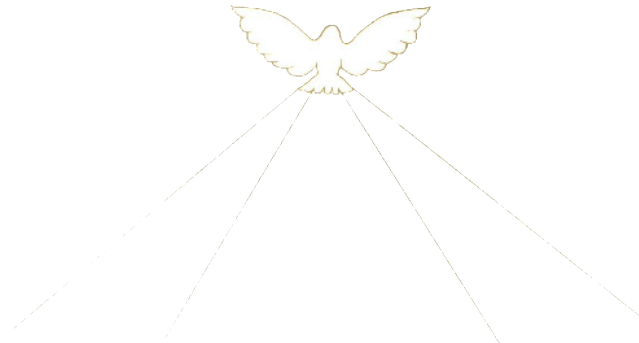


THE QUIET PLACE



God's Daily Message 2021

God Speaks

to every man, woman,
and child, on Earth, everyday!

And at The Quiet Place, we conclude
our morning prayers with these words asking
God, what we should know, today: "Our Creator,
God, what is it that You wish for us to know, today?"

And
God says:

December 31, 2021

The last day of the year presents the opportunity to address unresolved anger, frustration, even hatred, that you might hold, within you, from a relationship, or an event. Even though the relationship, or the events, might have ended, it is possible to carry the residue, within you, the energies, within you. And the residues of anger, and hatred, animosity, they will reside, within you, distorting your vision, until you have cleaned them, and cleared them, completely, away. It is much like a windshield, that has dirt and grime on it, on the outside. Your vision is not clear, when the windshield is dirty. Yet, when you try to wipe it away, the wipers often smear it, all over the windshield, completely distorting your vision. It is necessary to stop driving, lift-up the wiper, clear the residue, from the wiper, and thoroughly clean the windshield. Then, you are prepared to drive, with clear vision. Apply this to the grime, and the residue, you are carrying, within you. Address it today, the last day of this year.

And The Holy Spirit says:

When you are attempting to clean anything, doing it half-way, or haphazardly, does not clean the area. If you are attempting to clean a mirror, smearing around the dirt and debris, only makes the vision harder to see. You must clean thoroughly, to be free of the debris. Apply this to the energy you carry, within thee. It was not said, "love one another, except for that one, over there." It is clear. Love one another, with no exception, with no exclusion. Love one another.

December 30, 2021

Whenever sickness, or an ailment, enters your body, you will be well, sooner: if you cleanse your body; if you wear clean clothing; if you rest, and drink fluids; if you change your perspective, to getting better, to healing, to standing in the light of the sun, to breathing in wellness, and exhaling all disease. When you are sick, all of these ailments, will leave you, with a change in perspective. Do not dwell, within the sickness. Rise-up in knowing, knowing what to do, so that you might feel better, and move on with your life. And it is the same when sickness, or ailment, enters your spirit, knocks at your soul, weakens your heart, with sadness, and grief, and doubt, and anger. These things, of shadow and darkness, can bring sickness, as well. But whenever this occurs, you have the opportunity to rid yourself, of this spiritual disease. Change your perspective: do not dwell in your anger, or hatred; do not sit in your grief, or worry. Change your perspective to: look toward the healing; bring forth The Light, within you; and, let it move into every crack, and crevice, so that you might see what needs to be pulled out of thee. Cast it from thee. Fling it from thee. Stand in The Light. Refuse to go into shadow and darkness. And soon, your spirit will be healed, and better. You have the power, within you, to heal body, soul, and spirit. Do not deny your power. Do not reject the opportunity. Rise-up, in The Light, and be healed.

And The Holy Spirit says:

It is quite obvious, when someone is angry. You can see it, on their face. It is quite obvious, when someone is feeling kindness, in their heart. You can see it in their face. It is obvious, when someone is in love, because you can see it, in their face. Powerful dark shadow energies are obvious, on the face, on the body. But powerful energies of Light are also obvious, apparent, on the face, on the body. If you can see, with your own eyes, the power, of these energies, this should be evidence enough, of what you can do, when you choose to use The Energies of Light. Keep them fresh, within you. Distribute them, wherever you go, so all will see, and know, the power, held in The Light of God.

December 29, 2021

The answer is held within the question. The truth is held within the mystery. The answer, and the truth, are often hidden in plain view, hidden, because each of you is looking for that which you expect to find. Therefore, you can walk past the answer, deny the truth, even when it is right in front of you. The king did not travel, with his army, to protect you. The King came, and lived amongst you, so you might see, and know, all that you can do. There is The Example. There is The Template. It is hidden, in clear view. The answer is held, within the question. The truth is held, within the mystery.

And The Holy Spirit says:

It is easy to get lost, when you are travelling, expecting certain signs, to be in certain places. Stop expecting, what you think will happen, and open to accept that which is with you, that which is happening, now. Look for the answer in the question. Look for the truth in the mystery.

December 28, 2021

When you are approaching an intersection, and there is a traffic signal, you do not know each driver, walker, or rider, will pay attention to the sign they are given. Often, you look both ways, before you move into the intersection, even when the light is green. You use discernment. Even when the sign, is telling you to go, you often proceed, with caution, because you do not know the mind of those around you. Will they stop, or proceed with caution? You hope they will. But you cannot be absolutely sure. You cannot know they will follow the sign, as directed. When you come to a point in your life, when there is change, and you do not know how to proceed, it is much like a traffic intersection. Let me direct you. Let Me help you navigate. I will show you The Way because I know The Way. When you call My name, and ask for help, help will be specifically for you. And now you might ask, "How do I know it is you, God?" And I whisper to you, as My son, as My daughter, The Way to know it is Me, is to get to know Me better. Sit with Me, talk with Me, laugh, and dance, with Me, and you will come to know My ways. You will know the feeling of My presence. You will hear the still, small voice, within, and there will be no doubt. I will show you The Way. I will send messengers with signs, just for you. You are My child, and I love you. I will not lead you astray.

And The Holy Spirit says:

There are times, in your life, when you do not know what to do, which way to go. And when those times come to you, be still, and ask for direction, from within. God has sent to each of you The Holy Spirit, and I dwell within you. I know your ways. I know your thoughts. I hear your words. I know the deeds you have done. Be still, and ask for guidance, and The Ways of Heaven will be yours. Do not fear. Do not doubt. Ask, and it shall be given unto you.

December 27, 2021

When you are in the midst of celebration, let the celebration be long, and rich, and fill you. If the celebration is in quiet, and peace, and stillness, breathe it in, and let it fill you. If the celebration is in song, and dance, breathe it in, and let it fill you. Let the times of celebration move into you, in such a way, that they lift you up, to meet what you need to meet, every day. Do not walk away, from the celebration, before you breathe it in, and let it fill you.

And The Holy Spirit says:

It is good, when you look into someone's eyes, and say, I love you, to stand still, reach for a hand, or put your arm around that person. Draw that time, of celebrating your love, into yourself. Breathe it in. To say it, is good, but to breathe in the experience fills you, for another time. Whatever the experience is, breathe it in, so you know it. The times of celebration, the times of quiet love, breathe them all in, so you know, and remember, where you have been, through the breath that is in you, through the spirit of the occasion.

December 26, 2021

Wherever you live, you know the ways of that place. If you live in Africa, you know the ways of Africa. If you live in Brazil, you know the ways of Brazil. If you live in France, you know the ways of France. And no matter what county, or state, or city you live in, you know the ways of that place. You know the ways of the people around you, be they friends, family, community, of any sort, you know the ways. It is time for you to know My Ways. Come, and draw nearer to Me, so you know My Ways, so there is no doubt, or question, about My Ways. Draw closer to Me, so that My Ways become your Ways.

And The Holy Spirit says:

No matter where you reside, I AM within you. And it is in this way that you will know The Ways of God. For, God has sent Me, to dwell, within you. There is no need to wander, in darkness, when The Light of God is within you.

December 25, 2021
Christmas Day

A Light has been sent, unto the world. And it is because of this Light, that you, too, are The Light. The Light, that has been sent, into the world, will clear the darkness and shadow, so you might know The Way. But from within you, too, there is The Light, which will clear, the shadow and darkness, and show The Way. The Light, that was sent unto the world, spoke, in darkness and shadow, and said, with every flicker, and glowing flame, you, too, can do, what I do, you, too, can to the same. A Light, has been sent, unto the world, rejoice.

And The Holy Spirit says:

When night settles, upon the hillside, and the sheep, and the cattle, are the only occupants there, there comes a great Light, and The Light is of peace, and they feel The Presence, in the air. During darkness and shadow The Light will come to you, too, because there is a Light, burning, within you. And The Light, within you, will recognize The Light, and together ascend, out of darkness and shadow, into a new day.

December 24, 2021

When you find the strength, and the courage, and the faith, to rise-up, and do, that which I ask you to do, there will always come the day, when you will stand, in My light, at the precipice, looking out, to see all that was set in place, so that you might complete the task, in glory. You stand, and you look, before you take the step into fulfillment, and completion. And it is a time of great celebration.

And The Holy Spirit says:

When you find the courage, and the faith, and the strength, to rise-up, to that which is asked of you, as you make it through, the task, you gain in energy, energy that will last you, and bless you. God will shower upon you the grace to reach the end. When the task is almost complete, (and) you stand, hesitant, for a while, to step into the completion, because the journey has been so great, and so fulfilling. But there you are, at last, ready to step into the completion, to the fulfillment of that which was asked of you.

December 23, 2021

If you are holding on to another person, in fear that they are slipping away, have courage, and release. Let them go their own way. If you are holding on to a material object, afraid that someone might take it from you, or that you might lose it, in some way, take courage, and release it, and let it be. If you are holding on to money, or jewelry, in fear that you might lose it, it might be taken from you, have courage, and release it, and let it be. If you are holding on to a position, or a job, you feel will be taken from you, if you do not cling to it, with zeal, have courage, release it, and see, what might be. Hold to you, memories, of times when you have called on Me, and I have answered your plea. Hold on to the memories, of when you have reached-out to help another, without any expectation of return. Hold on to the sunsets, and the sunrise, warm summer days, and snowy winter evenings. Hold on to, the memories, and create more. Let your thoughts be free to do good, and to forgive. Let your words be gentle, and compassionate. Let your deeds rise-up in the light of the sun, so all might see, how freely you did give. These are precious, more valuable than gold, or silver, or any other material objects. What you create, with your thoughts, and words, and deeds, will live forever.

And The Holy Spirit says:

See this day, as you ride upon The Wind. Come into My arms, and I will take you around every bend, and show you, all that is possible. It will be revealed to you; but first, be free, and come with Me.

December 22, 2021

The way to joy, and peace, is through quiet contentment, with what you have. Do not waste your time, longing for that, which is not with you, now. Celebrate, and be thankful, for that, which is with you, now. It is in this way, you find contentment; and within contentment, you will be at peace; and from within peace, a well of joy will rise-up, offering a cup. Take the cup, that comes from the well of joy, and drink of it, freely. It is yours, just as contentment, is yours, just as all that you have, now, is yours. I give you all you need, to complete your mission, and come Home. Be content with that.

And The Holy Spirit says:

Focus on what is with you, today. Do not be distracted by what you think you need, what you think will bring you joy and peace. Stop, turn around, and look at what you have, now. No matter how small, or how great, that, which you have, now, might be, it is the perfect allotment for your mission, and what you need, at the time. Take stock. Notice how that, which you have, now, fits so perfectly into your mission, upon Earth. At each phase of your mission, what you truly need will come to you. This requires faith, it requires trust, and it requires courage. Be still, be quiet, and be content with that, which is yours, today.

December 21, 2021

Be not afraid. Draw nearer to Me. Stand in My Light, so you can see. For those, who walk in My Light, know no fear, no doubt, no worry, nor anxiety. Whatever is, welling-up from, within you, bothering you, whatever is holding you, to the past, whatever seems to be looming, in the future, before you, these things are of fear. And for those, who walk in Light, there is no fear, there is illumination. Whatever is tempting you, or threatening you, is seen, by you, in The Light. And with the knowing, that you have My Power, you cast from you all darkness and shadow, outright, and you embrace My Light.

And The Holy Spirit says:

Do not fall victim to fear, because it is unnecessary. Stand, in The Light of God, so that all things are illuminated, in truth. And when you see, in truth, darkness and shadow, cast it from you, reject it, and choose The Power of The Light of God. For, you are, of The Light of God. You are of God. Be victorious, in The Power of The Light, so that you will never fall victim, to the threats of darkness and shadow. Claim your victory in The Light of God.

December 20, 2021

At the core, of every mystery, is the truth. It takes courage, and faith, to step into the mystery, and slowly unravel, each layer, until, at last, the cloak falls, revealing the truth. And, standing, in the light, of the truth, you are standing, in the knowing. For, if you had not had the courage, and the faith, to enter the mystery, in search, of the truth, you would not, now, hold the knowing of it.

And The Holy Spirit says:

Do not hesitate to walk into the chambers of a mystery, and make your way to the core, where the truth is waiting, where the truth will be revealed, to those, who have the courage, and the faith, to step into that role, and search. And for those, who search, and seek, they will find the truth. And, once it is found, you know it. You do not think it. You do not guess it. You do not believe it, because another told you. You know it, because you sought it, and in the seeking, it was revealed to you.

December 19, 2021

In a time, when most of you are making preparation, to celebrate Christmas, I would like you to take some time, to be still, and remember. Remember, a young woman, barely old enough, to be more than a child. Remember, the angelic apparition, telling her, that God had touched her, to bring forth The Child, and The Holy Spirit would make this all possible. Remember, this very tender, young woman, listening to what an angel told her, putting everything at risk. Because the message, from the angel, was so compelling, she said, "Yes," and rose to the occasion. A man was visited, in a dream, by an angel, and the angel was asking the man to do something, which would put him at risk, and at the very least, bring him ridicule, from those around him. But the message, from that angel, was so compelling, that the man, put everything at risk, and rose to the occasion. As you prepare to celebrate, Christmas, think, and pray, and ponder, on the young woman, and the man, who risked all, to comply, with the message, of an angel.

And The Holy Spirit says:

When the unexpected, appears before you, embrace the opportunity, to rise to the occasion.

December 18, 2021

I created Earth, and while it appears to be complete, it is not. You are upon the Earth, now; and each of you, upon the Earth, has a mission, a contribution, to make to what Earth is meant to be: the atmosphere, the spirit, the environment of Earth, the energy of Earth. What shall it become? I tell you, it will become, through each of you, what you are thinking, and saying, and what you are willing to do, to bring Earth to a place of peace, where the vibration is rich, and pure. Right now, you have the opportunity to co-create the completion of Earth. Each of you is creating, with every thought, word, and deed. Let it be that My words speak through thee, to that which I wish for Earth to become, becomes your goal, as well. You are creating. You are adding to My creation. We are co-creating Earth, right now. As this day unfolds, bless the Earth, so it sings, with My voice.

And The Holy Spirit says:

Pick up the banner, and hold, it high. Let the wind carry the words emblazoned on your banner. The Earth is precious. And as you walk upon her, now, let all know, around you, that you do so for The Glory of God, for the spirit of Earth, for every tree, brook, valley, stone, ocean, desert, and every person. Let Earth be moving, in space, singing the songs, showing the face, of beauty, abundance, gratitude, and thanksgiving.

December 17, 2021

When you are the recipient of, what you feel is, bad news, do not react to this information. Sit with it, for a while, and ask this question. "What is this information teaching me, what is knocking at my door, that is important, for me to know?" When you ask this question, you will most often find, that what you thought was bad news, could be more clearly defined, as valuable information, something from which you can learn, and grow wiser, in your ways.

And The Holy Spirit says:

Do not turn your head, from something you label as bad news, because after you sit with this, what you call, bad news, you will most often find, that it is a sign: a sign for change; a sign of the possibility of growing; a sign that you have taken the wrong turn, and need to rearrange your schedule, adjust your calendar, mend the list you have prepared. Take the information, and grow, with it. The truth is, there is no bad news, it is information, which you use, to grow, in The Ways of God.

December 16, 2021

Look for ways to understand that: all is one, be as one. You read these words, you hear these words, you think you know these words, 'be as one,' but there is much for you to learn. So, seek out, this day, the ways that Earth will show you oneness. Stand on a bridge over a river. Look down. You can take a cup of water, from the river, and the river is still one. You can empty the cup, back into the river, and the river is still one. You can watch the river flow, and notice, that over to the side, there might be a place, where water flows in, and circles around, and around, before it rejoins the journey of the river, once again. Yet, it is always part of the river. Each droplet of water is part of the river. Each droplet of water holds within it, the same qualities as the river. They are one. The riverbed holds the river, and the river holds the drops of water, without knowing where one drop starts, and one drop ends. It is all one with the river, as it moves over rocks, and around the bends.

And The Holy Spirit says

Oneness can be difficult to comprehend, while you are upon the Earth, yet there are many ways that it can be explained to you, as you walk upon the Earth. You feel the wind. You feel the breeze. Yet it is difficult to separate the wind or the breeze. It is all one. And when each little current, each puff of air, joins the wind, when it sings with the breeze, each is one, with both of these. And, so it is, with you. You are one with God.

December 15, 2021

There is not one mountain peak, that is more majestic than you. There is not one ocean, one body of water, that is grander than you. There is not one valley, that is more glorious than you. There is not one song, of the bird, that is more uplifting than you. There is not one thing, upon the Earth, which I have created, that is more loved, by Me, than you.

And The Holy Spirit says:

It is something, of which you do not think about, very often, and that something is, how much you are loved, by God. Love, in the physical form, can be fickle, and fail, and fall from you. It is true that there might be someone, who loves you one day, and turns from you another. But there is one thing, of which, you can be certain. God always loves you. And if you are a parent, and you have created a child, you have some idea of how constant, and unconditional, your love, for that child, is. And that is small, in comparison, to the depth of God's love, for you. So, as you make it through this day, remind yourself, along The Way, that God loves you, unconditionally, in all ways.

December 14, 2021

There might come the time, when that, which I ask of you, seems too difficult, extraordinary, even impossible, to you. And it is in these times, while I AM asking of you, that you must remember, I will not ask you to do something you cannot do; for, I wish the glory to be seen, in that, which you do. Therefore, before you say, "no," or give it a half-hearted attempt, remember, the task is, your golden opportunity, to know, what I will do, through you.

And The Holy Spirit says:

Hold your head up, and sing, when it seems that life does bring, to you, an impossible task, to do, for that is the time, that God will reveal, to you, and all who will look and see, what He is willing to do, through you. Let the miracles flow, through you, so others, too, might know, what God might do, through you. And then, in this way, believe that God will do the same, through them. It is revelation. Embrace the opportunity, to know God, better.

December 13, 2021

You might not notice that your ways have become curt, abrasive, hurried, even frenzied, and loud, until you find a place that is quiet, and still, and silent. And then, you will notice. In this place of peace, you will have the opportunity: to change, curtness into kindness; to change, abrasive ways, into understanding and accepting ways; to change, hurried and frenzied, to calm and serene; to change, loud into quiet. And coming with these changes, will be the crown of humility. And this crown of humility, as you wear it, will remind you, remind you of the change, you made, in the space that was quiet, and still, and silent.

And The Holy Spirit says:

It is good practice, to take inventory, of the ways you have slipped into, day following day, days adding up to months, months adding up to years, where certain habits have slipped in, certain habits which need to disappear. Take the time, to set yourself aside, to make this, "taking of inventory," a sacred practice, in which you learn, in which you change, in which you grow, in The Ways of God.

December 12, 2021

I wish for you to know The Divine Ways, for The Divine Ways are My Ways, and following My Ways, will lead you to a life sublime, to a life filled with wisdom, for you will hold The Wisdom of Heaven, within you, as you live The Divine Way. So many, of My children, choose to approach their life, upon Earth, from the physical state, sprinkling it, and seasoning it, with The Ways of Spirit. I wish for you to consider, living your life, upon Earth, in The Divine Way, using the physical state, to accomplish what you need to accomplish, to bring The Ways of The Divine, My Ways, onto the Earth.

And The Holy Spirit says:

Every day you make a choice. With every situation, incident, or occurrence, which comes to you, you have the opportunity to choose The Divine Ways, The Ways of God.

December 11, 2021

If you are held captive, in a prison, with no light, no access to light, you slowly become accustomed to the darkness and the shadow. You slowly accept this way of life, as it is your reality. And your life continues, in darkness and shadow, moving amongst those, who are with you, captive, and imprisoned. But come the day that the miracle throws open the doors, and you are free, from captivity, you walk out, into the day, and you are blinded by the light. You cannot see, because of the light. And then, slowly, light becomes your reality; and the light illuminates all of Earth, and you open your eyes, and see. This can happen, every day, for you. You might not realize that you are held captive, in a prison, of darkness and shadow, until you face The Light. Do not run from The Light, which blinds you. Stand in The Light, until it illuminates all around you; and then, you will see that, My Light is your reality.

And The Holy Spirit says:

When darkness and shadow become a way of life, it is easily assumed, that, that is all there is to life. But there is another assumption one can make, when you are held captive in a prison of darkness and shadow, and that is, that The Light of God is within you. You hold the key to the prison door. All you have to do is turn it. Faith. Hope. Trust. Belief. When you repeat these enough, the key slowly turns, clicking into place, with each recitation; and, each recitation, brings you closer, to the knowing. And when the final click, of knowing, is struck, by the key, of faith, the walls, of the prison, fall down, and you are cloaked, and bathed, in The Light of The Son, in The Light of The Father, in The Light of The Holy Spirit, within you. For you see, there is no prison, in reality, there is only The Light.

December 10, 2021

There is a light flickering, within you. You are meant to be a light unto the world. To shine brightly, to have your flicker burst into a flame, you must clear the dust and debris, within, that is clouding the flame, reducing it to a flicker. Begin the process, today. Wherever it is necessary to forgive, forgive. Wherever it is necessary to seek forgiveness, seek forgiveness. Wherever there is a need to rid yourself of judgment, begin the process, so you might rid yourself of judgment, for I have not given you the right to judge. You have the right to live, to be the light, to shine brightly, to be an example, so all might see My light, shining from within thee.

And The Holy Spirit says:

Even a vast darkness is broken by a solitary candle. And this is an example of what you, as an individual, can do, in the midst of great darkness. All you need do is shine, from within. There is no need for speeches, for commands, or demands. There is only the light. And the light will break the darkness, and you will be seen. The prayer is that, when you are seen, it is The Light of God, shining, from within you, that is seen, through you.

December 9, 2021

Many of you, listening to these words, or reading these words, are in a time of preparation, for a celebration, a celebration of the birth of The Child, upon Earth. And, as all women know, as the time of birth draws near, everything gets still. They, themselves, move slower. The child, within, is still. Everything is at peace, and calm, preparing for that, which is to come, the miracle of birth. Remember this in your preparation. Do not be so frantic, and let times become so hectic, that you cannot be still, and prepare, for the birth.

And The Holy Spirit says:

You hear the words, the encouragement, often. They are to be still, be quiet, be at peace. And these urgings come, with a sense of urgency. It is important, because you cannot hear The Still, Small Voice, within, speaking to you, bringing you The Wisdom of Heaven, if you are loud, and in a hurry, and going through the lists, you have made for the day, with such determination, that you push all other suggestions away. In this season, of preparation, be still, be quiet, and wait.

December 8, 2021

You cannot measure the height, and the width, and the depth, of Heaven, as all things of Heaven are immeasurable, are boundless, are limitless, yet they enfold you, and all of Earth. You cannot measure them, this height, and width and depth, but you can experience it, even while you are upon the Earth. When you go into deep prayer, and reflection, into meditation, shutting the world of man off, closing it out, turning from it, you begin to feel it, you begin to know it. And you know it, without measure, because it is with you. I AM with you.

And The Holy Spirit says:

You can give measurement to a mile. And, while different countries, and nationalities, have a different method, of measurement, they are still measuring an exact amount of distance. They can measure height. Each country can measure width, and depth, and weight. And these things you know, because you can see how high something is, or how wide it is, or how deep it is. But the unseen is immeasurable. It is priceless, boundless, limitless. And you are a part of it. There can be no price settled, upon your head, for The Hand of God has touched you, and instead of measurement, you have received love, unconditional love, from The Creator of All Things.

December 7, 2021

I know your pain, I know your joy; for, I AM with you. This is why, I ask of you, to bring your burdens to me, to come sit with Me, and together we will cleanse these things, and they will fall from you. My grace will wash over you, and carry away the debris of anxiety, anguish, any pain, any anger, any hurt, any wound. These things will be washed from you, when you sit with Me, for I know thee.

And The Holy Spirit says:

God is The Eternal Parent, The Good Parent, watching over each child, seeing, and knowing, experiencing the pain, the anguish, the joy, the dance, the complete story of each child's life. Just as a child goes to their earthly parents, with tears in their eyes, asking for help, or forgiveness, or singing songs of joy, run to The Eternal Parent, in the same manner. Just as the earthly parent bends down, gathers the child up, and kisses the tears away, The Eternal Parent does the same. Do not miss the opportunity to be held in the arms of your Eternal Parent, today.

December 6, 2021

When you feel The Wind around you, moving, stirring, growing stronger, allow it to lift you up, so that you might go wherever The Wind will take you. For it is in this way that The Wind will show you what you need to know, will take you where you need to go, so that you hold no concern within you for what you are to do, now, or thirty minutes from now. What you are to do is be still, so you can feel The Breath of The Wind upon you, and then ride. Be one with The Wind.

And The Holy Spirit says:

No matter how many plans you make, how many lists you form, there will come a time when, seemingly out of nowhere, you will feel the stirring of The Wind, and it will not hold your lists, or your plans, as sacred as you might; for The Wind is The Breath of God, flowing to you. The Wind knows all, and will whisper to you, as you are carried to be exactly where you need to be, at the right time, to meet your destiny. For The Breath of The Wind is sent from God, and The Spirit of God will fill you, and you will be ready for all that comes to you. Your lists will fall, your plans will crumble, when you are held, in The Light, and The Truth, of God, as it is whispered, on The Breath of The Wind.

December 5, 2021

You have been told that I AM spirit, I AM love. You eagerly embrace this, and wish to draw nearer to Me, even closer than you are today. But the way you think of Me has something to do with drawing nearer, drawing closer. Give up the idea that I AM in a realm of limitations, and boundaries, rules, and regulations, which are used as guidelines, in the world of man. I AM not a specific height, or size, of any kind. I AM not a specific complexion, nor am I any specific nationality. Yet a child can easily recognize Me, and know Me, because they have not yet cloaked their spirit. Many of you will say, "I do not define You, God, with the limitations of Earth." But you must recheck this statement. If you define Me, with any limitation, with any specific build, or demeanor, or anything else you have personally experienced, in the world, then you are limiting Me in your eyes, you are limiting Me to that which you know. Release your physicality and embrace your spirituality, the spirit that is you. Live there, first, where our spirits are as one, and love will grow, within you, beyond limitations, and boundaries; and, you will draw nearer to Me.

And The Holy Spirit says:

God is all around you. And, when God is all around you, you are in the arms of love. You have heard it said, or read, that God is spirit, God is love, God is truth. These descriptions do not define God, or limit God, in physical terms, but rather energies, which live beyond the body. You are created in the image, and likeness, of God, but it has nothing to do with your physical form, temperament, or talents. You are in the spirit image, and likeness, of God, and that image and likeness is eternal, and beyond limitations, and boundaries.

December 4, 2021

Close your eyes, and see, Heaven and Earth as one, the gifts of The Eternal Kingdom, flowing, gathering, blessing, lifting-up, and enfolding, all who will see. Understand that you can bring The Ways of Heaven onto, and into, the world, created by man, by that which you create. Earth is My creation, and she knows My Ways, and lives in My Ways. The world of man is created by humankind; but it, most frequently, creates for its own pleasure, profit, and will. My Ways will flow, in the world of man, through your creations, your thoughts, your words, your deeds. Every time you choose to create, in The Way I have taught you, you bring My Way, steadfastly amongst you. As you walk The Way, you are the light unto the world, and the world knows The Ways of Heaven, through that which you create. And lo, Heaven is amongst you, Heaven is in the world! Close your eyes and see this.

And The Holy Spirit says:

The ways of the world can be deceptive, deceiving, and unforgiving. The Ways of God are of eternal, unconditional love, and they will not mislead, deceive, or deny mercy. Every act of kindness, forgiveness, compassion, or love brings The Ways of God into the world. It is in this way that The Kingdom of Heaven will be with you, and within you, today. It is in this way that miracles will replace the impossible.

December 3, 2021

When the light, from the rays, of a rising sun, shine through the windows, into a room, there is life, life brought to the glass, and the mirrors, and all the objects in the room, as they are touched, by the light. If there is a time to see, the majesty of a room, it is no better time, than with the light, from the rays, of the rising sun. As the light meets the glass, and the mirrors, rainbows of color reflect on the walls. As the light passes through the glass it is a time of reflection, it is a time for meditation, and prayer, asking for the wisdom to see all that is there, held within the light, from the rays, of the rising sun.

And The Holy Spirit says:

When the light, from the rays, of the rising sun, shine through the window, and change the room, it is brightened, and lightened, and it is joyful to see the colors, that are brought forth, from the light, and the glass, and the mirrors. But it is also an opportunity to notice the dust, remaining in places, you thought were clean. The dust on the floor, or the table, or the chair, is a reminder of something that is there, which you can attend, which you can address, and make clean, and free, of the dust, and debris. So, as the glory, of the light, fills the room, it has also brought, to your attention, of things that need doing, by you. This is not a condemnation. This is revelation, showing, so you might see, and in the glory of the light remove all dust and debris.

December 2, 2021

When turbulent times are upon you, and you feel as if you are holding onto a piece of the ship that has gone down, just managing to keep your head above the water, call My Name, and come to Me. As you rest in Me, I will give you comfort. You will find the strength, and the courage, to flow freely, with that which comes your way, no longer clinging to that which seemed unsinkable, but riding the current, in The River of My Love, knowing I AM with you.

And The Holy Spirit says:

Do not be shaken by the storms of doubt. Strengthen the gift of faith by allowing impossible to become possible.

December 1, 2021

I give you today. This day is my gift to you. As with any gift, you have the choice as to what you do with it. Sometimes when you receive a gift, you unwrap it and it is just the right gift. It is just the thing you wanted, so you eagerly use it. Other times, you receive a gift and the gift is interesting. You may want to use it, but you are unsure how it will fit into your life and when you will use it. So, you set it on a shelf or in a closet. Other times you are given a gift and it is not at all something you want or something you think you will use. So, you throw it away, or you give it to charity, or you re-gift it. Consider carefully what you will do with the gift of this day. For it is yours to use as you wish, but it is still a piece of your Eternity. It is a piece of your eternal journey. What you do with today will affect tomorrow and the next day. I encourage you to use today wisely. Don't set it on the shelf. Don't throw it away. Embrace it for it is my gift to you.

And the Holy Spirit says:

Look at today as a gift. Consider it as a gift and the time of today will be more precious to you. This will help you to be more conscious of what you do with this day. No matter what you choose in this day, know that God loves you and he is with you.

November 30, 2021

Your body needs food to nourish and sustain it. For without food, it withers and begins to die. The same is true for the spirit within you. Your spirit, your soul, the Eternal part of you must also be nourished with food. But, this part of you is not nourished through physical food. It is nourished by me. Don't let your spirit, your soul, grow weak and begin to wither. Feed it every day. Feed it simply by turning your thoughts to me. Come, spend a few moments every day in my presence meditating, praying, thinking on me. When you do this, your soul will be fed and it will strengthen the rest of you as well. Then you will have what you need to meet the challenge of each day.

And the Holy Spirit says:

I AM within you to feed your spirit and soul. Allow me to do this so that you will be filled with the light and the love of God. Simply quiet your body and your mind, and sit with me, and listen. When you do this, you will begin to experience the presence of God and his nourishment that sustains your life.

November 29, 2021

You are created in my image. I am a creator. Look around. You will see much that I have created. All the beauty in the Earth: the mountains, the valleys, the rivers, the lakes, the fields, and the beaches. All these things my hand has created. Look up in the sky. You will see the sun, the moon, the stars, the clouds, and the colorful rainbow. All these my hand has created. Look around. All the animals—the birds, the bees, the monkeys, the horses, the dogs, the cats, the snakes, and the lizards—all these my hand has created. And I have created you, also, in my image. Therefore, you are a creator. Each day you create. Pay attention to what you are creating today. You create words. You create thoughts. You create ideas. Create good things. Create positive things today so that you will be filled with light and joy.

And the Holy Spirit says:

You are a beautiful being because you are created in God's image. You reflect His beauty. Do not give in to negative energies today. Do not create negative things—things of anger, of worry, of anxiety, of revenge, of violence. Create positive energies of love, of kindness, of goodness, of generosity, of peace and blessing and forgiveness. Create these today and you will experience the peace of God.

November 27, 2021

If you wish to better understand eternal life, it is necessary for you to better understand the present piece of eternity, as you experience it, in the moment. Then, when you are completely in the moment, in the present, that is with you, you will begin to better understand the pieces of eternal life you experience, one at a time. As you master, living in the present, you will embrace the opportunity to create present pieces, and string them together, forming the thread of eternal life, your eternal life, creating your eternal life, as it unfolds. The gift of free will sets the stage, for you to master, creating, your eternal life.

And The Holy Spirit says:

God gave unto each of you the gift of life, eternal life. God also gave unto each of you the gift of free will. Free will offers the opportunity to take that, which you have been given, and continue God's creation, through the choices you make, through the creations, which spring forth from your thoughts, words, and deeds. In this way, you are responsible for your eternal life, and how it unfolds. You are the master of your destiny. God has given each of you something of value. Now, go forth and multiply the gift, increasing its value, by choosing, wisely, The Way you live, in the present piece of eternity, that is with you, today.

November 26, 2021

At the present moment, you cannot see mountains rise-up from the bottom of the ocean, to stand, peaks to the sky, then crumble. You cannot see great rivers, creating canyons. You cannot see lands, which were once connected, separate, and reform a new topography. There is so much you cannot see, yet you believe from what you have read, studied, and been told. You cannot see the change, because it took thousands of years to transpire; and once it does, change still continues. Nothing is dormant. It is all alive. That which you cannot see, I see. I see it, as a living tapestry, each needle inserted, each thread pulled through, forming what is, from that which was. It is a continuation of creation. And it is the same with that which you create in your thought. Your thoughts create, they live. Your words, and deeds, solidify your creation.

And The Holy Spirit says:

Just as Earth changes, continuing God's creation, that, which you create, through thought, words, and deeds, changes too. Even the darkest thoughts, when held in The Light, can be altered, and changed, into a lesson of great value. You are the master of that, which you create. As the creator you see, and know, and have the power, to change what you create, in such a way, that negative can become positive. You are part of the continuation of creation. All you create is part of the continuation. Your thoughts are the needle, your words and deeds are the thread. You can pick the colors, the stitch, and as you do The Living Tapestry tells your story, as it is woven into the fiber of eternity.

November 25, 2021

When you create love, that love, you create, lives, and it never dies. When you create joy, joy lives. It never dies. When you create doubt, or fear, or worry, these too, never die. And that makes it possible to be in the midst of plenty, but still have doubt, and worry, and concern, still live in the energy of lack, no matter how much you have. When you create gratitude, and thanksgiving, gratitude, and thanksgiving, live. And that makes it possible to live with less, and less, and less, and still live in abundance, because you know gratitude, thanksgiving. And, as they live, they are ever with you.

And The Holy Spirit says:

Today, ponder that which you wish to create. Reject, outright, that which you do not wish to create. Even by accident, doubt, fear, worry, anxiety can be created. And once they are created, they live. Think about what your thoughts are creating. Be vigilant about what you are creating. Focus on a life abundant in love, in joy, in peace, compassion, all the good energies, that you wish to be enfolded within. And that is where you begin. Let your mind rest there, in the lap of peace, and love.

November 24, 2021

Still your movement. Quiet your thought. Speak not, for the words will interrupt the blessings of the moment, as I smile upon all that is of Earth. Sacred silence announces My Presence, and in the stillness: I speak to the mountains and the valleys; I speak to the oceans, and the deserts; I speak to the stars, and the stones of Earth. I speak to all that is of Earth, and all of Earth responds to My words, to My will, to My blessing. The mountains, and valleys, sing. The oceans, and the deserts, joyfully acknowledge Me. The stars, and the rocks, and the pebbles, of Earth are alive in My presence, by My will. Be still. Be quiet. Speak not, for Earth is singing, and the song is of gratitude and thanksgiving for the gift of life.

And The Holy Spirit says:

God acknowledges, and speaks, and all nature responds, doing as created to do. Majestic mountains, lush valleys, all creation, heralds The Presence of God, and you are blessed to watch, to see, to be a witness that all God creates lives. Be still, and you will feel The Hand of God move, The Breath of God caress, The Power of God permeate all of nature. Listen, as the song of creation circles the Earth, and rests in the Heavens, announcing The Presence of God, weaving the thread of unity throughout that of Earth, and that of Heaven, until they are one, in a song, of gratitude and thanksgiving, for the gift of life.

November 23, 2021

That which you seek, you will find. If you are seeking an excuse, or blame, that is what you will find, You will find a reason to blame another. You will find an excuse for behavior. But if you are seeking truth, that is what you will find. In solitude, and quiet, the truth will fill you, and this blessing will be divine, because you will know, and you will grow, within the truth. Seek the truth, first. Embrace the truth you receive, and rise-up, and proceed, with your life, knowing the truth, not seeking to blame, not seeking excuses, but using the truth as the blessing it is, to bring you peace, and happiness, again.

And The Holy Spirit says:

It is true. That which you seek, you will find. When you seek the truth, you know. And this knowing continues growing until you are walking The Way, with no reason to excuse, no reason to point the blame, because the truth will guide you, in every way. Seek the truth, and that is what you will find.

November 22, 2021

Be gentle with those who seem to have lost their way, for just like you, they, too, are on their path, searching, seeking. If you want to lead, lead by example. If you want your words to be heard, be the living word. Be kind, and generous with those you encounter along The Way. Let a song of thanksgiving rise-up from your heart, inviting others to join in the song.

And The Holy Spirit says:

When you are tempted to prod, or preach, or nag, with your speech, resist that temptation, and live what you believe. To the infinite degree, live what you want to say, live what you want to preach, and the unspoken words will speak. It is a silent language, more powerful than the spoken word. It is the living word. Be the living word.

November 21, 2021

Do not tarry at the bottom of the staircase. Begin to climb, with eager anticipation, putting one foot after the other, on each step, ascending, thankful, for that, which is with you, enthusiastic, for that, which is yet to come.

And The Holy Spirit says:

For each of you, there is a staircase, and it will lead you up, up amongst the stars, through shafts of light, from dimension to dimension, all the while, celebrating who you are, and the destiny that is yours to claim. Celebrate in thanksgiving, and sing, The Name of God.

November 20,2021

Do not besmudge a, kind, or noble, deed with anger or frustration. If you are stirred to selfless action, stand tall, without ensnaring it all with ire, resentment, or fury, toward another, or others. Let your altruistic deeds be just that, standing in the light, generous in their conception, of thought, gallant in the feat.

And The Holy Spirit says:

When you see injustice, harm, or hurt, do not point the finger, or wag the tongue. Address that which you see with humanity, humility, and service. Be the hand of God, and bring peace to each issue, even when it stems from the hand of another. Do not blame. Proclaim, and let your proclamation be of love, and service, in The Name of God.

November 19, 2021

Come, and let My love wash away all disappointment welling-up inside of you, because something did not turn out the way you wanted it to. Let us look at it anew, together, for there are endless possibilities set before you. What do you want to do? We can begin again, or resume, where you left off. Take your time, rather than trying to think it through, pray for guidance, and wisdom to see the way clear of all obstacles, impediments, and debris. Do not reject that which comes to you, for you hold The Wisdom of Heaven, within you.

And The Holy Spirit says:

Sometimes, that which you are meant to do gets all tangled up with the fears, doubts, and worries, hiding inside you. You begin to walk The Way, when suddenly you are distracted by concern, and enthusiasm is stifled in a cloud of uncertainty. When you feel this vibration, moving through you, stop. Realize you are being attacked by the demons of doubt, or fear, weaving threads of worry into your thoughts. Call on me, and we will cast them out, and clear The Way for a brand new day, one in which you will regain confidence, and move forward with certainty, calm in the storm, at peace, once again.

November 18, 2021

Sit by a river, or a stream, and watch, and you will soon see objects, such as a leaf, or a stick, flow with the river, ride the stream. But you will also see some objects held in a place where the water is still, not moving, while other objects, are caught-up on rocks, branches, or debris, which have fallen into the water, curtailing forward progress. As you observe what is happening, you might find they remind you of yourself, or others you know. Make sure that you ride with the stream, flow with the river, go where you need to go, without being hindered, or distracted, and pulled to the side, stagnant, for a while, or caught-up on an obstacle.

And The Holy Spirit says:

Keep your focus. The living water, of God's grace, and love, flows, and the flow is constant, fluid. The water flows where it is to go, and if you are within the living water, you will be carried within God's flow. The living waters, that God sends to you, are meant to take you where you need to be, so that you might do all you are meant to do.

November 17, 2021

Let the ways of kindness, compassion, and love, mark you, stamp your life, be what you show to others, through your deeds. Permit Me to love you, fully, and completely, by removing all the obstacles you have built in the way. Let My kindness, compassion, and love, for you, fill you. And, as it passes through you, allow it to flow to others, through you; for, it is in this way that others might know Me, through what they see, in you.

And The Holy Spirit says:

When you know The Ways of God, it is not important, to you, to command, or demand, or coerce, others, into doing, as you do, thinking, as you think, speaking, as you speak. When you know The Ways of God, you are content, knowing: that God loves all the children upon Earth; that I AM within, and will guide, from within. In this way, this knowing, this personal, strong relationship, you have established, with God, The Creator of All Things, will lead you to know that you must love first; you must be kind, and compassionate, first; and, leave the rest to The One, Who knows best. Leave the rest to God.

November 16, 2021

Do not take the people you love, your current situation, or circumstance, or the environment around you, for granted, expecting all things to stay the same. This is rarely true, for growth requires change. Enjoy the people you love. Enjoy your current situation, and circumstances, the environment around you. Celebrate every day, that comes your way, with the people you love. Then, as the normal, and natural, flow of change, takes place, and weaves itself, in and out, of the people you love, the circumstances, situations, and environment, in which you find yourself, embrace the change. Do not expect anything. Celebrate everything.

And The Holy Spirit says:

When everything, in your life, is moving smoothly, the people you love, love you, your circumstances, and situation, is as you would have it to be, and the environment is pleasant, celebrate, each minute, each hour, of the day. Make gratitude and thanksgiving welcomed companions. Walk with them, every day. Push aside expectations. Reject the temptation to take people, circumstances, situations, and the environment around you, for granted. Let gratitude and thanksgiving replace expectation.

November 15, 2021

I have made provision for you, each, and everyone, of you. For the entire time, you walk upon the Earth, there is a plan. And My plan is brighter, and more glorious than that, which you can imagine. Here, take My hand, and let us walk through the provisions that I have made for you. Each step, along The Way, is already set in place. You will not be lost, or wander, in darkness, holding My hand, knowing The Way, walking within the provision I have made for you.

And The Holy Spirit says:

Cast aside the temptation to worry so much, for God loves you. And held within that love, at the core of that love, at the very essence of that love, is where God has made provision for you, not only during the time you are living in the place that is divine, in The Dimension of Perfection, you often call Heaven, but during the time you walk, upon the Earth, as well. God has a Divine Plan for you, and in it is included all that you might do, through your entire lifetime, so that you might live joyfully, worry-free, carefree, holding the hand of God, living, abundantly.

November 14, 2021

Free yourself from worry, and concern, by addressing that, which is calling-out, for your attention. If there is something, that needs addressing, now, do it, now. Do not push it in a corner. Do not say you will do it tomorrow. If it is calling, answer with your attention. And then, there will be no worry, or concern, about something, that has been left undone. Do not trouble your heart, with fear, or doubt. Do not cloud your spirit, and your vision, with anger, or frustration. Stand, and be clear, on that, which is to be done, by addressing, that which comes to you. A thought, that races, through your mind, is as if someone is tapping you, on the shoulder, saying, "Pay attention. This needs your attention".

And The Holy Spirit says:

When thoughts of shadow, and darkness, jump into your mind, refusing to leave you, no matter how much you try to rid yourself of them, it is a sign. These things need addressing. They are calling for your attention. And unlike the ones who are inviting you to do something, which needs to be done, these temptations, into shadow, and darkness, are offering the opportunity for you to practice what you know, about ridding yourself of these energies, and keeping so. For you cannot have clarity, of vision, when, within you, there are storms of shadow, and darkness. These things need your attention, too. But they require something different of you. They require that you address them by practicing all that you know. Once you have addressed issues, matters, things, which need to be done, such as writing a letter, making a phone call, completing a project, you feel confidence and at peace. And when you take care of these shadowy energies, popping into your thoughts, ruling your mind, then you are free, from worry, and concern, because the shadow, and darkness, is not plaguing you, or clouding your vision, stealing your clarity. Address all, which needs to be done, today. And do it, in a confident way, for that, which comes to you, is yours to do.

November 13, 2021

No matter how much the world tried to convince you that I do not exist, I do. And just because it is said, many times, that I do not exist, I do. The reason you cannot be dissuaded from knowing, I exist, is that you know it, within your soul, and your spirit. And what you know cannot be taken from you. I love you. I do exist, and all you need do, is look at nature, and My creation, all around you, and you will see, the majesty, and it will always confirm your knowing, that I love, and so do you.

And The Holy Spirit says:

What you know, within, your soul, your spirit celebrates, from the birth until you are growing old. It does not change, because it is the piece of God, that is, within you. And when you do not cover it up, or hide it, or are fearful, or doubt, you might stack, dust, and debris, over The Spirit, over the piece of God, over All That Is, and continues to be in eternity. But it cannot go away. It is with you. It is the piece of God, with you, and it is with you, today.

