
you can do all, that  
God sent you  
to do!

May 15, 2013

Every hour, within 'your thoughts,'  
are hundreds, maybe thousands, of  
'opportunities,' to engage in 'inner-  
conversation.' Choose to engage  
with 'the positive!' Choose to  
engage with 'the light!'

And The Holy Spirit says:

What you enter-  
tain within  
your thoughts,  
is revealed within  
your words, and actions,  
choose to communicate with the  
positive, and you will be 'enlightened,'  
and your words, and actions, will be 'of light.'

May 14, 2013

Today,  
enjoy living  
upon Earth,  
enjoy being,  
and be loving.

And The Holy Spirit says:

Begin living, truly living,  
by loving, by being in-love,  
with all of God's creation,  
including  
you.

May 13, 2013

Whenever you find yourself stuck in  
the thick-of-things, be the light and you  
will rise-above the mundane into the  
sublime. And The Holy Spirit says:

Ascending above chaos,  
and confusion,  
is the way-to-go;  
today, be 'the light,' where  
there is shadow, and darkness.

May 12, 2013

Remember  
this, always, for  
it has been said unto you many times,  
but now is the time to receive the message  
and know it, "Everything that you seek  
is within you!"

And The Holy  
Spirit says:

If you are  
seeking love,  
you will know

love, by being love.

If you are seeking compassion, and understanding,  
a gentle touch, kindness, you will know these things, by  
being these things. And once you find the treasure chest  
of that which you seek, within your being, that is what  
you will give unto the world. And when you are so  
good, at the giving of it, you will look around,  
and you will understand that, that which  
you are giving from within your  
being is as a river, flowing,  
and you are in  
the middle  
of it!

May 11, 2013

The best preparation,  
for walking in the world  
created by human beings, is  
morning prayer, a time which  
you set aside to be with Me, and  
to know I AM there. Once this  
is done, you can rise-up, and  
walk, because you have  
touched My hand  
and feel it in  
yours!

And The Holy Spirit says:

When you are walking in the world created by human beings,  
it is easy to become distracted, and pulled this way or that; but  
if you begin the day in prayer, it is easier for you to remember  
why are there, in the first place. Mark your days; the days  
that you stop to sit with God before you go-out into the  
world are easier, they flow, you feel in balance,  
and you know, God is with you!

May 10, 2013

Do  
not hurray  
through the day,  
take the time to stop,  
and look around.  
And The Holy  
Spirit says:  
If you will  
take the time  
to look around,  
you will see the little things  
not obvious to those hurrying  
through the course of the day.  
Take the time to be still, and pray!

May 9, 2013

Once  
you have  
forgiven, all  
that needs to be forgiven,  
you will walk into the valley,  
of peace; and there,  
you will  
reside!  
A n d  
The  
Holy  
Spirit  
s a y s:  
When you  
have done, that  
which is yours to do,  
regarding forgiveness, you  
too will be forgiven, and dwell, in  
the valley of peace, all of your days!

May 8, 2013

Speak  
with kindness  
and peace will be your gift.  
And The Holy Spirit says:  
No matter what you have to say,  
it can be said, with  
kindness.

May 7, 2013

Have "faith," and walk with Me.  
And The Holy Spirit says:  
Faith is the gift which strengthens you  
when you walk into the rain, knowing  
it is where you are to walk; knowing  
the sun will shine at the right time;  
faith gives you "the courage,"  
to go where you are to go,  
to do that which  
you are to  
do!

May 6, 2013

Come.  
Rise-up,  
and walk with Me,  
the day is set for you to see  
the opportunities  
awaiting  
thee.  
And  
The  
Holy  
Spirit  
s a y s:  
When the  
opportunity  
presents itself,  
choose 'wisely.'

May 5, 2013

What you hold within you,  
to the measure it is within you,  
that which you create, holds this too,  
this piece of you. Therefore, before  
you do anything, clean the inner-  
chambers of your being, and let  
My love flow, through you.  
Once this is done,  
all you do  
will be filled  
with My love, which  
is passed through you.  
And The Holy Spirit says:  
The first thing you must attend to  
is taking care of that which is growing  
within you; and then all you do will be  
a shining example of the glory of God.

May 4, 2013

In  
wisdom  
you must know  
that you are responsible, for  
your thoughts, your words, and your deeds.  
And The Holy Spirit says:  
Once you are able to accept responsibility, total  
responsibility, for your thoughts, your words  
and your deeds, then, and only then,  
will you come to know freedom;  
for you will no longer be  
a victim, of what another  
does, or says; you will be  
free, knowing that when  
you choose, you choose  
to be in the light,  
and the love,  
and the peace of God;  
this will, truly, set you free.

May 3, 2013

A temptation has 'no power, over you,'  
until you say yes. And The Holy Spirit says:  
To consume that which is set before you,  
you must take the food into your mouth, and eat.  
To drink that which is set before you, you must  
lift the cup, and drink. To get caught-up  
in the dance, you must first, join-  
in, and move your feet.  
You choose:  
the food;  
the drink;  
and, the dance.  
Therefore, be mindful,  
and remember, the temptations  
that you see have no power over thee,  
until you choose. This is great news. See the  
temptations, turn your back, and walk into the light.

May 2, 2013

Be vigilant. Be watchful. For  
that which comes from within you, is a sign,  
of that which is in you. Be vigilant. This is a key.  
And The Holy Spirit says: Watch for the signs. Pay attention  
to the signs. Read the signs, and you will 'know,' which way  
you are to go. If that which comes from within you is 'peace, and  
light, and love, and joy,' then, throw your arms-up into the Heavens, and  
sing and dance, showing God's great glory; however, if that which comes from  
within you is 'of shadow and darkness,' read the sign, go quickly to a place where  
you can release all of the heavy burdens you are carrying, cast them from you,  
and you will feel God's light, begin to permeate your being. Read the signs.  
Sometimes, it is a sign to dance, and sing. Sometimes the signs say  
clearly, "Be still, and bring all that you have within, so that you  
might begin to clean-up, refresh, and make new,  
rejuvenate the spirit, that is truly you!

May 1, 2013

When  
you love  
another, your heart is open, wider,  
to all the possibilities, presented in  
the gift of experiencing living,  
upon Earth,  
united, as one.  
And The Holy Spirit says:  
To experience Heaven upon Earth,  
one must be open to the presence of love.  
Love is the thread which entwines the hearts,  
the souls, and the spirits, bringing them closer,  
and closer together. Love is ~ the necessary in-  
gredient to being as one; this is the connector,  
'Love is God.' And this is what God meant:  
'All united as one!' And it comes, when  
each one opens to the love of God.  
The more you open, and re-  
ceive, the closer you  
are to being  
united as  
one.



April 30, 2013

Enslaved labor  
will never produce the quality  
of the product produced by the hands  
of the willing workers, those who  
come together for a common goal.  
And The Holy Spirit says:  
The children of God are not slaves.  
The children of God have been given  
free-will, allowing them to do as they  
desire to do, to create that which they  
desire to create; therefore, the gift created  
by willing hands, is a gift worthy  
for God.

April 29, 2013

If you will take the time to tend, and  
weed the garden of your thoughts,  
your work will be richly rewarded.  
And The Holy Spirit says:  
When you are gathering a bouquet  
to present to a special person,  
you do not include: wilted  
flowers, weeds, or  
poison ivy.  
You select flowers that are vibrant, or brilliant white,  
colors that you hope will excite the person  
who is to receive the bouquet.  
Think of your thoughts  
in this way.  
Guard  
your thoughts  
carefully this day, so  
that when night falls that  
which you hold within you is a  
"sacred bouquet of the thoughts"  
you have gathered during the day.

April 28, 2013

The  
thoughts  
which you harbor,  
giving sanctuary, within your being,  
give birth to the words you say, and  
the things you do.

