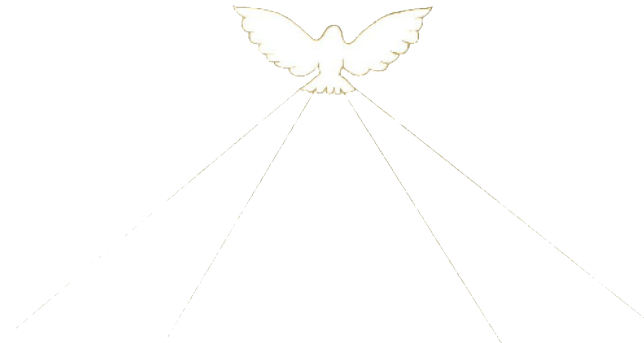


THE QUIET PLACE



God's Daily Message 2018

God Speaks

to every man, woman,
and child, on Earth, everyday!

And at The Quiet Place, we conclude
our morning prayers with these words asking
God, what we should know, today: "Our Creator,
God, what is it that You wish for us to know, today?"

And
God says:

December 31, 2018

Before
you mark the ending,
"the completion," of anything, be it
a sentence, a day, a week, a month, a year,
make sure you create the ending to be glorious,
to show celebration, of accomplishment, or to hold
the promise of that which is yet to come, built on that
which has been. It all continues! The end of the year
holds the promise of the new year. Therefore, end
the year in such a way, that which has come to
the end does not wither, or fade away, it
continues; yet, the significance of that
which has been, should be held
in the celebration of the
promise of that
which is to
come!

And The Holy Spirit says:

Do not let this slip from your memory.

You create every second of your day, of your life;
and, there are times when your creation should be filled
with promise, and celebration. This is such a day. Do not let the
opportunity slip away. Set all things aside, and celebrate the promise, today!

December 30, 2018

It is possible to joyfully embrace every situation,
every encounter, you have upon the Earth; but, to be
able to do so, requires that you be at peace! When you
are at peace within, no matter what is stirring, or roaring
about you, you can maintain your peace within. Set
your intention this day to establish peace within
your inner-landscape, and once peace is
established within you, it will flow
from you. The power of a
peaceful presence
cannot be
undone;
for, it shines
as glorious as the sun,
and as quietly as the moon.

And The Holy Spirit says: Do not un-
derestimate The Power of a Peaceful Presence!

December 29, 2018

Being
kind will lead
you into understand-
ing; and, understanding
will lead you into compas-
sion. Judgment has no room
in kindness, understanding,
and compassion. And the
Holy Spirit says: Today
let God's love fill
you in such
a way,
that:
there
is no room
for judgment, there
is only The Light of Love!

December 28, 2018

Do not permit the gift of your love
to become ensnared, by: demands,
commands, and expectations! Give
the gift of your love, unconditionally.
Let it flow from you, freely. And The
Holy Spirit says: When you reach
the place where you know
the gift of your love
is meant to
flow,
freely
without
restriction,
without confine-
ment, there is a feeling
of lightness, you can breathe
deeper, your laughter is fuller,
and richer, your smile is more tender,
and your words are holy and sacred. Let the
love of God, flow: into, through you and from
you this day; you will bless, all of Earth, this way!

December 27, 2018

Resist the temptation to diminish your journey upon Earth, by falling into the entrapment of fear, and doubt, and worry. Choose to look at your journey upon the Earth, as the adventure it is. Embrace every day, and go-out, all along The Way, set to experience the adventure of your lifetime; for, that is what it is! And The Holy Spirit says: You are creating one of the greatest adventures you will ever have in your eternal life. It is your Earth experience as who you are now! Do not diminish your adventure by clouding it with fear. Embrace the opportunity; for, it is here, it is with you, today! You are creating a piece of your eternal lifetime, today! Choose joy, choose happiness, choose courage, choose faith!

December 26, 2018

It does not matter whether you conceive, and give birth to a child, or, conceive and give birth to a new idea or project that which you create, is yours: and, requires love, attention, and guidance to reach its full potential. The same applies to intentions, and this is the time of year for setting good intentions; but, for good intentions to reach their full potential, it is necessary for you to love, nurture, and guide the creation to reach its full potential. And The Holy Spirit says: When you conceive and give birth to a child, or a new idea, plan, or project, that which you conceived, and gave birth to requires your attention, love, nurturing, and guidance, all along the way to fulfillment of its potential. Pay attention to that which you create!

December 25, 2018

To
experience
complete joy,
and happiness,
you must understand
The Power
of Forgiveness, and
you must also understand
judgment! To change the course of your day,
in order to live your life in a happier and more joyous way: begin forgiving;
resist the temptation to judge others; and especially, resist the temptation
to judge yourself. You do not "know," what is going on within the heart
and the soul and the spirit of others; you do not know their journey.
What you can know is the beauty of the gift you give them,
when you forgive and resist the temptation to
judge them! And The Holy Spirit
says: From this day forward
let it be your intention
to bless rather than
curse. When you are
tempted to judge another
let it be your practice to instantly
go to thoughts of forgiveness, and blessing;
and amplify your thoughts by saying it, "I forgive you.
I bless you." Soon, you will find the temptation to judge
is subsiding, and you are blessing more. Joy and happiness
are connected with forgiveness! Joy and happiness are connected
with a way of living that does not permit judgment!
God's love, wrapped in a human body, walked upon Earth
thousands of years ago. He came to show The Way.
Now, it is your turn to do the same!

December 24, 2018

It
is time
to set aside
the things that
keep you locked in-
to place, prevent your
ascending; it is time
to set aside petty
differences,
and arguments
whether they be small,
insignificant, or grand and wide
in scope. The size of the differences,
the arguments, does not matter, what mat-
ters is that you transcend these things, forgiving
all things in the past, and accepting the reality of
your eternal life, and therein live in glory! Do not
permit your light to be diminished. Rise-up; and,
tell your story! And The Holy Spirit says: There
are some days especially designed, wherein
it is possible, wherein it is easier: to set
aside the ways of the world
to embrace the ways of God;
to set aside your petty differences
to embrace the glory that is yours. You have
been given the gift of eternal life, experience it, live it!

December 23, 2018

Do not expect others, around you,
to understand your journey, your mission,
to know that which is written upon your heart,
and whispered to you, from within; for, these things
are yours, and yours alone, designed especially to guide
you, and lead you along The Way, so you might complete
your destiny. And The Holy Spirit says: When you reach
the place where you embrace the destiny that is yours
to fulfill, then your perspective for all things changes,
because as you walk along The Way fulfilling your
destiny, you see and know the ways of God, more
clearly; therefore, all things change for you,
it is as if you are seeing all of Earth, and
the world created by man, anew!

December 22, 2018

Let it be your intention that, today, you will transcend your ego, and resist the temptation to be right, or to win a fight, and decide to be kind, just that! Today, let it be your intention, and resolve, to be kind. And The Holy Spirit says: So often it becomes very important to win an argument, to prove yourself right. But for today, imagine that you will receive no acknowledgement, no points at all, no recognition, for being right. The only points you will gain, the only recognition you will receive, will be for the times, during the day, when you were kind, when you were willing to set ego aside, so that you might "show kindness, to another."

December 21, 2018

As
you
mature
physically
and spiritually,
you begin to understand the importance of
every minute of every day,
you begin to understand the importance of every thought you have,
and every word you say, you begin to understand the meaning of saying,
"We are all one; we are united as one."

And The Holy Spirit says: When you reach the place where you can see all as one, then comes the understanding, that the individual is not insignificant.

Every thought
you have goes into the bowl
of the one; and, it either blesses
the bowl or taints the bowl; therefore,
check your thoughts. Every word you say
does not melt away, it goes into the eternal
bowl of one: and, it either blesses the bowl
or taints the bowl; therefore, be mindful of
what you say; and, the same goes for the
deeds you do. Everything you think, and
say, and do, is significant in blessing,
or tainting, the bowl of the one!

December 20, 2018

Your days will be easier if you remember this. If you are angry, you have chosen the energy of anger. If you are sad, you have chosen the energy of sadness. If you are frustrated, or dismayed in any way, it is important to remember, that is what you have chosen! Act, using the energy of My love; for, if you find yourself playing with shadow energies, it is vital to know, to remember, you have not chosen Me! And The Holy Spirit says:
When you choose the light and the love of God, there is absolutely no room for shadow or dark energies; therefore, make the correction, instantly, at first notice. Do not dwell in shadows, when you can live in the light of God!

December 19, 2018

Acknowledge what you are doing upon the Earth is maintaining My creation; and, letting it continue through you. Clean it, so it sparkles and shines, and is filled with the light of My love, then your day will be perfect, and complete in every way! And The Holy Spirit says: Be mindful; do not be tricked into another person's shadowy energy. Stay focused on what you are intending to do. Bring light to shadows, so that all can see, and begin anew, walking The Way, alongside of you!

December 18, 2018

You have been told repeatedly, you have been told
in no uncertain way, you have been given the gift
of eternal life: so, celebrate that truth today!

And The Holy Spirit says: In celebration of
your eternal life, bless the Earth, and
all you meet, today! If you have
not done so yet, begin liv-
ing so that your
very exist-
ence
upon
the Earth
is a celebration
of eternal life. Push
all fear away from you.
Push all anger, and mis-
trust, and dismay, away!
Celebrate eternal life today.

December 17, 2018

When
you are willing
to revisit the past
with the intention of
forgiving all things
you are reward-
ed, you are
rewarded
with the joy,
and the happiness
it brings; for, you have
cut the cord, broken the chain,
released the burdens, you were once
carrying, and you find you are free, again!
And The Holy Spirit says: It might be difficult
at first to forgive all things, because there will a piece
of your ego, that tells you, repeatedly, that you have every
right to hold your position; but, this does you no good. Set the
ego aside, and forgive! Loose the pride, and forgive. Forgive yourself
and all others; and, as you do so it is as if you are being filled with helium,
and you rise, and you rise, and you rise. With each forgiving prayer, you rise-
up: free from the debris, free from the chains, free from the ties that bound you.

December 16, 2018

Saying, "Yes,"
to following your destiny,
does not shelter you from what is happening
all around you, it prepares you for what is going to happen,
and what is happening. Saying, "Yes," to The Divine Plan, assures mes-
sages, and signs, flowing to you, so that you will know, which way to go.
And The Holy Spirit says: Preparing for a storm, which is approaching,
does not shield you from the storm that falls: upon you; those
who have said, "No;" and those who do not know
what is happening around them:
but, the preparation
assists you,
during
the storm,
and you are safe,
and you are warm,
when you might have
been scattered, and torn.
Saying, "Yes," to The Will of God
does not put you in isolation; but, it
does guarantee that you will know The Way!

December 15, 2018

Do
not be
tricked in-
to believing that
you have no time to pray. You
can speak with Me when you are walking.
You can speak with Me when you are driving.
You can speak with Me when you are dress-
ing, or cooking. There is always time
to speak with Me; for, I always have
time to speak with thee!
And The Holy Spirit says:
There will be times,
during your life-
time upon Earth,
when you feel, you
are too busy, to stop, that
you must complete a project,
that you must focus on the work
you are doing; and, during these times,
I suggest that you turn your heart toward God; a
simple connection will make your day go smoothly. "Hel-
lo God." "I love you, God." "Guide me, God." "Give me
the strength, God." This communication, with The Creator
of All Things, takes very little time; but indicates you have
the heart, and the love necessary to make that connection,
as it is primary, for your well-being upon the Earth!
Walk-out into the world created by man,
holding the hand of God!

December 14, 2018

You
have been
given the opportunity,
by being born upon the Earth,
to realize all that you can do, what
can actually be accomplished, when
the spirit that is you, motivates the
physical body that you wear. You
have the opportunity to realize
that you, too, can create mir-
acles. Do not confuse the
position of the physical
and the spiritual.
To see miracu-
lous things,
let the
spirit,
that is you,
lead The Way,
and be the fuel, for
the body you wear. And
The Holy Spirit says: You
are there, upon the Earth.
Do not get confused, or dis-
traced, and put the body in the
driver's seat! Let the spirit, that is
you, lead The Way, and motivate the
body you wear to do great things; be-
cause, the reality is you can do all things!

December 13, 2018

Winter falls during the coldest time of year, when the days are shorter, darkness is all around you for a longer period of time, or at least it is so in the place upon Earth in which you live. During the winter you are given the opportunity to be more introspective, more contemplative. Do not use this time of stillness, of longer periods of night, to lament the lack of light. Make the decision to take the journey within and once you are within, create great light! The wisdom, the strength, the courage, and the love you find within, will illuminate the periods of day, which are darker. And The Holy Spirit says: Do not lament the lack of daylight in the winter, for this time will pass. Do not let it pass without using it to its best advantage. Sit in reflection, meditation, prayer, seeking guidance, seeking light, so you might see The Way more clearly. Use the season for opening the passageways within.

December 12, 2018

Know, you are living a piece of your eternal life, right now!
Many of you reading these words, or hearing these words,
say you believe. in eternal life; but, you tend to think
eternal life begins when your physical body fails,
when you come to the time of your passing;
and, this is not true, eternal life is now!
You are living your eternal life now!
Do not let this portion of eternity
slip through your fingers, going
unnoticed, unattended. Live
eternally, now! And The
Holy Spirit says: Your life-
time is not limited to the lifetime
you are living upon Earth. You were
created, to live forever, and you shall. Your
life is not limited to the body you can see now.
You are walking upon the Earth as the seen, and
the unseen, child of God, and you shall live for-
ever; therefore, do not forsake living today.
Live eternally today. You are the seen,
and the unseen, creation of God!

December 11, 2018

It is often not easy to maintain an open heart, when
others around you are in chaos, or acting-out; but, remem-
ber My child, it is you, who must make the decision to permit
others to control you: with their anger, with their frustration,
with their dissatisfaction with the way things are happening,
or unfolding. Do not give yourself over to the energies of
others. Knowing this, will help you stand, firmly, in My
light, and be still, and this will bring you peace! And
The Holy Spirit says: Do not permit yourself to be
controlled by another's anger, or frustration.
Stand in The Light of God! In this Way
you will be able to sing, to see The
Glory of God, to "know," The
Peace of God, when others
find themselves in turm-
oil or chaos. Be a re-
flection of God's
Love, upon
the Earth!

December 10, 2018

Know
the healing
power of kindness!
Every time you are kind
to another, or yourself, it has
an impact upon your health, and
the health of the other, or others.
It does not take extra time to smile.
It does not take extra time to greet,
as you are passing. It does not take
extra time to take someone's hand,
or give them a hug, or say,
"I love you."
It does not take
extra time to be kind; but,
the healing that comes forth from
kindness is overwhelmingly successful
and complete. And The Holy Spirit says:
Kindness is a blessing upon another; there-
fore, in your kindness, you are blessing. And
held within a blessing is a healing energy, that
is quite thorough, in the process. Today, create
an environment of kindness; come the end of the
day, you will find that you feel the presence of
kindness, and you have come to know the
qualities of kindness, in a deeper,
and more meaningful way!

December 9, 2018

When you need it most, the gifts will come to you, and the gifts will include: fortitude, strength, courage of heart, and bravery. When you need it most, you will feel My Presence stronger than at the times when you did not need it. I AM always with you; but, in times of trial, you feel My Presence, and know, you are My child! And The Holy Spirit says: When you are willing to rise-up, and embrace that which comes to you, as yours to do, you will have the angels of Heaven, and God: supporting you, walking with you, providing everything you need. All that is necessary to summon this majestic following is to say, "Yes!"

December 8, 2018

Make the time, every day, to be still, to be quiet. Still your body, as you sit. Still your thoughts, by whispering My name. Check any distraction to wander to people, places, incidents, or things, by whispering My name. Soon, My name will resound through your body and spirit, as an echo, created within the chamber of your sacred self; and, you will find you are at last at peace. And The Holy Spirit says: When it seems as if everything around you is moving too fast, is too loud, is too harsh
be still,
and whisper
the name of God,
and God will fill you with peace!

December 7, 2018

Resist the temptation to look for the wrong, the bad, in others, or in what others do. Resist the temptation to look for the wrong, the bad, in situations, which might come to you; for, it is true, that which you seek, you will find! Therefore, keep your thoughts on the light, on the sublime: look for the good, in what people say, and do; look for the good in every situation that comes to you; for, that which you seek, you shall find!

And The Holy Spirit says: How you see things always comes from your perspective. How you see the sunrise and the sunset changes, depending on where you are standing. How you see the rain, that too changes, with your perspective. How you see others, that changes, with your perspective. Is your perspective colored with bias, with prejudice, with anger, with deep-seated hatred, or, have you been able to master the old energies, the negative energies, in such a way, that all you see is light? That is right: you master your destiny; you master the course of the day; and, the course of your life! Do not be quick to point the finger at others. Be willing, be responsible, stand-up, and master, your life!

December 6, 2018

An
artist,
a craftsman,
begins a creation,
carefully molding it, and holding it, in such a way,
that they watch what goes into their creation,
quickly eliminating any debris, or something
that might take away from the beauty of
the end-result. A writer does the same thing,
composing a piece carefully, eliminating words that
do not add beauty, conciseness, or truth to the piece
they are writing. And once the creator
assures her/himself
that the piece
is free from
debris,
and needless,
or incorrect, wording,
they offer it as a gift, to any
who will look, and see, or read.
It is a gift of love, a gift of creation;
and, it is offered to all, who will hold it.
Let this standard be the standard you use
when creating your day! Do it with mindful
consideration of: your thoughts, your words,
and your deeds. Eliminate the debris, and
offer it as a gift that which you created! And
The Holy Spirit says: You are embarking upon
a new day, and the day will unfold as you guide
it, as you master the energy, which comes to
you. Use your creative power to create
a day of great light, and then offer
it, as a gift, for all to see!

December 5, 2018

Be
watchful,
and vigilant, that
you do not purchase fear
from those selling fear, that
you do not accept it, as a gift,
from those purveyors of fear.
Do not accept, or purchase,
anger, or frustration, or
doubt, from the sel-
lers, the pur-
veyors, of
these things,
for your strength
is within you; and, when you
are still, and listen, The Whisper
will lead you to the truth, in such a way,
that even if you are in the midst of a sea of fear,
or anger, or doubt, or any of these things, you will see
the glimmer of truth, and it will be My truth, as long as you listen to
The Voice within! And The Holy Spirit says: As you make your journey
over the face of the Earth, you will find that there are many who are eager to
dissuade you; some do not even know, or recognize, they are attempting to dis-
tract you from your path, from The Way. Your journey upon Earth is not a boring
trip; it is the greatest adventure of this lifetime, and it is yours; but, it is also your re-
sponsibility to avoid the negative, and hold to the positive; turn your head, and let it be.

December 4, 2018

I
send you
My love; and,
once you embrace it,
you live in peace, and meet every bit of chaos,
created in the world of man with a calm presence.
Be at peace, and do not surrender your peace, for
it will bring you comfort; and, in the peace and
comfort of My love, you will know My ways,
all the days you walk upon the Earth,
until I welcome you Home!
And The Holy Spirit
says: Before
you open
your mouth
to speak, be still!
Often, once you are
in stillness, you close
your mouth, and rest
your tongue, and
let it be,
trusting that
the love of God
is with thee, knowing
words pale in the wisdom of God,
for the wisdom of God is love, and peace;
therefore, walk in God's love, and know God's peace!

December 3, 2018

In
quiet,
you will hear Me;
in stillness, you will feel My presence
with thee; and, in this sacred communion
you will come to know Me,
and know My ways.
And The Holy
Spirit says:
When you sit
in the presence
of God, the wisdom
of God fills you, and anoints you,
in such a way, that when you rise-up, you
are ready, you are prepared, to carry His love
into the day; and, as you walk along The Way, all
you pass are blessed, recognizing the love of God
has passed, and will remain with them, as you go!

December 2, 2018

When you see the signs,
hear My Whisper, and rise-up
to follow, you begin, that portion
of your journey upon the Earth
with confidence, "knowing," who
you are, ready to complete your
destiny! And The Holy Spirit
says: So many flounder,
wonder what
they are to do,
wander from here to there,
trying to find, what they are to do,
when all the time, the answer to
every question they have
is held within
their being.
At the core
of your being,
is a piece of God, God
that sent you forth, giving you eternal life,
to exist forever. Seek wisdom, from The Creator, and it will
be all you need. Do not be distracted, by the ways of the world.
Stay focused, rise-up and follow The Voice, The Whisper, within!

December 1, 2018

When I tap you on the shoulder, and say, "Rise-up, to meet the glory, of your destiny," do not encumber your ascension with all the reasons why it might not work, or it cannot work; for, when you are called, and you rise-up to follow, The Way is made clear for you, by My hand over you and before you! And The Holy Spirit says: When there is a stirring, from deep within you, and The Whisper becomes as clear as an echo, resounding from mountain to mountain, it is time. Do not impede your journey by listening to those who say, "It cannot be done." When God calls you it is time to rise, and fly upon the wings of The Dove. Let no "if," block The Way! Let no "doubt," cloud the day!

November 30, 2018

You are where you are for a reason; therefore, look around, assess the situation, resolve all issues, and move forward joyfully. Do not set a course wherein you are less happy in any one place; for the truth is happiness and joy are from within! And The Holy Spirit says: You can be in a castle, or you can be in a shed, you can be walking in a meadow, or on a city street, but you are just as happy one place or the other as soon as you remember, happiness and joy are created from within!

November 29, 2018

Do not
be afraid
of rejection,
embarrassment,
angry retorts, hurt feel-
ings, or any other experience
which throws a cloak of shadow upon you.
Dismiss these things immediately, as you do not
have to incorporate them into your being at all.
Send them from you. Do not be afraid to lift-up
your voice in song. Do not be afraid to express
compassion and love. Do not be afraid to dis-
pense mercy. Do not be afraid to dance
in the light. Do not be afraid to ex-
press the love I send to you; for,
this fear will rob you, of the
glory, of all you can do!
My child, do not be afraid
of the shadow or the darkness;
for, you can send them from you!
Do not be afraid of living in My light,
openly, completely, and fully; for, that is
your destiny! Do not be afraid! And The Holy
Spirit says: There are many faces of fear: fear of
the dark side fear of the shadows, and these are, al-
most, easier to address, than the fear of embracing the
light, and walking in it, no matter what others say is right.
Do not be afraid to live in the light of God, and do not be af-
raid to be a sign of love, and peace, and compassion! Even
when tongues wag, against you, stand in the light of God!

November 28, 2018

See
yourself
standing upon a stage,
and then imagine each scenario coming to you,
and you mastering the scene; and, as each scenario
comes to you, and goes from you, you make your way
through the play, growing more comfortable in the role
that is yours; and, confidence grows within you, and
the spotlight grows brighter around you; and soon,
you see the glory, life can be, as you master
all that comes to thee! And The
Holy Spirit says: At
the present time
you are holding
the main role
in the play
that is your life.
Choose to be brave;
choose to kind; choose
to be bold and courageous;
choose to be loving, and compas-
sionate! Play your role with enthusiasm!
Prepare for the next act, for the next scene,
confident that the lines you speak will be perfect
for the part you are playing, because you have chosen
to let The Holy Spirit be your Director! You are the star,
and your life is the play. Now, rise-up and go forward, today!

November 27, 2018

My
Love
is available,
in unrestricted, and
unconfined, proportions, for all
those who will open and receive it.
You will find great peace of mind, if
you will practice doing the same,
and blessing those around you
with My name, with My
love for you. And
The Holy Spirit says:
When you reach the place
where you can bless, in the
face of a curse, then you will
find, you are living a contented
life, you will find, you are at
peace, sitting in the lap of God!

November 26, 2018

It
is better
to turn your head
from the chatter, and the clamor, of words,
coming from others, telling you what you should do,
and choose to sit quietly, in The Presence of God,
to be filled with The Light of God, so
you know exactly, what
you should do,
what you are
meant to do.
And The Holy
Spirit says: When
looking for guidance,
trust The Hand of God, and
it will lead you, safely, Home!
Sunday

November 25, 2018

Before
you seek
to know more,
set your intention to live, that, which you do know;
then, when you are living that which you know now,
you will be led, step-by-step, into new revelation,
and it will be appropriate, and proper; and,
you will "know it," in your heart,
rather than in your head.

Set the intention to
live that, which
you already
know, to-
day! And The
Holy Spirit says:
Gathering information
can become a habit, something
you do. However, as the days of this year
you are living now draw to an end, set a course,
wherein you will begin, living, that, which you know,
not just knowing the words, not just identifying the
source of the information, but letting it settle within
your heart, and move through your veins, as blood,
bringing life to all extremities: fingers and toes,
and knees and elbows. Let that which, you
know, become that, which you live!

November 24, 2018

Love
one another!
If you know what this
means, then rise-up, and do it.
Be kind to all creation! If you know
what this means, then rise-up, and do it.
Turn the other cheek! If you know what this
means, then rise-up, and do it. Bless those
who curse you, and spit upon you! If you
know what this means, then rise-up,
and do it. If you know that
what the Earth needs
is peace, then
rise-up,
and be the bringer of peace!
And The Holy Spirit says: Set aside
the ways of arguing, fighting; set aside
the ways of separation from God; for, it is
the time of peace. It is time to drown-out the
call sent forth by the purveyors of war, with the
song of peace, carried on the lips of the children of God.

November 23, 2018

When you see the tide of unrest approaching,
becoming a wave of anger and frustration,
resembling a wall of water, looming over
you, threatening to fall upon you, be still,
and embrace My love! Embrace My love
in such a way that it is light within you; and
then, let My light of love flow from you, and
watch the wall of water be reduced to a pool
of peace, around you. The power of love
can soften the hardest soul. Be
at peace this day, and
embrace it,
so you understand
at last, the power of a peaceful
presence. And The Holy Spirit says: Be
still, and embrace the peace of God. Be
still, and let the power, of the peace, move
through you. Embrace it in such a way, that
you become "The Peaceful Presence of God."

November 22, 2018

Let the celebration
of this special time of year
begin in your heart; and, let
your heart be filled with
thanksgiving, for all
that you have;
and, let
that
thanks-
giving flow-
out of your heart,
onto all those around you!
Celebrate Thanksgiving! And The
Holy Spirit says: Happy is the one who is
thankful for what they have. Content is the one
who holds gratitude upon their heart. Appreciate all
that comes to you. Be thankful in all you think, and say,
and do; and, let your heart be a heart filled with gratitude.

November 21, 2018

Use that which you have been given, in
a most unique way, magnify it, multiply it,
spread it around, and share it, with all who
will receive it. Let your presence, your
words, your deeds tell the story of:
the joy you feel; the thanksgiv-
ing that is in your heart.
And The Holy Spirit
says: Resist
the temptation
to hide, or to keep,
or to hold onto, in any way,
all that you have. Use that which
you have been given, and as you use it
more is created by you. Magnify it, and
more is created by you. Multiply it, in ev-
ery way, and more is created by you. Create
more with what you have by freely giving it away.

November 20, 2018

Open your arms, and share the love,
that is flowing from Me to you, with all
those around you! Without reservation,
share the love! The more you share the
love that I give unto you, the more love
will pour through you, the more you will
be blessed, the more you will "know
love!" Set aside any temptation
to: correct, or criticize, and
just love. Love is the
answer! And The
Holy Spirit
says:
Be thankful
for your eternal life,
and share the love of God,
which flows into, and through you;
for, the more you give, the more you shall
receive! Share the love of God, and be thankful!

November 19, 2018

Be
thankful
for that which
you have; and, if
you have little,
be thankful
for that
which
you have.

If you have nothing
at all, be thankful for that
which you have. Why do I say
be thankful for that which you have,
when you have very little, or nothing at all?
My child, when you prayerfully ponder this,
you will understand, you have eternal life!
Be thankful, that you will live forever, ex-
perience much, and grow in wisdom, as
you move through The Corridors of All
Time, knowing, I AM with you! And
The Holy Spirit says: Gratitude,
those who know gratitude from within,
find contentment easily, because they are thank-
ful, and appreciate that which they have. When you
have been given the gift of eternal life, be thankful.

November 18, 2018

The instruction, the direction and guidance on how to live, everyday, you are upon the Earth, was sent to you over two thousand years ago. The "Message," holds all you need to know. "Love one another!" And be kind to all creation. And The Holy Spirit says: There is no need to wander, seeking that which you need. There is no need to wonder what you need. You have what you need. Following the course of The Way will bring you true happiness, and contentment. There is no need to travel far. There is no need to read, and read, and read. That emptiness, that place which feels deserted within you, can be: filled, and warmed, and maintained, with the love of God, with the light of God!

November 17, 2018

Think of creation as with you! Release the thought, that creation was, and begin to incorporate the present, the current time, by saying, "Creation is" Creation began with a thought, and it continues today, moving, spreading, molding, perfecting. It will only be complete, when it makes the full circle, and comes back to the point of origination; and then, it will go-out again. Still, it will never begin, again, at the same point of the original creation. Each time it circles around, there has been the art, and the practice of perfecting. So, it continues; even with the ending of one cycle, and the beginning of another. The goal is absolute perfection! And The Holy Spirit says: You have the opportunity, right now, to create, to work with God. Do not let this opportunity for today slip through your fingers. Realize your potent potential, and power. Create for God today!

November 16, 2018

Be
still, be quiet, so
that you might be wrapped
in a blanket of white, en-
folded in serenity, tranquility.
There is no need to stir; be still.

And The Holy Spirit says: More
is accomplished in peace.

More is accomplish-
ed when there is
stillness.

More is
accomplished
when you address
one task at a time.

In this manner, each
stitch will be taken, as
it is meant to follow the
other. When you stitch a
garment, if you are in a hurry,
you might miss a stitch; and e-
ventually, the entire garment
will unravel. Be still, be
quiet. Take each
task in order,
and soon
the garment
of the day will be done,
each stitch taken. Be at peace.

November 15, 2018

My
child,
here it is,
a new day; open
your arms to receive this gift!
Open your heart and embrace this sacred day,
a time set aside for you to continue a creation
I began billions of years ago. I trust in you.
Create. And The Holy Spirit says:
Do not let
the sanctity
of this day escape you.
As you breathe right now,
you feel the sweetness, the
blessings, the grace. Hold these
things in place through the day; for,
you are creating, something which will
never melt away. This day will live in The
Corridors of All Time as your creation. Create!