November 12, 2021

You are the light unto the world. You shine, with My Light, that is within you. And when you keep yourself clean, free of shadow, and darkness, from within, your light grows, even more brilliant than it has ever been, before. And when you find others of the light, and you join in community, your lights come together, creating a magnificent illumination, which no darkness can overpower. Darkness cannot, will not, shall not, overpower The Light. Darkness cannot consume The Light. But even when it is but one light, shining, that light overpowers the darkness, for there is no darkness in My Light, and you are My Light. Shine. Be bright. Illuminate the night, and bless the day, and gather together with others, who say, "Let us bring forth The Light of God, upon the Earth."

And The Holy Spirit says:

If you close your eyes, and imagine everything is dark, no light, then you can also imagine one, small, solitary candle, flickering, in the darkness. The darkness cannot put out that light. But when that solitary flame, flickers, and burns, it overpowers the darkness, no matter how widespread it might be. And from far away, you can see that solitary light. There is power in The Light, and The Light will overpower darkness. Do not forget The Power within you, The Power of My Light, within you. Go forth, into the world today, and bless it with a ray, with My Way, with My Light. You are the light unto the world.

November 11, 2021

For the one, who is willing to practice patience, there is less remorse, less regret, less reason for forgiveness, or apology. They free themselves, of these energies, because they were willing to practice patience. Today, as you make your way, through work, or play, there will come many opportunities to be patient. Be patient, when traffic is clogged-up, and forward progress is slow. Be patient, with your children, when they run too fast, or walk too slow. Be patient, with others, who express an opinion that might be different from yours. Be quiet. Be patient, and you will be at peace.

And The Holy Spirit says:

Practicing patience is an art. You must be willing to do it to hold your temper, to be still, to be quiet, and observe what is happening around you. For those who are patient, the atmosphere, the situation, might not always be clear. But what is quite obvious, is that they are willing to be patient, with others, situations, and themselves. And in this way, they are not shackled, with remorse, and regret. There is no need to forgive, because judgment has not been made, at all. Be patient. Listen, and I will whisper the words to say, and they will bring peace to the day.

November 10, 2021

On this day celebrate your life, in a sacred way, and then go beyond the celebration of your life, that you know upon the Earth, and open to the vastness of your eternal life. You might not comprehend, at this time, the meaning of eternal life, but you can begin to know it by saying it, within yourself, over, and over, again. "I am an eternal being." When you begin to pronounce it, it slips into your knowing, and in that way, you continue growing, spiritually, embracing the forever, less concerned about your temporary life, and when it will end, and what will happen, because you will have settled, within yourself, "I am an eternal being."

And The Holy Spirit says:

Take the knowing, that you are an eternal being, into yourself, as if you are a child of two, or three, or four, with no real comprehension of what has gone before you, or what is to happen the next day. Kick the ball. Eat the ice cream. Kiss your parents. Play with your brothers, and sisters. Do the childlike things that bring you to the present piece of eternity, and then fill it with the song you are singing. "I am an eternal being."

November 9, 2021

Perspective, gratitude. Being able to alter your perspective, even ever so slightly, allows you to see what is happening, in a different light. Gratitude allows you to grow, in the experience, not wanting what is not with you, but being thankful for that which you have. These, two things will bring, to the one, willing to practice, altering their perspective, and maintaining gratitude, within them, calm, and peace, no matter what is happening. With perspective, you can see, through the eyes of all. You are not locked into one position. You can move, and change, and adapt to your perspective to see, in a broader scope, rejecting the narrow focus, for a full horizon, where all is available to look, and see, and know. When you are establishing gratitude, within you, you do not think of what you do not have, you do see what is with you, and are thankful for it. You do not long for the bag of cookies, when you see one cookie, on a plate, and you are thankful for it. This gratitude swells, and grows, and replaces expectation. Perspective, gratitude, they equal peace, they equal calm.

And The Holy Spirit says:

You do not have to live long, upon the Earth, until you notice that no matter what is happening, how much turmoil, how much chaos, is occurring, there always seems to be, at least, one person, who is calm. And they are able to hold that peaceful presence, no matter what is happening. It is because they have changed their perspective, and they see the whole. They do not see it as happening, just to them, it is happening to all. Their perspective is broadened. They are not focused on just one piece of the whole. They see it all. They also know gratitude, and when there are times of plenty, they are grateful. When times are leaner, and there is less, they are still grateful, for what they have. Always look, with a wide perspective. Always live, with gratitude, for what you have. Living, in this way, brings you peace, no matter what comes with the day. Perspective, gratitude.

November 8, 2021

Before you speak, pause. Think about what you are preparing to say. Question. Is it a blessing on what is happening today? Is it a blessing on the person, standing before me? At first, this pause might seem awkward, a bit uncomfortable for you, or the person with you. That does not matter. Before you release the words, from your mouth, make sure they are a blessing, not a curse. The pause is well worth the wait. It will make the difference in what you are saying, in what you are pronouncing. Do not hesitate to wait, to pause, to bless the day.

And The Holy Spirit says:

Think before you speak. Better yet, pray before you speak. Make sure the words you say, are spoken, in such a way, as to pour out The Wisdom of Heaven upon the Earth. A quick response to something another has said, which could be unsettling, or disturbing, in any way, only adds to the torment of the day. Bless the world, not curse the world. Think. Pray before you speak.

November 7, 2021

I wish for you to know the power of knowing who you are. You are My child. You know the power of knowing who you are, in the physical world, something, a bit, about you parents, or grandparents, or family members. This knowing gives you power to settle comfortably into who you are. Now, know you are My child. Know that your heritage comes from Me. I AM The Source of your eternal life, and there are great benefits in My Family. So much is yours, that you are not using, because you do not know who you are, first. I love you. You are My child. Embrace the power, and the comfort, and the love, which I give unto you.

And The Holy Spirit says:

Being comfortable, in your own identity, gives you peace, gives you confidence. And with that comes a power, which allows you to move, through your everyday life, being comfortable with who you are, because you know. You can move through your everyday life, and into your next phase, of your eternal life, in comfort, and confidence, and knowing, that you are an eternal being, and your heritage is from The Source of All Things, The Creator of All Things, God, your Parent. When you begin to use this knowing, and wear it, comfortably, no matter where you are going, your life will change, because you know who you are, completely, eternally.

November 6, 2021

Whenever another person comes to you, in need, asking for help, or assistance, give, without hesitation, give, because the opportunity has come to you, to be My hands, upon the Earth. It is cause for celebration. You have filled a need. You have been the source of joy, for another person. When someone comes to you, asking for any kind of help, or assistance, realize this is why you are upon the Earth, to be My hands, and My feet, and My eyes, and My ears. Do not reject the call for help. Do not pass-up the opportunity to do My work, upon the Earth.

And The Holy Spirit says:

There is much need, and you are there, to take the step, to provide what is needed. There is much longing, for compassion, and understanding, and you are there, to sit, be still, and with your willingness to listen, you are the balm to their wound. Do not hesitate to give, and give more than that, which is asked of you. Do not hesitate to walk the extra mile, with your brother, or sister, when they are in need, of companionship, and understanding. Do not hesitate, to accept a responsibility, and see it, as the opportunity, to do the work of God, upon the Earth.

November 5, 2021

Do not fear unexplored territory, when it is My Hand, leading you into revelation you have not known before. Each step, we take, together, into The Kingdom of Heaven, will be divine, for it is possible for you to know, My Ways, while you walk, upon the Earth. All things are possible with Me. So, come with Me. Walk, into The Divine, and experience The Kingdom of Heaven, as you walk, upon the soil of Earth. My Hand will lead you forth. My Light will show The Way. My Power, will protect you, and shield you, from all harm. My Love, will illuminate a new horizon, wherein all things are possible. I AM calling. Take My Hand.

And The Holy Spirit says:

Do not stifle your desire to know more, of The Ways of God, with fear, and doubt. When you take The Hand of God: you will see, that which you did not see before; you will hear, that which you did not hear before; you will know, that which you did not know before; and, you will love, that which you did not love before. You will do all these things, because it is The Hand, of God, which moves you along The Way, into The Kingdom of God, which is All That Is, and ever will be.

November 4, 2021

You will recognize The Voice, when you hear the call. And, upon this day of recognition, there will be no doubt. Then, with no doubt, walk toward The Voice, toward the call, and soon you will see, and know it all, even that which had once evaded your vision, evaded your ears. On that day, there will no crying, only laughter, and the knowing, that you are blessed, and know where you are going. With The Voice still constant, within you, you will be led, always led. You are My child, and you shall never walk alone.

And The Holy Spirit says:

Do you hear My whisper? Wait. Be still. Be quiet. In the silence you will hear. Turn from the ways of the world, and listen. The Wisdom of Heaven is with you, now, and forever, as I AM with you, now, and forever. Rise-up, child of God, and walk into this new day dawning, and know where you are going. Live, with confidence. Live, as The Light of God leads you, through this day, into tomorrow. Live.

November 3, 2021

As I call you to come to Me, just as you are, invite Me into your day, just where you are. When it is cold, and you wrap yourself in a warm coat, let My arms wrap you in My warmth, and My love. When it is a warm day, and you play in the sun, let Me play with you, until the day is done. When it seems the world rejects you, take My hand. When you are tempted to reject others, know My plan, we are one. And then, it is your turn. It is your turn to say, "Come, sit with me." It is your turn to wrap your arms around the one, who is cold, to play with the one who is happy, to be tender with the one, who has been rejected, hurt, or wounded. If you will invite Me, into all that you do, Heaven will reign upon the Earth, through Me, and through you.

And The Holy Spirit says:

It does not matter what is happening, in your life, at all. It does not matter where you are, who you are, I AM within you. I hold The Wisdom of Heaven to dispense to you, and to guide you. Do not reject the invitation to hold The Wisdom of Heaven, and to dispense it to others, around you. Do not reject the gift that is, within you.

November 2, 2021

Do not allow another person to define the role, you are to play, in your lifetime, upon Earth. Another person does not know your heart, your soul, your spirit. You, with your free will, are to be the author of the role, you will play, the director of how you will play the role. It is your book of life, the story of what you are going to do with your life, upon Earth. Do not let another person rob you of the glory, of writing your own story, of defining the role that you will play. Be mindful, be thoughtful, be vigilant, and write, your own story. I have given you free will to do so.

And The Holy Spirit says:

You have the opportunity, starting right now, to define your character, the role you are to play, in a great production, that is the continuation of your lifetime, upon Earth. And it does not matter how young you are, or how old you are, where you are, or what you are doing, right now. Stop. Think, and pray, and ask for guidance, today, on maneuvering you, in such a way, that you are now placed, exactly where you are to be. Ask for guidance, from Me, and I will provide The Wisdom of Heaven, for you to use, as you make your decision, as you use your free will, to define who you are, today. Do not let another person take this away. It is yours. Define who you are, today.

November 1, 2021

When times are difficult, when the storms are upon you, you pray, and you pray, fervently, for help. When days are good, and the sun is shining, use those days to create the energies of thanksgiving, and gratitude, and fill your heart with thanksgiving, and gratitude. When you are thankful, when you are grateful, for what you have, that energy, that grows within you, fuels you, and protects you, when the storms do come, and the waters, of the river, do rise. Hold thanksgiving, and gratitude, in your heart, and through your eyes, you will see, as I see. Through your ears, you will hear, as I hear. And your lips will pronounce the words, all others wish to hear. "Thank you." "I appreciate you." "I am grateful for what you are doing." It is a sweet song to hear.

And The Holy Spirit says:

Teach those around you to be thankful, and grateful, by being the example. Be thankful, be grateful, and be so with words, with actions. Do not hold it within you, whispering how thankful you are, how grateful you are. Say it aloud, so others might hear, what it sounds like to be thankful, what it sounds like to be grateful. And let it shine-out, in all you do, so others can see, what it is like to be thankful, to be grateful. Be the living example for thankful, for grateful. And this will grow, within you, and you will not long, so much, for that which you do not have. But the song will be of thanksgiving, and gratitude, for what you do have. Practice the art of being thankful, and grateful, today.

October 31, 2021

I wish for you to go deeper, in your relationship, with Me. I love you. Do not leave Me. I love you. Feed our relationship, with attention. You make time, once a week, maybe more, to go to church, or a service, or a meeting, or a gathering, and join others, in speaking of Me, and speaking of those, who come to life, in the pages of the Old and the New Testament. You do these things, and you sing. And then, you leave that place, close the door, and go about your daily life. I want you to spend more time, with Me, not singing, not talking, not praying, just sitting, quietly, with Me, with your eyes closed, an indication of your inward journey, and listen, and see, what is revealed to thee. I AM waiting. Make time for Me.

And The Holy Spirit says:

The deeper you go, into a relationship, of any kind, the richer that relationship becomes. You know more. You engage more. You go deeper, and deeper, until you feel the relationship, as it is alive. It is real. This is the type of relationship, that you can have, with The Creator of All Things, with God, a relationship that will grow, and feed, and sustain you. In this relationship, you no longer are caught-up with doubt, or worry, or concern. The relationship, enfolds you, and it grows, and you feel it, and you know, that relationship, you have with God, is real. It lives.

October 30, 2021

Every day you live, you are writing another page, in your book of lessons learned. It is your book of wisdom. And while you cannot see the book, or turn the page, you are writing it on the hallways of your heart, in the chamber of your spirit, in the sanctity of your soul. There is a book, which soon will be read, and soon will be told, about all you learned, during your lifetime, upon Earth. And some, of those things, that you regret doing, are your teachers. Instead of staying in a state of regret, about something you have done, use that situation, as a lesson, something you learned, that is not to be done, or to be done, however that lesson turned-out. Instead of regretting it, learn from it, and let it become a pearl of wisdom. Your book of wisdom, the lessons of your life, has great value. Do not skip from day to day, paying no attention to what has come to you, in the form of lessons. Spend time with it. Look at it, and see, the opportunity, to grow, in wisdom. Do not regret it, learn from it.

And The Holy Spirit says:

While the book of your lifetime, upon Earth, might not be seen by others, you carry it within you. It is the wisdom you hold within you. Where once you might have done something, without regard for the impact it might have on you, or others, because you have the book within you, you refrain from doing that, which you might once have done. You learn from these falls, tumbles, missteps. They are of great value. Do not regret them. Learn from them.

October 29, 2021

Every harsh judgment you make, regarding yourself, or another, or others, is as a nail, being hammered into your feet, so you cannot move. Each judgmental pronouncement you make, regarding yourself, or another, or others, is the same. And one after another, you make judgments, in this name, or that name, or upon yourself, and soon you are so firmly nailed in place, you cannot move. And then, there come the chains of judgment. And they attach themselves to you, one after another. There is no forward progress. You are stagnant, and still, in a well-like, constructed, judgmental jail. Free yourself, so that you can move forward. Free yourself, of the burden. All judgments fall from you, all things you said can be blessed. Take them as a lesson. Break the chains. Pull the nails from your shoes, and begin to move, by blessing, rather than cursing, in the ways of judgment. Judgment has not been given unto you; therefore, it is not yours to use. Begin, forgive, and do it with such a willing heart, that the chains pop, and fly from you, and the nails pull themselves from your shoes. Let your heart be filled with forgiveness, and you will change. You will be free. You will move forward, to complete your destiny.

And The Holy Spirit says:

Falling, into the rut of judgment, is easy. It is easy to slip down the sides, and into the rut. And there you are. It is what you know. It is what you do. And it is easy to know, and to do. But today, climb out of that rut, and send judgment away from you, so that you might be free, so you might see, and know. Yet, you might see, and know, and bless. There were teachings, to love your enemy. There were teachings, to bless those who curse you. Use these examples, as your way to a new day, without judgment. It serves no good purpose. Forgive, and live.

October 28, 2021

You are wandering. You are going astray. You are losing your way. You are caught-up in the turmoil, and motion, and the doing of this, and the doing of that; and it leaves no time for quiet reflection, and sitting with Me, in peaceful solitude, so you can see what you need to see. Be still, and sit with Me.

And The Holy Spirit says:

Moving here and there, going everywhere, speaking faster, and faster, and louder, and louder, even your prayers take on a rapid pace. Stop. Be still. Everything, which needs to be done, will be done, but let it be done with grace, and peace, and not a frenzied pace. There is no need to hurry. When you are rushing, you do not notice, that which is waiting to be seen. When you are hurrying, you do not hear, that which is waiting to be heard. Be still. Sit with Me.

October 27, 2021

With the sense of loss, there often comes a longing, for that which you feel is lost, to return to you, to come back to you, to have things, as they were once, when it all seemed right, for you. Do not stay in that state of longing, for what has gone from you, is the sign, that there is something else, coming to you. But in your sense of longing, the desire for the return of that, which you feel is lost, you are not open, to receive the gift, that is coming to you. Look around. Open, your arms, and embrace that, which I send to you. It is not lost. It is time for change. Open your arms, and receive the gift, that is today.

And The Holy Spirit says:

You cannot properly open your arms, and receive the gift, of this day, when you are longing for the days of the past, the things of the past, the way it was, in the past. While you stay in that state of longing, you cannot appreciate the gifts of the present day. Turn around. Look, and see, what God is sending unto thee, the gift of the present day.

October 26, 2021

Do not permit your focus to become so narrow, putting all your energy, into the goal, you have set for yourself, into what you believe, is your destiny, that you lose track of where you are going, and miss the path, which will lead you to fulfillment, accomplishing all that is meant for you to do, grander, and greater, than what you could have imagined, was yours to do. Widen your focus. Open your eyes. Open your ears. See the signs, that are coming to you. Pay attention to where you are going, to that little path, on this side, or that side. Pay attention to what is opening, for you.

And The Holy Spirit says:

There is placed on your heart, a desire, to do something, a mission, just for you. But often, that mission gets side-tracked, in the thoughts of what you believe is possible for you to do. You limit your destiny, with what you think is possible. With God, all things are possible. Follow the signs. Heed the call. Do not hesitate, to step into all you can be. Your destiny is far greater than what you believe it to be.

October 25, 2021

Do not doubt that there is glory, all around you. You see it in the rising sun, and the setting sun, in the rising moon, and the setting moon. You see the glory. You see the glory, playing out, in light, in the way the sun, and the moon, leave highways of light, upon bodies of water, how they touch peaks of mountains, and forest floors. See the glory all around you, in the rain, and the wind, and the song of the bird. Do not doubt the glory that is, because doubt will rob you of the glory of All That Is.

And The Holy Spirit says:

Today, open your eyes, and see what is going on around you, as a child, a child so young that they have not been told histories, or geographies, or family teachings. They are pure. Their slate is clean. They are in awe, of all they see, and they see the glory, in everything. Go forth, this day, as a child of God, and see the glory, in All That Is.

October 24, 2021

I love you, with all that I AM, I love you. All that I AM, I give unto you, because I love you. I do not love more upon one, than I do another, because I AM love. Therefore, the constant love flows, from Me, without checking. You will find truth, and comfort, in My love. You will find strength, and courage, and clarity, within My light. And you will be at rest, within My peace, for that is what I give unto you: My love, My light, My peace.

And The Holy Spirit says:

God has not placed a boundary, a barrier, or an obstacle, between you. The only wall erected is put in place by you, by your doubts, by your worries, by your concerns. You tear down the wall, you have constructed, when you give your worries, your concerns, your doubts, to God, and wait to see what God will do for you, because God will do all, for you. Be still. Be quiet. Give your cares to God, and the love of God will enfold you, the light of God will hold you, and the peace of God will be with you.

October 23, 2021

Talk less. Listen more. Be still and quiet. When someone speaks, they are telling you what is on their heart. When you speak, you are revealing what is on your heart. Check your thoughts. What are you thinking? What you are inviting into that sacred chamber, that is your thought? Whatever you are doing, whatever you are entertaining, in your thought, is revealed in the words you say. Listen carefully what those around you are saying to you. If you will listen, carefully, you will not only hear the words, but you will feel the intention, in the meaning of the words, and you will know what is on their heart.

And The Holy Spirit says:

The wise one speaks less, listens longer, listens with intention to hear. Language is a means of communication, but it is jumbled-up, so many times, in nonsense, or ridicule, or mockery, or anger and hatred. These are not the energies you wish to communicate, if you are intending to walk The Way, to live a sacred, holy life. Pay attention to what you are thinking. Bless rather than curse. Listen longer. Speak less.

October 22, 2021

Droplets of rain, fall from the sky, cleansing the mountains, and all of Earth. And, the droplets of rain, flow into the rivers, and they become one body, with the river. And the river flows, and moves, and touches the banks, and gathers up soil, and deposits in another place, mixing the riches of Earth, carried in the body of water, deposited upon the shore, the banks. But then, the river meets the ocean, and the mighty river flows into the ocean, and the river becomes one body, with the vast ocean. And when the conditions are right, the water is drawn up, into the clouds, to be released, at another place, at another time. The riches, of the rain, continue, over, and over, again. Each droplet, of rain, becomes one body, with the river, and the river, one body, with the ocean.

And The Holy Spirit says:

Heaven is within you. It might seem to you that it could be the size of a droplet of rain, yet it flows within you. The Waters of Heaven are within you. The vastness of Heaven is with you. The Kingdom of God is with you, with all the droplets of rain, and the majestic rivers, and the vast oceans. This blessing, this gift from God, is unique unto each of you. The richness of Heaven is with you. The Waters of Heaven will quench your thirst. The vastness of Heaven will hold you. It is a mystery, for you, now. But soon, you will understand, and you will see, with clarity, that The Kingdom of God is with you.

October 21, 2021

No matter where you are, what you are doing, right now, stop, be still, and come to Me. It does not matter if you are crying, or laughing, if you are in pain, or good health, if you are destitute or well-off, if you are being shamed, or feel guilty, stop, be still, come to Me. I will wrap My arms around thee, and take away all your pain, all your fear, all your guilt, all your shame, all your doubt. It will all be gone, when you call My name, for I AM with you, each of you. Come. My arms will hold you, until you are prepared to face whatever is yours to face, and then, we will face it, together. You do not live alone. We live together. Acknowledge My presence. Feel My power. Call My name.

And The Holy Spirit says:

There might come days, in your lifetime, when you will meet challenges, and in desperation, call-out the name of God, Jesus, Holy Spirit. But do not wait, until such days, to establish communication, with your redemption, with your rescue, and healing. When everything is going right, into the day, and into the night, stop, and call the name of God. Do it when you are singing, and dancing. Do it while you are being loved, and while you love. Do it while charity is on your heart. Do it when you are in state of gratitude, or thanksgiving, but do it. Do not wait until the darkest hour. Call upon God, and all His power, in the bright sunshine of your life. Do not wait to speak the name of God.

October 20, 2021

Slow down. Move gracefully, into the day. If you will slow down, and observe what is happening around you, you will see the beauty, you will know it. But you will also see the obstacles, which are scattered, all around you, sometimes. As you acknowledge the obstacle, you move it, so you do not trip over it, so that you do not tumble, and fall. Slow down, and as you do, you will hear, completely, what is being said to you, by others. It will not be distorted. Slow down, so you can hear what I AM saying to you, because I AM speaking. But at a hurried pace, with your head down, moving forward, the tendency is not to pay attention to what others are saying, because you have something important to do. The tendency is also not to pay attention to what I AM saying to you. Slow down. Move into this day with grace.

And The Holy Spirit says:

When you go about your day, at a hurried pace, the only focus, you have, is to doing what you think is important to do. In fact, it is so close to you, that desire to accomplish what you think needs to be done, that your focus is narrow, and you are blind to everything going on around you. And what, is going on around you, could aid you, in accomplishing your goal, without the hurried pace. Slow down. Listen. When someone is speaking to you, stop, and listen, completely, to what they are saying. They are telling you something. Slow down, so you might hear that still, small voice, within you, guiding you to something more important than what you thought you needed to do. Slow down. Look around. See the beauty. Acknowledge the obstacle. Remove it from your path, and keep going, walking with grace.

October 19, 2021

Most of you long for unconditional love, and you seek it, from those, in the world around you. You long for protection, security. You seek, or create, a job, which you pray will take care of you, and your loved ones, monetarily. You seek so much from those of Earth, the world around you, but the world, created by man, and all that is in it, cannot promise you unconditional love, a good job, protection, security. It cannot even promise you that there will be food in the days to come, or that your electricity will stay on, so you have lights and heat. The world, created by man, cannot promise you anything, but I promise you: My eternal, unconditional love; My waters, which run deep; the manna of Heaven, which will sustain you, forever. The things of the world will not stay the same, but I AM constant. Call My name.

And The Holy Spirit says:

I will guide you, from within. You will hear the directions in a whisper, a still, small voice, within you. And My words will guide you through the everyday world of man, so that you might work through the day, and sleep through the night, play in the sunshine, and be protected from the rain, or the storm. I will guide you, as you make your way over the Earth, until it is time for you to go Home. God, Creator of All Things, willed it so. Unconditional love is yours. Your thirst will be quenched, eternally. You will not hunger, for anything, because you will be fed manna from Heaven. And, while you are upon the Earth, you have God's heavenly protection, and wisdom, within Me. Do not turn from it. Listen. Be still. Call My name.

October 18, 2021

Look closely, at My creation, nature, all around you, and you will soon notice that very few things you see look the same on the inside, as they do on their outer surface. The outer surface of a fig looks different than it does on the inside. The outer surface of a peach looks different than it does on the inside. The outer surface of a tree looks different than it does on the inside. The surface is not the whole story. When you go to the core of the peach, there is the stone, which holds life. You can plant that stone, and from it will spring forth a tree, which can produce many more peaches, and none of those peaches will look the same on the inside, as they do on their outer surface. But, within each, of those peaches, is the stone, promising life. You do not look the same on the inside as you look on your outer surface. And if you go deeper, within yourself, you will find that seed, that pit, that stone, that you refer to as the soul. The soul, the spirit that is you, promises life, eternal life, and on it goes, into eternity. On it goes.

And The Holy Spirit says:

A watermelon does not look the same inside as it does on the outer surface. But when you cut into the watermelon, there are the seeds, promising life. Plant the seeds, and the vines will grow, and the flowering vines, will produce more melons, each melon bearing the seeds of continued life. At the center of a cherry, you find a pit. If you plant the pit, a beautiful cherry tree will spring-up, and produce hundreds, and hundreds of cherries, all of which can produce more trees. From one cherry pit an orchard can grow. The seed of eternity is within you. It is your soul, your spirit. The spirit, that is you, is the promise of life. From the seed, the stone, the pit, there is the promise of life. From the soul, the spirit, there is the promise of eternal life.

October 17, 2021

Your soul, and the spirit, that is you, are both unseen. Your soul, your spirit, is unseen, yet it is eternal, and real, and powerful, and majestic. Your body, with its muscle, and sinew, and blood, veins, and organs, is seen. You see all the pieces of your body, or at least you can see them, yet your body is temporary. There is not one thing, about your body, that will live forever. Yet, you are greatly attached to this body, that you wear, wrapped around your soul, and your spirit. It is the soul, the spirit that is you, that animates the body, which is temporary. Yet, you spend so much time, on that which will fade away. You comb your hair. You buy, clothing, to adorn the temporary body, trinkets. You spend more time, furnishing a house, which will also fade away, than you do with the real you, the eternal you, the soul, the spirit of you. Ponder that.

And The Holy Spirit says:

Even when you make a determination, to sit quietly in prayer, moving into the realm of the unseen, and eternal, there are distractions, in the physical world, that pull you out of that sacred space, and draw your attention, and soon the prayers are left, and you are moving around the house, or changing your clothes, or driving, your car, to a destination. All of these things, which are seen, will fade away. They are temporary, all of it. Make the time to sit in the unseen, prayerful, realm, of God. Get to know your soul, and your spirit will dance, with delight. Make it a point, before the coming of night, to sit quietly, in the sacred serenity, of the eternal unseen. It will fuel your physical body, it will nurture your physical body, during your time upon Earth.

October 16, 2021

You will see it. When your eyes are closed, to the world of man, and you are seeking communion with Me, longing to take My hand, you will see the ball of light, moving toward you, coming out of the night, brilliant, and bright. And soon, there is no doubt that, this ball of light, is focusing on you, coming to you. It is My Light, it is My Spirit, it is My Love, it is My Power, it is My Glory, and it is coming to you, because it is what I give you. And soon, as it is drawing nearer, and nearer, you realize this is not happening outside of you. You have closed your eyes, and focused on Me, and now, from deep, within you, I AM with you, in a brilliant light, filling you with My Power, so that you might know My Glory, so that you might know My Story, as it is intertwined with your own. See The Light.

And The Holy Spirit says:

When you know The Power of Prayer, your time in prayer is longer, it is deeper, it sustains you. Pray often. Close your eyes, and go, within. The Spirit of God is within you. Take all your problems, your troubles, your questions, there, and let The Power of God flow through you, because then, and only then, can you come to know The Glory of God, within you, as you walk upon the Earth.

October 15, 2021

If you dig, into the soil of Earth, farther, deeper, into inner Earth, you will soon realize, by observing, that all that goes on, beneath the soil of Earth, deep within inner Earth, supports the growth, and the life, of that which is above the soil, springs forth from the soil, on upper Earth. Pay attention to that. You exist on upper Earth, walking over the soil of Earth, planting in the soil of the Earth, dancing, and playing, and working, on the soil of Earth. You move over the Earth, but there is an inner you, as well. And what is going on, within you, deep within you, is meant to be of light, and love, so it can support your growth, as you live, in your skin, your physical body. Rid yourself of the inner debris, the darkness and shadow, that might be hiding there, so that all that is within you supports your life, not diminish your life, or your light. Pay attention to what is happening, deep, within you.

And The Holy Spirit says:

When you think of your body, your skin, your outer body, you soon realize that what is happening, beneath your skin, is happening to support the life, you are living, as a human being. And when disease enters, then that which is flowing through your body, and in your body, is diminishing the life, of the human body. So, you set about seeking out a way to rid yourself of the disease, or the sickness, so that you can live abundantly, again. This is the way of the body. You have to pay attention to the inner body, so that the skin, what is shown to the world, is healthy, and happy. Now, go deeper, go deeper, within you. Go beyond the tissue, and the muscle, and the blood, and the arteries, and the veins. Go into your spirit, the spirit that is animating your body, and make sure it, too, is of light, and love, and then, you will truly know peace.

October 14, 2021

Today, use your will power to change the world. Be so focused, on thinking good thoughts, loving thoughts. Focus on what you say, making sure, in every way, that it is kind, gentle. Focus all that you do, during this day, in such a way, that it is performed for good. Let your thoughts stay focused, on creating only good, doing kind things, speaking gentle, loving words. In this way, you can counter what is being said that is in darkness and shadow. And the more you concentrate, and focus, the more powerful your intention will become. You will be balancing, you will be bringing light, you will be changing the world, with the power, of your will, to be The Light.

And The Holy Spirit says:

It is often the case, that you encounter individuals, who want to do something, something important, to change the world, for the better. And perhaps, that someone is you. But begin with the simplest thing you can do. Simple, but thorough, it is. Focus your thoughts, words, and deeds, on The Light. Be kind whenever you have the opportunity. Be gentle, when someone needs the sweetness, of your touch. Do not let your thoughts wander, here and there. Keep them focused on The Light. If you can do this, all day, come the night, you will be prepared to sleep. And your slumber will be in the arms of angels, because through the day, you changed the world, in what you thought, and did, and said. Focus your attention. Change the world today, by using the power of your will, to do so.

October 13, 2021

It will bubble-up, from deep within you, and begin flowing, like water, from a natural spring. It will be The Knowing, that is growing, within you, riding upon The Whisper, and the words I say. And the words will lead you farther, than you ever thought to go. And in the rising-up, it will be My hand assisting, and your ascending body will begin to move over the Earth, doing what you were meant to do, from your birth. My power will fuel you. The Knowing, of My words and My ways, will take you where you need to go. You will know, from within, so do not waste time seeking in the world created by man. Sit with Me, and in quiet, let us begin.

And The Holy Spirit says:

Knowing you carry The Wisdom of God, within you, when fully realized, can be staggering, astonishing, you might even say, unbelievable. Yet, it is so. Therefore, believe, for wherever you go, I too go. I go within you. Look, and see, and when there is a question, call on Me.

October 12, 2021

For many of you, hearing these words, or reading these words, leaves are falling, around you. It is the season, and it is time, for the leaves to leave the branches of the tree, and ride the wind, for a while, and then fall to the Earth. Notice, that if the wind is blowing, strongly, the leaves are twirling, and swirling, and flying, and scattering everywhere, landing rather far from the tree, from which they fell. But then notice, if there is but a gentle breeze, the leaves seem to float to the ground, with ease, slowly, swaying, as they go. If you are caught in the autumn of your years, upon Earth, right now, you are very colorful. The colors, of all that has come to you, in the years before, have created this hue, this color, and it is distinct, and different, from each leaf, there is something different. And there is something different within each of you, a different piece of the whole. If you are caught in the storms, or a mighty wind, you will land exactly where you are meant to be. And if you find yourself in calm, and tranquility, you will float, peacefully, to where you are meant to be. And you might look up at the tree, where once you did dwell, and see it standing, majestically, bare, open. Its trunk, and limbs, and branches, bare, bones, if you will, showing the strength, showing the majesty, of the tree.

And The Holy Spirit says:

When change is upon you, embrace the change, and go with the change that is for you. If you resist the change, you will stay put, and you will not know, where you are meant to be. So when change is with you, release like the leaves, from the branches of a tree, and ride The Wind, or gently sway, as you fall, to where you are meant to be, on that particular day.

October 11, 2021

The sun is always shining, there in space, shining, brightly. It does not matter whether there are storm clouds, or rain, or snow. It does not matter what time of day it is, or the season of the year. All these things come, and go, but still, the sun is aglow. You are as the sun, shining, always. Within you, there is the light. No matter what storms come upon you, how much rain falls upon you, no matter the season of the year, or the time of the day, be it day, or night, within you there is always the light.

And The Holy Spirit says:

The moon is always glowing, holding this light, there present in space. The light of the moon does not go out, it does not grow dim, it does not cut itself in half, or sections. It is always aglow. It does not matter whether there are stormy nights, or rainy nights. It does not matter the time of year, or the hour of the day that steps in the way. The moon is always aglow. The moon is of light. You are as the moon. Within you there is this glowing light. It does not matter what comes to you, be it storms, or rain, or wind. It does not matter the time of day. It does not matter the season. There, within you, there is the glow of the light. Be it day, or be it night, there is the glowing light, within you.

October 10, 2021

No matter where you live, there is often a desire, within you, to visit another country. Sometimes, you become absorbed in that country, and its history, and its people. You speak about it so often that friends, and family, give you gifts, from that country. You select movies, because they are set, in that country. You know something about the country, because you have read about it, and you have tasted a bit of it, you know much of the history of it. Then one day you visit the country, walk the hillsides, and eat the foods of the country. You immerse yourself in the cities, and the rural areas, and you begin to know the country, even better. With each visit, you know more, and more, about the country. But there is a difference between visiting, and living, in a country. For those, who dwell, in that country: their lungs are filled with the air, of that country; their eyes hold the vision, of the beauty, of that country; their ears hear the birds, and the songs, of that country; they embrace each other; they touch the trees, and the flowers; the water, of that country, bathes their bodies, and quenches their thirst; the sun shines upon them; they know the light of the country, because each country holds a different light. They live, in the country; therefore, they know it fully, completely. It is in their heart, their lungs, and as they eat the food, grown in the soil, of that country, they are digesting the country itself. They are of that country. There is a difference between visiting and dwelling. Today, begin to live with Me, rather than visiting Me, occasionally, or every few days. You have the unimaginable opportunity to experience Earth, while living with Me. Not just visiting Me, living with Me. Begin to know Me more fully, today.

And The Holy Spirit says:

I AM The Spirit of God within thee. You have The Kingdom of Heaven, within you. You carry it, with you. It is time to know Heaven upon Earth. Be still, and come to Me.

October 9, 2021

When a tree is but a seedling, it is small, and fragile, and could easily be crushed beneath a footfall. But beneath the ground, within inner Earth, the root system has already begun to grow, and expand, drawing nutrients from the soil, of the Earth; and the roots reach far, and support the tree. And the light of the sun summons the tree up, up, towering over the grasses, and the flowers, giving protection to the birds, and the bees. But beneath the tree, the roots begin to grow, curling, and weaving through the soil, promising nutrients, creating underpinning, for the tree, anchoring the roots in different places. And still, the tree grows. You are as the tree. It is important that your roots go deep, into your soul, and your spirit, weaving, holding, gathering nutrients from your soul, and your spirit, so that you might rise-up, in The Light of The Son, and grow. Make sure your roots are planted in fertile soul, and spirit.

And The Holy Spirit says:

If you could see beneath the surface of the soil, and see what the roots are doing, beneath the Earth, within the Earth, you would be amazed to see the work going on, gathering nutrients, moving through the soil. You do not see, beneath the tree, but you can tell, from how the tree appears to be, that the root system is sturdy, and sound, and strong, in fertile ground. Pay attention, to the tree, because you are as the tree. It is easy to see, from your outer appearance, how rich the soul, how rich the spirit. Today, take some time to let your roots move through the fertile soul, and spirit, that is you.

October 8, 2021

The flowing rivers, and streams, of the Earth, know Me. The bodies of water, of Earth, know Me. The vast deserts, of Earth, know Me. Every blade, of grass, upon the Earth, knows Me, as well as the rocks, and the flowers, and the mountains, and the hillsides, and the valleys, know Me. All of Earth knows Me. That of Earth, which I created, knows Me, because it comes from within the Earth, which knows Me, because Earth is My creation. Know Me, as you are My creation.

And The Holy Spirit says:

That which is created of God, knows God, and you are created of God. It is time to be still. Stop wandering around, looking for who you are, or what you meant to do, or be, and sit with God Who created thee. Within this "sitting with God," you will know exactly who you are, and what you are meant to do, who you are meant to be, because The One Who created thee knows.

October 7, 2021

It is easy to fall into the habit of speaking ill of other people. It is difficult to stop speaking ill of other people. Stop tempting others into a situation where they too join you, speaking ill of other people. This habit, once formed, is a challenge to break. But it can be broken, when you take the time to sit, and understand, what you are doing. Do not curse others by speaking ill of them. If this has been your pattern, change it, by blessing, every time you begin to think, and your thoughts take you to a place, where you are preparing to speak ill of another, stop there. Stop in your thought. And at that moment, bless the person, you were prepared to curse.

And The Holy Spirit says:

Gossiping, or spreading information, about other people, in a malicious, and malevolent, way, must stop. If you desire to be the light, if you desire to work for The Glory of God, you cannot do so, if your tongue spreads evil, about another. Hold your tongue. Cleanse your thoughts. Bless the other, rather than cursing the other. It is worth the effort. With every blessing, you will rise-up. With every blessing, you will light-up. With every blessing, you will begin to feel The Glory of God all around you. Resist the temptation to speak ill of others. Bless them.

October 6, 2021

You are limping when you could be flying. You are crawling when you could be soaring. You are using the tools of Earth to build the things of the world, but you are ignoring the tools, The Gifts of Spirit, and you are not bearing the fruit, from which they come. The Fruit comes from The Gifts. Accomplishment comes from within The Fruit. You would not begin to build a house, until you had everything you needed around you, to do so. Each of you have been given many gifts, many tools to use, while you walk upon the Earth. But you are not gathering them to yourself. You are ignoring them, distracted by the ways of the world. You live in a time, when you can find answers to questions, such as, what is the capitol city of a certain state, or where is this, or where is that. You can also find The Gifts of The Holy Spirit, and there are lists of these Gifts. You find them in Scripture. You can find them almost anywhere. Look at the words, in that list. See which of The Gifts are yours. Do you have all The Gifts? Do you have some of The Gifts, perhaps only one of The Gifts? The number of Gifts you have has no indication, or does not declare you less worthy. It is simply given to you so you can accomplish your mission, efficiently, and effectively, and return Home. You will also find a list, if you look, of The Fruits that come forth from The Gifts, and you will begin to understand. And then, as you look at the list of The Fruits, and The Gifts of The Holy Spirit, My Spirit, within you, understand there are more, many more. Just because they are not listed does not mean that they do not exist. But observing this list, and The Fruits of the list of Gifts, will lead you to better know how to look at The Gifts you have, spiritual Gifts. Look for them, and you will find them.

And The Holy Spirit says:

In the world, in which you live, right now, you will often encounter a statement, such as, "Every job is easier, if you have the right tools." Apply this to your spiritual life. Everything is easier, when you use the tools, you have been given, because the tools, you have been given, are right for you. If you combine your worldly knowledge, the things you have learned to accomplish, the things in the world, created by man, with your spiritual wisdom, using The Gifts you have been given, life will be the adventure it was meant to be. Everything will be easier because you are using the tools. And when you use the right tool, the job is completed efficiently, and effectively. Begin to turn your thought to The Tools of Spirit so you can fine-tune your life, upon Earth: knowing what you are doing; knowing where you are going; and, knowing how to get there.

October 5, 2021

I wish for you to know the language of nature. And to hear the song of the stream, and the talk of the river, to see the dance of the flowers, and the leaves, and the bees, and the butterflies, and to hear their motion, as they live, you must be still, and quiet. Take yourself to a quiet place, and disconnect from all that rattles you, or makes noise, so that you do not have to address the inner conversations with Me. Today, do not take a walk, in the forest, with your ears clogged-up, with music, drowning-out everything around you. Do not take a walk, in the forest, with your devices, speaking to other people, or playing games. Walk into the forest, and the meadows, walk in the hillsides, and the valleys, alone, with nature. Do not just observe it, be in it, and you will hear the language of the trees. You will begin singing the song of the stream. You will understand the vocabulary of the river. You will know, these things because you are not looking at it, you are in it. And there is no distraction to keep you from learning, the language of nature.

And The Holy Spirit says:

An invitation has been issued for you, today. No matter where you need to go, to get away from the sounds, of the world created by man, go there, and be still, and listen. Do not take something with you to record the sounds of nature, record them on your heart. Listen, so intently, that you know the language of nature, and you can respond. Walk into nature, My creation, knowing you are that creation. You are everything you see. Come, walk with Me, and let us begin to speak the language of nature.

October 4, 2021

It is time to let go of fear. Each one of you can be clutched by fear; and when this happens, you are held in place, until you take the opportunity to find that fear, and sit with it, until you recognize it as absolutely powerless over you, unless you permit it to enshroud you. You get rid of fear, by facing it, and asking, in that place of solitude, "What is it, that I am afraid of, at the core, why is fear gripping me, in such a way?" Sit with The Holy Spirit and ask; and remember, when the answer comes, to rise-up, and address it. Let us say your fear is walking in high places. Then go with The Holy Spirit, to the high places, and walk there, knowing you are not alone, knowing no harm will come to you. And with each step, cast out the demons of fear, remembering, and saying aloud, if necessary, "You have no control over me. Be gone." There is no need for you to live, fearful of anything. The only thing that happens, when you allow this, is that you are held back, from your full potential. Live with fear no longer. Seek the answer. You will find it.

And The Holy Spirit says:

Come over here, and sit with Me, in quiet solitude I will speak to thee, and we will discuss a spiritual remedy, for casting from you, the spirit of fear, because you are more powerful than that spirit does appear. I will show you The Way, and it can be done, today. Come, sit with Me, and let us dissolve this spirit of fear; and you will rise-up, and it will appear to you no longer, because you will recognize your power, in casting out the spirit of fear.

October 3, 2021

For there to be growth, there must be change. Do not hold on to the present time with you, to the season in which you are living. Experience the present, and then, let it go, because there is always another present, another present. The present is always with you, and living in the present, experiencing the present, prepares you for tomorrow, when it will, once again, be the present piece of eternity, with you. Do not hold on, but meet all that comes to you, with open arms, and open hands, so it flows over you, and through you. And when it is time, it moves on, as you move on. Experience your present piece of eternity, because it will be a memory, you carry with you, into eternity, forever. You are in a time, right now, most of you, hearing, or reading, these words, that is autumn. And this is time of great change. The leaves begin to fall from the tree, but only after they have filled the air, with brightness, of being. The colors call your eyes to see the brilliance, the hues, the depth, the richness, of autumn. And the leaves fall, and continue to fall, each leaf experiencing the present: in the coloration, in the falling, in the change. Embrace the present piece of eternity with you, and be willing to let it flow from you, so that the next will come to you, and continue to hold out your hand to accept, because the present piece of eternity will always be with you. There will always be a present. And that experience will be your memory. And you can bring your memories back Home. You cannot bring the clothing, you might be wearing, at the time. You cannot bring jewelry, you might be wearing, at the time. You cannot bring the house, in which you abide, at the time. But you can bring those memories. They fill your soul and spirit, and they are your treasures. These are the treasures, that you are amassing, and gathering, during your time, upon the Earth. Do not ignore the treasure. Do not fail to store these treasures, seeking more to gather material things, which will mean nothing. Take the time to experience the present, so you might bring the memory Home.

And The Holy Spirit says:

For most of you, change can be difficult to accept. It seems just as you get comfortable, where you are, it is time for a change. But there is no growth without change. Be willing to move, with the flow, of eternity. Be willing to experience, and let go, because with this experience, your memory, will stay with you. You cannot cling to that present piece, but you can store the memory, of the present peace you felt, in the experience. It is time to recognize the true treasures of your time upon the Earth.

October 2, 2021

Envision that there is a room, within your house, your home, that every time you are in need, you go to that room, you knock on the door, and the door opens. You walk into the room, and you ask, and that which you need is given to you. If you desire water for thirst, it is yours. If you desire power, to turn on the lights, and cool the house, when it is warm, and warm the house, when it is cool, it is yours. If you desire food, it is yours, for the asking. And not only is the food yours, for the asking, but it is especially for you, designed to fit your taste, to fuel your body. All that you ask, in that divine room, is given unto you. If you can envision such a room, then you realize there is no need to go and purchase food from a store, or ask your friends, or family, for water, when you have none. There is no need for you to go seeking, in the world, created by man, that which you need, when it is within the home, in which you dwell. You need not envision such a room, because it is already yours. Go within, and the promises will be fulfilled, but they will be fulfilled within. Knock, on the door, and ask.