That which  
you display  
is an outward  
sign, of the inner you.

And The Holy Spirit says:

It is time to do some inner-work,  
to unclog the passageways within you  
For, over the years, as you have walked  
upon the Earth, you have stored away boxes  
of: anger, frustration, hurt, disappointment; and  
these boxes, these things you are holding within you,  
are obstructing the flow, of the power, of God. It is time  
to take charge, and cast from you, those things that are rob-  
bing you, of complete union, with The Creator; it is time to do  
the inner-work necessary, so you might feel, the full connection,  
and grow. Today, go inside find a box and cast it from you!

April 27, 2013

Stop  
judging by  
human standards,  
and raise the bar so high that  
all wisdom flows through you, and  
from your eye comes no judg-  
ment, comes none but love.

And The Holy Spirit says:

When the seals  
are peeled back  
from eyes which  
once "judged, by  
human standards,"  
the light is revealed;  
all things are seen anew,  
as God is seeing, through you!

April 26, 2013

Anger  
is lethal, it kills. Forgive-  
ness is the balm, which heals, all things.  
And The Holy Spirit says:  
For the one who "forgives all things," the experience  
upon Earth is filled with light, and promise, and love.  
For the one who does not forgive, the experience  
of life upon the Earth is in darkness  
and shadow.

April 25, 2013

Go-out into the world, the world created by humankind,  
and deliver the love, deliver the light, and deliver the peace.  
And The Holy Spirit says:  
Wherever you find yourself, it is your choosing: to move forward  
in love, and light, and peace; or, to remain in the shadow, and  
darkness. If you are going-out into the world of humankind,  
the world created by mankind... then... you must decide.  
Decide ~ now! Do you go in shadow, and darkness;  
or do you go to deliver the love, and the light,  
and the peace of God? Start your day  
in this Way, "choose wisely,"  
what you will deliver  
unto the world,  
and all those  
around  
you!

April 24, 2013

If you  
pay attention,  
listen and earn  
the ways of the world,  
the ways of the world  
will be what you know.

If you pay attention,  
listen and learn  
from My  
Ways,  
Then  
My  
Ways will  
be what you learn.

And The Holy Spirit says:

Do not be robbed of your glory.

When you close your eyes to the ways of  
the world, you will see, and know, and be! You will  
be as you are intended to be of Spirit upon the Earth!

April 23, 2013

Reject the temptation  
to compare your journey  
upon Earth to the journey  
of another; for, as they can be  
very similar, they are unique.  
Each journey is unique, un-  
to each child. Therefore,  
embrace your journey  
and respect the  
journey of  
others.

And The Holy Spirit says:

Celebrate the differences,  
the experiences, that are unique  
to each of you. Celebrate the comings,  
and the goings, the grandest, and the smallest, be-  
cause each journey is distinctly designed for the traveler,  
completing a cycle, that once done will register divine. Do not  
be tempted to move one traveler to another track. Each journey  
must be complete, as set; and once the cycle is complete, the traveler  
is free to move-on to a new place to a new design to a destiny, divine.

April 22, 2013

The  
unseen is  
the garden, where-  
in the seen does dwell.  
And The Holy Spirit says:  
It is springtime. Flowers are beginning to  
make their way-up through the surface of the soil,  
opening their petals, unfurling their glory in the light  
of the sun. But look around you, and see how it is done.  
The flower that springs-up from soil that is lacking in  
nourishment, that is weak, rocky, or riddled with  
roots of weeds, will not reach its full potential,  
will be small, will be easily weakened  
by lack of water, or pests,  
insects of any kind.  
But the flower  
that springs-up  
from the soil, which  
is rich in nourishment,  
which has been well-tended,  
well-weeded, rocks removed, loved,  
that flower will rise-up strong, grow to  
its full potential, and be able to ward-off all  
that comes to it, because of the strength, which lies  
beneath it. The unseen produces the beauty of the seen.

April 21, 2013

I AM The Light. You are of Me; therefore, you are the light!  
When you come to acknowledge and accept this, your light becomes  
complete, whole, perfect. When the light is complete, whole,  
and perfect, it knows no darkness. And The Holy Spirit says:  
God has given you an example of the perfection of the light,  
walking in the world. The light can move into darkness,  
yet not "know," the darkness, for the light is complete  
in God. Know this: life eternal, true life, is possible  
for you to experience, fully while you walk upon  
the Earth. It is a truth that has seemed elusive  
and evasive, for almost all of human kind; yet,  
it is The Promise it is available and it is  
time for those of you who are ready, to  
stand-up and claim the whole and  
perfect life eternal life while you  
are walking upon the Earth. You  
have been given the example!  
Now it is time for you  
to experience, and be  
The Light of The  
World!

April 20, 2013

Sunrise  
proclaims  
the beginning  
of the New Day,  
when the children  
begin to rise-up, to go-out to work,  
and play. As surely as the day begins, and the sun  
has risen, you have been blessed, you have been given,  
another opportunity to create, to create perfection,  
wherever you go. You have been given  
the gift, and it is today.  
And The Holy Spirit says:  
You have been given the gift.  
Some gifts have a shape, a size,  
a weight, a measurement. You can point  
to the gift, and it is defined, there for all to see.  
But in the gift you have been given, this gift of the day,  
it is unseen: you do not have a box where you can put it; you  
do not have a counter where it can be displayed; yet, now that  
it has begun, it will not be complete, until the day is done. And  
then, it does not just slip away, it moves into eternity and lives.  
This day, that is yours to create, will live for eternity. Create  
the day in such a Way that shows you know this!

April 19, 2013

No  
matter  
what falls to you  
to do today, do your best,  
be it small in scope, or grand in design.  
And The Holy Spirit says:  
When you approach every task, or  
challenge, with the intention of  
doing your best work, you gain  
confidence, in what you are doing;  
and, in what you have done. Embrace  
the day, and let it  
be, your  
best.

April 18, 2013

Focus on  
what you are to do,  
do not be distracted by  
what others are doing.  
And The Holy Spirit says:  
Let your heart  
sing-out  
as you  
set about  
the tasks, of  
the day, infusing  
work, with joy and praise,  
for the accomplishments of the day.

April 17, 2013

Turn your head  
from gossip, and  
other petty things,  
and be the source of  
inspiration for others.  
And The Holy Spirit says:  
Encourage others  
to live  
their  
dreams,  
to banish  
fear, and doubt,  
to follow their heart.

April 16, 2013

Watch for the signs,  
which will show you the way.  
And The Holy Spirit says:  
You are living in a fast-paced world, it is  
easy ~ to wander into darkness. Be vigilant  
and you will recognize the signs, which will  
show you The Way and the temptations,  
which will lead you astray. In wisdom  
you will come to "know,"  
the difference.



April 15, 2013

Do not  
give safe harbor  
to negative thoughts; for  
if you do, the storm will rise-up  
from within the harbor, from within you.  
And The Holy Spirit says:  
Negative thoughts are the breeding ground for ill-chosen words.  
Do not let your thoughts wander into shadow and darkness.  
Keep your thoughts filled with light and the course  
of the day, will be bright, and The Way will be clear.

April 14, 2013

There  
are some,  
who see the light;  
there are some, who embrace the light;  
and there are a few, who, in wisdom,  
acknowledge, they are the light.  
And The Holy Spirit says:  
For the one  
walking  
in shadow  
and darkness,  
the sight of a light,  
glowing in the distance, is a gift.  
For the one who travels far toward the light,  
getting warmer, and warmer in its glow, embracing  
the light, and all it gives, is a gift. But then the day comes,  
when you are taught, and come to know, that, that magnificent  
golden glow, is within you, you no longer see the darkness, all you  
come to 'know,' is that golden glow, emanating from the light, within you.