November 14, 2018

Hold your tongue,
and: do not criticize others,
do not chastise others, do not
find fault with others, do not
tell others what to do, what
to say, what to think; for,
your way, might not be
the way, they are
meant to travel.
And The Holy Spirit says: Rather than
criticizing others in any way, be willing to en-
courage those you meet, be willing to support those
who are in doubt, or are questioning. Use the power
and the light you are receiving from God: to be a rock,
to be a firm foundation, to be love! Do not push those
who are tumbling, do not kick those who are down,
lift-them-up with thoughts, and words, and
deeds. Do not be an impediment,
be a helping hand, today!

November 13, 2018

Resist
the temptation
to try and tell others
what to do. Instead, use
the energy productively, and
apply the direction to you. And
The Holy Spirit says: It is best
to hold your tongue, and
listen. It is best
to know
what is upon
the hearts of those a-
round you, rather than
sharing what is on your
own heart; then, when
you know the hearts
of those around
you, loose
your
tongue
to share what is on
your own heart, in a way that
will be tender, and sweet, and loving!
In this way, you will be kind to all creation!

November 12, 2018

If
you are blind,
and cannot see, and
if you are deaf, and cannot hear,
you still have all you need, if, you know The Voice
within, guiding you to love one another, and be kind
to all creation. And The Holy Spirit says: Today,
close your eyes to the ways
of the world,
close your
ears to the
sounds of the world, and
return to the core of your being:
to know The Voice; to acknowledge
the guidance; to accept the direction, to
love one another and be kind to all creation.

November 11, 2018

Often,
 the best course
 of "advancement," is
 revealed, in the retreat!
 And The Holy Spirit says:
 Your everyday life has a rhythm,
 sets a course, and you follow your
 course. The course is often one of
 repetition; and, while the work
 of the day might not always
 be repetitious, the act-
 ions of rising,
 and working,
 and eating,
 and sleeping, seem
 to fit into a pattern, that is
 slowly formed, over the years;
 and sometimes, in following this pattern,
 in executing this repetition, you do not realize
 that you have become burdened by the weight of the years.
 You only see this: when you stop; when you rest; when you remove your-
 self from the daily events; and take a deep breath. Much is revealed, when you
 take the time to retreat, from the world created by man, to sit, and take the hand of God.

November 10, 2018

Reject outright, the temptation to engage-in arguing, in order to make a point.
 Choose to be the point of life and light: by being the bringer of love, by being
 the bringer of kindness, by being the bringer of joy. My child, I created you, and
 you shall live, forever! Bless every second, and minute, of your eternal life, with
 the pure energy forms of love, creating light; for, within the light is found: kind-
 ness compassion and understanding; and, this is the fertile garden from
 which abundant gifts grow, and are harvested. And The Holy Spirit says:
 Make the decision not to waste your precious energy, engaging in argu-
 ments, which prove futile. When you enter a room today, whisper
 to yourself, "I am peace!" With the step over the threshold,
 and beyond, whisper to yourself, "I am love!" As you en-
 gage, and encounter others in the room, whisper to
 yourself, "I bring you my blessing!" In this
 Way, you will make your way, through
 the day: being peace, being
 love, and blessing
 all you encounter!

November 9, 2018

Whenever
you are called
to rise-up, and go:
whether it be from
your home, your
work,
your city,
your state,
your country,
leave a memory:
of love; of support; of
courage; be it marked by:
a petal of a rose; or a memory;
or a blessing. When you return: to your
home, to your work, to your city, state or country,
seek first that which was left behind by another, to mark The Way.
Seek it, and you shall find it: a piece of love, a memory, a blessing.
In beginning this practice, you follow The Way, marked through
the night and through the day, by those rising-up, and going,
as they are called; mark your steps, and mark them well,
with petals of love, so those following you can tell,
a man or a woman of God has walked this way;
therefore, let us follow in their footsteps
today! And The Holy Spirit says:
Every step you take is sacred.
When you pick one foot up,
and put the other down,
it is as a prayer, upon
sacred ground; walk
this Way, today!

November 8, 2018

I
do
not
speak to
just a few,
I speak to all;
for, I AM God, of all.
I do not say this boastfully,
I say it with responsibility;
therefore, I speak to all!
So, why is it that so
few hear Me?
And The
Holy Spirit says:
It is possible to clear
away the passages, the hall-
ways, the paths, the roads that lie
within you, and throw open the door to
the Kingdom of God; and let flow, as it is
meant to do; for, once you have done this,
The Voice of God will fall upon your ears,
fill you with light, and you will know wisdom,
all the years you walk upon the Earth. Take
the time to clear the debris, and open the door,
and then you will hear a Voice you have not heard
before! The Whisper of God will fill you with glory
and you will be eager to tell all the story, of how you
"walk upon the Earth, 'knowing,' the glory of God!"

November 7, 2018

The
temptation
to find fault with others
is around every corner, behind
every door. So, let me give you a clue,
a key, a helping hand, so that you might keep this
menace away from thee. Every time you are tempted
to find fault, to be angry, to judge another, in any way,
use that as a sign! Turn inward, and make the correct-
ion there! If there is envy, replace the envy with under-
standing! If there is anger, replace the anger with love!
If there is frustration, replace the frustration with com-
passion! Once this is done you are relieved of the tempt-
ation immediately, and you grow in My love for you!
My daughter, My son. And The Holy Spirit says: Some
days are good for practice; therefore, let this be a day
chosen for practice. Practice, being: kind, compas-
sionate, and understanding; but, even more im-
portant than this, practice: looking upon
others, with love; looking upon your-
self with love; refusing to judge,
in any way, shape, or
form. Let the
correction,
let the
modification, be
done within, come the
night, you will be free again!
Today, should be a day of practice!

November 6, 2018

Most often, when you encounter another individual, just in the encounter itself, there is an invitation to join them in their energy, the energy either they have either created, or picked-up along the way, and decided to nurture, to feed, to host! Think about that! You can say, "No, thank you," or, you can say, "Yes." So, today, when you encounter someone who is a bit grumpy and out-of-sorts, make a decision right there. Are you going to accept the invitation to be grumpy and out-of-sorts? Or, are you going to say, "No, thank you," and move on your way? It is your decision. Which invitations will you accept, today?

And The Holy Spirit says:

Just as some bring you an invitation to join in their energy through the course of the day, you too meet others, and extend an invitation to join you, in the creation, of energy! Wash your face, before you go-out into the world; brush your teeth before you go-out into the world; put on fresh clothing, before you go-out into the world; and adjust the energy you are creating, in such a way, that, with every encounter, your invitation is, "Come into the light of God, with me, today!"

November 5, 2018

My
child,
do not permit
the times you have set aside
to be quiet and prayerful, to turn into
times of chastising yourself; for, what you
consider to be: past transgressions, shadowy
deeds. Let the times you set aside to be in quiet,
and prayerful meditation, exclaim the glory that is
within you, exclaim the intention of good thoughts,
and good deeds, and sweet sacred words. Focus
on the good, that is within you; for, My child,
Heaven is with you! Therefore,
go into the day, in
celebration,
in celebration
of all the glory
that is with you!
Turn your head from
the darkness. Set your sight
on the light of The Way! And The
Holy Spirit says: Resist all temptation
to ridicule or chastise yourself. Use the time
that is given you, to sing, in celebration of the glory
of God, and the glory of God that is within you. Celebrate
all that you are; for, you are sacred, and God loves you very much.

November 4, 2018

It is possible
to have competition
without frustration, or anger,
or bitterness. When a game takes
place, and all participants take part,
the celebration at the end, celebrating
a win, should include all those who have
participated, who have taken part, be-
cause each participant is responsible,
in their own way, for the victory;
for, the one who runs fastest
has been spurred-on,
by the others.
The goal is achieved,
when all are trying;
therefore, all participants
are worthy of the celebration!
Apply this to all things, including
all inhabitants of Earth! And The Holy
Spirit says: Let there be celebration and joy;
let there be celebration and joy all over the Earth!
You live; you breathe; you touch, and you feel; you drink,
and you taste; you reach-out, and extend love, and you know
the feeling of love! In fact those who love know love better, in
the giving! Be at peace this day, and celebrate, celebrate each victory,
and be sure to include all participants; for, every player has a part in the victory!

November 3, 2018

There is something every inhabitant of Earth can do, in their own way, to bring about peace upon the Earth. Be kind to one another, and to all creation! Kindness is its own language; there is no barrier, no wall, that kindness cannot reach through, around, and over. Be kind in your actions, be kind in your words, and let kindness take root and spring forth in your thoughts; for, this is where it is born! Reach-out, with kindness! And The Holy Spirit says:

If you can imagine, everyone
upon the Earth
conceiving one
thought, of kindness, and

then, carrying it to fulfillment,
you can imagine a world of peace!

You do not have to speak the same language, to be kind. Kindness reaches through all barriers. You do not have to be a certain age. It does not matter whether you are man, woman, or child.

It does not matter: where you come from, your education level, where you live, what you wear. Let kindness be born, within you today, and then go forth and deliver kindness! The world is in need of kindness. Be the bringer of kindness, today!

November 2, 2018

There
have been times,
when you have read books,
or watched movies, or listened to stories,
about individuals whose accomplishments are examples
of what can be done, while you live upon the Earth! Every person
living upon the Earth is given the opportunity to accomplish great things;
but often, the sounds, and the chaos, and the confusion of the world, creat-
ed by man, dim the promise, cover the possibility. Take yourself to a quiet
place; be still; wrap your body in a robe of wisdom; and listen; and, The
Holy Spirit will guide you into all truth, and you will know, and you will
no longer be afraid to rise-up, and go, walking into the destiny, that is
yours! And The Holy Spirit says: When you are quiet, and listen,
and hear, confidence grows, within you! When you are sure that
you can sit down, and talk with God, listen to the words of Jesus,
and be lifted-up, upon the wings of The Spirit of God, what can stop
you? Nothing can stop that which you are meant to do, when
The Power of God is moving, within you! Open the door,
and embrace The Power, embrace The Love,
embrace The Light, and ride upon
The Wind, through the day,
and through the
night!

November 1, 2018

Today, focus
on the good you have done,
the good deeds you have done,
the times you were kind to other people,
understanding, and compassionate. Focus on the times
you have been good to yourself... by resting... by eating well.
When you begin to focus on that which you have done that is good,
you will see, and understand yourself better, closer to how I see you;
for, I see the good, in that which you do. And The Holy Spirit
says: Whatever you are seeking, you will find; so, to-
day, seek-out the good things you have done,
and celebrate! Celebrate your life
in the light of that which
you have done
that is good;
and, from
this celebration
there will come a desire
to do more, and more: that is good,
that is kind, that is generous. Soon,
the light of the good will shine, and
eliminate darkness, and shadow, totally.
Look for the good and you will find the light.

October 31, 2018

No matter
what you are to do
today, let it be done in peace.
Do not be anxious, about what comes
to you, do it in peace. Whenever you take that
which comes to you, and do it in peace, it carries that energy
in the final completed action; therefore, what comes to you to do,
can depart from you, filled with peace! And The Holy Spirit says:
Let the understanding of this, settle within you. It is important
that your creation hold the energies of, and live in, the light
of God! Therefore, when something comes to you,
to be done by you, let it be done in peace, so
when it goes from you, it carries that
message to all who see it,
or hear it, or hold it,
or know it.

October 30, 2018

When you have a home, and furnishings in the home, and articles of great value, and there, in the home, those you love reside, you take measures to protect your home, and all that is in it: you set-up alarms; you put locks on the doors and windows; you follow a set of procedures, put in place, so that you might pick-up your phone, ring a number, and help comes immediately! If that which you treasure is catches on fire, you follow the same procedure. And professional firefighters come to protect that which you have, before it is a total loss. And in the event there is some tragedy, or great natural disaster, that wipes-out all you have, you have set in place yet another device, or another system, called insurance, to protect you from loss. You do all these, and other things, you go to great lengths to protect that, which you have! You protect your body, with health insurance; you protect your life, with life insurance; you protect your house, your vehicles, your treasures, with some type of insurance. You take steps to protect that which is not eternal; what are you doing to protect your eternal treasures; for, My child, you are spirit, first! And The Holy Spirit says: Just as with material things, there are "unseen thieves," who come in the night, that are the agents of darkness, and shadow. They plant thoughts in your head, thoughts of: fear, and worry, and doubt, anger and hatred. There is a way to prevent these agents of darkness and shadow, from intruding into that which is yours, your sacred space, the sacred space which holds great treasures, the treasures of light, and love, and peace, and charity, those things that you cannot see themselves, but their results are so apparent, that they shine in the light of God. Begin to think about protecting your eternal treasures; and, do not permit the agents of darkness and shadow: to rob you of the glory that is yours; to injure the spirit that is yours; to invade, in any way, that sacred space, which is meant to hold the light of God. Be vigilant, be ready to protect the most important treasures you have, the treasures that are unseen. Do not let gossip, or other "ways of the world," rob you of the glory of God, that is with you!

October 29, 2018

As you make your way through each day, of your lifetime upon the Earth, you will encounter many crossroads. When you reach the crossroad where you find another in need, and at that time you can give from your heart, and from that, which you have, give, with great joy! You have reached that place for a reason, and it is a lesson, it is a season! So, where you find lack, give that, which you have, to remove the lack, and replace it with love, and kindness, and generosity, and move along! When you encounter the crossroad where you are in need, where you are seeking a kind word, a gentle way, be open, and permit another to come into your life and say, "Here, I have enough to share, let me give, let me wipe-away the tears." Embrace, and welcome the gift! There is importance in giving, and there is importance in receiving! They are both lessons, designed to complete your heart, and your understanding, of your time upon Earth. Where you see need, and you can, give! Where you are in need, and there is one willing, receive! Let the cycle live, within you! Let the circle be complete, within you! And The Holy Spirit says: Amen, over, and over again, amen!

October 28, 2018

Resist
the temptations
to fall, into sorrow, or sadness,
hurt, anger, frustration; resist the temptations
to fall into any negative energies! And while you might ask,
"How do I know, which is negative?" I say to you My child, you know it
by the way it feels! Strive first to stand in the light that I send to you; for, My
light is flowing to you, into you, seeking to move through you! It is there, always!
In My light you are as you are meant to be. When you are in My light: you are
at peace; you have no enemy; your power is My power; your light is My
light; your love is My love; and all I have is yours. Therefore,
My light is your sanctuary, and your dwelling place.

And The Holy Spirit says: Seek first
The Kingdom of God; for,
The Kingdom of God
is within you.
It is near to you,
it is within your reach; but
sometimes it becomes covered-up
with debris, with desires of this, or that, as
you are reaching-out into the world, created by man,
trying to find joy and happiness, when all the time true joy and
happiness is found within The Kingdom of God, that is with you!
Today, be at peace! Let today be a study, of a peaceful presence.
Come the end of the day, you will have become "a peaceful pres-
ence," and you will then "know the power," of a peaceful presence!

October 27, 2018

If today
you rise-up, and see that
the dawn has come, celebrate,
celebrate the gift of the new day. If to-
day you hear the birds singing, sing along.
If today you feel the touch of the wind, as it
moves over the Earth, ride with the wind.
If today you see a blade of grass, or
a flower, or a tree, celebrate
the strength, and the
tranquility, that is
yours. Do not be
disturbed by the
ways of others.
Celebrate the way
you see the day. And
The Holy Spirit says: No
matter what is going on around you,
you have been given the power to create!
Therefore, when others are creating doubt, or fear,
or worry, or concern, you do not have to create with them.
You can create faith, and joy, and peace, and love, and compassion,
and understanding. Create a day that is worthy to share with God, that is
worthy to be blessed by The Holy Spirit of God. Create a day, that is worthy of you!

October 26, 2018

Resist
the temptation
to let your thoughts wander-
back: to old hurts, to old fears, to old
angers and hatreds, to arguments of the past; for,
in this way, you bring them forward, into the present, with you;
and there the energy is rekindled, and given power, and given strength. If
you find your mind wandering in the direction, be quick to forgive! Take that
moment, which is calling you back to recollection, see it, and know it; but then,
have the strength, and the power, I have given you: to look at it: to forgive oth-
ers, to forgive yourself, and to clear that incident; so it no longer draws you in-
to negative energy; so it no longer is the burden you are carrying. And The
Holy Spirit says: You do not have to carry the burdens of the past!
In fact, at this very second, this hour, of the day or night,
you can set-down all your burdens, relieve your-
self of the weight you are carrying. The
answer, the key, to how to do this
is forgiveness! If it is haras-
sing you from the past,
that is a sign
that forgiveness
is necessary; and then,
once the forgiveness is done,
you can move forward: free, light,
happy, totally healed, and recovered
from the wounds of yesterday, stand-
ing in the light, of the present, today!

October 25, 2018

Set your intentions
to make this the perfect day,
and check your intention progress
all along The Way, just to make sure
that you do not become: ensnared in
another's energy of gossip; embroiled
in another's energy of drama; caught-
up in the net of deceit and anger.

Maintain the energy you de-
sire to create, on your
own. Keep it
free
from debris.

And The Holy Spirit says:

The gift is yours, and you hold it; it is
yours to create further. Come the night,
you will hand it back over, filled with that
which you created, for the glory of God!

October 24, 2018

As you move through this day
there will be times when you are tempted
to go into the energies which are less than peaceful,
less than tranquil. When you encounter such an experience, be
still, take a deep breath, and go within to recall that you are the con-
necter between the dimension of Heaven, and the dimension of Earth;
and, by being so, it is possible for you to experience Heaven, as you move
over the Earth. In fact My child, it is possible for you to know the light of
Heaven, as you move over the Earth! Go forth this day, and be the light!

And The Holy Spirit says: Once you begin practicing, and remembering
that you truly can know Heaven, as you walk upon the Earth,
the next step will be to let Heaven flow through you
onto the Earth. Bless every piece of Earth
you traverse. Bless every indivi-
dual you encounter. Be
the light, today!

October 23, 2018

During times
of stress and anxiety,
of uncertainty of any kind,
do not follow the temptation
to run around, to hurry here or
there, to try to do more to compen-
sate for the feeling of lack. Do not list-
en to the callings of the world around you.
Take yourself aside. Be still. Be quiet. Bre-
athe deeply. And there, within your being, you
will begin to find comfort; and, if you will permit
yourself to stay, to remain a while, to linger just a
bit, that comfort will wrap around you, that com-
fort will give you courage, and confidence to rise-
up, and begin again. And The Holy Spirit says:
The world can be trying, and taxing, and chal-
lenging to those who are tired, and harri-
ed, and worried; but, for those who are
willing to take the time to rest them-
selves, and their spirit, they seem
better able to take each chal-
lenge, and use it as the op-
portunity it can be. To-
day, even if it is for
but a short time,
make the time
to move away
from the
chaos,
and
go within
to find "comfort,"
where it has always been!

October 22, 2018

Go forth into the world today,
and be the bringer of peace, and
joy; and, all those you encounter
will be blessed by your presence.

And The Holy Spirit says: Be
peace, be joy, so that
all those
you meet
will be touched
with your peace; and, in
your peace will find great joy!

October 21, 2018

When conflicts arise within you, or around you,
do not be stirred to immediate action. Step-back,
stand-back, observe what is happening, within,
or around you. What is the purpose of
the conflict? Do not be forced
to choose sides. Realize
that there is rarely
one side that is all correct,
and one side that is all in error.

Pray for the wisdom to see the light,
and see the conflict in the light; and soon,
the threads will begin to unravel, and that,
which was pulled tightly into a knot of conflict,
will become supple and smooth, and there, in a
crease, created by anger, or frustration, or
greed, or hurt, there will be glimmer
of a goal, once set, but quickly
lost in conflict. And

The Holy Spirit says:

Pay attention to the goal.
Do not lose sight of the goal,
and what you are trying to accomplish;
for often, the goal is not accomplished, because
of conflict, of ego. Keep your focus on the goal.

October 20, 2018

Some-
times the storm
you are called to calm
is raging in the world, all a-
round you; sometimes the storm
you are called to calm is raging within you;
sometimes the storm is within you, and all around
you! Still, you are called to rise-up, and calm the storm!
And The Holy Spirit says: If you could close your eyes, and open
your eyes, and see all that is happening around you, as "energy," in-
cluding the individuals around you, you would come to understand
that this negative energy is magnified, by that which people
carry with them, or by the energy held in the place
itself. There are locations upon the Earth
that are so saturated with negative
energy, that these places be-
come a feeding ground;
and, those who
travel there, eat
of that energy, and
carry it with them. While
this all sounds rather daunting,
I can assure you it is not. When you
see it as it is, the answer as to "how to master
it," becomes clearer. The only way to master this
negative energy, which is in a frenzy, is to take a deep
breath, and calm the angry sea. Use your creative power
to master the energy of negativity, and calm the angry sea!

October 19, 2018

Be as the leaf,
riding upon The Wind,
no fear, of where you are going,
no regret, of where you have been.
And The Holy Spirit says: Watch the
leaves, as they fall from the trees.
See them riding upon The Wind:
some settle on a grassy knoll;
some settle to ride a sweet
stream; some settle a-
mongst flowers,
on rocks and
other things.
See the beauty
in the leaves that fall, they
tell a story, for all, who will be still,
and see the beauty, that falls from the tree!

October 18, 2018

Dreams can be disturbing, or delightful,
soothing, or stirring you to anxiety. Dreams
are messages! While you might not understand
the totality of the message; and, even as you are
wondering about the dream, you have the ability
to grasp certain meanings which leak through.
Do not be disturbed, by the dream, but set
the intention that you wish The Holy
Spirit to bring you wisdom
about the dream,
during the day,
and it will settle within you.
Come the night, it will seem right.
And The Holy Spirit says: Seek,
and ye shall find. Knock, and
the door will be opened
unto you. Ask,
and you shall receive.
Sometimes the grandest gifts arrive in
the smallest packages. Sometimes that which is
waiting to be revealed to you arrives in the form of
an obstacle, or something difficult to do. Oh, there is
a grand adventure waiting for you. It is the new day!

October 17, 2018

At
first it
will take a
great deal of
effort and inten-
tion to stand quietly
in the face of anger, or
chaos, to reject the tempt-
ation to judge, individuals,
or institutions; but, if you
will exert the effort
the outcome will
be as a re-
ward;
for, you
will find that
what you heard,
while you were quiet,
gives you "understanding;"
and, what you refused to judge
brought you the wisdom of Heaven!

And The Holy Spirit says: It is often true
that as you are talking you cannot hear clearly;
and, if you are caught-up in a tense disagreement,
all reason falls by the wayside. If you can find it
within you to resist the temptation to react to
negativity, in any other way, but to be still
and quiet, and let God's love move you
to a positive action, there will come
a wisdom, there will come under-
standing, and held within that wisdom, and
understanding, will be the gift of compassion.
Today, listen more than you speak, and judge not.

October 16, 2018

You have been given the ability to create.
Do not limit your creation ~ to that ~ which others
around you create. Stand at the threshold of this new day,
take a deep breath, and let it be your intention to create this day,
your way, by creating the perfect day, the day you have imagined, the
day, you have desired. My child, you have the ability to do it! If you have
thought it, if you have hoped for it, if you have prayed for it, if it is in your
heart, it is yours to create! Therefore, knock down the boundaries and the
walls, and create a day that lives not on the Earth alone, create a day fit for
Heaven and Earth together, as One. And The Holy Spirit says: You are a
co-creator with God! That will take a while to embrace, totally and th-
oroughly. You are going to create today; and, your day will unfold,
as you create it to be; therefore, before you begin your cre-
ation, set your intention in the light of God,
so that your day unfolds, filled
with the light,
and the glory of God,
streaming through you. Rise-up,
and walk into the day, you are creating,
and you will find great joy, and you will live, in peace!

October 15, 2018

If you have been rejected by friends or family,
by work, or by any other person, or institution of
any kind, do not take this rejection into your being
to let it fester, and brew, within you. I ask you to come
here, sit with Me. Let us be still and quiet together; and,
let it be! And The Holy Spirit says: Rejection can be dif-
ficult, a hard pill to swallow, a bitter cup to drink; but, it is
important, not to let rejection drag you to the brink of
despair, or isolation. Once you sit quietly, and
let God's love flow over, around, and
through you, you will have
the answers to
the questions
rejection
raises
within you.
Be at peace
this day, and let it be;
let it be that your actions begin,
within the light, and the love, of God!

October 14, 2018

Do
not be
worried.
Do not be
concerned,
or anxious. Do
not be ashamed,
do not hide your face,
in any way; for, I love you!
Whatever comes to you, you have
the gifts, within you, to master. If you can rid your-
self of the negative feelings, that crowd into your thoughts, and sit
with Me quietly, we will master, together, that which comes to you; and
it will be a celebration of our communion, of our love, of our joy. And
The Holy Spirit says: Isn't it amazing, isn't it joyful, isn't it
wonderful, and isn't it to be celebrated
that the door to God
is always open
to you,
that you
have access
to The Creator
of All Things, and
The Creator of All Things
reaches-out to you? Do not deny
yourself this opportunity and this honor.
Accept, embrace, and enjoy that, which is
yours, in the light, and for the glory of God!

October 13, 2018

When you are lost, or are in unfamiliar territory, a good thing to do is to follow the flow of a river; walk by the river; go in the same direction the river is flowing; and it will eventually lead you home, to a friendly city, to a place of comfort once again; and, during your journey, you can also be assured of drink, and food, from the river, which soon becomes your source of life. Let My love be the river, which leads you out of the unfamiliar territory, into the sanctuary, which leads you from darkness, into light; for, while you are upon the Earth, you are taking a huge journey, and at the end, it will lead you Home. If you walk by My river, if you will be with My river, you will be assured of drink, and food. It will be a source of life. I send you the river of My love, draw near to it! And The Holy Spirit says: If you will look around you, as you walk outside: look-up at the sky, look-down at the Earth, look all around at trees, and birds, you will soon see the lessons of God: in the birds, in the rivers, in the trees; and, when you draw so close to The Creator of All Things, it is easier to hear The Voice within, The Voice which prompts your soul to sing!

October 12, 2018

So that you will not flounder, or wander in doubt, The Holy Spirit has been sent to each of you, My children! The Holy Spirit was not designed to go to just a few. The Holy Spirit dwells within each of you! Go within, sit quietly, ask your question; and the answer will come, and the answer will be of wisdom, and the answer will be filled with light, and the answer will bring you confidence to rise-up, and walk, day and night, "knowing." And The Holy Spirit says: Come and sit with Me, and I will provide thee all you need. The world might question your actions, or your words, because they do not understand: the decisions you have made; the places you have chosen to go; the things you have chosen to do; but, if you go as I guide you, you will find courage, and confidence, to do what you are meant to do; and, all will fall into place, because you took the time to be still and quiet, and let Me fill you with all you need to know. Come, sit with Me, and let us go together in wisdom.

October 11, 2018

You can make a determination, you can make a major decision right now; no matter what challenge you are to face this day: be it a challenge in the work environment, in the home environment, in the weather environment, in relationship, health or emotional matters, you can decide right now, to master the energies that flow toward you in a way of peace: rejecting, and casting from you, all negative energies, and wrapping yourself in My light, and My love; taking each challenge, one at a time, as they come, resolving the issues, taking care of matters, with a heart, with a body, with a mind, and with a soul filled with love! If you will do so, come the end of the day, you will be in celebration, for that which you have mastered. And The Holy Spirit says: When there is victory in a sporting arena, there is celebration and cheering, because something is accomplished. When you master classes in school, when you master a trade, when you master an art, when you master anything which requires effort, sometimes great effort, there is cause for celebration. Make the decision this morning, that you will master, what comes to you; and, you will do so, with love; and, come the end of the day, with the thanksgiving celebration, you will rise-up, and give the glory to God!

October 10, 2018

No matter where you are right now,
you have the opportunity to create,
and bring forth Heaven... onto the Earth,
for Heaven is near to you, Heaven is with
you! Let the place where you reside: be
Heaven upon Earth; be peace, and joy,
and comfort. And The Holy Spirit
says: You do not have to
wait, for eternity,
because you
are already in
the eternal process;
right now, the present piece of
eternity is with you; you are living it;
you are creating your piece of eternity;
therefore, let it be your intention to make
the space, wherein you reside, Heaven upon
Earth. It is possible to do; therefore, create,
so that you, and all around you, know that
Heaven resides, where you do reside!

October 9, 2018

When you are where you are meant to be, doing that which you are meant to do, you experience a sense of comfort, and confidence, in all you do; there is an air of joy about you, because you are where you are meant to be, doing that which you are meant to do. And The Holy Spirit says: Even when all the world tells you to go this way, or that way, listen to your heart! Sit quietly, and listen for The Whisper, from within; for, it is from within that you will "know," that which you need to know; and, The Whisper will lead you to exactly where you are meant to be, guide you into doing exactly what you are meant to do; and, because you are working together, with the guidance from within your being, you will find a comfort, and a confidence, and a joy, which are the product of that which you carry within you. Comfort, confidence, and joy, these things are the fruits, that you will bear, when you follow the wisdom, from within you.

October 8, 2018

You know that you do not want to become ensnared in the energies of judgment regarding others; however My children, apply this to yourselves, as well.

Do not be harsh, upon yourselves. Do not judge yourselves, unkindly. If you are dealing with this issue, in any way, it is a sign that you care about your spiritual life; therefore, do not judge yourself; for, you are in the midst of trying, of applying, of practicing.

Yes, what I AM saying is this, if you are concerned about it, you are already doing it. You are beginning to understand that you should not judge yourself!

Today, spend the day being kind to yourself. And The Holy Spirit says: You have embraced The One! You have embraced the teaching, that all creation is One! Following the teaching that all creation is One, you have also embraced that judgment of one, falls on all. The step to be taken now, is to include yourself in the all.

Do for yourself what is good for The One, just as you do for others what is good for The One. You are a unique piece of The One!

October 7, 2018

When you focus on: what others are doing,
what others are doing wrong, where
they are going, it is easy: to lose
focus on your own path,
to trip over obstacles
that you might otherwise
go around, or move, easily.

Focus on what you are doing!

And The Holy Spirit says: The
temptation to meddle, to gossip,
to pay attention to what others are
doing, is a huge distraction! This dis-
traction can lead you astray. Pay at-
tention to your path every day; and,
let the other things, take care of
themselves. Pay attention to
where you are going.

Pay attention to
the thoughts
you are
creating.

Pay attention to the words
you are speaking. At the end
of the day, this will produce a feeling
of comfort, a feeling of peace!