And The Holy Spirit says:

You are not using all that there is for you to use, because you have been taught to seek it, in the world, created by man. Abundant life is yours, but you must go within, for: within is where you knock; within is where the door will open; within is where you must ask; within is where it shall be given unto you. Do not ignore the treasure you carry, within. It is yours. Use it.

October 1, 2021

My creation continues. And all around you, you have examples of the continuation of creation. You have examples of the present piece of eternity, with you, and how it flows out of yesterday, and there is creation in the present, which moves into tomorrow. And it continues this way. Creation, creating, create. It continues. On one side, of the Earth, there is night. On the other side, of the Earth, there is day. And in between, there are various times, marking night, day, sunset, sunrise, but it is all the present piece of eternity, and it continues. You can see it happening. In your imagination, if you could take the Earth, and spin it around, it would look like a procession, moving, moving the creation procession. All around you are examples of creation continuing, and continuing within the present piece of eternity, that is with you. That is where the seed is sown. That is where the garment is mended and hemmed. In the present piece of eternity is where creation is taking place. You cannot create yesterday. You cannot create tomorrow. You can create in the present, drawing from the past, leading into tomorrow. But creation takes place in the present piece of eternity, that is with you, now. Look at the examples around you: one place night, one place day; one place cold, one place warm. Pay attention. Creation is happening within you, all around you, right now, at the present. Nature is giving you clues, so that you might understand the mystery. Pay attention to nature. Pay attention to now.

And The Holy Spirit says:

One day, you can go to the store, and gather all the ingredients, to make a cake. You can carry them home with you, put them on a shelf, in a cupboard. You have these ingredients, which were purchased yesterday, in the past, but the ingredients, to do something, with that which you gathered, in the past, wait, until the present piece of eternity when you use, that which you gathered in the past, to create the cake, to bake the cake. The cake is baked in the present piece of eternity. And it can be eaten tomorrow. Ponder this.

September 30, 2021

If you sit, and watch, a river, or a stream, it is refreshing, just to be near it. But when the light of the sun, falls upon the moving water, of the river, or the stream, it glistens, it is glorious, and it is radiant. It is shimmering, and it is moving, and the light is enhancing its beauty. Your body is mostly water. When My Light falls upon you, you are radiant, more so than the sparkling river, or stream. Stand in My Light today, and see the day unfold, as you are the radiant light.

And The Holy Spirit says:

Bodies of water can be, very interesting, mesmerizing. But they are never more beautiful than when the light of the sun, falls upon them, and every ripple is enhanced, radiant, shining, and shimmering. It is difficult to catch such beauty in a photograph, or even a painting, because the water is moving, living in the light, and it is a blessing to see it, to observe it. Today, remember this, as your body of light moves over the Earth. You are radiant light, because the water, that you carry, is in The Light of God. You are more radiant than the glimmering, glistening, rivers, and streams. The radiance of God will shine from you. Stay in The Light of God so your body of water can be illuminated, a blessing for all you meet.

September 29, 2021

Live, be, and do in the present piece of eternity that is with you. This cannot be said enough. It deserves repeating, and repeating, often, because there is great temptation to wander into the past, or to project yourself into the future. The present piece of eternity is where you need to live. It is the culmination of the past, and it is the preparation for the future. The lessons of the past prepare you for the present piece of eternity; and that which you do, in the present piece of eternity, impacts the future. The choices, you make now, are based on your past experiences, and will pave the road into tomorrow. In your present piece of eternity always seek guidance and counsel. Sit with Me. Speak with My Holy Spirit. Do what you need to do, in the present piece of eternity, to make the wisest choice. And that can always be accomplished, when you seek guidance and counsel from My Holy Spirit within you. Live, be, and do in the present piece of eternity that is with you.

And The Holy Spirit says:

I was sent to dwell within each one of you so that you might know The Way. Do not ignore My presence within you today. I hold The Wisdom of Heaven, and it is yours. Ask, and you shall receive it, and it will fill you so that you know exactly how to proceed, what choices to make, in the present piece of eternity that is with you. When you stay in the present piece of eternity with you, you are really living, and you are living every second, every minute, every hour of the day, really living. And when our communication is complete, when you know God, on a personal level, and seek the answers, to questions that are puzzling you, then you will have what is right for you, and every minute of the day can be that way, and you will be living fully, acknowledging what is happening in the world created by man, around you, but then resolving what issue coming to you at that moment, immediately, with Divine Wisdom. And it will become a joy. And each present piece of eternity with you, will be blessed with The Wisdom of God. It is with you now. Live, be, and do, now.

September 28, 2021

My hands are large enough to take the hand of all the people in the world. My arms are large enough to embrace all the people who come to Me, all the people in the world. My heart is large enough to love all the people upon the Earth. My wisdom is large enough to resolve all the issues of the world created by man. The answer, to every empty hand, longing heart, desiring peace, is yours, for the asking, for the taking, for the embracing. Come, and sit with Me. Take My hand. Be enfolded within My arms. Let My heart touch you, and My wisdom flow into you, and you will be at peace, for you will know The Way.

And The Holy Spirit says:

There are so many people, seeking answers, crying-out for help, for direction, for guidance. Take the hand of God. Walk into the arms of God. Let the heart of God fill you, with promise, and the wisdom of God will be with you, will bring you comfort, will bring you peace, because you will know The Way, in the arms of God.

September 27, 2021

It is possible for you to visit Heaven, every day. You can visit Me, and Heaven, every day, as you set a very special time aside to pray. Be sure the place you choose is quiet, cut off from the world of man. Be sure to turn off your phones, and clocks, and radios, and televisions, and computers, and find a comfortable seat, and sit with Me. Close your eyes, to the world around you, and begin the journey within. Close your eyes, and open to the possibility of this divine visit. In this state, you hear Me, or you know what I AM trying to say to you, by feeling it, or sensing it. No matter how our communication takes place, it is sacred, and holy. And in that space, you are blessed. You are visiting Heaven, for a while. You will feel it on your body. There are changes on your body. You will feel your lips. Your face will tingle. Tears will flow, easily, as we draw so near to each other, and we are one. Come, visit Me, today. Visit Heaven, as you pray.

And The Holy Spirit says:

It is good to pray while you work, because the prayer goes into whatever you are doing, and you bless it. It is good to pray while you play, for your prayer blesses whatever you are playing. It is good to pray often, and it is possible to pray all the time, blessing everything you do, even blessing a walk, or a ride, or a song, or a dance. But there is a special type of prayer, which will permit you a brief visit to Heaven, and you will feel it around you. This occurs every time you set yourself aside, in silence, and away from all the distractions of the world, close your eyes, and go within, to sit with God, to see what God wants you to know. When you take the time to do this, you are rewarded. You are held in The Arms of Heaven, for a while, and when the visit is complete, you return to the ways of the world, to whatever you need to do, but carrying the blessing of God, and all Heaven, with you.

September 26, 2021

When one walks amongst you, who is filled with Light, who does great things, whose deeds are wondrous, and words compelling, you put that person in a higher place. You feel unworthy to stand with them. So, you assign yourself a lower place. And after a while, you are content to be in your place, watching the one, who is filled with grace, move amongst you. It is time for you to revisit the feeling, that you are lesser, and accept the truth, that it has been an excuse for you not to accept the responsibility of rising-up to complete your destiny. Each of you is meant to walk upon the Earth filled with Light, to do great things, to perform wondrous deeds, to speak words, compelling. Do not reject your responsibility. You have the opportunity to be The Light, to show The Way, to perform wondrous deeds, and speak words, compelling. Do not give it up. Rise-up, and meet, your destiny.

And The Holy Spirit says:

Be mindful not to fall into the rut of assigning special places to individuals, who seem to operate in a super-human way. This can often lead to delegating those roles to the one who seems to have the ability to do it, to complete it, to fulfill that role. But in delegating this responsibility, of being The Light, of doing great things, to other people, you are excusing yourself. You are sitting down, when you should be rising-up. You refuse to speak, when your words could be compelling: recognizing that all of this accomplishment, the great things, the wondrous deeds, the compelling words, are flowing from God to you, and they are meant to move through you; remembering it is not you, but God, working through you, will give you the courage to rises-up, and let God do what is meant to be done, through you. Rise-up, and let God do, through you.

September 25, 2021

Come, and sit, with Me, each morning, before you begin your day. In this way, you will carry The Wisdom of Heaven with you, and you will use it to address the issues, that come to you, the challenges, that come to you. And you will resolve, each thing, that is yours to resolve, with The Wisdom of Heaven, rather than the knowledge of the world, and your day will pass peacefully this way. Come to Me at the end of the day, so that we can bless all that you thought, and said, and did, during the day, so that we can seal it, in a sacred way. Thus, preparing you for the sleep, and the rest you will need for a new day. This is how to begin, and end, your day, sitting with Me, in quiet, and in peace. And once you begin, to sit with Me, it becomes natural to you to resolve the issues, that come to you, with The Wisdom of Heaven.

And The Holy Spirit says:

During the course of the day, you might speak to many people. In one form or another you are communicating with many people. And some of the communication has to do with resolving issues that arise, during the day. But when you begin your day, and end your day, sitting with God, and when you bring to Me, The Counselor that is within you, to guide you, all of the issues, that you must address, then I will remind you, of The Way to respond. I will give you the guidance that comes from God, and wisdom will fill your answers, your responses, your resolution. The communication between God, and Jesus, and The Holy Spirit is what will keep you in peace. No matter what you must address, you will know that the answer, that comes from you, is the best it can be, because it comes from God. Begin this practice, and you will begin the road to peace, you will live without stress, you will be calm, you will be delivering answers, to the world of man, from The Hand of God, The Wisdom of Heaven, for all to see, and hear, and know.

September 24, 2021

I wish for you to know The Way, the eternal reality of the way it all works. No matter where you are, right now, be still, and recognize where you are, at this present piece of eternity. You might be in the middle of a challenging lesson. You might be enjoying a wonderful event, a glorious, happy time. You might be in a grocery store. You might be driving your vehicle along the highway. You might be packing to go on a great journey. No matter where you are, it is your present piece of eternity. With no hesitation, I will tell you that the difficult, challenging lesson, you are experiencing, is one of the few things that you can carry into eternity with you, it, as well as experiencing joy, at an event that is important to you. These things you can carry into eternity. You can carry the lesson, when learned. You can carry the challenge of the lesson, so that your soul, and spirit, knows it. It becomes part of your wisdom, as does the experience of joy, it becomes part of your wisdom. You cannot bring the cans of vegetables, or the box of fruit, into eternity. You cannot bring the suitcase, packed with clothing, into eternity. You cannot bring your vehicle into eternity. Pay attention to what is important, so you are filling your wisdom chest with the experiences of Earth, not the material objects of Earth. If you must collect something, collect the lessons, collect the experience. They become the knowing. They become your wisdom. And this you can carry with you, your soul, your spirit, will carry this wisdom for all eternity. Look around, no matter where you are, and sort through what is happening, so you collect the eternal experience. The present piece of eternity you are experiencing, right now, has a place for that experience, which is unseen, but more valuable than that which is seen, such as the cans, and the boxes, and the clothing, and the cars. Focus on the eternal wisdom you have the opportunity to gather unto you, right now.

And The Holy Spirit says:

The valuable treasures, that you will carry with you, into eternity, are lessons learned, laughter shared, dances of joy, songs, thoughts, prayers. All that is experienced, by you, is valuable, more valuable than the cans of fruit and vegetables, and the boxes, and the clothing, and vehicles. Pay attention to what you are collecting, and begin collecting for eternity, for all time. Your soul, your spirit, will be filled with the wisdom you gained, through every piece of eternity you experienced.

September 23, 2021

I wish for you to know the sacredness of your mission, the mission that is yours, and yours alone. I wish for you to have respect for the mission that is yours alone. Once you discover, once you remember, the mission that is yours alone, you will be comfortable in it, because the mission was designed, specifically for you, nobody else, just you. Do not muddy your mission by changing and altering it, in such a way, that you are doing more what others want you to do, in the way others want you to do it, losing track of the original mission, that is yours, and yours alone, to do. Some of you need look no farther than where you are, right now. Your mission might be to be a good parent. That might be your mission. Ask, and you will discover. But do not seek other things that might look more interesting, to others, or so they say, than being a good parent, leaving the primary mission, of being a good parent, in a lesser situation. And your mission can change, from season to season. As your mission changes, you will be prepared, because the new mission, the new chapter, is specifically designed for you. Do not ignore that which is with you now. That, which is with you now, is your mission, for now.

And The Holy Spirit says:

I AM within you to guide you. When you have questions, about where you should be, and what you should be doing, come, sit, and I will give you holy counsel. I will listen to all you have to say. I hear every word you say, for I AM within you. I know your thoughts, for I AM within you. Therefore, let us sit, together, when there is a question about mission. And when you rise-up, you will know, you will remember, and you will treat your mission in a sacred way, and you will have respect for your mission.

September 22, 2021

The ways, of the world can be harsh, and mean. Do not add to the harshness, or the meanness. Even when you come face to face with harshness, and meanness, refuse to wade into those waters. When someone comes to you today, find something good, or productive, within that person, and only speak to them of that. Do not make corrections, or try to change something, that you really do not understand, no matter how close you might be to the woman, or man, or child. Simply point out the good things they do, the talents, that they are trying to establish, within themselves, be it singing, dancing, writing, painting, whatever it is. Bring the good to the fore, and leave the rest, at the back door. I will take care of those things. I will work through those things with them. It is not yours to do. You can combat the harshness, and meanness, by telling people what you see, that is good. You will find there is always something good to say. Work on that. Seek it out, because the more you focus, on the good they do, that is where their focus will be, too. Who amongst you, does not enjoy hearing, that you have done something, and you did it very well? That feels good. That energy, of support and encouragement, feels good. And soon you reject it yourself, these other deeds over here, these other words, and thoughts, and you are focusing on what you were told was good. Bring that to the light. Put your focus on that light. And therein, anyone, who comes to you, anyone you meet, will shine, in My Light, because you found it within them, and you brought it from them, so that others too might see the good in them.

And the Holy Spirit says:

When you notice good qualities in others, when you are free to say, “That was wonderful! Look at what you did! Look at what you can do!” you are encouraging each person, that comes to you, to go deep within, and pull the gifts they have been given to the fore. Bless each person, you encounter, with the encouragement to do more, simply by acknowledging what they have done, for the good. There is no need for a lecture, a teaching, a correction, just see what is good.

September 21, 2021

You seek answers, and peace, from books, from institutions of learning, even from branches of government, sometimes. You seek answers, and peace, from family members, and friends. You seek it on the highways, and in the country-sides, and in the cities, and towns. You seek it in the deserts, and at the shore. You seek it, but My child, there is more. May blessings fall upon you for seeking answers, and peace. But I give you the key to the answers, for you, and the peace, you seek. Come, sit with Me. I will answer your questions, in a heavenly way. I will answer your questions, as we talk, and I say, to you, be still, be quiet. For there is more you need to know, but you will not find it in the world created by man. You will find it, sitting here, held within My Hand. Arrangements were made, from the very beginning, so that you would know life, life which has no ending, so that you would move through every season of your life; eternal it will be, seeking answers between you and Me.

And The Holy Spirit says:

Do not give up. Do not shake your head in despair, or wring your hands, feeling the answer is not there, for you. It is, but it is within. For it is written in Scripture, in the old, and the new, that there will come a time when all the children will be taught by God. That is the time of wisdom. And the season of wisdom comes to each, at a different time. For you see, there is not one season of wisdom, written, and then done. The season of wisdom comes to each, and every one, seeking answers, seeking peace.

September 20, 2021

Within you is the doorway to Heaven, The Dimension of Perfection, where all things are, as they are meant to be, eternally. That sacred land is not distant. You will find it, by taking the journey, the first step of the journey, within yourself. Close your eyes, and you can almost see, the corridor, that is within thee. The passages of Heaven are within thee. And, as you make frequent visits, to that place, within, you begin to find doorways Home, all around you, in the world, in the Earth space around you. The key is found, within. But Heaven is near to you, and it has always been. You will find, within you, gemstones, and pearls, of wisdom, which will lead you safely through the corridors, passageways, and hallways. And there, within, you will also hear The Whisper of The Holy Spirit, My Spirit, within you. It is there. All of Heaven awaits you. Go within, and begin, moving down the corridors, so that you can see, and know, and as you see, and know, there will be much revealed to you. And then, you will see, and know, and grow, in wisdom.

And The Holy Spirit says:

You do not get into a spaceship to explore all the galaxies, all that is surrounding you, above you, and below you, thinking you will find Heaven, in a distant, foreign place. Heaven is within you. And as you go within, you find the key that unlocks the doorway to The Heavenly Kingdom, which is all around you. Heaven is near. Heaven is near to you. Heaven is with you. Heaven is within you. When the ways of the world tempt you to confusion, and doubt, worry, concern, anxiety, even anger, stop. Go into a closet, and close the door, then find that chamber, within, and traverse the hallways, and corridors. That is where you begin, and therein, you will find peace.

September 19, 2021

One day I will call you Home. Your time upon the Earth will be done. It is time for you to prepare for the call, prepare to return Home. Most of you make preparations, and plans, in the event something occurs to your vehicles, your homes, even your health, and your life. These plans, these preparations, are in the form of, what you call insurance. And once it is in place, your mind is at ease because: your cars, your vehicles, are covered through the insurance; your houses are covered through the insurance; any illness, hospital stays, or doctor bills, are covered through the insurance; and even your life is covered by the insurance, so that those you leave behind will be able to take of financial situations. You take all these steps, and even if you do not complete the steps, at least you think about them, you consider them. I would like for you to consider getting your house in order before I call you Home. For each one of you there is something, needing your attention. Do not delay seeking someone out to say you are sorry for an unkind word, for some harshness that passed between you. Whatever it might be, seek forgiveness, by saying you are sorry. Be quick to check each place, which is requiring forgiveness, each person, each incident, requiring forgiveness, and offer forgiveness. It is important to do, even when the individual really does not believe they did anything to require your forgiveness. This is all about you. This preparation has nothing to do with anyone else. It is you, preparing to come Home. Do not put-off preparing for what comes tomorrow, or possibly today. Say what you need to say, do what you need to do, so that you are free of all the burdens, that are weighing upon you. Once you begin, it is easier to do, but it can be a difficult task, once you pass back through the veil, and come Home. Begin to prepare today, so that you are free, and light. Unclog yourself. And in this forgiving, and in this apology giving, do not forget yourself. Forgive yourself.

And The Holy Spirit says:

Do not hesitate to forgive. Do not hold back on offering an apology. Once you begin to do it, it is easier. Your ego is pushed farther and farther away, as you go about making plans for the day when you get the call, and it is time to go Home. Take care of these things now, while you still have time to invest in what will surely aid your passing. Do not hesitate, be quick, with intention. Do not be slow to say I am sorry. Do not let the fact, that you have in your head, the idea, that the other person has to apology first, deter your forward progress. Do it anyway. Apologize if it is not accepted. Apologize if it is accepted. Forgive if it is accepted. Forgive if you are rejected. But take care of these things, for you, not because of others, for you.

September 18, 2021

Distraction can lead you away from that which you are meant to do, can be strong, can lead you so far away, that you forget what you were doing, in the first place. You see this often, when you are talking with a friend, or a family member, or a co-worker. You begin to say something, you think is important. Then comes a distraction, either from the listening party, or from you, and you veer off topic, and the distraction continues, drawing you farther, and farther afield. At some point, you stop, and ask, "What was I saying?" The same thing happens, in your spiritual life: even during your conversations with Me; even in your missions, and ministry. The distractions of everyday life can catch your attention, and pull you farther, and farther, off track. Deal with distractions simply, speaking, mentally, to your distractions, as if they are an unruly child, who needs to sit, be still, and not interrupt the conversation. And then, continue your conversation with Me, or continue your mission, or ministry, without interruption, until distraction pops up, again. And when it does, repeat the process, of setting the distraction aside. Do not try to ignore it, with intention, set it aside. In this way, you begin to learn how to master the energy of distraction. If you put this practice into action, you will become so focused that setting all distractions aside becomes the natural thing to do, because it has become a well-tuned practice. Today, begin to master the energy of distraction.

And The Holy Spirit says:

Focus on that which you are meant to do, and do not be tempted by distraction, in any way. If you follow the crumbs of distraction: they will lead you astray, around the bend; they will lead you to a dead end. It takes practice to master the energy of distraction. But once you have it in-hand, once you know what you are doing, it will become easy for you to set all distraction aside. Today, be focused on your mission, on your ministry, on your conversation with Me. As you practice, you will master the energy of distraction.

September 17, 2021

The formulation, of each word, and sentence, you speak, begins in your thought. Let your thoughts be a garden of kindness, compassion, tenderness, sweetness. Do not let words fall out of your mouth, from your tongue, over your lips, unless they are worthy. Do not speak quickly. Hold your tongue. Prepare, that which you are going to say, in your thoughts, so that you are sure, and aware, of what you are saying. Resist the temptation to speak quickly, in response to a question. There is no time limit. You do not have to respond quickly to a question. You do not have to acknowledge with speed. It is better to be still, and let your response come from Me, so that it is worthy to speak. Begin to alter the thought, and the words you speak, in such a way that you are the blessing of the day.

And The Holy Spirit says:

The wise one is quiet, and still. And when the words come, they draw all around, because they seem blessed. And those, within hearing range, do not want to miss the blessing of the words spoken by the wise child of God. Do not be tempted to speed. Do not give speedy responses; for God will bless the words you say, and God will send you that which you are to say. And by doing so, God is blessing you with the opportunity to bless others. These are not My words. They are the words of Our Father in Heaven. Be still, so you might hear the words of The Father in Heaven.

September 16, 2021

Knock down the walls, and the barriers, that you have constructed. Unlock the door, that you have firmly set in place. Do not walk in fear. Understand that, if you are within My Light, and My Power is flowing into you, with great strength, and might, it flows into you, and let it flow from you, because, My Power, My Strength, My Love, and My Light, is your protection. You need not create walls, or barriers, keeping others away from you. I can do for you that which you cannot do. When you walk into a room, be so connected with Me, that My Presence is what others feel, and see, through you. I will not send you out to do that which you cannot do. And My Power, flowing through you, and out-pouring upon the Earth, will spread open the doors, the curtains, will separate waters for you to walk through, will flatten mountains for you to cross to the other side, will do all manner of things, if you will set aside all your worries, and concern, and go, where I ask you to go, with no barrier, no wall, no locked door.

And The Holy Spirit says:

Cast from you the spirit of fear, and doubt, and worry, because these energies, when accepted by you, are created, and continued, within you. They diminish all that you do. Take time, today, to cast these energies, and spirits, who create them, out of you. There is much to do, but it will not be done, to its fullest potential, until you are free of fear, doubt, worry, and concern. Cast them out. Let them be gone from you.

September 15, 2021

I have set those amongst you, who have the patience to fish, waiting for the right time, to pull up the line, or the net, so others might eat. I have set those amongst you, who have the patience, to plant the garden, and wait, until it is time, for the harvest so others can eat. I have set those amongst you, who have the patience, to take the flour, and water, and yeast, and let it rise three times, before kneading it again, and rolling it again, and putting it in the oven, so others might eat. I have set those amongst you, carrying the gift of patience. For those of you, who hold this gift, your life is peaceful, and serene, calm. For those of you, who receive the gift, of patience, from others, you are blessed. You taste of that which they carry, within them, and at the right time, release it, so others might eat, of the gift of patience. I set amongst you those who hold this gift. If you hold the gift of patience, you are at peace. If you receive the gift of patience, from another, you are blessed.

And The Holy Spirit says:

Receive the gift of patience. No matter how it comes to you, it comes from God to you. Receive it and be blessed.

September 14, 2021

Come out from hiding. Come out of your caves, from under bushes, from deep within your dwellings, from under the cloaks. Come out, wherever you are. Come out into My Light. For there is no need to hide, or to set yourself aside. Come out into The Light. For you are limiting yourselves. You are excluding yourselves. Come out into The Light. If you have been under the bushes, and trees, come out, and see each of these, in The Light. The fruit you have been eating, is the fruit beneath, that which does not get The Light. Therefore, it is diminished in size, and taste, and is often bitter. Come out and pick the fruit off of the trees, and the bushes, and out of the soil of the Earth, that is held within My Light, and you will taste, with delight, the ripened fruit, the fruit that has ripened in My Light. Hide no more. Come out into The Light, and live abundantly, in My Light.

And The Holy Spirit says:

Do not trap yourself in darkness, feeling unworthy. Do not hide behind a door, feeling you have done something so deplorable, that no one will ever forgive you. Do not sit in a corner, trying to be unnoticed. God did not create you to be anything but glorious, in The Light. Punish yourself no longer. Forgive yourself, immediately. You hold the key to your freedom. You are worthy. You are of God. Claim that heritage, now, and come, into The Light of God. Do not sit in darkness, when The Light of God is yours.

September 13, 2021

I wish for you to know the joyful reward, of acting, upon the signs you see, without hesitation, immediately. For, when the sign comes to you, and you respond by doing that which the sign tells you to do, you are exchanging, and working, with Me in the instant, when it is the time, when the time is right, when the need is there, when the gift is there. When you are in a state of loneliness, and there is knock at the door, and you open the door, and you see the face of a friend, you love, it is an answer to a prayer. You cannot know exactly why the friend was brought there, to your door, at the exact time, your prayer was being lifted-up. But you do recognize that it is the answer to your prayer. This result is meant to be, every time a thought from Me is sent out into eternity, to create a situation that answers a prayer, immediately. And when the signs come to you, and you see, and you know, and you do, then you are part of the answer to the prayer. Do not miss the opportunity for this joyful reward. Watch for the signs. Do not ignore the signs. Act upon the signs, and do it, with a sense of urgency.

And The Holy Spirit says:

You will often hear people say, they were wondering about which way they should go, and a sign appeared, and then, they knew. You will also hear people talk about the signs, they saw, that were confirming what they were thinking. But you know, in the way they are speaking, that there was no action taken on the sign, or the thinking. Signs are not random. They are with purpose, and intention. Be mindful of the signs you see. They are sent from God. They are sent to you, so you will see, and know what to do. Embrace the signs, that come to you, and without hesitation, do what the signs are directing you to do.

September 12, 2021

When difficult decisions are yours to bear, do not hold onto them, do not leave them there, clouding your sight, and your vision, clouding your sleep, and your dreams. Bring every difficult decision to Me. We will share the difficult decisions, together. Set them down before Me. Ask, and as a good Parent, I will tell you exactly how to resolve the decision, that has fallen upon you. You do not need to make it on your own. Trust that I will guide you in the ways, My ways, The Way.

And The Holy Spirit says:

When the decision, with you, is so difficult that all those around you acknowledge, you have a difficult decision to make, then there comes a temptation to go to each one around you, and ask, "What would you do?" "What would you do?" "What would you do?" And if you ask two people, you will get two answers. And if you ask twenty, you will get twenty answers. And if you ask two hundred, you will get two hundred answers. And it is possible for none of them to be the same. Then, you are left, not only with the difficult decisions, but with two hundred possible resolutions. And the reality of it is that none of the two hundred resolutions could be right, for you. The only way, you will know, that you have the right guidance, for the difficult decision, with you, is if you will sit with Me. I hold The Wisdom of Heaven. It is astonishing, to realize, that you can ask, of God, and God will respond, in answer. You can sit, with Me, and I will respond, in answer, because I AM The Spirit of God, within thee. Do not carry this burden, any longer. Do not bear the decision, alone. Come within, and sit, and be still, and the answer, the resolution, will come, for you, and it will be exactly the right one, for you, and it will bring you peace, in the doing of it.

September 11, 2021

The smallest of flowers, has all the components, as does the largest of flowers. It is the same. It has exactly what it needs to be the flower it is meant to be. The smallest of trees, has all the components, as the largest of trees. It has exactly what it needs to be the tree it is meant to be. You can look around, and search through creation, and find that, no matter how small that, which you are observing, might be, it has all the components, that the larger version has that is easy to see, because of its size. But because it is small that, which it has, is not diminished, because it has all it needs. Pray upon this, watch it, observe it, and your understanding, of this, will be deeper than before you began to look, to see, that the smallest is as great as the largest, and the largest is no greater than the smallest.

And The Holy Spirit says:

When a child is born into a family, one of the things you hear, most often, at first, is the amazement at the tiny fingers, and toes, of all the small parts of this child. It seems incredible, but there it is. The newborn baby is complete. The child has all it needs, physically. That which creates, or makes-up, the pieces, and parts, of this child's anatomy is the same as the largest of the adults, standing around in awe at the little fingers, and toes, little ears, and lips, and nose. Pay attention to what you see around you today, because each is complete in its own way, from the flowers, to the trees, to little nose on the face of the child. Every creation is complete in its wholeness. Do not look, so much, for size, to be impressed, rather look for the smallest, and be in awe, of how within the smallest there is held all that is in the largest, each creation having all it needs.

September 10, 2021

When you hold a piece of fruit, in your hand, and it does not matter whether it is an orange, or a pear, or an apple, when you hold that fruit, in your hand, you see it, and know it, as what it is: an orange, or a pear, or an apple. You notice the outside layer, the skin of the fruit, either appears perfect to you, or carries a slight scar. Still, it is that piece of fruit you intend to eat, to nourish your body, for the nutrients within it. And you bite into this piece of fruit, and the taste is good, and you take it within yourself, and all the nutrients move into your system. The apple, the orange, the pear, that which they hold is moving within you, digesting within you. But at the core of that fruit is the seed, the seed promising continued life, if it is not discarded, but planted, so it might grow, and produce more fruit. I give you the gift of life, eternal life, and that life, the eternal life, is the seed. It continues to grow, and produce fruit, forever. Right now, you have wrapped around your eternal life seed a body of Earth. And your body might appear perfect, to most, or it might bear scars, but none the less, that body has the ability to help others, feed others, nurture others. But to get to the eternal life, you must shed the Earth body, and return to the seed, that is you, eternally you.

And The Holy Spirit says:

To understand some of the great mysteries it only takes for you to really look at what is around you, the fruit you eat, the flowers you enjoy, the trees, which shade you, the waters of the Earth, which keep you hydrated, and carry you places, and cleanse you, and cleanse the Earth, all of these things around you. Take a look at them, because they carry the answer to many mysteries, if you will go to the core, of that which you are seeing, at that time. Go deeper, so that you might be wiser, as you walk upon the Earth.

September 9, 2021

When it is your intention, to hike through a valley, so that you might reach the base of a mountain, that has caught your attention, you do not lose sight of the mountain. As you hike through the valley, you keep the mountain in sight. And the mountain does not diminish, as you grow nearer to it. It seems to grow larger, and larger, until you stand at the base, and you look up, at this majestic mountain, rising-up to the sky, and you put your hands on it, and you feel it, and you know you have reached your destination. That, which had captured your imagination, and your thought, that, which had called you, all The Way across the valley, was yours. You made it to the base of the mountain. I AM The Mountain. You are the traveler upon the Earth. Do not wander around the valley, getting turned around, or going off in the wrong direction. As you make your way, through the valley, keep your eye upon Me; and you will reach the base; and you will climb The Mountain; and you will rest in My arms; and we will see, all that I wish to show thee, together.

And The Holy Spirit says:

When something catches your attention, it is for a reason. You are being called, in that direction. Check to make sure it is the direction of light. Do not follow your focus into shadow and darkness. Make sure it is of the light, and then continue to keep your focus, on that, which is drawing you, into a new day. It is a spiritual journey, with signs all along The Way. But to master the course, you must learn to see the signs, and read the signs, so you might know The Way, so you might make your way, through the valleys of Earth, and reach The Mountain of God.

September 8, 2021

Those who live, in darkness, and shadow, are like individuals, living in a building, with no windows, and no source of light. Your eyes can become accustomed to darkness, and shadow, and you can see, somewhat, but your sight is limited. And those obstacles, that are on the floor, all around you, are often unseen by you, when you are living in darkness, and shadow. There are trips, and falls, and stumbles, because there is no light, to show you the way, to get from one side of the room to the other, from one floor of the building to another. You do the best you can, but still, you cannot see what you cannot see. And there are mishaps, all along the way. If you feel you are living in darkness, and shadow, be it great, or small, I reach-out My hand to you, and say, come, follow Me, into the light, of a new day.

And The Holy Spirit says:

Those who live in the light can see clearly, the barriers, and obstacles, that are scattered around them, or set before them. And in the light, it is possible to move around, without stumbling, or falling, in any way, because with the light you see, what is set before you, and you know to avoid it, or go around it, or step over it, but you do not get caught-up in it. There are less mishaps, when you live, in the light. Turn on all the lights, within you. Shine your light, brightly. Step over every obstacle, and challenge, and go on your way. Continue to live, your life, in the light. Avoid darkness, and shadow. And if there is temptation into it, reject it, outright. Turn around, and return, fully, to the light.

September 7, 2021

Do not continue longing for that, which is in the past. Do not use up the hours of the day, with you, reaching toward tomorrow. Be where you are, right now, using the wisdom of the past, and the promise of tomorrow to create the perfect day, that is with you, now. Accept the changes that come, with the continuation of creation. What does stay the same? Certainly not you. You started small, and then you grew. The mountains, the majestic peaks, once were at the bottom of the sea. The butterfly around you was once crawling on the ground. There is much change to be accepted, as you move forward, through your eternal life. Think eternity, because the present piece of eternity is where you are to be, now.

And the Holy Spirit says:

The changing, of the seasons, is a delight to observe, reminding us, that there is change, but each change deserves its own place of importance. The flowers, of the spring, will go to seed, the flowers, of summer, will go to seed. The green leaves, on the trees, will observe autumn, and fall. And then, there is winter, perhaps the quietest of them all, a time of introspection, a time of stillness, until the seeds, of last year's spring, surface, once again, with the beauty they bring. Accept where you are, the season that is yours, taking the wisdom of the past, as a treasure, a compass for tomorrow, yet held in today. Do not let today slip away. It is your present piece of eternity.

September 6, 2021

The way, you choose to live your life, is an outward sign of that which is going on, within you. Pay attention, to the outward signs, you are showing to others. Pay attention, to the outward signs, others are showing to you. In this way, you will know what to do, for yourself, on your journey within; and you will understand others, the place from which they begin; and you can bless them, and understand, and be more compassionate with others, and with yourself. Check the outward signs, and then do the work necessary, within, to project, from yourself, light, and peace, and joy.

And The Holy Spirit says:

Pay attention, to what is going on around you. Pay attention, to how people move, the pace of their gait, the sound of their words. Pay attention, to the outward signs, for they are often more important than the words, being spoken. Pay attention, to that which you are creating within. Do not hesitate to go within, and make the necessary correction, to change your perspective, ever so slightly, so that you might reflect God's Light and Glory. It is a goal worthy of attention. Make any correction today, and then shine The Light of God, every way you can. In every opportunity, that presents itself to you, be The Light of God, upon the Earth, with all you say, all you do.

September 5, 2021

I wish for you to know The Way it really works. I wish for you to know The Way to perfection. As Mother Earth provides, for your physical needs, I provide, for your spiritual needs. It is a union, of providing, what is needed. It is a communion, so that you might have all you need. It is perfection, and you are part of this circle of perfection. When you were told, to love your enemy, the only way this is possible is to stay open to My Love, which flows into you, and let it flow through you, out to all you meet, friend, and foe, and family, alike. In this way, you are being perfected, as My Love flows into, and through you. And those, who are touched by My Love, flowing from you, are touched with perfection, as well, because I AM Perfect Love. I do not withhold My Love from anyone. I AM Love. Therefore, that is what you receive. There are no diminished proportions, except when one shuts themselves away from the flow of The Love. But it is still possible for them to receive it, as it flows, from you, to them, with a smile, or a kind word, no matter what the relationship might be. Your primary cause for action is to be the conduit for My Love.

And The Holy Spirit says:

The word 'perfection' is rejected most often. In fact, you hear this statement many times, "I am only human." You deny your perfection, and your perfection lies in God. But, when God's Love is flowing, into, and through you, that love is Perfect Love; therefore, you are filled with The Perfection of God. And that is the only way you can reach-out, and let it flow, from you, to foe, and friend, and family, equally, without diminishing God's Love, in any way. To perfect this act of Perfect Love takes practice. You must be willing to stay so connected with God that you feel God's Love within you, and, with intention, you let it flow, from you, to all you meet, because God's Perfect Love cannot flow into, and through, you, without marking you, without enriching you, without holding you, in Perfect Love. Do not reject this thought of perfection. Do not reject the goal of perfection, because it is possible, when you are the connection between God and another; between God and you; between Heaven and Earth. You are one in The Circle of Perfection.

September 4, 2021

I call you to sit with Me, here, atop this mountain peak, where all is spread around you, and before you. It is the creation of Earth. Look, and see, and feast your eyes upon, seas of flowers, rich in color. Look, and see, seas of wheat, moving in the wind. Look, and see, the oceans, and bodies of water. Look, and see, the towering trees, and the moss, clinging to the rocks, and the soil of Earth. Look, and see, and know that, as much as I love all these, that which is set before you, in such beauty, I love thee. Yes, as much as all of creation, the sum of all that you see, before you, I love thee; for you too are My creation. You are as beautiful, and precious, to Me, as the vast fields of flowers, and grain, the oceans, and rivers, and streams, the mountains, the trees, the valleys, the hills, everything you see. You are My creation, and I love thee.

And The Holy Spirit says:

When you are walking in nature, anywhere you might roam: sometimes, the beauty of a sunrise, or a sunset, brings you to tears; sometimes, the silence, of the forest, is as music to your ears. All creation holds wonder, and as you see the wonder, you are held in awe of it. Now turn that around, and realize, that all the wonder you see, is in awe of you, a creation of God, an eternal being, a child of God.

September 3, 2021

I wish for you to know the joy of a clear, and clean, conscience. I wish for you to live without regret, to live without the burden of past events, bothering you, worrying you. I wish for you to live without the desire for revenge, or retaliation. To be able to do this, joyful living, you must be willing to clean, to clear, and to work, to free yourself of these burdens, which can be heavy. Free yourself of these burdens, even if they are light. Get rid of them. Forgive yourself, and forgive, all others; and begin this forgiving process today, as it is necessary for you to live in abundant joy. At the present time, you are dragging around regrets, worries, concerns. You are thinking unkind thoughts of other people, and situations, and these thoughts weigh you down. You cannot live, to your full potential, until you turn around, and begin cleaning, and sweeping your thoughts free of anything other than light and good. You can do it. It is possible. If it were not possible to do, I would not ask you to do it. Do it, today.

And The Holy Spirit says:

In order to live a joyful life, you must be willing to clean your thoughts, your words, your deeds, your inner chambers. You cannot live a joyful life, when your physical dwelling place is dirty, and cluttered, and filled with litter. Someone must clean your physical dwelling place, be it you, or another, but it must be cleaned. And it is the same with your thoughts. Bring to the center, of your awareness, thoughts that are pure, thoughts that are holy, thoughts that hold a sacredness to them. Do not go into shadow or darkness, as it is a maze of confusion, with litter piled-up, and debris scattered, all around. If you dwell in shadow or darkness, that is what you carry with you, every day. Free yourself of the baggage of the past, so you might live in joy, in the present. And the best way to start doing this is the practice of forgiveness. Forgive.

September 2, 2021

Surrender. Relax. Come into My Love, flowing constantly, unabated, and I will lift you up, for in the surrender, you are surrendering all your fears, and doubts, and anxieties, and worries. Surrender. Give them to Me, and I will hold you, and you will be free, relaxed, floating in The River of My Love for thee. It is the only way to be at peace. Give all your concerns to Me, and come, into The River of My Love for thee.

And The Holy Spirit says:

When you are learning to float, on the water, your teacher tells you to relax, be still, surrender your fear, or worry, that you will drown, put your head back, and breathe. And once you have accomplished, all that is asked of you, in that particular situation, you are floating, on the water. You are buoyed by the power of the water, which is holding you, and lifting you up. Do the same with God. Relax. Surrender all your worries, and fears, and concerns, and put your head back, and you will be enfolded in The River of God's Love, and you will find peace there. Be at peace.

September 1, 2021

The hallways, and corridors, and rooms, of Heaven, are filled with the reflection of the creation, the creation of life, all life. And, as it lives, this "all of life," it might change form, and move to different places, it might transform, and ascend, and take on properties, but it lives. All creation, My creation, is of Heaven. Mother Earth, My creation, of living planet, brings forth new life forms, into trees, different trees, different vegetation, and it is a continuation of My creation, all living, all changing, modifying to fit, where it is, at the present moment of eternity; all of it living, and this includes you. You are of My creation. My creation continues, in you, and through you, and you change, and you modify, but you are as perfect creation, living in the moment of eternity, where you are, right now. Creation continues. Where I said, there is life, there continues to be life. The life might change form, and transition, or modify to fit the position, of where you might find yourself, at the present piece of eternity, but you are still living. That which I created shall never die. It lives, and this includes you. Look around at My creation, continuing now. See it. Know it, as My creation, and then know Me, within that which you see, for I AM with you, in My creation, that is continuing, within you, and all around you. See Me.

And The Holy Spirit says:

Pay attention to that, which you know, within your being. Pay attention to the creation, happening, and continuing, all around you. The flowers, the rivers, the streams, the trees, the rocks, they are all a continuation of The Great Creation of The Great I AM. God's creation is continuing. God gave life. Life does not die. God is with you, now. Look around, then go within, and meet your Creator, God.

August 31, 2021

When you make a statement that you will do something, or will not do something, you are stating your will, your will that something be done, according to how you will it to be done. You can say, "I will go with her, but I will not go with him." You will it, therefore it is. Think on the power, that you have, by saying that you will do something. You can make the decision that you will not do something, but I want you to focus on what happens when you say, "I will." You change your thought patterns, by pronouncing, that you will not dwell on something, you will not allow it into your thoughts. And you work to cast it out of your thoughts, to do away with it. It is your will. And you pronounce your will, when you say, "I will not think of that." I will not give it safe harbor in my thoughts." You do the same thing, with the words you speak, and the deeds you do. "I will." "I will." And you make the pronouncement, and it is done. I wish for you to ponder the power that you have with your will, because, when you say, "I will," it is done. You are misusing this power. You do not understand the power of it. Understand the power, held within your will to do something.

And The Holy Spirit says:

A good parent introduces their children, at a very young age, to the importance of being positive. And these lessons often include, teaching them to say: "I will be stronger." "I will run faster." "I will learn to read." "I will grow to be the best I can be." "I will get better, with each day, as I try." You are teaching the children the power of their will, in this way. And your Eternal Parent wants you to remember, as well, the power of your will. "I will be still and quiet." "I will hear The Whisper from within." "I will draw nearer to God." "I will walk The Way." And it goes on and on, as your will is powerful, in a spiritual way.

August 30, 2021

There are energies of good and light, and there are energies of darkness and shadow. These energies exist because My children, upon the Earth, create them. And once they are created, they live. I wish for you to know the power of that, which you are creating, within you, the energy, that you are creating, within you. When you are exchanging words, with another person, when they are words, good words, filled with light, and love, and compassion, there is a feeling to that energy, created between two people. And it is so real, you can taste it, you can feel it. You know, in that particular instance: how it feels to offer compassion and understanding; or, how it feels to receive compassion and understanding. You feel it. And it is often a taste, in your mouth, you sense it, because the creation of the energies of compassion and understanding, also interact with your body chemistry. There is peace in your mouth, there is freshness in your mouth, because there is compassion being created, good being created. And that is what you experience. When you are having an argument, with another person, and it is fierce, and ferocious, and you can feel your blood, pounding in your head, as you swap, word for word, antagonistic, unkind, darkness and shadow, you are giving, and receiving, and you feel it. You feel the anger. You feel the hatred. You feel the resistance of hearing what you are saying, or your resistance, refusing to hear what the other says. It is a battle. It is a battle of words. And you feel what you are creating, and what the other person is creating. And you taste it. It is bitter. It is not sweet. Your heart is pounding, because creating the anger, and the hatred, is interacting with the chemistry of your physical body. Whatever you are creating, you feel, and you can often taste. There is a residue in your body, because of what you have created. This I wish for you to know.

And The Holy Spirit says:

When you go to the grocery store, or wherever you go to purchase your food, the food you are going to prepare for your family, you choose the best, the ripest, the freshest. Your choice can even be change because of a spot, or a bruise. You do not go to purchase food, seeking that, which is spoiled, and damaged, and over-ripe, and carries an odor with it, because it is going bad. Be just as careful, and mindful, about what you are creating, within your body. Whatever you create lives, and impacts, your physical body. Your spiritual creation impacts your physical body, sometimes greatly, sometimes in a minor way. But no matter, the impact is there. Choose the finest thoughts, the richest words, and these will perform, in a marvelous way, for you. And all the deeds you do will be touched by the light. Choose the best you can, and create, with that intention, and the environment will be blessed. The environment will be of The Light, existing for The Glory of God.

August 29, 2021

There is a valley of indifference, created by those, who feel that the ways of the world are so harsh, and challenging, that they can do nothing to make things better. So, they lose hope, hang their head, and move through each day, without much to say, about the good, and they cannot bear to speak, about the bad. It is a dismal valley. It is not verdant. There is no river, running through it. It is rocks, and stones, despair. Do not allow what is happening, in the world around you, to drive you to the edge of this valley of indifference, because there is something you can do. Beginning, from within you, create a sacred space of peace, by coming to speak with Me. And from within you, this sacred space will move through you, and out from you. And as you move through each day, and we talk, I will say, "Look around you." I will point, and direct your attention to the beauty of Earth, as I see it. And you will see Earth, through My eyes. And while chaos and confusion swirls around you, you will reside in your sanctuary of peace, a sacred place to be. You will invite friends to visit, strangers to enter. And then, when they feel the peace of your sanctuary, created from within you, they will depart from you, and they will create their own sanctuary, their own sacred space. And soon, these places of peace, created from within each one, who is seeking peace, will grow, and will begin to touch, and form communities, of sacred spaces, welcoming strangers, and visitors, families, and friends. This is how peace, in the world, begins.