April 13, 2013

That which you seek  
you will find. Therefore, to-  
day, seek the sacred, seek the divine.  
And The Holy Spirit says:  
Rise-up. Shake the dust from your shoes;  
in fact, take-off your shoes, and run,  
and play, in the light, of God.  
This will promise a most  
glorious day; take-  
off your shoes,  
go-out and  
play!

April 12, 2013

Right now, at this moment,  
as the new day begins, let it be your  
intention, not to join-in the creation or  
perpetuation of negative energy.  
And The Holy Spirit says:  
Today, and all time, will  
be blessed, if you will  
join-in the mission  
of light and love  
and peace.  
Where  
there is shadow,  
and darkness, be the light.  
Where there is anger, and hat-  
red, be the love. Where there is  
aggression, and chaos, be the peace.

April 11, 2013

Today, open your eyes, see, with  
your heart, and soul, and spirit,  
and you will see The Glory, in  
that which I created, in that  
which is set before you.

And The Holy Spirit says:

See the love  
of a parent  
for the child.

See the trust, of  
a child, for the parent.

See the compassion, in one  
serving another. See the gen-  
erosity, in one assisting another.  
Open your eyes, and see, the unseen!

April 10, 2013

Do  
not be  
distracted by  
what others say to you, or about you,  
focus on what we can do, together.

And The Holy Spirit says:

When you are able to remove ego  
from the situation,  
and reconnect  
with God,  
you see,  
from a  
different  
perspective, an  
enlightened perspective,  
and The Way is made clear.

April 9, 2013

Do not swap evil  
for evil, curse for curse;  
wherever you go, bless the Earth.  
And The Holy Spirit says:  
Be kind, generous and compassionate,  
and you will not become ensnared  
in conflict; although conflict  
might swirl around you,  
you will walk in  
The Light, of  
God.

April 8, 2013

Feed the hungry.  
Give drink to the thirsty.  
And The Holy Spirit says:  
Practice generosity. Be charitable.  
Do not ignore those in need.  
The one willing to give  
will always have  
more to  
give!

April 7, 2013

If  
you will  
set aside the ways  
of the world you will  
know Heaven upon Earth.  
And The Holy Spirit says:  
Release 'the ways of the world,'  
which have 'grown,' upon you,  
and in you, and around you.  
Cast them from you! Re-  
ject forever, the ways:  
of anger and hatred,  
of greed, of arro-  
gance, of fear,  
of doubt, of  
accusations  
and judgment;  
for, they do not serve you well,  
and participating in such energies marks you, as 'one,  
of the world.' Embrace the things 'of Heaven,' bring it on-  
to the Earth, by: what you say, and what you do; I say unto you,  
embrace: compassion and understanding, generosity, forgiveness, hu-  
mility, courage, confidence, trust, hope; and deliver these things to Earth,  
for these things will mark you as 'one from Heaven,' experiencing Earth.

April 6, 2013

Choose to be  
in the company of those  
who know how to celebrate well,  
the gift, the glory, of the new day.  
And The Holy Spirit says:  
If there is work to do let it be done with  
enthusiasm. If sitting quietly is what you are  
to do, let it be done in a contemplative mode.  
If dancing is what you are to do, let it be  
done with exuberance. If singing is what  
you are to do, let it be done joyfully.  
If praying is what you are to do,  
let it be done sincerely.  
Everything  
that you  
are to do  
can be done,  
on a positive note,  
celebrating that which  
you are doing, and lifting-it-up,  
for the glory of God. Seek the company of  
those who know how to do this, so that you too  
might celebrate the gift, the glory, of The New Day!

April 5, 2013

The  
goal is realized  
one step at a time.  
And The Holy Spirit says:  
You will not make progress  
focusing on what you have  
done in the past, you will  
come to a stand-still  
doubting, or fear-  
ing the future.  
Success  
is achieved  
in the present  
piece of eternity,  
taking one-step at a time,  
reaching-out to take The Hand  
of God, every day, following The Way.

April 4, 2013

The well of kindness  
is deep and overflowing.  
And The Holy Spirit says:  
The more gifts of kindness  
you deliver, the more  
there is to give.

The well  
of kindness  
flows, and when  
it flows through you,  
you bless, and are blessed,  
you give and you receive.

April 3, 2013

When you deliver compassion  
and understanding to another, you  
come to know the sweetness of the gift.  
And The Holy Spirit says:  
Wrapped in the blanket of compassion, and  
understanding, one finds comfort  
and peace, a place to rest  
in the arms  
of God,  
a place  
to be healed,  
and to be made whole.

April 2, 2013

True  
happiness  
is carried within  
and is exhibited by  
what you say and do.  
And The Holy Spirit says:  
When you are at peace,  
with yourself, you can  
experience true  
happiness!

April 1, 2013

Do  
not let  
yourself  
get lost in  
shadowy thoughts,  
make the correction necessary to move into the light.

And The Holy Spirit says:

As soon as  
you feel  
shadows  
closing-in  
around you,  
make your way  
to a place of light  
and the day will change  
from darkness and be bright.

March 31, 2013

As  
the sun  
rises to greet the new day  
there is opportunity, for  
resurrection,  
for rising  
from  
darkness,  
and shadow,  
into The Light  
of promise, and glory.

And The Holy Spirit says:

Rise-up, and sing of the glory; for, you  
have been given the sign that life is eternal.



March 30, 2013

Do  
not let  
what others say  
be the temptation  
that leads you away  
from the truth, that  
you carry within,  
written on your heart.  
And The Holy Spirit says:  
You are a unique child of God;  
you have a special mission that is yours  
and yours alone. Do not forsake that  
which is within you, so that  
you might fit-in better  
to the ways  
of the world.  
Do not be tempted  
from the ways of God.  
Stand-up, rise-up, and let  
that, which you truly are  
shine for all the world to see.

March 29, 2013

Held within every challenge  
is the shadow, of temptation,  
and the light, of opportunity.  
And The Holy Spirit says:  
When you become lost, and forlorn,  
within the challenge, you sink into  
the shadow, of the temptation;  
but when you see  
the challenge  
as the opportunity  
it truly is, the light shines,  
and overcomes all shadow  
and darkness. It is there  
for you to see; see  
the shadow;  
see the light;  
and then, make  
your choice; in wisdom,  
you will always choose the light.

March 28, 2013

When you put your trust in Me, you live  
life upon Earth without worry, and anxiety.  
And The Holy Spirit says:  
When the realization comes to you, that really, all  
you need to do is your best... and then rest,  
knowing, you've done your part.  
Be at peace, and  
trust; in  
so doing  
you will feel  
your shoulders lower,  
your back get more comfortable,  
and a smile will beam joy, from your face.  
Trust in God. Nothing can replace trusting in God.

March 27, 2013

Protect the gifts you have been given, and you  
will be able to 'count on them,' when need arises.  
And The Holy Spirit says:  
When the cook has a well stocked pantry, the cook is prepared  
to feed few, or many; when the tradesman takes care of his tools,  
and keeps the tool box replenished... he is able to mend, repair,  
maintain, or build when necessary. The pantry, the tool box,  
they are very much like your spiritual chest, your treasure  
chest... wherein The Gifts of The Holy Spirit... are held  
safe, and secure, ready for when the time comes,  
and you need them. Be vigilant, guard  
your treasure, and be prepared  
to use the gifts, you  
have been  
given!

March 26, 2013

Once you understand,  
that forgiveness is the key  
that will set you free, you  
will not hesitate to use it.  
And The Holy Spirit says:  
Once you know the import-  
ance attached to the key  
of forgiveness, you will  
insert it in the door,  
the door that has  
been blocking  
a portion of  
God's love  
and light  
and peace,  
flowing to you;  
and with reverence  
you will turn the key,  
and the door will fly open,  
and God's love will surround you,  
and enfold you and you will resume  
the life you were meant to live, free at last.