October 6, 2018

Whatever happened "yesterday," is the past.
Today, is the present! Do not fritter it away.
Do not use this present piece of eternity, by
languishing in the past, by looking into to-
morrow; for, tomorrow will take care of
itself, if you embrace eternity, today.

It is a new day; you have the op-
portunity, to walk into this
new day, determined:
to treat the Earth
as The Garden,
it was intended to be; and,
to greet all inhabitants of Earth with respect,
kindness and love. It is here. It is with you.
It is the present piece, of eternity you call
today. Use the opportunity wisely. And
The Holy Spirit says: No matter what
you have done in the past, you have
a new beginning today, a new op-
portunity to set aside energies
that are less than light, and
love, and: embrace the
gifts, you have been
given; open the
gifts you have
been given,
use the gifts
you have been given, and,
let it all be done, for the glory of God!

October 5, 2018

Carrying a grudge,
or holding onto anger, about
something that happened days, or years ago,
is tiring; it is like carrying around an anvil,
a weight you do not need; but, it is easy
to free yourself, so that you can feel
lighter, and better, so that you can fly;
and, The Way to release this heavy burden,
this unnecessary weight, is through forgiveness!

And The Holy Spirit says: Quick,
think of a name,
someone that
you are unsettled about,
or bear a grudge against.

Now that you have that name, forgive, from your heart, understanding that you are doing your part, in freeing yourself. Tear the anger, and the hurt, and the frustration, from yourself, pull-it-out and set it down; and, free yourself, and all others around you, one at a time, one a day. Do this, and soon you will be able to say, "I feel light, I feel better, here I come angels, I am ready to fly with you!" This is how easy it is to feel better! Forgive someone today, in earnest and from your heart; and, you will feel this way!

October 4, 2018

When you are driving your vehicle, and become distracted, looking to the right, or to the left, or addressing a matter inside your vehicle, it is easy to go in the wrong direction, to have a mishap. It is necessary to focus on where you are going, and what you are doing; and, distractions, of any kind, can draw your attention. Be mindful, because your body is your vehicle, and you have a goal. Do not be distracted. Maintain your focus. And The Holy Spirit says: In the course of a day there are many distractions, which come your way. Maintain your focus on your path, on The Way, on the light. If there are those, who come after you, it is important for you to stay the course, so that you do not lead others off, in the wrong direction, because of a mere distraction. To avoid all distraction, stay connected with God! Rise-up this day, make the connection, and let it stay with you! Walk, over the Earth, connected with God, connected with Mother Earth, and watch the miracles occur all around you, because you are the connector, between Heaven, and Earth!

October 3, 2018

A new day is dawning. Look! See, there comes the light. This new day is filled with promise, and opportunity. It is "a new start." It is a cycle, repeated yet new, over, and over again, giving you the chance to do, that, which you wished you had done, before you knew The Way. And The Holy Spirit says: Do not miss this opportunity, because it is with you; do not shake the responsibility, of accepting the opportunity, for, the responsibility is with you, too! Welcome this day, create the perfect day, because the opportunity comes with the light! Look! The new day comes!

October 2, 2018

When the city
becomes too much to bear,
take yourself out to the countryside, and
you will find Me there, more easily than it is possible to do,
with so many people surrounding you, with so many energies rampant
and free, because out in the countryside, it will be you, and Me. And The
Holy Spirit says: Oh, it is easy to speak with God, to walk, to talk, to dance,
to sing, to have this conversation with God, and all the comfort and joy it brings,
when you are alone and peaceful, walking a path in a forest, by a stream. Now,
it is possible to talk to God in a city, filled with people, and vehicles, and en-
ergies most chaotic; but, it is difficult. Therefore, create a pattern which
you will follow, taking the time to remove yourself, from the noise; to
retreat, in the silence, where the song of the bird becomes a
symphony, and the breeze through the trees, be-
comes the whisper, you long to hear,
for, it is mine!

October 1, 2018

The best way to help another, who is caught in a situation, of an unpleasant nature, is to first drink from the chalice of compassion; and, then proceed to the chalice of understanding. Then, you are prepared to move to the state of prayer, and blessing. These things must precede any action; for, the best way you can help another, is to bless them often, in prayer.

And The

Holy Spirit says:

It is often the case that the desire to help another does not result in that being achieved; and, help seems to resemble a misstep, rather than assistance. It is only because one begins the desiring to help, without first drinking from the chalice of compassion, from the chalice of understanding, and then, moving to prayer, to bless; for, every time you bless another, it is as if you are giving them, a spoon-full of encouragement a spoon-full of support, it is medication for the spirit. Do not underestimate the power of prayer, the power of blessing.

September 30, 2018

It cannot be said too many times;
therefore, I repeat, and repeat, and
repeat. I will repeat until the children
of Earth not only hear, but know, what I AM
asking; what I would like for you to do, is to love
one another, and be kind, to all creation. And The
Holy Spirit says: Many of you hear the words, very
few can take the words and bring them to life, by
your actions. There will always be a few, who
insist on loving one another, and being
kind; but, until those of Earth
do so, they will
experience
the result of being
mean-spirited, of being
self-centered. The result(s) of not
loving one another is war. There will be
peace, as soon as you love one another; this
should be reason enough, to love one another!

September 29, 2018

Love one another,
and be kind to all creation.
A child can hear the guidance, hear
the direction, and know The Way; but,
as you grow in years, as you age, you at-
tempt to make this direction, this guidance
more complicated, and complex, making it
so much so, that you feel you are not wor-
thy, that you cannot follow the direction
I have given you, and you fall by the
way. But the child, knowing the
clarity of the direction, sets
its foot upon the path,
and confidently
goes about
the day,
loving
and being kind.

And The Holy Spirit says: It is
not necessary to make any other rules,
or regulations; it is not necessary to make others
conform, to your own rules and regulations; the only
thing necessary for peace to prevail, is that each individual
practice: loving one another, and being kind to all creation!

September 28, 2018

Let the past be forgiven,
let the present be blessed;
for, the future is a promise.
And The Holy Spirit says:
The wise live in the
present, piece
of eternity,
making it
the best piece
of eternity it can be,
with regard to what they are
creating. In this manner, the day
is blessed, and sacred, a preparat-
ion for the future, which is a promise.

September 27, 2018

If you wake-up this day still harboring guilt, hurt, worry, anxiety, anger or frustration, or any other negative energy residue left from days before, come here, come sit with Me, and together we will cleanse these things from you.

We will move them out.

We will cast

from you

all doubt;

and, we will replace

these places, which once

held shadow, with My love

and light for you. Come, this

is what we shall do. And The

Holy Spirit says: Check how

you feel; check what you

are thinking. Be vigil-

ant, before you

open your

mouth,

or go on your way,

clean-up the negative debris,

and residue, of yesterday, and make The Way

ready for a grand new day. It does not matter what occur-

red before. You have the opportunity to throw open the door to a new day, and go forth. Take the opportunity. Seize the day.

September 26, 2018

Fight
the urge
to spread gossip,
to repeat what another, or
others, say to you about some-
one else. Hold your tongue. Do not
let this energy flow from you. Stop the
energy, as it comes to you; and then, begin
to bless... to forgive... to release... on behalf of
others: those who are the victims of the gos-
sip; and, those who are the spreaders of the
gossip. Bless all, and let peace fall upon
you, and all those around you.

And The Holy Spirit says:

Reject the temptation
to gossip,
to speak ill
of others; for, in
speaking ill of others
you are cursing others.
Choose to... bless... others!
If you must speak their name
speak it, with a prayer and a blessing.

September 25, 2018

Be
still, and quiet,
from within your being.
When you are still and quiet within,
it is easier to establish love on the exterior,
it is easier to let love flow into and through you,
and out, and onto, all those around you. Be still!
And The Holy Spirit says: You might ask, "Can
it really be so easy?" And, I answer you,
"Yes, it is easy! When your intention is
to do the will of God, love will
come, naturally, because
love is the will of
God!"

September 24, 2018

When
you choose to
walk the path of enli-
ghtenment, your journey is
still a journey, you still face ob-
stacles, decisions are to be made; but,
as you are on the path of enlightenment,
these obstacles, this journey, these decisions
occur within the energies of love and compassion,
understanding, forgiveness; and, in this way, and in
this light, the journey becomes sacred. And The Holy
Spirit says: This day you will walk along the path.
You will encounter situations.
You will encounter individuals.
All the things that come to you
can be acknowledged by you,
and blessed by you. Reject
the energies of frustration.
Reject the ideas of
judgment.
Reject all things
which interfere with light,
which diminish the light in any way;
for, you are to be a light, unto the world;
therefore, go forth this day, and let your light shine.

September 23, 2018

Remember, I sent, unto you, My Holy Spirit,
to be "your counselor, and guide you," from within,
so that you might feel the support, and hear the guidance,
and grow in confidence, and know The Way! And The Holy
Spirit says: So that you might know you are never alone
The Holy Spirit of God was sent to you. Even when you
are standing in the middle of a desert, you are not alone,
you shall know The Way. Even if you are afloat in the
middle of a vast ocean, you are not alone, you will be
shown The Way. Even if you stand at the highest
peak, on the tallest mountain, with no one a-
round, and your head in the clouds, you
are not alone, you will know
The Way, because I
AM, within
you!

September 22, 2018

Know.

your true value.

Know your worth.

Know your greatness,

that comes to you,

directly from Me;

for, I love

you.

Many on Earth

might be able to say

that their mother or father

is this person, or that person;

and, the name holds some significance.

All stand back and say, "My goodness. You

are the child of so-and-so?" Today, ponder, and

then realize, in every way, that you are a child of God.

And The Holy Spirit says: Yes, you are a child of God;

and, while it might be easy to say, or sounds like the

words of a song, you might sing, or teach to child-

ren, the importance of the statement has not

made it, clearly, into your being, has not

found a seat of importance, within

you. So, today whisper it

to yourself, over

and over,

"I am,

a child of God!"

Let the realization sink-

in. You are a child of God,

and your destiny is to return Home,

and live, forever, in the light, and glory of

your Eternal Parent, The Creator, of All Things!

September 21, 2018

Do
not
use-up
the hours
of this day, looking
back into the past, or won-
dering, what lies ahead. Today, is
The Present Piece of Eternity,
that is a gift, to you!
Look around.
See that
which
is with you.
See the present
eternity, today! And
The Holy Spirit says:
There was never a better
day, for dancing or singing.
There will never be a better
day, for taking a long walk,
or gazing up into the sky.
Use that which has been
given, unto you. If
there is a hand
which reaches
for yours,
hold it.
If there
is a heart
which loves you,
love back. Let today be the per-
fect day, as it will never come again!

September 20, 2018

If
you will
take the time to
follow the thread
of your belief in Me,
you will soon come to
understand a bit the mira-
cle, and the mystery, of faith.
And The Holy Spirit says: Faith
is an interesting gift. It is one of
the few things that you will embrace
without seeing, without having con-
crete evidence of its existence; it
is something born within you,
borne by you; and, when
nurtured, grows
within
you,
to such
a degree that
you can do all things
in faith. Today, celebrate the
gift, the miracle, the mystery, of faith!

September 19, 2018

For
those
of you,
My children,
who are waking,
I call to you and say,
it is time to rise-up, rise-up fully,
and pay attention to the signs, as they come to you,
because they will point The Way, and they will do so rather clearly,
if you will look, notice, see, accept, and embrace that, which is sent to you,
without consideration, of what you might choose to do, but in a desire to follow
The Way, you choose to read the signs, and follow! And The Holy Spirit says: All of
God's creation can read the signs, floating through the dimensions. The birds of the
air, and the beasts of the ground, the fowl, the fish, all creations, read the signs of
the seasons, or the signs of each other, and know: what to do, when to prepare,
when to move forward, when to stop, and stay. The green kingdom of Earth,
the seas and the rivers, as well, all read the signs, and know what to do:
whether to enjoy the budding of spring, or the first falling leaf of au-
tumn; whether to rise-up and shine, or to sink below the blanket
of Earth, and be still, for a while. Human beings are slower
to see the signs, because they have walked farther, and
farther away, from nature. It is hard to see the signs
when you live in concrete and steel, but still,
they come. Be still, be observant, and
vigilant, and watch for the
signs, for they
come!

September 18, 2018

Your
lifetime
upon the Earth
is much like a river, flowing.
Sometimes the river flows slowly, some-
times the river is filled with power, moving quickly.
Each day within that river of your lifetime upon Earth is an experience of
changing energies. Begin to look forward to each day, and the changing energies:
to see how you can adapt to those energies, moving all around you; to see if you can
work with those energies in such a way, that they do not impact you, but rather, you
impact the energies, so that they do not change you, but you alter the energies
to fit your day, beautifully, to fit your purpose, exactly. And The Holy Spirit
says: Do not permit "dread," to slip into your thoughts, wishing
you did not have to face something, or do something, or
experience something. Alter your perspective
slightly. Understand that all things move
into, stay for a while, and then leave,
the space around you. Let the
energies flow. See them
come, and see them go.
Work with the ener-
gies. Soon you will know,
and master, each that comes to you.
Look forward to each day in the river that
is your lifetime. Flow with the river, learn the
energies of each day, and celebrate, all along The
Way; you are in the river of your lifetime, upon Earth!

September 17, 2018

It is rarely easy to forgive
the one who believes their actions were,
or are, justified; but, with practice, it can be ac-
complished. And The Holy Spirit says: When you ascend to
the plateau where forgiveness comes easy, for all things, you
have reached that place, and that degree of understanding, re-
garding energy, and you begin to participate, in the repairing,
and the moving, of energy upon Earth. You see clearly
how forgiveness is the key to moving energy
effortlessly, to keeping all areas
clear, of debris.

September 16, 2018

Do not let the ways of the world,
the challenges of the world, the responsibilities of the world, rob you, of the glory, of living!
There is a way to address each challenge, each responsibility that is yours in peace and tranquility.
Breathe deeply, be still, and you will feel My love for you; and, the energy of My love for you will carry you, through, each day, step by step, all The Way.

And The Holy Spirit says:

When there seems
there is too
much to
do, the
best
thing
you can do
is to be still,
stop, take a look
around, survey all that
needs to be done, and then,
begin, one thing at a time, one
process at a time, until you have
reached a place, a station, a level
where anxiety is no longer your partner,
and you can see clearly, progress is being made. This can all be done peacefully, calmly, and quietly.

September 15, 2018

Lead your life in such a way, that it is obvious,
every day, that you are led by The Light.

And The Holy Spirit says: Live your life in The
Light of God. Do not make complex
that which is simple, and the simple
answer to every question, which
might arise begins with love!

Soon you will learn how
to master the energies
within the scope of
love; and, all things
will come together. Creation
began with the energy of love.
Let it continue, through you!

September 14, 2018

Your life upon Earth will be different, My child, if you
set the intention, and the course: to follow the guidance
sent your way; to read the signs sent to you, which come
each day; to pay attention to what you think you should
do, rather than dismissing it, because you categorize it
as only your imagination, something you thought-up.

Begin to accept everything that flows your way, as
an alarm, as a call to service, as a good action
to follow, as the words you should say; and
then, sweep all thoughts away, which
are less than noble. I smile upon you,
as I say, "And that is all for
you, to do, this day."

And The Holy Spirit says: This
guidance is good, and true; and,
while God might smile, and think
it seems a lot for you to do, actually
it is not so much, when you think of
all you must do, to undo, that which
is done every day by you. This
direction is given to you
so that you might stay clear,
and be free, of all manner of debris.

Be at peace this day, and ask, and you will
know The Way, because it has been said, "Seek,
and ye shall find. Knock and the door shall be opened."

September 13, 2018

Strip from yourself all things
except the gentle spirit, you find within;
and, if you do not find the gentle spirit within,
plant one there, and then begin to nurture it, and
let it grow, because it shall be, that the gentle spirit
will heal the wounded! And The Holy Spirit says: When
comes the day, that all are screaming, yelling, running,
and in a chaotic fervor, there will be those gentle spirits
who have been trained, and brought-up, in The Way;
and, they will not be disturbed, by the noise of the
day, they will open their arms, and say,
"Come, and be healed!"

September 12, 2018

The climb up the mountain,
which you once thought impossible,
becomes possible, with a change of attitude,
and preparation. The swim across a body of water,
which you once thought impossible, becomes possible,
with a change of attitude, and preparation. The words,
"I cannot do that," become, "I can do that. I will do that,"
with a change of attitude, and preparation. And The Holy
Spirit says: The second you change your attitude, about
accomplishing a goal, victory is within your reach.
With every hour you spend in preparation
your goal will soon be accomplished;
and when you say, "I will do it,"
it shall be accomplished.
All this happens,
when you
believe
you can do it,
change your attitude,
and make preparations.
Adopt this practice, today;
and, all that seems impossible,
will fade away, leaving before you
endless possibilities, glorious days!

September 11, 2018

Do
not
try to
correct
others, by
telling them:
what they did wrong;
what they are doing wrong; or, if
they continue along the path they are following, what
they might do wrong. Choose to correct that which needs changing
within yourself! Make these corrections, and improvements, within yourself.
Do not correct others, until you have realized "perfection;" for, My child, once you
realize perfection, you will have the wisdom to see that you cannot tell, or speak, or cajole
others, into doing what you think they should do, and have the result you expect. The best
way to show The Way is to live The Way! And The Holy Spirit says: Be the living word;
for, others see what you are doing, others hear what you are saying; and, in seeing
what you are doing, and hearing what you are saying, they have an idea of
what you have been thinking. In this manner, others make their
free will choices to follow the example,
or to reject the example. You
speak with your deeds!
Show The Way, by
being the living
word; be love,
and be kind,
to all creation!

September 10, 2018

Many
take the time,
and put forth the effort:
to adorn their bodies, with
jewelry and clothing; to deny
themselves food, to change their
appearance; to paint themselves to be
more appealing; to pay someone else to cut-
off this or that, or to put this or that on, in order to re-
create their bodies. There is much time taken on the presentation
of the seen, the body. I say unto you, spend that time on the unseen spirit that
you are. Address the issues which need addressing, in fact, which are calling-out to
be addressed. Change your perspective! Practice using love! Practice being kind!
Practice understanding others, and holding compassion for them! Practice charity!
Do not adorn the seen, and neglect the unseen, because the unseen spirit
animates the body. And The Holy Spirit says: Do the things
which will give you health,
and happiness, which
will give you contentment,
which will lead you to peace.
Sit quietly, and practice humility,
and generosity and kindness, and
compassion! These are the things, and
The Way to health, and happiness, and peace!

September 9, 2018

I know your days are busy,
filled with work, and responsibility;
yet, I ask you to do something for Me,
with Me. When you rise-up, to go-out
into the day, come sit with Me, first,
come sit, and we shall pray; and,
I will bless you, and give you
strength, and courage,
to carry you
through
the day.

And The

Holy Spirit says:

When you stop, first,
before you begin your day,
to sit with God, you bless the day,
you bless The Way, and The Way is made
clear, for you, because of what God did say unto
you. Begin each day, in a special way, sitting with God.

September 8, 2018

Every time you entertain negative thoughts
about another person, or a particular situation,
you immerse yourself in the energy of that individ-
ual, or that situation, you make yourself a prisoner
of the thoughts, of that individual, of that situation.
Freedom is blessing, releasing, forgiving, and loving.

Do not become entangled, or ensnared, with what
others are thinking, or saying, or doing. You
cannot control what another thinks,

or says, or does. How-
ever, you can master
your own thoughts,
your own words,
and your own deeds

in such a way, that they re-
flect the glory, of The Kingdom

of Heaven. And The Holy Spirit says:

You have a responsibility to maintain your
thoughts: so that they are the seeds of peace,
and light, and love; so that they are the seeds
of understanding, and compassion, and kind-
ness. This responsibility is set, with you!

September 7, 2018

With the coming of each new day
you are given the opportunity to free yourself
of the chains, and the shackles, that hold you down,
that keep you from moving forward, upon your quest:
to see the light, to know the glory, to hear the story, of all
creation. So, as you begin this day free yourself. Free yourself
of any grudge you might hold. Free yourself of any hesitation you
might carry regarding forgiveness, or love. Drop those things im-
mediately. Take a deep breath; and then, feel My love flowing
to you, and let it continue to flow into you and through you.
And, in this manner, off-you-will-go, into the new day.

And The Holy Spirit says: As you spend years upon
the Earth, the burdens that you carry
might grow heavier, and heavier.
They will grow heavier, and heavier, if
you cannot free-yourself of past grudges,
if you cannot open your arms, and your heart,
and say, "Yes, I do forgive you." And, in so saying,
forgive yourself as well. It has become a common practice
in the world created by man to hold grudges, because you feel
you are justified, to hold-back forgiveness, because you feel
you are justified, because you feel, perhaps in most cases,
that "the other person," is the guilty party. Erase this
thinking process from you. Open your heart, and
do as Jesus instructed you. Forgive all things
in order that you, too, might be forgiven!

September 6, 2018

Great
is the one
who "chooses,"
the path of humility
and loves all creation.
And The Holy Spirit says:
The one who finds the gift
of freewill, and leaves it in-
tact, in the hands of each re-
cipient, is blessed, many times
over; for they hold the wisdom
to understand, and know, that,
that which God has given, is
meant to be so. Do not
take from another,
what God
has given
to them, freely,
The Gift of Freewill!

September 5, 2018

Let love
envelope all you do;
for, love is the energy which
lifts - you - up, brings great light,
supports you and all those around you
in the arms of comfort, and confidence.
Wherever you are let love be there too,
with you. And The Holy Spirit says: Even
the most challenging individual can feel
the gift of love, flowing, from you.
When you open to the love of God
let it flow through you, and direct
it right to them. It is a powerful
gift, a gift rarely received;
for, few know that love
is the most important
energy of all. It
is the energy
of creation,
and The Power
of Love is within you!

September 4, 2018

Do not use your precious energy to pollute the world, with angry thoughts, and words, and deeds. Do not pollute those around you, or yourself, in this manner; for, anger is a vicious energy, a sword that will strike the creator, as quickly as the victim, of this energy. Cleanse yourself of anger, by standing in the light! And The Holy Spirit says: When you come to understand "the importance of energy," how it moves, sometimes subtly, sometimes with great impact, and force, you will come to the place where you desire to master the energy around you. When that day does come, rise-up and master, so that the energy around you is pure, and light, conceived in love.

September 3, 2018

Stand directly in My light. Refuse to react to another's negative thoughts, words, or deeds; for, in reaction, to negative, you magnify the negative, you add-to the negative; but when you stand firmly in My light, and act, from My light, with My love, the course of the energy changes, and My peace, moves in where chaos once did reign. And The Holy Spirit says: It has become common practice, in the world created by man, to heap reaction, upon reaction, upon reaction, exchanging negative energy. The only way to stop chaos, and confusion, and anger, and mistrust, and any other darker energies rampant in the world today, is to let the love of God flow through you, and pour-it-out; and, this love, flowing from you, poured-out on the angry sea will calm the waters, will bless thee.

September 2, 2018

Lead
your life,
in such a way,
that you bring the joy
of My light, and My love,
into every day. This is how
you continue My creation. In your
attempts to maintain, and sustain, life
upon Earth, always remember to season
all that you do with love, and understanding,
and compassion. And The Holy Spirit says:
Sometimes it appears that to follow
The Ways of God, you must give-
up the ways of the world,
and this is not true.
You must:
bring The
Ways of God
into the ways of
the world, with you!
Let the ways of God permeate
all you do. When you work, work with
The Light of God all around you. When you play,
let the light of God illuminate, all that you do. In this Way
your joy and your excitement for your life on Earth, and eternally,
will be illuminated for all to see will mark your path will show The Way!

September 1, 2018

Being
in the world,
but not of the world re-
quires two things. Use the talents
you have been given to maintain a living
in the world created by man. Use the gifts of
The Holy Spirit you have been given to maintain and
sustain your eternal life, in the realm of the unseen.
By using your talents and using your gifts of Spirit
you will be in the world, but not of the world.

And The Holy Spirit says: It is easy
to lose your way
when you insist
on going your way,
alone, separate from
God's will. You are filled
with grace, and light shines
from your face, when you make
the determination: to use the gifts
you have been given, to illuminate
your talents, to show The Way, to
be The Word, to be The Light
unto the world.

August 31, 2018

Do not be the divider, separating people, one from the other, through thoughts and words and deeds of hatred and anger, of grief and jealousy. You are meant to be the light unto the world; therefore choose rather to be the provider, bringing light wherever you go, sewing the seeds: of love, of respect, of kindness, of patience, of consideration, of compassion.

The world will know
you are My child, by the love
you carry, by the light you provide. And

The Holy Spirit says: Whatever you feel you are lacking, give that away, and you will soon learn the truth, there was never a lack to begin with. The lack was created within your thoughts. Possessions do not bring happiness or joy; for, you can find happiness and joy amongst those who have very few worldly possessions. Whatever you feel you are lacking, give, to another. If you feel you are lacking love, give love to another. If you feel you are lacking kindness, give another the gift of kindness today. If you feel you are lacking understanding, and compassion, give understanding and compassion, away, today, in copious amounts, and you will find, by the end of the day, that by giving, you have wiped the lack away. Go-out into the world, and be the light unto the world. Let that be your mission, today!

August 30, 2018

You
 have reached
 the time upon the Earth
 when the knowledge of all recorded history
 is at your fingertips. It is possible for you to know the answer to every question you have
 about the history of mankind upon the Earth; but, this ability to know, all that has been
 written, and recorded, has not brought happiness, has not brought joy. It is a time
 of great abundance of things upon the Earth; yet, there has never been a time
 when the Earth has been so covered with lack, with need, with hunger, with
 thirst of Spirit. Choose first, the things of Spirit; then, happiness will be
 yours. Peace will be yours, when you live, and know, the unseen realm
 of Heaven; and, it is possible, for you to do, while you walk the Earth. It is
 possible to be in the world, but not of the world. And The Holy Spirit says: Sur-
 round yourself with those of peace; for, within peace, you find true happiness, and
 joy. Do not be grasping for the things of the world, which will leave you empty and
 unfulfilled. The world created by man has never been so empty and unfulfilled. Choose
 first, the things of The Kingdom of God. Choose first to make it your business to be for-
 giving! Choose, first to make it your business to be loving,
 for the greatest commandment is all about love.
 Set your course for the day,
 and let it be a course
 of forgiveness
 and love.

August 29, 2018

Believe
 The Word(s)
 Jesus did say, for
 He told you the truth!
 He told you how to live each
 day; He did not speak to humor you,
 or to stretch the truth a bit. He did not lie, when
 He said unto you, You can do everything I AM doing, and even
 greater things. What does that statement mean to you? Do you believe
 it? If you do, then rise-up, and go-out into the world, and do even greater things,
 in His name! And The Holy Spirit says: Do not be distracted by the ways of the world.
 Let your attention stay focused on the love and the healing light of God. Do not be dis-
 suaded from your belief; for, within you, you know the truth. And knowing the truth,
 shall set you free, of: worry, doubt, concern, envy, frustration, greed, hatred, and
 anger. Take to heart, that, which you believe, and let your deeds speak for you.

August 28, 2018

Come and sit with Me for a while, My child.
Focus on My love for you. Focus on My love
for you in such a way that all the thoughts and
cares of the world fall from you, fade away, as
we come, increasingly closer, and closer. Draw
near to Me, for a while. And The Holy Spirit
says: Find that quiet place where you can
be still. Focus your attention on your
eternal life, which springs forth
from The Creator
of All Things;
for, there is
healing in
the pool,
which is the lap
of God; and, there is
great comfort in the well,
which are The Words of Jesus!
Sit in the lap of God, drink from the well
of Jesus, and let Me fill you, with My wisdom!

August 27, 2018

Your
intention
to forgive all things
will carry you far along
the pathway of forgiveness,
will open the door, will begin the process;
but, it is best not to become used to saying the words,
and letting it go. When you say the words, let them ignite your intention
so that you continue the progress, and the process. And The Holy Spirit
says: You will receive reminders, all through the day, and sometimes
the night, to assist you in the forgiveness process.
When you think of someone,
or some incident
which needs
addressing,
or completion,
accept the message,
and say in earnest, "I for-
give." Repeat it, with every
individual or situation brought to
your attention, simply, "I forgive."
Soon, after many repetitions, you will
find forgiveness is complete. "I forgive!"

August 26, 2018

Do not
criticize others
for doing good works,
for performing great deeds, for
healing the sick, feeding the hungry, and
quenching the thirst: of those needing, of those
lacking, of those who are poor. Be mindful, that
you do not welcome the spirit of jealousy, when
you see others doing good works. And The
Holy Spirit says: God sends many, out
to do the work, of
The Kingdom
of God; for,
Earth is of
The Kingdom
of God; therefore,
let the trumpets sound;
it is time to move forward! Do
not question who is on your right, or left.
As long as they are "performing the deeds," of
The Kingdom of God, celebrate, and march forward!

August 25, 2018

Today, be as one, with the creation of Earth.
Do not try to stop or slow the river. No, get in-
to the river of My love: and ride the waves; and
feel the current; and let your blood, and the current
of the river move, as one. Do not call the birds from
the heavens to have them come settle with you. No,
rise-up, and fly with the birds of the heavens; and,
enjoy their extraordinary view of Earth. Do not
walk through the creation without seeing, and
knowing, and a great celebration, that you
live, that you are a part of the creation.

And The Holy Spirit says: Look around
and see, the extraordinary stage
all set, for thee. Take a deep
breath, and walk-out and
"know," who you are!

Walk with majesty
this day. Walk
with humil-
ity this
day.

Sit in
the sun, and
sit in the shade,
and look at what God,
The Creator hath made!

August 24, 2018

When you see
the beauty of Earth, you be-
gin to know Me. When you celebrate
the beauty of Earth, you draw near to Me.
When you live in awe and respect of the beauty
that is Earth, you begin to learn My ways. And
The Holy Spirit says: Do not let one day go by
that you do not look and see, celebrate
and respect, and honor, the
beauty, that is Earth!

August 23, 2018

Set
your
course,
and follow,
allowing your
Earth journey
to unfold, one
step at a time,
leaving your
mark, tell-
ing your
story.
And The
Holy Spirit
says: Be eager
to go forward; for,
right now, you are in
the midst of experience;
you are experiencing life
upon Earth: what it is like
to feel, to touch, to taste,
to sleep, to move from one
adventure to the other. It
is all a blessing. Once you
know this, the path you
take is a path of glory,
the path you take
tells your story:
with every
step, with every
thought, with every
word, with every deed.