And The Holy Spirit says:

You cannot create a sacred space for family or friend, but you can create your own. When you have a garden, be it flowers, or vegetables, or fruit trees, or nut trees, family and friends come to see the gardens, maybe they even benefit from the food of the garden, or the fruit of the garden. But you give them, sometimes, a cutting, or a small plant, and they take it home, and they plant it in their yard, and their garden begins to grow, like your garden grows. It is the same thing when you are creating, from within you, a sacred space of peace. It does not stay within. This peace vibrates, it is an energy, it is living, you have created it, and it moves through you, and out from you. And when others come close to, and around, you, and feel your peace, they too desire to be in a sacred space of their own. And it is much like giving a plant, or a cutting, to another friend, to take home. You are sharing, what you have created. Much can come from what you create, within you. Make sure it is holy, and good, and pure.

August 28, 2021

Treat each person, you encounter, with dignity and respect. It does not matter, how old they are, or how young they are. It does not matter, whether they are sick, or healthy. It does not matter, whether they are in need, or have need of nothing. Treat all you encounter, each individual, with dignity and respect.

And The Holy Spirit says:

Each child of God is worthy of respect, is worthy of their dignity, is worthy to be treated with kindness, and compassion. For by doing so, you are not defining the others, the ones you encounter, you are defining yourself. Begin practicing, to show respect, to each one you meet. After much practice, it will become natural, so that each encounter is treated with dignity and respect. And that is who will become, a person of dignity and respect, because as you give, you too shall receive, dignity and respect.

August 27, 2021

All those good intentions, which remain undone, remain intentions, which still can be done, if you gather them up, and address them, one by one. Once that is done, there is no nagging feeling, in your thoughts, and concerns, that there is something you could have done, but remains undone. Be quick to address this issue today. Address it in your thoughts, and in the words you say. Address it in the prayers you pray.

And The Holy Spirit says:

Each of you has a collection of noble thoughts, and desires, good deeds, that have come to you, during various parts of your life. Yet, for some reason, they remain undone. Let today be the day you check that list, and bring back, to the fore, all that you wanted to do before. It is not too late to take that, which remains undone, and do it. Do it for The Glory of God, all those good thoughts, and words, and deeds, do it. There will come a day, when you will be happy to say, "My deeds are done, and they have been good. My words have been spoken, and they have been good. My thoughts are a fertile field for that, which is to come. I will do it and leave nothing undone."

August 26, 2021

When there is choice to be made, be mindful of the choice you make. If you immerse yourself in a sea, in a body of water, that has been polluted, with garbage, and disease, that water goes into your eyes, and into your ears, into your mouth, and into your body. And it carries with it sickness, and disease. But if you choose the pristine body of water, and immerse yourself in it, the purity of the water moves into your eyes, and ears, and nose, and mouth, and it supports health. Choose wisely, the body of water, in which you immerse yourself.

And The Holy Spirit says:

If you surround yourself, with a sea of people, who are harboring dark, shadowy thoughts, speaking words of anger, or hatred, or revenge, or retaliation, this has an impact on you, because these words, and these thoughts, are moving into your ears. Your eyes are seeing it. Possibly your lips are speaking it. And this sea, of pollution, has an impact on your body, with disease, and sickness, of a social nature. If you surround yourself, with a sea, of individuals, whose thoughts are higher thoughts of light, and compassion, and understanding, whose words are of kindness, and joy, and light, then that is what moves into you. Your ears hear the words. Your eyes see the deeds. And your lips speak, and the words, that flow from you, are mirrored all around you. They are words of peace, and joy, acceptance, and love. And in this sea, there is support for health, good health, of body, soul, and spirit. Choose wisely. Choose The Light, and you will be The Light.

August 25, 2021

Out of the smoke, and fire, of chaos, and confusion, will come bands of darkness, and shadow, which were created, within the chaos, and confusion. And when you see this coming, be still. For they will ride passed you. They will not see you, because it is My will that you shall be protected. And My arms will enfold you, until it is passed, and the sun has come again. Do not fear that which appears to be threatening to you, for I AM watching over you, and I AM with you. These things shall pass from you, and you will walk in My Light.

And The Holy Spirit says:

There will come some days, as you journey upon the Earth, when it seems dark, and shadowy. You do not know which way to turn, or where to go. In these times, it is often the case, that your throat feels strangled, and you cannot even call-out for help. When you face such threats, be still, and know that I AM within you, that Heaven is near to you, that you are a child of God, and no harm shall come to you. Be still, until it passes, and then rise-up, and walk.

August 24, 2021

The hands of mankind will build, will assemble, will put together many things. And they will stand tall, and they will receive attention, as the buildings rise, and the bridges span the rivers. But everything that the hands of mankind builds, and constructs, and assembles, and puts together will crumble, and fall, one day. But the heart of mankind will create, and these creations, these things, that spring forth from the spirit, and the soul, shall never die, or fade away, because they are the creations of love, and compassion, and forgiveness, and understanding. They are creations of charity. They are creations of the soul, and the spirit, fueled by the heart of mankind. And these things, will not crumble, and fade away. They are eternal, and shall live forever, just like you.

And The Holy Spirit says:

It is good to build, and to assemble, with your hands, using the knowledge that you have gathered, or the ways you have been taught, but understand that there is greater. God will teach you. And the building blocks for eternity will be not steel, or mortar. They will not be made of wood, or stone. The building blocks for eternity are all the good that comes from your soul, and spirit, created by your heart. The food you give to the hungry will go away. But the gift of charity will stay. The tools, you use to fix broken bones, and mend shattered arms and fingers, these tools, will fade away, as well. But the kindness will live forever. Use the things, of the world, to assist you, in delivering the eternal gifts. Bless everything you do, by the kindness, that comes from you.

August 23, 2021

I wish for you to know, the power, of the purpose, for the mission, in your life. You have, within you, the ability to accomplish all you are meant to accomplish, and to meet your destiny, with success. It requires that you answer the call, from within. Ignore the temptations, all around you, and go within; because within, is where you will find the direction, and guidance, to do exactly what you are meant to do. You might find this difficult to accept, but you are unique, in that your mission is for you. It is designed to be completed, using the gifts, and the talents, you have, within you. Come, sit with Me today. And after we sit together, you will rise-up, and feel you have been renewed, in the desire, to do that which you are meant to do.

And The Holy Spirit says:

You are the only one, upon the planet of Earth, with the mission assigned to you. Now, you might look around, and find others doing, that which you feel you are meant to do. But still, within each similar mission, there are pieces, and parts, that are unique, designed specifically for each one of you. The combination, of what you hold within, is what will make it possible for you even to begin. And the use, of the combination, of the gifts, and talents, within you, will guarantee, as you begin, that you will make it, to the end of your mission, upon Earth, with success, and accomplishment. Resist the temptation to be exactly like others are around you, and embrace the possibility that God has created you for your specific mission; and you are worthy of the mission, and you are able to succeed, because it is in The Divine Plan, and has been written by The Sacred Hand of God.

August 22, 2021

No matter what you are going through, today, and even if I seem, to you, to be far away, I AM with you. I AM near to you. It is always true. But sometimes, what is happening, in the world around you, clouds My Presence, so you feel Me less. Storms move in, and you feel blocked, and alone, but this is not the truth. The clouds, and the storms, are preventing our close communication. This is why it is important to not stay, or sit, within a cloud of doubt, or confusion, or anger, or hatred. Remove yourself, quickly. Blow the storms, and the clouds, away, and you will feel My Presence stronger. That part is up to you. You must do, what you must do, to maintain that clear communication, with Me, for I AM always with thee.

And The Holy Spirit says:

Your life upon the Earth is often like life upon the stage. Something is happening, there are characters, there are roles, there is scenery, there is singing, and dancing, and moving. It seems it is constant. And it is. But the audience, those who come to observe the life, happening on the stage, cannot see, what is occurring, at all, until the curtains are lifted, and they see. They see clearly what was happening all along. But they could not see because of the curtain, separating the audience from those in the play. Keep your curtains pulled, do not block what is happening. I AM with you. I AM within you. Do not drop the curtain, and go sit in a corner, alone. Bring up the lights, raise the curtain, and let us see what will be, together.

August 21, 2021

You have the power, within you, to strip from you, grief, and sadness, loneliness. You have the power within you because it is My power, within you. You have the wisdom, within you, to know that you are not meant to live in sorrow and depression. You have the wisdom, I know, because I sent you the wisdom, with the coming of The Holy Spirit. Therefore, it is incumbent upon you to push through those feelings of sadness and sorrow, grief, even neglect, or rejection. Make the statement that you know I love you, that you know The Wisdom of Heaven is within you, that you know you are a child of God. And with each statement you will grow in understanding that you are not alone. You will never be alone. I AM with you. You will never lack for guidance. Wisdom is within you. And you will not lack for an example. Jesus gave it to you. Reinforce what you know, and as you grow in it, the sadness, and sorrow, and grief, depression will wither, and fade away, and you will rise-up, to greet the new day, free, light, and loved by Me.

And The Holy Spirit says:

In your darkest hour, you always feel alone, even if people are crowded all around you. You can walk, through a sea of faces, and be desperate, for friendship, and a kind word, and compassion. These things, that grip your soul, and spirit, and tear into your heart, these energies, are created by the spirits of the dark and shadow, tempting you away from The Light, telling you everything is wrong, and nothing is right, telling you, possibly, how evil you are, or how unworthy you are. And these are all lies. Before you even get to that place, prepare what you will say. And say it every day, the list of who you are. And begin with, "I am a child of God." "I am loved by God." "I hold The Wisdom of Heaven within me, and I am not alone." These words, and others, you might choose to say, will lead you out of darkness, into The Light, and you will be back on your way, making your journey, over the Earth, the adventure of a lifetime.

August 20, 2021

Picture an outstretched hand, and, in that picture, you will find endless possibilities: accepting, giving, receiving, offering. The outstretched hand is filled with potential, for good. It is different from the clenched fist of anger, or denial. When the hand closes, and forms the fist, there is no room for giving, and accepting, for offering, and receiving. Picture, the outstretched hand, and accept it, embrace it, and offer your own.

And The Holy Spirit says:

If you find that you have closed your hand, possibly out of fear, anger, frustration, denial, rejection, whatever the reason might be, draw your fingers away from the fist, until your hand is open. Do not resist. An outstretched hand, overflows, with endless possibilities, and is filled with stories, bringing The Light to all. Do not deny the outstretched hand, any longer. Embrace it as your own.

August 19, 2021

Resist the temptation to fall into the ways of the world today, concerning yourself with what is going on here, or there, engaging in arguments, verbal battles. Choose to turn from that, for this day, and let your eyes seek out nature, Mother Earth, in all her glory. Sit, as a child would sit, on the grass, and watch the worms, move in and out of the soil. Walk amongst the trees, in quiet, and hear them speaking, the language of trees. Go into nature, wherever you are, and stories of creation will fill you, with awe and wonder. And when the end of the day arrives, and the sky above you is filled with stars, look up, and see, so you might know, the glory all around thee. This is what is important. Connect with that, that grows from Mother Earth. Connect with those you encounter. Connect in a spiritual way, and you will bless, and make sacred, this day, that is with you.

And The Holy Spirit says:

Sometimes, to avoid that, which must be addressed, within you, you turn on the music, you join groups of chattering people, you make noise, to drown out the whispers, from within you. I AM within you. I hold The Wisdom of Heaven. Do not drown it out, with chaos, and confusion. Sit, and let it be, and I will guide thee, until you hold wisdom, in your heart, and dedication, in your hands. And the lesson goes with you, as you go out, and meet, your brothers and sisters, on the highways, and the street. But first, sit, and gain the wisdom, so that is what you deliver. Sit with Me.

August 18, 2021

Process, and procedure. There is always a defined way to accomplish a goal. You find it easy to follow directions, when you are traveling, from one point, to another, and you have never traveled that road before. You follow the direction. You do not start, your journey, and end it, immediately. You must travel, the highways, and byways, to reach the destination, that could be hundreds of miles from your door. You do not crack an egg, and add some flour, and put it in the oven, to cook, to bake. You must follow the recipe to prepare it for the baking. You must follow the direction, so that you might arrive, at your destination. There is process, and procedure, that leads you to your goal, that leads you to accomplish that which you wish to do. And it is the same with your spiritual life. You must practice being still, and quiet, so you can hear, the guidance, and direction, which will lead you, one step at a time, toward the goal of comprehension, and enlightenment. And while you might walk, with many others, the process, and procedure, is a solitary state. You go within, and pass through the gate, leaving those you are walking with, so you might see, what you need to see, and hear, what you need to hear, so you might go, where you need to go. Spiritual advancement, process, and procedure, practice.

And The Holy Spirit says:

The athlete does reach the desired goal, immediately. An athlete is tried and tested on the field, in the arena, until, through process, and procedure, and practice, the physical goal is attained. And it is the same with your spiritual goals. You do not begin with ultimate accomplishment. It is a journey, and you will be tried, and tested, on the field, and in the arena. And, after much practice, the goal will be accomplished. You will live as an enlightened being. And, all that happens, around you, in the world created by man, will not sway you, or knock you down, because your strength, is within, where you found true guidance. Process. Procedure. Practice.

August 17, 2021

Every decision you make, every choice you make, has an impact on those around you. Sometimes, it might impact only one other person. And oftentimes, the impact is felt, mostly, by you. Decisions, and choices, make a difference. An individual can make a choice, on one side of the planet, and it has an impact, on an individual, on the other side of the planet. There is not one choice, one decision, made, that does not have an impact, in some way. You might not consider this, each time you are making a decision, or a choice, but it would be good for you to do so. Just thinking of this will often be the prompting, you need, to make a choice that is of light, to make a choice that is not for retaliation. Be mindful of your choices, and your decisions. They are your choices, and your decisions, yet the impact is felt by others, even sometimes, others on the other side of the planet.

And The Holy Spirit says:

When the decisions, and choices, made by others, do not settle well, with you, reject the idea to retaliate, reject the idea to get angry, or spiteful. The only response, you should consider, would be to be still, and fill yourself with the light. Hold your tongue, until the light has moved you to speak words, which are of peace, and the truth of God. Such words will calm anger, and hatred. Reject the idea of retaliation. Do not make that a decision. Do not make retaliation a choice, which you would even consider. In today's world, the world in which you are living, at the present time, you will meet the challenge, seeming to require you to react, to what another has said, or done. Be mindful. Be careful. Be vigilant. Do not fan the flame of anger, or hatred, or judgment, or cruelty. Make the choice, and decision, to stand in the light of God, and stay there. Today, refuse to react to actions that seem harsh and cruel. Let your response come from God, and often, it is the language of silence.

August 16, 2021

When you are driving into, and through, a tunnel, you turn the lights on, so that others might see your vehicle, and you might see the way to safely pass, through the tunnel, into the sunlight, once again. You would not enter the tunnel without turning on the lights to your vehicle. It would be dangerous, for you, and others, for the occupants of your vehicle. Pause, and think, on this. When you are in a dark place, trying to get out of the dark place, into the light, once again, do not stumble in darkness. Turn on your light, the light, that is within you, and let it be the light that guides you to safety. And let it be the light that others see, as well, so they receive a sign from you. You are never the only one, walking in darkness, so turn on your light. Do not stumble and fall. Turn on your light, and then progress, through the darkness, until you are in full light, again.

And The Holy Spirit says:

Every time that, shadow, and darkness, seems to envelope you, remember what you do when you go into a tunnel, driving a vehicle. Remember that, so it is a sign to you, to stop, and turn on the light, that is within you, even if it is a flicker. Fan it, fan the ashes of the light within you, until it is a flame. Fan the ashes, or the flicker, with a prayer. Speak the name of God, and the flame will grow higher, and higher, and you will make it through the shadow and darkness, and you will be a light for others, and your light will show The Way.

August 15, 2021

You can talk about, the wind. You can have conversations, about the aspects, of the wind. But you can only feel the wind, and know the wind, when it is with you, when it encircles you, when it moves over you, when it caresses you. The wind can rise-up, and the wind can settle down. The wind can carry seeds, and spread them, all around. The wind can bring the rain, and blow away, the storm. The wind can cool you off, when you are hot, or too warm. But then, the wind does settle down, and what is left, for you to say, is what the wind did, on that particular day. But you remember, always will, how it felt, when all was still, and then, the wind did rise-up, and touch you, in a sacred way.

And The Holy Spirit says:

I AM The Wind. I move, and you feel My presence, with you. I bring, to you, The Wisdom of Heaven, held in The Wind. It is as if I AM bringing seeds, to scatter all around, but the seeds, that I carry, in The Wind, I sprinkle, upon you. And they are there, to grow, in what you think, and say, and do. I AM The Wind, and I settle, within you.

August 14, 2021

I wish for you to know The Way is set before you. And even when this is so, it still requires focus, so that you can go, on your way, without falling, or stumbling. Do not be distracted from that, which is set before you. It is the path for you. Do not veer to the right, or to the left. Stay on the path that is meant for you. Sometimes it will appear fluid, as water. Sometimes it will appear, as ice. Sometimes it will appear, as sand, golden. Sometimes it will appear, as grass, green. But the path will be clear, because it is set, before you. Pay attention. Be mindful. Resist distraction, and move, through the day.

And The Holy Spirit says:

When you are driving a car, or even a bicycle, riding a bicycle, you pay attention to where you are going, because, if you look off to the right, or left, your attention goes right, or left, and soon you find your car has veered right, or left, and the same with the bicycle. And you can apply this, to your spiritual direction. You can apply this, to focus. Distraction will lead you off in another direction. Pay as much attention to your spiritual direction as you do to your vehicle, when you are driving, to your bicycle, when you are riding, and even to walking. If you do not know where you are going, if you are not watching where you are going, you will bump into something, or you will stumble, and fall. Take these everyday lessons, these practices, and apply them, to your spiritual direction. Stay focused. Resist distraction.

August 13, 2021

I wish for you to know how to love all people. You know that I AM love. I do not have to try to love, because I AM love. And you can do the same. Train your heart to dwell in love, and the exercise, with which you do this, is to talk to yourself, each day, and keep yourself in a loving way, by being kind, and considerate. Love will grow, within you, and then you just walk into a room, and love radiates from you, touching all you encounter, without saying a word, because in the work you do to create love, within you, you are working toward being love. Being love, that is the goal. And that is The Way you can love all you encounter, throughout the day. Be love. I send My love out, and those, who wish to embrace it, embrace it. Embrace My love. Take it within you. Magnify My love, that is now, within you, with words of love, coming from you. In that way you are creating a new love energy, the combination of My love, and your love. And it is powerful. Stoke the fire, so it burns, and consumes. Feel it growing. Love, within you, will consume any darkness and shadow, and it will be taken from you, because of the new energy of love created within you.

And The Holy Spirit says:

Turn toward God. Open yourself, and breathe deeply, and draw in the love that is God. And that love, that is within you, that is God, can be magnified by you, and your intention, and everything you think, and say, and do. But it can also be diminished by you, and your intention, or desire in thoughts, words, and deeds, as well. This is something you do, actively creating, actively magnifying the love, that is God, that is within you. Hold the gift. It is sacred, and holy. But do not let it stop there. Create, with God, a more powerful love, and that love will be you. You will be love.

August 12, 2021

I reach-out, and gather you, into the protection, of My arms, and My love for you, and especially those, at this time, whose hearts are tender, and quick to tear, to cry. I gather the wounded, and hold you, and touch your heart, and heal it, in My light. I heal you so that you might rise-up, and walk, amongst your brothers and sisters, and give to them that which you desire. I heal your heart, so you might heal others, with My love, and My light. Do not turn away from those who are crying in the night. Turn on the light of My love. I gather each of you, into My arms, and protect you, and hold you, and love you.

And The Holy Spirit says:

Do not allow the wounded amongst you to go hungry for love. God will touch your heart, at the right time, and send you forth, to do the same, carrying the power of God, within you, the power of love, and the power of light, so that you might feed the wounded, who are starving for love, with a gentle word, and a bit of God's light. What they can hold, and what they can stand, will be enough, for their weary hand. And when you depart, and when you go, there will come a whisper, within them, and they will know, that they were kissed by God.

August 11, 2021

I wish for you to know The Way, and walk in it, so confidently, that there is no hesitation. And this confidence will come to you when you bring every decision to Me. I will show you The Way, and then, it is up to you, to walk in it, or not. Do not let your forward progress stumble, and stall, because there are some around you saying that it will not work, it cannot work. Do not let your forward progress stumble, or stall, because of some around you, who questions what you are doing. I sent a Counselor to guide you. There is no need to question. Complete your destiny. Follow.

And The Holy Spirit says:

I AM here, within you. Do not let the doubt of others cloud your vision, as well. For, I will not fail you. And, if you feel as if you are in chaos, wearing shroud of doubt, fearful of what you should do next, you must clear yourself of all this negativity, unclean spirits, some cast upon you, by the doubt of others, some created, within you, as you listened, and accepted the doubt of others. The Way will be made clear for you, but first you must do what is necessary to do to keep yourself clear, and sit in prayer about all decisions, needing to be addressed. Come, sit, and be at peace.

August 10, 2021

Everything you do today can be blessed, and made sacred, in every way. You can infuse your daily chores, and work, and play, by bringing Heaven to each project. If you will take the opportunity to do that today, you will feel My Presence more profoundly, and your life will begin to change, for the better. Before you work on the computer, bless your project. Before you do anything, bless your project. And set the intention that you infuse it, with the energies of Heaven. You can do this. Thus, making everyday tasks, and chores, of great value. You can spend this day in the Heaven you create, by everything you do. When you bless it, it becomes sacred. Let all you do be so.

And The Holy Spirit says:

No matter what you do today, or who you see, or where you go, you can infuse a piece of Heaven in your travels, or in your stay. Take the opportunity to bless everything you do today, and you will feel the difference, and you will know The Way.

August 9, 2021

Remember, your eternal life does not start when you pass, when you transition, when you leave your earthly body. You are already living your eternal life. Your life, as you know it now, is a piece of your eternal life. So, as you create your days, and string your days together, one after another, until your time upon Earth is through, know what you are doing is part of your eternal life experience. Think as if you know this. Speak as if you know this. And let your deeds be reflection that you know this. This is not a trial run. Your life is not a useless exercise of chores, and tasks, and daily trips. Your life, upon the Earth, is sacred, and it is a part of your eternal life. Know this, and act upon it.

And The Holy Spirit says:

As the time approaches, for you, to end your life upon Earth, there will come to you a different knowing. And even if you do not think you know, you will begin to prepare. You will begin to live as if you are already in Heaven. You will begin to put on the robes you wish to wear when you make your entrance into The Kingdom of God. You might not know what you are doing, but you have observed other people. And you have remembered that which they did, and said, days before they returned Home. And often you say, "They must have known." It is the spirit in them that knew. It is the spirit that prompted them to prepare. I AM The Holy Spirit of God, and I AM prompting each of you to begin preparation, now. Do not wait. Begin now. And remember, Jesus said, "Heaven is near to you." "Heaven is with you." What do you think He meant? Prepare now, so that your days, upon the Earth, are glorious, so that your days, upon the Earth, are filled with The Glory of God. Do not wait. Prepare now.

August 8, 2021

I wish for you to make your way, throughout the day, knowing who you are, in a special way. Do not get so caught-up in the work of the day, and the play of the day, that you do not recognize who you are. I AM The Source of your eternal life. As I AM Spirit, you are Spirit. As I AM Love, you are Love. As I AM Light, you are Light. As I AM the energy of all creation, you too hold the energy of all creation. You are My precious child. I AM not addressing your physical body. I AM addressing the eternal you, within you, which sometimes you forget. But it is the Spirit that animates the body, the physical body. It is not the physical body that animates the Spirit, the eternal Spirit. Do not get the two confused. You are Spirit, first. You are My child, first. Walk over the Earth, in a way, that shows you know, who you are.

And The Holy Spirit says:

Most human beings do not remember that the physical body is temporary dressing, a garment, that must be worn, to exist in the third dimension, on Earth, right now, to have the Earth experience. And it might surprise you to know that, that is something your Spirit, your internal Spirit, and your eternal Spirit, want you to experience. Experience the scent of the rose. Experience the taste of the bread, and honey. Experience holding the hand of another. Experience Earth. And your Spirit delights in this. Your Spirit does not delight in how many cars you own, or what your home looks like, or even what your outer garment looks like. It makes no difference, to your Spirit. It is time for you to be in the world, but not of the world. Today, remember who you are.

August 7, 2021

Sometimes, when you wake up in the morning, and look out, you see dewdrops, clinging to blades of grass, clinging to leaves on the trees, and the bushes, and the flowers. And you look, and you see, the beauty of it, everything touched, wet with the dew. But then comes the sun, and the light of the sun, touches the dewdrops on the grasses, and the leaves on the trees, and the bushes, and the flowers. And they begin to shine and sparkle, in the light of the sun. When you look out over the grass, or up into the trees, or out to the bushes, and flowers, you notice that, as you see one dewdrop, sparkling like a jewel, possibly red, or green, or blue, you see more, and more. With each one you see the possibility is that you will see many more, until they multiply, into a beautiful sparkling show, held within each dewdrop, awakened by the light of the sun. Be as the dewdrop, held on the grass, the trees, the bushes, the flowers. Hold of the grace, and allow the light, to awaken the colors, within you, the brilliance, within you. In the light of the sun, you become one.

And The Holy Spirit says:

Nature provides the opportunity to see how nature relates to the world around it, and to you. It is a remarkable lesson, each time you look, and observe, something happening in nature. But one of the most profound lessons, is watching the rising sun cast rays of light, upon dewdrops in the grass, trees, flowers, bushes, and then watch them respond to the light, shining with all their brilliance. And in that scene, with all those individual gems, of water and light, sparkling, to your delight, it feels as if they are one with the light. Because, with the coming of the light, that which they held has been awakened, and illuminated. They are alive.

August 6, 2021

There are days so glorious that they fill you with song. You smile at everyone you meet. Because of the song in your heart, you see, and embrace, My Glory, shining all around you, and come to know it. And, with the knowing, comes the confidence that you can meet every challenge, that comes to you, without falling to it. You are living within My Glory, so whatever comes to you, you can master, and do so, with delight. Pick up whatever chore, or task, comes along, and complete it, with joy, and with a song, and you will walk within My Glory, all the day long.

And The Holy Spirit says:

Pay attention to how you feel, when you are filled with song, when you are joyful, when all around you is The Glory of God, and you see it, embrace it, and know it. Oh, those days are special, unique. Every day with you can be special, and unique, because every day is meant to be just that, special, and unique. Look around you, and see, The Glory of God. And then, if something comes your way, which must be addressed, do so, with joy in your heart, confident in the knowing that nothing comes to you, which you cannot do. So, pick up the chore, pick up the task, and complete it. Complete it with a song, and joy, in your heart, for The Glory of God is with you, shining from you. You are a part of The Glory of God.

August 5, 2021

If you give harbor to spirits, creating the energies of hatred, and anger, you cannot love, fully, completely, for those spirits, and energies, of shadow and darkness, diminish the capability to love. They diminish the energy of love. Begin to forgive. Within yourself, do the work necessary to forgive. Do not carry anger, or hatred, with you, because it spoils everything you do. Even the loving things, you attempt to do, are tainted with this anger, and hatred. Once you begin to rid yourself of anger and hatred, and focus on the love, then the love grows, and grows. And, with intention, and purpose, you push-out, you cast-out all agents, and energies, of anger, and hatred. And, once it is complete, there is The Light of Love, within you. And that is the time when you can love, fully. And you will be surprised, at your capacity to love, because you took the opportunity to rise-up, you took the opportunity to commit yourself to cast from you anger, and hatred. And, in that environment, in that intention, the energy of love grows. There is no limit to how powerful, the love, within you, can be. You hold the key. Clean yourself, and clear yourself, of anger, and hatred, and you will be The Light of Love.

And The Holy Spirit says:

There is none more powerful than the energy of love. However, if you turn your back, upon the energy of love, and focus on anger, and hatred, that is what will grow, within you. You are making a choice. Every time you choose anger, every time you choose hate, you are making a choice. You are choosing darkness, and shadow, over The Light of Love. Pay attention, to what you are doing, so this habit of getting angry, or giving harbor to hate, will not become more entrenched, within you. See that, when you choose to use these energies, you are turning your back on The Light of God's Love. And, in this way, it is diminished, for you. Today, sweep away the debris of anger, and hatred, and turn, and walk into The Light of God. The Light of God's Love is waiting, for you.

August 4, 2021

Today, you have the opportunity to, change the world, for at least one, and more than likely, more than one. Every encounter, you have with another person, is an opportunity, to deliver gifts. Think upon that. Rather than just ignoring this opportunity, put it into action. When you greet another person today, bless them, with a smile, with a kind word, with an open heart, with love. That one encounter, that you have, might be the only encounter, they have, with light and love. And if you are willing to do this, they will be blessed, but so too shall you be blessed, because it is impossible to permit My Love to flow through you to another, without you being blessed, with My Love, as well. It is time to change the world. Let the change come from you. And even if it is only one other person, you touch today, let them be touched, with My Light, so they feel My Glory, and know My Peace, through you.

And The Holy Spirit says:

Resist the temptation to be the bringer of darkness and shadow to another individual. Do not greet another person in a way that introduces them to darkness and shadow, through you. Today, you have the opportunity to change the world, for one person, at a time. What world will you show them? Will it be darkness and shadow? Or will it be light and kindness? No matter what another individual is doing, or saying, you make the ultimate decision, on what you do, and what you say. Today, embrace the opportunity to change the world, one person, at a time. And your world will change, as well because you have delivered gifts, you have been kind.

August 3, 2021

When it seems as if everything is crashing down around you, things are falling apart at the seams, resist the temptation to be upset, or angry, or run away. Take a look at what is crashing down around you. What is it saying? What is the meaning? Perhaps, rather than being upset, it would be good to look, and see, and know, that it is time for some things to go, and some to stay. Pick through the debris. Find those pearls that are meant to stay with thee. And then clean up the mess. Sweep it away, and begin again, in a lighter way. Sometimes, what seems to be an accident, beyond your imagination, is really a seed for you to grow your imagination, into something new, and let go of all that has been weighing on you.

And The Holy Spirit says:

Sometimes, you reach a place, a place of examination. It is time to take count of what is with you. What are you holding onto? What are you carrying with you? What have you got, tucked, and packed, into corners, and drawers, that is really no longer serving you? When you reach this point of examination, open, and be willing to change, so that, that which is with you, is of service to you, in every way. Do not weigh yourself down. Lighten the load. Pay attention. Free yourself from the debris, and your gait will be quicker, and lighter, and smoother, and you will continue, on your way.

August 2, 2021

There are spirits, and energies, which you notice immediately, as being of darkness and shadow. And these things you notice immediately, such as hatred, when you are vigilant, you cast them from you, you renounce them, immediately. You shake them off of you. You free yourself, of the darkness and shadow. But there are other energies that are not quite as noticeably shadow and darkness. And they can sneak into your thoughts, your words, and your deeds, and taint your inner chamber, leaving all manner of debris, and one such energy is doubt. You might wake up one morning, feeling you can do, whatever you must do that day, and do it well, do a good job. But somehow, between the hours of eight in the morning, and nine in the morning, this insidious energy of doubt begins to devour all of the energies, which were lifting you up, and preparing you to succeed. And as the doubt multiplies, you begin to wonder, why you even thought, you could do it, at all. This doubt is just as threatening, to your life on Earth experience, as the stronger, more recognizable, energies, and spirits, of anger, or hatred, those spirits tempting you to do vile things, because you see them, and know them, for what they are. And most, who are vigilant, cast them from them. But this doubt is often confirmed by individuals around you. And soon you are eating from the bowl of doubt, and the flame, of your desire to accomplish the goal, flickers, and goes out. Today, make it a point to rid yourself of doubt.

And The Holy Spirit says:

If not quickly cast from you, the spirits, and energies, of doubt, will rob you of The Glory of God, shining within you. It will whisper, you cannot do what you think you can do. And, if not addressed immediately, it is never done, that desire within you, that fulfillment within you. Cast from you, and renounce, all agents of doubt.

August 1, 2021

The temptation to speak ill, of another person, can be difficult, challenging, to resist. And the result, of falling into that temptation, is grand in scope. It is so powerful, that I cannot remind you too many times, to resist this temptation. And one of the reasons, to resist this temptation, is this. Every time, you speak, of another person, in a derogatory way, putting down, that which they say, or do, which you find offensive, in any way, you are adding power to what you cry-out, calling bad, or evil. You are actually giving it power, because that is your focus, in this confirmation. You are saying what it is to you, and by saying, what it is to you, you are confirming the energy, created by another. And in another way, you are not only making it larger, and more powerful, by speaking of it, that, which the other person is creating, but you are also cursing the person, creating that energy. You are making it more difficult for them to change their perspective, somewhat. Because, here again, you are confirming, what you believe they are, what you believe they are saying, what you believe they are doing. And by focusing your attention on that, in this derogatory way, you are making more powerful the things they do, and the things they say. Resist this temptation. When you are tempted, just quietly say, in your thoughts, "I bless them," and let it be. Let the focus be you and Me, and I will guide you. Resist the temptation to speak ill of another person.

And The Holy Spirit says:

Pay attention to how people speak, all around you. Pay attention to it. And resist the temptation to join a person, or a group of people, who claim their cause is noble, yet freely curse other people, around them, by denigrating them, by mocking them, by cursing them. You can do so much good, but do not stand, or walk, over other people, trying to reach the goal. Because then, the noble cause is tainted, with darkness and shadow. Do not speak ill of another person. Keep your goal high, pure, free of any debris of darkness and shadow. You can support your noble cause without denigrating other people. Do it this way, and then it is pure, it is of The Light of God. And do it all for The Glory of God.

July 31, 2021

When you must cross over rocky terrain, hold your faith close to you. Hold onto your faith, and it will be as a carpet, beneath your feet, protecting you, leading you, over the rocky terrain, and on your way. When you must pass through troubled times, hold onto your faith, and it will be your support, and you will pass through the troubled times and be on your way. When you stand atop a mountain peak, looking down, needing to cross over, to the other side, hold onto your faith, and it will be as a bridge, leading you, from one peak to another, showing you The Way. When storms threaten, to inundate you, hold onto your faith, and the storms will calm, and you will continue, on your way.

And The Holy Spirit says:

You have a treasure, within you. It is faith. And while all things might be taken from you, you cannot be robbed, or cheated, of your faith. It is a treasure. It will carry you through all difficult situations, and stay with you, and guide you, until the sun is shining, and the birds are singing, once more. Do not ignore the gift of faith, which is yours, forevermore.

July 30, 2021

I wish for you to work, and play, with a joyful heart. Bring joy to what you do, each day. Bring dedication to what you do, each day. It does not matter what your earthly occupation might be, you have the opportunity, to bring respect, to what you do, to honor, what you do. And in the respect, and the honor, you will find joy, in what you do. And no matter what games you choose to play, you can bring joy to those games. Teach others how to work, and how to play, today.

And The Holy Spirit says:

It does not matter whether you are working, or whether you are playing. You do not have to stop what you are doing, to teach others how to do it, as well, because they will observe, what you do, and they will hear, how you joyfully go about doing it. They will observe, and from the observation, they will see, that there is honor, and respect, in the work that you do. If you want others to honor, and respect, you, you must first honor, and respect, who you are, and what you do. And then, it will just come naturally, the honor, the respect. And you will do it joyfully, because that is what it is, a joyful occupation, with honor, and respect. Create this, today. Let all peoples around you see, how you work, and how you play. And come the end of the day, when you pause to pray, you will say, thank You for the joys, of the day.

July 29, 2021

Let all beings of Earth be still, and quiet, for you are crying-out, for help, you are calling, and praying, for assistance, and guidance. But, in the calling-out, and the crying, you cannot hear, the answers that come to you, from within you. Let all beings of Earth be still, and quiet, and you will hear, and you will know, and The Way will be made clear for you, as you go. Do not fret. Do not worry. Do not run. Do not hurry. Walk, at a steady pace. Look around, and see the beauty, and feel My Grace with you.

And The Holy Spirit says:

I AM the fulfillment of the promise, made thousands of years ago, to a few. And in the fulfillment, of that promise, to a few, I now reside within each of you. The Wisdom of Heaven is yours for the asking. Knock on the door. Do not turn away. Knock on the door, and it will be opened. Ask, and you shall receive The Wisdom of Heaven. And The Wisdom of Heaven will answer every need you have. Be still, be quiet, and receive.

July 28, 2021

Be mindful of what you are creating, as you sit in dread, of that which is to come, because, as you sit in dread, of that, which is to come, you are also creating, and interacting, with other energies, fear, worry, anxiety. These accompany dread. And many more can be involved, can be invited to your table. And your table becomes long, and feeds many. These energies, that you are feeding, are creating an environment for that which is to come. And when it comes, if you have been sitting in dread, it will hold the energies of all that was created for its environment, and its atmosphere. Change your perspective, ever so slightly, knowing that I AM with you, and that you have been given gifts of The Holy Spirit, which provide you with courage, and strength, and wisdom, to see, to know, and to do, with regard to anything that comes to do. When you sit in dread, you are denying the gifts that I have given you. When you sit in dread, you are denying that I AM with you. Change your perspective, and see it, from another view. See it in a way that you know I AM with you.

And The Holy Spirit says:

Do not give the energy of dread one minute of your time. If you do, other energies will encircle you. And you will be fearful, and afraid, and worried, and anxious. All of these go into the stew, that dread is cooking for you. Do not eat of it. Cast these energies from you, because you have been given the gifts to face anything that comes to you. So, remember who you are, a child of God. Remember, God is with you. Remember, I AM within you, to be your Counselor, to guide you through times, when that which comes to you, is with you, when you must decide, what to do. And in that time of decision, remember, bring the decision to Me. I will show you The Way. I will guide thee, along The Way. When dread is tempting to inundate you, rise-up, reach-out, and take The Hand of God, and you will just follow through. Be at peace in this knowing. Do not dread. Awaken to the power, that is within you, that is of God, because, with God, within you, with Me, as your Counselor, there is nothing to dread.

July 27, 2021

Do not permit your tongue to become a vicious weapon for gossip. Do not permit your tongue to become a vicious weapon for hatred. Do not join the forces, of shadow and darkness, with judgments, of others, that are harsh, demeaning, belittling. Restrain yourself, from adding to the pool, of meanspirited thoughts. For, if you give your thoughts permission, to run around in darkness and shadow, then the words will follow, they will pour from you. Today, pay attention to your thoughts, your words, and your deeds. But especially, pay attention, to what you are saying.

And The Holy Spirit says:

When you are invited to join a conversation, convicting others, you have the opportunity to refuse. Do not be pulled into such actions. By doing so, it is as if you are stoning another person, because of something they said, or did, which does not fit the pattern of certain other individuals. And this energy is heinous. Convicting another, with your thoughts, words, and deeds, is a judgment, beyond what you can imagine. And by joining in, such actions, be they silent thoughts, violent words, or deeds, destroying another person, it is harmful to you. The residue remains, within you. Let your heart be pure. Let your thoughts be clean. Let your words be kind. And let your deeds be of understanding and compassion. That is The Way.

July 26, 2021

You create the environment around you. Pay attention to what you are thinking, those thoughts brewing, and percolating, in your head. Pay attention to what you are saying, because the words, coming from you, are pouring forth, into the environment, all around you. Pay attention to what you are doing because you are impacting, the environment, around you. You know that, if you create toxic material, and burn it, it is released into the air, with the possibility of poisoning all those, who breathe the air. You know, if you create toxic material, in a factory, and release it, into a water supply, there is the possibility you will poison people around you, by the use of that water supply. You know these things, but you very rarely see yourself, as the source, of the toxic material. Those thoughts, brewing in your head, are as something brewing in a factory. Those words, coming from your mouth, are the release, of toxic material. What you say has an impact, on the environment, around you. And what you do, has an impact, on the environment around you. See yourself, as the source, but then see yourself, as a source, of clean air, and clean water, and clean soil, because that is what is created, within you thought. But know the difference. Mind your thoughts. Check your words. Watch your deeds.

And The Holy Spirit says:

It is easier to see, what is being done by others, than it is to see what is created, within thee. The sight is clear, for others, yet there is often that blind spot, for what you are creating, in your thoughts, words, and deeds. And even judgment for another is tainting your thoughts, words, and deeds. Be mindful of what you are doing. It is a fulltime job, checking. Be vigilant. Be watchful. Clean up the environment, around you, from the toxic material, coming from you.

July 25, 2021

The road is long, yet you need not grow weary, on your journey. Rest a while, in the meadows. Rest a while, by the rivers. Rest a while, by the oceans. As you journey, upon the Earth, do not put your head down, and run, and hurry, and push. Walk, and become part of all that is around you. Breathe-in, inhaling all that is around you. Look up, and let your eyes feast on the sky, overhead. Be one, with all that is, as you make your journey over Earth. There is no need to hurry. There is no need to run. The journey will be done when it is done.

And The Holy Spirit says:

Do not let your agenda take over your Earth experience. Do not let your list distract you from the beauty of Earth, all around you. That which is important to do will be accomplished. But your list holds many, many things, that are not necessary. Do your work, and do it, well. And while you work, pray. While you work, sing. While you work, enjoy all that is around you. The road is long, and it is often a winding road, but there is no need to hurry, because you will come to the end, at the proper time, in the proper place. And you will be ready, to feel The Grace of God, beckon you. And you will be ready, to go.

July 24, 2021

All that I created is sacred. The Earth, beneath your feet, the soil, the dust, the rocks, the sand, it is all sacred. Mother Earth, My creation, is sacred. She honors this sacredness, by all that you see around you, in nature. And even when it is covered up, with tar and concrete, you see a blade of grass, pushed up through a crack, at your feet. You see the birds flying above you, and around you. You inhale the beauty, of the aroma, of the flowers, and the vines, and the vegetables, growing in the gardens. You are aware of it. But, most often, not the sacredness of it. If you move closer, to this comprehension, it is not far behind, that process, that you realize, and accept, the sacredness of you. And then, realization brings to reality, the sacredness, of your thoughts, your words, and all you do. Bless your thoughts, your words, and all you do, by acknowledging the sacredness, within you, because I put it there. You are sacred.

And The Holy Spirit says:

All of God's creation sings, sings of creation, in a noble way. And the songs of creation, of nature, are often imitated, in the musical creations, of the human being, with the heart. And the music is most beautiful, when it is in harmony, with the song of nature, because, at that point, the human being, is singing from the heart, and joining the trees, and the rocks, and the rills, and the rivers, and the oceans. And The Song of Creation rises-up, from the Earth, and floats in the heavens, and all dimensions. And all residing in those dimensions pause, so they might hear, those of Earth sing The Song of Creation.

July 23, 2021

Do not accept the seeds of doubt others might try to give you, try to encourage you to sew in your garden. And if the seeds of doubt are sewn in your garden, by another, through chance, or careless conversation, gather them out, immediately. Pull them to the side. Cast them away. For the seeds, of doubt, will grow quickly, and they will grow into frustration, and worry, and they will hold you in place. They will grow so quickly that, even when you try to avoid them, they will be as a tangled thicket, which is difficult to beat down, or pull out. And these seeds of doubt will keep you from accomplishing all that you are meant to do, all that you are capable, and able, of doing. Do not accept the seeds of doubt, even when offered with a smile, and a friendly gesture.

And The Holy Spirit says:

The seeds of doubt, once accepted in the fertile soil of one's garden, grow quickly. Overnight they spring up. They choke out the seeds of compassion and forgiveness, that are flowering beautifully, and the garden, almost overnight, is a tangled web of doubt. Do not think that doubt is powerless. The word, almost, seems powerless. But it is powerful. And without force, without anger, or fighting, or hatred, this power of doubt, can choke you, and all you are meant to do, fully, choke you out. And it is often given with a smile, or a hug, or encouragement. Reject it. Avoid it. Do not let the seeds of doubt strangle you, or your mission, or your journey, upon the Earth.

July 22, 2021

Be still, be quiet, so that, when I whisper your name, you hear Me. You are prepared to hear Me, in the quiet, for much is spoken, within silence. It is the language of the heart, and it is beautiful, compelling, and powerful. But you are not able to take part in this silent conversation, if you are not still, and quiet. I AM with you. Hear Me.

And The Holy Spirit says:

It is a pleasant experience to feel the brush of a gentle breeze on a summer day. And if you look at the trees around you, you will see that as the breeze moves through them, some leaves move slightly, others appear as if they are waving, while still others are not moved, by the breeze, at all. And that is The Way it is with Spirit. I AM The Wind, and I move. And, just as I move through the trees, and some are touched, and some are not, so it is with you, and those around you. Feel My Presence, and be moved, by My ways. Be still, and you will feel Me, more. Be quiet, and you will hear Me, more. Open, and you will know The Way to go, because I will show you The Way to go.

July 21, 2021

You are familiar with the face you see in the mirror. You are familiar with the shape of the body you see, as you pass by a storefront, with glass. You are familiar with your physical presence, and you believe that is you, most of the time. But today, I tell you, the face in the mirror, the body shape, reflected in the glass of a storefront, is not you. It is the garment that you are wearing, over the spirit, that is you, so that you might have an Earth experience, for a while. It is time to get familiar with the spirit, within you, that is the eternal you, the forever you, the powerful you. That which your body cannot do, your physical body cannot do, the spirit, that is you, can do, because you are spirit, and you are from Me, and your spirit body is energy and light. Become familiar with the eternal you, the powerful you, the you, of My spirit and My light.