March 25, 2013

Every  
good deed  
is conceived, and  
borne within your thoughts.  
And The Holy Spirit says:  
Do not let the temptations of  
doubt,  
and fear,  
and concern,  
lead you away,  
or distract you,  
from the deed  
of the day:  
the deed  
that  
will be sweet,  
good, fulfilling; the deed that was conceived  
within your thoughts; do not be distracted,  
give it birth, and bring onto the Earth,  
the fulfillment, of the good deed,  
created in your thoughts.

March 24, 2013

Do not  
speak, unless it is  
with kindness and compassion.  
And The Holy Spirit says:  
Procrastination leads to regret.  
If there is forgiving to do,  
forgive, today! If there is  
repenting to do, repent today!  
If there is loving to do, love today!  
If there is dancing to do, dance today!  
If there is singing to do, sing  
today! If there is living  
to do, live  
today!

March 23, 2013

When you take the time to sit  
with another, and listen to what  
they say you give the gift of love.  
And The Holy Spirit says:  
When you listen to what another is saying, you  
will 'know,' what is written on their heart.  
Listen with love, compassion, and  
understanding; listen, without  
judgment, or chiding; and  
the speaking, and the  
listening, will be,  
as, a prayer.

March 22, 2013

That  
which is unseen,  
can be seen; the power  
of the unseen is exhibited  
through words, and deeds.  
And The Holy Spirit says:  
You cannot see love, or com-  
passion, or gentleness, or  
forgiveness; but you can  
see love, compassion,  
gentleness, and for-  
giveness, living,  
in another's  
words and  
deeds.

March 21, 2013

If  
you  
choose  
to hold  
a grudge  
you carry a  
heavy burden.

And The Holy Spirit says:  
When you grow weary  
of carrying a heavy burden,  
set it down, and you will feel lighter,  
and better able to complete the journey.  
free yourself of anger and hatred, hurt and pride,  
and your journey upon Earth will be a joyful experience!

March 20, 2013

Take  
time to pray,  
take time to play, and  
you will create a perfect day.

And The Holy Spirit says:  
Add laughter and prayer to your workday,  
and the day will be balanced, well rounded, and  
complete; you will create a day which is blessed, with each.

March 19, 2013

Do  
not look  
back, in sadness,  
or frustration, see the  
challenges you experience as  
life lessons, and continue the course  
to perfection! And The Holy Spirit says:  
See every challenge as a lesson, a  
graduate course,  
toward the  
goal of  
perfection.

March 18, 2013

Today,  
do not smile  
on just a chosen few,  
smile on all, who come to you.  
And The Holy Spirit says:  
Let a smile be the greeting for everyone today.

March 17, 2013

I give you life, so you might live,  
now focus, with intention, on that  
which you are to give as a gift,  
from Me, through you, to Earth.  
And The Holy Spirit says:  
Do not take your eyes from the light,  
letting them wander here or there,  
stay focused on the mission, and  
then, your journey there,  
upon the Earth,  
will be filled, with  
wonder, and delight;  
for you will know the  
miracles, of the day, and the night.

March 16, 2013

Get  
ready,  
and be prepared.  
Be watchful, and when the time comes,  
when 'The Wind,' blows over the Earth,  
your sails will be full and you will fly.  
And The Holy Spirit says:  
The ship that is ready will catch The Wind,  
and fly, into the sky, it will go, knowing  
no boundaries, flying free.  
The ship,  
unprepared,  
with sheets and lines  
tangled, and sails tattered and torn,  
will be caught-up in The Wind, but it will be tossed,  
from here to there, unable to fly. Be watchful. Be prepared,  
for the time of the great movement is upon you. Will your sails  
catch The Wind, or will they be a tangled mess, and leave you  
dead in the water, never 'knowing,' what could have been?

March 15, 2013

Do  
not miss  
the opportunity  
to open your arms, and  
embrace the majesty, of the moment.  
And The Holy Spirit says:  
Each moment is a pearl, an opportunity  
unfolding, a thing of beauty,  
a gift from God.  
Do not  
turn away  
and miss the pearl,  
the opportunity, the  
beauty, the gift, embrace  
the moment, and celebrate.



March 14, 2013

Use the  
opportunity to  
create something  
good! This day is here,  
and it is yours to create!  
And The Holy Spirit says:  
Celebrate 'the gift,' of this day by  
creating: joy, happiness, peace, and love!  
Dance and sing as if for the first time; for,  
The Glory of God will shine this day, through you!

March 13, 2013

Prepare for each new day, as the adventure, it is. And The Holy Spirit  
says: When packing to go on a trip, or great adventure,  
you do not pack dirty clothing, or without  
thought. You clean your clothes,  
and fold them with care,  
packing thoughtfully,  
only, what you will need,  
so you will not be weighed down,  
or carrying a heavy load. As you prepare for  
the adventure of today, make preparation so that which  
you carry, inside, is not a burden, but a source of great comfort; begin  
today, forgiving all things, get rid of all heavy baggage, and burdens and  
then, begin your journey. The new day is here. Let the adventure begin.

March 12, 2013

An  
orderly  
progression  
will achieve  
the desired  
result.  
And The  
Holy Spirit  
says: If you  
stay the course,  
distractions will  
not lead you astray, as you  
make your way through this day.

March 11, 2013

When you take the time  
to help another, one  
flower becomes  
a garden.  
And The  
Holy  
Spirit  
says:  
A kind  
thought is  
as a flower;  
performing deeds  
of kindness, brings forth  
a garden; and so, it grows!

March 10, 2013

Wisdom  
was conceived  
within Me, borne on  
My Breath, as I sent Her  
forth to move over the Earth,  
as mist, settling on those, who  
will accept Her, a gift from God.  
And The Holy Spirit says:  
Many times throughout every day, all  
of the children of God, upon the Earth,  
have the opportunity to say, "Welcome  
Wisdom. Come to me. Fill me with  
the things of God!" This is all that  
is required, and Wisdom will live  
with you! Do not turn your head,  
because the things She whispers  
might be 'hard to do.' Take  
Wisdom, by the Hand,  
and let Her live,  
and reside,  
within  
you!

March 9, 2013

The Dimension of Perfection is known by many names,  
one of them is Heaven, one of them is The Kingdom of God.  
I assure you it is real; it is all around you; and it is within you;  
it is the place I call Home, and it is your Home as well; for, you  
are not created for a season, you are created for the reason,  
of living, for eternity. Your life, your experience, your  
knowing, is meant to be eternal... and it is! And The  
Holy Spirit says: Your journey upon the Earth  
changes, in a most amazing way, when you  
remember, that this is Heaven.  
Heaven is within you, and  
all around you. This is  
an experience, a piece  
of your eternal life-  
time; it is important.  
Experience this day, in  
a 'knowing, way!' Open to  
The Presence of God, all around you, and  
within you; as you walk upon the Earth, in this state  
of union with Home, you bring Home more fully onto the  
Earth; the veil parts just a bit, and that which is unseen is seen!

March 8, 2013

The  
possibility of  
success is present  
only... when you open  
the door to opportunity.  
And The Holy Spirit says:  
The goal can never  
be reached, if  
you do not  
try; for,  
it is in  
the trying,  
that the goal  
is reached. Held  
within every opportunity  
is the possibility of success!

March 7, 2013

Spring  
is just around  
the corner, with trees  
ready to unfurl their leaves,  
and plants pushing-up through the soil  
to blossom and flower; life in all of its glory  
emerging from sleep to tell a new story,  
and celebrate the glory of Earth.  
And The Holy Spirit says:  
Spring forth into this new day,  
this new season, this new  
reason to celebrate  
life, by living  
your story  
in a way  
to bring glory:  
to God, and to birth,  
and to all of the Earth.