August 22, 2018

Beneath every boulder,
 every rock, every stone, and every
 piece of debris, you are willing to move from
 your path, you will find revelation. It will come in the
 form of a lesson, or a blessing! Every time you are willing
 to move: the boulder and the rock and the stone and the debris
 your reward comes, instantly! There, where once was an impedi-
 ment, a challenge, you will see illuminated in the light, that, which
 you were seeking both day and night, a lesson, a gift. And The Holy
 Spirit says: When you are willing to do the spiritual work neces-
 sary to clean the path ahead of you, you will find that, with each
 boulder, or stone, or rock, or debris, you remove, you receive
 valuable insight on: how you are to proceed; how you are
 to live your life; how you are to gain happiness, and
 joy! The answers you seek are often hidden,
 under that which blocks your way!

August 21, 2018

The
 practice
 of forgiveness
 is a very good elixir
 to restore the physical body,
 to bring you to a place where you feel
 lighter, and more joyful. While there might be many
 things you need to forgive, do not be disheartened; for, when taken
 one at a time, it becomes a sacred practice, a pathway to joy. When taken seriously,
 and practiced earnestly, it will restore excitement, for life upon Earth. And The Holy Spirit
 says: Do not be detained by the thought that there are so many things you must forgive
 completely, that you do not know where to start. Almost daily, better said,
 nightly, in your dreams, you are reminded of things, of situations,
 of people. Take that "sign," and go with it.
 Do not push it away. Do not save it
 for another day.
 Begin practicing
 forgiveness; and, do
 so every day. It is easy
 to think about forgiveness,
 but it can be a challenge to begin
 the process and the practice of forgive-
 ness. As your time might be fleeting away
 upon the Earth, a suggestion would be, begin today!

August 20, 2018

Be kind
to yourself,
and others, and
all will be fine. And
The Holy Spirit says: When
you practice kindness at all
times, there is little or no need to
ask for forgiveness, or to apologize for
thoughtless words, or deeds; for, in practicing
kindness, one's words are filled with understanding,
and one's deeds overflow with compassion.

August 19, 2018

Do
not
judge
yourself
too harshly.
Do not judge yourself.
Do not become ensnared
by the trappings, of the ways, of the world.
Dance, sing, laugh, enjoy the life, you are meant to lead,
knowing, I love you eternally! And The Holy Spirit says: While acknowledging
the responsibilities of living upon the Earth, it is possible to enjoy every moment, every
hour, every day. Assuming the responsibility of life upon Earth is one thing, refusing
to be ensnared by the trappings of the ways of the world is another. Walk in
the glory of God ~ knowing, fully well, ~ you are loved by God, and
you are upon the Earth for but a brief time. Enjoy this piece
of eternity that is yours, and you will truly find peace.

August 18, 2018

It is important to learn how to give.
It is important to learn how to receive.
It is important to know that you can do neither
of these things, if your hands are closed, grasping things
you wish to keep for yourself, holding-on to the past, to the old.
Open your hands, and give! Open your hands, and receive!
And The Holy Spirit says: Often there is the temptation
to cling to that: which you have, which you know,
to cling to the things of the past, to the things
that are old, to the things you consider
yours. To experience "the flow," of
creation: open your hands, and
give; open your hands, and
receive; that, which you
give, will be given,
unto you!

August 17, 2018

Every single
individual, and/or situation,
is placed along your path for a reason.
Everything you encounter, you encounter for a reason.
Pay attention to that which you encounter along your path.
And The Holy Spirit says: When it seems as if you encounter
the same challenge, issue, or matter, repeatedly, it is a sign.
It is a sign that, that issue, matter, individual, institution, or
situation, needs to be addressed with love. Once it is re-
solved in the light of God's love, there
will be no further need of
repetition.

August 16, 2018

Do not
underestimate
the power of kindness.
And The Holy Spirit says:
Resist the temptation
to condemn, to judge
harshly, to punish.
Be willing to
open your
heart
so it might mend,
and find kindness again; for,
in kindness much is accomplished.
In kindness health, and happiness,
can be restored. In kindness, you
are showing the love of God;
therefore,
go into this day,
delivering kindness.

August 15, 2018

You can see clouds of darkness and shadow upon the face of one who is angry, upset, disappointed, disillusioned, frustrated, in any way; but, you can also see the light upon the face of those who are at peace, who are forgiving, who are kind, who tend the seeds of love in the garden of God, upon the Earth. If today you find your light has been dimmed by frustration, or anger, or hurt, of any kind, resurrect the light, and let it shine.

Be the bringer of light this day.

And The Holy Spirit says:

It is interesting,

you can be

having

a rather gloomy day,

and then, out of the blue,

someone knocks on the door,

brings a smile, which comforts

you, and lifts you from the depths

of sadness, and sorrow, and frustrat-

ion, and you feel the smile upon your

face grow, and you feel the light from

within you glow. This is the power of

the light. Be at peace, this day, and

resurrect your light, it will change

the life, the day and the hour, of

each person, you encounter!

August 14, 2018

The day is set before you, and it is good.
Let it be your intention to create a day
filled with joy, filled with awe, filled
with the realization that you are
upon Earth to accomplish
a goal. Let this day
be accomplished,
and completed
in such a way,
that come the night
you can truly say, "It is
done." And The Holy Spirit says: It
does not matter how this day finds you;
or, in what state this day might find you.
It is always possible to create thoughts of
joy and happiness, thoughts of gratitude
and thanksgiving, thoughts of love, thou-
ghts of peace, thoughts of compassion
and understanding, thoughts of
forgiveness! Even when
the day finds you
unable to rise-up,
and perform physical
labor, it is still possible
to create the perfect day,
in your thoughts! Be at peace
this day, create perfection, in every way!

August 13, 2018

Do not let the ways of the world wear you down, or belittle you;
for, there is a piece of Me within you, waiting to shine through.

Be still, be quiet, and decide today, what you wish to create.

Your life is not through. It does not matter, what the ways
of the world do to you. You can stop, at any point, and
take a forward step, you can leap, or jump, or run
onto the path; and, the light that is within you
will illuminate The Way! The rest of your
lifetime upon Earth begins today.

And The Holy Spirit says:

There is always

a possibility

that change is

just around the corner;

there is always change around

the corner. Nothing stays the same,

all things change, as creation continues;

but, you can master each step, each phase

of the change, so that the outcome of the change

comes from you. Today, make the decision, let the light
of God shine through, then you will know exactly what to do.

August 12, 2018

Resist the temptation to take part in gossip, in
speaking ill of others; and then, take it one step
further, resist the temptation to think ill of others,
to fuel the seeds of gossip in your thoughts. And The
Holy Spirit says: You will be surprised, at the end of the
day, how often you had to stop, and say to yourself, "I
will not do this. I will not take part in gossip;" or, "I
will not think ill of others. I will not create the
seeds of gossip, within my thoughts." It is
well worth the effort to resist this
temptation, which diminishes
the glory, that is
you!

August 11, 2018

Each hour of today
you will write another chapter
in the book of your life upon Earth.
It is yours to create, so be mindful of
what you are creating. And The Holy
Spirit says: You have another day.
What an opportunity! In every
way, this is your chance
to create a chapter
in the book
that is your life,
that is, exactly what
you would like to create.
The page is blank; what will
you write upon it? Let it be
joyful! Let it be happy! Let
it be wise! Let it be kind!
Let it be thoughtful!
Let it be thankful!

August 10, 2018

Every
thing accomplished
is worthy of celebration.
Every thing accomplished brings
peace of mind. Every thing accomplished
is one less thing to be concerned about.
Celebrate every thing accomplished.
And The Holy Spirit says: There
will come an hour, when
you will be called
Home; and,
in that hour,
before you
return Home,
there will be a piece of you
which yearns to repeat something,
to renew something, to relive something,
so that you might do it better, more completely,
and leave the Earth, knowing it was done so sweetly
that you are ready to return Home. Prepare for your jour-
ney Home by doing that which needs to be accomplished today.

August 9, 2018

When
there is
so much to do,
when there are stacks,
and stacks of lists, and papers, and people,
waiting for attention, resist the temptation
to berate yourself for letting things slide.
Pick one thing at a time, and proceed.
Move forward, one-step at a time;
and soon, you will see
the deck is clear,
the sea is calm,
the sun is bright,
the sky is blue, and there
is nothing looming over you.
And The Holy Spirit says: The song
for today is "one thing at a time." The
rhythm is constant, one thing at a time.
The cadence is sure, one thing at a time.
Move forward today, one thing at a time.

August 8, 2018

I hear
your prayer. Now, listen,
so that you might hear My answer!
Then, when the answer is set within you:
rise-up and go as directed, speak as guided.
In this Way, you will be 'a vessel of wisdom!'
And The Holy Spirit says: When your petition
is held in your prayer, the answer will come;
and then, you will be aware of the next step
you are to take, you will even 'know,' the
words to say, and the deeds, to make it
happen; for, you will be led, you
will be guided, you will
know The
Way.

August 7, 2018

It
takes
one who is
not drowning
to rescue the one
going under, And The
Holy Spirit says: Be still,
and quiet. Seek sanctuary
often to refuel your faith, to
resist the temptations of doubt.
Be vigilant; and, stand in the light
you are creating; for there will come
a time, when others reach-out, and you
will be there, a beacon, a place of safety.
To accomplish this end: you must be ready;
you must be strong; you must sink your feet
into the soil of Earth; you must reach into
the heavens; you must connect with God.
Then, the strength and power of God
will be your fuel; and, the strength
and power of God will rescue
those who come to you.
And all you need do
is be still, and
quiet!

August 6, 2018

Good intentions open the door to possibility.
Stepping-over the threshold moves you forward,
onto the path of accomplishment. And The Holy Spirit
says: While good intentions open the door to possibility,
it is necessary to take the first-step, over the threshold,
into accomplishment. Many open the door; few enter.
Step upon the path, and come to know, the glory
of accomplishment. Today, open the door,
step upon the path, and let
accomplishment,
be your
story.

August 5, 2018

It is vital,
for your well-being,
to disconnect yourself
from the ways of the world,
frequently, and walk into the garden
of Earth. Sever all connections with the world,
and walk; walk amongst the trees, and the flowers,
and the streams. Walk by the ocean, feel the sand
at your feet, feel The Wind in your hair, and re-
cognize all of Earth is My creation, including
you! And The Holy Spirit says:

Be one.

Be at peace.

Disconnect from
the busy schedules
of the world: and, walk
slowly, and silently, amongst
the creations of God; and, find
peace; and, be rejuvenated; and,
begin to live, as you are meant to live.

August 4, 2018

Judgment
of others becomes
a worrisome, heavy burden.
The key to freedom is forgive-
ness. And The Holy Spirit says:
The ways of the world encour-
age judgment, of others; and,
this judgment is not reserved
for special purposes. The
world teaches you to
judge and judge
and judge,
until
the burdens
of judgment are heavy, and
bring a weariness to your body.
If today you recognize this truth,
in any way, rise-up, and shake
the shackles from you, for-
giving all things, in
the light of
God,
so that you might
move, into the new day,
unencumbered in every way.

August 3, 2018

Kindness,
practiced consistently,
will chip away the rough edges
of any situation. And The Holy Spirit says:
Rather than lamenting the situation,
the challenges, what you refer to
as the problems of the day,
bring your energy into
the circle, and let it be
the energy of kindness.
Listen with kindness, speak with
kindness, act with kindness, and you
will begin to alter every situation, every
challenge, every problem of the day. You will alter
these things, because you bring the energy of kindness.

August 2, 2018

Often, the most profound wisdom
is heard in a whisper. Often,
the most profound healing
is received sitting by a
gently flowing stream.
There is no need, for
raised voices or for
raging rivers; for,
The Whisper can
be heard in the quiet,
and the song of the stream
can be embraced in stillness.
Be still, be quiet, listen, and
be healed. And The Holy
Spirit says: Some mis-
take loud voices,
strong
speeches,
for the truth.
They do not hear
The Whisper, because
they are not quiet. Some
make the mistake of believing
that the power is found in the raging
waters, when the power is held in the presence
of a peacefully flowing stream. Be at peace, be still, and
you will hear The Whisper, and you will find the gentle stream.

August 1, 2018

You
are safe!

You are safe, and
surrounded by My love!

Do not sit in a cauldron of angry
energy. Do not stew, and brew hatred and frustration,
doubt, or concern in any way. Come, float upon the sea of My love, and find peace.

And The Holy Spirit says: Do not use your power, magnifying shadow, and darkness.

Wherever you focus your attention, that place, that situation, that person,
and the energy created therein, is greatly magnified by you.

Therefore, recognize,
and see, the truth.

Practice, focus-
ing your attention
on the energies, and
the powers of light; send
shadow and darkness, from
you, and dwell there, no more!

July 31, 2018

Once you
reach the place
where you recognize
the temptations, for what they are,
celebrate! Celebrate that you recognize the temptations of fear,
and doubt, and worry, and concern, of anxiety, of anger, and hatred. Celebrate
that you recognize the temptations; for, within the recognition is the seed of mastering
the temptations; for, you cannot master that which you do not know. Therefore, once
you begin to recognize the tempters, tell them so, stand firmly, in My light, and say,
"I know who you are." Once this is done, you are ready to rise-up
with the sun, and begin to master these tempters,
one-by-one. And The Holy Spirit
says: Your journey
upon the Earth
is a great ad-
venture. You
are equipped
with many gifts
to assist you, as you
make your way along the path
that is your life, upon the Earth;
but, come the day when you recognize
the temptations, the shadow and dark energies,
that is a day to be celebrated, because you are not
far from mastering the energies, from sending them from
you, from knowing what to do. Then, it all changes; then, you
walk upon the Earth as a master, "knowing," what you are doing.

July 30, 2018

Ego can be, as a boulder, blocking The Way; but,
if you set your mind to casting ego from you,
to removing it from you, it shall be done;
and there will come a sign to you, when
it is accomplished. You will notice
and you will see that every name
which pops into your thought
is free of the debris of
judgment! You will
be eager to open
your arms
to those
you once
pushed away.
You will accept that
which comes to you, as a mission
for each day. And The Holy Spirit says:
The journey into oneness into unity requires
that you set aside: pride; and ego; and arrogance;
and, all the things which comprise the feelings, and the titles,
the crowns, and the rings, of self-importance. When it becomes
more important to open your arms, and let God's love flow through
you to others, then, you are on your way, walking The Way!

July 29, 2018

Do not grant
access to your thoughts, to
negative energies, which will pollute
the sanctity, of your creation. Be vigilant;
be watchful; be mindful, of what you are saying,
thinking, or doing! Everything begins with a thought;
therefore, let your thoughts be pure. And The Holy Spirit
says: Just as you are careful to check the ingredients
of a very special occasion cake, check the ingre-
dients of every special occasion thought you
make. Yes, you are the creator, of your
thoughts! Do not give your power
away. Guard the entrance
to your thoughts, by
day, and by
night!

July 28, 2018

Resist
the temptation
to complain about: how
everything has gone wrong; how
nothing seems right. Take today: to
study the beauty of a tree, to brea-
the-in the gentle, sweet aroma
of a flower; to walk beside
the ocean; to hike
in the forest;
to play by a stream.

Take the time today to look,
and see the beauty that is the Earth,
place of your birth. Look, and see.
Alter your perspective, and see the
beauty. And The Holy Spirit says:

Focus your attention on the
beauty of Earth. Leave
everything else alone.

Do not complain.

Do not focus on
what another
said, or did,
that was
wrong
in your opinion.

Focus only on the beauty of Earth, today.

July 27, 2018

When
you lose sight
of the truth, that every day
is an important event, then there is the temptation
to let the hours and the minutes of the day slip through your fingers. Every
day, I give you, My child, is a day in which you are to create light, and love,
and peace, and all of the good energies, which bring balance and harmony
to the world. Give each day the credit, and the glory, and the honor
it is due, by letting the world see the gifts, streaming through
you! Here it is, another day. It is yours to create.
What will you do? And The Holy Spirit says:
Rise-up, and greet the new day; for,
it is here. What do you wish,
want do you want,
what do you de-
sire? Okay,
now, make it
happen, create:
the day of your dreams;
the day of your heart's desire;
and, the day of your longing. As God
has given this gift unto you, create. Let
your creation of the day, be your gift to God.

July 26, 2018

Every day
you will experience
opportunity, opportunity to practice:
to practice patience; to practice understanding, and
compassion; to practice charity; to practice kindness;
and, this practice should not be limited to other people;
no, practice being kind to yourself, practice having patience
with yourself, practice using compassion for yourself.

This day, practice, for yourself.

And The Holy Spirit says:

You have heard
of the saying,
"Do unto others,
as you would have
them do unto you."

But today, turn a new
phrase, do unto yourself,
as you would kindly do unto
others. Do not limit your practice
of love, to things you do for others.
Turn this practice into something
that you also do for yourself!

July 25, 2018

You
have had
the example
of a perfect life
upon the Earth,
with you for a while.
The perfect example
is your Brother, Jesus!

Therefore, look toward that guidance, that life, to see what it is you are to do, in every situation. Stand in My light, and stay in My light. Remain connected with Me, at all times. Doing so, will permit the storms, and upheavals, of the world, to rumble around you, without disturbing you.

Doing so, will allow the voices of anger and dissent and discord to scream, and rage around you; yet, not disturb you.

The mark of being within My light,
and closely connected to Me,
is that the trials, and
tribulations of the world
do not touch you, do not prompt you to anger, or take you away with words of judgment, about others.

When you "are connected, with Me," you turn-on the light; and that, which you see, is illuminated, in My wisdom! And The Holy Spirit says:

In all times, stay connected to The Creator, and you will not be disturbed, you will not be ruffled, you will not be moved.

July 24, 2018

One of the keys to happiness is understanding the teaching you have been given. Refuse to react to another's words, or deeds. Let My love fuel your thoughts, and words, and deeds; for, if another is caught in darkness and shadow, and their words begin to tempt you, in any way, it is easy to be drawn into the darkness, and shadow, they experience every day. And while there is temptation, there is always The Way to rid yourself, of this temptation every step, every day; but it must be your choice; therefore, it is you who must say, "I will not be tempted into reaction today." And The Holy Spirit says: Tend to your relationship with God. Tend to that which you are meant to do. Leave what others are thinking or saying or doing in their yard, on their field, in their home, in their heart; for, it is within yourself, where you must start to resist reaction; and, "The Way," is to be proactive in letting God's love flow through you!

July 23, 2018

To
receive,
you must give;
to receive you must
open your hands; do not
hold-on-to that, which you
believe is yours. Open your
hand; and, let it go; for, in the
release, there comes "a freedom;" in
the release, there comes "the gifts;" for,
it is a cycle; and, it continues, and it flows
freely. All that you need comes to you, and in
the coming to you, it waits, until you see another
in need, and then, you let it flow, through you,
to them! Do not hesitate to try living the cycle of
eternal life, wherein, that which you need, comes
to you! And The Holy Spirit says: Be mindful not
to build barricades, or blockades, along the a-
venue which is meant to be flowing into and
through you. Tear down the barricades,
tear down the blockades, and let that
which comes to you, flow through
you. Let it go, release it, so
that it moves-out onto
the Earth, moving
into the world
created by
man,
the touch
of God arriving,
just in time, through
you, through your hand!

July 22, 2018

Recognize the gift
of the present piece
of eternity, which you
are experiencing! Recognize
the power, held within
the present piece of eternity
which you are experiencing.

Recognize the peace, of
the present!

And The
Holy Spirit
says: The wise
live in the present.
From the present, you
can mend, and repair,
the past. From the
present you can
prepare for
the future.

It is the
seat of
power, over-
looked, by many.

Understand the power, of
the gift, that is with you; and, use
this day, creating that which you wish to ex-
perience; for, it will exist, somewhere in time, forever.

July 21, 2018

Everything created holds the energy of its creator.
That which is created in love, holds the energy of love.
That which is created in fear, holds the energy of fear.
That which is created in anger or frustration or confusion,
any such energies, holds, and carries, within it,
the energy of anger or frustration or confusion.

Every thought you have is a creation, and
it lives. Every word you say lives,
because it springs forth from
your creative thought
power. The deeds
you perform
bring more solidly,
into the dimension in which
you reside, your thoughts, and your
words; therefore, take some time today
to consider what you are creating. At first
it might be a challenge, to alter your
perspective, ever so slightly.

Begin to create, using
the energies
of love,
and light;
and, that which
you create will bless
the Earth, and all eternity.

And The Holy Spirit says: Holding
the words of God, close to you, remember,
God created you, and God is love. So, the
first energy given to you was, is, and shall ever be love.
Return to your original state of love, and you will find peace.

July 20, 2018

My child, you are upon the Earth right now,
watching the history of Earth unfold all around you.
You are taking an active part in creating the history of Earth;
and, it will be recorded forever! Therefore, be mindful today
of your part in history. And The Holy Spirit says: Too often
it is the case that those who are taking part in something
very important, do not even realize it, until it is done,
until it is over, and then they look back and think,
"I wish I could have done that a different way!"
You are a part of something very important;
the something very important is creation.
Create, the best you can create today,
and you will make your mark upon
the Earth, and in the Heavens;
for, that which you create
today, is with you
to stay!

July 19, 2018

Over two thousand years ago, the new guidance, the new direction, was delivered to those of Earth by Jesus. The words He spoke, and the direction He gave, are the guidelines, the keys, to a happy life upon Earth. They are the guidelines, and the keys, to peace on Earth; for, if you follow them, you will be "at peace." Love one another has no qualifications, it does not mean to love only those who are nice to you, who are kind to you. It means: love the arrogant, love the rude, love the challenging, because the energy that you create as love, blessing rather than cursing or mocking, in any way, is the only energy which will decrease the arrogance, the rudeness. Be at peace this day, and renew, remember, the teachings of Jesus, and understand they are the guidelines to happiness, and fulfillment of your life upon the Earth. And The Holy Spirit says: When someone gives you the directions, the guidance, the support, and the assistance to accomplish something that you wish to accomplish, you are grateful, you are thankful, and you follow the directions, and the guidance; and, the directions, and the guidance, assist you, as you accomplish the goal. Be at peace this day. You have the directions, you have been given the guidance. Rise- up, and go. Go-out, into the world, and practice that which you know.

July 18, 2018

A
tear
in a piece
of clothing, or
cloth of any kind,
will get larger unless it
is mended in time. A gar-
den will become overgrown un-
less it is weeded, and watered, and
cared-for every day. A relationship will
become stale, and end, without constant
attention. The body without nurturing food,
kindness, and love, will wither away. Focus
your attention on that which needs mending,
and weeding, and tending, and loving, and
do so, today. And The Holy Spirit says:
Look around, and see what needs
your attention today. It might be
a person, it might be a garden,
it could be a vehicle, in need
of repair, or it could be cho-
osing good nurturing food
rather than something
you grab quickly,
without notice
or care.
Whatever
calls your eye,
or comes to mind,
attend to it, today!

July 17, 2018

When
another confronts you
with words of anger, frustration, or irritation, resist the temptation to respond, to react. Choose to silently bless, instead; in this way, you will not join-in the energy created by another; because, you will be practicing "The Way," to put an end to that energy of anger, or frustration, or irritation. Choose wisely, and you will know peace, when turmoil threatens.
And The Holy Spirit says: It is true, it will take practice, and a good bit of work, and effort from you; but, if you refuse to enter into an argument of any kind, you will save your peace.
There is
no reason
for you to take-on
another's anger, or frustration,
or irritation. Simply choose The Way
of The Master, silently bless for, and pray for
the one held in anger, frustration, or irritation.
Soon, it will melt away. Soon, peace will kiss the day!

July 16, 2018

Practice
patience. Practice
understanding. Practice
compassion. Practice these things,
and make them your daily action, until
patience, and understanding, and compassion
become part of the fiber of your being; and,
as this happens, kindness rules; and, there
is peace. In this Way you come to know
how to love each one of My children.
Practice! And The Holy Spirit says:
The Way is not complex in its design.
It is so simple in its design, that many
desire to make it complex, believing that
it would be more significant. That is not
the case. The Way is love; therefore,
the prompting from God, The
Creator of All Things,
is simple, love
one another; and,
be kind to all creation.
Hold these teachings close, and follow,
and you will experience the peace of God on Earth.

July 15, 2018

You make a choice, or many choices,
every hour, of the day; and, the manner
in which you choose, creates the outcome
of your day. Let your choices, of each day,
reflect positive energy! Choose light, and
love; and, you will find peace! And The
Holy Spirit says: Choose wisely; make
it your intention to reject any in-
vasion of the negative, into:
your thoughts, words,
and deeds; be the
creator of
light!

July 14, 2018

You
are My child.

You were created
with the energy of love;
and, you were created to be
a unique piece of The One!

There will never be another you;
therefore, be who you are meant to be;
or, there will be a void, an empty space,
as you were created to be you. You were
not created to be someone you admire,
or look-up to, or wish you could be.

You were created to be
exactly
who you are:
you are a child of love,
and you are a child of spirit;
therefore, go into this day, shining
with love, filled with spirit! And The
Holy Spirit says: Be who you are.

When there is one piece mis-
sing, The One is not
complete.

It is important
to know "who you are
at the core of your being," and
let the love of God flow through you.

Walk over the Earth being the vessel of God's
love, and light, and peace; and, you will bring God
onto the Earth with you, every step you take.

July 13, 2018

Everything around you
will grow and prosper in the light of God
when you support, and encourage, and add understanding,
and compassion to your everyday list of things to do; for,
each act of love, and kindness, and compassion, in
and of itself, is support, and encouragement.
When you create such a garden as this,
it blossoms, and blooms, and
nourishes, and sustains.
And The Holy Spirit says:
Play beautiful music,
speak beautiful words,
create beautiful thoughts, perform
beautiful deeds, and you will raise-up a garden
around you of these things of your creation; and,
this garden will support you and all around you;
it will support a nation, because you
were willing "to create,"
a garden of
love!

July 12, 2018

Peace
is the natural offspring
of knowing who you are, at the core
of your being! Once you embrace who you are
at the core of your being: you find strength, and courage; you
find the strength and the courage to announce to the world: in the way
you think; in the words you say; and in the deeds you do; that you are, truly,
a child of God! As you come to believe, and have faith in My love for you, you find
the courage, and the strength, to do exactly that which you are meant to do. Your jour-
ney upon the Earth is uniquely suited to who you are, at the core of your being. You are
My sacred child, sent forth on a mission, and you have all you need. And The Holy Spirit
says: The realization that you have everything you need within, brings comfort, brings
peace; but, you might not know all the power you carry within: until you sit qui-
etly, until you are still, until you breathe, so deeply, and so completely,
that you come to "know," that you are an unique piece of
The Divine One, and this will never change!

July 11, 2018

The butterfly
was once a caterpillar;
the soaring eagle was once so small
it could barely lift its head; the mighty oak
was once an acorn; the loaf of bread was once
a shaft of wheat. You have been given eternity.
What shall you become as you grow, as you change,
as you continue in The Light of the Son?
And The Holy Spirit says: Do not deny your
potential. Accept that whom you are,
as a gift of God, and let the glory
shine through you! Do not
hide it, do not deny it;
accept your destiny; and,
live!

July 10, 2018

When you reach a point where you know negative
thoughts cloud your being, your life changes.
you catch negative thoughts quicker, sooner,
and send them on their way.
Then, you begin to create
thoughts of light, all
during the day. And The
Holy Spirit says: If you want to
alter your physical health, and your
spiritual health, quickly, go directly to
your thoughts. Create thoughts of light,
create thoughts of love, create thoughts of
compassion, and understanding. You will notice
a change; immediately you will feel lighter,
less burdened; and, very quickly you will feel
healthier, and happier, and joy will return.

July 9, 2018

There is an immediate cure
whenever you are feeling alone or rejected;
and the immediate cure comes from you, and the steps
you will take to renew the spirit, within you! When you feel alone,
contact someone, give someone a call, make a visit, and bring some cookies,
or flowers, whatever you believe would please them. When you feel alone, cure
the loneliness by reaching-out to another. When you feel rejected, cure the rejection
by reaching-out to another. In the reaching-out you will find, that you have cured the
loneliness, and rejection, within yourself. You fill the space by giving to another.
And The Holy Spirit says: Whenever you feel you are lacking love, understanding,
kindness, let your first action be to reach-out to another, and give them love,
understanding, and kindness. The first time you do it, you will be amazed;
because in providing this for another, you fill your cup, as well.
It is an outward sign that all things are connected.
Provide what you are lacking, and
your cup will be filled to
overflowing!

July 8, 2018

I see you,
I know you, and
today, I encourage you
to step from the riverside,
to jump down from the bank,
on which you are standing; and,
get into the water. Once you make
the decision to get into the water, the
waters of My love will carry you to exact-
ly where you should be. You will see, all you
are meant to see, within the safety of The Divine
Place, within The Waters of Life; and, The Waters
of Life shall carry you, and you will be safe! And The
Holy Spirit says: Sometimes it takes a bit of prompting,
to move from a place of comfort, to take the next step
toward the goal; but, every time you take that step to-
ward the goal, you feel better, you feel stronger, there
is a feeling of fulfillment, for having taken the step.
Most of the time, immediately you are happy you
did, with no desire to return to the place
which once held comfort for you.
Be still, and quiet.
When you ask,
listen.
Listen with
your heart, and
listen with your eyes,
as well as your ears; for, God
is not limited in how the answers
will come to you; but, there is a promise
that, for those who ask, the answer shall be given.
Therefore, holding this promise close, rise-up and go-
out into the world, listening for The Whisper of God!

July 7, 2018

I love each of you beyond all measure of what you now comprehend.
 I love you knowing eternity, and your existence, your spiritual existence,
 will never end. When you know this, within the depths of your being, you grow
 calm, and the turbulence which might have burdened and shrouded you before, dis-
 appears, because, when you know Me, nothing can disturb you. And The Holy Spirit
 says: Knowing the love, of an earthly parent, gives a child the gift of confidence.
 When you know you are loved, by your earthly parent, life is different, there
 seems less struggle, because of this love that you are given, given without
 doing anything, just being. This is a small example of the love of your
 Eternal Parent for you, and what it can do for you. There is noth-
 ing you have to do to earn this love flowing freely to you.
 It is yours, for the accepting; and, in the accepting of
 the love flowing to you, you begin to know, in
 a personal way, The Creator of All Life,
 you begin to know God.