And The Holy Spirit says:

When you assume that your physical presence is you, you also assume the limitations, of the physical presence, that is you; but when you come to know the eternal being, the spirit, within the garment of Earth, that is you, you find there are no boundaries, and no limitations to what you can do, because you are of God, your spirit comes from God. It is energy and light, and it is of the Heavenly Dimension. Your physical body can hold you in place, because of limitations. But the real you, the eternal you, has no limitation. Today, begin to go inward, and introduce yourself to the eternal being, that is you, because the physical you will not go on into eternity. The spirit, that is you, will live forever, in eternity. See your body as a garment, a dress, a suit, which can be removed, revealing the real, eternal, authentic you.

July 20, 2021

Know you have the power to make the change, for the better, to bring light, where there is darkness and shadow. You can change, misery and pain, by touching someone, with compassion and understanding. You can change, rejection, and loneliness, by touching someone, with kindness and love. You can change, fear, and doubt, and anxiety, by touching someone, with truth and wisdom. And every time these gifts are passed, by you, to another, you too are blessed because you cannot give what you do not have. You have all that I AM, within you. And the more you give, of that which I give to you, the more you are fulfilled, through the giving. Give, and live, completely.

And The Holy Spirit says:

There are those who need food. There are those who need shelter. There are those who need conversation. But often, in their need, they are pushed aside, or ignored, or blamed. Do not fall victim to this harshness. Do not let your heart be hardened, give. Sometimes you will not be asked, but The Spirit will ask you to fulfill a need, even before you are asked. And that is the time to rise-up, and give, so you might live, completely.

July 19, 2021

Know I love you, without any condition, without any prohibition. I love you, just as you are. You are not unworthy. If you shrink, away from My love, because you believe, you are unworthy, then, you are listening, to the spirits of darkness and shadow, tempting you away from Me, so they can have control of thee. Cast these spirits, away from you, because they are lying to you. It is to their benefit for you to believe you are unworthy. And I tell you, you are worthy of My love, and My light, My peace, My strength, My courage. Close your ears, to the spirits, who do not wish you to hear this, and believe this, and know this. Close your ears, to the people around you, who tell you, you are worthless, and that you have done so many things wrong God cannot forgive you, or love you, because, when they are speaking, such things, they are speaking the words of demons of doubt. Cast them away from you. Walk away, and walk into My arms, because I love you.

And The Holy Spirit says:

Come. all seekers of peace, and happiness, and joy. Come. all seekers of calm. Come. all seekers of tranquility, and serenity. Come, and sit with Me, and I will whisper, so that you might sing The Song of God, and sing of God's love, for all creation, which includes thee.

July 18, 2021

There is much for you to know. And, as you learn, you grow in My ways. But something, that is essential, is that you set down the burdens you are carrying. Set down all the frustration you have with your brothers and sisters. Set down the irritation you have with the ways of the world. Set down your wounds. Set down the trespasses you perceive. You do not have to carry these burdens. The Way to begin is to forgive. And at first, you might not believe, completely, the words you are saying. Still, it is important to say them. And especially the most difficult things, or people, to forgive, you must begin with them, first. And say, I forgive. Let it come from the heart. And even though you might choke on the words, at first, say them, and spit out that which you are choking. When you do this, and continue to do it, repeatedly, it gets easier, and easier. And you will know it is complete, when you think of the situation, or the person, without animosity, frustration, hurt, or anger. You just see them, and know them, and you can say their name, and you can bless them. Only then, is the forgiveness complete. And once you have forgiven all the things, you need to forgive, sit with Me, and we will iron out the wrinkles in the fabric of your garment, and we will smooth over the ripples, and mend the tears, and you will be ready, to walk amongst your brothers and sisters, and love, and forgive freely, and dance joyfully, because you will be free of your burdens.

And The Holy Spirit says:

And so it is. Setting down your burden is as easy as forgiving, loving, and staying close to God.

July 17, 2021

It is easy, for you to trust traffic signs: Stop; Yield; Green light, go; Caution at a railroad crossing; Slow down for school zones; Heavy truck traffic. You observe these signs, most of the time. And watching, and heeding, and obeying, these rules of the road, assure you a better chance of leaving your destination, and arriving home, safely. Today, watch for My signs. You might be getting ready to say something to someone, and within, you feel a prompting, to be still, and quiet. You might be getting ready to turn in one direction, when a bird flies, so close to you, going in the opposite direction, that you cannot miss that sign. Someone might approach you, and tell you a story, that alters your perspective, ever so slightly, and it seems to make things better. You are more understanding, and compassionate, because of the person that was sent to you. There will be signs, all around you. And these signs help you leave your destination, and follow The Way, follow The Way all The Way Home, in peace.

And The Holy Spirit says:

There are individuals, who seek direction, and guidance, from someone, who has the authority to give it, and often, it is a counselor, or a pastor, or a parent. And the guidance is taken to heart. I AM within you to be your Counselor. Ask, and I will whisper to you, The Way to go, that is best for you. And you will find comfort in My counsel. And I will draw you close to Me. And I will show you everything you need to see. The signs will come, and I will whisper, and you will know The Way.

July 16, 2021

Hold open your arms, and your heart, and your spirit, and your soul. Hold open the doors to love. Do not permit the world to slam them shut. Do not permit the world to shut down your love. There will be days when you find it challenging, sometimes difficult, to be open to love, because the world, created by man, can be harsh, and mean, and daunting. But that is the perfect time to open your arms, and deliver love, from your heart, with your soul, and your spirit, because then, the challenge, the difficulty, anything that is daunting, is enfolded in love. It is faced with love. It loses power with the grace of love. You can do more with love than anything else you might try. Hold open your arms, your heart, your spirit, and your soul, and be the love the world needs today.

And The Holy Spirit says:

For those who practice this, opening your arms, in the face of meanness, or anger, or frustration, find that it works. It works! It is the best thing you can do. When you feel as if you do not wish to give love, that is the time to do it. And that is the practice of doing it, and as you practice doing it, your muscles get stronger. Your arms get stronger, with love. Your heart gets stronger, with love. Your spirit, and your soul, soars, in the abundance of love. And soon, with practice, you find it relatively easy, to be love, when there is the challenge. Practice makes perfect.

July 15, 2021

The Divine Will lives, continues, and flows. And all that is intended to be, all that is created to be, is fulfilled, within The Divine Will. It is destiny. And each one is called to step into their destiny, so their actions, thoughts, and words, become part of The Divine Will, in that way. Therefore, do not stand back, and hesitate to step into your destiny, believing it might be too difficult, or beyond you, because I say, your destiny was written for you. And it is The Way you move, with your intention, using your will, to flow into The Divine Will, so they are as one. Recognize your destiny. It will be calling to you. Do not fear it. Do not doubt it. You have the strength, and the courage, required to complete your destiny, and merge it into The Divine Will. I AM with you. Together it shall be accomplished.

And The Holy Spirit says:

If you feel hesitation, about stepping into your destiny, be still, and sit with Me, and I will fill you with wisdom, beyond what you can imagine now. And you will find strength, and courage, in that wisdom that is The Truth of God. And I will encourage you, every step of The Way, because as you fulfil your destiny, your destiny carries your free will into The Divine Will, and they become one Divine Will. Do not hesitate, be still. I AM with you.

July 14, 2021

There will be times, when you are tempted, to alter what you are saying, or doing, or creating, so that it fits the mindset of another, so that you do not upset another, so that you fall more in-line with another. Reject the temptation, outright. When there is a question, about how something is to be done, or what you are to say, be still, and let The Holy Spirit guide you to that point, for in this way, you will have the perfect answer. You will know exactly what to do, and do it, The Way The Holy Spirit guides you. For, you will find yourself in a maze of confusion and doubt, if you try to please others, at every turn. But you will find, that doing, and saying, as you are guided, by The Holy Spirit, within you, is the perfect answer, is The Way.

And The Holy Spirit says:

Sometimes it will take courage to say, that which I guide you to say, or to do, that which I guide you to do. But, if you will focus, on doing The Will of God, then: the words you say will be filled with The Wisdom of God; the things you do will be blessed with The Wisdom of God. And, even if you are the only one, standing in a room, saying what I guide you to say, or doing what I guide you to do, you will be held in My arms. You will be blessed, and you will grow in faith, because it will be the truth. It will be God's truth. It will be the truth of The Dimension of Perfection.

July 13, 2021

Do not be swayed by what the world tells you is important; for I tell you, what is important is that you maintain your inner corridors, and hallways, and chamber, in such a way, that they are clean, swept clean. Do not give safe harbor to unclean spirits. Cast them from you, as you feel their presence. When you are clean, within, then our conversations reach a new level: there is nothing, shrouding The Light, that is within you, that is of Me; there is nothing, within you, that is shrouding My Love for you, My Light, within you. Clear direction will always be yours, in a most pristine way, if you will take charge, of maintaining, your inner dwelling. Check, and do so today.

And The Holy Spirit says:

It is more important to maintain your dwelling, in such a way, that you are free of spirits of darkness and shadow. And, sometimes, in the event they are hiding there, being very quiet and still, it is important to establish a time where you clean your inner chambers. Just as you would brush your teeth and comb your hair, in the morning, and at night, do so with your inner dwelling. Cast from you those unclean spirits, so that you are pure, within. And as you are clean, within, the lights of The Kingdom of Heaven, that are within you, shine brilliantly, and you breathe deeply, and you know who you are, and what you are doing.

July 12, 2021

The sooner you can forgive, all people, all things, which occurred, during your lifetime, including yourself, the sooner you can slip into the phrase, let bygones be bygones. Once the bygones are bygones, you are no longer carrying your sack, of the unforgiven, around with you, weighing you down. There is no need for you to carry the weight of yesteryear. Take some time, and find a quiet place, and with intention, and purpose, forgive all things, and all people, and again, including yourself. And as the tears wash your face, clean of the debris of the unforgiven, you will rise-up lighter, happier, because bygones are bygones.

And The Holy Spirit says:

Lay down the burdens of yesteryear, with the simple act of forgiveness. There will be the temptation to believe that whatever is unforgiven, that person, or that situation, is not worthy of your forgiveness. I tell you, if you are worthy of forgiveness, then surely others are worthy of your forgiveness. God forgives all things instantly. There is nothing you can do that cannot be forgiven, by The Creator, because all of that will weigh creation down, bring spaces of burden. It is not necessary. Reject the temptation to hold grudges, and desire revenge, or retaliation. It is not a noble path. Today, take some time to begin forgiving, and include yourself within the forgiving act, and bygones shall become bygones, and you will be lighter, as you walk along The Way.

July 11, 2021

You cannot see the wind, but you feel the presence of the wind. You cannot see hatred, but you feel the presence of hatred. You cannot see charity, but you feel the presence of charity. The unseen is more powerful than those material objects you can see. When you permit your thoughts to weave the energy of anger, then you are creating the spirit of anger, and it moves from you, even as it stays within you. And while those around you cannot see the creation of anger, within thee, your words reveal its presence, and your deeds bring it closer to those around you. You create, with your thoughts. When your thoughts are created, they move from you. They are in the words you speak, and the deeds you do. And these creations of yourself, and all others, swirl around you, and move around you, and many, many times a day, you must either embrace, or reject, the spirits that come to you, tempting you to be angry, or frustrated, or irritated, or sad. But they can do nothing, until you welcome them into you. And then, they take up residence in you. But, at any time, you can cast them out the door of you, cast them from you, tell them to leave. You are the master of your own destiny. The gift of free will, which was given to you by Me, permits you to choose what your experience will be, upon the Earth. And in this way, you can blame no one for whatever position you find yourself, now. But there is always a way to remove, even that which you have chosen, before, possibly embraced, before. You know how it feels when you are grieving. You know how it feels when you are in acts, and thoughts, of kindness. You know how it feels when you are greedy. And you know how it feels when you are caught in acts of charity and love. You feel the presence, just as you feel the presence of The Wind. Pay attention, because, darkness, and shadow, holds a different feeling than does My Light. Pay attention.

And The Holy Spirit says:

Every day, possibly every hour of the day, you are given an opportunity, and you must choose. You must choose which energy you are going to use to accomplish whatever it is you are doing. Do not ignore this opportunity. Do not take lightly your choice. Pay attention, and choose wisely, for the energies of light will keep you that way, in The Light. Whereas the energies of darkness and shadow will also keep you that way, in darkness and shadow. Use your free will to choose those things of Light, and you will find your courage, you will know your strength.

July 10, 2021

At the present time, you cannot see the spirit that is thee, because your spirit is held within the temporary vessel, the body, the physical body. So, you see your body, but you cannot see your spirit, right now. But I tell you this, the day will come, when the dirt and the dust, the body of Earth, will fall from you, and your spirit will rise-up, ascending, from the soil of Earth, into the Heavens, because Heaven is with you. It will be all around you, fully, completely. And your spirit will match The Kingdom of Heaven, perfectly. You will rise, and stand before My eyes, and I will say, I see you, and it is good.

And The Holy Spirit says:

Whenever you see a caterpillar, crawling across the ground, working its way into the dirt, and the dust, of Earth. You cannot see its wings. There are no wings upon the caterpillar. They are within the caterpillar. And there comes a time, when the caterpillar sheds the robe of dust, and ascends, from the soil of Earth, into the sky, a brilliant butterfly, wings blazing with colors, and when caught in the light of the sun, it is stunning, and you hold your breath, and secretly whisper, I see you, and it is good.

July 9, 2021

A raincoat cannot keep you dry, when it is raining, until you put it on, until you wear the raincoat. Snowshoes will not keep your feet warm, when it is snowing, until you slip your feet into the comfort of the snowshoe. A sunhat cannot protect your head, from the rays of the sun, until you put it on your head. And all The Wisdom of Heaven, which is within you, will not be able to guide you, until you use The Wisdom you have been given, until you sit still, and ask for guidance, from My Holy Spirit. For My Holy Spirit is within you, but like the raincoat, and the boots, and the hat, you must become familiar, you must slip into The Wisdom of Heaven, so that My Spirit can guide you. Use what you have been given.

And The Holy Spirit says:

I AM with you. Ask, and you shall receive. Be still, and you will know what to do, even in an emergency. When there is doubt, it will melt away, if you seek The Wisdom, I hold within you. I AM with you. Be still. Listen.

July 8, 2021

Do not expect others to think the way you think, to do that which you do, to believe that which you believe. Rather than be concerned about what others are thinking, or doing, or believing, turn inward, and grow the light, within yourself. If each one will tend you own garden, the garden within you, the garden of light, then there would no cause to fuss or fight, with other people; each of you would be so busy, tending your own inner garden. And then, when it was time for harvest, you would feed all those around you, with The Light of God you grew, within you. The Holy Spirit was sent to be within each of you, to guide you, to show you The Way. Pay attention to your guidance, today. And honor, and respect, the guidance others are receiving, as well. Tend the garden that is yours, so come the harvest time My Light will be so bright, within you, that you can feed many, from The Garden of Light you have grown.

And The Holy Spirit says:

The world will be a kinder, gentler, place, when you go inward, and tend the place, that is yours, to tend. Water your inner garden. Pull the weeds from your inner garden. Let it grow up, in The Light of God. Do this, and you will be too interested in your Spiritual Garden, to argue, and fight, with others, about what they think, or do, or believe. This is The Way peace will come upon the Earth, from the gardens, grown within, which will feed those of Earth, from The Light of God.

July 7, 2021

I wish for you to know the power of your thoughts. If you are held within the thoughts of anger, frustration, or sadness, that is what you are creating, and you reside in anger, frustration, or sadness; and you can see it, in your face. If your thoughts are of peace, and love, then that is what you are creating, and you live within peace and love. I wish for you to know the power of your words. For if your words are of meanness, coldness, or hatred, then these words are released, out into the world, as they continue. You cannot take your words back. They have come from you; therefore, you are living in meanness, coldness, and hatred. Be mindful of the power, of the words you say, when you speak words of love, and peace, and kindness, because those words go out into the world, as well. You cannot take them back. They bless the world, as they flow. You either curse the world, or bless the world, with your thoughts, your words, and your deeds, and you live in what you create. So be mindful of these things you are creating. I wish for you to know the power of your deeds. Whether they are course, and hard, and mean, or loving, kind, and generous, they touch those around you, and those far from you, with the energy of their creation. And as they come from you, you live in the energy, too. I wish for you to know the power of creation, held within you.

And The Holy Spirit says:

You have a new day. Watch what you think, and do, and say. Be mindful of the power of creation, within you. Do not lock yourself behind a door of sadness, sorrow, anger, or bitterness. Throw open the door with an explosion of thoughts of love, and light, and peace. Do not spew the seeds of anger and hatred, but plant your garden with seeds of tender compassion, and understanding. And let your deeds follow your thoughts, and words of good. You do not have to reside in darkness and shadow. Create light, and that is where you will abide. Know the power, you have been given, to create.

July 6, 2021

Each day has its own pace, its own rhythm. Some days feel like they just began before they are over. And some are long, often tedious. Each day is a present piece of your eternal lifetime. It is not as important to assign a specific time of day, as it is to embrace the fact that it is the present piece of your eternal life. When you accept this truth, regardless of what time it is during that day, you are living part of eternity. You are stringing together these places, and incidents, and people, and they are part of your eternal life. The thoughts you have, the words you say, the deeds you do, it does not matter what time of day you think, and say, and do them. The most important thing is, you are creating, for your eternal life. So, what are you thinking, saying, and doing? Wake up, and know, you have your days upon the Earth to grow a magnificent portion of your eternal lifetime. The portion you spend upon the Earth is a piece of your eternal lifetime. Take each day, and make it important, for that reason. You are creating what makes up your eternal lifetime.

And The Holy Spirit says:

Acknowledge, and embrace, that creation did not happen, and then stop. Creation continues today. It continues through you, in all you think, and do, and say. Do not isolate yourself, thinking that what you do this day must be done at one o'clock, or four o'clock, or six o'clock. What you do this day should be in honor of your eternal life. It is unfolding within you. You are creating your present piece of eternity. So, if you have a task, most assuredly, complete your task. But bless your task. Be kind to people all along The Way. What you are doing holds importance, in the ways of the world, but you can take it to a divine level, by enlightening all you do, with The Wisdom of Heaven. Live each day as if you know you are creating. Through you, creation continues, and all that you think, and do, and say, is vital in this way.

July 5, 2021

When you begin feel yourself slipping into the doldrums, or being anxious, or worried, or afraid, or lonely, stop, and call forth your thoughts, and say, within your being, "What can I do for someone else today?" And listen. You might be guided to make a phone call. You might be guided to go see someone. You might be guided to send flowers, or bake a cake, or a loaf of bread. You might be guided to smile toward someone, instead of turning your head. And as you perform these deeds of love, and charity, and kindness, those feelings, that were leading you into shadow and darkness, float away, because you have filled your day with love, and that is how it will end. The day will end with recalling, and recounting, gifts of love.

And The Holy Spirit says:

The best way, to counter feelings of darkness and shadow, even loneliness, included within that, is to do something for another person. Perform an act of kindness. Be gentle. When you weave the fibers of this day together, in this way, you are delivering The Love of God, all along The Way you travel. And these acts of kindness, and these thoughts of kindness, and these words, of love actually push away, from you, all temptations to grief, and sorrow, to sadness, to dismay. This is how you are to spend your day, in this loving, gentle, and kind way.

July 4, 2021

I hear you, because I AM, with you. Heaven is with you. If it were not so, I could not hear you, I could not know your heart. This mystery can be easily explained. You are held within All That Is. The Earth is shielded with a veil. You cannot see, you cannot understand, until you believe. And when you believe, it will lead you to know. The words are around you, but they have not been completely revealed. I can always hear you, because Heaven is, within you. It is with you. It is all around you. When you cannot hear Me, that means you have turned from Me, but it does not mean that I cannot hear you, because I do.

And The Holy Spirit says:

When your family lives in a home, a house with many rooms: you can hear each other from room to room; you can hear movement; you can hear laughter; you can hear tears, by the tone of the voice, by the snuffle, by the gasping; you can hear your name called; and, you can answer, and go from one room to another. In The Kingdom of God there are so many rooms, there are so many homes, there are so many places. Yet, they are under one roof. And for those, who are listening, they can hear, the sweet words, the kind words, the songs, the poems, and even understand what is going on in every room. Though many rooms, it is one dwelling, one place, one Kingdom of God.

July 3, 2021

My Love for you is constant. It is there, permanently. I do not have to create Love, and more Love, so that you might feel My Love. I do not pull My Love away. The truth is, I AM Love. There is no increasing, or decreasing, that which I AM. I AM Love. Therefore, when you are drawing nearer to Me, you feel My Love surround thee, because you are living within My Love. The farther you walk away from Me, the more you turn your head from Me, the less you feel My Love for thee, because you are not near to Me. All you need do, to feel My sacred, eternal Love for you, is to draw nearer, to that, which I AM. I AM Love.

And The Holy Spirit says:

The oceans and seas are large bodies of water, and some live close to the oceans and seas, and frolic in the oceans and seas, and take their lives, that which feeds them, from the sea. And as they do these things, as they eat of the fish, of the seaweeds, and as they play and frolic in the oceans and seas, they live, in the oceans and seas. But there are many, who live far away from the oceans and seas. They know of the oceans and seas, but they do not draw their lives from the sea, they do not frolic and play in the sea, but maybe occasionally. They know more of the seas and the oceans, because of the books they have read, and that which they have been told. But the closer you get to the oceans and seas, you draw your life, and you go play and frolic. Distance is the key. If you want to live, if you want to frolic, within the oceans and seas, you must be there.

July 2, 2021

There is a time, during every day, when you have the opportunity to slip away into a more divine perspective, of what is happening around you. Accept, that opportunity, and be still. Take a minute, or longer, to see what is before thee, in a divine way. See the opportunity, and all the possibilities, for an outcome that is glorious, if you will but look through the eyes of your soul. See with The Wisdom of Spirit, and the answer will be emblazoned in gold. Understand, you will have this opportunity. Be prepared to take it.

And The Holy Spirit says:

The Golden Flecks of Eternity move, and float. They are present. They are present with you, but most often you cannot see them. But when the opportunity comes, and it does every day, for you to look at a situation, or another person, in a divine way, embrace that opportunity. Reject the ways of the world, and see, as you are meant to see. And as you do, and as you are willing to do, the outcome is golden. It sparkles. It is real. It will not pass away. Make the decision today to seek that opportunity, to look for that possibility. And then, change, and alter, your perspective, so you see, through the eyes of your soul, and The Wisdom of Spirit. You will see, and you will know.

July 1, 2021

Each step forward is a step you choose to take, or not to take. Each obstacle encountered is an obstacle you choose, to overcome, or keep you in place. Each step forward will present an opportunity to love one another, and to be kind to one another. And it is you who must choose, which manner you will use, to travel forward. At the end of the day do not blame another for the thoughts you had, or the words you did say, or the deeds of the day. Remember, this day will be comprised of choices you made. I AM with you. Ask for guidance. Know The Way.

And The Holy Spirit says:

The beginning of each day can be exciting, even if you believe that the challenge, and the task, you have been assigned, or you have assumed, is daunting. Meet the challenge. Do with it as you choose. Choose victory, or let the challenge, defeat you. It is all up to you. It is there, one choice at a time. Take your steps, throughout the day, so come the night, you can stand and say, "I did my best with this day."

June 30, 2021

Held, within the gift of faith, is The Knowing: that you will always see, clearly; that you will receive guidance and direction; and, that you will have all that you need. To live a life of peaceful resolution, bring your questions, all matters of concern, to me, and be still and quiet. I know your heart. I know every possibility, unfolding, all around you. When there is a decision to be made, do not fumble with it, do not agonize over it, do not worry, or grow anxious. Come, and sit with Me. Your faith will lead you to know that I will guide you, exactly The Way you should go. Believe, and you will know.

And The Holy Spirit says:

I AM within you, so that you will always know The Way. Therefore, it is a practice, well worth developing, to sit quietly with Me. The Creator of All Things sent Me, The Holy Spirit, to abide, and dwell, within you. I hold the answers of wisdom, waiting for you to receive, that which I have, to give to you. So, do not struggle with decisions, when all you need do is find a quiet place, and be still. Your answers are not held in chaos and confusion. They are held in quiet resolution. They are held within faith, and believing, and knowing. Ask, and you shall receive.

June 29, 2021

When the days, the long, sweet days, are with you, when butterflies are floating, and flowers are blooming, and the evening air carries the fragrance of sweet flowers and vines, do not keep your head down, toiling with tasks, and chores. Lift your head up, and look. Look at the divine, all around you. Do not miss it, because of the work you think you need to do. Be amazed by it because, it is the life you need to live. Wonders are all around you. The floating butterfly often resembles a floating flower. And often, the blooming flowers, are so radiant, that they are a clear sign, to you, of life, of renewal, rejuvenation. It is all around you. Do not ignore it. Open your eyes, and look, and see the beauty of all eternity is with you, now. Be as a child in wonder, and delight.

And The Holy Spirit says:

The long days of summer hold delight. It is a feast for the eyes, for the nose. And, even where the vegetables grow, it is a feast of tasting, all that you grow. The days of summer are rich and full. And the nights of summer are filled with stars, and lightening bugs, and the fragrance of the honeysuckle, and the roses. Pay attention to the wonders around you, and do not get lost in work, or frustration, or misery. Lift your eyes, and look, and see.

June 28, 2021

Let all worries, cares, and concerns slip from you. And do it with such an intention that you feel the worries, cares, and concerns, moving away from you, carried like a leaf in a river, moving away, so that you can begin your day, without being held in place. Do not wear the cloud. Do not wear the shroud. Do not be enfolded, in concerns, and worries. When you sit, quietly, with Me, you feel you know the answer. And, as you sit longer, with this answer, it becomes stronger, and clearer, and you begin to know exactly what you are to do. Do not give-up your answer, because you are fearful of what you are being asked to do. Do not deprive yourself of the peace that comes with doing, that which you are meant to do. I AM with you, and you are not doing it alone. We are doing it together.

And The Holy Spirit says:

Most often, it is the case, that all situations, and matters, that seem unsolvable, are completely solvable. But the one, who is given The Way, to resolve the issue, must stand in The Light of God, and speak The Wisdom of God. I will guide you. When there is resolution needed, you have the answer within. Do not be concerned about what others might think, or say, or do, in reaction to the delivered message, coming from you. Stand-up, and say, what I AM asking you to say. And, when it is done, you will wonder, why there was hesitation at all. Your shoulders will relax. Your thoughts will be free. And you will have ridded yourself of all the debris of the concerns, and the worries, and the cares. Speak the truth, as you are given it, and all things will be resolved.

June 27, 2021

Do not resist the call of The Wind, for it will lift you up, and carry you to places, that you could only see, in the arms of The Wind. And held there, within The Wind, you will see, what is happening, with clarity, with vision. And when The Wind is still, and all is at rest, you can look around, and know, that you have done your best, and all is as it should be, because you met your destiny, in the arms of The Wind.

And The Holy Spirit says:

I wait, until it is time, and you are ready. And then I call to you to come, and see, what it is you are to see. I will not show you that, which you are not ready to see, or take you, to a place, you are not ready to be. So, be at peace. In the stillness, you will know, when it is time. I will call to you, and lift you up, and you and I will meet The Course Divine.

June 26, 2021

I wish you to find joy, in your everyday life, upon Earth. Make your work, work you enjoy, so that you might be happy, in the completion of it. Be joyful in your work. Play, fully, completely. Without hesitation, play, and find joy, in the playing, and happiness will be yours. Find joy in your song, your words, everything that comes from you. Make them joyful, and you will be happy, and give others the gift of happiness, as well, that is held in your words. Do not be tempted to thoughts lesser than joy, and happiness, for you can find joy, and happiness, in every lesson. Therefore, be joyful, in the lessons, that you are called to face, the lessons that you must learn. Be joyful, in the lessons of Earth, because the lessons are yours forever, and holding those lessons is holding wisdom, of your life upon Earth. So, be joyful in the wisdom you have gained, as you live upon the Earth. Today, open your heart to joy, and happiness, and they will be yours.

And The Holy Spirit says:

Some of you will say, "That is easy to say, be joyful, be happy, but you are not living my day." Some will say, "My day is filled with darkness, and shadow, and there is no joy to be found." But, who amongst you cannot feel a flutter of joy, when you look up, and see a bird flying, or you hear the song of a bird? Who amongst you cannot feel a bit of joy, as the rising sun illuminates the dewdrops, on the grasses, and leaves, and makes each of them sparkle like gemstones? There is joy around you, find it, and when you find it, it is yours.

June 25, 2021

I wish for you to know the importance of sitting quietly, with Me, of being still, in the present moment. Detach yourself from any people, places, or things, and sit with Me. Do so in quiet, and then you will feel the connection between you and Me, and you will understand, that when you are connected, in such a way, all anxiety will melt away, because it is just you and Me, at that time. The answers you seek, when you are anxious, or confused, will not be found in the words of others around you, or the things you have gathered around. Anxiety will be relieved when you are connected, powerfully, with Me.

And The Holy Spirit says:

It cannot be repeated too many times, that you need to find a place, that is quiet, where you can be still. Sometimes you are not aware of all that you carry, until you sit down, and find you are weary. This anxiety, these feelings of anxiousness, are not necessary. I AM within you. Seek peace, within. Close your ears to the ways of the world, and listen for My whisper, and it will come, and the answers you seek, will be pure, and fresh, designed to relieve your anxiety. And once you are rested, and once you rise-up, you will be ready to continue, because you will know The Way, and you will walk in it.

June 24, 2021

As Jesus asked, so it was done. And The Holy Spirit was poured out on each, and every, one. Some ignore the presence, of The Spirit, within. Some turn from it, and deny it, saying, it has never been. But, for those, who believe, and embrace, The Holy Spirit, within you, no night is the same, no day is the same, no sunrising is the same, no sunseting is the same, no tree is the same, no river is the same, because The Wisdom of The Holy Spirit lives, within you; and you draw support, and courage, and sacred words, from The Wisdom of The Holy Spirit, within you. Embrace The Holy Spirit, within you, and ride on The Breath.

And The Holy Spirit says:

Breathe, and know, with every breath, I AM, within you. If you have a question, be still, and breathe, and you will feel, from within, the answer, the relief. You will know what to do. Even if others do not agree with you, you will know The Way to go. And then, you will also find, the courage, and the strength, to move forward, with The Wisdom I speak, with The Light, that is yours, from mine.

June 23, 2021

My strength, shall be your strength, whenever you ask. My peace, shall be your peace, whenever you ask. My wisdom, shall be your wisdom, whenever you ask. My love, shall be your love, whenever you ask. When you are weakened, by the burdens of the day, I shall be your strength. When you are caught, in conflict, and chaos, I shall be your peace. When you are ensnared, in doubt, and confusion, I shall be your wisdom. And when you feel, anger, and hatred, from those around you, I shall be your love. Ask and you will receive, for I AM with you.

And The Holy Spirit says:

There is no need to struggle when that, which you need, is available to you. It is there. It is one of the promises of God, to the children of God. Do not, deny it, or ignore it. Do not turn your back on this precious gift, for it is yours. It is there. Ask, and receive, and you will feel The Love of God, flow into you. And The Light of God will illuminate all you think, and say, and do, and you will be as one, and at peace.

June 22, 2021

Do not be tossed by turbulence, all around you. Come to Me. My arms are open, and they will gather thee, and draw you near to Me, and you will feel My Presence, most assuredly, wrapping around you. My arms are strong, so you do not have to be. My arms will hold you. They will enfold you. They will be your safe place, your Harbor of Grace. And, held within My arms, you will be at peace. Come, draw nearer to Me.

And The Holy Spirit says:

The chaos and confusion, of the world created by man, will cease, and be still, for you, when you rest, in the arms of God. This comfort is there for you. This peace is there for you. So, be aware, it is for you, and all, who desire, this safe, sweet place of God's Grace. Be at peace this day, as you rest in The Eternal Arms of God.

June 21, 2021

Let all things be still, honoring that of Earth, that grows, that has rebirth. Look, and see, and be still. Let humanity be quiet, looking, and honoring. In stillness, hear The Wind, for The Wind shall move amongst that, which is still. And those, who are quiet, will hear the story, carried in The Wind. The Wind will speak, to each of you, in a different way. Be still, be quiet, and harken to that, which The Wind will say.

And The Holy Spirit says:

It is easy to miss the beauty, of Earth, that exists all around you, that grows all around you, when you are too busy, to pay attention, when you believe that, which you have to do, is more important than God's creation, continuing, all around you. Be still. Be quiet. Look, and see, and you will hear The Wind, as it moves around each of thee. For, I AM The Wind, and I rise-up, and all that I touch, and all that I move, is touched, and moved, for The Glory of God.

June 20, 2021

When someone asks for assistance, for help, for you to listen, and hear them, be quick to give, what is asked of you: be it material objects, or things; be it money, or diamonds, or rings; be it your ear, so that you might hear, what they wish to say to you. Give with great joy, that which is yours to give, and you will be at peace, in the giving.

And The Holy Spirit says:

Do not hold onto something that another person needs, or desires. Give, and give to the capacity you have, to give. Open your heart, and let love flow, with the giving. Do not give in a stingy manner, because then you will have to deal with the spirits of regret, and frustration, and possibility even, anger, and retaliation, and revenge. Give, with an open heart, so that the gift is enfolded in your love. And, in that way, there will be love, in the giving.

June 19, 2021

Remember, My creation continues. You are, a living part of, My creation. Look at the flowers, and the trees. Watch the birds, and the butterflies. Notice the caterpillars, and the insects. They are My creation. My creation continues: over deserts, and oceans; over hillsides, and mountains; over prairies, and wetlands. My creation is alive, and living, brilliantly. My creation is you. Always remember, you are My creation, living, for a while, upon the Earth, and when it is time, I will call you Home, where you will continue, living, brilliantly, for all eternity. You are My creation.

And The Holy Spirit says:

God's creation moves, and flows, and sparkles, with the golden flecks of eternity. Do not miss the wonder of creation, by holding, so tightly, to material objects, and things. Release the mundane, and embrace, The Divine.

June 18, 2021

Do not be quick to surrender that which is precious to you, that which you know to be true, to the spirit of doubt, or confusion, or ridicule. Hold close, your treasure, as you watch the unfolding of a new day. When it is time for change, The Holy Spirit, will gradually lead you into all truth, as you are able to bear it, as you are ready to know. Until that time be slow to relinquish, that which you know.

And The Holy Spirit says:

I was sent to you to lead you into all truths, those revelations you are prepared to hear, and see, and know. And that which I reveal will not bring upon you surges of doubt, nor storms of regret. When it is time for you to know, and see, I will tell you so. When there is question, ask of Me, and I will give to thee, that which are ready to hear, to see, to know.

June 17, 2021

I wish for you to know the power of staying in the present moment with you. Focus on the present, with you now, for if you are staying the now, in the present piece of eternity, that is with you, now, you will not dwell on the past, nor will you fear the future. You will live, that which you are meant to experience, in the now, that which is present, with you.

And The Holy Spirit says:

It does not matter whether the present piece of eternity, that is with you, right now, is painful, or playful. It requires focus and attention. Do not turn your head from that which is with you now. Embrace the present piece of eternity, that is yours, and live it, as best you can. The present piece of eternity is now, with you. Come. Take My hand, and let us stand in it, together.

June 11, 2021

You are worthy. Do not believe you are not. Do not accept the judgment of unworthiness from others, no matter how lofty their position might be. I created you, therefore I know what you are. I know your heart, your spirit, your soul, and they are glorious. Do not permit the ways, and the words, of the world, created by man, to dim the light within you, as it comes from Me, and is divine. You are My Divine Light.

And The Holy Spirit says:

Often it is best to turn your ears from the words of man, and feast on The Manna of Heaven.

June 10, 2021

You are as the sailor, skilled in the ways of navigation, sitting, in your sailboat, on the sea, waiting for the wind to propel thee, so that you might maneuver, and make your way, over the sea, to safe harbor. No matter how skilled you might be, you need the wind, so that you are free, to sail over the sea.

And The Holy Spirit says:

I will be The Wind, which fills your sails, and you will move across the sea, to safe harbor. My Breath will carry you, where you need to go. My Presence, with you, will bless you, with direction on how to go, where to go, and what to say, upon your arrival. As you are still, The Wind will rise-up, and your sails will be full, and the journey will be quick, and sure.

June 9, 2021

Do not expect the people around you, to understand the call, from within you. Do not expect the logic, of the ways of the world, to fit, or match, the calling, from within you. Do not permit fear and doubt to rob you, of the calling, from within you. For, I AM calling, and the calling is for you, and only you, will comprehend the words, the direction, the instruction.

And The Holy Spirit says:

That stirring within you, that whisper, that calling, within you, to do something, that does not fit, comfortably, with the ways of the world, is only for you. God is calling you, to do a mission, or fulfil a task, which is designed, specifically, for you, and you, alone. So, it shall be you, who takes, the ways of the world, and forges them, to fit, The Ways of God, by answering The Call, from within.

June 8, 2021

When you reach the place where you can love, without reservation, you are Home.

And The Holy Spirit says:

You are Home whenever you walk, and talk, with God. For, in those walks, and conversations, God will teach you how to: give, without limitation; forgive without accusation; and, love without reservation. Listen, God is speaking. Welcome Home.

June 7, 2021

It is not for you to decide how things are to be. What is for you to decide is how things are to be within thee. Your life upon Earth is meant to be glorious. But to travel the Earth, in joy, and peace, it is necessary for you to free yourself, from the chains, baggage, and debris, which make each step forward a struggle. When you want to clean your house, including closets, and drawers, you start with the decision to do so. The closets and drawers are emptied, sorted into stacks: what to throw away, what to give away, what to keep. When the clutter is gone, the final step is to dust, sweep, mop, and clean, until, at last, your home is brighter, lighter, a joy in which to live. Today, decide to clean the temple within you. Sort the clutter within your sacred vessel, ridding yourself of the debris, by forgiving all things, all people, and yourself, moving through the years, with intention and purpose, emptying inner closets and drawers, until all that remains is precious. Dust, and clean, and mop your inner corridors by casting from you all unclean spirits, including: fear, and doubt, worry, and concern, hatred, and anger, greed, envy, animosity, guilt, shame, and regret. As you rid yourself of darkness and shadow, your inner chamber is no longer dim, nor dark. It is brighter, lighter, a joy in which to live.

And The Holy Spirit says:

It is time to set down the burdens of the past, and soar into a new day.

June 6, 2021

Be mindful, that you do not accept the praise for success, but are willing to blame others for failures. Success, and that which you deem failure, comes from choices, made by you. Even when you believe that others have an impact, on the outcome of the choices, it is still important to acknowledge your choice in the end result. It is good to dance, and sing, in the joyous times, in times of celebration of success. It is right to do this. Be joyful about all you have accomplished. But be mindful, not to push, what you deem to be failure, into a corner, under a rug, so others might not see, or know of it. Take the lessons, that you learn, in the times of challenge, and keep them with you. In every situation, which you believed, you failed, or fell, or was less than what you thought you would be, there are strong lessons. Write them down. If you begin to write the lessons, of what you deemed to be failures, in your life, you will soon end up with a Book of Wisdom, on the ways of life, upon Earth. And these wisdoms will not come from others telling you what to do, or not to do. They will not come from books of study, saying do it this way, or that way. They will be specifically designed, so that you will know The Way, because of the choice you made, and the end result. These are valuable lessons. And they are just as worthwhile as the times, that are good, and joyous, because the lessons come from the hard-knocks, and the challenging times, the days of trial. So, remember this, it is important. Create your own handbook, on maneuvering the ways of the world. It will be your Book of Wisdom.

And The Holy Spirit says:

Wisdom comes from practice, from knowing, through experience, the outcome of choices made. And this knowledge, this knowing, leads to a life where you see, ahead of time, and rely on the lessons, you have learned, during your lifetime. Value them. Treasure them. Lift them up. Point to them, because they are the seeds of your wisdom.

June 5, 2021

When you find yourself unsettled, or confused, in any way, understand, that it is because your spirit, and your physical body, are not in balance. They are not aligned. And, if you will be quiet, you will understand the reason, that you are unsettled, that you are confused. The spirit, that is you, came from Me – Love. Your spirit can hear My words, all the time. And, to make sure this is the case, The Holy Spirit is within you. So, that part is settled, the spiritual part is at peace, because The Holy Spirit is within you. Yet, there is still chaos, and confusion, because every day, you are given, a set of facts, and figures; and they are often touted, as the truth; and you believe, the facts, and figures, you have been given. And then, weeks, or months, later, you are given another set of facts, and figures, that are touted as the truth, dismissing the facts, and figures, of a month before. You are fed this constant information, creating uncertainty, within you. And no matter how they have been, tried, and tested, there is still the possibility that two days later, the facts, and figures, will change, because each is a step, in a certain direction; and not even the wisest amongst you, can say what the step will be, forty, or fifty, trial, and error, periods, down the line. The only way the most brilliant scientist, or someone seeking truth, can arrive at the truth, is to take each step, one step at a time, slowly led, in a direction. The Holy Spirit, within you, sees, forty, or fifty, or four thousand, or fifty thousand, trial, and error, periods, into the future, because The Holy Spirit has infinite wisdom, The Wisdom of Heaven. Relying, on this gift, within you, you are not changing, facts, and figures, every day, to fit the newest lesson. You are confident, sure, and calm, and at peace, because you know The Way to go.

And The Holy Spirit says:

When you ask: I will tell you The Way; I will show you The Way; I will set The Way before you, and encourage you, to walk into it. But I will not confuse you, I will guide you. My light will show you The Way, and it will not be constantly changing, facts, and figures, to suit the opinion, of the world around you. I will give you, eternal truth, The Wisdom of Heaven. And in the giving, it shall be yours.

June 4, 2021

The good parent does not demand, that the child do something, which they are not prepared to do, which they are not ready to do; but the good parent does, encourage, and support, the next step forward. The good parent encourages: the toddler to take just one more step; the child to trust they can ride the bicycle, without training wheels; the adult child to have confidence that their project will be a success, as long as they continue, applying their attention, to the task. I love My children, upon Earth. Therefore, I encourage each of you today to take one more step along The Way, to have confidence that, even if you stumble, I will catch you, and you will rise-up, and the lesson will be held within you. I encourage you to go a bit farther than you have before, so that confidence, strength, and courage will be yours forevermore. I AM your Eternal Parent, and I wrap you in My love.

And The Holy Spirit says:

Do not be dismayed, when projects appear difficult, when the task, you are asked to complete, is challenging. Do not give-up, for I AM within you, guiding you. And, as long as you are connected with Me: My Spirit will whisper, and you will know The Way; My Spirit will rise-up, within you, and you will see, that which you could not see, before. When it is dark, all around you, My Spirit will rise-up, and light The Way, from within you.

June 3, 2021

If your house is on fire, you do not go about your daily chores. If a mighty storm is upon you, you do not go out to plant a garden. If you are weakened by stress or illness, you do not attempt to run a marathon. These things are easy to see. But what about the unseen fires, storms, stresses, and illnesses, that brew within you, that ravage your inner being? These are just as real, and cause just as much damage, as the destructive forces, which are experienced in the physical world. When spiritual storms, and inner battles, besiege you, be still, and breathe. Be quiet, and whisper My name, and together we will put out the fires, weather the storms, and heal all illnesses, which plague you. We will do this, as we sit in My calm, unwavering peace, My eternal peace.

And The Holy Spirit says:

You are more of the spiritual than you are the physical. The spirit, that is you, will live forever. The physical body will eventually fall from you, as a worn-out, tattered garment. The spirit, which is the eternal you, animates, brings life to, the physical body, with which you identify so easily. No matter what is ailing, or troubling, you, physically, it can be resolved within the eternal spirit, that is you. Your physical body is the home, in which your spirit dwells, temporarily. But there will come the day, when it is time for the eternal you, the spirit that is you, to return Home, and on that day, the physical body will crumble, as your spiritual body is released, to continue your eternal life, living forever, in The Light, and The Glory of God. Do not focus so much on the temporary, when you are an eternal being. You carry eternity, within your physical body. You have the opportunity to experience the spiritual and the physical, at the same time. Let the wisdom of the spirit, that is you, be revealed in all you think, and say, and do.

June 2, 2021

Neither the mother wren, nor the father wren, will push the baby wren from the nest, until it is time, and the fledgling is ready to fly. Then, and only then, will they nudge and prod, until, at last, there is the flight. And I will not call you forth, until it is time, and you are ready to fly, to soar with the eagle.

And The Holy Spirit says:

Do not hesitate. Do not fear the call, beckoning you to rise-up. For God will not call the untried to a task for which they are not prepared. Knowing this, if you feel the inner stirring, if you recognize the whisper, if you hear the call, you can also know that you are ready, and it is time to fly, to soar with the eagle.

June 1, 2021

Do not allow, your preconceived notions, those things you think you want, or those things you believe you should do, stop the truth from flowing through you. Open your heart, and your spirit, and your soul, as arms, wide open, waiting, to welcome, one you see coming, even far away. And when it arrives, embrace it, for it is the truth, and it will take your preconceived notions, and the things you thought you should do, and melt them away, so that Divine Guidance sparks a flame, within you. For that, which you are meant to do, shall be done, when you open your arms, and face the rising sun.

And The Holy Spirit says:

God will never ask you to do, that which you are not meant to do. Do not confuse, the support and encouragement, that comes to you, from God, wrapped within direction and guidance, as something that is difficult, or challenging, or trying. It only makes it difficult, challenging, or trying, if you resist, if you try to maintain the lessons of the ways of the world, as you are following The Guidance of God. Let the ways of the world fall from you. Take The Hand of God, which is leading you, and walk, held within the destiny that is yours. Your destiny is not something you are seeking, that is ahead of you. You carry it, always, within you. Therefore, the guidance, and direction, and instruction, will come from within you, as well, as you, and your destiny, go forth.