March 6, 2013

If you  
let fear  
take-up  
residence,  
within you,  
it will block  
every doorway,  
and lock every window.  
And The Holy Spirit says:  
Fear is a jealous companion, it will keep you  
from opening doors to new experiences,  
and windows of opportunity.  
Cast fear aside,  
and live in the light,  
for you are a child of God!

March 5, 2013

This day  
is set before you  
very much like a clean slate,  
or canvas; it is your opportunity  
to create 'a masterpiece.'  
And The Holy Spirit says:  
Have fun filling your canvas  
with colors, adding thoughts,  
and words, and deeds for definition,  
and excitement; for you are the artist,  
creating the masterpiece,  
of a new  
day.

March 4, 2013

Focus  
on that which  
you are to do today,  
and bless the entire day  
before you move into it.  
And The Holy Spirit says:  
Make it your intention  
to set a course for  
perfection  
this day;  
for this day  
is yours to live  
upon the Earth, as  
you 'choose to live.'

March 3, 2013

Those  
who are willing,  
those who have the courage  
to answer the call will be rewarded,  
greatly, as they will live their life, upon  
the Earth, in a constant state of miracles!  
And The Holy Spirit says:  
Once you release your fear, once you set aside  
doubt, and answer the call, and go, where  
you are led to go, and say, what you  
are led to say, and do, what  
you are led to do,  
you are blessed,  
because you  
see, growing  
all around you,  
that which you would never  
have known before: before the call,  
before the courage, before the miracle!

March 2, 2013

When you  
set your intention  
to create a perfect day,  
you declare it, thus; and,  
that is what you experience.  
And The Holy Spirit says:  
Do not let 'the standards of the world,'  
impede your progress, or distract you,  
from your desire to create 'perfection,  
upon Earth;' for, it is possible. What-  
ever you create lives. Set your  
intention now and let  
the coming day,  
be a day  
created, in  
its inception,  
from your desire  
to create perfection!

March 1, 2013

Today,  
let it be  
your intention  
to go beyond that which appears obvious,  
and move into that which is truly divine.  
And The Holy Spirit says:  
Today, you will have 'the opportunity:'  
to go beyond the obvious; to choose  
the divine. When you  
encounter  
individuals  
who are angry,  
upset, disturbed, frustrated,  
sad, lonesome, in chaos: be still; see  
what appears to be obvious, but then, go within,  
and ask for guidance; be still, and let understanding,  
and compassion, move through you, and you will see; you  
will see a state of divinity, that is all around you; it will outshine  
the shadow of the obvious, and you will truly move into the divine.

February 28, 2013

In order to experience Heaven,  
while living upon Earth, the place you  
begin is to change your perspective from within.  
And The Holy Spirit says:  
Do not concern yourself at all, with what others are  
thinking, saying, and doing. Let your intention be  
that you will experience Earth this day, knowing  
you are a child of God, and Heaven is with you.  
So, report to Heaven what you are thinking  
and saying and doing, how Earth is  
glowing, how Earth is singing,  
how you are knowing;  
experiencing Earth,  
experiencing Heaven,  
experiencing life as  
it is meant to be.

February 27, 2013

Whenever  
you find yourself  
embroiled in conflict,  
do not 'assume,' you must  
stay there; 'remove yourself,'  
from the situation by being still!  
Go within; hold onto the intention  
of perfection, and you will rise out of  
the rubble, into the light. All it takes  
is the desire  
to do so.

And The Holy Spirit says:  
You can rise above anything.  
The ability to do so lies in your intention  
to do so. You can rise above anything!

February 26, 2013

You must remember,  
you 'choose,' what you do;  
therefore, set your intention  
before you begin every day;  
and, let it be an intention  
that will show The Way,  
as you walk  
in the light,  
and the glory  
of All That Is,  
of all that I send to you.

Remember, it is you that will  
choose choose to show The Way.  
And The Holy Spirit says:  
Let this day be filled with glory, and light.  
Let it be surrounded by love, loving arms  
gathering all who come near you so  
that you might show, them, The Way.



February 25, 2013

It is important to set 'an intention,' for every day,  
before you begin the day, so that you might not  
'be tempted,' to slip into darkness or shadow  
at any portion, piece, or part of the day.

And The Holy Spirit says:

Every day,  
each new day  
dawning, is a gift,  
a gift meant to be celebrated,  
to the fullest measure; therefore, be vigilant;  
do not let yourself 'slip into negative energy;'  
be joyful, and celebrate the gift you have been  
given. Celebrate the dawning of a new day.

February 24, 2013

When one delivers good news,  
it is delivered in a state of peace,  
contentment, joy, and celebration.

And The Holy Spirit says:

One cannot deliver good news: in a tearful state;  
in a state of confusion and chaos; in a state of anger  
or anxiety, worry or concern. And part of your mission  
upon Earth is to deliver the good news. Clear yourself:  
of frustration, of anger, confusion, chaos, a mournful  
spirit, a lamenting heart. These things are not  
the signature of those who 'know,'  
they are, already, living in  
The Kingdom  
of God!  
For verily  
I say unto you,  
The Kingdom of God is with you,  
within you, near to you. And when one knows  
this, they dance with joy, and sing-out the good news.

February 23, 2013

To know the light you must open to the light.  
And The Holy Spirit says:  
When you choose isolation, when you choose  
to close the shutters on the windows, of  
your abode, and lock tight the door,  
it is possible for you to experience  
darkness when the sun is shining  
all around you. It is time:  
to throw open  
the windows  
and the doors;  
to walk outside,  
and feel the warmth of the light;  
to accept, and embrace, the raindrops;  
to see the glory of the day, and the majesty  
of the night. To experience these things, you  
must, throw open the windows, and the doors.

February 22, 2013

The wise choose to drink  
from the cup of nectar,  
rather than to drink  
from the cup of poison.  
And The Holy Spirit says:  
You do not feed your physical  
body food which is:  
damaged,  
rotten,  
spoiled or  
suspect; be  
selective about  
what you feed your  
spiritual body, as well.

February 21, 2013

The one who 'knows,' inner-  
peace, can calm troubled waters.  
And The Holy Spirit says:  
The one who knows inner-peace  
has a different perception  
of life upon Earth,  
bringing  
resolution  
to disillusion,  
bringing peace, where  
once chaos did reign!

February 20, 2013

If  
you  
believe  
only, in that  
which you can see,  
you are not living fully,  
you are 'limiting,' your ex-  
perience to the material world.  
And The Holy Spirit says:  
The 'most powerful experiences,' occur  
when you are 'touched, by the unseen,' and  
waves of grace, move, throughout your being:  
majestic, mystical, spiritual, parting the veil, just  
a bit, so you can see, a very small piece, of eternity.

February 19, 2013

The rising Son  
heralds the birth of  
a New Day and out of  
darkness, comes The Light.  
And The Holy Spirit says:  
The majesty of a son-rise  
is beheld by the few,  
who watch for  
the sign,  
rise-  
up,  
and go to a place  
where they can behold  
the miracle, and welcome the  
new day, and the promise it holds,  
as it unfolds, from The Hand of God.

February 18, 2013

That which has been dormant,  
in the Winter, is preparing to  
blossom... come the Spring.  
And The Holy Spirit says:  
As winter moves into  
its final days,  
it is time  
to plan  
the garden,  
you will grow  
in the Spring, placing  
the seeds, with care, water-  
ing, weeding, and watching, as that,  
which was once beneath the earth, rises-  
up, in the warmth, and the light, of the sun.

February 17, 2013

You  
are meant  
to walk upon the Earth,  
showing The Way; and while you are doing  
this, you are meant to be at peace, and joyful.  
And The Holy Spirit says:  
You cannot be at peace, within, until you break  
the chains, you are carrying with you,  
and begin  
actively  
forgiving  
all things! And  
once this is done,  
and once you are free,  
the sun will shine greatly  
upon thee and you will  
know peace from within!