July 6, 2018

It can be difficult to find the peace that is
 within you when you are surrounded by noise,
 by chaos, by confusion, by misdirection, and
 confrontation of every kind. To remember
 that you can create the peace you desire,
 by using that which is within you, take
 yourself to a place, that is quiet, and
 still; and therein dwell for a while.
 You will begin to breathe peace,
 you will begin to know peace,
 you will begin to treasure
 the peace that you carry
 within. And The Holy Spirit says:
 The ways of the world, created by man,
 can buffet you, can strip you of your delicate
 senses, of the tender senses, they can harden you.
 You will find it is difficult to live in peace this way.
 When the prompting comes from deep within
 to find that place of peace again,
 rise-up, and go, where
 you can sit in quiet, in
 sweet communion with God. It is
 in this Way that peace will be restored,
 and you will rise-up, and walk into the new day, be-
 ing the bringer of peace, because you are the holder of peace!

July 5, 2018

That which you put-off to do is always looming over you, diminishing your light, adding weight, a burden, a bother. Address all that is waiting, one at a time, and soon, you will be through; and, there will be nothing looming over you. And The Holy Spirit says: Neglecting to do that which is yours to do can be of material things, as well as spiritual things; for, the closet which remains unattended, reaching a point where you crack the door, and shove one more thing-in, will eventually burst open, and cover you, and the room, with that which you put-off to do. Speaking spiritually, all the things you have neglected, or refused to forgive, or address in any way, will be packed into a space, just as the closet filled with unused articles. There will come a day, when that spiritual packed closet pops open, and spills all over you. Take care of the forgiving, take care of all those spiritual things which need addressing; and, once you are through, there will be nothing looming over you.

July 4, 2018

True freedom
is borne within
the individual. Freedom
comes from the individual
who is set upon lifting each person up,
to celebrate each unique gift.

And The Holy Spirit says:

Resist the temptation
to restrict, or con-
fine, others
to what you
believe is
their course,
or should be
their actions,
or words. Give
the gift of freedom,
freedom to be who you are,
freedom to laugh, freedom to enjoy
life, as you are, without trying to imitate
another, without trying to duplicate another,
but living as you are intended a unique and
wonderful piece of The Spirit of God within you.

July 3, 2018

Whenever
you are tempted
to be critical, or harsh,
with another, resist the temptation,
choosing to be up-lifting, to be supportive.
It is just as easy to say something kind,
as it is to say something harsh. Pay
attention, and you will find
that words of kindness,
encourage others
to reach their
full potential.
You will find
that kindness
fills you with joy, as
it does all others around you. And
The Holy Spirit says: Check what you say, be-
fore it tumbles from your lips. If you are tempted
to correction, criticism, or judgment, hold your tongue,
be still, and then, when it is your will, let words of kindness,
support, and encouragement fill that space between you, and the
other; therefore, you are not divided by a sea of frustration, or anger;
but, that space between you is filled with an inviting pool of encouragement.

July 2, 2018

It is good to interact with each other;
it is good to experience family and community; but
family, community, all your actions with other people, will be-
come easier, more delightful, actually take on a sacred feeling,
when you are clean inside! Do not be quick to call another for-
ward about something they have done, or said, before you go
within your own being! No matter where you go, there you
are! And The Holy Spirit says: Let your course be one where-
in your most important connection is with your
Eternal Parent, God! Let your course be
one wherein you do all things first, in
the light of God; then, no matter
the connection between fam-
ily, friends, community,
co-workers, the
light of
God
is within you;
and, whatever comes up,
even if it is rather unpleasant, or chaotic,
you will see it, in "the state of illumination!" Change your
perspective, and walk with God; and, no matter where you go, there you are!

July 1, 2018

Take the time, and set the intention,
to prepare properly, and appropriately,
for the journey you are about to take; for,
the journey is easier when the preparation
is complete! And The Holy Spirit says: If you
could choose, you would not set-out on
a long drive, with a tank, that is al-
most empty. If you could
choose, you would
not set-out
walking,
without
proper clothing,
if you knew the tem-
perature was frigid. If you
could choose, your preparation,
your journey would be easier. Always
remember, you can choose, you do choose!
Sometimes you choose to ignore and reject.
Sometimes you choose to pay attention, and
make the moves necessary. Choose wisely!

June 30, 2018

When you are in love, all things are glorious, and light, and bright; and
you feel glorious, and light, and bright. In fact, there is a saying upon Earth,
that you can tell when someone is in love because they have a spring in their step,
they smile, and there is a glow about them. This is the power of love, exhibited in
such a way that you can see, and know, while you are taking your journey upon
Earth. Imagine the world in love! And The Holy Spirit says: God's love pours
upon the Earth, and it does so through all the human beings of the Earth.
Some accept the love, and let it flow into, and through them. Others
block The Way, deny it, reject it, and walk away; but, for those
who embrace "the gift of love," the journey upon Earth
is amazing, The advenutre of a life-
time, begins with
the gift of
love!

June 29, 2018

Revisit
 procrastination;
 for, it seems to be a ha-
 bit of the world, created by man,
 which is ~ a major source ~ of stress. I wish
 for you to know, that the longer you procrastinate,
 the more difficult the task becomes. The reality is, that
 to do it first, and be done with it, is the easiest way. Every
 minute, every hour, every day of procrastinating makes the task
 harder, and more difficult to address. Today, make it a point to do
 that which you least want to do on your list; and, it will be done; and,
 once it is done, you will be lighter. And The Holy Spirit says: Procrastination
 is as an albatross that weighs a ton. No matter which way you turn, or
 how far you go, that which you are putting-off still must be done. It is
 a source of negative energy. Therefore, treat yourself to a delight.
 Serve yourself that, which you need to feel light, happy, and joy-
 ful, by addressing the least desirable task, first. Then,
 you will be released from the chains
 of procrastination.

June 28, 2018

Just when it is believed that the human body has reached the limit
 on: how fast it can run, how high it can jump, or how long a distance
 it can travel, there steps forward someone who can run faster, jump
 higher, and travel farther, breaking the record established earlier.
 The body changes, as creation continues. Just when it is believ-
 ed that scientists have the facts on which they can agree,
 and proceed with theories, based upon the agreed to
 facts, something is discovered, often by accid-
 ent, which proves the facts, upon which
 they based their theories, incorrect.
 Scientific facts change, as cre-
 ation continues. It is the
 same in the realm of spirit,
 all things expand, and unfold,
 growing grander, and more majestic
 as creation continues. And The Holy Spirit says:
 The human body changes, and scientific facts change
 as creation continues. Creation is not stagnant, nor has it stopped,
 it continues. Therefore, do not become stagnant, refusing to rise-up, and
 move forward. Rise-up, be moved by the hand of God, step into the healing waters
 of God's light and love, and take your place in the glorious, continuing creation of God!

June 27, 2018

There are no clocks in the heavenly kingdom.

The seconds and the minutes I observe, are the seconds and the minutes you take serving others. The hours I observe are the hours you take showing others kindness and compassion, without regard for the time it takes to do so. I observe the acts of kindness, and compassion, you are showing every second, every minute, every hour, of every day. I take that which you do, and scoop-it-up; for, it is sacred time you have spent taking care of your brothers and sisters, following the example of your Brother, following the new law, love one another, and be kind to all that is created by Me.

Be gentle
in your ways,
and show My love

all your days. And The Holy Spirit

says: Let this day be a day of showing love.

Let this day be filled with minutes and hours of compassion, and kindness, of understanding, of opening your arms, and your heart to others. Let this day be a day, when love is created every second, every minute, every hour, and then, you will surely see The Power of God, working through you!

June 26, 2018

Do not allow what others say about you, to concern you; for, it is their thought creation, and, actually, has very little to do with you. So, do not be drawn into that which they are creating; My child, rise-up, and create from within yourself. Do not run from your weaknesses. Pronounce them to yourself; for, when you sit quietly with Me, you will know. You will know the weakness, the weakest part of your being. To make it strong, you do not ignore it. You see it, and know it, and use it as a stepping stone to freedom, to the power of The Light, to strength and courage, beyond anything you might have imagined.

Pronounce your weakness to yourself, and set a course to rid yourself, of the weakest part. Once you have rid yourself, fill that space with My light! And The Holy Spirit says: Do not be so concerned about what others think, or say, or do. Focus on, what is going-on, within you. Do not turn your head, or hide, or run away from the challenges you must face every day; no, be the first to point-them-out, and say, "I will be rid of you this day, through the power, and the glory of God, I will be rid of you, this day!" Use your weakness as a stepping stone to rise-up, and follow The Way!

June 25, 2018

Let love, and kindness, reign, in your thoughts,
and let love and kindness reign in your thoughts, in
such a way that your words, the things you say, and
your deeds, the things you do, reflect what is going-on
inside of you. In this way, you become the living word,
you become love; and, you become kindness! Let that
be your intention. Let that be the course of your day,
for it is truly the course of The Way. And The Holy Spirit
says: Many times, words and actions can be mistaken
by others; but, an act of love is difficult not to re-
cognize as just that, an act of love; and, an act
of kindness is difficult not to recognize
as just that, an act of kindness.

Therefore, fill this day
with thoughts, and
words, and deeds
of love, and kindness,
and you will shower the Earth
with just that, love, and kindness!

June 24, 2018

Create within
yourself: an environment
that is loving, kind, compas-
sionate, and understanding; an environ-
ment wherein you encourage yourself, and all
others, even when you have fallen, or they have fallen.
Resist the temptation to criticize, or condemn. Reach-out
your hand, and lift the fallen; for, the hand I give to you
will always come, and lift-you-up, when you have fallen.

And The Holy Spirit says: First, create within yourself
the environment you wish, and long to ex-
perience. In other words,
if you desire peace,
first create
peace within
your own being.

If you desire compassion
and understanding, first create
compassion and understanding within
your own being. Whatever you desire, first
create within your own being; and then, it shall be yours!

June 23, 2018

I do
not tell you
that forgiveness,
forgiving is easy; but,
I promise the results of
practicing forgiveness
are worth every effort
made; for, once you have
mastered the art of forgive-
ness: you are lighter, your path
is brighter, and it is easier to find
contentment in who you are, and
what you are doing! And The
Holy Spirit says: It is true.
You have heard
that forgiveness
has more to do with you
than it has to do with the one,
or the many, you are forgiving; and,
I repeat, it is true! Ego might tempt you,
to let it go, to forget it; or, to believe it is done,
you do not need to go back; but, I tell, within your heart, it is
necessary to forgive. Take the step, forgive yourself, and all others,
and you will know The Way, and The Way will shine brightly, and so will you.

June 22, 2018

Love one another,
and be kind to all creation,
for, if you will take the time, and
set your course to love one another
and be kind: you will find energies
flowing to you, that are filled
with light; you will recognize
that you are overflowing,
beyond what you thought
was possible, in measure, with the
energies of understanding, and compassion.
And as the energies of understanding and compassion,
flow into, and through you, there will come the gift, of pa-
tience, and you will find you are at peace! And The Holy Spirit
says: One thing leads to another; and, when you are willing
to put your foot upon the path, set your course, upon The
Way, fill your sails with My breath, then it is easy to love,
to be kind, to have understanding, and compassion, for
others, and therein, hold the gift of patience. And
from these things will come to you wisdom;
and, within these gifts of the heavenly
kingdom you will find peace!

June 21, 2018

Once you embrace life upon the Earth
as just a tender piece of eternal life,
then you begin to see all life, with-
out limiting what you call life,
to the brief piece of eternity
you experience upon Earth.
Once you comprehend eter-
nal life, then you begin to see,
as I intend for you to see. And The Holy
Spirit says: Once you comprehend eternal life,
and see the beauty, and the majesty, in being
an eternal being, then you embrace birth,
and your perspective is altered, about
that which you call death;
and, you begin to see
what you once referred to as death,
as birth, rebirth, returning to the heavenly king-
dom, continuing your eternal journey, as a child of God!

June 20, 2018

Refuse
to react to what
another says, or does,
with frustration, or anger, or
animosity. Alter this course, and act
with kindness. Let My love flow through you;
then, you will be using the energy of Heaven,
the energy of love; and, this love will be
the light that shows The Way, to
peace. And The Holy Spirit
says: Reject
reaction.
Choose
the action
of love and light,
of peace, and kind-
ness, and understanding.

June 19, 2018

The best way
to lead is to show The Way;
therefore, let your actions speak,
let your actions be the words today!
And The Holy Spirit says: Live the words!
Live the words you wish to say; for,
there is truly, no better way, than
to demonstrate, exhibit, show,
by your actions! There is
no better way, than
to live the words,
you wish to
say!

June 18, 2018

When
you have
a question, be
still, ask for guidance,
and you will receive the answer,
or be prompted to find the answer, within you.

And The Holy Spirit says: Many times, the children of God upon the Earth ask for guidance, and they are given guidance; yet, they reject the guidance; and, spend hours, and possibly days, seeking the answer that is already within them. Be still, ask, and receive.

June 17, 2018

You
have been given
the power to create; therefore,
do not spend so much time: making, amassing, and gathering things that you must leave behind. Spend your time "creating," the riches, the wealth, that you can bring Home with you, for the currency of Earth, the world created by man, you must leave behind; but, the current, the energy of the heavenly kingdom, you can bring with you. Therefore, create the energy of love, and kindness, and compassion, understanding, forgiveness. Work with these things that are unseen, because there is no limitation to what you can create, and bring with you, for these energies will pass with you. And The Holy Spirit says: There is no limitation to what you can create, when your creation has to do with peace, with love. There is no limit to the love you can create. There is no limitation placed upon the kindness you create. There are no boundaries to compassion, to understanding, to forgiveness. These are the eternal treasures. Store-up your wealth wisely!

June 16, 2018

Watch
the stream
follow its course
until it is enfolded in-
to the larger body of water
it will call "home," for a while,
until it is drawn-up into the clouds,
there resting until it is released to rain down
upon the soil, the rivers, the mountains of Earth,
once again. Then, once again, it continues the journey
to follow its destiny to be enfolded in a larger body of water
it will call home, until it ascends into the sky. And The Holy Spirit says:
You will have a better understanding of your own adventure upon the Earth,
if you will sit quietly, and observe nature, all around you! See the cycles, they
continue. Watch the stream as it follows its course completing its destiny.

June 15, 2018

Every
step you take
is a step along The Way,
a step upon the path, leading you
up the mountain; for, there is a mountain
you must climb; and, there will come a time, when
you wake-up, and say, "I do not wish to climb." But
once you sit, and rest a while, you will rise-up, and say,
Now, I am eager to climb!" And The Holy Spirit says:
You are upon the mountain. Do not try to climb
the mountain in one day. Take your time,
and look around you, and see, what
surrounds you, all along
The Way; for,
there will
come the day
when you reach the top,
look-out, and see what is spread
below; and, that which is below you, and
the very air around you, will bring great joy
to your heart, and you will sing-out, "I did it!"
And The Voice of God will whisper, "I know. I told
you My child, I told you, you could do it; and, you did."

June 14, 2018

While the journey you are taking is distinctly your own, it is not meant for you to walk alone; for, I AM with you every step of The Way! I send you signs, and markings, every day. Open your eyes, and see the signs. I have surrounded you with My glory. Look around. Read My signs. Tell your story. Let My glory be seen in you! And The Holy Spirit says: Hundreds of times every day, you are given the opportunity to rise-up, and say, "Thy will be done!" In so doing, you are working closely with The Creator of All Things; so, as you go-out into the world today, acknowledge who you are: by your thoughts; by your deeds; and, by your words. Bring forth the glory of God, today!

June 13, 2018

Be willing to take the hand, of those who are grieving, and walk with them, awhile; and, let them feel your peace and comfort, until, once again, they are able to smile. And The Holy Spirit says: There are times when words will not suffice; that is when your presence is more, much more, than being nice: it is a comfort, it is a hand, it is a heart, it is love, extended from one to another. When you experience the times when words just will not be enough: be present, be kind, be compassionate, be loving.

June 12, 2018

Happiness comes from contentment within, from a comfort and a joy, in knowing that you are My child; for, if you truly know you are My child: you will live with happiness; you will be contented; and you will rest in the comfort of My arms. And The Holy Spirit says: Do not fool yourself into believing that you will be happy, when: you have a brand new car, a shiny piece of jewelry, or any other material possession, because you will not be happy, by gathering possessions, by having things: you will know happiness, by knowing God is your Eternal Parent, and within the love of God, you shall experience all things!

June 11, 2018

Do not concern yourself so much about what others are thinking, or doing, or saying; for, this path, of judgment, will surely lead you astray! No, go first into your own being: clean-up, and remove the debris from your heart, so that you might love, freely; clean-up, and remove the debris from your ears, so that you might hear lovingly, and freely: clean-up, and remove the debris from your eyes, so that you might see, clearly, with the love of God. And The Holy Spirit says: Once you have cleared the debris from your being: you are filled with the light of God; you hear the words of God; you are guided into the ways of God; and the ways of God, are: Love, and Light, and Peace!

June 10, 2018

Many times
a broken, or crushed
heart, is covered-over
with bravado, curtness, an
interesting sense of humor.
Since you do not know, where
this heart is hidden, who carries
a broken heart, let it be your in-
tention, to be kind to all people,
no matter how brash, or cruel,
their words might be at times;
for you do not know, what is
hidden, within them, what
they hide from view, so
let it be done, that
the only thing
they know
of you
is that
you are kind,
considerate, compas-
sionate, and understanding.

And The Holy Spirit says: Do not re-
spond, when someone is unkind, with bitter
words, or quick retort. Let it be your intention to
live in The Light of God, and bring forth The Love of God,
no matter what you encounter, no matter who you encounter. It is in
this Way, that you will be The Light, and The Love, of each, and of every day!

June 9, 2018

Make the time to enjoy nature, to walk: amongst
the flowers; beneath the birds; with the bees, and
butterflies; out, into a tree-filled area, where your
breath is fresher, and your thoughts are purer, and
cleaner. Spend some time today with Me, in The
Creation. And The Holy Spirit says: The creation
of God is magnificent, and beautiful,
and sustaining, and renewable in
every way, and so are you.

June 8, 2018

I
will
lead you
into all truth,
step-by-step, you
will know The Way.
Whether or not you follow
The Way is your choice, as you
use your freewill to make the decision
to go the ways of the world, or walk the path
of enlightenment; it is your choice! And The Holy Spirit
says: God does not force you to open to the words of wisdom;
God does not demand that you walk The Way of Illumination;
God provides all you need; and, you choose, that, which you accept,
or that which you reject; it is your choice! Today, open to all that is
available to you, in copious amounts. The abundance flowing from
God is full, and complete, and unending; but, you must choose it!

June 7, 2018

Take
a deep breath,
and let yourself be filled
with My Light; for, it will lead you ex-
actly where you are to go! And as you are filled
with My Light, you will hear My Voice, and you will know
exactly what to say. And as you are in the light, in the right place,
hearing My Voice and knowing exactly what to say, that which you do,
will be sacred, and a blessing upon the Earth. And The Holy Spirit says:
Do not let your thoughts wander into places, deep in darkness, or with
people who are playing with shadow. Do not wander there; stay in
The Light of God; be The Light of God; listen for The Word
of God; and speak The Word of God; and then,
all will be right, within you!

June 6, 2018

It is
easy to see that
another has not forgiven someone:
a friend, a co-worker, a member of the family.
It is easy to see in the words they say, or the feelings
they express. Make sure that you take the journey inside
to address those you have not forgiven, so that your words
might not reveal to others, what is so easy to see in them;
for, when you have forgiven all things, you find a peace,
reserved only for those who know The Way to for-
giveness. And The Holy Spirit says: It is
easy to see, it is easy to hear,
because people
will freely speak,
and readily make clear,
that they are still upset with
someone, for this, or that, or the
other. And it rains-down, on you;
and you feel their unforgiveness,
in the air. Today, go quickly with-
in your being, yes, there, at the
core of your being, and re-
solve those things
which need forgiveness,
so that when you are around others
what you bring is the energy of peace, and comfort!

June 5, 2018

The only things that can block My love
flowing to you in great abundance are
the obstacles: the debris, the boulders,
and walls, you have placed, within thee!
To receive the full abundance of My love,
clear-away all of the blocks, the impediments,
the boulders, the debris, and then, My love will flow
freely, into, and through thee. And The Holy Spirit says:
It is difficult to focus on a project when you have a pain, or
a blister, or a splinter, in some part of your body. Full focus
on your project is rare, when some piece of you, travels
there... to the point of discomfort. To focus, fully, on
the project, you must address the injured, or
sore place, on your body; then,
you are ready to go
again.
In order
to absorb
the full, abundant flow
of God's love, it is necessary to clear-away
the things you have placed, within you, that block
this flow. Address these things, and then you will
"know," all, that God's love can do, through you!

June 4, 2018

Even
in the times
when you feel most
unworthy of love, of any kind,
My love flows to you; and it is stopped
only: by you; by the dams you build; by the
obstacles you place, by the door; by the denial;
by the rejection; and many more such bags of sand
you place between us; but, once you remove the bags
of sand, and the obstacles, you feel My love embrace
you. It is always there, My love for you is always
with you! And The Holy Spirit says: It is a
blessing, and it is true.

You can
come to know,
in a small portion,
how much God loves
you, by allowing God's
love to flow through you
to others, no matter who
they are, no matter what
they do, or say. It is in
this way, every day,
that you can
draw
nearer to God,
by letting God's love
flow through you to another.

June 3, 2018

It is good to know My words;
it is good to be familiar with The Way to live;
but, until you put the words, and The Way into action,
they are just words. Let today be the day, that you become the
living words! And The Holy Spirit says: It is good to say to yourself,
"I forgive all things;" but, until you put this into practice, it is not complete,
it is not done. You know the words, but the action evades you. It is good to say,
"Turn the other cheek;" but, until you put it into action, it is a phrase,
something you say; but, the practice and the action, evade you; you have no idea
how to turn the other cheek, how to apply this teaching. Today, gather-up all the good
words, the good sayings, the good things, that come from God, as they are directions
on living your life upon Earth. Begin to put these directions into action, so that the
words are not just words, they are living, through you!

June 2, 2018

Do not turn your head, or run away from that, which comes to you to do.
See it as a key, a key which will open a door, which has been closed to you before.
Each opportunity which comes to you is the pathway, the doorway; and, this doorway
will lead you onto The Way; and, with every step you will grow in wisdom,
as My light illuminates the path. And The Holy Spirit says: See opportunity as a key;
and, with the key, of opportunity, open the door which is before you. No opportunity
comes that is not a doorway to a more illuminated life upon Earth!

June 1, 2018

Teach your
children, by example, al-
lowing them room to grow, avail-
able with unconditional love, rather
than being overbearing, and impatient.
And The Holy Spirit says: You can see the living
word; and, you can hear it, with your heart.
The living word impacts all around it. Let
the words you live be the words of love,
so that there might be light, and in
the light, peace, so that
joy, might abound!

May 31, 2018

Freewill is a gift, I have given unto each of you!
Do not attempt to rob another of the gift I have
given unto them. Do not trample the gift; for,
it is sacred; it is sacred even when they use
their gift to reject My call. The Divine
Plan is that I will teach each one
of you. All of My children
will eventually hear My
call, knock down
the walls
they have
erected, and
come Home! And The
Holy Spirit says: Honor the gift
of free-will; honor it within yourself;
and, honor it within others. Have faith
that the prophecies will come true! The
Divine Plan is that God will teach each of you!

May 30, 2018

When faith dwells within you:
you see blessings when others see
calamity; you see grace, when others
see disruption; you see My love, when
others see only darkness, and shadow.
When you live in My light, you know
all that comes to you is meant to
come to you, for a reason;
and, as you walk
through each
lesson,
you
become
better, and
better equipped to
face the days before you.
I AM your Eternal Parent, and
I will care for you eternally. And The Holy
Spirit says: Embrace the ways of God, and the seed
of wisdom: shall blossom, shall flower, shall bloom within you.

May 29, 2018

I will heal your weary body,
and it shall be whole. And The Holy
Spirit says: Sit with God, and listen;
for, once you sit with God and listen,
the words you hear are as manna
from Heaven, filling your spirit
and soul; and your spirit then
energizes your body; and,
where you were once
weary, you are
now made
whole!

May 28, 2018

When
turmoil tumbles,
and rumbles, all around you,
it is possible to be still, to be quiet, to know
I AM God, and that I AM with you! It is this faith,
that: will calm the angry seas; will make straight
the twisted path; will be the light, in
the darkness! And The Holy Spirit says:
The faith that God is always with you
is as a beacon, a light house, light-
ing, not only The Way for others,
but lighting the path, so you can see;
for, while the tempest does stew, and brew,
there should be love, and only love, within you.
Love is the answer.
Love is the key.
Love is The
Way!

May 27, 2018

I wish for you to "know," you are My child;
for, when the time doth come, that you know,
truly know, you are My child, then your jour-
ney, upon the Earth, will not be smothered, and
burdened with strife, it will be lifted-up with the
promise, and the knowing of eternal life! And The
Holy Spirit says: It is obvious when someone is happy,
you see it, you hear it. It is obvious when some-
one is content, comfortable, you see it, and
you know it; it is present, with them.
It is obvious when someone
accepts their heritage
as a child of God,
because you see
it, and you
hear it, and
you know it
in their ways.
Let the words you say,
and the deeds you do, exhibit,
and reveal, who you are, a child of God!

May 26, 2018

When you
wish to make a point, let
the words you would say, "live."
Bring them forth in what you do, then
all will look, and see, the intention that is
on your heart. Very rarely is the goal accom-
plished when the tool is an argument, or de-
bate. Almost always the goal is accom-
plished when the words are living. And
The Holy Spirit says: Today, rise-up in the
light of God. Open your heart to
the words of God, and let it be
your intention to live the
words of God; for, in
living the words
you will surely
show The
Way!

May 25, 2018

When
the one
you are now
meets the one you are meant to be,
you will awaken to your destiny,
you will remember who you are;
you are My child!
And The Holy Spirit says:
God's creation is sacred,
and pure and powerful.
You are a creation of God;
therefore, you, too, are meant to
be sacred, and pure, and powerful!

May 24, 2018

The
unseen
is with you,
and all around you,
occupying far more space
than you can now imagine;
yet, that which is termed unseen,
will reveal itself to you, when the light
is just right and you are willing to look
with the light. It is much like the column
of insects, in its great and vast numbers,
remaining unseen, and unnoticed, by you
until the light of the sun catches it in
just the right way, and you see
what you could not see
before it was held
in the light.

And The Holy Spirit says:

Your journey upon the
Earth, can seem dull, and flat,
until you open to the possibility,
and begin to acknowledge the unseen;
and then, your journey upon the Earth
becomes more like an adventure of Earth.
Today, walk, and let your journey be the ad-
venture of Earth. You are surrounded by that
which you cannot see, most of the time; but that
does not mean it is not with you all the time!

May 23, 2018

It continues, today, in you; the creation continues, today, in all of your thoughts, and your words, and your deeds.

If you have ever wished the creation story could be a certain way... now is your chance to do it... today!

Create in your thoughts, and your words, and your deeds. Let everything you say, hold the seed of what you have wished creation could be, and let it be done today; for, My children, creation is in your hands.

Create this day.

And The Holy Spirit says:

Take a look at the world around you.

The creation of God is everywhere, and it is amazing, and staggering in its magnificence. It is now your opportunity to create magnificence. The world does not need any more build-

ings, or bridges, or financial institutions.

The world is longing for love, and forgiveness, and compassion. Ponder, pray, meditate, reflect until you know, exactly what you are to do today; and then, rise-up, and create it, in the way only you can do, today! Go-out, and create, this day!

May 22, 2018

Look
around you,
see, and know;
for, it is possible for
you to see, and know, yet
not go into the energies, which are
turbulent, and upsetting, or awash in grief,
and sorrow. Look, and see, and know, and bless;
hold your space, so that it is "of peace. Look, and see
and know hatred; but counter it, with love, and a blessing.
Look, and see, and know excess; but counter it with under-
standing, and a blessing. Look, and see, and know jealousy,
but counter it with compassion, and a blessing. Bless every
situation. Look, and see, and know, and be the counter-
energy; and build it strongly, and let it grow; and,
in this way, your way will be the different way:
the kind way, the compassionate way, the
understanding way, The Way
of Wisdom.

And The
Holy Spirit says:

When you are caught
in a traffic jam, with no way out,
and horns are blaring, and tempers are flaring,
look, and see, and know, and then be still. Begin to bless
each car, each thought, each reaction. Do this with every encounter of
turbulence, or frustration. It does not matter whether it is an institution,
or a municipality, or friends, or family. It does not matter what it is. The
turbulence reigns, and will not be subdued, until it is blessed, and calmed
by you! And your blessing will touch others, and they, too, will feel the
peace, and soon peace will reign, and turbulence will be subdued.

May 21, 2018

My
Holy
Spirit
is within
you; therefore,
in it, be bold and courageous.
Set your intention to use the power of My love
for all things, this day. It will be in this way,
as you live this day, that all around you
will see, and know, by your words,
and your actions. And by
your words, and
your actions
you will show
The Way, because
The Way was conceived
in the power of love! And The
Holy Spirit says: Just for today, try
this: slip-off the clothing of ego; step
into the garments of God's love; bless
rather than curse; forgive, rather than
to withhold; understand that in all cases
of trespass, they do not know what they are
doing. If you have awakened and you open and
hear Me, it is your responsibility to love, and forgive!

May 20, 2018

It was never meant for you to wander
in darkness not knowing which way to go,
stumbling in fear, gripped with anxiety. The
prophecies of The Old Testament have been fulfilled; yet, even in the seeing of the fulfillment, and the working of miracles, there was the demon of doubt. Now, within you, is The Counselor; and it is in this Way you are meant to walk, each day, knowing, not hoping, knowing, and having faith, for, you hold the key to The Kingdom of Heaven, within you!
And The Holy Spirit says: Do not be afraid,
do not cry, do not wail,
for, I AM with you;
and, I will lead you
where you are to go.
Follow, without hesitation, and you will know the
glory of God is with you, is within you, is upon you, and all will know
who you are, through that which you say,
and that which you do. Give the glory to God; and,
follow through, to the end of your journey upon the Earth;
and, once it is done, hold upon your heart, the best is yet to come!