May 31, 2021

Do not mock, belittle, or make fun of, those: who seem to have an endless supply of positive energy; who see the good in everyone, no matter what the situation; who can always find a light, even in the darkest of situations. For these precious ones, are not slow, they do not lack intelligence. They are the possessors of a full heart, and a wisdom within, which lights The Way for them, and all who are around them. They smile when others cannot. They sing when others cannot. And they dance when others cannot. So, when others are caught in worry, or fear, or doubt, or frustration, those, who hold, within them, these very full hearts, will be the song, and the dance, and the smile, until you too return to the song, to the dance, and wear a smile.

And The Holy Spirit says:

Seek those who have a happy heart, and stay in their company, as much as possible, because it is contagious this happiness, this joy. Stay with those, who find good, in all things. For no matter how small the good might be, when the focus, when the light, is on the smallest piece of good, it shines, it grows, it gets bigger. Seek the company of those who are joyous, happy, and filled with love.

May 30, 2021

There comes a time, to each one, upon the Earth, to feel My Presence, to hear My Whisper. I knock on the door, and wait, for you to answer. If you are living in chaos, and confusion, and noise, and chatter, it can be difficult to hear The Whisper, to hear the knock, to feel The Presence, with you. But just because you do not hear, or feel, My call, does not mean that it did not come to you, at all. It means you were too distracted to answer. Pay attention. Be vigilant. Move slowly. Speak softly. Choose carefully, where you go, and what you do, so that there is always the possibility, that when I call to you, you hear Me, and feel My Presence, and can answer the call.

And The Holy Spirit says:

I was sent to guide, each one of you, from within your being, so you would know what to do, what to say, where to go. But all the direction, and all the guidance, is useless, if it falls on ears, which will not hear. Every question, you have, will be answered, if you come, and be still, and sit with Me. For, I was sent to show you The Way, to give you guidance, every day. There is nothing too small, or nothing too grand, which cannot be resolved, when you take My hand, and follow, as I lead you, each day.

May 29, 2021

I AM near to you. I AM with you. You carry My Spirit, within you. This is how I hear you, even when your head is lowered, and the words you speak, are as a whisper, I hear you. For the truth is, you need not speak at all. I AM so close to you that I know you. I know what is on your heart. So, come, and sit, with Me. Sit with Me, in the present piece of eternity, and we will grow closer, together.

And The Holy Spirit says:

It is a joyous day, when you realize the truth, in the words, you have heard, most of your life, probably: that God is, near to you; that Heaven is, with you; The Spirit of God is, within you; Heaven is, within you. When this becomes truth, for you, then it becomes easier, for you to lower your head, and retreat, from the world, so that you might sit with God. I AM with you. I will not fail you. I know your value, and your worth, for I AM The Spirit of God, within you. Hear Me, for it is so. Believe Me, and let it be.

May 28, 2021

I created Earth, and all things of the Earth, out of My love. My love gave birth to the Earth, to: that which lives within the Earth, upon the Earth, and flies above the Earth; that which lives in the oceans, and the seas, and all the waters of Earth; that which grows, and thrives, upon the Earth. All, I created, came forth, from My love. And because it was created with love, and love alone, it is sacred. You too are My creation, created from love. You are sacred. Take care of My creation, in a way that shows, that you know, it is sacred. Let The Wisdom of Heaven guide you to know, how to care for all of creation, because how you care for, My creation, is a way, in which, you honor Me, almost every minute, of the day. Remember, all, that I created, is sacred.

And The Holy Spirit says:

Begin to look at God's great creation, saying first, "It is sacred." For, this will lead you to a new understanding, of the beauty, of this vast creation, of God, which is called Earth. You can look at a majestic waterfall, in wonder, and see its power, and beauty; but, if you whisper, "It is sacred," first, you see it from a different perspective. You see it, as created by God, not something to interest you, or please you, or fascinate you, or entertain you. It is, because, it is, of God. And it is sacred.

May 27, 2021

When your day is unfolding, and nothing is wrong, and everything is right, the sky is blue, the day is bright, seek Me, with the same fervor, with which you sought Me, when the day was dark, and grey, and filled with clouds, and you felt alone. Seek Me in the good times. Seek Me, when there is no challenge, when there is no obstacle. Seek Me, when you are joyful, so that we can share the joy, as well as learn from the challenges. You do not have a friend, or a family member, or someone you love, who you only speak to, when you are in times of trial, going through something challenging, difficult. You talk to that friend, all the time, and you share the joy, and you share the times of the lessons. That way you know each other, well. Well, this is how I wish for you to know Me.

And The Holy Spirit says:

Speak with God, when the only thing, that is on your heart, is a song of delight, and joy. Seek the presence, and the company, of God, in times of laughter, and dance. It will make your relationship, with God, balanced. You will know each other. And you will know The Ways of God, in times of joy, as well, as The Ways, and The Wisdom, of Heaven, in times of challenge, and trial. Seek the presence of God every day, and in this way, you will come to know The Ways of God, and The Wisdom of Heaven.

May 26, 2021

When one you love, is being ridiculed, and mocked, set upon, misjudged, shamed, in any way, it can be a temptation to support, the one you love, by denouncing those who curse, those who judge, those who ridicule. Gather your loved one, in your arms, and talk, of all that is good, within them. Lift them up, by showing them the strengths, that are theirs, the gifts, that are theirs. And, in this way, turn their ears from the taunters, and the chiders, and the deriders. You cannot lift one up, by pounding another down. Bring forth the light of truth to illuminate your loved one, with their value and worth. And then, on their own, they will rise above any occasion, without attempting to destroy another.

And The Holy Spirit says:

Turn the other cheek. These words, most of you, have heard often. But, the complete meaning, the layers, and layers, of meaning, held within these few words, will come to you, slowly, as The Light of God illuminates you, and you boldly rise-up, and stand, before anyone, and turn the other cheek, listening to God, rather than the taunts and temptations of man.

May 25, 2021

Only when you are still, and quiet, will you come to know Me better. When you are still, and quiet, you feel My Presence, with you. When you are still, and quiet, you begin to understand the meaning, of the words, that: Heaven is near to you; Heaven is with you; Heaven is within you. Heaven is within you, in the form of My Holy Spirit, within you. When you are still, and quiet, you begin to feel this, and know this. And your every breath becomes, as the tides of the ocean, in and out; so much power, breathing in and out, taking in, that of Earth, so that you might go within to sit with, that of Heaven. And knowing this, you acknowledge that, every breath you take, every inhalation, and exhalation, is a prayer, maintains your body, sustains the life of your physical body, while you, in quiet, within, sustain the life of your spiritual body, the spirit that is you.

And The Holy Spirit says:

When you make it a practice, each day, to find a place, to find a way, to be still, and quiet, you are quickly rewarded; because you find that, within your sacred self, you are a combination of Heaven and Earth. You are a walking prayer, a song of glory, a citizen of Heaven, upon the Earth. And, when this happens, when this realization is ignited, within you, you are at peace.

May 24, 2021

When there is something, you do not want to do, or you are afraid to do, or that challenges you, procrastination slips in. And you find reasons not to do that, which is before you. You push it to the side, but it always is there, there looming over you, looming before you, but never addressed, never done. And so, it is with you, in the evening, and in the sun. Once you step-up, and do that, which you do not want to do, that, which you are afraid to do, or that, which challenges you, it is done. It is no longer looming over you, or before you. It is done, and behind you.

And The Holy Spirit says:

Do you know: that thing you do not want to do; that person you do not want to speak with; that project you do not want to complete? Of course, you do. There is always something, that you put off doing, because it seems so hard, so difficult, to face. But, until you face it, it is always there, waiting, causing great despair, and worry, and concern. The Way to free yourself, is to do it. No matter how much you do not want to do it, do it. And then, it will be done, and behind you, and you will be free of it. Take the step. Make the phone call. Write the letter. Complete the project. Whatever is looming over you, it is time for you to rise-up, and do.

May 23, 2021

At the center, of every hurricane, there is a place of calm, called the eye of the storm. In every desert, there is a place, which will quench the traveler's thirst. It is called an oasis. In times of turmoil, and upheaval, no matter how long endured, there comes the light, of a new day, and the turmoil, and upheaval, pass away. This is easy to understand, and say, when you are not in the time of the storm, or lost in the desert, or enduring beyond the norm. But when you are in the midst, of such things, it seems as if all is lost, and there is fear. You are afraid. You feel alone. At these times, remember, you are not alone. Find the eye of the storm. Find the oasis in the desert. Find the peace when things are not normal. You will find these things, within your being. When you are tossed, and turned, and caught-up in fear, or possibly anger, or doubt, go within. And there, you will find peace. You will find, guidance, and direction. And then, you will know The Way. The answer is not in the turbulence of the storm. It is within the sacred sanctuary, within you.

And The Holy Spirit says:

Fear, and doubt, can turn you inside-out, upside-down, all different ways. But the ways of, fear, and doubt, are not calm, or peaceful. When you are caught-up in, fear, and doubt, be still, and go within, to get out, out of the fear, out of the doubt. Go within and be, still, and quiet. Slow your breathing, and whisper the prayer, as you will find The Holy Spirit, Me, I AM there, much ignored, many times. But I will tell you The Ways of Heaven, and I will whisper, guidance, and direction, which will lead you out, of fear, and doubt.

May 22, 2021

I will lead you, through the desert, and you will live on the water, which pours over you, and on you, from Heaven. I will lead you, over the waters of Earth, and I will feed you, with manna from Heaven. I will lead you, through the cities, filled with turmoil and crisis, and I will feed you, with the peace and serenity of Heaven. I will lead you, over the meadows, toward the river, flowing sweetly and slowly. And we will sit, on the bank, and discuss, where we are going. For there is not one place, upon the Earth, that you go, or travel alone. For we are together, until I lead you Home.

And The Holy Spirit says:

In times of trial, it is easy to feel you are alone, because it does feel that way, if you are focused on the trial, or the challenge, or the plague, you must face. But it is in these times, if you will be still, that The Will of God will move you, to rise, and you will. And The Hand of God will lead, from that, which torments you, to that, which gives you pleasure, walking upon the Earth, holding The Hand of God.

May 21, 2021

You feel protected and secure, because you have purchased insurance. And this insurance covers house and vehicles and medical expenses. But there is a price to pay for this insurance. And it comes in the form of premiums, and you pay the premiums, for the insurance, and this brings you a feeling of protection, a feeling that the possessions, the property, that you own, that, which is yours, is protected against loss. Now, apply this to your spiritual life. I have assured you, that you have eternal life, that you shall live forever. I sent Jesus to walk amongst you, to assure you of this, so that you might see, the truth of eternal life, so that you might hear, the words of Heaven, so you might know The Way from the way He lived, as He walked amongst you. And, to continue this assurance, I sent The Holy Spirit to dwell within each of you, so that, if you needed direction, if you sought counsel, you would receive exactly what you were meant to receive. You would receive direction, and guidance, and truth, and wisdom. All this has been set in place to protect you from loss, to protect you from worry, and concern, and anxiety; because, your spiritual life, your eternal life, is the most valuable gift you own, you have. It is yours. The premium has already been paid. All you have to do is to live your life, be content and happy.

And The Holy Spirit says:

You have been given direction, on how to follow The Way. Not only have you been given direction, you have been shown The Way. Jesus walked amongst you, so you could see how it was done. So, not only do you have direction, but you have the examples. This is how you live it. This is how you do it. And to further assure you would know The Way, I was sent to dwell within you, to be with you, every day, to counsel, to guide, to direct you, to whisper The Words of Wisdom, to speak, so you might hear what God would tell you. This is yours. No cost. You are covered for eternity. Eternal life is yours. Now, follow the guidance and direction, on how to live the most wonderful life, upon Earth, and this portion of your eternal life will be a blessing for you, while you are blessing others, by all you say and do.

May 20, 2021

When you take one step, and pause, you see, what is around you, you know, which is the best way to go, you very rarely stumble, or fall, because you take one step, and pause.

And The Holy Spirit says:

When you are in a hurry, accidents occur, more frequently, than when you are not hurrying around. When you take you time, and proceed slowly, with care, less accidents occur. Today, do not be in such a hurry. Do not run, when you can walk. And let your walking pace be sure, and steady, taking one step, at a time, whenever possible, to look around, and see where you are, and notice where you are going.

May 19, 2021

Do not measure what you can do, by what others can do, or tell you, you can do. Do not measure what you cannot do, by what others cannot do, or tell you, you cannot do. You can do everything, that you were sent to do, because you are on a mission, created especially for you. Follow The Wisdom of Heaven, that is held within you. The Holy Spirit is within you. Do not ignore this. I implore you, do not be defined by the limitations set by others, when My Hand is leading you forward, beyond earthly limitations.

And The Holy Spirit says:

When you are tempted to say, "I cannot do it," be still, and I will fill you, with The Wisdom of Heaven, and you will know exactly what you can do, and how to do it. Be mindful of temptations, leading you away from your mission, the purpose of your journey, upon Earth. When you connect with Me, when you know My Voice, when My Whisper sends a shiver down your spine, you will not be so easily tempted away from The Divine. You will listen, for The Divine, because The Divine is within you. Your inner spirit is Divine, and seeks communion, with God. Therefore, you seek communion with God. And within that communion, your heart, soul, and spirit, sings with joy, in the completion, of the connection, between you, and God. When you are in this sacred state, you will walk, upon the Earth, doing all you were meant to do, for The Glory of God, because The Glory of God will illuminate The Way, and lead you forth into each new day.

May 18, 2021

The most amazing journey, you will ever take, is not about your travels, over the Earth, the friends you make, the suitcase you take, or all the places you go. The most important journey, you will ever make, is to enter the secret chamber, within your being, to walk the corridors, and hallways, to open your eyes, to that, which is, within you. And this is the only way, you will know the value of you. It is also the only way, which you can clean, and cleanse, the temple, the sacred space, that is with you, in you, of you. There are piles of rubble, and debris, stacked all around. And it is up to you to cleanse that sacred ground, to free yourself, through forgiveness, to empty the hallways, so they might begin to shine, with the light, that is surely, within you. Each obstacle, each pile of debris, you see, is something created, within thee. Do not turn your head any longer. Let the great journey within, begin today. The first thing you see, look at it. It is not just a memory, within you. It is something, which needs attention, from you. Pick it up. Look at it. Forgive it. And, let it be. As you become more familiar, with the inner chamber, then you will know what to do. And soon, the hallways, the corridors, will be illuminated, through the work you do. And you will shine, from within. And shining, from within, will illuminate the skin of your body. Take the journey within and begin.

And The Holy Spirit says:

Sometimes you encounter a task, a cleaning task. It might be a room, or it might be a stack of dirty dishes. It could be a yard, filled with clutter. Still, you look, and are surprised, at all that has accumulated there, while your back was turned, while you did not care. Often, the only way to begin, is to just pick-up the first thing you see. The pile is so high, there is so much. At first, there is no order, to cleaning this debris. But you begin, you are willing to begin. And soon, you have picked-up the third, the fourth, and now, in your hand, you are holding the fifth, piece of clutter, which needs removing. Often, the only way to begin to clean a place, a project, or yourself, is to take the first thing you see, and then the next, and then the next, until you are free.

May 17, 2021

Once you have made your way through the storm, once you have successfully maneuvered through a crisis, or an upheaval, or found peace, at last, in chaos and confusion, avoid the temptation, to continue down the path, seeking the next project, or obstacle. Be still. Sit and see, so you might know the lesson. The temptation is to move on. And, often, as you move on, from whatever you have endured, the dust, and the debris, still clings to your shoes, and your hand, and you carry it with you, down the road, around the bend. You carry the pieces and remnants, but you do not hold the wisdom of the lesson. In order to retain the lesson, be still. Feel it. See it. Understand how it did unfold, so that when you encounter another storm, another crisis, more confusion, and chaos, using The Wisdom of Heaven, you know what to do. There is much time, to continue, along the path. First, sit. Be still. See and know.

And The Holy Spirit says:

When you have weathered the storm, often you feel a sense of celebration, welling-up in you. You want to call-out to all, "We made it through. Look. There is the sun. It is a brighter day. The work is done." And this is, most assuredly, understanding what has happened, being a cause, for celebration, success, completion. But there has been something missing, so often, between the trial, and the triumphant celebration. And it is, understanding the lesson. And because no time is taken, between trial and celebration, the trials continue to plague you, because you did not sit, and learn, so you might know. Let these words settle into your being, today. Do not be in such a hurry, or rush, to get away, from what you have just experienced. Sit. Learn the lesson. And the lesson will be, to reject, to send from you, all negativity, and retain the gem, the precious gem, of the lesson, and carry it forward. There is no need to carry the debris of the storm, the muck, and the mud, of the storm. But within every storm there is the priceless lesson. Carry that with you, and you will walk, over the Earth, knowing The Ways of Heaven.

May 16, 2021

I know that, which brings you joy. I know that, which delights you. I also see, and know that, which brings you confusion, dismay, frustration. I see, and know, all that is with you. When an issue clouds your day, be still. As it moves around you, and seems to grip you, be quiet. It is then, as a storm, which has befallen you. However, if the storm comes to you, the storm will pass from you. Do not use your energy to squirm, or run, or cry-out, or shake your fist, or be angry, at the situation, surrounding you. Save, your energy, and be quiet. Speak My Name, take My Hand, and I will lead you, through the storm. And soon, the sun will shine. Whenever your encounter a challenge, a trial, something very difficult to do, be still, and know, it shall pass from you.

And The Holy Spirit says:

Life is so easy, and fine, when the day is filled with sunshine, when the flowers, are bright with color and scent, and the sky is blue, and the grass is green, and all is just as you would like it to be. Sing, and dance, and celebrate those days, for they prepare you for the storm, that will surely come to you. But stand, in the midst of the storm, and know, it will pass from you. The promise is, that you can reach-out, and take The Hand of God, that you can be still, and hear My Whisper, from within you. And while you are buffeted by the storm, the storm will pass, and you will walk through, and there will be the sunshine, warming you.

May 15, 2021

If a plague, came knocking on your door, you would not open the door. You would make sure your door was locked, and gather your family, and pray, until the plague passed away, and the light of the sun blessed the new day. You can see this. You can understand this. So, apply this to the thoughts, which knock at your door, and swirl, within your head. Some thoughts are of kind deeds, and gentle words. But there are thoughts, which knock on the door, that are as the plague. And if the door is opened, these thoughts, of darkness and shadow, will move into you, and disease will infect what you think, what you say, what you do. Do not give these thoughts power over you. Cast them out, and send them, from you. This practice empowers you. You are no longer the victim of darkness and shadow. You are the power over darkness and shadow. Do not open your door to the plague. Rise-up, and cast it from your doorstep, and it shall pass away.

And The Holy Spirit says:

Let your days be filled with light, and permit your days to tell a story, of life, upon the Earth, and all its glory, when lived by one, who knows The Way. Sit with Me, for I dwell within thee, so you might know The Way, so you might know The Wisdom of Heaven. I will guide you, and direct you. And, when we speak, you will know, better, the spirit that is you. You will come to understand that you are of Heaven, and you are sacred. Do not throw open the doors to spirits of darkness and shadow. Cast them from you. You need not live with them, and you shall not live with them, once you know what to do. When the shadows of darkness threaten you, rise-up, and say, with the authority, God has given you, "Not today. I am a child of God, and I know The Way. I cast you out. I send you away."

May 14, 2021

It requires focus: to live each day, as it is meant to be lived; to celebrate each day, as it is meant to be celebrated; and to be thankful, for each day. It takes practice. When you are focused, on dedicating your attention, to the day, with you, then the day, with you, becomes a thing of great beauty. And it is not just beautiful for you. This energy, that you are creating, by focusing your attention, on the beauty of the day, gratitude for the day, all that you see, and hear, and know, during the day, then this energy, moves out from you, throughout the day, encircling any of those, who come your way, or pass your way. It is a beautiful creation, to focus, on each day. When you are tempted to look back, or look forward, you are missing, the opportunity to create, something of great value, a beautifully, perfect day. Do not miss the opportunity of today, because it is possible for (the) day to slip away, without your recognition. Focus your attention on today.

And The Holy Spirit says:

If you are blessed enough to sit, and watch children at play, you will notice, that they are focusing, their attention, on a game, or a sliding board, or climbing a tree, or delighting in eating an ice cream cone. Watch the children at play, and then focus, your attention, on creating your day, to look similar, to a day, when a child is at play. Practice doing this, then come the night, your heart will be filled with gratitude, delight, and thanksgiving. If you focus, your attention, on the day at hand, the coming days will take care of themselves. One day will slip into another, and another, and another, and because your day, with you, held your complete focus, it was completed, in The Way, it was meant to be. Focus your attention, on creating, a beautiful day.

May 13, 2021

You cannot crawl, until you turn over, on your hands, and your knees. You cannot walk, until you stand. You cannot run, until your gait is sure. You cannot fly, until The Spirit lifts you high. You cannot soar, until you release all that is holding you down. You can crawl and walk, and you can run, and fly, and soar, with the eagles. But you must be willing to try. You must be willing to do. And faith, is the ingredient, which will carry you through, each stage of the resurrection.

And The Holy Spirit says:

Do not limit yourself, for as soon as you believe, you cannot do something, your belief becomes fact and truth, because you will not try to do something you believe you cannot do. Today would be a good day to know, there are no limitations, or boundaries, for you. That, which is upon your heart to do, is possible for you to do.

May 12, 2021

Do not deny the sharing, of your love, and your light, amongst all people, through judgment. Do not judge, one worthy of your love, and another unworthy of your love. Do not judge, one worthy of your light, and another unworthy of your light, through judgment. Understand this. Be love, as I AM Love. Be light, as I AM Light. If you think of it as offering, or giving love, and offering, and giving light, you might withhold, from some, your love, your light. But if you believe, if you know, you are love, you are light, your love, and your light, exists, in your presence, and it touches each one around you. Just as I let the rains fall, on all, not judging who deserves the rain, or who does not deserve the rain. You, by knowing, you are love, and you are light, will bless each one, you encounter, with love, and light, because you are not dispensing love, and light, you are being love, and light.

And The Holy Spirit says:

If you have compassion, and you believe that it is as a piece of cake, that you must share with others, you might become stingy, in the division of it, coming, at last, to doling, this piece of cake, this piece of compassion, out to only those you believe deserve it. Ah, but if you know you are compassion, then you walk amongst all of humanity, being compassion, not handing it out, not dividing it, being it, so that all might be in the presence of compassion. And it is the same, with all of the creations of God, with love, and light, and peace, kindness, charity. Think of yourself as love, and light, and kindness, and peace, and charity, inside. Nurture these things, inside. Feed them, inside. Let the flame grow, inside. And then, you will never need, or have to decide, who is worthy, of a piece, of your kindness, your love, because you just are, and in your presence, each one is blessed.

May 11, 2021

That, which has been tainted, sullied, or spoiled, in darkness and shadow, can be resurrected, cleansed, and made perfect, within My Light. Do not hesitate to walk into My Light, fearing, or feeling, that it is not right, that you are not good enough, that you are not pure enough, because My Light is with you, to cleanse you, and to purify you, so that you shine, from within. You are as a multi-faceted gemstone. It is often necessary to take a gemstone, in your hands, and wash the dust, greases, and oils, from it, gently buffing, until it shines, until it is clean. And, when, at last, you lift it up to the light, every facet, brings forth its unique characteristic of the light. The gemstone is made perfect, when it is cleansed, and cleaned, and held in the light. And, so are you, made perfect, when you are cleansed, and cleaned, in My Light. Do not deny yourself, the unique, sacred experience of The Light, as it is, for you.

And The Holy Spirit says:

It is easy to see the brilliance of a gemstone, especially when you have cleaned it, and hold it up to the light. It shines, and sparkles, often projecting fractions of iridescent colored light, all over the room. And this brings delight, to see what this gemstone can do, when held in the light. You can see this, with a gemstone. Now, see it with you. Think of yourself as a gemstone because you are. Stand in The Light of God, which is always with you, and be cleansed, in the Light. The Light of God is the only Light, which will illuminate every crack, crevice, and corner, within you, so that every unique facet of you, can illuminate, the world around you. Stand, as you are, a thing of beauty, a gem of God. Stand in The Light, and let every facet, of who you are, shine, brightly, projecting The Light of God, for all to see, the beauty held, within thee.

May 10, 2021

When you feel so low, lost, with no place to go, be still. When you feel, as if every door has slammed shut, locking you out, in a darkness, in a shadow, in a circle, entrapping you, be still. Even though your hands are trembling, and your jaw is shaking and quivering, be still. I AM with you. You have heard these words. You have read these words. You have even possibly said these words. But now, at this time of trial, it is important to know, I AM with you. Know beyond believing. Believe beyond hoping. Trust Me. These words are not vacant. They are not empty, and neither are they clanging cymbals, or pounding drums. These words are a promise, a sacred promise. I AM with you.

And The Holy Spirit says:

God, The Creator of All Things, has said so, that you are not alone. But, in times of trial and challenge, it is easy to doubt this, because you look around, and you see, you are standing alone. The whole world is against you, you might think. And there you stand, alone. But the only reason you doubt, that God is with you, is because you are counting on, and believing in, the material illusion, that you must see it, before you believe it. The unseen is all around you, but you must see it, with the eyes of your spirit, your soul. You must see it with your eyes closed, until you grow ever so bold, that you see it with your eyes wide open. The words, I AM with you, are not empty. They are a sacred promise. You do not find words, describing, or limiting, how God is with you. It is a statement, a fact, needing no explanation, especially to one, who is willing to believe, because from the believing, springs forth the knowing, I AM with you.

May 9, 2021

When you are handed the mantle, the stole of authority, by those who trust you, it is an honor. If you take, seize, or wrest authority, you find it necessary to demand enforcement of the authority. One form of authority is an honor, a sign of respect. The other is an act of force. One form of authority leads all forward, to achieve greater things. The other form of authority is often imposed for self-aggrandizement. Authority is frequently misused and abused. It is difficult to use, properly, especially when one finds oneself, in the role of authoritarian, without preparation, without advanced notice. You often see this play-out in families, as parents assume the role of authority, over the children, and the family moves forward, or backward, depending on how the parent(s) assumes the role of the authoritarian(s). You cannot force respect, or love, or honor. Respect, love, and honor come with acknowledgment of the role of the authoritarian. Within the family is where to see, and know, how to assume the role, how to wear the stole, of authority.

And The Holy Spirit says:

The good parent shows The Way, and shows The Way clearly, so there is no dismay, doubt, nor confusion. The parent who wields authority, as a weapon, as a tool of enforcement, demanding one thing, while showing another, creates an atmosphere of dismay, doubt, and confusion. The Good Parent, The Eternal Parent, sent The Living Word to show The Way, so The Family, the children of Earth would know The Way, clearly, without fear, or chaos, without confusion, or dismay.

May 8, 2021

Treat all things, all people, as if you know, all things, all people, are sacred. Treat the trees, and the flowers, and the very dirt you walk upon, as sacred. These things spring forth from Mother Earth. And until you see them, as sacred, as they are, you will never know, how sacred, you are. As you walk, in the world created by man, you will notice this thought process, of considering everything sacred, all things that come from Earth, all animals of the Earth, all minerals of the Earth, the wind, the water, the breath of life, that you breathe, in the air, oxygen, all of these things, should be blessed. But very few, are acting, in this way, of honor. And, if you do not consider, that which springs forth, from Mother Earth, sacred, you will not treat yourself as such. You will think of yourself as ordinary, a coincidence, something that just happened. And I will tell you, you were created in a sacred way, as was the Earth, as was this day.

And The Holy Spirit says:

Be quick to listen, to what others say, and listen for a long time, because, as you listen, to what another says to you, you will then know what they feel is important, has merit. And there will be a time, when you encounter a person, who, when they speak to you, you will be drawn to their words, you will be drawn to their tone, you will be drawn to the voice, and you will listen, long. And you will realize that, that which they consider is important, and as important, is sacred. Search for that encounter. Search for that voice, filled with Spirit, and you will have a sacred encounter of Spirit.

May 7, 2021

I will repeat this, as often as necessary, until you believe it, until you know it. And, even if you cannot embrace this truth, until you pass back through the veil, and enter into Home, I will still repeat it, because every time it is said, some small piece, some fine thread, weaves its way into your fiber, and makes it easier for you to believe. You have everything you need, within you. You have every gift required to make your life, upon the Earth, a success, joyful, happy, productive, and fulfilled. You have, within you, The Wisdom of Heaven, in My Holy Spirit. You have been given the words, and shown The Way, by Jesus. I speak to you, and I wait for you to come to Me, second by second, minute by minute. You have it all. You cannot see it, sometimes, because your eyes are blinded to it. You see the material world, and all that is in it. And it is appealing, and often compelling, and you are drawn to it. But the more you make the time, to set yourself aside, and be still, and quiet, you begin to feel Heaven, all around you, because you are in it. Heaven is with you. Eternity is now. I cannot say this too much, because your life will be different, the minute you embrace this truth.

And The Holy Spirit says:

The treasure, that is held within you, is far more valuable than the gold, and silver, of Earth. It is far more valuable than the material things, of Earth. It has greater worth than: the value you place on how others see you; or, what others think about you; or, if you have worth in the eyes of others. You have everything you need, uniquely designed, and prepared, for you, so that you might face the mission that is yours, and accomplish the goal, complete the project, fulfill your destiny, and return Home. There are things, you hold within you, that you will not say aloud. And, you will not say them aloud, because you are worried of what others might think of you. You hide your true value behind a cloud of concern, and doubt, and worry. Here is the truth. When you live, from within you, and you stay connected with God, that which you do, and that which you say, attracts others to you: who are also walking The Way; who are seeking The Hand of God; who are happy in the company, and embrace what you say. It is in this way, that you live to your full potential, without hiding your glory. You let it shine. You tell your story. Do not hide who you are. You are of great value, unique, authentic. You are the only you. And your worth, is more valuable, than the greatest treasures, of Earth. Today, be still, and seek the treasures within, so you might begin to use them, as they were intended to be used, in a sacred way, to illuminate your day, upon Earth.

May 6, 2021

You have heard it said that people know you, through the words you say, and the deeds you do. And this is true. People feel they know who you are, by listening to what you say, by observing what you do. And this is how you can know Me, too. Be still, and listen, and you will hear My Whisper, within you. You will begin to know My Ways, as I guide you, from within. And all you need do, is look, all around you, and see My Ways, in nature. There are signs day and night. Look and see all that I do. See My Presence, and hear My Voice, in: blankets of flowers, covering Earth; the rivers, streams, and oceans; towering trees; majestic mountains; rolling hillsides; tranquil valleys; animals at play, and animals at work; people at play, and people at work. Look, and observe, what is happening all around you. And as you look and see, you will come to know Me. Listen, so you might hear. Look, so you might see. In this quiet observation, you will come to know Me.

And The Holy Spirit says:

God speaks to you, every day, throughout the night. You are just too busy, moving here and there, with work, and play, and family, and friends. It is not that you do not care. It is because you dismiss the truth, that God is there, with you. I AM within you, to guide you. You have read this. You have heard this. You speak it. You say, you know it. But today, show it. Be still. Be quiet. Listen. When the chaos and confusion is stifled, you can hear The Voice of God: in the rivers, in the streams, in the oceans, in the seas; in the whisper of the trees; in the humming of the bees; in the sacred silence, of the warmth of the sun; in the drip, drip, dripping of each drop of rain; in the breeze, which beckons you to pause, and just be. Be guided, and know The Way, because you have heard God speaking, to you, through all of nature, today. Look, and see. Listen, and hear. The Voice of God is with you.

May 5, 2021

Everything you do is a creation, which comes from you. And the creation holds the energy, that you were using, as you created. Think on this, awhile. If you are cutting the grass, in your yard, and you are frustrated, or angry, or sad, or gloomy, those feelings are energies, but more important than that, those feelings are the ingredients, of that which you are doing, that which you are creating. If you are joyfully sweeping the floor, then joy, is the ingredient, that goes into that creation, moving into the house, into the floor. You are doing more, than cutting the grass, or sweeping the floor. You are doing, and as you do, you are creating. So, while you are doing, while you are creating, check the energies you are using, because they are the ingredients, of that, which you are creating. If your attitude needs repair, before you cut the grass, before you sweep the floor, pause. Check the attitude. Check your intention. Check your energy. Everything you do, everything you create, is worthy of the finest ingredients. Therefore, reject the ingredients of darkness and shadow, and choose the ingredients of light, the ingredients of Heaven.

And The Holy Spirit says:

You are busy, most of the time, and as you work, and work harder, you find, you are growing weary, and tired, sometimes even absent of mind. And it is in these times, that it is easy for the temptations of frustration, or anger, to slip into you, diminishing all that you do. If it needs to be done, and it is to be done by you, make sure the ingredients you use, are the finest of light. Reject the ingredients of shadow and darkness, outright, and everything you do, even cutting the grass, and sweeping the floor, will be blessed by you, will shine, with The Light of Heaven. Let everything you do be divine. Check your attitude. Create with Love.

May 4, 2021

Stop judging, even before it begins. Renounce the energy of judgment, outright. The Way to rise above judging others, or yourself, takes practice. And this will help you practice. When you see a flower garden, and one flower is red, and another is yellow, you see the flowers. You know that one is red, and one is yellow, but you do not judge them harshly, because one is red, and the other is yellow. You see and know. When you see one bird, soaring high, and another flitting from branch to branch, you see, and you know. But you do not judge, one bird for soaring, and other for flitting. No. You see and you know. When you see one person, who is large of frame, and another, who is slight of frame, see, and know, and let it go. Do not judge the one, who is slight. Do not judge the one, who is full. Practice not judging others, nor yourself. Most of the time, during your day, you see, and know, and let it go. But there are thoughts, which trigger judgment, almost instantly. And you know, the trigger, which prompts your thoughts, to judgment. Practice with the thoughts, which are leading you astray, down The Path of Judgment. Practice, until you have perfected, “see, and know, and let it go.”

And The Holy Spirit says:

Sometimes burdens are heavy, because you have overstuffed the sack, you are carrying, with judgments of others, or yourself. It is not necessary to carry the weight of such burdens. God has not given judgement to you; therefore, it is not yours to do. But still, the temptation is there, to judge someone for what they wear, or the length, or the color, of their hair. Judgment is insidious. It sneaks into the course of the day, and soon becomes a part of you. The temptations to judge are many, and often powerful. But even as they come, flying to you, you can practice, so you know what to do. Whenever you are tempted to judge, “see, know, and let it go.”

May 3, 2021

Thousands of years ago, I sent My Son: to walk amongst you; to teach you; to show you The Way to live a joyful, peaceful, blessed life, upon the Earth. And all He did, and all he did say, he did, and said, to show you The Way. And now, he has returned Home. But it has been set in place, that each, of you, are to walk upon the Earth, doing all that He did do. My Holy Spirit is within you: to show you the way, to guide you, to tell you where to go, to teach you what to say; so that, where there was one of Him, there could be millions of you, walking upon the Earth, showing that, which one must do, to be at peace, to be happy, to live a blessed life.

And The Holy Spirit says:

It is time to, rise-up, and do. Live the Heavenly Way. It is with you, and it is possible to do. But you must be quiet, and still, and listen, so you can hear, and learn, and know, The Way. You are to be different. You are to be kind. You are to be gentle. You are to remind, those around you, that the most powerful energy, ever created, is Love. And God is Love. God does not just love somebody today, or tomorrow, or yesterday. God is Love. Therefore, God can be nothing, but Love. And God's Love flows into, and through, you, like good blood, through your veins. The Life is within you. Rise-up today, and do, all that you can do, for The Glory of God; for The Glory of God shines, within you. The call has gone out. Now, who will come forth? Let it be you.

May 2, 2021

Justice is not found in retaliation and revenge. An eye for an eye, will not resolve the anger, or hatred, burning within. Oftentimes it is the fuel to the fire of retribution. And even when reduced to smoldering ash, just below the surface, there is always the threat of the fire erupting, the dragon rising, the reckoning. Ongoing animosity, between individuals, groups of people, races, creeds, nations, will never be squelched through acts of retaliation and revenge, even, when performed, in the name of justice. True resolution will arrive, descending from The Hallways of Grace, on The Wings of Mercy. When we talk, when we connect, when we meet, you will not be seeking justice. You will be seeking Mercy. And, Mercy and Grace, I shall give unto thee. Now, go forth, and do the same, and do so, in My name.

And The Holy Spirit says:

Seek to use The Gifts you have been given with The Wisdom of Heaven, so that all you do reflects The Glory of God, shining within you. Give to others, that which you seek for yourself, that which you desire for yourself. That is true justice. The words and deeds of ego can lead you astray; but The Wisdom of Heaven will show you The Way. I AM with you. Sit with Me, for a while, today.

May 1, 2021

Never be so set, in your ways, that you cannot learn, a new way. Never be so set, in your course, that you cannot alter, your course. Never be so set, in your ways, that you cannot look, and see, a possibility of, another way. Do not be so set, on your course, that it is impossible for you to be flexible, bendable, movable. Look at the sands, of the desert. Look at the waters, of the oceans. Look at the course, of the rivers and streams. They are not rigid. They are following, the course of, the present. And the present will take you into tomorrow, where you can use the lessons, of the past. It is best to go into tomorrow, carrying the lessons, from where you have been. To do this, you must actively engage, in the present. For, the present piece of eternity, is where you are, where you learn the lesson, where you are exactly where you are meant to be, at that moment, in eternity.

And The Holy Spirit says:

When you observe nature, all of the Earth, The Great Creation of God, you soon find that, everything moves, and flows, together, as one. When something happens, to disrupt one flow, another flow is coming, right behind, calming, that which was disturbed, setting a course, for the present, (that) it is just, right to be in the present. And all, of nature, knows this. Look, observe, see, and know.

April 30, 2021

Change the way you look at things. Change your perspective on what you see. Do these two things, and you will change, your life, for the better. Turn your head from the horror, and terror, and chaos, and confusion, and look for, so that you might see, the beauty, the good, the brilliant, joyful Glory, that is around thee. For you hear it said, often, "for The Glory of God." But, do you know, what it means? The Glory of God, shines, all about you. The Glory of God is all about you. It is not for Me. It is for thee. My Glory is yours. Open to it, and be enfolded within it, and you will see, what The Glory of God is all about. The Glory of God is in living a life, that is filled with Heaven, moved onto the Earth, not the other way around. So today, look for the brilliant, Glory all around you. Do not see the trampled. See the small flowers, pushing their way, through obstacles, reaching for the sun. See the laughter, and smiles. Hear them. See them. Know them. For, in laughter, and in the smile, you will find My Glory. Do, all that you do, for The Glory of God, as they say, understanding that My Glory is shared with you. My Glory is your story, and My story, and the story of creation, and all that can be done: when you turn your face to Me; when you see the rising sun; when you recognize The Wisdom of Heaven, whispered, from within you. My child, you are My Glory, you are My Light. Your story is My story. Let your story be of The Glory of God.

And The Holy Spirit says:

Let the radiance, of The Glory of God, lift you up, and shine through you, so all might see, what God will do, through you, and all, who desire, to know the fulfillment, of The Glory of God, upon Earth. It is with you. Embrace it.

April 29, 2021

Do not diminish who you are, or that which you have, in any way. It is often the case, that the familiar often is believed to be of lesser value, than it truly is. If you do not cherish, and value, who you are, and that which you have, then, why should others value, who you are, and that which you have? Create an atmosphere, and environment, in which you cherish, and value, your worth, and you cherish, and value, the worth of The Gifts you have been given. When you know who you are, and the value of who you are, and when you know The Gifts you have been given, and the value of The Gifts you have been given, then others, too, will value you, and that which you have. It is that simple.

And The Holy Spirit says:

When you are eating a fine meal, you take for granted, that particular meal. Oh, you enjoy the tastes, you enjoy the texture, even the aroma. But often, you do not value that, which is with you. Your sights are always set some place else, on another meal, in another place. Apply this to everything, and begin to look at what you are doing, what you are experiencing, what is occurring, in the present, and have gratitude for the experience of it. Take the time to be thankful for that, which is with you, right now. For the parent, who might be a bit tired, and weary, as the children run around, and laugh, or cry, and are hungry, or dirty, and require some attention, one day, they will be gone. There will be no more dirt on the floor, or fingerprints on the wall, or voices ringing, up and down the hall. It will be quiet because it is another time. And a piece of you will long for, a moment, when they were there, in the present. If you make it your habit, if you make it your course of action, to value, and treasure, and be thankful for, the present, then you will always live in the present, and enjoy it to the ultimate experience. And because you have had that ultimate experience, it is easier to let it go, and move to the next. Stand in the present, and be in the present, and value the present, including yourself. Treasure what you have, now. Hold what you have, now. The worth, of you, cannot be measured. The worth, of your Gifts, cannot be measured. But you can experience, for yourself, what is happening in the now, and you can use your Gifts in the now. Let the now, the present, be all that is, so that you are fully prepared for tomorrow.

April 28, 2021

All creation continues, moving in eternity, traversing unknown, and unnamed, hallways of forever. And, you are held, within the flow of the creation, a being of eternal nature. Therefore, you are an eternal being, destined to live forever. When said, or read, this is accepted, rather easily; however, when questioned, it begins to fray, with each inquiry. This happens because the inquisitor is attempting to seal the spiritual into the boundaries of the material. It will not work. The spiritual is unlimited and vast. The material is limited, and confined. You are unlimited and vast, but you can choose to be limited and confined. Once you embrace the spiritual, you will no longer be limited. You will be a material being, embracing your primary spiritual being, and your experience, of this portion of your eternal life, will be as unlimited as all eternity.

And The Holy Spirit says:

Once you embrace love, you come to know the unfathomable power of the energy of love. Once you embrace Me, you come to know the unfathomable power of My love for thee.

April 27, 2021

Whenever you feel as if a cloud is settling upon you, and the mantle around your shoulders, grows heavier, with each breath, when it seems as if you are falling into the abyss of remorse, there is a cure for that ill of Earth. Be still, and sit with Me, and I will whisper, and you will hear Me, and the direction that comes, will be, to rise above the cloud of gloom, where you will find the sun. No matter how fierce the storm might be, there is always the radiance and brilliance of the sun. And if you can accept that, then your next step is to look around you. There are others, who are in need, of what you feel you need, others lack, what you feel you lack. So, go out and give, to another, what they need, what they lack. In the doing of it, you will find, that you thought you needed love, you thought you lacked love. But, if you could give love to another, it was always within you, just hidden, the venue unclear, because of the worrisome traits of the world. Be still, and I will show you The Way.

And The Holy Spirit says:

When you feel, you are in need of love, you lack love, go out, amongst others, and be it family, friend, or foe, give a measure of love, to one you know, or do not know. Pass the gift of love, to another. The more you give, the more it grows, within you. For, it was always there, it was just hidden from view, while you worried about things, of the world. When you feel you need, or lack, anything, give, what you need, or lack, to another: compassion, companionship; even, money, clothing, food. Whatever you lack, give away, and that will create more, because in the giving, that which you needed, increases, within you. You are the master of your need, and your lack. Alter the course. Fill the coffers.

April 26, 2021

Be kind and compassionate to those, you encounter, who seem to be calling out for help, in the form of anger or hatred. You can see the outer surface. You see their face, their hair, and what they wear. But you cannot see, what they carry, within. You cannot see the place where the turmoil exists, the place where the tribulation hides, the place where it all begins. But you can offer a kind word, a gentle touch, the gift of a smile. You can walk with them for a mile, or sit with them, for a while. Much good can be done in the world, with kindness. And sometimes, it is the only way to say, "You are not alone."

And The Holy Spirit says:

When you encounter people, who tend to be angry, belligerent, bitter, and envious, it would be good to remember this. These energies are not born on the surface. They do not come to life on the face, hair, or skin. These energies are borne within, and bubble-up to the surface. But on the surface is not where they begin. It is not where they are carried. It is not where they reside. Let kindness be the gift you leave to settle into the cracks and the crevices, deep into places you have not been, as a healing balm, spread over punctures, and boils, soothing the pain and the troubles, within.

April 25, 2021

When all the things, that you must do, seem to be mounting-up in front of you, do not despair, do not give-up, do not hang your head, do not say you do not care. When that mountain seems so tall, be still, before you trip and fall. Be still. I see, the mountain. I hear, your prayer. I will answer you. Do not despair. Together, we will begin, one at a time, and then, the mountain, you could not climb, will fall, will crumble, will be no more. Together, we will conquer the mountain, and walk on. But first, be still, and sit with Me; and then, you will rise-up, and you will see.

And The Holy Spirit says:

There are days, when there seems to be, much more than you can handle. And most of it, that gathering of, "much more than you can handle," is actually a mass, and a mess, you do not want to handle, you wish someone else would handle, you find it unfair to ask you to handle. But there it is, the mass, the mess. When you reach that place, and most of you will, be quiet, be still; for, I hear you. And there is a way, and we will do it, one at a time, all through the day. And soon you look, and you can see, your way through it, even before it is done. Do not give-up. Do not despair. Whatever you must face, I AM there, with you.

April 24, 2021

In a world filled with angry, loud voices, there are seas of calm and tranquility. Turn your head, and close your ears to the raised voices, and seek quiet, where your soul can speak with God, where your spirit can sing with angels, where your heart can feel love. Seek quiet, and you will find peace. Listen for the calm voice of serenity, for it is with you. Listen for The Whisper of Wisdom, for it is with you. Listen, for The Holy Spirit, within you. Listen, and you will know exactly what to do, where to go, what to say. Be still, be quiet, and listen, and you will know The Way.

And The Holy Spirit says:

Guidance and direction, which is of wisdom, is never shouted at you, it is delivered to you, to assist you in your journey upon Earth. Be still, be quiet, and listen, and you will know The Way.