February 16, 2013

The  
effort  
you put forth  
to climb-up the mountain,  
strengthens your physical body, strengthens  
your heart, strengthens every muscle; the effort you put forth  
to climb the spiritual mountain does the same; your heart is  
stronger, because of the loving filling it; your thoughts are  
grand and glorious, because of the light filling you;  
and your deeds, your deeds are of Heaven, less  
of Earth, because you are ever nearer  
to the goal, and its worth.  
And The Holy Spirit says:  
The effort you put forth  
to accomplish a goal  
is always worth the  
trying, the challenge; it  
becomes your opportunity  
to experience that, which you  
would not experience but for  
the trying but for the challenge,  
but for the opportunity accepted.

February 15, 2013

With every sunrise there comes a promise  
of a new day a new opportunity and  
it rests in your hands. The promise,  
the day, the opportunity, are yours.  
And The Holy Spirit says:  
You have been given the promise  
of a new day, and all the  
opportunities  
held within  
the promise,  
and the new day.  
What you do, with the  
opportunity, is all up to you.  
What will you do, with this new day?

February 14, 2013

There is something  
far beyond the ability to say,  
"I was loved greatly!" and that is  
the ability to say, "I loved greatly!"  
And The Holy Spirit says:  
The ability to love comes from within  
when you are ready to begin  
letting the love of God  
flow through you!

February 13, 2013

Every kindness, you show  
another, restores their faith  
and renews your strength.  
And The Holy Spirit says:  
Practicing kindness  
is an exercise  
of faith,  
which will be  
a source of strength,  
and confidence for you, and  
a source of encouragement,  
hope, and promise, for the one  
touched so tenderly by the gift.

February 12, 2013

"The Secret"  
to a rich, full life  
is to give-away that  
which you are seeking.  
And The Holy Spirit says:  
If you seek love, today, give  
the gift, of love, to another,  
and you will know love.  
If you seek kindness,  
give the gift  
of kindness  
to another, and  
you will know kindness.  
If you seek forgiveness, today,  
give the gift of forgiveness to another  
and you will know forgiveness. In giving,  
you come to know that which you seek  
is found within you! Seek and you shall find!

February 11, 2013

Relax  
your shoulders,  
loosen your back,  
and resolve to take  
the day one-step at  
a time 'knowing,'  
I AM with  
you! And  
The Holy Spirit  
says: Knowing  
God is with you,  
every step of The Way,  
will bring renewed confidence  
for the journey, of each day!

February 10, 2013

I  
sent you  
into the world,  
so that you might bless the world,  
so that you might leave the world  
a better place, because of your  
presence, within it.  
And The Holy Spirit  
says: I AM in you.  
I flow through you.  
It is so because this is  
as God directed it to be.  
I AM the breath, within you.  
And as you feel, this breath, of Spirit:  
it is meant that you move amidst those things  
of the world, making it a better place; it is for you, too,  
be the light rather than to add to the shadow and darkness.

February 9, 2013

When you can stand in the face of anger and hatred,  
chaos and confusion, with the winds of turbulence, raging  
around you, and feel My love flowing through you, you  
will know the power of a peaceful presence within you.  
And The Holy Spirit says:  
Be joyful for every situation that comes to you,  
each scenario of anger, you encounter; for,  
these are tests, and trials,  
preparing you  
for the day, when  
the winds will rage  
about you; yet, you will be  
at peace, from within you! This is  
practice, for turbulent times; the raging  
winds will come; yet, you will know only peace.



February 8, 2013

When you are willing  
to do the work, My light  
will show you a way! And  
you will be amazed at that  
which we can do together!  
And The Holy Spirit says:  
When you are in darkness,  
even simple tasks  
are difficult  
to complete;  
but once you  
are in the light,  
and can see, the task  
is completed... with ease.  
The light enhances competency,  
and you can see what you are doing.

February 7, 2013

When  
you are centered  
from within, you will  
not lose your balance.  
And The Holy Spirit says:  
When you are at peace,  
in balance and  
harmony  
from within,  
you find it possible  
to move through the waves  
of the world undisturbed.

February 6, 2013

Do  
not  
focus  
on what  
others say,  
or do, or why  
they say, or do it;  
for, these 'distractions,'  
will lead you into 'their energy.'  
And The Holy Spirit says:  
Use your time wisely, investing in thoughts of love, words  
of kindness, and deeds of compassion, and your gain will be 'wisdom.'

February 5, 2013

My ways will refresh the soul, and  
renew the spirit of those once ensnared  
in the complex, tangled webs, of the world.  
And The Holy Spirit says:  
Wisdom breaks down the complex, delivering  
clarity, where once confusion did reign.  
In the light of God, the once  
weary heart, can sing!  
Rejoice, for  
now, I  
see.

February 4, 2013

Create a wonderful day! Before  
it begins set your intention and  
pave the way, with loving thoughts.  
Then as the hours go by watch  
your creation take form, and  
become a wonderful  
day, the day  
you created,  
before it began.  
And The Holy Spirit says:  
That which you create in your thoughts,  
that which you believe, will be that which  
you experience; be mindful of your thoughts.

February 3, 2013

Remember this, you choose every energy  
you take unto yourself. Choose wisely.  
And The Holy Spirit says:  
Remember this: no one can force you  
to be sad; to take the energy of sad-  
ness, within you, requires, that you  
choose to be sad; no one can force  
you to grieve, you must choose  
to grieve; no one can force  
you to be angry,  
you must  
choose to be  
angry. Remembering  
these simple statements will assist you.  
Stand in the light of God, and let your choice  
be: joy, happiness, balance, harmony. Choose  
wisely, the energies you take unto yourself, and you  
will be a blessing: to yourself, to others, and to Earth!

February 2, 2013

Those  
who 'know,'  
accept the cloak of responsibility,  
and wear it, with comfort, and ease;  
they are as a beacon, a bright light,  
beckoning others to come and see  
and know The Way.  
And The Holy Spirit says:  
Once you have  
awakened,  
once you  
are walking  
in the light of God,  
there comes 'the knowing,'  
that you are 'a child of God,'  
upon the Earth, but for a brief time  
to show The Way, to be the light; and,  
with this knowing, comes the responsibility  
to stand erect, so others might see, and know,  
through the light which comes through you.

February 1, 2013

Forgiveness  
is the pathway to peace;  
And the power of a peaceful  
presence is a blessing to Earth.  
And The Holy Spirit says:  
The power of a peaceful presence  
is a joy to all, a blessing  
to Earth. Celebrate  
each time  
you encounter  
one walking in peace,  
for when you encounter one  
walking in peace, you encounter  
the power of a peaceful presence.

January 31, 2013

When you begin to recognize temptations,  
for what they are victory is all but complete.  
And The Holy Spirit says:  
When you are faced with a difficult task, you find it easier  
when you 'know,' the solution. Your path is made clear,  
when you can answer 'how.' you are going to resolve  
the matter; then, it is simply by putting one foot  
in front of the other, moving this, to there.  
It is the same with recognizing  
temptations.  
Once you see,  
and meet, your challenge,  
you are almost at the finish line,  
all that is left is the doing of it. There-  
fore, watch for the signs; feel, and read,  
the energies, and you will see, and know,  
the temptations. Once you see, and know,  
victory is all but complete; victory is yours  
in the seeing and the knowing then, all  
that is left is the doing, for the glory of God.

January 30, 2013

Do not squander the moment,  
longing for this person to come along,  
or for that thing to happen, or occur.  
Use that which is yours, the golden  
opportunity, of 'the present.'  
And The Holy Spirit says:  
When you begin to see  
every minute,  
every hour  
of the day,  
as a precious opportunity  
to experience Earth, in a unique way, then  
your days will be as pearls: precious, sacred.  
Today, begin to realize what is with you now; seize  
the opportunity of 'the present' piece of eternity.