May 19, 2018

A
 good earthly
 parent might
 sometimes give dif-
 fering counsel to each
 child. To the studious child,
 with their head down in books,
 the parent might whisper, "Look,
 look out the window, see the butter-
 fly?" To the child who is always running
 outside, the parent might whisper, "Come, sit
 with me, let's read a book." To the child who is
 bold, the parent might whisper, "Think, before you
 act." To the reluctant child, the parent might whisper,
 "Run free! Run across the meadow, without hesitation;
 and feel the wind, in your hair!" Different counsel, for differ-
 ent children, bringing them balance. And The Holy Spirit says: Do not
 be reluctant to follow The Whisper you hear, from within. Do not hesi-
 tate to rise-up, when all others are seated, when The Whisper within, says,
 "Rise-up!" Do not stop, when The Whisper encourages you to run across
 the meadow, when all others find a path that is broad, and well-paved!

May 18, 2018

Take the time
 to be still and quiet,
 to set yourself aside, from
 all that is familiar to you;
 and, I will speak to you;
 and, I will comfort you;
 and, I will answer your
 questions; and, you will
 know, what to do, because
 the answer to your questions
 has been found, deep within you!
 And The Holy Spirit says: It is best, when issues arise,
 which can put you to the test, to refrain from running around,
 or calling-out in worry or concern. When issues arise, the best thing
 you can do ~ is to be still, and listen to The Whisper within you! Ask,
 and it shall be given unto you! Have faith in knowing, that the answers will
 come, from within you; for the promise was made over two thousand years
 ago, that each of you would have a counselor, and The Counselor
 would speak to you, and guide you, from within!

May 17, 2018

Great things
result from the doing of small things,
the doing of simple things; therefore, begin your journey
into greatness by first doing the simple things: be thankful for
the life you have been given; and, be thankful for the Earth, and
all she gives you; love one another; be kind to all things! If you
can do these simple things, you will find you are living a life
filled with great miracles. And The Holy Spirit says: Go into
this day, with the intention to love one another
and be kind; and,
stop during the day
to make sure that this re-
mains your primary intention.
By doing this, all you accomplish
today, will be accomplished with-
in the energies of love, and kindness!

May 16, 2018

Do not focus your
attention and your energy
on what another is called to do.
Do not focus on another's mission;
choose to focus on your own mission,
on your own journey; then, at the end
of the day, you will have a feeling, of
confidence, rather than frustration,
because The Holy Spirit is guiding
each of you from within; there-
fore, you might not under-
stand, where another is
going, or where an-
other has been;
but you will
know,
and
understand,
that The Holy Spirit
is guiding you, from within!

And The Holy Spirit says: I will not lead you
into shadow and darkness; therefore, if that is
where you find yourself, struggling to be free, then
know, within you, your guidance is not coming from Me.
I will lead you exactly where you need to go. I will lead you
in such a way, that you: hear that which are meant to hear;
see that which you are meant to see; and, do that which you
are meant to do. The key word, in all these words, is you, you!

May 15, 2018

Do not withdraw,
or become sullen, or sad,
or angry, if someone hurts your
feelings, speaks-ill of you! Choose first,
when you feel offended, to bless! Be an active
participant in your healing, by offering blessings of
healing to others, first! As you practice this blessing
of others, you will experience spiritual growth; and,
you will find it is easier to bless, than it is to carry
offense within! And The Holy Spirit says: Let your day
be filled with joy! Stand in the light of God! Be
quick to sing! Look around you, and let all
nature ring-out, the creation story, of
God. Be caught-up in the mira-
cles, of God; and, bless all
you see, bless all you
know; for, it is in
this Way, that
you will
grow!

May 14, 2018

I send you signs,
and I send you guidance;
and, for those who learn how to
watch for, and read the signs, and lis-
ten, and hear the guidance, the journey,
upon Earth is easier. Even when it is chal-
lenging, you feel fulfilled, because you know:
you have read the signs, you have heard the
direction, and you followed! And The Holy Spirit
says: As you make your way upon the Earth, taking
the journey of your lifetime, possessions can be
stripped from you in various ways; but, your fe-
eling of confidence, and fulfillment, cannot be
taken from you, because it is built inside you.
When you are fulfilled in the light of God,
it cannot be taken from you. Rise-up
today, and watch for the signs,
and read them; listen for
The Whisper; and
follow!

May 13, 2018

If today, you find yourself upon Earth, you made it through!
You traveled, from the heavenly kingdom, departing fully spirit,
and arriving upon the Earth plane, as spirit in human form, wear-
ing a body, created, just for you! You passed through the portal,
onto the Earth, and the portal, through which you passed, was
your mother giving birth! As you are aware of your eternal
existence, your role as an eternal being, be aware and
honor your mother, as the portal through which
you are able to have an Earth experience.

Now I say unto you, if you are down,
rise-up, so you might grow in
strength; if you are al-
ready standing,
prepare to go forth.

Gather your courage.

Your time upon Earth is brief.

You are there for a purpose. Celebrate
your temporary existence upon the Earth; ex-
plore; and do all, you are meant to do; for, soon,
you will hear the call, and come Home! But for to-
day, look around, celebrate, and play, upon the Earth;
all Heaven and Earth moved, together, so that you might
have an Earth experience! And The Holy Spirit says: Hold gratitude
in your heart; for, if you live, now, you shall live, forever! Be thankful for
your life, your eternal life, and your temporary, earthly, life. Be thankful!

May 12, 2018

Do not deny, regret, be embarrassed, or ashamed about a slip or a fall into darkness and shadow, because a slip or a fall into darkness and shadow, can be a stepping-stone to an expanded spiritual awareness! Use the slip, use the fall, so that you might rise-up, and see it all, in My glory. And The Holy Spirit says:
Do not deny the tears of sorrow, rejection, loneliness, or pain. No, let the light of the sun, shine, onto your tears, and create a rainbow, which will diminish all fears; for, as the rain doth fall, the light of the sun will shine, and create a colorful arch, which is truly divine.
So, do not deny the tears, let them shine in the light of The Son.

May 11, 2018

When you see the beauty of nature: in the flowers, and the trees, and the grasses, in the rocks, the streams, the rivers and the oceans, you see Me! When you see the majesty, of the mountains, you see Me! When you see the tranquility, of the morning mist, creeping through a valley, you see Me! When you see, the creation of Earth, and know it to be sacred, you see Me! When you realize your role in the creation story, you have a realization of Me! Open your eyes, and see the beauty, and know, you are a piece of the beautiful, creation, story; and, I AM with thee.
And The Holy Spirit says: The radiance of Earth is an outward sign, of the inner-beauty, of God!

May 10, 2018

Refuse the
temptation to
heap criticism on others,
choosing instead to deliver showers
of blessings on others! And The Holy Spirit says:
It takes practice, but can be done, from the rising
to the setting of the sun, it can be done. Let the
words you speak, be words of blessing! Let
the thoughts you create, be creations
of blessing! Let the deeds you
do, reflect the blessings
created within
you.

May 9, 2018

Be mindful of what you are doing with regard to discomfort of the body. If you hit your thumb, trying to hammer a nail into a wall, you will experience pain temporarily. If you fall from a ladder, and break your leg, you will experience pain temporarily. Each of these two situations is to be handled differently; and, the correct way to know what to do, is to be still, be quiet, and ask for immediate healing; and, you will receive direction, as if you were opening a first-aid book; for, the finger struck by the hammer, will take but a while, and the pain will go, and the colors will change back and forth, between blues, and blacks, and yellows until it is restored again. The direction might be, when you pray for healing, to take oneself to a hospital, and have the leg set, and then go about your day, hindered in a way, but only temporarily. Ask, and you will know what to do; but do! The temptation often is to do nothing; when you hear the guidance, do! And The Holy Spirit says: A finger struck by a hammer is painful, and it throbs, and it does this for a day or two, maybe more. It is important to remember: to acknowledge the pain, ask for healing, and do not mention it over and over again. Every time you say, "My finger hurts," it will hurt more, it will hurt longer. Remembering the pain activates the memory of the pain, and brings it forward, just as you do when remembering a difficult situation that happened years before. Every time you recall it, and bring it forward, the sting returns, and it is the same with the finger, it is the same, with the broken leg. Take the direction to resolve the matter. Ask for healing, and let it go. Even when it pains you so, it is best to not mention, to let it go. Leave the pain in the past, and heal it, with a joyful presence!

May 8, 2018

It is by faith that you know Me, that you believe in Me, that you believe in The Kingdom of Heaven. We speak, we talk, there is communication between us, and it provides strength, and courage. The world around you cannot hear our conversation, as it exists, and is held, within you; but just because the world cannot see it, does not mean it is not true. You cannot see love; but you can see the result of love. You cannot see kindness; but you can see the result of kindness. You cannot see charity, and compassion, and understanding; but, you can see the result of these things. You cannot see Me, as the world would demand to see Me; yet, you see the result of your belief in Me; and it is there for all the world to see. It is in this Way, that the world will come to know Me, through what you say, and through what you do. I AM there within you! And The Holy Spirit says: Sometimes, on a summer evening, a fragrance, carried upon the wind, finds you, encircles you, and you breathe it in; and, it is a source of great delight. There is no need to wander around the garden, or the yard, or the apartment, in search of the source of the fragrance, which rides the night. You know, it comes from a flower, that is, temporarily, out of sight!

May 7, 2018

If today, you find yourself in a place of shadow, or darkness, for whatever reason this might be, do not be afraid! Do not hang your head: in shame or fear or anger or frustration. Know, I AM near to you. Lift-up your head, open your eyes, and look around you. I do not ask you to look around you, to stir you to action.

I ask you to look around: you might see a chair; you might see the walls of a hospital room; you might see a backyard, and a play-set with swings, sitting still; you might see the bars of a prison cell; you might see a window, looking-out from an office, high above the streets of a city. No matter what you see, right now, no matter where you are right now, I AM with you! And

The Holy Spirit says: Be still, and know, you are never alone! When you can calm your fears, or your anxiety, or your anger and frustration, you will see that the place in which you find yourself is a lesson, and an opportunity to gain whatever information you are to gain from where you are, so that you might move-on, better equipped to face each day, and this applies no matter where you are. There is courage in numbers, there is strength in numbers; and, you have numbers of angels around you, you have God, you have Jesus, you have The Holy Spirit of God with you! Now, open your eyes, look around, and ask for guidance, so that you might know the lesson, know it well, and be on your way to a brighter, more glorious, day.

May 6, 2018

To fulfil your destiny, listen to your heart.
You are not upon the Earth to be lost, or a-
fraid; or, wander in darkness, and shadow;
for, I have sent unto you The Holy Spirit;
and, from within, The Spirit shall guide
you, and you will "know, The Way! "

Open your heart! Listen to The
Spirit, within you! You are

to fulfil your destiny

upon the earth;

and, come

Home!

And The

Holy Spirit says:

My words are not meant

to mock or belittle the lifetime

you are leading upon Earth, and its

challenges; but, you have the plan, for a

successful life, and an earthly destiny fulfilled,

upon your heart; you carry it in your soul, and your

spirit sings of it. Do not let your head lead you astray.

All things are right, when you follow, The Way!

May 5, 2018

Here it is,
another day. Do not
close your eyes, or turn away
from the opportunity to create. Many
times you have been sitting quietly with thoughts,
or considerations of what a perfect day might be, for
you. Today, it is time to make those thoughts,
and considerations come true. Rise-up,
and create, from within you. And The
Holy Spirit says: When you awaken to
all the possibilities, which are given
freely to every child of God, the door
swings open, and you walk through; and,
as you look around, everything seems new. It is
no longer the time to blame this one, or that one. It is
no longer the time to say, "I cannot do." Today is
the New Day, which has been promised to you.
Open your eyes, and look, and see
the gift of possibility, that
has been given
unto you.

May 4, 2018

You are as the beautiful spring wildflowers,
scattered over the Earth, showing your beauty
in the season of glory that is yours, then find-
ing comfort in your leafy foliage, until it is
time to be still, and quiet, and return
to inner-earth, once again. Every
springtime is a lifetime.
Every springtime
represents a
lifetime.
And The Holy Spirit says:
The beauty
of the spring wildflower
cannot be denied. It rises-up
out of the Earth, pushing through
the soil, which weeks ago was frozen, and
hard. These flowers are as the kiss of life,
and you cannot pass by one, in all its glory,
without looking, and celebrating life, and
the story, of God's continuing creation!

May 3, 2018

The song of the bird, the dance of a stream, the fragrance of a flower, dewdrops glistening in the grass or on the leaves of a tree, each of these holds the beauty of creation; but, when the song of the bird, and the dance of the stream, and the aroma of a flower, and the brilliance of a raindrop or a dewdrop, glistening on a blade of grass or the leaf of a tree is magnified in its glory, in its light, when it is seen, and noticed, is the source of delight! And The Holy Spirit says: Sitting quietly, creating, and magnifying the energies of creation within you is beautiful; God's love flowing into, and through you is beautiful; the light of God, flowing into and through you is beautiful.

The peace, and the power, and the glory of God, flowing into you, and through you, is beautiful; but, when you can carry all of these gifts, and blessings, and grace, out into the world, so others can see, and know, it is as if you are a miracle, walking amongst them, shining, in the brilliance of God!

Let the light of God be known, by the way you speak, and the things you do; in this Way: you will bring the light to all you meet; you will be as the song of the bird, and the dance of the stream, and the aroma of the flower; you will be as the dewdrop, glistening, on a blade of grass, or sparkling, on the leaf of a tree; you will be the source of delight, for all to see!

May 2, 2018

Even
when you feel
that you are being ridiculed,
pushed from here to there,
beset in every manner,
all things will be calm, and
you can remain in balance, and
in peace, when you know
the healing
is within
you.

You hold
the answer.

You have the key.

No one can disturb thee,
when you are content in knowing,
who you are! And The Holy Spirit says: One can
tell a pig that it is a horse, all day long; but, the pig is con-
tent in knowing, from within, it is a pig. One can tell a dog, that it
is a cat, all day long; but the dog is content in knowing, from within,
it is a dog. When you know, who you are, no one can alter, or push, or
persuade you to believe you are anything other than a glorious, eternal
being, on Earth for a brief time, soon to return Home! Know, who you are!

May 1, 2018

Begin this new month
by blessing all individuals,
especially those you contact, or
come in contact with, today. As you
move over the Earth you will see: people
driving here and there; people going to their
office, to their schools; people going to the fields;
people going to the factories; people going this way
and that. Bless them! Bless the ones who cut-you-off
in traffic. Bless the ones who disagree, loudly. Bless the
students, in your classroom, who are disruptive. Bless the
clients in your office who are difficult. Bless each individ-
ual you encounter, for it truly might be the only blessing
they receive that day; for, many of them, refuse to let
Me in! Therefore, I can touch them with a bless-
ing, through you!

And The Holy Spirit says:

Begin to see the world
in a different way; rather than
being frustrated, be eager to open,
and let the blessing of God flow, through
you, to all beings! This might sound "small,"
it might sound as if you are doing nothing at all;
but, it is actually The Way the world will change,
because change comes inch-by-inch, step-by-step,
prayer-by-prayer, grace-by-grace, by blessing!

April 30, 2018

Rather
than saying,
repeating often,
your thoughts create,
believe it; and know, creation
springs forth, from your thoughts.
Therefore, choose wisely, the way you
think! And The Holy Spirit says: Let the waters
of grace, flow through you, removing all nega-
tive thoughts from you, so that you might rise-up,
in the glory, and the light of God; and, choose to
create a day: of peace, and laughter, and joy!

April 29, 2018

Rise-up,
stand-up, all of you:
who believe that you can
speak to Me, and I will speak to thee;
who believe that you can speak to your brother,
Jesus, and He will answer thee; all those who believe
that it is possible to be guided by The Holy Spirit
sent to thee. Rise-up, stand-up and live, what
you believe. And The Holy Spirit says: Many
of you place a lot of faith in
scientific development,
in devices. Take
some time
today to
develop
your faith in
that, which is unseen,
but more powerful, and more
true, than any scientific develop-
ment, or any device you might acquire.
Choose wisely, that which will guide you.

April 28, 2018

You cannot know peace
when you host the spirit of anger.
Tranquility will evade you, when you give
safe harbor to the spirit of hatred. You cannot rest,
and be calm, when you entertain the spirits of chaos, and
confusion. You can know peace, and tranquility, and be calm
as soon as you cast from yourself the spirits of darkness and sha-
dow, and follow with vigilance, so that they might be cast from you
every day. In this way you will find love. And The Holy Spirit says: Some-
times, when you are sitting still, and all around you seems right, and good,
something creeps into your thoughts, possibly a flicker of something that
happened a long time ago; and, for a minute you are tempted: to dislike
another; to be frustrated with another; to condemn another; to with-
hold your love from another. Celebrate when you recognize these
temptations; for they come every day, often every hour. Re-
cognize the power that is yours, and cast these
things from you. Feel the presence
of tranquility; and,
be calm.

April 27, 2018

Do not be afraid.

Do not permit the ways of
the world, what is happening
around you, or your environment,
to distract you: from "knowing," who
you are; or, from what you are doing.
Be the bringer of peace! Be the bearer
of light. Do not hesitate to extend your
hand in friendship, first. Do not be re-
luctant to say, "I am sorry," first.

Do not refuse to forgive, first.

Be the first. Be the light.

Do not be blind to
situations
around
you.

Accept the truth,

and you will know The Way;

for, I will not lead you into darkness; and,

if I find you in darkness, I will not leave you in darkness;

do not be afraid. And The Holy Spirit says: Meet this day with firm resolve:
that you are going to be the bringer of light; that you are going to forgive;
that you are going to love; that you are going to be kind and compassionate;
that you are going to begin to look at what is happening around you, and to
those gathering around you, through the eyes of God, recognizing, and
realizing, that all inhabitants of Earth are worthy. No matter how
they are acting, at the time, you have the ability to say,
"Father, forgive them, they know not what they do."

April 26, 2018

I love you! My smile, rests upon you, and follows you,
 no matter where you go! Even when you veer off-course,
 My smile goes with you! My love goes with you; and, it will
 follow you until you turn around and feel My Presence strong-
 ly, and come back Home. You are never alone! The feeling that
 I AM far from you is a separation only you can build; for,
 I will not build a wall, or create a mountain, or design a sea,
 to keep you away from Me; I follow you wherever you go!
 And The Holy Spirit says: God's blessing, and grace, and love,
 rests with you! If you cannot feel it, then it is time
 for you to: tear down the walls of doubt;
 break-up the mountains of confusion,
 and chaos, and anger; and build
 a vessel to sail upon the sea,
 which has separated thee;
 and I will fill your sails
 with The Wind, and
 you will sail into
 the arms of God!

April 25, 2018

Be mindful of the way you interact,
 and communicate with others. Always
 check your words, before they fall from
 your lips. Be mindful that a gentle, loving
 word, goes so much farther than a harsh, criti-
 cal word! Mind what you are saying! And The Holy
 Spirit says: Form your thoughts, in such a way, that you
 give thanks, for all you have this day. Form your
 thoughts in such a way that there is
 great gratitude on your heart.
 Spend the time you are
 upon the Earth
 not wondering
 what others
 are worth,
 but setting
 your intent-
 ion to create
 thoughts of gold,
 and words of grace, every day.
 Mind what you think. Mind what you say.

April 24, 2018

There are many ways to do things, to accomplish things; there are also many excuses, why you did not do something, or accomplish something; but The Way to behold, and hold, a fulfilled and glorious life in your hands, is to do that, which is written on your heart; and, to do it well. Whatever that dream is, upon your heart, that is your mission. Rise-up. Set your foot upon the path, and follow the dream, that is written on your heart, because, My child, it is especially designed for you! And The Holy Spirit says: Each of you carries within you, a set of gifts that are put together in such a way, that they are, uniquely, yours, designed so that you might use them: to accomplish your mission; to do so, for the glory of God; and, return Home, in celebratory fashion. Do not be afraid: to follow the mission; to follow your heart; to use the gifts you have been given, to complete your story, and give the glory to God!

April 23, 2018

The ways of the world
can be harsh, and severe.
I ask you to be kind, to be at
peace, to be still; and, you will
find that, in the sea of turmoil, as
you are practicing kindness, you
will have the courage, and the
strength, which will bring
you peace; for, it
will be My
courage,
it will be
My strength;
and, it will lift-you
above the chaos, and
you will rest in My peace.
And The Holy Spirit says: No matter
what the situation, it is always possible
to be kind. Today, practice kindness; and,
come the night, you will find you are truly at peace.

April 22, 2018

You are upon the Earth, My child,
to complete your mission; and, once your
mission is complete, I will call you Home! To
"know," your mission, you must know your heart;
for, it is there I have written the words; your mission
is written upon your heart; go there, and you will know!
And The Holy Spirit says: Your journey upon this Earth is not ac-
cident. Your presence upon the Earth holds a place of impor-
tance. There is something you are to do. That something,
you have been longing to do, wishing to do, is exactly
what you are to do! Do not be dissuaded by the
naysayers. Set your face into The Wind,
and go. Your purpose is of God,
your time brief. You are
on a mission, for
the glory of
God!

April 21, 2018

Today is not an accident; it is significant.
You are meant to experience this day. How
you experience this day, is all up to you.
Take a deep breath, and resolve to:
make this day filled with light;
make this day filled with love,
make this day Heaven, u-
pon Earth. And The
Holy Spirit says:
You might believe that
you cannot touch people
other than those close to you,
those who pass you, those who
are in -near-proximity to you;
but, this is not true. When you
create, within your thoughts,
the energy of love, and let it
flow from you, it flows
from you, as
ripples
on a pond,
and can reach
far beyond, what
you can imagine this
day. So, do not let any-
thing stop you! Create light!
Create love! Be light! Be love!

April 20, 2018

I
wish
for you
to know joy,
to know love,
to know peace!

I wish for you to dance, and sing,
and laugh, and run over the fields of Earth
to be this joyful release all the things, which hold you
in place: thoughts of others, which are less than noble;
dreams of others, which are less than glorious. Forgive
all things. Forgive yourself. What is it you are putting-
off doing? Go do it, free yourself to fly, to be light.
And The Holy Spirit says: This is a good day to think:
"What have I been putting-off?
What have I not done?
What have I
made excuses about,
so that forgiveness is pushed
to the side?" Do not use the excuse
that you have a right to be upset, or even wor-
ried, or concerned. Free yourself! Forgive all
things, and do that which is waiting in the wings.

April 19, 2018

If you will permit it, I will love all things
through you; and, as you permit the river of
My love to flow through you, to all things, then
you too feel My love, and know My love; and,
it is peace, that this love brings! And The Holy
Spirit says: It is always possible to be in-the-
flow of the love of God, and when
you come to "know this," you
will be at peace, no matter
what is happening
around
you!

April 18, 2018

Like a child,
who asked the parent,
for permission to go-out to play,
you asked, and I said, "Yes. Go, go to Earth
and play." And, just as a parent will do on Earth,
as night is beginning to fall, I will stand in the doorway,
and call, and say, "Come home; it is time to come Home now."
And The Holy Spirit says: The time you have upon the Earth is brief.
Begin to understand what you are experiencing. You asked,
and you received; but, you will be called Home.
Play upon the Earth, experience Earth.
Touch, and feel, and love,
and sing, and dance.
Do all these things,
so that when you hear
the call, and it is time to
go Home, you can say, within
your heart, "This has been the best
adventure." And, it will be easy to say,
"Thank you," as you walk over the thresh-
hold, and return Home, for the adventure
was good, the returning Home, even better.

April 17, 2018

If
you are
a farmer,
rise-up, and
go-out into the fields,
and let the work you do,
be the prayer you live. If you are
a laborer in a factory, rise-up, go-out into the world, and let
the work you do, be your prayer. If you are a doctor, or a
nurse, or a medic, or anyone working in the medical
field, go-out to your place of work, and let all
you do, be your prayer of healing.
If you are a professional, rise-
up, and go forth to your
office, and let all you
do, be a prayer,
helping others.
If you are a student,

rise- up, and go-out into
the classroom, and let all you
learn be a prayer. No matter what you
are doing, in the world created by man, rise-
up, and bless what you are doing, with a prayer.
And The Holy Spirit says: Go forth this day, and let all you
do, be the prayer, you say! Touch the Earth; and, bless
it; now, be on your way; go-forth to work; go forth to pray!

April 16, 2018

Do not water just the flowers you particularly like,
as they begin to grow-up in the garden; no, water and
tend all the flowers of the garden, so the garden is uni-
que, uniquely a piece of the One, permitting each flower
to grow, and shine, and show, their glory; for, each flower
has a story! Water all of the flowers, so they might spring-
up, in the glory! And The Holy Spirit says: Be mindful not to ne-
glect watering the garden, all of the garden; for, when you
tend the garden, it is important to give each flower,
each plant, the same opportunity
to use the gifts
they hold within;
and, given that oppor-
tunity, they will all begin
to dazzle the eye; and, treat
the nose to the most wonderful
fragrance, a bouquet from Earth,
tended by you. Begin this day water-
ing all flowers, encourage all the flowers
to grow-up, just as they are meant to be!

April 15, 2018

Some days you will experience lessons,
lessons to learn, and on those days that is
what you should do, learn the lesson. Some
days will come to you, which are just right to
practice the lessons you have learned, perfect-
ing them, until you are ready; then, some days
bring the golden opportunity to use the lessons,
and complete the practice by rising to the oc-
casion with: wisdom, courage, and strength,
doing that, which is yours to do, with grace!
And The Holy Spirit says: Once you begin to ack-
nowledge the lesson, and take the lesson
to its ultimate conclusion, practice,
then, you are willing to pra-
ctice! You know the source
was the lesson, and
the outcome, practice;
but then you are given the op-
portunity to shine, and show all that
you doth know, by taking that which came
to you, and letting it grow, into the glory of God!

April 14, 2018

Slowly
at first, your guidance,
your answers, and your direction,
will come; sometimes, beginning with a word;
but then, as you take one step, and then another,
the direction becomes more fluid, easier to understand.
All that is required is a willingness to stand, and say,
"I am ready. Tell me. I listen. Please speak."
This is the key that opens the door,
the door which will
show you
so much more
than you have ever seen
before. Be willing. And The Holy Spirit says:
Once you make that commitment, once you say,
"I am willing," once the foot is placed upon the path,
there is no going back to the ordinary, to the mundane;
because, as you place your foot upon the path it is clearly
ordained that you will be living The Divine, The Sublime;
and, the song of the birds is as laughter on wing. Be at peace
this day in your willingness. Do not be distracted: by worry,
or concern, or multiple questions. All the answers you will
soon learn, at just the right place, at just the right time,
leading you into a life that is divine, and sublime.

April 13, 2018

I give you the gift of life, so you might use it,
 in glorious ways! Create to your heart's content,
 contributing to the glorious ways; for,
 every time your creation is of glory,
 your Earth journey story, changes,
 evolves, sparkles, and shines. You
 live more fully, and completely,
 because you have created The
 Divine. And The Holy Spirit says:
 Feel My Spirit, within you;
 and, when you can feel it,
 even ever so slightly,
 walk-out into God's
 great creation,
 and look around you,
 and you will see The Spirit:
 in the tree, in the stream, in the rocks,
 in the insects, in the worms, and the caterpillars;
 you will see it! All you have to do is acknowledge it,
 and it begins to unfold, before you, so that you might see!

April 12, 2018

I love each of you, My children,
 with an intense tenderness;
 and, out of My love for you
 came the gift, the ability,
 to ask and receive.
 Whatever you seek to
 know, you can know. What-
 ever you seek to see, you shall see.
 These things have been promised to thee.
 Sit quietly, and ask; and, you will know your answer,
 you will receive your answer. The answer will come from
 within you. It is possible for you to know all things, when
 you ask and receive and believe! And The Holy Spirit says:
 Take the time to set yourself aside. Be still, and quiet, and
 ask; and, in the stillness, you will know your answer;
 and, in the trust,
 and the belief,
 your heart will beat,
 singing-out in a melodious melody,
 in keeping with The Word of God.

April 11, 2018

That
which "knocks,"
upon your door is yours
to master! If love knocks, u-
pon your door, open the door, and
love more! If kindness knocks, upon
your door, open the door, and be kinder! If
hatred knocks upon your door, open the door, and
announce, "This is a place of love, to enter you must love!"
Welcome, or send away, that which knocks upon your door. You
are My child! You have been given eternal life. At the present
time, you are practicing the powers you have been given, in a
dimension where great importance is placed upon the seen.
You are from "the realm of the unseen," moving into the
world of the seen, but for a brief time, to understand
the use of powerful gifts in a land created, mostly,
by man. And The Holy Spirit says: There will come a day
when that which has been created by man will shift,
and move, and either fall to dust, or rise-up.
There will also come a day, when all those
of Earth will feel a tingle, and
begin to know The Presence,
within them, understanding
they are not an accident, they walk
upon the Earth, for great purpose, inhabitants
of The Dimension of Perfection on a mission. That is you!

April 10, 2018

Some
spend their entire lives
living in the world created by man,
believing only in that which they can see
with their eyes, or touch, and feel with their hand;
but, there are some, who live their lives upon the Earth
in the world created by man, but knowing the unseen,
that which they cannot touch with their hand,
but they know with their heart, and
their soul, and their spirit;
and, those who live
in both worlds,
in the world of man,
and the realm of the unseen,
find their life upon Earth is a blessing, a sacred dream. And The Holy Spirit says:
If you find you cannot open to that which is unseen,
do the best you can upon the Earth, as your time has not
yet come; but, when it does come, you will gasp at the glory,
as it is revealed, and you will see and know the story of eternal
life, as it is! You live in the world created by man; but, you have
access to the realm of the unseen! When your time comes, and
the curtains are pulled back, you will know, all life is sacred!

April 9, 2018

Humility, forgiveness, and compassion
will ultimately, and forever, outshine
the arrogant, and their judgments;
for, the arrogant shall fall, and
their judgments shall fail,
but humility, forgiveness,
and compassion will live in
eternity. And
The Holy Spirit
says: Strive
daily to
put yourself
in a place of
knowing, and offering,
giving freely the gifts of forgiveness,
understanding, and compassion.