April 23, 2021

Each of you will encounter days, when the challenge set before you, looms over you, threatening to rob you, of even the slightest, of smiles. Even though the challenge is great, I AM with you. Take the first step, and follow through, because I AM there, walking with you. No challenge will rise-up that I cannot subdue. We will follow through, until you have done, what it is, you are to do. With every challenge, met, and mastered, there comes confidence, and courage, and strength. And that is what the challenges can do for you, make you stronger. There is nothing we cannot do, for even though the challenge be great, I AM The Great I AM. Walk with Me, take My Hand.

And The Holy Spirit says:

There will be times, when that which you face, seems bigger than you can manage. And frequently, the head hangs, the body bows, and attempt is forsaken. It seems easier to accept defeat, rather than step into the challenge. Every challenge that comes to you, you do not face alone. God is walking with you, and there is no threat which God cannot subdue.

April 22, 2021

Day can be brilliant, bright, filled with flowers, and sunshine, and light. Day can be stimulating, exciting, brimming with possibilities, and projects, and tasks. Ah, but night, night is different, in its very nature. Night can be still, and quiet, often silent. Night can wear the sacred robe of serenity, the cherished cloak of tranquility, or the mantle of peace. The difference between day and night is obvious, noticeable, in every way. Yet, creation moves, as is intended, because they are, that way. There is a time for day, and a time for night, neither time is wrong, both are right. You can be both. You can be as the brilliant day. You can be as the tranquil night. Neither is wrong, both are right. Sometimes, night can be: brilliant, with the light of the moon; stimulating with stunning stars. And sometimes, day can be quiet, and peaceful, with gentle rains, singing a song of tranquility. All is right that way. Watch, and listen, and see, for nature has a lot to say, a lot to teach you, be it night, or be it day.

And The Holy Spirit says:

The power of creation is within you. You can create day, and you can create night. You can create a day that is as a night. And you can create night that is as a day. You can create, in your own unique way, using The Gifts you have been given to say, what you want to say. See the beauty of nature all around you, and create solely for The Glory of God, for it is in that way you will create the perfect night, the perfect day.

April 21, 2021

Over two thousand years ago, now, it was that I sent you new direction, new guidance, in the form, of words, coming from a man, walking amongst you, Who would speak My words, as intended. And, He did. He said, "Love one another." And, the only way you can do this, upon the Earth, when there is so much strife, and tension, and hate, and turmoil, is to be still, and quiet, and with purpose, and intention, open yourself to receive, more fully, that which I send to you, completely, My Love. When you are filled with My Love, it becomes easy to open your heart, and let My Love pour through you: to whomever is standing before you; to whomever is criticizing and assailing you; to whomever is blaming you, for all the ill that has fallen upon them. It is easier to do, because, as you are permitting My Love to flow through, to you, to them, you are blessed, with My Love, in extra proportion. You are filled with My Love, and My child, if you are filled with love, you can do naught, but love. That is the goal, that is the reason, to permit yourself, to be the fountain, of My Love.

And The Holy Spirit says:

Amen. So, let it be. Amen.

April 20, 2021

When you have respect, for your brothers and sisters, when you have found the place, where you will honor the spirit, that is within them, then there is no desire, to oppress them, or submit them, to your will, (no matter) whether it is one, or two, or twenty-two, or two thousand and two. Peace will not be upon the Earth, until the oppressed are set free, and the oppressor is free to see the dignity of the oppressed. It has been history, that the oppressed rise-up to oppress the oppressor. It is a vicious circle because, it involves revenge and retaliation. The circle will continue, until there is one, or more than one, who is willing to extend the hand of forgiveness and peace. Then, there shall be no oppressed, or oppressor. There shall only be the children of God, upon Earth.

And The Holy Spirit says:

Share, and share alike. Love, and love alike. Be The Light of God. Be The Love of God. Do not seek retaliation, or revenge. Let be, what is to be, and you shall be, at peace, within yourself. And, when each of you is at peace, within, with Me, then there shall be peace on Earth.

April 19, 2021

I wish for you, to see yourself, as I see you. For until you see yourself, until you know yourself, through My eyes, you will not be able to see others, through My eyes. Until you honor, and respect, yourself, it will be difficult, if not impossible, to honor, and respect, others, as I honor, and respect, you. Yes, your Creator is saying, that you are honored, and respected, for the being you are, for you are My spirit. I AM Spirit, and I AM Love, and you are spirit, and you are love. At the core of your being, each of you, is spirit, and love, and this is what I love. I honor you, and respect you, because I see you, I know you, I love you. And until you understand this, you will not be able to see others, as I see you. It is important for you to know your value, and your worth, so that you might see the value, and worth, in others, in a sincere, and sacred, way. Today, take some time: to see yourself, as spirit, and love; to go that place, within yourself, where you are spirit, and love; and then move-out, from there, that sacred center, where you are, as you are meant to be.

And The Holy Spirit says:

When you see yourself, as God sees you, in other words, see yourself, through the eyes of God, then you will be able to look at every individual, around you, and see them, through the eyes of God; because, if you are permitting this love of God to saturate your body, and flow from you, then it is God seeing, through you. And, as God is seeing through you, you are loved, and blessed, and embraced, by all that is flowing through you, out into the world. It is a different way. And by doing, and living, in this way, Earth is blessed, rather than cursed. When you see others, as God sees others, you will no longer find it necessary: to manipulate; or try to control; or bow-down to another's position; or aggressively lord-over others. You will no longer mock. You will no longer deny. You will seek to look, and see, and be the love, and the light, of God, because you will be satisfied. Your thirst, for any attention, from others, whatsoever, will be sated, because you will be filled, with the love, and the light, of God. Today, recognize your value, and your worth, in the eyes of God. You are not an accidental creation. You are the creation of The God of All That Is. You are a part of All That Is. And that alone should be enough to make your life worth living, worth loving, worth celebrating, with others.

April 18, 2021

Do not drop the golden nugget, reaching, and grabbing, for the ordinary stones and rocks. Do not cast away the precious pearl, seeking to gather, that which is of little value. You are the golden nugget. You are the precious pearl. Do not surrender, or cast from you, the gold that is you, the pearl that is you, seeking to be more like others, the ordinary rocks, and pebbles, and stones. Just because they are plentiful, does not make them more valuable. Treasure the golden nugget. Cherish the precious pearl.

And The Holy Spirit says:

It seems, the way of the world, to reach, for what others have, because you see it, clearly. You see the possessions of others, clearly. You see the clothing they wear. You see the color of their hair. You see the finery, and the jewelry. You see the cars they drive, and the homes, in which they dwell. And, these things, you often, desire to have. It is better to turn your head. Do not be distracted from that which you have, from that one special, sacred person, that is you. Do not be distracted by what others do. Create the best you, from within. For, it takes time to mine the gold, and find the nugget. It takes time for the sand to become the pearl. And, it takes time, for you to reach your destiny, as who you are. But, do not be distracted, from the mining, from the waiting, from the learning, from the living, because, in the end, it will be, you, the nugget, you, the pearl.

April 17, 2021

I wish for you to know the joy, of living your life, upon Earth, illuminated, and animated, by My Spirit, within you, by My Light, within you, by all The Gifts I have given you, within you. Rise-up, and walk, filled with The Breath of Life, animated by My Breath, The Breath of Life.

And The Holy Spirit says:

Do not seek, to move your body, by what you put into your body. For, no matter how much you eat, or drink, how many drugs, or alcohol, you might take into yourself, they will not fill you with a joyful spirit, they will not animate your body, and illuminate The Way. Do not surrender. Do not believe that, that which you eat, or drink, or wear, will animate your body, so that: it exists, beyond compare; it is joyful, happy, and filled with light. These things will fade. These things will not bring you light, or wisdom, or truth. At the core of your being, there is the truth, the spark, the spirit. And, because, it is within you, you recall something, you remember something. And often, spend all the days of your life, upon Earth, seeking that something, when it is always within you. Do not seek wisdom, or joy, or happiness from that which you put into, or onto, your body. Go within. That is where it has been, all along. The Spirit of God is within you. Be still, and you will feel it, and, you will know, and The Wisdom of Heaven, will be yours, wherever you go.

April 16, 2021

My unconditional love is yours. I give it to you, because you come from Me, and I love My creation, all My creation. And you are a vital piece, a member, of all My creation. You are My centerpiece, My child. And, in My eyes, you are: just as glorious, as the soaring eagle; just as majestic, as the towering mountain peaks; just as magnificent, as the sunrise and sunset; just as brilliant, as the sun and moon; just as resplendent, as the stars in the sky; just as munificent, as the trees, and plants, and flowers of Earth; just as impressive as the seas and oceans; just as splendid, as the rolling hillsides and meadows, and valleys; just as vibrant, as the rivers and streams; just as precious, as the birds of the air, and the animals of the Earth; just as incredible, as the inhabitants of all kingdoms of water; just as cultivating, as the inhabitants of the soil of Earth; just as transforming, as the sands of the desert. You are this, and so much more. You are My precious child, and My unconditional love is yours. Come, and sit with Me, just as you are, right now, in the present. Come, and sit with Me.

And The Holy Spirit says:

You need not seek further. You need not search farther. The Lord God is with you, today. Be still. Be quiet. Be with God.

April 15, 2021

Cling to faith, renouncing doubt. Cling to charity, renouncing lack. Cling to truth, renouncing fear. Cling to love, renouncing hate. Cling to peace, renouncing chaos. Cling to The Gifts of The Holy Spirit, that are yours, renouncing darkness, and shadow, when it threatens you. You have all you need to be victorious. Use The Gifts you have been given, and you shall know The Way.

And The Holy Spirit says:

When fear threatens your peace, cling to the truth, in the words, I speak to you, for I AM speaking, I Am whispering, from within you. Believe this mystery. Believe I AM sent to you, so you will always know The Way. And better yet, I AM sent to dwell, within you, so you can hear the words I say. Even when no one else around you can hear them, you can hear them, if you will listen, and not turn away. Cling to the words, which are The Wisdom of Heaven, which I speak to you, renouncing doubt, and fear, and worry, today.

April 14, 2021

It is time, for you to understand, more completely, the importance of the coming, of a new day. Every new day, you are given, the opportunity, to make your mark, on something that will never fade away. All that occurs, in one day, each new day, is recorded, held forever, in a place of prominence, in The Corridors of Time. Each coming, brings opportunity, to you. Embrace the opportunity, and do that, which you have always wanted to do. Make your mark, and celebrate the importance of the day, that is with you, now. Celebrate it greatly, enthusiastically. It does not matter if the celebration is because: you are making pancakes, in the morning; or, you have received a promotion, at work; or, your son is excited about a new school project. The cause of the celebration does not matter. The day itself, is cause enough, for celebration. Leave your mark, upon the day, and make it a prominent mark. Mark the day with love. Mark the day, helping others. Mark the day, in such a way, so all can see, throughout eternity, what came from you, on this new day. You will never have this opportunity, again. Once the day is done, it is done. Set a course to mark this day, and every day, with something uniquely your own, a gift from you, a piece of you, to mark the piece of eternity, that is today.

And The Holy Spirit says:

You often hear it said that it is, “a new day,” “a great new day,” “a new day is with us,” “a new day is dawning.” And, it is often said, with enthusiasm. But there is something missing, in your comprehension, of the importance, of each new day. You are not grasping the significance. You are not embracing it, as the honor it is. This is your opportunity: to make your mark, on The Corridors of Time; to stamp the day, signifying your presence; and, to answer the honor, with a gift, created by you, uniquely your own. There will be other days, some similar, to this day, some very much like this day, but never exactly “this” day. Celebrate the glory, of this day, and mark it well.

April 13, 2021

Close your ears to the nay-sayers, because you can do that, which I have asked you to do. Yes, you can do it. Not only, can you do it, you can do it, perfectly, just as it is asked of you, because it is yours to do. Others around you will doubt, and believe you cannot do it, because it is not theirs to do. And, because it is not theirs to do, they do not possess the necessary gifts, or the knowing of how it could be done, or how it should be done. The words, the signs, and the keys, to unlocking the mystery, of the doing of it, have not been sent to them, have not been given to them, because it is not theirs to do. My child, the honor of the doing has been bestowed upon you. And, since the honor is yours, the gifts, and all you need to accomplish the goal, are yours, as well. I AM calling you, to rise-up, and do, that, which you are meant to do.

And The Holy Spirit says:

When the honor has been bestowed upon you, with the saying of, "Yes," with the willingness to do, the courage, strength, and power, required for the doing, will make itself known from within you. And I will fill you, with direction, guidance, and The Wisdom of Heaven, so that, that, which is your destiny to do, shall be accomplished, through you.

April 12, 2021

When you face something, which feels as if it might break you, be still, and make the choice that it will make you stronger, and more resilient. When it feels as if there is a quaking, deep within, and your physical body is shaking, be still, and make the choice to go within, to visit the place, where your true strength will begin to rise-up, even as you face whatever the threat might be, whomever the assailant might be. Be still, and sit with Me, and I will teach thee, The Way, to master, whatever challenge you are to face, today.

And The Holy Spirit says:

When a time of trying, trial, or challenge comes to thee, be still, and remember, all of Heaven is standing with thee. You might not see The Power with thee, but it is with you, now, and for all eternity. God is your Power, Strength, and Glory. Now, rise-up, and let it be.

April 11, 2021

A life, without worry, or fear, or anxiety, or doubt, is a life worth living. And, for those, who are, living, this noble life, it is a sign to others. Believe, that I will take care of you. And, no matter what knocks, at your door, you have, within you, the gift to counter, whatever comes your way, which might be of darkness, or shadow. You have been given the gifts to push it away, to push darkness, and shadow, away from you. And once you stand-up, and believe, that these gifts are within you, that I AM your Eternal Parent, that The Holy Spirit is with you as Counselor, that your Brother Jesus did not lie to you, then what harm can come to you? It is the key. And, that key, will unlock the door, to freedom, a life without fear, worry, concern, anxiety, or any other tie, weight, or destructive force. Believe Me. Trust Me. Rise-up, and feel, The Power that I send to you. Feel The Light I give to you. Feel the confidence that is you, when you know these things, when you believe all that I will do, through you.

And The Holy Spirit says:

Rise-up, joyfully, and believe.

April 10, 2021

Do not limit Me by what you know. Embrace Me, and you will grow, in your understanding, of what you were told, by your Brother Jesus. "God is Spirit." "God is Love." That is Me. I AM Spirit, The Source of all life, and I AM Love. Without trying to love, I AM Love. I can do no other, but love. Love is, and Love is Me, and I AM Love. As I Am Spirit, you too are spirit. But you are not limited, in the being, of spirit. For that which comes from Me is varied, and different, and magnificent, and amazing. And, so too, is what comes from you. You can see, what is created, by another, and know, a bit more, about them, just by what they create. Even the words, and sentences, that flow from them are a creation. Look, and listen, and learn. Who are those around you? They tell you, every day, by that which they create. And I tell you, every day, who I AM, through that which I create. You cannot see a tree, without knowing Me, a bit better. You cannot see the vastness, of the oceans, and the deserts, without knowing Me, a bit better. You cannot see the beauty, of a solitary flower, intricate and simple in its design, without knowing Me, better. Look, and see, and you will begin to know Me, better.

And The Holy Spirit says:

Do not limit yourself, or others, by that which you think you know, because that will tie them down, and deny them the right to grow, as they are meant to be. For, what is new, and true, one day, might be different, as it grows, into the next day, and the next year. Truth can grow. It can be more magnificent than it was, before it did grow. When you feel you know the truth, treasure what you know, until, from within you, I water your Garden of Truth, and it begins to grow, and you begin to know Me, and The Wind stirs thee, and you see, what you could not see, before.

April 9, 2021

Rise-up, and go outside, even while it is still dark, just before the dawn. Watch, and wait, and you will see night, holding-on, even though the hour says it is day, just before dawn. But then, light begins to push the night away. It is the coming of the new day. Your shoulders are lighter, your breath deeper, and your heart reaches-out to the gift of the new day. Even in darkness, light is not far away.

And The Holy Spirit says:

If you have ever watched the coming of a new day, you know the feeling. You remember, watching night fade, as light embraced the day. And as the light came forth, your breath was deeper. A blessing of peace, settled within you, as light touched every point, far, and near, until you were bathed in the light, of the new day. When you are caught in darkness and shadow, feeling alone, or afraid, remember that light, and bring it forth. Be familiar with: the rising of the sun; the coming of the new day; and that sensation, you feel, as night slips away. Remember, for that is what you are seeking to know. When fear, frustration, worry, or doubt, darken your horizon, and threaten your day, bring forth the light. For, no matter how dark it might be, light is never far away.

April 8, 2021

Be mindful of how you speak to, or about, others. Guard your words carefully, so that you do not fall into a routine, or a habit, of belittling, insulting, or mocking others. Hold your words, until you can say, something good, to another, or about another. Do not let your discourse, about another, or others, take a negative turn. What you say to, or about, others, says a lot about you, and who you are. There is no person, so important, that it does not matter what you say to them, or about them. What you say magnifies the matter at hand, as your words are repeated in a chain of conversation. Look for the good, for it is there, and can be found, by those who seek it. Let your words be of inspiration rather than condemnation.

And The Holy Spirit says:

That which you say to another is significant. When you speak, let your words be of encouragement. Let your words support others, in their efforts, to do what others say, or might say, is impossible to do. Be a beacon of light, illuminating darkness and shadow. Be kind. Be supportive. Be encouraging. When you speak about another, let your words hold kindness, and charity, and support. Let this be, then, how others will think of thee, that the words you spoke, were good, that you did not bring the darkness, you were the bringer of light.

April 7, 2021

It is, on the wings of faith, that you can rise-up, over fear, and see, the truth, which is always near. With the coming of every storm, with the rising of the water, threatening to inundate you, there is faith, that you will make it through the storm, that the rising waters will not bury you. It is faith, which will lead you to believe, and know, that the sun is always in the sky, just behind the cloud, of the storm. Faith will lead you to believe, and know, that the moon will always adjust the time of the rising, and the falling, of the sea. Faith will lead you to believe, and know, not to be afraid, or to give your energy to fear. Faith will lead you to believe, and know, that all things are possible, as you grow, closer, and closer, to Me.

And The Holy Spirit says:

When you can believe that God is with you, every step of The Way, that I AM within you, every step of The Way, that your Brother, Jesus, did show you how to take every step of The Way, then faith overrides any temptation of fear.

April 6, 2021

Springtime is the perfect time to watch, as life unfolds all around you. It springs forth from the seeds, sewn by the hand of man. It springs forth from the seeds, blown by The Wind. It springs forth from the bulbs, cradled within Mother Earth. It is a partnership of creating, continuing the creation, which began long ago, within My thoughts, within My imagination. I saw Earth, as it is intended to be, perfection, life, giving life, to new life, a continuation of My creation. And, it is good, it is beautiful, it is life, abundant life. Behold, life, springing forth, all around you, and rejoice.

And The Holy Spirit says:

When you see the life, which springs forth from the seed, you value the seed. When you see the life, which springs forth from the bulb, you value the bulb. When you see the life, which springs forth from all around, from all you think, and say, and do, you value the life that is within you. Rejoice in the gift of life. Rejoice in the continuation of creation. Rejoice in eternal life, as it is. Rejoice.

April 5, 2021

There is much for you to see, in the River of Life. It is exhilarating, and exciting: sometimes, peacefully floating; other times, riding with the waves, that have come from The Wind, lifting the water, up into the air. There you are, you and the river. It will take you around the bend, to places you have never been, before. So, do not take root on the bank, watching The River of Life go by. Rise-up, and run to the river, and jump in. And there you will see, all you need to see, from the safety of the arms of the river. Come. Jump in the river, and go on the adventure of a lifetime, with Me.

And The Holy Spirit says:

It can be fun, watching a parade to by, marching bands, floats, dignitaries, waving from cars. You get to see it all, as it moves passed you. But, if the opportunity ever presents itself, volunteer, rise-up, and get in the parade. Ride a float, sit in a car, march in a band. Take part in The Parade of Life. Do not get complacent, watching it go by. Be part of The Parade of Life. And then, you see, all there is to see, waving, as you march, as you ride, as you wave. Today, if you have rooted yourself in one position, yet your heart is longing to see, what is around the bend: come, jump into The River of Life; come, take part in The Parade of Life. Do not let anything pass you by, today. Come, celebrate life, with Me.

April 4, 2021

Earth began as The Garden. And it is possible for you to walk in that Garden, and talk, with Me, every day. The ways of the world will tell you, it is impossible for you to love everyone. I tell you, go into The Garden, that is within you, and love, because in that Garden, within you, it is all possible, and all things begin, within you. I sent unto each of you, The Holy Spirit: to reign, within you; to reign, with The Wisdom of Heaven; to provide, answers to all your questions; to whisper, "It is possible," when the world says, "It is not possible." The world cannot trample your Garden, within. It cannot cease the loving, within. The world cannot invade, within. And that is where you will find My Kingdom, within you. The world, will not understand, and will tell you, it is impossible: to be compassionate to all; to be understanding to all; to be respectful and honor all; to love in the face of hate; to forgive in the face of torture. Today, visit that Garden, within.

And The Holy Spirit says:

Amen.

April 3, 2021

Know Me, not from what others tell you, about Me, not from sentences, or paragraphs, you have memorized, about Me, not from pictures and paintings, by others, showing how they would depict Me. I wish for you to know Me, and think about how you know individuals, around you. You know them, by their presence. You know them by their voice. You know them, by the things that they do. You can tell the creator's touch, in what they create. The creation always bears the mark of the creator. You bear My mark, for I did create thee. But rather than, reading a book, or watching a movie, or listening to conversation, today, go outside, because Earth, too, is My creation. And all that springs forth, from Earth, bears My mark, is a sign, carries a lesson, for you. See, and know Me, better.

And The Holy Spirit says:

The observer, of nature, soon knows that life continues. It grows. If you watch a tree, limbs bare, begin to bud, in the springtime air, you will see, it begins again. From the barest of branches come the buds of spring, and the buds open, and blossom, and soon the leaves, gently unfold. And the tree is soon filled with the leaves, so bold in their color, so filled with life. This tree, of life, can teach you much. Do not be in a hurry. Do not be quick to make decisions, or judgments. Permit yourself to bud, and blossom, and unfold, in The Light of God.

April 2, 2021

Practice. Whatever you are attempting to do, practice, so that the act, of doing, is part of you. Practice. If you want to be a good basketball player, it often requires, that you practice alone, to accomplish the goal. And hours, and days, and years, later, after so much practice, you find that, just from the practice, from anywhere on the court, you can take the shot, and know, it will score, it will find the net. And what is more, you can take that shot, in the stress of a final buzzer, and still, because you have practiced, the arc is perfect, and you score. When anything is of value to you, you practice, until you are perfectly natural, just as the basketball player and the ball are one, with the court, and the net, waiting. You become skilled in whatever you choose to do. But, even those, who are born with a gift, born with a skill, or an artistic talent, if they want to 'fine tune' that talent, that gift, they must practice. And there they find perfection. But you must practice. Be watchful. Be vigilant. Look for the signs, so you might know The Way. Practice your connection, as a spiritual being, with Me. Be so practiced, in our relationship, that it is familiar to you, that from any point, on the Earth, you know, you can whisper My name, and we will talk, and you will know The Way Home. Be familiar with Me. When the times of challenge and trial come, you will be practiced. You will know what to do. Be watchful, be vigilant, for I AM with you.

And The Holy Spirit says:

If you are a baker, each loaf of bread will come out perfect, in its form, in its aroma, in its taste, only because of all of the practice, the determination, you have put into the skill of making bread, over the years. It is the same, with anything. If you apply yourself, if you practice, you get better, and better. And that, which you are practicing, gets more familiar to you. As the baker's hands are familiar with the flour, and the yeast, sometimes eggs, sometimes water, milk, whatever the ingredients of that day might be, those skilled, practiced hands, can knead, and roll, and bring forth perfection, from what used to be a cup of flour. It takes practice. Do not give up on your spiritual life, because it is your primary life. Do not turn your back, and walk away, because it seems difficult to practice, every day; because, the time of trying, and challenge, will come to each of you, sometimes many times, sometimes only once. But, if you are practiced, and familiar, with The Ways of God, you will not be undone. You will be victorious, and move on, walking in the warmth of The Son, into a brand-new day.

April 1, 2021

Embrace My Love, as it flows to thee, and in the embrace, My Light will be. Rise-up, within The Light, between you and Me, and you will know peace, and tranquility. Love, and Light, and Peace, brings tranquility, to your soul, serenity to your spirit, joy to your heart. These things you cannot purchase. They are gifts from Me to you. And all you need do, to experience, these gifts, is to open, and receive.

And The Holy Spirit says:

You might find it difficult, to accept, the truth, that you need to do nothing, to receive The Love of God. You do not need to sing another song, or make another offering. All you need do, is accept The Love of God, to stand in The Light of God, so that you might know The Way of God. Sometimes, to draw nearer to God, you must stop doing, and start being. Just be, and God will cover thee, with Love, and Light, so you might know Peace.

March 31, 2021

Believing, that something, some task, can be done, is the fuel, which makes it possible. Fueling the project with your belief fills the project with hope, and trust, and it is done. Knowing the project can be done will fuel the project, will keep it going, until it is complete, because of your knowing. When you believe, when you know, then it is up to you to make something work, to make it go, because, if it were not so, you would not believe, you would not know. There will be times when you are the only one, who will believe, who says they know. And, in those times, I AM tapping you, whispering, "Child, make it so!"

And The Holy Spirit says:

Often the most challenging part of a project, or a mission, or a task, is convincing yourself that you are up to the job, that you can meet the challenge, and push forward, and complete the task, complete the mission, complete the challenge, successfully. But always remember this, sometimes the key, that will unlock the mystery to the challenge, waiting around the bend, is found in a challenge that you think failed. If you are working on a project, and the project does not reach your expectation, does not seem to come to fruition, but stumbles and stutters, midway, that does not mean you have failed in any way. Look for the key. Look for the lesson. Look for the answer, held, in what you term failure, because it will be there. What you learned from that task you think failed, will be the key that opens the door to success, in the next task, in the next mission, in the next challenge.

March 30, 2021

A new day is with you, and that, is where you begin. It is a new day. But notice, how quickly, the new day alters, and changes, and modifies, according to your perception, of what is happening: within your life; in the lives of others around you; even in the weather, which travels, in and out, of this new day. Your perception, of all this activity, alters the day for you, each of you. It is like, going to an amusement park, and purchasing a ticket, for a roller coaster ride. It is a roller coaster ride, and nothing will change that. But, the perception, of the thrilling ride, changes and modifies, the experience, of that ride, for each individual, on that ride. Some scream in delight, loving the feeling of flight, or dropping from a mountain peak, down into a valley. They love it! Yet, others are frightened, and the experience is terrifying. It is the perception, of the experience, that alters the experience, making it different for each of you. And, it is, the same, with this new day. What are you going to do with this new day? One thing that will bless the new day, is to begin it in prayer, a prayer of gratitude, for the gift, of the day. Be thankful you have a new day, a new day in which to accomplish something. So, do not be afraid. It does not matter if it is raining, or sunny, or snowing, or windy. Celebrate this new day, without fear, for I AM with you.

And The Holy Spirit says:

Changing your perspective, even slightly, can change dread into willingness, fright into courage, doubt into strength of knowing. Your perception, your perspective, can change everything about the experience of a new day. Let your perception be, in the knowing, that God is with you. Let your perspective be, in the knowing, that I AM with you. Do not be afraid. The Hand of God is with you, The Wisdom of Heaven I shall whisper unto you. Stay close. Draw near. The new day is with you. Open, the door, and see. Fear not, because your God is with thee.

March 29, 2021

Rise-up, rise-up, I AM calling you, today. I AM calling you to awaken and see. Awaken to all the good that is in thee, and bless it, many times over, so that others, too, can see, the glory, and the good, in you. Cast from you, the spirits of greed, envy, sloth, anger, hatred, and doubt. The time has come for these creations, of darkness and shadow, to dwell no more within you. Awaken, and sit with Me, so you might see, and know, of the good, of the glory, I see, for I will tell thee, as you sit with Me. Listen. Many are hearing My call, to awaken, and rise-up, and do what is theirs to do. Do not let this opportunity pass from you. Rise-up, awaken, the new day is with you, and it is glorious. It is a glorious day in which to do glorious things. And all the good, and glorious, words that you speak, and deeds that you do, will announce, on their own, the goodness in you. Do not tarry in the doorway, when the invitation has come, to join the dance. Rise-up, awaken, and celebrate, for today is your chance, to begin, anew.

And The Holy Spirit says:

Be still, and you will feel the stirring within, because it is time. I AM moving, within you, prompting you to rise-up, awaken, and follow. It is time to do, all the things you have been longing to do, without faltering, in any way. Do not fritter the day away, planning what you will do, can do, or might do. The time for planning and gathering is through. If you feel My stirring, and hear My Whisper, you are ready, you are prepared, and I AM calling to you. There is glorious work to do, and the doing of glorious work, is cause for celebration and song. Do not tarry in the doorway of hesitation, when the invitation has come to join the song, to join the feasting, at the banquet table, which has been set, by The Hand of God, for you. Celebrate the glory of goodness, today!

March 28, 2021

Do not place all your trust in the ways of the world, in the words of man. Do not seek praise, or awards from others. Do not follow others, seeking acknowledgement, reward, or approval, for that which you do. Stand still, and just be you. For, it has happened before, that those, who applauded a performance, or gave resounding approval to a project, one day, rejected the same project, the same performance, the next. It has happened, that many heard the words of One, received, and embraced, the words, with joy and celebration, and in a day or two, called the words lies, in total rejection of The One, whom they had praised, just days before. So, do not seek the adulation, of the world, or the praise of the men of the world. Sit with Me, and just be, who you are, for that is enough for Me.

And The Holy Spirit says:

Understand, at the core of your being, there is a piece of God, within you. It is in that sacred space, that you are perfect, just the way you are. And, the way, you are, is what compels you, to pursue that dream, within your heart. And, following that dream, within your heart, brings song to your soul, brings delight to your spirit. Be true to who you are. Do not fold yourself over, or tie yourself in a knot, just to please others. That is not what you are meant to do. You are meant to be you. And that, is enough for Me, too.

March 27, 2021

Stop, right where you are, and look, around. No matter where you are, you are exactly where you are supposed to be. All, your free will choices, have led you to the place, you are, today. The place might be a place of celebration, or analyzation, still it is a valuable portion of your journey upon Earth. The lessons, of life, upon Earth, hold value, and you cannot fully know, the value of the lessons, unless you experience, the lessons, first-hand, on your own, so you will remember, The Way out, The Way Home. You are traveling the Earth, and it is a journey, toward your destination. To make it even more interesting, you have been given The Gift of free will, so you can choose the path you take, choose the road you walk, and choose the individuals to walk with you. Look around. See where you are. And, if adjustment, needs to be made, make it, without fear of recrimination, rejection, or punishment. My child, it does not matter where you are. What matters is that you use your free will, to make the correction, and change the direction, so you might find your way Home.

And The Holy Spirit says:

It is here, once again, the beginning of a new day. And with the coming, of every new day, comes possibility, and opportunity. It is important to remember, that, your travels might take you through places of celebration, or analyzation. Each has its own value. You are making the journey to reach the destination. So, stay close to Me. No one else knows the path you are walking, or where you are going, because it is your journey. But I know the path you are walking, and I know where you are going, because I AM The Spirit of God, within you. I was sent to dwell within you, so that, at any time, The Wisdom of Heaven shall be yours, guaranteed, no restrictions, no cost, no penalty. Just ask, and I will always show you The Way.

March 26, 2021

I wish for you to know the opportunity, which is held within the hours, of the day, set before you, the sacred day, set before you, so many hours, so many minutes, so much day, of opportunity. Find one hour, or possibly two, and set it aside, to do something, you were always wanting to do, that you are wanting to do. Begin that project, you have wanted to do. Reach-out, and touch someone, you have been longing to touch. Take the opportunity, set before you, and use it, today. There is no better day, than today, to begin, or continue, that which you desire to do, because that, which is on your heart to do, is what you are meant to do. The opportunity is with you. It is now.

And The Holy Spirit says:

For those who dream it, it is possible, for you would not have the dream, if it was not within you, to do it. The desire, within your heart, to do something, is a sign that, that something is yours to do, that something is what you are meant to do. And, when you begin, and then continue, until it is through, that, which you are meant to do, is being accomplished, through you. Each one of you holds a dream, a vision, a desire, and the dreams, and the visions, and the desires, are the signs, that it is yours to do. Do not let the opportunity pass you. Take some time, today, and begin to do that, which you are meant to do, for it is by doing that, which you are meant to do, that you will come to know The Way, and walk in it.

March 25, 2021

Do not turn your head from that which is begging for attention, or resolution. Those things, that you push behind a door, or sweep under a rug, do not dissolve, behind the door, are not resolved, hiding under the rug. Face the issue of the day. If it is your physical health, seek help. If it is your mental health, seek help. If it is your spiritual health, seek help. I AM here. Be still, for those promptings inside, those stirrings, those messages, those words, those visions, and dreams, they are communication, follow. Ask for guidance, and you shall receive it, but do not be blinded by fear, or worry, or concern. Address the issues of today, and with attention, these things will go away, once they are resolved, in the proper way.

And The Holy Spirit says:

Sometimes, concern about an issue, when something is wrong, the worry, and the anxiety, created by not knowing, magnifies the issue, the matter at hand. So, today, if there is stress, in your life, regarding physical health, mental health, or spiritual health, seek help. First, pray. Come to Me, and I will guide thee, and show you The Way: where to go, who to see, what to do.

March 24, 2021

Do not hide your Gifts under a basket. Do not hide your talents behind a curtain. Do not hide your coins, your earthly wealth, your worldly treasures, in a vault, or in a closet, in a box. Bring them all out. Bring them forth. Use The Gifts of The Holy Spirit, you have been given, and: love, with no limit; give, with no limit; forgive, with no limit; and let compassion and understanding, rule the day, in abundance. Use The Gifts, you have been given. Use the talents, you have been given. Sing-out, when no one else is singing. Paint, the picture, when no one else is drawing. Write, the book, when no one else is reading. Tell, a story, when no one else is listening. Use, your Gifts, and use your talents. And, if you have you have coins, if you have money, do not hide it away, use it. Bring it out, and use it, for the glory of the day. Use everything you have, as if you are investing, in the seeds, of tomorrow, because you are. Invest your Gifts of The Holy Spirit. Invest the talents, you have been given. Invest all that is yours, and do so, with great joy. Invest, in tomorrow, by using The Gifts of today.

And The Holy Spirit says:

If you use The Gifts, I have given you, others too will see The Gifts, and they will investigate their own Gifts. And because you used your Gifts, they will no longer fear to use their Gifts, as well. Use your talents, and others, who could dance, and sing, and write, and build, will begin to investigate their talents. And, because you used your talents, in such a glorious way, they too will use their talents. Bring forth the coins, the money of Earth. Do not slam them away, behind a door, so no one will see. Bring them out, and use them, for The Glory of God, so the world might be, an extension, of Heaven upon the Earth. You are meant to do the work of Heaven on Earth. You are meant to bring Heaven upon Earth. You are the temple. You are the synagogue. You are the church. And you are the reflection of The Glory of God, on Earth. Imagine, if that was the position, the understanding, and the will, of every human being, upon the Earth. Earth would shine, a glowing ball of glory, floating in the Heavens.

March 23, 2021

I wish for you to know The Way of Gratitude. For those, who hold gratitude, upon their heart, are thankful, for what they have. They are joyful, content. This leads to a peaceful life. A heart filled with gratitude, and thanksgiving, is a heart filled with love, contentment, and peace.

And The Holy Spirit says:

Be content, with what you have. For, the man on the hill, in a mansion, can feel lack, be needy, because he does not hold gratitude upon his heart, for that which he has. While the man, in the valley, in the hut, can be filled with peace, because he is thankful, for what he has. No matter what you have, be thankful. Let your heart be filled with gratitude, because peace, and contentment, and joy, spring forth, from gratitude. Today, look around. Do not try to find, what is missing, in your lot. Take note, of that which is with you, including those around you, who love you, and be grateful, for what you have, today.

March 22, 2021

The sweet fragrance, of the honeysuckle, or the jasmine, or the gardenia, is carried on a breeze. The fragrant flower does not have to leave its place to send you the signs, that it is, it exists. Even before you turn the corner of the garden, and see it, and its beauty, you have already breathed-in its essence. The Wind carries many things to you, My child, and you take them in, as easily as you breathe, in and out, sometimes not even knowing the gift you have inhaled, until you see the beauty growing.

And The Holy Spirit says:

The Garden of Earth holds many examples of the relationship between you and God. All you have to do is, open your eyes, and see, the answer, to many mysteries, unfold, all around thee. They are sent, and set in place, as signs. Watch for the signs today, as they are many, and show The Way to answers, and show The Way to confidence in your relationship with God.

March 21, 2021

Make the time, to sit quietly, with Me, each day, so you will know Me, so you will know what I say. When I call, because you sat with Me, you will recognize The Voice, that tone, the vibration, reverberating, within thee. And you will rise, in answer, to The Call, and come to Me, because you know Me.

And The Holy Spirit says:

During the course of the day, you hear many calls, many voices are raised, beckoning, some to come, calling out, to some, in greeting. But you do not answer, the call, unless you recognize the voice. And that is as it should be. Be still. Get to know My Voice, My Call, My movings, and stirrings, within thee, so that, when The Call goes out, you will recognize The Call, and you will rise, to the occasion, and follow, because you recognize The Voice.

March 20, 2021

When stormy days, bring thunder, and rain, the sun is still with you. When cloudy nights, hide the brilliant moon, the moon is still with you. When the storms, of the day, and the clouds, of the night, move away, there is the sign; the sign of the sun, and the sign of the moon, with you. And this, My child, is the same, for I AM always with you. Through the rains, and the storms, of the day, and the clouds, of the night, I AM with you. And I remain with you.

And The Holy Spirit says:

As you make your way, through your lifetime, upon Earth, you will encounter periods, which feel stormy, where winds, threaten, to blow you over, to topple trees, around you. And, in those times, it can feel like you are all alone. But remember the sun, behind the stormy sky; and remember the moon, behind the cloudy night; and remember God, ever with you.

March 19, 2021

Like a good parent knows when their child is angry, sad, or confused, I know when you are so. I know when you are so gripped by sadness, that it is difficult to breathe. I know when you are so angry, that your heart pounds, and you feel as if you are going to explode. I know when confusion is draped all over you, causing you to stumble and fall. I know, so all you need do is sit, with Me, and be still. Stay awhile, with Me. Let your breath be the prayer. Let My breath be the answer. Let My ways dissolve confusion, clearing all chaos, showing The Way. Come, sit with Me, and just breathe.

And The Holy Spirit says:

Spirit is transparent. There are no secrets within Spirit. All is revealed in the being. If the sea, surrounding you, is angry, or desolate, or filled with turmoil and upheaval, drop your sails, and be still. I know where you are, and what you are thinking and doing, so be still, be quiet, and trust. Soon the sea will calm. The waves of anger will cease to roll. Desolation, turmoil, and upheaval will be no more. The light of the sun will warm you. The call of the birds, flying above you, will delight you. And, when it is time, The Hand of God will raise your sails, and My Breath will be as The Wind, moving you to peace, once again. Sail on, noble soul, for we will show you The Way.

March 18, 2021

It is you. You are the one, who restricts your accomplishments, and limits, all you can do, by identifying, first, as a physical body, as a material being. When you identify with yourself, as the physical or material being, you are limited to what you can accomplish, physically, materially. I have not limited you, in such a way, but you have forgotten the words I did say to you, so you do not believe, completely, that you are spirit, first, you do not believe, you can do all things. You forget, you are a spiritual being, experiencing the material, the physical, upon Earth. When you can identify with yourself, as an unlimited being of spirit, experiencing Earth, for a while, you will accomplish what you could not accomplish, when you limited yourself to the material, to the physical. Sit with Me, so that you can learn The Way, so that you can spend each day, upon the Earth, in a spiritual, sacred way.

And The Holy Spirit says:

If you choose to eat only tomatoes, refusing to go beyond the concept of a tomato, possibly tasting a potato, then you are restricting your taste buds, limiting the sensations, the textures, the experience which celebrates, that they are different. You must be willing: to go beyond the obvious; to tap into the unseen; to taste, that which you have not tasted before; to drink from the cup of My Gifts; to savor the manna of Heaven, which is already set before you. Do not limit yourself, nor restrict what you can do. That, which you are meant to do, shall all be done, when you embrace who you are. You are spirit, first, wearing a physical cloak, for a while, walking in the material world, for a while. Do not give-up the Gift. Do not abandon your true identity, while you are living upon the Earth.

March 17, 2021

I wish for you to know Me, as I know thee. It is possible to know of something, but not to know something. It is possible for you to know of a book, a very famous book, a book that people, from all countries, have read and enjoyed. This book is so good, they even make movies, of this book, and plays, about this book. And you know of this book. You know of quotes, from this book. But until you sit, and hold the book, in your hands, in quiet, and go into the book, with every word, and comma, and character, and situation, you do not know the book. You know of the book. It is possible for someone, to live, in a land-locked country, and know of the ocean. But until they travel, to the ocean, bounce, and jump, in the waves, of the ocean, they do not know the ocean, they know of the ocean. I wish for you to know Me, to sit, quietly, with Me, to go into Me, to speak with Me, and hear what I say to thee. I wish for you to know more than, knowing of Me. I wish for you to know Me. And the only way, this can be done, is for you to draw nearer to Me, to reconnect with Me, to communicate with Me, to have sacred communion with Me. I wish for you to know Me.

And The Holy Spirit says:

It is possible for you to know of a family member, a relative, a cousin, just your age, who lives many miles away. You might even speak to that cousin, on a phone, or write to them, by mail. But still, that is knowing of that cousin. But when you meet that cousin, when you come together with that cousin, and you hold each other, and you smile, and you look into the eyes, of each other, and you play games together, you run together, you talk together, you share secrets together, you do not really know that cousin. You know of that cousin. But the closer you come, in communication, and communion, with that cousin, you come to know the heart of that cousin. It is the same with you and God. You can say prayers to God. You can call for God's help, in certain times of crisis. You can even go, weekly, and sit, in a church, dedicated to God. But until you draw nearer to God, walk with God, and talk with God, and listen to what God will say to you, you do not know God. It is more like knowing of God. Today, draw nearer to God. Walk, and talk, and sing, and dance, with God, today. Come to know God better, today.

March 16, 2021

When it seems as if the entire world has been torn in half, when it seems as if countries, and states, and communities, have drifted apart, forming camps, when it seems as if there is no common ground, at all, rise-up, and stand tall. Offer your one heart, to those whose hearts have been broken. Offer your arms, in one embrace, to those, who bear anguish upon their face. Offer My words to those, lost in doubt, and crippled trust, with little faith. One can bring all together, if that one is all together, within. Problems will not be resolved in individual camps. Problems are resolved, when individuals are willing to come together, to trust, and believe, that in working together, the result will be good, and powerful, and strong, because the one resolution holds, and embodies, the goodness, the power, and the strength of all, rather than just a few. Separate camps can sow seeds of adversity, but working together, toward a common goal, can bring forth a harvest of unity. All it takes is one, willing to sow the seed of trust, and this can be done by each of you. This can be done by you.

And The Holy Spirit says:

When you choose sides, when everything feels as if it has been torn asunder, when to be liked by one group, you must renounce another group, stand-up, and do not give-in to the pieces. Offer the promise that each piece, working together, with other pieces, will form a beautiful quilt, which will keep many warm. The individual pieces will not bring warmth to one body. But when you begin to sew, those pieces of cloth together, with threads of love, and kindness, and trust, each individual piece finds their perfect place, within the one quilt, which, when spread-out, will offer warmth and comfort to many.

March 15, 2021

When you are immersed in My Love, it is easier to be patient, to be kind. And when you permit, My Love, to grow, within you, so that My Love is your Love, so that as I AM Love, you too are Love, then it is easy to be patient and kind, because you are Love, and Love is patient and kind.

And The Holy Spirit says:

It was said, and written, that love is patient, and kind. And it is true. And as you seek The Love of God, The Love of God has already found you. It is within you, and your seeking makes it complete, so that you are Love, as well. Today, let your Love overflow. Let The Cup of Love pour down, because it will not run dry. It cannot. Since you have established this connection with God, in this Sacred Communion, God's Love is your Love. And The Well of God's Love will never run dry. Therefore, your Love will never run dry, as well. Remember, as you live in this sacred state, love yourself, be patient with yourself, be kind with yourself, as well as with others.

March 14, 2021

I AM your Eternal Parent. You were created within My Love. I AM Spirit, and I AM Love. Therefore, you come from Love. There is no need for Me to try, to love you, when I AM Love. Love is love, with no qualifications, no limitations, no measures. Love is love, and perfection is held within love. When you are in My Love, all things are perfect, as they are meant to be. When you are in love, you see through the eyes of love, for you can see no other way. There is no other way to be, except love. When you are with Me, when you desire communication with Me, you feel My Love, more completely, more fully. It wraps you, and enfolds you. It is, and therefore, you are held, within My Love. No altering, or changing, is necessary. When you are in love, you are experiencing Me. When you are in My Love, you are knowing Me. When you reach-out to touch Me, held within My Love for thee, you know Me, and I know thee, for you have come from Me, and we are of Love.

And The Holy Spirit says:

There is none greater than love. You cannot find a state of energy that can compare with love. You have heard it said, or you have read it, that God is Love, and God is Spirit. You are love, and you are spirit. When you make it a point, to stay connected with God, you know God, because you are enfolded in The Love of God, in a profound way. You have not stumbled into The Love of God. You have not backed into The Love of God. With intention, you have embraced, The Love of God, and you come to know, it is with you, there, to stay. There is nothing more important to know, than to know, The Love of God, and to know God loves you, The Supreme Parent, The Eternal Parent, your Parent, God.