January 29, 2013

Always feel free to test the spirit, speaking to thee,  
and when you have determined the spirit is 'of light,'  
run with its company, into the day and into the night;  
for I have sent signs to you, to lead you here and there,  
to help you decide, what to do. And the mysteries  
of Earth will fall away, as you play, every day.  
Be at peace, and watch for the signs.  
Listen for direction, and  
you will know  
The Way.  
And The Holy Spirit says:  
Earth is a most fantastic place;  
and once you gain confidence, and know  
what you are doing, you will be bold, and summon forth  
the spirits, who are to lead you; and they will gather around you,  
and they will point here, or there, or tell you what you need to hear,  
so that everything is clear. And you will spend your days upon Earth  
in joy! But more important, you will spend your days in confidence,  
'knowing,' what you are doing and where you are going!

January 28, 2013

For those who are willing to follow  
the signs, life upon Earth remains:  
an exciting adventure; a journey  
over uncharted seas; a passage-  
way over unknown territory.

And The Holy Spirit says:

In order to follow  
the signs  
you must  
be watchful  
and vigilant, and  
learn to read the signs,  
which come to you. Today,  
be watchful. Pay attention. Hear  
with your ears, that which is sent to you; and,  
ask for guidance; ask for guidance and wisdom: to see  
the signs; read the signs; know the signs; and, follow the signs!

January 27, 2013

Do  
not pass-up  
the opportunity  
to 'exhibit kindness,'  
in the face of anger, or  
hatred, or confusion, or  
chaos; for, kindness is  
as a light, in the dark-  
ness; and darkness  
will not consume  
the light.  
A n d  
The  
Holy  
Spirit  
s a y s:  
The only  
thing required  
to practice the gift, of  
kindness, is the desire to do so.

January 26, 2013

If you wish to 'know,' happiness seek first a joyful heart.  
And The Holy Spirit says:  
True happiness does not come from 'things,' that you might buy, or people you might gather around you, or places you might go, true happiness springs forth from a joyful heart, a heart filled with 'knowing,' that the experience of living upon Earth is magnificent, and beautiful, and wonderful, in itself. Experience the joy, of living, of feeling your heart beating, and you will come to know happiness.

January 25, 2013

When you long for compassion and understanding, come and sit with Me, and I will teach thee, about that which you are seeking.  
And The Holy Spirit says:  
When you long for compassion and understanding, practice compassion, and understanding, towards others. And you will feel, and know, the presence and the power, of these gifts, within your being; and compassion, and understanding, will flow through you. The circle is complete ~ when the seeker becomes that ~ which ~ they seek. You will always find the gifts and the power of the gifts, on the journey within.

January 24, 2013

The  
calm,  
serene  
spirit is  
as a garden,  
wherein the soul  
delights, and sings, and  
the light and the love of God,  
animates the physical body.  
And The Holy Spirit says:  
The one who takes the time to cultivate  
the serenity, and tranquility, within,  
creates a garden of peace, a sacred  
space, wherein the presence,  
of God, is felt, and  
made known,  
for all to see.  
Where you find  
peace, and light, thereto  
you will find the presence of God.

January 23, 2013

Do not let the harsh words of others  
wound you, or impede your progress,  
for they know not what they do.  
I AM the Creator of all things,  
and I put My trust in you.  
And The Holy Spirit says:  
You have  
a mission;  
you are on  
the journey;  
you have a goal,  
do not be distracted  
by what others around you  
are thinking, and saying, and doing,  
stay focused, and walk in the light; and soon  
you will find you are right on course, sailing over un-  
charted seas, and unknown territory, riding with The Wind.



January 22, 2013

Take  
the time to see  
what is going-on  
around you, and  
look of the signs  
which will show  
you the way.

A n d  
The  
Holy  
Spirit  
s a y s:

When  
you are  
tempted  
to react to  
what another  
is saying, or doing,  
choose to act with love, relying  
on the wisdom of peace and light.

January 21, 2013

Each day,  
I send you forth  
to be My light.

Be My  
light.

A n d  
The  
Holy  
Spirit  
s a y s:

The world  
can be a dark  
and desolate place,  
without light. Today,  
you have the opportunity:  
to bring light into everything  
you encounter; to illuminate shadows  
of doubt; to be the candle to the darkness  
of fear. The day is set before you, be the light.

January 20, 2013

Remember, when you set your intention,  
 to walk The Way, when you try every day, to be  
 love, and light, and peace, you are succeeding. There-  
 fore, do not be dismayed if you stump your toe or fall, rise-up,  
 and continue your walk, for it is in the trying, that you are doing!  
 And The Holy Spirit says:  
 There are varying degrees of competency, ability; and none are more ap-  
 parent than on the field of competition and sport; for, it is easy to see that  
 a group of children the age of seven playing baseball, or football, or soccer  
 are all playing the game; yet, their ability is limited, their expertise has not  
 been achieved, because as you turn and see a field where the children play-  
 ing are fifteen or sixteen, the play is different; and if you move on, and see  
 older children playing the game, it is a different game as well; but each  
 age group is trying, their intention is to go-out on the field and play  
 the game, as best they can. It is in the practice, and the playing,  
 that the expertise is gained, the ability enhanced. Therefore,  
 this day, no matter where you are with regard to your  
 spiritual life, rise-up and enter the game, begin the  
 practice, because in the trying, you are doing,  
 and held within the practice is the  
 promise of perfection! Do not  
 stand on the sidelines, play  
 the game! Practice  
 makes perfect!

January 19, 2013

It takes a sense of knowing The Way in order  
 to understand, and appreciate, the importance of freewill.  
 And The Holy Spirit says:  
 When you understand the importance, which God attributes to the gift  
 of freewill, you will reject imposing your will upon others. It is a gift  
 most precious! And the reason ~ it is so precious ~ and guarded,  
 and trusted, and sacred ~ is that when one loves God enough  
 to surrender the gift of freewill, to do the will of God, it  
 is a gift beyond measure. Reject the temptation to  
 impose your will upon others; as you treasure  
 your own freewill, treasure the gift  
 of freewill, given by God,  
 to every human  
 being.

January 18, 2013

You cannot know Me, until you sit down,  
still your mind, and move into, a quiet,  
that is sacred, and divine. And in that place  
you will hear a whisper call your name.

Then you will know My Presence;  
and from whence you came.

And The Holy Spirit says:

To walk The Way,  
to experience Earth  
as it is intended to be,  
you must be willing to be  
still, and go within! And there,  
in a silent chamber, you will begin  
a stronger connection with God. This day  
be at peace. Sit in quiet, and listen, and you  
will be blessed with The Presence of God!

January 17, 2013

That which  
you do not use, soon falls into  
a state of disrepair, atrophy, or spoils;  
and it cannot be relied upon, when there is need.

And The Holy Spirit says:

Use the gifts that you carry within; do not set them aside; for they are  
of little use on a shelf; and you cannot count on something, which has not  
been used, you do not know if it will work when there is need. Practice,  
and use your gifts, for that which is set aside, growing stale on a shelf,  
does not bring any glory, it only collects dust, and cobwebs,  
and soon is but a reminder of the story that ends,  
"... it might have been."

Use your gifts,  
and use them often.

Strengthen your spiritual muscles.

Be vigilant! Sit in quiet... often... so that  
you might hear ... what God has to say to you.

These things are simple; yet, very important to do.

Do not busy yourself with the chores of the day, without  
staying in contact... with God. Open to the presence of God  
with you now; do not save it for prayer, when you feel you are  
'in need.' Keep the door open. Use your gifts. They are yours.