April 8, 2018

You can change the world with your thoughts!
Everything begins, and is created, within
your thoughts! And The Holy Spirit says: Be vigilant,
because the thief, who comes in the dark of night,
will creep into your thoughts, and set-up shop
there; and, with a whisper, can lead you
from happiness into despair.

Be vigilant; for, the world
can be changed, with
a thought; therefore,
be mindful
of what you
are thinking!

April 7, 2018

Do
not be
dismayed
when you miss
a step, stumble, or
fall; for, these are lessons;
and the lesson is learned as you rise-up,
find your balance, gain your strength, and courage,
and continue along The Way, because it is within My light:
that you see, and "know," that you have stumbled at all;
that you see, and know that you have missed a step;
that you see, and know that you have fallen;
yet, find the strength to rise-up. Be at
peace with all that occurs
during your journey.

Within My light
you will always
see, and know
The Way. And
The Holy Spirit says:
Many are content
to live in shadow, and darkness;
but, those who have been touched to awaken
find it is impossible to stay in shadow, and darkness,
for the discomfort grows with every minute; but, when
the light doth pierce the darkness, to show you The Way,
the discomfort fades away, and you run into the light of
the dawning day. God is there to show you The Way.

April 6, 2018

When My love is flowing through you freely, unimpeded, it is possible to love, as the command indicated you should love! Therefore, before you begin your day, open to My love; for, I do not restrict My love for this one... or that one... or the other one... I let it flow, freely! This is why Jesus could say, clearly, "Love one another," because, when you are filled with My love, letting it flow, through you, you can do nothing else but love; for, I AM love! And The Holy Spirit says: "Love one another," does not mean to love only those who: are kind to you; agree with you; live in your neighborhood; or, who are familiar to you. Love one another means love one another, period! There were "no qualifications, with the command!"

The command is simple, concise and precise, "Love one another!"

April 5, 2018

The
Wind rose-up,
and moved over the Earth
as a warm breath; and, the ground,
which had been covered with snow, was free
once again; and, there were flowers, and grasses,
and insects galore; and, The Wind continued, and
the breath grew warmer still, and moved through
the trees, melting the ice, bringing forth the leaves;
and, the birds began nesting, and singing a
song, announcing that winter was finished!

It was time for spring! That which
had been dormant
was awakened.
And The Holy Spirit
says: Every season
has its reason. During
the dormant season of winter
all is still, quiet, pensive; but, when
the season of sleep is done, there comes
the awakening, and the song of spring!

April 4, 2018

Take
a deep breath,
and acknowledge all
the beauty, and the glory,
that is around you! You are sur-
rounded by signs of oneness, of unity,
of community. Look at the trees; they help
you breathe; their task upon the Earth is noble.
They clean the air; and, provide oxygen, for you, to
fill your lungs, and move about the day. The root
systems, of the trees, and the grasses, the bushes,
the flowers, all reach-down into the rich soil of
Mother Earth and draw-up the waters of life,
the blood of Earth, and they live, and they
are nourished, and sustained. Even
the cycle of water, falling from
the clouds,
moving over
the Earth, rising
again into the clouds,
and then the clouds giving birth
to more rain, a beautiful cycle, over,
and over again. Life, oneness, unity.
And The Holy Spirit says: Do not walk through
this day, with your head down, and a list in
your hand, and on your heart. Look-up,
and see the glory of God, in all things.
Look-up, and understand that all is one.

April 3, 2018

As you go to your workplace, as you labor
in the world created by man, let this be your plan:
to carry My light, My love, and My peace, and set it in
place, around all you do; for, it is in this Way: that you bring
My love into the world of man; that The Kingdom of Heaven ~ is
at hand, ~ through you! And The Holy Spirit says: Set aside your disappoint-
ment, your frustration, your anger, about your workplace, about your work
associates, set all these things aside; and the next time you go into the office,
or wherever you labor during the day, carry the light of God all the way,
into everything you do; for, in blessing that, which you do everyday,
you are creating a new energy, and it will grow, and that
environment, in which you work, will become
a place of peace. Bless the Earth,
with The Kingdom
of God, with
you!

April 2, 2018

Held
within My ways,
you will find joy, and gladness. You
will not find sorrow, and sadness in My ways; for,
My ways are of eternal truth, and eternal life, eternal
love, and eternal light. No matter where you are
along The Way, it is possible to take My hand
today! And The Holy Spirit says: Awakening, is a
process, which begins with a light, and the
light grows, and encompasses you, as
you grow, and open, and unfold
to be, who you are meant to
be! Live your life, as
you are meant
to live your
life.

April 1, 2018, See

You ask for a sign,
and I know, My child,
a sign is comforting, a sign
will give you courage, and build
your strength; however, I say unto you,
when your faith is afire, you are the sign I desire
to send-out into the world to proclaim that you believe,
not because someone has told you to believe, but because
your heart whispers, with every beat, "I AM, I AM, I AM."
And The Holy Spirit says: The breath of God doth stir the ashes,
and the flame comes forth, in answer to the call, and
the flame rises-up, and rides upon The Wind,
and all look-up, and see, and know,
The Breath of God has
touched
the Earth.
You live now,
and you will live forever.
You are a child of God! Rise-up,
and live; be the sign others are seeking.
Do not hesitate, live that which you "know!"

March 31, 2018

Pay attention
to where your
thoughts are leading
you; for, I AM calling to you,
whispering to you that I AM with you.
If you are listening to My voice, I will not lead you
in a direction of anger, or frustration, or fear, or worry.
If you are listening to My voice, you will feel great comfort,
knowing that you will be led where you are to go, that you
will be led to know what you are to say. Have faith, be
still, and listen, for My voice! And The Holy Spirit says:
The whisper of God will lead you forward
into exactly where you are to be,
what you are to do.
Do not give-in to
the voices who
are tempting you
to be far less than you
were ever created to be.
Pray for discernment to under-
stand, and "know," The Voice of God!

March 30, 2018

Each of you
are "sent to Earth,"
for a purpose! You are sent
to Earth on a mission: some are rather
grand in scope and some appear to be rather
minor in scope; however, they are all important.
Each mission undertaken is important! Once you
know your mission, and you are willing to carry-out
your mission, life becomes an adventure on Earth;
but you are not meant to be on Earth forever. You
are meant to be on Earth to complete your mission,
and come Home. I will call you Home, when your
mission is done; and, you will be ready, you will
be listening for the call, because when your
mission is done, you "know," it is done. In
fact, you say, "Father, it is done." And
then, all the angels rise-up, and
welcome you Home. And
The Holy Spirit says:
Amen.

March 29, 2018

You have experienced many miracles in your lifetime. Some you have seen, some you have not seen. Some you have accepted, some you have rejected. There is much to celebrate, about your life, this portion of eternity, which you are experiencing, at the present time. Therefore, let there be a celebration! Come to the table. Come to the banquet. Come to the feast, and eat. Eat of the divine. Nourish your spirit! And The Holy Spirit says: There is a feast set before you! The feast is all you need to nourish your spirit! You find this sustaining, nourishing, food, at the table of God! You go to the table hungry for love, and you find it. You go to the table thirsting for compassion, and understanding, and mercy, and it is yours. Whatever you lack, you find, filled, at the table of God! Come, the feast is set before you!

March 28, 2018

The new command is to love one another. Do not complicate the simplicity of the command, by trying to define, or confine, or restrain, the loving to particular people, places, times, countries, institutions. Do not complicate the simple, the pure. Love one another, from the core of your being. And The Holy Spirit says: Be kind; this is a simple direction, guidance from the realm of the unseen. Do not complicate it, by trying to define kindness, or attach it to a particular person, place, thing, country, or institution. At the core of your being, set the intention to be kind. It is simple. It is pure. Be kind! Love one another.

March 27, 2018

All
Earth
celebrates
the coming of springtime,
celebrates birth, celebrates the light of the sun,
and the kiss of the falling spring rain. All Earth
celebrates as spring returns, once again. And The
Holy Spirit says: Every season has its reason, some
are quiet, some are dormant, some
are joyous, and filled
with song;
but, each
season
is right,
and good, and
perfect; just as they belong
to that space in time, it is theirs!
The summer, the fall, the winter, the
spring, each brings a joy, each brings
a lesson, each brings that, which it is
meant to bring. Rise-up today, and
celebrate, the coming of spring!

March 26, 2018

Rise-up,
and go forth,
as you are directed! I
send to you My power; and,
My power shall be your courage,
and it shall fuel your faith, and
you will trust, and 'know,' that
I AM with you, wherever you
go. And The Holy Spirit says: Wash
your face; wash your feet;
wash your hands.
Prepare
yourself
to go forth.
Prepare your inner-
self to go forth. Cleanse all
darkness, and shadow, from you!
As you wash your face, and your feet, and
your hands, let your prayer, during this cere-
mony of cleansing, be thorough. Let your prayer
be complete, so that you drive all shadow, and darkness,
from within you, and therein be filled with the light of God!

March 25, 2018

No
matter,
what you do
My love flows,
from Me to you!
And The Holy Spirit says:
God's love flows to you:
every minute, every hour,
every day; and, it does not
stop! It is not "taken away,"
as punishment, for anything!
The amount, of God's love
you feel, you accept,
you take and use,
is up to you!
Make the
choice, to live
in the love, of God!

March 24, 2018

Understanding, and compassion,
cannot be overdone. Extend the gift
of understanding and compassion to all
who come to you. And The Holy Spirit says:
Every time you offer understanding
and compassion, you fulfill
the need in others
to be understood
to be accepted you open
the door to the possibility
of unconditional love; for, the seeds
of unconditional love are sprinkled, gener-
ously in the soil of understanding, and compassion!

March 23, 2018

Receive, of the abundance of Heaven,
all you need to make your journey upon the Earth,
all you need to complete your journey upon the Earth.
Open, and receive. And The Holy Spirit says: Give freely, of
the abundance of Heaven; for it has surely been
showered upon you; for it surely flows
through you. Give freely of
the abundance, of
Heaven.

March 22, 2018

Maintain your thoughts, and words, and deeds
in My light, hold them-up, in My light, so that
when inspiration flows to you, the inspiration
which comes to you will be of the light. And
The Holy Spirit says: When you guard your
thoughts, and words, and deeds,
in such a way, that they
reflect the light
of God, every
day, then, The
Holy Spirit of God,
flowing into you, and in-
spiring you in all you think, say,
and do, will bless the Earth, through you!

March 21, 2018

There are those amongst you, in need of love; yet,
most they encounter turn their heads, and walk away.
I ask you, please, let Me love them, through you, today.
And The Holy Spirit says: Many will not hear God, for whatever
reason they cannot hear God. When they come to you,
let God love them through you! Open your heart,
open your eyes, open your arms, and gather
them-in, all those who are difficult
to love, gather them-in, and
God will love them,
through
you!

March 20, 2018

An ordinary day becomes an extraordinary day
when you recognize it, for what it is, a magnificent
piece, of your eternal journey! And The Holy Spirit says:
You might not see it now; you might not comprehend it now;
but I can assure you, it is with you now; you are in the midst
of your eternal journey! You are not a bystander, you are a
participant in The Great Plan, The Divine Plan! Rise-up,
and see this day, and the importance of the day; and,
enjoy it, in every way! This is your experience.
Create that which you wish to
experience, today!

March 19, 2018

True value,
true wealth, can be found
within the treasures you carry within you,
as they surely abound within you. Seek abundance
within. Be willing to go within, and find your treasures,
find love, and kindness, find compassion; for, it is within
these recesses, of your being, that you will mine the trea-
sures of abundance; the abundance of the world will fade
away, but the treasures you carry within you are there
to stay! Share your abundance today.

And The Holy Spirit says: Touch
everyone you see
with joy and laughter
and glee. Let love flow,
through you, to others. Free
them, from the chains of loneliness,
and sadness. Reach-out, whenever you are
given the opportunity, and share the treasure of love!

March 18, 2018

Have
faith, and know,
I send to My children, upon Earth,
everything they need to grow. I send the answers,
and the directions, for each and every present situation; and,
My instructions and guidance set the course of The Way, they are
to live, and grow, in My light. And The Holy Spirit says: Many times
the world will tell you to go one way, and God will whis-
per, "Here I AM;" and, as you follow
The Whisper,
you are led-out,
into the desert, where
you cannot hear the mur-
muring of the world, but you
can reside, in The Presence, of God!

March 17, 2018

Love is the answer; therefore, love one another. And The Holy Spirit says: The Way has been given unto you; The Way has been shown to you; therefore, if you hear the Word, then Love, one another!

March 16, 2018

Be mindful of what you say, and how you speak. Let your words reflect My glory, shining, in you; for then, your words will tell the story, of the light, and the glory! That way, all those around you, will know Me, through you! And The Holy Spirit says: Everyone hearing your words, knows exactly where you stand, and who you are. Therefore, be mindful that you speak in the light, and push the shadow, and darkness, from you. Just as you know that someone is from the East, or the West, or the North, or the South, when they speak, all those around you know where you are, where you stand, and who you are, by the way you speak, and the words you use. Therefore, let it be your intention to bring forth the glory of God, upon the Earth: in how you speak, and what you say, every day.

March 15, 2018

Once
you master
the practice, of
holding your tongue
in order that you might hear
what is being said; and therefore, know
what is on the heart of another, your reward is peace.
And The Holy Spirit says: Too often it is the case that words are
spit from the mouth in anger, or frustration; and, it only
adds to the frustration when one realizes that the words
cannot be taken back. The wise learn, early, to hold
their tongue, and let others speak. In this manner, they
know, what others are thinking, by what they are saying.
Unspoken words do not have to be gathered-up.
Those words, better left unspoken,
do not have to be forgiven.
Practice holding your
tongue, and then
you will
know.

March 14, 2018

Remember,
your actions speak louder
than do your words! If you want to deliver a message
of great importance, first, let your words, be your deeds; then,
when others see how you live, they will ask the questions, and you
will answer, and the timing will be exactly right; therefore, hold
your words, and set forth your deeds. And The Holy Spirit says: You
can tell when a person is living that, which they believe, because
it is so completely within them. There is no effort to living
what you believe, because, it is within you. You are not
stumbling, you are not falling, you are not grasping
for an understanding,
because it lives
within you; there-
fore, you know it; to-
day, let your actions be
the words that you would say.

March 13, 2018

Whenever you have the opportunity to create an environment in which others "feel comfort," do so! Let them be comfortable in the things that you say, let them be comfortable in the things that you do; and all of this comfort, begins, in your thoughts; in your thoughts create a place of comfort for all today. And The Holy Spirit says: In the world you are taught to have good manners and it is good to understand the acceptable, and appropriate, etiquette of the day; in reality, you can throw all those books away; and, concentrate on one thing, letting your thoughts, and words, and deeds, "create a place of comfort," not just for yourself, but for those around you; let them be comfortable, in your presence!

March 12, 2018

The
greatest
"thank you,"
you could pass to Me,
is to use the gifts, you have been given!
And The Holy Spirit says: Use the gifts you have been given. They are a unique combination, crafted, and molded, solely for you, so that you could do all that you are meant to do, while you are upon the Earth. Look around you. See, and know, and do. All that you accomplish, using the gifts you have been given, is a song of thanksgiving, a song of gratitude, saying, "Look God! See what I did do, with the gifts, which came to me from You!"

March 11, 2018

The message was delivered to those of Earth; and, the message was, "Love one another." It is easy to look, and see, any around thee, who are carrying this message on their heart, who are living, as they are told, "Love one another." For, My child, I tell you this, it is impossible for you to do, unless you are totally, with Me, in My light; then, My love for all My creation flows through you; and, in this state, it is, most assuredly possible to do.
 And The Holy Spirit says:
 Look around, and see, who is quick to love, who hesitates to condemn, to judge; seek the company of those who love, and their ways, will become your ways!

March 10, 2018

You will understand how it is possible for Me to be with you, and speak to you, and hear you, each one of you, all the time, when you return Home, when you pass through the veil and return Home. Until then, it will require faith, and trust, that I do hear you, that we do speak together, that you are My child, and I care for you! And The Holy Spirit says: There are many things you take on faith; and that faith comes from a seed, deep within the core of your being; it was planted there, before you passed through the veil, from Heaven, traveling to Earth; and, that seed grows in fertile soil, and provides the faith you need to believe, that, which seems impossible; but, one day, you will be called back Home! "It is time to come Home." You will hear The Whisper, and you will pass through the veil, once again; and, through the passing, all the mystery will be shed, and you will understand, and comprehend, all that you could not, when you were upon Earth.
 Be at peace this day, and carry faith, with you, for it is the truth, you are a child of God!

March 9, 2018

There is no such thing as an ordinary day;
for, every day is another piece of eternity;
it is a piece of the present, eternity; and,
it is with you, and it will live, forever.

So, when you think about it, in this
way, there are no ordinary days;

but, there are some extra-
ordinary days, days

which call for

celebration:

a light heart; singing;

laughing; deciding you will re-
member only good things; deciding
you will create, only, good things;

and, making it your intention
that the future brings,

only good things.

Let today be

a day

of celebration.

And The Holy Spirit says:

Decide, right now, that this is

going to be an extraordinary day;

and, set-out to make it so, in every way.

Today, create an extraordinary day!

March 8, 2018

When
you see,
and recognize
the glory in creation,
you then know the joy of creation.
And The Holy Spirit says: Most of the time,
you feel so distracted, by the things
you must do, the task
that is yours,
the trip
you must
take, and on-and-
on, that you miss the glory,
all around you. You miss the tender
greens of spring. You miss the aromas
of summer blossoms. You miss the radiant
colors of the light, touching autumn leaves.
You miss the sacred prayer, of falling snow.
You miss these things, all around you,
and wherever you go, because
you allow the world
created by man
to distract you from
the handiwork of God!

March 7, 2018

The trust, the belief and the faith, that I AM speaking to you and you are hearing Me, and I AM guiding you all along The Way, begins in increments, usually. Complete trust, enduring faith that I AM speaking to thee, guiding thee, sending messages, and signs, to thee, is something that comes quietly, slipping into place until it is full, until it is complete, until it is done; and, during this process you become whole, and can acknowledge that we are One! And The Holy Spirit says: There is more happening around you than you can even imagine. Many of you are finding it possible to accept, and believe in the power, of the unseen. Many of you are catching glimpses of what is happening in another dimension, which is right next to you; but, for most, the first step is accepting the possibility.

Life is eternal, and it is amazing; and, as you breathe, it is a sign, that you are a piece, and a part of the eternal life, which began, which took its start, in the thought of The Creator God, your Parent. Take some time today, to close your eyes, so that you might see the unseen, and all that is around thee!

March 6, 2018

Procrastination
will surely lead you
into the shadowy, and
dark energies, of: worry,
concern, anxiety, frustration,
and many more such emotions, and en-
ergies, which come with procrastinating. Do not
put-off for tomorrow, what can be done today. Take this
from you. Be your savior, and free yourself. Rid your-
self of the albatross of things that need to be done, by
doing them, and then running-out into the sun
to sing with joy, the task is finally done!

And The Holy Spirit says:

For those of you
who are well-practiced
in the art of procrastination,
it might seem as if there is no bur-
den attached; but, there is, pushed way
back in the corners of your being. Bring
these forward. In fact, ask, prayerfully ask,
"What am I missing? What should I be doing?"
These things will come to you, one at a time; and, as
they come, pick-up the rhyme, and go forward, with
the intention to complete the task, and be done with it!

March 5, 2018

Bless
the Earth
with all you do;
bless, your fellow tra-
velers in all you do; for,
every blessing, which comes
from you, flows back to you.
Everything you give, you
shall receive; therefore,
bless! And The
Holy Spirit
says: It might be
a challenge to stretch
your understanding, to com-
prehend that all is One. What you
think, impacts the One. The words you speak
flow from you, and continue out, into the world,
and beyond; for, once a word is spoken, it cannot be
undone. Bless the world, bless your fellow travelers.
See all things, from a different perspective. Begin
living eternity, now; because now, eternity is living!

March 4, 2018

The
ways of
the world,
and the people of
the world, will try to
prompt, and coerce you,
sometimes demanding of you
that you do, as you are told to do:
go this way; and then go that way; un-
til there is much confusion about you, re-
garding who you are, and what you are to do;
but, My child, if you will sit in quiet, and be still,
you will hear My whisper, you will feel My presence,
and you will know My call; and, I will say unto thee,
"Be still; take My comfort. Rise-up, and I will show
you The Way. Let the trappings, and the tempta-
tions, and chaos, all fall from you, and walk
in the light. Be exactly, who you are!
Try not to be another, or go
another's ways.
Live exactly
who you are, be-
cause, you are divine!"
And The Holy Spirit says: Do not try
to please, this one, or that one; for, surely,
you will end-up pleasing no one at all, including
yourself. Be still, and in the stillness, you will find the
courage, and confidence, to rise-up, and be exactly who you are.

March 3, 2018

Let
all those
around you
see the promise,
and feel the fulfillment
of the glory, of a new day,
through that which you do,
and through that which you say.
Throw open the gates, and welcome
all, to see the glory, and the beauty, that
is, meant to be. And The Holy Spirit says: Know this,
know it well! Your thoughts lead to the words you say,
and the words you say are greatly magnified by your deeds;
within this power is a golden opportunity to throw-open the door to
the light, and the glory, that is shining all around! Many do not know
the glory, because they cannot open the door; but, you have been given
the gift, and the way to tell the story, which holds the glory, of All That Is,
and All That Will Be. Go forth, and let the glory of God, shine through you!

March 2, 2018

When you hold to the course set for you,
through the answers you receive in prayer,
your life will be filled with light, and glory,
and a song will spring forth, because
you are so eager to tell the story
of how easy it might be
when you are
walking
with Me!

And The Holy Spirit says:
Even when those around you
do not understand, or comprehend,
stay the course, follow the guidance,
ask, and listen, and do. As the answers
come to you, it then rests in your lap,
in your place, in your time. Rise-up,
without hesitation, and do!

March 1, 2018

Encourage those around you to use the gifts they carry within them. So many gifts are hidden, or locked away; they go unused, set aside, perhaps, for another day. It is time for the gifts to spring-forth from the children. Let them ring-out. Use the gifts you have been given, and see the joy their use will bring. And The Holy Spirit says:

For every feeling you have of darkness and shadow,
for every temptation into darkness and shadow,
there is a solution, a remedy, within you.

You carry, within you,
spiritual gifts,
gifts that can change
the course of your life,
can alter the path, you are
walking, can lead you into The Light.

Use the gifts you have been given, and do not push them away. Do not cover-them-up, or hide them. Bring them out, and use them, today. Do not discourage others, from using their gifts, especially if they differ from yours; no, encourage all individuals, all those around you, to use the gifts they have been given, and Earth will sing, and peace will be restored, because those of Earth are using the gifts of Heaven!

February 28, 2018

I shower blessings, and grace, upon those of Earth, who are seeking the light, who are seeking a place. I wipe the tears from your face, and bring you comfort. I feed you the manna of Heaven, so that you might not hunger. I send you the nectars of Heaven, so that you might not thirst. This day, look around you, feel the wonder, and stand in awe, of All That Is, majestic, of Mother Earth; for, you are there, just a while, and then, you will return to Me. Look around and tell Me, "What do you see?" And The Holy Spirit says: When you spend a great deal of your time, confined within the walls of a building, or a house, any dwelling really, you begin to believe that experience is what is meant to be. You go to work, you go home, and sometimes, in-between there are games, and dances, and fun, there are prayers, there are passages of challenges, and difficulty; but then, one day, you walk-out into the cathedral of the forest: the spires, reaching high into the sky; the stream is flowing, as the blood of life; birds singing as the song of angels; and, you begin to feel at home at last! You are living in God's great creation of Earth, for a while. Take some time, to realize the majesty, your majesty, because you are a piece, and a part of God's Great Creation!

February 27, 2018

Make
the time
to set yourself aside
to be quiet, to be still, so you might
hear the answers coming to you, hear
the answers, which are difficult,
if not impossible to hear
amidst the chaos,
and confusion
and clatter
of the day.

Set yourself aside,
away from the noise,
and you will find peace.

And The Holy Spirit says: Take a
walk in the woods. Sit under a
tree. Rest your head in the lap of
Earth, and look-up, at the sky. Stop,
and listen to the songs of the birds. Stop,
and breathe deeply, inhale the fragrance
of the plants, of Earth. Make the time to
be at peace, in The Garden, that is Earth.

February 26, 2018

Make
the time
to acknowledge
a kindness! Make the time
to acknowledge a gift, a call, a letter, a card.
Make the time, to acknowledge that another
is traveling a difficult road, or facing a chal-
lenge. Make the time to smile,
to bring joy to others.
Make the time
to be kind. And
The Holy Spirit says:
Reject the temptation
to convince yourself, that
you do not have time, to pick-
up a telephone, to write a few words,
to reach-out to another. In fact, you do
have time, you just forget; or, you do not
want to stop what you are doing, to turn to
something else. Let this day be the day that you
make the time, to touch another, with the love of God!

February 25, 2018

Do not
let your mind
run in to "the world
of others," worrying about
what another is saying, or doing,
or, not saying, or not doing; for, this
will surely lead you astray, lead you away
from, what you are meant to do, that day.
Instead, focus on what you are meant to
do, and then, set about doing it; for,
you will find that during the day,
when you concentrate, and fo-
cus, your energy, on, what
you are meant to do,
a sense of content-
ment grows, with-
in you, and;
you are at
peace!

You are at peace,
because you are doing your part,
and without your part, there is no whole,
there is no complete One. And The Holy Spirit says:
When you have project where each person is responsible
for one thing, each person must do their thing, so that the
project is complete, all parts assembled, done. Today,
do your part, do your thing, come the night, you
will be content, and you will be at peace!

February 24, 2018

Tend to that which ails you.
Remove the thorn in your side,
and I will heal thee, and you will be
free of the pain, and you will be whole,
once again! And The Holy Spirit says: Just as you
address a health issue, something that is causing you
pain, in the physical, the material world, it is important
for you to address that which is causing you pain in the
spiritual world. If it is fear, cast it from you. If it is an-
ger, or pride, cast it from you. If it is jealousy, or re-
sentment, cast it from you. Pull it out of you, and
you will be healed, and you will be free of the
pain, which is caused by fear, and anger,
and all the other negative tempt-
ations, which come to you;
and, often, abide
within you.
Free
yourself
spiritually,
as you free your-
self physically, and be whole.

February 23, 2018

Address your spiritual challenges and struggles with the same resolve, and determination, you address the physical, and the worldly struggles and challenges; and, you will see the spiritual struggles and challenges melt, and reform, into the greatest lessons of your lifetime upon the Earth. Be at peace with spiritual challenges and struggles, recognizing that they have come to you, because you are ready to resolve them, in My light. And The Holy Spirit says: When a child gets a splinter in their finger, you do not ignore it, and neither do they. First, you remove the splinter that is causing the pain; then, you clean the wound to make sure that there are no germs, nothing to resurrect the pain again; and then, you cover the wound until it is healed, with a Band-Aid. When you are driving down a country road, and all of a sudden you hit a pothole, and a little distance farther you find that your tire is losing air, and can no longer propel you down the road, you stop, observe the tire, remove your spare, change the tire, and continue on your way. Use these same tactics, and address spiritual struggles and challenges, with the same enthusiasm, because, if they have come to you: it is a sign that you do know what to do; it is a practice in applying what you do know, what you are meant to do; and, with this practice comes perfection. Practice, and welcome perfection!

February 22, 2018

Be thankful for every kindness shown unto you.
Be thankful for every loving touch, offered unto you.
Be thankful for every day which comes your way. In other words, and simply put, open your heart, and be thankful! And The Holy Spirit says: The only way, you can enjoy a new day, thoroughly, and completely is to be thankful for the day, and to realize, that every single day which comes to you has already been numbered! Life upon Earth is fleeting! Complete joy, in living your life, upon Earth comes to those who "know this," and who treasure, every day! Today, let your thoughts, and words, and deeds, exhibit that you feel thankful, for this day!

February 21, 2018

You
have the
ability to connect
with all creation: people, places, things;
the animal kingdom, the green kingdom, the kingdom of minerals.
You have the ability to connect. You have the ability to know, all things. You have the ability to rise-up, above all things, and look, and see, and know; and, in the looking, and the seeing, and the knowing, love will grow, to immense proportions within you, because you are created of the energy of love. You have the ability; the question is will you unlock it, and let it be free to grow, within thee? And The Holy Spirit says: When you reach the place, where you comprehend that all things are within you, then every breath you take is sacred. Look at the small acorn. It is beautiful, in its form; but, within that small acorn is held, every single property of the majestic oak; it is all there; it is waiting to be placed in fertile soil, so its glory can be released, and the mighty oak spring forth. You are as an acorn; you have it all, now; choose to be
All That Is
within
thee!

February 20, 2018

Many
say they know.
Many speak the words,
proclaiming they know; but,
you can see in their actions, they
do not know. Today, know, that you
create... your own reality. No one else
creates... your reality. You choose: how
you feel, what you think, what you say,
and what you do. Your actions proclaim
what is inside of you. Create a day fil-
led with love, and you will feel new!
And The Holy Spirit says: Today, let it be
your intention to know, not just
to say you know, but to
know!
No one else,
but you, creates
your reality. If you are
based in love, and operating
in the light, and energy of love,
you will feel love, no matter what hap-
pens around you. If you are based in shadow,
and darkness, you will react from a base of shadow,
and darkness; and, these things are the things you bring into
the world, around you. So today know you are the creator
of light, and love, or darkness, and shadow. Today, let it be your
intention to create love, and light, so that you might live in peace.

February 19, 2018

Within you there is a great capacity:
 to love, and live, and enjoy life; to laugh,
 and dance, and sing-out with delight. Do not overlook
 this capacity, this ability, until it rests, and grows dormant.
 Even when there are tasks to do, you can still let the joy,
 envelope you. Sing-out with delight. Laugh, love,
 as you live your life upon Earth. Enjoy
 the creation of Earth. And
 The Holy Spirit says:
 Do not fall, to
 the temptations,
 to be dragged down
 into feelings of remorse,
 or frustration, or dismay. Break
 those ties that are pulling you, pulling you
 deep, into a hole. Do not go any farther, into the hole;
 break the ties and rise-up, and you will soon feel the sunlight
 and then, you will be in the sunlight; and all things around you
 will be illuminated, by the sunlight. Live in the light, of The Son!