January 16, 2013

You  
hold the key  
to your personal freedom.  
And The Holy Spirit says:  
You cannot control another's thoughts,  
but you can master your own thoughts, until  
they are filled with light, and love, and peace.  
You cannot control another's words, but,  
you can master your own words until they  
are filled with light, and love, and peace.  
You cannot control another's actions, but  
you can master your own actions, until  
they show The Way into light,  
and love, and  
peace.

January 15, 2013

Worry, concern, anxiety,  
make it possible for the test-  
ing, the trial, the challenge,  
to live, before its time.  
And  
The  
Holy  
Spirit  
says:  
The one  
who will  
pick-up the gifts  
of confidence, and courage,  
will meet the test, the trial, but once.

January 14, 2013

When you are  
open, to all possibilities,  
your horizon is unlimited.  
And The Holy Spirit says:  
Open your heart, and embrace;  
embrace every opportunity, which  
comes to you because it is just that,  
an opportunity to see a new view,  
to open to something that would  
not be available to you, but for  
'the opportunity,' presented.  
Be open, and experience  
that which comes  
to you; with  
the grace  
of God!  
It is yours to do.  
Do not limit your view.  
Do not restrict your horizon.

January 13, 2013

In order to have confidence  
in that which you are saying, and doing, you  
must take care of your internal compass; you must  
guard it, and keep it clean, so it will function properly.  
And The Holy Spirit says:  
A compass is of little value, if it is lost, stuck back in a drawer  
or a cabinet ~ where you cannot find it ~ or get to it quickly.  
A compass is of little value, if it is broken, or damaged,  
or working incorrectly. The traveler, the one  
who journeys, counts on and relies on  
the compass, and treasures it;  
for, to the traveler, the  
compass is of more  
value, than  
gold, and  
silver!

January 12, 2013

It is in stillness that you will find Me;  
and, it is in quiet, that you will know Me.  
And The Holy Spirit says:  
Do not permit the distractions of the physical world,  
the world, and all of the things going on around you,  
to delay your journey within; for, it is within you,  
where you will find the light, and the glory,  
and the peace of God. The  
Kingdom of God  
is within  
you.

January 11, 2013

Take some time  
to stop, and raise your head,  
lift - your - face, unto the sky,  
and see what is happening  
above the ground, on  
which you  
stand.  
And  
The  
Holy  
Spirit  
s a y s:  
Sometimes  
taking a firm position,  
holding your ground, denies you  
'the opportunity,' to see, what is happening  
above the ground on which you are so firmly standing.

January 10, 2013

As  
long as  
you continue  
to blame others  
for your actions,  
you will continue  
to make yourself  
a victim of others.  
And The Holy Spirit says:  
The day you accept  
sole responsibility  
for your actions  
will be the day  
you begin to  
know free-  
dom!

January 9, 2013

Create  
an atmosphere of peace,  
wherein light, and love, abide.  
And The Holy Spirit says:  
'Clothing,' will become tattered, and  
worn; 'food,' will spoil; 'vehicles,'  
will become antiquated,  
and of little use;  
'gemstones,'  
will become  
objects of theft,  
or soon possess you.  
Material things are of little  
value; your true wealth is held  
within 'the unseen,' where light,  
and love, and peace, are eternal.  
Seek 'abundance,' in the unseen!

January 8, 2013

Do not focus on the difficulty  
of the task before you; for,  
in so doing, that is what  
you will see. Rejoice  
in the opportunity  
the task presents  
to you, and  
move  
ahead,  
one step  
at a time,  
as you are led

And The Holy Spirit says:  
'Reject,' being a victim  
of your situation, and embrace  
the opportunity to show The Way,  
in the light, and for the glory, of God.  
Rejoice, you live; and your life is eternal!

January 7, 2013

When  
you are 'willing,'  
to be the light, the candle  
begins to flicker. When you  
'know,' you are the light,  
the candle glows!

And The  
Holy  
Spirit  
s a y s:  
Being  
willing to do  
is the first step to doing.  
Faith gives birth to confidence.



January 6, 2013

As  
free-will choices  
are made all around you, do not  
be concerned, with your path;  
for, I will send you the signs,  
and the signs  
will lead  
you, into  
the light,  
of a new day.

And The Holy Spirit says:  
Just as the skilled explorer  
relies on the compass, and treasures  
and cares for it, you too should rely on  
your Internal Compass, The Voice of God,  
which will lead you in the right direction every time.

January 5, 2013

Turn your head from those who tell you that, that which  
you intend to do, is most likely impossible; for, when you listen  
to this advice, to those saying it cannot be done, it will not be done.  
And The Holy Spirit says:  
Have faith; for in faith, you will find the gift of courage; and in courage  
your dreams ~ will turn-out to be ~ the vision, of that which is to come  
through you. Be bold in your undertaking; for God will not ask  
you to do, that which is impossible to do. You are the explorer,  
sent to go onto uncharted seas, to travel where few will dare  
to go. Remember when Christopher Columbus set-out  
in search... in seeking... in faith, there were many who  
thought that the Earth was flat, that he was headed  
for disaster, and that would be that. But some-  
where, within, a voice called to him,  
"Go forth! Go forth, and see!"  
Therefore, have  
the courage  
to let your dreams  
be the visions, of that which  
you will create in the name of God;  
and, for the glory of God. Today, let  
God continue creation through you.

January 4, 2013

Do  
not place  
obstacles in the way  
of accomplishing your mission.  
And The Holy Spirit says:  
Before you set down the stone of doubt, see doubt, as a temptation.  
Before you set down the stones of worry and concern, see worry  
and concern as a temptation. Before you block the passage-  
ways with the boulder of fear, see fear as a temptation.  
You are upon the Earth to accomplish a mission unique,  
uniquely designed for you; therefore do not block your way,  
do not impede your progress with doubt and fear, and worry  
and concern. See this lifetime upon Earth as the opportunity to  
complete your mission, and pave your way: with trust and hope;  
with understanding; with compassion for yourself and others;  
with forgiveness for yourself, and others. Use the energies of light!  
Use the gifts of The Holy Spirit you have been given,  
and pave the way of your mission,  
so that you might accomplish  
your goal, and return  
Home, in  
peace.

January 3, 2013

The State of Perfection is a place of peace  
for therein dwells the gift of patience.  
And The Holy Spirit says:  
Once you begin to practice patience  
you are surprised and delighted  
to find, that using this energy  
will guide you through  
the most  
difficult times.  
Practice patience,  
and you will know peace.

January 2, 2013

If  
you  
fall short  
of the goal,  
do not be dismayed, do not be disgruntled,  
or disappointed. See where the slip took place, and then,  
go forward, with the sun on your face, 'knowing,' that even  
in the slipping, you are trying, you are practicing, you are  
creating; therefore, go into this day  
joyfully, with happiness on  
your heart, and create.  
a most wonderful day!  
And The Holy Spirit says:  
Even the most acclaimed chef  
has to rearrange the ingredients,  
or toss-it, and start over, in the journey  
to create the perfect cake, the perfect meal.  
Remember this: do not let a slip or a fall stop you, from  
achieving the glory, that is yours! Practice makes perfect!

January 1, 2013

When your intention is to build, to construct,  
to create: a year of perfection; a year of promise;  
a year of happiness, and joy; a year of growth, and  
spiritual renewal; it is important to begin with a firm,  
strong, sturdy foundation, a foundation which will be the  
base, a base that will hold 'the promise, of this new year.'  
And The Holy Spirit says:  
Let it be your intention that January be the anchor,  
the strong foundation, for the entire year. And since  
you set your intention in such a way, it will be!  
And every day will be glorious, on its own,  
strung together, one-by-one, reaching  
higher and higher, into a 'state  
of perfection,' until the year  
is complete, the journey  
done. Be at peace,  
and set your  
intention,  
for it is  
time!