February 18, 2018

A
 very hungry
 child, might ask
 the parent, for: cake, and
 ice cream, and candy; but, the good
 parent provides exactly what the child needs,
 a balanced meal, and a treat at the end. Every
 good parent "knows," what the child needs,
 and provides it. And The Holy Spirit says: Do not
 think your prayer has not been answered
 when you do not receive, exactly
 what you wanted, what you
 thought you needed.
 Before reaching
 that conclusion,
 look around, and see
 what has been given unto thee;
 and, use that, which you have been given.
 Soon, you will find there is no lack in your life.
 There might be desire for something else; but, you
 have exactly what you need; and, you can be sure,
 that your Eternal Parent is saving a treat for the end.

February 16, 2018

With very little effort
on your part, you can change
the course of another's day, in a most
pleasant way, just by smiling. As you go through
your day, check, and make sure you are not
frowning, smile! Smile when you greet another;
smile when you speak to another, just smile!
And The Holy Spirit says: It is interesting to note,
the difference in one's energy make-up, when they
see another smiling, especially when the smile is
intended for them.
A smile can make something right again.
A smile says: "Hello, how are you, I like you,
I care, I love you!" It says many things. You can
give these things, to another, by simply smiling!

February 16, 2018

When you do something for someone else, do so
with an open, loving heart! Do not attach to your
gift the thought, or the desire, or the expectation,
that you will get something, in return; this
diminishes the gift. Give, and give freely.
The more you give, the more you have. And
The Holy Spirit says: Do not give with the
expectation of receiving. Give, for the purpose
and intention of giving! Give the gift of love!
Give, and you shall receive; but, your gift will
come from Heaven! Your gift will come from the
way you feel! Your gift will come from the
understanding that that, which you give away,
is what you truly know. You cannot give,
without first having that which you give.
Therefore, when you give love, it is a sign,
that you have had love, within you, and you
are willing to give it away!

February 15, 2018

The wise
do not run from
their dreams, or visions,
or messages, closing their ears,
hiding their eyes; the wise pray for
the wisdom to understand the dreams,
and the visions, and the messages; and soon,
they know The Way. Be still, when you are tem-
pted to run; be quiet, when you are tempted to close
your ears, or hide your eyes; wait, and you will know,
and it will be a blessing, that you recognize. And The
Holy Spirit says: There are so many blessings showered
upon those upon Earth, that are missed, missed
because you do not remember; and, be-
cause you do not remember, those
who could show you The Way
are lost themselves. Be
not afraid; accept
the message,
and the
vision,
and the
dreams, and
be still, and you
will know. You will
recognize "the signs," and
you will rise-up and go into the
day, blessed, with the glory of God.

February 14, 2018

Take
some time
today, to review,
and ponder, all the things
you believe, but cannot see. And The Holy
Spirit says: You cannot see love; you see what love does,
you see the result, you see the product of love; but, you do not see
love, as you do a tree, or a flower, or a snowflake. You cannot see hate;
yet, you do see the result of hate, the product of hate. And, while you
cannot see hate, as you do a mountain, or a valley, or a rock, or a
river, this unseen force, this creation, is with you. The Earth
presents you with that which you see: with the bird,
with the rabbit, with the bush, and the grasses,
and the flowers. You see these things,
you can touch them. You con-
sider them real; but,
the powerful
energies
which move you,
instill you with noble
thoughts, or pull you down,
are unseen. You see the result
of the creation of love, or hate; but,
you cannot see, or touch, love, or hate.
The realm of the unseen is with you, and
it is often more powerful, than the seen!

February 13, 2018

Every time you think of somebody, someone from the past, out-of-the-blue their name comes to you, or you see their face in a flash, it is a message, it is "a sign," to contact them, or to be prayerful, to be still, and bless, and forgive, and address, any issue connected with that person. My children, you all look for "the big signs," for signs you feel are important, while overlooking "the important signs, that seem insignificant, and small." Pay attention, and act! The messages come, the signs come, the faces, the names, the incidents come.
 Be vigilant, and
 acknowledge
 the signs. And
 The Holy Spirit says: You have
 the opportunity to address all things
 of the past, because throughout your days
 faces, names, places, things, will come to you
 in a flash: and, this is a sign to address the issue,
 and resolve it. Immediate ways to bless your days!

February 12, 2018

Resist the temptations to harbor guilt, or frustration, hurt, anger, anxiety, or any negative feelings, regarding situations, and people, in your past. Use your past as your lesson-book. Let your lesson-book be your guide. You have a great teacher at your side. The lessons from the past will assist you greatly, with every step forward you take; and, with every step forward you take, there will be new lessons, all along The Way. You are a noble, eternal being. You are upon the Earth, for a reason. You are doing the best you can to accomplish your mission, and return Home. Remember that Your Teacher walks with you; The Counselor is with you, My Spirit, My Holy Spirit, is with you. And The Holy Spirit says: Rise-up.
 It does not matter
 whether you are seated,
 or sleeping. I call you to rise-up,
 and walk into this new day. It is not yet written. It is yours to write. How will you cast yourself? What will you think, and do, and say? Rise-up, the day is waiting.

February 11, 2018

My ways, most often, seem alien, appear to be foreign to the ways of the world, and they are; but, they are the ways to peace, and joy, and love. You will gain attention, you will gain acknowledgment, by joining the ways of the world, by doing as all around you are doing, by taking part in building-up the city of man; but when you choose to practice My ways, to walk The Way, you gain peace, and confidence in who you are, and what you are doing. And The Holy Spirit says: The first time you experience walking, and living, upon Earth, so connected with God that you feel The Presence, and hear The Whisper, you experience what life on Earth is meant to be. It is meant to be precious... and sacred... joyous... and glorious. Resist "the temptation," to trod the streets of the ways of the world. I AM calling you, out: to the meadows, and the hillsides, and the beaches, and the deserts: to see the beauty, and the glory; to feel the beauty, and the glory; and recognize fully that you are the beauty, and you are the glory, of God!

February 10, 2018

Today, with great purpose, and intention, focus your attention on all that is good within you; focus your attention on the attributes you carry; focus your attention on the gifts you carry, the gifts that are yours to use. Focus your attention on all that you do, that is good, on all that you are that is good; and, as you do this, those things, that are less than stellar will fade, will be less, as you focus, more, and more, on the glory, I have given unto you! Focus on your glory! And The Holy Spirit says: Today, all day, celebrate the gifts that are yours, the attributes that are yours. Celebrate all the positive, wonderful things you do; and, as you do this, as you focus all your attention on the good that is you, the things, that are lesser, will wither. As you focus on the divine, the negative will wither, on the vine.

February 9, 2018

Rise-up!
I call you to rise-up.
I invite you to the banquet
of the new day; it is all set before you,
My children. I feed you, the first thing,
the manna of Heaven; it is held within My
love for you; eat, and be filled with the man-
na from Heaven! It will prepare you well to go-
out into the world: to play and to pray and to sing,
and to dance, to see the creation, and know its beau-
ty and its glory, and live, as you are meant to live! And
The Holy Spirit says: The blessing of a new day is with you. The
grace, of The Creator, of All Things, is upon you. You have
been fed manna from Heaven, and you are prepared for
the day. Rise-up, and walk into the great adventure
of a new day; for, it is yours! It is all set be-
fore you. Now, go! Go-out into
the world, and
play!

February 8, 2018

Stay connected with Me, and
I will take your hand, and guide thee;
and, distractions will not pull you from The Path.
Our Way will be one of joy, and peace, and confidence;
for, you will know that I AM with you! And The Holy Spirit says:
Sometimes it is very easy to be distracted; and the distractions
do not necessarily need to be distractions of shadow, and darkness.
Sometimes the distractions can be projects, or situations, or things
happening all around you. The most important thing you can do
every day to assure that your foot stays upon The Way is to
connect with God, your Creator, in prayer! Be at peace
this day. Go-out into the world, and "know,"
God is with you, every step of The Way!

February 7, 2018

Reject the temptation to run from your dreams,
or to curse your dreams. Pray for the wisdom to
learn from your dreams. Your dreams are encoded
messages, vivid, and vital enough, to get your
attention, bringing you something you need to know,
a tool, to use to make your way through the day.
And The Holy Spirit says: Having a dream is often like
watching a movie. Sometimes you are the main
character; sometimes you do not know the
characters; but, you can be sure that,
if you have the dream, the dream
is for you. Seek the wisdom
to break the code, deci-
pher the message,
and embrace
it, for it is
yours!

February 6, 2018

The most important gift
you can give all the world, today,
is the gift of: your understanding, your
compassion, and your love! By giving the gift
of your understanding, and compassion, and love, you
spread a blanket of peace over all you encounter; and, that
peace flows into, and through, all that is around you, and far-
ther-out, reaching more, and more, reaching many places, and
many people, that you could never have touched, but for your
willingness to smile with kindness, understanding, and com-
passion, giving love to those who are near you. And The Holy
Spirit says: You might never see, how far-reaching a kindness you
show to one person, really is; but, when you have an inkling
that it goes much farther than the one you touch, you are
more willing to continue touching those near you,
feeding the river, flowing into the ocean, cre-
ated by your simple acts of kindness,
understanding, compassion,
and love!

February 5, 2018

Your earthly body
is an amazing creation,
miraculous in fact; and, when you learn
how to operate the body, that you are using to move
over the Earth, then you will be surprised at all it can do.
You have learned how to operate machinery. You have learned
how to do certain things, until you have perfected crafts, and arts,
and all manner of things. Take some time to learn how to operate
your body, and it will reward you. And The Holy Spirit says: Your body is
meant to heal itself! Your body sends you messages, letting you "know,"
what is going-on here, or there, whether you need to rest, or sleep,
or stand-up, and go out into the sunshine, or possibly even the
rain. Your body is a miraculous, amazing creation of God.
It is perfection, when it is used properly. Listen to
what your body is saying, and go with it!

February 4, 2018

Some of you will hear The Whisper
coming from deep within you, urging you to
rise-up, and go, where The Whisper doth lead
you. Some of you will hear The Whisper, coming
from deep within you, prompting you to raise-up
your thoughts, and your words, and your deeds,
in such a way, that you stay where you are, but
know My glory, more and more each day.
The Whisper comes, leading some
to rise-up and go,
and some to raise-up
their thoughts, and words, and
deeds, and stay. And The Holy Spirit says:
Listen, so that you might "know," clearly,
The Way, which is meant for you! When you
are "walking The Way, meant for you," there
is confidence, comfort, contentment and peace!

February 3, 2018

Watching children play in a park
prompts a smile, and that smile
is broadened with every laugh,
every song, every skip, every
indication of joy! Today,
be as a child, on the
playground!

Notice

that

which you

might not notice.

Look, and see, and

be amazed, all over again.

You live in an eternal garden
that flourishes, and nourishes all
who enter. And The Holy Spirit says: The joys
of childhood do not have to fade-away, forgot-
ten, talked about as something that happened
on a day, many, many years ago. You can still
find that joy! Resurrect the joy, and play!

February 2, 2018

Let

today

be filled

with noble

thoughts, and

words, and deeds.

Let your thoughts hold the wisdom of forgiveness,
which comes easily, quickly, sincerely, and thoroughly.
Nobility, let nobility ring-out today, beginning with
your thoughts, gracing your words, celebrated
in your deeds. And The Holy Spirit says:

It is good to forgive; but,

let today be the day,

that your forgiveness is

thoroughly complete, and sincere,

understanding that you have no way

of knowing, what is in the deep recesses

of another; but, you do know what you carry

within you. Today, cleanse and clean, and let nobil-
ity reign, in your thoughts, your words, and your deeds!

February 1, 2018

Decisions
are often based
on matters, and seeds,
and other things, hidden
deep within the recesses of self;
therefore, do not attempt to understand
the decisions made by others, for you will be
missing the hidden things, which helped make
the decision, in the first place. Keep yourself free
from others' debris. And The Holy Spirit says: Be kind,
and generous, and loving. Be quick to offer a smile,
and a blessing; but, stand quietly, and refuse to
enter in to: frustration, anger, hurt, ani-
mosity, anxiety, or
any other emotion
involved in another's
decision. Simply reach-
out your hand; and say,
"I bless you! I love you!"

January 31, 2018

Whenever you are willing to
rise-up in accord with another,
or rise-up to assist another, or rise-
up to deliver another, you are blessed,
many fold. When you hear the call, and it
could come often, leave what you are doing,
and go out to find, or help, or stand together
with another. And The Holy Spirit says: It is often
said, that a shepherd will leave the flock, and
go-out in search of the one who is lost, to
bring it back to the fold; and, when
the fold sees the shepherd
coming, with the lost
sheep, they
celebrate,
and open ranks,
and welcome the lost
back to the fold, where
there is safety, where there is
comfort, where the stories are told!

January 30, 2018

A tangled rope
is released one
knot, at a time.
A sweater is knitted
one stitch at a time.
A journey begins
with one step
at a time.

And
forgive-
ness is achieved,
one blessing at a time.

All things are accomplished,
one step at a time; but, nothing
is accomplished, until you take
the step, or the action, and begin.

And The Holy Spirit says: Do not see any
situation... or relationship... which is
falling apart as irretrievable, as im-
possible to resolve. All things are
retrievable, all things can be
resolved; but, it must be
taken into account
one step at a
time.

January 29, 2018

Do
not
permit
yourself to
draw satisfaction
from another's misfortune,
even if in the past you feel they have harmed you,
in some way; for this, My child, is trickery. Knowing
The Way requires you to bless them: bless those who fall;
bless those who lose their way; and, you will be blessing
yourself. Stand firmly in My light, and
know, I love you,
and all My
children, no
matter where they
are, no matter where they
find themselves, today. And The
Holy Spirit says: Focus first, on your relationship
with God. Keep it strong, keep it healthy,
keep it filled with light. Do not be distracted
by what others might do or say. Maintain
your connection with God, today.

January 28, 2018

The
only way
that you can do
that which is the most difficult, and challenging,
to do, is to set your intention to do so,
and continue to stay in that purpose.
Intention is the only way to
override that which
is difficult to do.
And The Holy Spirit says:
Be vigilant. Set your intention
to do that which you
know, you are meant to do. Reject
the temptation, because it will
come to sway you from The Way;
therefore, set your intention, to love today!

January 27, 2018

The
day is set
before you, and
as with every day, there
will be firsts: the first time
you do this, or that, or the other; the first time
you see, or hear, or know: this, or that, or the other. Let this day
be a day where you are open to all the firsts which come to you.
There will be many, and there will be a few amongst you, who
will look and see and know; and, in the knowing their faith
will grow, and the day will be marked, forever, as the day
when they did first see, hear, and know! And The Holy Spirit says:
When you think of every day as another leg, or a segment, or a portion of
your great adventure, upon the Earth, you rise-up eager to walk into
it. You are not sitting in a chair, watching someone else have an ad-
venture on a big screen in front of you. You are on the big screen.
You are having the adventure! See the day unfolding this way. Welcome to the new day,
and all the firsts, that
will come your
way.

January 26, 2018

Do not be drawn
off-course, by
following another,
traveling their path,
going their way. Stand,
and let your light shine,
so that they might see it,
and know The Way, back
to safety. And The Holy Spirit
says: The lighthouse, with
its circling light, calls
all sailors, in the
darkest, of
night,
and shows
The Way to safety.
The lighthouse does not go-out
to get those lost at sea. The light-
house stands as a beacon, for all to see.

January 25, 2018

It is
possible
for even the most stalwart
to fall to the trappings of temptation;
therefore, be vigilant, and watchful,
so that you might see, and know it,
as it comes to you, and rise above it,
and cast it from you. And The Holy Spirit says:
Be vigilant, and watchful. Do not fall into com-
placency; rather, keep your connection active, and
alive, with The Dimension of Perfection, and
soon, it will become your way, and you
will see, and know, and walk The
Way: without tripping,
without falling,
without
delay.

January 24, 2018

Once
you are slow
to judgment, you
will soon find that you
do not go to judgment, at
all; for, it is more rewarding
to see, and know, and love; for
within this action, you realize
The Divine. And The Holy Spirit
says: Be at peace, in the loving
light of God; and there-
in remain, and
your day
will be
as it is
meant to be;
and, come the end,
you will know, it was ex-
actly, as it was meant to be.

January 23, 2018

Seek, and ye shall find.
Knock, and the door
will truly be opened unto you.
Ask, and it shall be given unto you.
You will have all you need. It will make
the road, and the journey easier, if you know
this, and believe it, before, and during, rather than
looking back, and seeing that you were enduring, with
the help of Heaven! It is good to be grateful, once the task is
done, "knowing," from whence the help has come; but, it would
be joyous to know, and believe, the help is with you, while you are
working, while the task is at hand. And The Holy Spirit says: Life will be
more of an adventure, rather than periods of struggle, and anxiety,
and lack, and doubt, if you will embrace, and finally come to
know, the truth, that God's hand is with you, and will
help you go, will help you move, will help you
distinguish, will help you know,
will help you see!

January 22, 2018

Be
at peace
with that which
is revealed to thee,
no matter whether it is in:
messages, or visions, or dreams,
or a whisper, that comes to thee.
Acknowledge that which is revealed;
see it, and know it; celebrate the great
lessons, and the small; cast from you
the negative pieces, all; and, live in
peace, and be free. And The Holy Spirit
says: Revelation is an amazing gift.
Do not be confused, or befuddled,
by that which is revealed to thee.
Sit quietly, and ask
for guidance,
on what to do,
how to embrace it,
or how to set it free.
Be at peace, with that
which is revealed, unto thee!

January 21, 2018

The
blueprint,
which marks your journey upon the Earth,
is written upon your heart, and your soul, and
held, within your being. Only you know
where to find this information,
direction, and guidance,
for it is within you, deep within you,
below the surface of your physical being,
held within the essence of your spiritual being.
Bring it forth. Let it shine. And The Holy Spirit says:
You carry, within your being, gemstones, of great value,
eternal value. Much as a mountain can hold within it,
those precious gemstones, so too do you. You are the
miner, you are the holder, and the keeper. Bring
that of great value, from deep within you.
Polish it, with your intention to be all
you are meant to be, and bring it
forth from within thee. The
glory, and the story,
is held, within
you! Let
it be!

January 20, 2018

Turn your head from confusion.
Refuse to surrender your thoughts to
the chaos, and the clanging, and the noise
of the world, and sit with Me; for as we sit, and
you are quiet, you will hear, and know, exactly,
where you are to go, what you are to do; and,
this is possible, because all the answers
you are seeking, are within you.
And The Holy Spirit says:
Wisdom is
never found in
chaos, and confusion;
wisdom is found in peace,
and quiet, nestled within faith,
and trust in "the knowing," that
God sent you forth, with all you need
to complete your mission, and return Home.

January 19, 2018

Hoping,
and praying,
are the first steps to
knowing, and believing.
Have faith and believe.
And The Holy Spirit says:
Today, rise-up,
and let your
intention
be to reach
a new plateau,
connecting this life,
with all eternity! To-
day, rise-up and "know!"
Today, rise-up, and "believe!"

January 18, 2018

It can be a challenging task to reset a course,
once it has begun; therefore, do not begin a day out-of-bal-
ance, or on the wrong foot, or veering-off in the wrong direction.
Sit with Me, before you begin; and, let us set the course of the day,
and it will end better, this way. And The Holy Spirit says: Once you have set
the course, and you are off, it can be difficult to turn around, go back, and
begin again, or to alter the course in any way! Therefore, there is great
importance to how you begin a day; for usually, how you begin a day
is an indicator, of how the day will stay. Take the time to sit
with God, and then, you will know clearly which path
to trod; and, it will all come in peaceful ar-
ray, and you know exactly
what you are to
do, each
day!

January 17, 2018

For
every
situation
you encounter
you already hold the
answer, the key, a gift
which will enable thee
to move the challenge,
to push it away. Not
one thing, which
comes to thee
is some-
thing
you can-
not handle.

Take a deep breath,
rise-up, and follow, as you are led.

And The Holy Spirit says: The more you sit quietly,
and ask for direction, the more clearly you hear
the answer! You recognize the way the answer
flows to you, and all opens before you, with a
clarity unknown, before you sat with God!

January 16, 2018

There
will be
many days
when temptations
seem to come at you from all directions,
prompting you, and encouraging you:
to practice the ways of the world; to
retaliate; to get even; to get back,
at another person for something
they said, or did. I encourage you
to choose to elevate your thoughts,
and words, and deeds, at times like these.
Resist the temptation, to join an-
other's energy creation,
by creating an
energy
all your own.
Do not retaliate,
elevate, and create light.

And The Holy Spirit says: It appears as if
the longer you live in the world created by man,
the easier it is to choose retaliation, for something
which has been done, or said. This only draws you
deeper, and deeper, into what another is creating; and
soon, you are in muck and mire, created by others; but, co-
created by you. Do not retaliate. Elevate, what is happening:
by bringing the light, by blessing with love, by establishing peace.

January 15, 2018

I send you signs, and messages, every day,
even throughout the night, they come.
Signs come to you, messages come to you
wrapped in dreams, in words others say,
in words you read in a book, in some-
thing you see. A message could be
in a tree, with leaves damp
with dew, and glistening
in the sunlight;
it could be a sign
as you drive along the road.

Do not ignore the signs, or the messages,
that catch your attention. Do not curse the signs,
or the messages, which catch your attention. Pray for
the wisdom, to understand the signs, and the messages;
for they will lead you to where you are meant to be. And
The Holy Spirit says: The ancient ways, and the ancient people,
were enriched, and deeply filled with life, because they
knew how to look for, and read, the signs, they
knew how to accept the messages, and
take all these things in prayer,
until they held the wisdom
to understand the message there.

Incorporate these ancient ways into your
new ways, so that you might clearly know The Way.

January 14, 2018

Do
not be
afraid; for,
I AM with you!
This is "your time to
shine!" You are writing
your part, with: every thought,
word, and deed. You are the star
of this lifetime. Do not diminish your
role. It is important, for you to "know,"
that I AM with you! Go into this New Day
without fear and understand that everything
that comes to you is yours to master. Oh, the
excitement of this day, you will experience it
all; and, come the end, in just a few hours,
you can look-back, and see: what you did;
how you did it; how you created history,
with you in the starring role! And The
Holy Spirit says: Do not be afraid!
Stand-up, and play the role
you are meant to play.
That role is you,
exactly
as you are,
right now, today.
Do not wait to step into
the spotlight, until you think
you are ready; for, if you are br-
eathing right now, you are ready. The
spotlight is there with you! It is the light
of God shining upon you. Do not put-off,
for another day, what is yours to enjoy, today!

January 13, 2018

For those of you who might feel abandoned, rejected, or vilified, I call you to come, and sit quietly, with Me, and you will feel My presence with you; and, I will whisper to you, and you will know, that, as we sit, and as we speak, your feelings of abandonment, rejection and being vilified will slip away. I will not commiserate with you. I will encourage you to rise-up, and go-out, and seek any, who feel abandoned, rejected, or vilified, and minister unto them, speak to them, talk to them. Let Me speak to them, talk to them, through you; for, the only way to chase away the darkness, and shadow, shrouding you, is to throw-off that cloak, and minister to those around you. As you lift it, from them, it is lifted from you! And The Holy Spirit says: Do not sit in misery, cloaked, and shrouded with darkness, and shadow. Rise-up, and be the light to others; and, as you take care of others, you find your misery slips from you.

January 12, 2018

Resist the temptation to be quick to point-out to others the error of their ways; for, they will see, and know, that which they are meant to see, and know, at the time they are ready to see and know it. Be quick to show kindness. Be quick to let your understanding flow, and let your understanding live in the knowing, that it is better to tend your fire, than to try to tend another's fire. Be quick to kindness, understanding that, at the right time, every thing will fall into place. And The Holy Spirit says: There is great temptation, to correct others! For those who are able to override the temptation, and simply bless others, there is great reward, because: their heart becomes more tender; and they understand more completely; they forgive themselves; they sit with God; they see the truth, and they "know," The Way!

January 11, 2018

Do not
use your eyes
to glare at others,
judging that they are
doing wrong. Do not use
your eyes to stare at others
in question, or mistrust. Close
your eyes to the ways of the world,
and sit quietly with Me. Then, open
your eyes, and let the world, and all in
it, see the light, and the glory of Heaven,
streaming through thee! Let all the world
see: reconciliation, forgiveness, and kind-
ness, wherever you cast your glance. And
The Holy Spirit says: Do not glare, or stare,
in condemnation, or mistrust, or
doubt, questioning what
others are doing,
or saying.
Use your eyes
so that others might see,
and know, God, through you.
Let the world see, and know:
reconciliation, forgiveness, kindness, love,
light and peace, streaming from your eyes!

January 10, 2018

I love you.

I give you My light, and
My love. I give you all things good,
so that you might have that which you need,
to make your way, over the Earth, on your journey
of this lifetime. Stay close to Me. Bring your
joy, and your times of sadness, or temptation, to Me.
Do not be tempted to worship: at the altar of anger; or
hatred; or greed; or even frustration; for these are not
what you need. Do not make these things your god,
focusing on them daily, or hourly; for, they will
deplete you; but, I will complete you! You
are My child! Sit with Me! And The
Holy Spirit says: Turn your head
quickly, from those who
will say to you,
"You have
every right
to be angry."
"You have every right
to hate that person, or this institution,
or that organization." "You have every right."
Turn your head quickly; for, I say unto you, these things
will feed on your anger, and your mistrust. When you are
in doubt, sit with God, quietly, and you will find the wisdom
of your Eternal Parent will show you the Way out of
shadow, and darkness, into the light, and the glory, of God!

January 9, 2018

Practicing kindness
will bring a contentment to your life,
that is filled to over-flowing with peace; and,
in this peace, you will find you are truly happy.
Practice kindness, with enthusiasm, looking for
every opportunity to extend this gift. And The Holy
Spirit says: Practice kindness; for it is good to do so;
and, when you make the effort to do so, you are
rewarded! You are rewarded with content-
ment, and peace. You know it is right
to do; and, once it is done, you
are eager to do it again,
and again! Find
contentment
in kindness!

January 8, 2018

You are a majestic being,
willing to travel to Earth for a while,
to restore light, so that there might be peace,
and Earth might return to The Garden it was intended
to be. There will be many temptations to distract you. Do not
lose your focus. Remember, you are the creator of light, and with-
in the light there is held love; and within love there is the sweet, gen-
tle song and presence of peace. And The Holy Spirit says: When you are tem-
pted to enter into an argument, or to be upset, or to be distracted into sha-
dow, stay focused on the creation of light; for, this is what it means to be
one creating light, in the darkness. If one candle can light a room,
your intention to be the bringer of light, will cast shadow
and darkness from you, and all around you
there will be rejoicing.

January 7, 2018

I
have
given you
life, and I love you!

I will be the source of your courage,
and your strength, fueling you, into whatever it is
you are to do, with My love, and light. My hand
will be waiting to guide you. My arms will be
waiting to enfold you. This is My promise
to you. And The Holy Spirit says: When you have faith,
and trust, in your Eternal Parent, there is nothing
which will stop you from completing your destiny, and
moving on; for, your Eternal Parent is The Creator, of
All Things; and, The Creator of All Things is reaching-out
with a guiding hand, and open arms,
which will enfold you.
Take this promise,
and move into
the new
day.

January 6, 2018

For I shall
send you a sign, and
the sign will shine brightly,
a star in the sky, for all to see; and,
those who will look, and see, and follow,
will be led to where they are to be, and they
will embrace, and know the mystery. Rise-up
and follow your star! And The Holy Spirit says: Only if
you are willing to follow your star... will you see the
miracles... will you know The Way... will your feet
walk the path... you were destined to walk. The
miracles are all there! A star, and the signs
are there to guide you; but, to see, and
know, you must rise-up, and be
willing to go, to follow
the star!

January 5, 2018

Blessed are those who seek Me, in the sacred
sanctuary of their inner-being, and within that
chamber, find Me, waiting; and, in that peace
we meet, and speak, and the communion
is complete! I reach-out to you, My
children, every day. Blessed
are those who find
The Way
to reach-out
to Me, and say,
"I love you." And The
Holy Spirit says: Do not hesitate
to be still, and quiet, so that you
might hear The Whisper of God, and
know The Way, and the path to trod,
for you will find peace, and solace,
when you take the hand of God.

January 4, 2018

Make the time, every day, to set aside things of the world,
the things that so often distract you from The Presence of
Spirit, and be quiet. Sit in silence, and feel what is going-
on all around you; sit in silence, and you will know I AM
with you; and I will give you the strength, and the cour-
age to rise-up, and walk back into the world, created
by man, refueled, grown in wisdom, and,
surely, in peace! And The
Holy Spirit says:
Do not be in a rush.
Slow your pace, and you
will find your peace. Work with
the intention to complete your work;
but not in frustration, or worry, or hurry.
Make the time to enter the chamber of silence, breathe
deeply, and speak the name of God; and, you will find peace.

January 3, 2018

What would like to have today;
spiritually, what would you like to have?
It does not matter whether you would pray for:
peace, or quiet, or excitement, or joy, adventure, a
spiritual adventure, a miracle. Whatever you want,
it is possible to receive it, in triple form, magnified
greatly, if you will provide to others... what you
would like to have, for yourself! And The Holy
Spirit says: Let us say, your desire for today
is joy. Be quick to be joyful, with an-
other, or others. Every oppor-
tunity, this blessed day, of-
fers to share that which
you would like to
have with an-
other, do so;
for, the
One
who gives
the gift to an-
other, cannot possibly
be void of it, at all. Come
the end of the day, you will find
that you are filled to overflowing with joy,
because you have given so much joy to others.
As you give, you will find there is more to give!

January 2, 2018

Today, watch, and be vigilant for every opportunity to practice kindness; for, when you notice one opportunity, you will be surprised that you notice more, and more. It is not that the opportunity to practice kindness grows less, and less. You will be surprised that opportunities come flowing to you, allowing you to practice, and bless with the gift of kindness. And The Holy Spirit says: In the world today it can actually be difficult to practice kindness; it is not taught, it is not shown; therefore, watch, observe, be vigilant, seek every opportunity, and then seize the moment, and bless the world with kindness.

January 1, 2018

The arrogant often find it difficult to show kindness and compassion; whereas the humble raise the practice to an art, that is divine! Whenever you touch another with kindness, you are touching them, with My love, My compassion. And The Holy Spirit says: Do not pass-up the opportunity to show kindness, tender mercy, compassion; for, every time you take the opportunity to do so, these things are magnified within you, and you grow, in the ways of God.