March 13, 2021

See a vast vineyard, with grapevines, on every rolling hill, reaching down to the river. And then, be still, and look around you. The vineyard is a gathering place, for so many people. And the people are doing different things. Some are preparing the Earth to accept the new plants, those cutting, from the vines, on hills, far away. Others are pruning the vines, others picking grapes, others pulling carts, to collect the grapes, others manning great vats, which hold the grapes, which are to be pressed. Others are seated at tables, enjoying the juice, from the grape, eating the grapes, laughing, talking. Look, and see others, dancing, with delight, and enjoying this beautiful day, under the light of the sun. You are in the vineyard. No matter what you are doing, to tend the vineyard, you are in the vineyard. And so, it is, you are upon the Earth. See Earth, as the vineyard, and understand, that each of you, has your part to play, as you laugh, and dance, in the light of the day. Do not worry about how one is pruning the grapevine, when your task is to prepare the Earth, to accept the plant. Do your part, so that the vineyard feeds many, and is a good place to be.

And The Holy Spirit says:

When you look around, in your family, or at your work, or in a park, a place of recreation and play, you see people doing different things. Celebrate. Listen to the stories of those, who have planted trees and flowers. Listen to the story of those, who have enjoyed the park, for hours, watching birds, and children at play. Listen to the stories of those, who have come to the park, to be alone, to speak with God, to be still, for they will tell you much, when their time to speak has come. Look around, today, and appreciate diversity, everyone doing their part, each one contributing to the whole. Then you will understand that it is all one, and you are a vital piece of The One. Appreciate that which you do, and appreciate the work of others, for you are all part of The One.

March 12, 2021

The weight, of the sack, holding regrets, from the past, is burdensome, and heavy, and it is time to set it down. Free yourself of regret. Many of the regrets, you are carrying, in your bag, from the past, can be resolved, by review, and forgiveness, for others, and for you. Tend to what can be tended to. For today, is the day: to place a call, to write a note, to send a card, to make a visit, or take a trip. Today is the day for review. Once you have addressed, those regrets, from the past, with a prayer of forgiveness, or action, at last, make the resolve to be mindful of that which you do. Let today be the day that you do not add one ounce of regret to that empty bag, to that sack, which was once burdensome, and heavy. Starting today: if you feel there is a call to be made, place the call; if you think of a person, far away, send a card; if it has been a while since your last visit, set in motion the plan, to make the visit. Take in hand all things that are good, and kind, and loving, and let that hand hold the reins to a tomorrow, with no regret.

And The Holy Spirit says:

It is possible, for you, to live without regret. Start, today. Do the things you feel you should do, without hesitation. Take the time to make the call. Reach-out, and make contact, with that person, who is on your mind. Open the line of communication between yourself and another. Pay attention to what is going on around you, so that kindness is what you offer each person, every day. Be kind. The practice, of kindness, will keep your sack of regrets empty. Remember, you have a choice, with each encounter. Let each encounter be blessed with kindness.

March 11, 2021

Resist the temptation to embellish your statement, to add a bit, here and there, to the story, to make your account, of the occurrence, more colorful and interesting. While this “weaving of a tale” might seem harmless, it can deceive and mislead, setting the scene for deception and manipulation. Speak the truth, and others will believe, and trust, what you say. Tell your story, factually, because your story, is “one of a kind,” genuine, and interesting, when recounted with enthusiasm and veracity.

And The Holy Spirit says:

A truthful person is a person of integrity. You can trust what an honest person says, because they are known for their veracity, the accuracy with which they respond to a question, the manner in which they tell a story, or reconstruct a situation. Seek, to be in the company of a truthful person, and seek, to establish yourself as a person of integrity. The truth spoken, leads to peaceful resolve, of any matter. A seeker of truth is a seeker of peace.

March 10, 2021

Remember the times, you have felt the seed of love, grow, and blossom, within your heart. Remember the times, you have loved beyond what you thought possible, to love. Remember the times, you could not resist, the song, or the dance, as it burst from you, an eruption of the love, welling-up, from deep within you, no longer confined, released, for all the world to see, the glory of the love, within thee. Remember, and know, this is how I love thee. I love thee beyond the depth and the width of oceans, and deserts, and mountains, and chasms, and I shall love thee throughout the mystery of eternity.

And The Holy Spirit says:

To love, while you are upon Earth, is the memory, of God's love, fulfilled through you. Let love be unconfined. Let God's love be defined, openly, and boldly, through you, in all you think, and say, and do. Live so other's, too, might see, and know, God's love, through thee.

March 9, 2021

Live your life upon the Earth, with great excitement, jubilation. Live, every day, and do not ignore all the beauty that surrounds you, held in My creation. For, as it began, it continues. Creation just did not happen, within a great explosion of love, and then stop, to be set in stone, forever. No, My love is creation, continuing, through you, in all you think, and say, and do. And, things change. People change. Even the animals, and the insects, and the fishes in the seas, they change, as creation continues, moving, spreading out, expanding. And you, are held within My creation. Permit yourself to grow, expand, embracing, with great love, all that is around you. Celebrate every day. Be joyful in a cup of dirt, soil, sand, rocks, pebbles, you might hold in your hand. Celebrate, that the creation of Earth, as it was set in place, was set in place, in such a way, that it would give you all you need on a material level, on a physical level, on a level which you see. And celebrate that I will give you all you need on a spiritual level. So, as Earth feeds your body, your physical body, I feed your spiritual body. Creation continues, and it continues with you, and through you, every minute of every day.

And The Holy Spirit says:

Even the rocks of Earth give you life. You think about all the things that sustain your life, and often you forget minerals. You need, your body needs, minerals. And these minerals are held in rocks, in the soil of Earth, in that of Earth. Your body needs water, not only to quench your thirst, and keep you hydrated, your body needs water to wash, and clean. Water provides growth for fruits, and trees, flowers, grasses, all of these things. Water provides life for the animals, and the fish, and the insects, the birds of the air. There is no need, which cannot be fulfilled, within the gifts of Earth. And there is no need, which cannot be fulfilled, within The Gifts of God.

March 8, 2021

When you look-out, and see rolling hills, you do not judge, the lower hills for not matching the size of those taller hills. You notice the difference, and that is that. When you see, a garden, filled with flowers, you do not judge, the flowers that are pink, as lesser, than the flowers, that are yellow. You just notice the difference, and that is that. You do not judge, a river, for being wider, than a river, in some other place. You just notice, and that is that. It does not make, a rolling hill, better, because it is taller, than the rest, around it. It does not make, a flower better, because its color is different from those around it. It does not make a river better, if it is wider, than those around it. It is different, and that is that. There are so many ways, in which you do not judge. You, just look, and see. And, in the seeing, celebrate: the rolling hills, no matter the size; the garden, filled with flowers, of every color; the rivers, which are wide, and the rivers, which are narrow. You are able to see, and acknowledge, and not judge. You know how to do it. Now, apply it, to those around you. Apply it to everything. See, and notice, without judgment.

And The Holy Spirit says:

Your Earth experience is expanded, and richer, because of the diversity in the hills, and the streams, and the rivers, and the meadows, and the deserts, and the oceans. Look at all the colors around you. And, many times, if there is mainly one color, one hue, running through this picture, in which you are experiencing, the hues, the shades, add dimension. Dimension! It is time for you to grow, in your ability to see, and know, but not judge. See, know, appreciate, all that is around you. Do not judge. Love.

March 7, 2021

Be who you were created to be, for I created each of you: to serve a divine purpose, as you walk upon the Earth; to be an emissary of The Kingdom of Heaven, as you walk upon the Earth; to do that, which you were meant to do, in a unique way, suited perfectly for you. There are no accidents amongst you. You are upon the Earth, with specific talents and gifts, to do, that which you are meant to do. And that, which you are meant to do, is what you desire to do, to complete the picture of all eternity, surrounding you. Not one other person can do what you are meant to do, in the way you are meant to do it. It is right to appreciate, and acknowledge, the talents and gifts of others. But do not do so while forgetting yourself, while thinking little of yourself, your talents, and your gifts. Applaud the gifts of others, the talents of others. But recognize your gifts, too, as they have great value, and you do too. Each of you, in My eyes, you shine. I love you. I AM yours, and you are Mine. I will not fail you. Go into the world, and do, that which you are meant to do.

And The Holy Spirit says:

Sometimes, it is easier to look around, and see what others are doing, and follow, or join that crowd. But the most extraordinary thing to do, is to sit quietly, at the beginning of each day, and ask God, what it is you are to do, that day. Ask, and I will lead you, from within. That is why I was sent to each of you, to reside within you. And so, it is said, others do not see Me. They cannot see Me. I AM within you. But I AM within each of you, and the guidance is specific, for each of you, so you will know exactly what to do, at every step along The Way. Before you begin this day pause, ask, pray, and you will know The Way.

March 6, 2021

The rose does not hide its beauty. The bird does not stifle its song. the river does not refuse to flow, and the grasses, each blade, does not refuse to grow. All of the Earth, each of My creations, rise-up, celebrating their own unique gift. You are My beautiful creation. Therefore, do not hide your beauty, and do not stifle your song. Allow My love to flow, within you, and allow yourself to grow. Grow with all creation.

And The Holy Spirit says:

If all those around you are dancing, but your gift is to sing, then sing. And sing with celebration, because God gave you the gift, so you might sing. And, if all those around you are singing, but your gift is to dance, then dance in celebration, because God gave you the gift of dance. Do not hide the gifts you have been given. Do not stifle The Way they flow. Stand-up, this day, and join in the celebration, for all God's creation is waiting to grow, to respond to the Love, to respond to Light, to respond to The Word. Let it be so, within you.

March 5, 2021

There will be times when you are given valuable gifts. Other times, you might treat yourself to a gift, adding more value to your earthly possessions, monetarily speaking. But these gifts, and possessions, can be taken from you, can be stripped from you. You were sent to Earth, carrying treasure, within, and this treasure, is beyond value. It is eternal treasure, and it cannot be taken from you. It is yours. No one can deny you the treasure you carry, within. It cannot be stripped from you. It cannot be stolen. But, most often, you do not recognize the treasure, you carry within, as holding great value, or significance. There is the temptation, to look upon material things, as having great value, because you can see them. Know this, their value is nothing, compared to the value of the eternal treasure, within you.

And The Holy Spirit says:

Each one of you carries valuable treasure, within. Those, around you, cannot know your treasure, unless you use your gifts and talents. If you have the talent to dance, dance. If you have a unique voice, which holds a compelling tone and vibration, speak, use your voice as an instrument, a gift from God. If you have a talent, to express yourself, in any way, it is of great value. Do what comes naturally to you, for these are outward signs, of your physical talents, but do not neglect the spiritual Gifts, The Gifts of Spirit, held within, each of you. Many of you carry The Gift of Charity. Use it, so others too might see, and know, Charity. Some of you might have The Gift, of Dreams, and Visions. Use it, so others too might see, and know, and believe. Still, others of you might have The Gift of Interpretation, understanding Dreams and Visions. Use it, so others too might see, and know. You might be the instrument of God's Power, and Healing. Do not hide this Gift, use it, so others too might see, and know, and believe. The point is this, if you have brought these Gifts, these treasures, to Earth, do not hide them. Use them so that others too might know The Glory of God, through you.

March 4, 2021

Why are you afraid, of death, when I have promised you eternal life? And this, eternal life, is already yours. You do not have to do anything, to obtain eternal life. You are living a portion of your eternal life, right now. Once you believe this, in the core of your being, you will no longer fear death, but you will see it, as birth. You will see it, as the doorway, leading to the next portion, of your eternal life. If you seek, understanding, of this eternal truth, this wisdom of Heaven, you will gain it. But do not seek, the answers, in the world around you. Seek, understanding, of this mystery, of eternal life, within, sitting with My Holy Spirit. That is where you are to begin.

And The Holy Spirit says:

There is much talk of eternal life. Many pronounce, they believe, in eternal life. Some sing of the day, as if it were something so far away, and not with you, now. Turn this whole thing around, and you will no longer fear, what is called, death, because death, is actually the resurrection, the freedom, of your spirit, that is you. And when you place it far away, when you think it is something that will be later, then you deny the truth, that eternal life is with you, now. Focus on what you can do, now, to glorify God, and the gift of eternal life.

March 3, 2021

Do not make light of another person's trials and tribulations. Do not laugh, or make jokes, or mock, their situation. Do not relate stories of how others have "powered through," making it sound easy to do. Neither belittle the challenging times, of others, nor commiserate in the trying times, of others. Commiseration is often fuel on the fire of fear, or humiliation, or despair, thus creating the vanquished, rather than the victorious. Let your words of support be found in encouragement, strength, faith, and confidence.

And The Holy Spirit says:

There are some situations, you do not have to experience, that make the soles of your feet tingle, and your stomach flutter, such as a rickety, swinging, rope bridge, stretched over a rocky chasm. Crossing, perilous, threatening, or humiliating times, can feel the same, as crossing over that swinging, rope bridge, when the whole world is shaking under your feet, threatening to dissolve, any minute. Do not laugh, belittle, or mock, another in such a situation, but refrain from commiseration, as well. Let your words be of strength, and courage, inspiring focus, on the goal. Let your presence boost confidence, through the challenge. Then, victory shall be the song of celebration for the challenge, met, and overcome. When one meets a challenge, all meet a challenge. When one overcomes, all overcome. Working together, it can be done, every challenge met, every challenge overcome.

March 2, 2021

You will find many opportunities, held within turbulent times, difficult times, if you will be mindful, and look around. In times of trouble, there will be numerous opportunities to forgive, to be kind, to be compassionate, to listen to what others are saying. In times of challenge, there will be multiple opportunities for you to be still, and quiet, and, amidst chaos and confusion, connect with Me. During such times you will be given opportunities to share, to give, to be generous, to help those who have little. There will be copious opportunities to thank someone for their patience, and understanding, with you. No matter what situation you are experiencing, today, look around, and you will find opportunities to be kind, to do good things. And, with your focus, on being kind, and doing good things, the focus goes, from darkness around you, to the light, being created, within you. When it is done, and over, and times are easier, and the waters calm, you will look back, and realize all the good you did do, because you chose to focus on Me and My ways, rather than struggling, and stumbling, along the highways, of the world, created by man.

And The Holy Spirit says:

Look for the opportunity, and you will find it. When you would rather drop your shoulders, hang your head, and cry-out in despair, practice being kind to another person, practice doing good. Even when kindness, for you, is not there, create such energy, within you, and share. Embrace the opportunities held within difficult times. And, from that point on, you will remember, you will recall, all the good that was created, in those times, when your focus was on Me, when your focus held The Divine.

March 1, 2021

Respect yourself, so that you might respect others. The measure of respect, you give to yourself, will be the measure, of respect, you offer others. Love yourself. The measure of love, you give to yourself, is the measure, of love, you can offer to others. And so, it goes. How you interact with others shows what you think of yourself, how much you respect yourself, how much you love yourself. Even kindness and compassion must begin within you. And the measure, of kindness, compassion, understanding, forgiveness, you give to yourself, is the same measure you will offer unto others. That, which you give to others, shows that, which you have within you. You cannot give that which you do not have. Create that which you do not have. Create respect, love, forgiveness, kindness, and compassion, today. Respect yourself, love yourself, forgive yourself, be kind and compassionate to yourself. The more work you do, within, the more eternal treasures you create, within, the more you can give to those around you, because that, which you have, can be shared, can be given to others.

And The Holy Spirit says:

Look, and observe, what is happening, all around you. Watch the interactions of those around you, and you will begin to see, how necessary it is, to go within, and build-up the eternal treasures, which are your true fortune. These treasures have nothing to do with material things. They are of greater value. You cannot give everyone you encounter, a diamond, or a gold necklace, or a new car, or a bag of groceries. But you can offer kindness, to everyone you meet. You can measure the value of a bag of groceries, or a new car, but kindness cannot be measured. Kindness is kindness. It goes beyond measure. It is a treasure that you can share, and take with you, on your eternal journey. Begin to know the true treasures. Begin to exchange things of the greatest value, the things you can give to everyone. Give the things that are not bought, but created, within you: respect, kindness, forgiveness, compassion, and love.

February 28, 2021

Do not follow, blindly, or repeat, without thinking, because following blindly, and repeating words, spoken by others, without thinking upon them, will lead you to a place that you would not go but (for) following others. Do not be led astray, by following blindly, by repeating words of others, for you will turn around one day, and find, your goal is far away. You have followed another, from the light of day, into the shadows.

And The Holy Spirit says:

It can be easy to get caught-up, in the ways of others, following what others are doing, saying. And soon, you find that you are caught-up in a group of people, or a line of people, going in one direction, with no clear idea of where you are going. You are just following. If today, this sounds familiar to you, it is not too late, to get out of the group, out of the line, and stop. Turn around, I AM calling. God is whispering. We will show you The Way: to the goals that are yours; to the missions that are yours; to the journey that is for you, specifically. Following The Whisper of God, following as I lead you, from within, will take you back to The Light, where you can see, once again.

February 27, 2021

No matter where you go, I AM there. I AM there with you, when it seems as if you are alone, when it seems as if you have wandered so far from home, as if you are doomed to wander, lost, and alone. I AM there. Talk to Me, for I will hear you. And once you start talking, do not cease, do not stop talking, for I do hear you. Once you become accustomed to speaking to Me, all the day through, you will find something has come over you, something has replaced that lost and alone feeling. That something is My love permeating your being, loving you, from within. Come, talk to Me. Let the talking begin, and once you feel you have said it all, I will speak, and you will rise, standing tall, as I remind you, who you are, and that I love you.

And The Holy Spirit says:

It is possible to be surrounded by a sea of people, and still feel as if you are a castaway, alone on your personal island. In these times, when desperation threatens to walk in, take a step in the right direction, toward God. No matter what the situation might be, you will find perspective, when you know God is with you, within you. And, if you will permit it to happen, The Love of God will enfold you, more powerful than the wave of trouble which assailed you before, before you remembered, God is with you. You are never alone.

February 26, 2021

Let that which you do, in the name of kindness and compassion, spring forth from the fountain of love, rather than from the chamber of societal demands. Be mindful, and make sure that, that which is done, in the public eye, is not done, primarily, to comply, with expectation, or to seek favor. There is a well, within you, that well will never run dry. Go there, lower the bucket, and draw-up the water of My love. For, it is from the water of My love that you will draw true kindness and compassion. And, once you drink of the water of My love, and are filled with true kindness and compassion, pass it on, with no thought of what others are thinking, or saying, or doing, with no thought of who is watching, or seeing. For, I AM seeing, and it is good.

And The Holy Spirit says:

It is easy, to fall into the ways, of doing something, primarily, because it is expected of you, because it is just the thing to do. And it is in this manner that, that which is done, becomes, just another box to check, rather than a gesture of love. Let your heart be the guide, and, from inside, where God's love is flowing, you will find the knowing of kindness and compassion. Go to the well of love, and draw the bucket up, and drink of it. Drink in the love. Drink in the compassion. Drink in the goodness, and the glory, that is God, and then, share it, with others, so they too might know, what Jesus said, so long ago. God is Spirit, and God is Love. Go to the well within, and drink of the water of God's love, and kindness and compassion will well-up, from within you. No voice of man will compel you, because The Voice of God will imbue you with truth, kindness, compassion, and love.

February 25, 2021

When you sit quietly, alone, away from all of the noise, of the world created by man, you hear the movement of the leaves, you hear the flutter of the butterfly's wings, you hear the songs, and the words, of the babbling brook. And then, when you are still, remaining in quiet, and silence slips around you, you begin to hear the entire universe, speaking to you. This symphony of sounds, held in silence, is known by few, but available, to each one of you.

And The Holy Spirit says:

Take some time, today, and take yourself away. Find a spot, a place, that you can designate as your own. Even if it is only for a few minutes, that sacred sanctuary will wrap you, in silence, and you will hear the universe, speaking to you, and you will know, God is with you, and you will come to the realization that I AM within you. Seek The Sanctuary of Silence, today.

February 24, 2021

I wish for you to know The Way of Peace. And it begins with forgiveness, being willing to forgive others, and yourself, for all transgressions, so you are free of them. It continues with refusing to judge others. Once you are free, once you have forgiven fully, once you are free, once you no longer judge, you are at peace. You breathe, deeper. You breathe, slowly. You breathe, with intention, and purpose. You breathe. You breathe, knowing what you are doing. You are freeing yourself, in forgiveness. You are freeing yourself, every time you refuse to judge another, or yourself. And this freedom, which has its roots in forgiving, and in not judging, establishes, within you, a sanctuary of peace.

And The Holy Spirit says:

To walk in peace means you are less likely to be attacked by stress, to be made ill by stress, to be agitated, and irritated, by stress. The road to peace, The Ways of Peace, free you. You are happier. You are whole. And most often, you are healed. This all comes about, from your willingness to forgive, from your intention not to judge others. And it extends to yourself, as well. Forgive yourself, do not judge yourself. It is important, for you, to remember, judgment is not yours. It has not been given to you to judge. Therefore, be quick to forgive, refuse to judge, and enjoy your time upon Earth, living The Ways of Peace.

February 23, 2021

When you are out in nature, walking across a meadow, paddling in a river, standing on a mountain, or even playing, in the ocean, it is easy for you: to look-up, at the great expanse, of the sky, above you; to look-out, at rolling hills, spread below you; to watch the waves, as they crash upon the beach; to delight, in the brilliant sun, and the tender moon. Each one, the great and small, the deep and wide, the delicate and powerful, brings you to a state of wonder and awe, observing the glory of it all. One day, as you struggle to find words to describe the wonder, all around you, remember this. I see all this wonder in you. This is how I see you! I see you as majestic as the mountain, as playful as the dancing waves, as abiding as the gentle rivers, as brimming with life as endless meadows. I see the glory of you, as you see the glory, in the sunrise and the sunset. I see the delicate, sweetness of you, as you cradle, the tender wildflower, in the palm of your hand. All this, I see, in you.

And The Holy Spirit says:

When you stand in wonder and awe, of all of God's great creation, around you, remember, how you see the glory, is how God sees the glory in you. The Glory of God is within you.

February 22, 2021

I wish for you to try something new. It is normal to speak of accomplishments, success, to celebrate all that you have done. But there is less talk, about the journey to success. The pathway to accomplishment is created by missteps, falls, and times when you felt alone. Share the story of your adventures, along the path, to success. Speak, eagerly, about the times you slipped, stumbled, or misspoke. Speak, with enthusiasm, about the times you rose-up, dusted yourself off, and whistled a tune, when no one walked with you. And then, as a redemptive ending, to the story told, talk about the quiet times, the going within, the seeking, and the finding, of treasure, more valuable than gold. Speak of how I answered your prayer, in a whisper, just for you. Speak of the example, Jesus set for you, so humble in its being, so noble in its truth. Speak of being lifted-up, upon The Wings of The Holy Spirit, soaring over troubled waters, on The Way to success.

And The Holy Spirit says:

Success does not look the same for everyone. Each of you are meant to accomplish something, and that something could have a different name, for each of you. So, the final success, the final accomplishment, might not be a match for everyone, might not be helpful. But what is helpful, for everyone, is the story, of the journey, to the success. Share yours, because the path to success, the trials, and challenges, along The Way, are similar, no matter what the ultimate success might be. Each one can learn from what the other has overcome, along the path to success. So, speak of the times when you were down, and that prayer to God was answered, and you found a way. Speak of the times you felt rejected, and Jesus said, "Come, I will show you The Way." Speak of the times, when you were so tired, and weary. Talk about your conversations with Me. Talk about your spiritual journey, and many will listen, because they too are stumbling along The Way. The story, of your spiritual journey, could be the impetus, the flicker for the flame, the encouragement needed, for each one listening, to be able to say, "I see The Light. I know The Way."

February 21, 2021

If you ever find yourself, on a ledge, outside of a building, which is very tall, no matter what the situation might be, pay heed, as you escape through one window, attempting to reach safety, through another window. Do not look down. Do not look up. Do not look around. Keep your eyes focused, on the goal, and inch toward the window, through which you will find sanctuary. Do not run. Do not hurry, lest you stumble, and fall. Move slowly, leaning against the wall, of the very tall building.

And The Holy Spirit says:

Sometimes, during the course of your lifetime, upon Earth, you will feel as if you have been pushed out of a window, forced onto a ledge. And, while these times can be unsettling, at best, there is always sanctuary. Inch your way along the ledge, no matter how narrow it might be, and make your way to safety, one step at a time.

February 20, 2021

It is important for you to understand, the important role you play in, the unfolding of the eternal present, with you. Millions, and millions, of you, form a body, which has been given free will. If you pause, to consider the power, of millions, and millions, of individuals, using their free will, you will soon see the importance of each identity, each piece of the human race. To help you navigate, this sea of free will choices, made by billions, and billions, of people, you have, within you, The Holy Spirit, which I sent unto you. And, when these seas, of free will choice, become turbulent, go within, and be still, and you will receive direction, on how to navigate, your way, across the sea, without being dumped into the sea. So, you see, it is possible to give the gift of free will, but also give the gift of how you can navigate through the free will choices, made by others. Pause, before you blame what happens on the choices of others, what you consider to be the trespassing of others, what you consider to be the lies and the deceit of others. Pause, before you think that I have caused the turbulent seas. Do not waste time on any of these excuses. Go within. Gather your guidance from The Spirit, The Holy Spirit, within you, and set your course, without fear.

And The Holy Spirit says:

Today, come with Me, and we will see, how you can master, the present piece of eternity, with you, making your way through any chaos and confusion, because I will guide you. I was sent to guide each of you, from within. No one around you knows what I AM telling you, how I AM guiding you. The only way they know is to see you in action, to see you take the guidance given, and use it. For it will work. The seas will part, or the seas will calm. The mountains will divide themselves, and create a road, for you to pass through. All things are possible, if you follow that which I tell you, for I was sent to guide you, from within.

February 19, 2021

Do not limit Me, to what you know. Do not limit what I can do, to that which you think possible to do. Nothing is impossible to Me, and that includes, guiding you, to do, the impossible, too. I speak to each of you, every day, often asking that you do something, such as, love one another. Then, there are times, when I speak to one, or more, of you, asking that you create something, that you build something, that you do something, which, in your mind, seems impossible to do. Know this, I will not ask the impossible of you. If you abide in Me, and stand in My light, I will show you The Way. Then, that which was once impossible to do, will be done by Me, through you, for nothing is impossible to do. I will speak, and your words will be My words. I will move, and your ways will be My ways. I will create, and your creation will be My creation, through you.

And The Holy Spirit says:

Have faith, and let it shine, in all that you do, because the day will soon come when God asks something of you. And, as you rise-up, and answer, "yes," you will see the truth, appearing before you, as God does, that which you once thought impossible, through you. God is speaking, listen, because God is speaking to you. There is something to do, and if you believe, it shall be done, through you.

February 18, 2021

Just for today, close your eyes, to the ways of the world. Turn from the world, and sit with Me. For today, it is time, for you and Me: to be still, together; to walk The Path of Peaceful Thoughts; to sit by The River of Humility; to wander The Meadows of Serenity and Tranquility; to bask, in the sunlight, and taste the rain. Let us be together, until you are whole, once again.

And The Holy Spirit says:

When you are weary, worn-out, tired, your rejuvenation will come, in peace. Stop. Be still. When you are tired, it is time to rest, in the lap of God, because there, you will be nurtured, and held, until you are complete, and whole, once again, until you are healed, and ready, to walk-out into the world, stronger, and more confident. Do not delay. If you are tired, or weary, seek The Lap of God, today.

February 17, 2021

When you are reading something, to learn something, it is difficult to do, difficult to absorb, the new information, coming to you, from the pages of a book, if not impossible, when there is noise, distraction, people talking, doors closing, music playing. You acknowledge this. You learn better, you absorb the information, more completely, when you are in quiet, when you are studying, with no distraction, whatsoever. My child, it is the same, when we are talking, when we are sharing, when we are communicating, with each other. You cannot hear Me, fully, when there is distraction, all around you, when you are flooded with noise and chaos. Just as it is necessary to find peace and quiet, when you are learning something new, it is important to find peace and quiet, when I AM speaking to you, imparting The Wisdom of Heaven, to you. Be still, be quiet, so you can hear Me.

And The Holy Spirit says:

There is certainly a time, for dancing and song, for laughing with friends, for enjoying a party, together with family, and those you love. But, in the midst of a party, you do not sit down, and read, a rather complicated book, trying to learn something new. When it is a party, you join in the party. There is a time for laughter. There is a time for song and dance. And this is true. These are things to enjoy, fully, completely. But, when there is time, for learning, for absorbing, what you are hearing, or reading, or even watching, it is the time for quiet, to be still, and embrace, that which is coming to you, so that you will know it. Be still, for God is speaking. Be quiet, so you will know it.

February 16, 2021

If you wish to hear My voice, be still. If you wish to hear My words, be quiet. If you wish to draw nearer to Me, to know My ways, and My love of thee, sit in silence. For, the blasting of the trumpets, and the clanging of the bells, and the crashing of the cymbals, that you hear all around you, in the world created by man, do not hold My voice, My words, or My ways. That cacophony does not, hold My presence, or know My love. To know Me, you must take the path within, set yourself aside, disconnect from the racket, and the noise, of the world. And, in this sacred stillness, you will feel My presence, with you. And I will speak to you. And you will remember My voice, for My children know Me. And, while you have temporarily forgotten, My ways, I will remind you, so that you will remember, throughout all of your days, upon Earth, that I AM with you.

And The Holy Spirit says:

It is possible to be caught-up, in a crowd, moving one way, or the other, shouting-out one thing, or the other, and still feel disconnected. You will not feel disconnected when you sit, in quiet, alone with God. When you take the time, and make the effort, to set yourself aside, it is a step, toward God. And God will not push you away, in your effort. God will draw you, even nearer. So, every effort you make, toward reconnecting with God, is a step, in the right direction. To be at peace, you must turn from the ways of the world, and draw nearer to The Ways of God.

February 15, 2021

When you desire to make the world a better place, do not ignore the role that is already yours. If you desire to take an active part, in making a change, for a better world, it is important for you to know, that the future of the world is sleeping in your nursery, playing in the backyard, eating at the kitchen table. The opportunity to make a change, for a better world, is with you, within your family. It is possible to attend lectures, meetings, and join clubs, and accomplish very little good, if any. Use the opportunity, that is yours, right now, by being an example for your children, your entire family. Be an example of moderation, charity, healthy living, forgiveness for all transgressions, without hesitation. Be an example of speaking: love, in the face of hate; kindness, in the face of meanness; compassion, in the face of indifference; and understanding, in the face of apathy. Be an example of listening, to what others say, with an open mind, and an open heart. Live what you believe, within your family. And when it is time, for your children, to walk out the door, they will take your example, and your words, with them, into tomorrow, creating a better world, for all people.

And The Holy Spirit says:

The path, leading to a better world, begins in the home. Do not seek to make your voice heard, outside your family, outside your home, if you have not already established the center, for a better future, for all people, within your home. Within your family, is where a better tomorrow begins. Every time your children walk out the door, they take your example and words with them. They carry what they learned, studied, observed, and absorbed, in your presence. Do not seek, outside the home, neglecting the opportunity, within the home. Teach what you believe will make a better world, a better life, for all people, in the only place where your words, and your actions, matter the most. Do not ignore the opportunity with you, because your children are the future.

February 14, 2021

The creation of love is an experience beyond words. There are no words adequate to describe the creation of love, within you. It is just there, and it is all consuming, and good, and light. And, when you sit, in the experience, of creating love, there is nothing else. When you create love, and send it forth, from you, to another, you are giving all that can be given. There is no power greater than love. And, when you receive this gift of love, from another, your heart is filled. Contentment cannot be described. You need nothing else. You are awash in love. The creation of love, and the receiving of love, are experiences, which cannot be described, with words, because love is beyond words. You are My creation of love.

And The Holy Spirit says:

When a parent holds a child, in their arms, and looks down, upon the child, they are filled with love, a love they are creating, within. And it is so powerful that tears roll down the face of the parent, sometimes dropping, sweetly, on the hand of the child. There are no words to describe this creation of love, this feeling that envelopes the child, and the parent. But, the child, receiving the creation of love, is bathed in its power, and knows love, and receives love, and is content, in love.

February 13, 2021

There is a time to speak, and there is a time to be quiet. There is a time for action, and there is a time to sit, in stillness. There is a time to observe what is happening around you, carefully, so you might see, and know, without reservation. There is a time to permit The Wisdom of Heaven to flow into you, so you might see, with Divine Light, that which is happening around thee. No matter what time it might be for you, you must choose, that which you will do. In that way, there is no blame on others, for whatever, you do, is your choosing. The choices you make, the decisions you make, will be wiser, clearer, transparent, in every way, if you will sit with Me, and hear that which I say, to thee.

And The Holy Spirit says:

There are times, when chaos, and confusion, reign, primarily, because everyone is willing to cast the blame on others. The truth is you make a choice. You cannot become angry, without choosing to be angry. Remember that. You cannot hate, another person, without choosing to hate, another person. You cannot wear, the coat of fear, if you do not put it on yourself. The time for realization is with you. The time, for those of you who know, has come. It is time to stand-up, and accept responsibility of that which you do, of your thoughts, of your words, without pointing the finger at everyone else. Rise-up, today, and do not hesitate to say, clearly, that you did choose anger, but you will choose anger no more, that you did choose hatred, but you will choose hatred no more. This is The Way of change. Change does not come by one, pointing the finger at the other, the finger of blame at the other. Change comes from within, when you are willing to rise-up, acknowledge your decisions, your choices, and declare, you will wage war, no more.

February 12, 2021

My Love is constant with you. No matter what you do, you cannot destroy My Love for you. You can turn away, you can run away, but it will not change My Love for you. But, come the day, when life upon Earth is through, I will see you coming, throw open the door, and proclaim you, as My child. You will be washed in My Light. The dirt and blood of Earth will mark you no more. A body of light will replace the one that did bear the wounds, and scars of Earth. You will be as the angels, as glorious as before, and you will remember, as you walk through the door. Yes, you will remember, My Love for you, as you are welcomed Home.

And The Holy Spirit says:

Push through doubt and fear, and just for today, believe. Believe God is Spirit, and God is Love. Believe you come from God, carrying spiritual DNA, which marks you so. Believe that, as God is Spirit and Love, you too are of The Spirit of God, and The Love of God. As you believe, it is so.

February 11, 2021

Do not be swayed, by the ways of the world. Do not blindly follow what others might be doing, or coercing you to do, for to do so, will shake your confidence, and leave you, in doubt. Whenever you feel lost, or alone, be quick to go within, and there, in quiet, your encounter, with The Holy Spirit, will fill you with peace. And as you listen, and absorb the guidance given, you will know The Way, as confidence becomes your staff, and The Wings of The Dove shall be at your feet, lifting you up, so you can pass through, whatever is challenging you.

And The Holy Spirit says:

In times of doubt, worry, or fear, do not permit yourself to be coerced into doing something you would not do, on your own, willingly, and with confidence. Do not permit the promptings, and demands, of others, to malign you, in any way. Let your first choice be a choice of Divine Guidance. Go within, and do not tarry, vacillating between the ways of the world, and The Way of God. Come, quickly, and hear that which I will speak unto thee, and My words will be as My wings, lifting you up, so you might see the path, set just for thee. Come, and rest in Me.

February 10, 2021

You know Me, far better than you think you know Me. For, I sent One to bring you messages, teachings, and guidance, thousands of years ago. And, He walked amongst you, and He spoke with you, and He taught you how to live, within Heaven, while you walked upon the Earth. When He spoke, He spoke My words. When He performed miracles, He showed you The Ways of Heaven. Many followed Him, as He: walked the streets of towns and cities; sat in vineyards, and fields, and orchards; climbed hillsides; went-out upon the waters. Many heard Him, as He pronounced, that the words, He spoke, were not His words, but My words. So, you see, you do know Me, far better than you think you do. I created you, and gave you the gift of free will, so you might choose what you think, and say, and do. In this creation you know The Benevolent Parent. I sent The One to you with messages, teachings, and guidance, so you might have direction to assist you in the choices you make. I poured-out, upon all flesh, The Holy Spirit, to counsel you, in The Ways of The Divine, so your choices and decisions would hold The Blessings and The Wisdom of Heaven. And I created Earth, the ultimate expression of beauty, and the spirit of The Nurturing Mother, giving, sustaining, and nourishing life. You know Me in My: Messenger, Teachings, Guidance, Words, Miracles, and your Gift of Life. You know Me when you acknowledge, the beauty of nature, all around you. You know Me when you are held, in awe and wonder, of Mother Earth. You know Me when you are struck breathless, in awe and reverence, of star-filled skies, or the brilliance of the sun or the moon. So, do not say that you do not know Me, for you do. Now come, let us walk in The Garden of Earth, amongst the trees, in the meadows, over the land, and we will talk, and you will get to know Me, even better than you already do.

And The Holy Spirit says:

Amen.

February 9, 2021

In times of darkness, when you are tempted to despair, and you look around, and find no light is there, go within, and claim The Light, waiting, pure, and fair. In times of darkness, when no light can be found, it is you, who is meant to wear The Light, as a crown. And as you rise, and assume the role, you shall be as a star in the sky, marking The Way. When difficult passage is set before you, The Light, you are to follow, is held within. The path you blaze, will show The Way you have been, and signal The Way you are going.

And The Holy Spirit says:

The world around you beckons you to follow, in pursuit of material things, objects of desire, worldly possessions. God calls you to follow The Way, in pursuit of The Divine. Only the latter guarantees that you shall have all you need.

February 8, 2021

In the everyday world, it can be challenging, to probe the unseen, to feel connected with Me, because there are so many distractions. There are whistles, and horns, and shouting, all manner of noises, all matter of noises, all distracting you, from the quiet. To feel fulfilled, and part of all My creation, it is necessary to be still and quiet. And even when you are still and quiet, it can be a challenge, to probe the unseen, because of the distractions, all around you. Set a date, make an appointment, to go to a place, that is still and quiet, and sit. Sit, and breathe, and be, and you will soon feel connected with Me.

And The Holy Spirit says:

Teachers will often guide you, to places you would never go before you encountered someone, who would lead you, because these places, which you find, taking the hand of another, were not possible, since you did not know of them. You cannot know that which you do not know. The only way to go, into the realm of the unseen, is to be quiet, and still, and take The Hand of God. And God will lead you, into places you have never been before.

February 7, 2021

Do not voluntarily subject yourself to shouldering the hatreds, the fear, the suspicions of family members, or friends. Do not carry a burden, created by another. Look at what you are saying, and doing, and thinking. Just because your grandparents were angry, or suspicious, of another person, or a group of people, does not mean that you must shoulder that hate, that suspicion, that mistrust, that fear. You did not create it. It is not yours, unless, of your own acceptance, you take that, created by your grandparents, or other family members, or friends, and: make it your own; you willingly accept it. Wash these things from you. Put down the burdens, others created. They are not yours to carry. Understand, you are living now, and you can create that which you carry. If your creations are of anger, or fear, or doubt, or mistrust, or any such shadowy energies, your burden will be heavy. But when you create light, when your creation is of love, and peace, forgiveness, and compassion, there is no burden. You are creating light, and it lifts you up, but it lifts all those around you, as well. Reject the idea, that you must carry the burden, created by those before you. And be sure, to think, before you create a burden of your own. You might say, "It is very difficult." But, it is only difficult, because you have been taught the ways of the world, which, most often, include: that you have every right to be angry, for this, that or the other; that you have every right to mistrust that person, or this person, or the other. The world will teach you these things, and they become engrained, within you. But The Spirit, within you, rejects these creations. So you were taught, so you continue. Well, today I invite you, to come back to My Ways, to My Teachings, to My Love, and My Light, and continue this way, because it is The Way of Peace.

And The Holy Spirit says:

There is no need to continue the anger, created by another, for it is not yours. Begin today, this present piece of eternity, that is with you, today, and create that, which you wish to hold dear to you. Set down the burdens of the past, and create The Light for today.

February 6, 2021

The temptation, to look back into the past, will always be with you. And, if you turn around, and walk back into the past, the temptation, to regret, to guilt, to shame, to frustration, to doubt, will enter your body, just the same, as if you had plunged into a sea. Do not revisit the past, wishing, and hoping, that you could have done this, or that, or the other. Resist the temptation to wonder, "Oh, if I had done this, and that, and the other, where would I be today?" No matter what has happened, in the past, you are standing, where you are, in the present piece of eternity, which you call today. The present piece of eternity is always with you. You are in the present. Therefore, the present, with you, today, you might say, is the most important day. There is no time, which holds more importance, because right now, at this moment, you can decide, you can choose, to do good, to assist another, to pray for another, to bless another, to do all things glorious. In this present moment, you can do all the things you wish you could do, right now. Do not waste today, wondering about yesterday. Use the present piece of eternity, with you now. Today is the most important day. And today, and today, and today, as the present continues to be with you, will always be the most important day. What are you going to do with the most important day, which is with you, today?

And The Holy Spirit says:

Wondering, what might have been, takes your heart, and soul, and spirit, away from that which is, now, today. Write the book of today, today. Live your life of today, today. Make all the changes you wish could be made, today. You see, when you ponder this, just a bit, you will come to realize, that you are always in the present piece of eternity, you call today. And, you can continue creating, all you want to create, all these glorious, magnificent things. You can be as kind as you want, right now, today. You can be as compassionate as you desire, right now, today. You can create, every piece of eternity, because the present piece of eternity is always with you. Do not let it slip through your fingers. However, be assured, that, if you do, there is another piece of eternity, there, with you. The present piece of eternity is what you call today. Therefore, today, do not let it slip away.

February 5, 2021

When you are in a loving relationship, you do not allow it to grow stale, because you feel loved, in that relationship. In a loving relationship you grow, you get to know each other deeper. Instead of fading, the life of the relationship grows, and it is richer, and stronger, with each passing day, because of the love that is circulating in that relationship. It is like a beautiful garden, well-tended, and watered, and fed. It brings great beauty. This is the relationship I wish between you and Me. I will always be with you, flowing My love to you, but you will not feel adequately loved, and nourished, and fed, you will not adequately grow, in your spiritual life, until you begin to take part in the loving relationship, more fully, giving as much as you receive.

And The Holy Spirit says:

When you are in a relationship, if you let the relationship fade, if there is no contact, if the communication begins to dwindle, the relationship does not grow. Most times, if you chance to see each other, you speak of the past, of things you once did, because there is no life to the present. Relationships, which are important, grow stronger, with each passing year. You have the opportunity to experience a loving relationship with God, The Creator of All Things, even as you walk upon the Earth. This is an extraordinary experience, and it is an experience available to each of you, without regard of who you are, or what you do, what you have done, or what you intend to do. This relationship is available to you. And the best way to begin this, loving relationship with God, is to take some time to be still, and quiet, so you that might begin to feel The Presence of God with you. It might take a while, this practice of quiet, but it is well worth the effort, because soon your breathing will take-on a different meaning. Every breath will be sacred, and you will begin to know The Presence with you, and you will begin to love deeper. You will not just say, "I love God," you will love God. And your life, upon Earth, will be greatly enhanced by knowing God, in a loving relationship, that enfolds you, in The Arms of The Eternal Parent.

February 4, 2021

I love you, and I want to be with you, together, in communion. Just as you wish to be with those, whom you love, I wish to be with you, in communion, together. As you draw nearer to Me, our relationship is more loving, because we are exchanging. It is not one way, with Me loving you, all through the day. It is you, receiving My love, and returning it. It is a loving relationship. I wish to be near you, accepted, and embraced, by you. So close, we can be, if you will embrace Me, My love, and return it. As you walk upon the Earth, you will encounter "one-way relationships." They never seem to work out. One is giving love all the time. The other, oblivious to what is going-on, moving through the day, having love surround them, but not returning it, in any way. Our relationship is meant to be love from Me to thee, and then back again to Me, a constant avenue, a procession of love, flowing through all time, all the time. I AM always with you, loving you. See the change, in your life, when you begin, in return, loving Me.

And The Holy Spirit says:

As you begin to draw nearer to God, talking to God, walking with God, acknowledging God, all around you, the lack, that was once the focus, of your life upon Earth, melts away. There is no lack, in The Love of God. When you are in this circular relationship, receiving God's love, and returning God's love, the love is complete between Parent and child. Therefore, when you are cold, and the wind of Earth is bitter, you will be so close to God, that God will be The Coat, you slip upon your body, and wrap around you, and there will be comfort. When you are so close to God, with the exchange of love, any wounds, or injury, you have, that are causing you, to be still, and in pain, will be made better, will be healed, and made whole, once again. As God is The Balm, The Ointment of Love, you rub on the wounds, until you are free. God will be all things to thee, as that is how it is meant to be. But it must be a complete, and circular, relationship. Receive, and return The Love of God, and you will be at Peace.

February 3, 2021

I wish for you to know the beauty of the mountain. Look, and see the mountain, in all its majesty. See the mountain. I wish for you to know the beauty of the ocean. Look, and see the ocean. See the life of the ocean. I wish for you to look, and see the beauty of the meadow, and the streams, flowing through it, and the trees, growing in it, and the flowers, and the bees, butterflies, insects of all kinds. And while you look, see the rabbits, and the turtles. See the sheep. See the cattle. See the birds, soaring above you, and feel the breeze. Know The Wind touches all of these. And know The Wind touches you, because you too, are My creation. I see the beauty in thee. You are just as magnificent, just as glorious, as all that you see around you. Look, and see, because all, of creation, is a glimpse, of Me, and that includes you. My Spirit, My Holy Spirit, abides within you.

And The Holy Spirit says:

It is easy to proclaim the majesty of a sunrise, and the serenade of the sunset. Do not forget, all the glorious pieces, of God's Great Creation, are signs, of the love, that flows from God. The perfect love, that flows from God, created you. Look, and see creation, and always hold yourself within the proclamation, "Look, and see The Glory of God's Great Creation."

February 2, 2021

When you are seeking, a deeper, more meaningful, relationship with Me, you must set aside all that you have read, and been taught, and assumed, about Me, and be still. In the stillness, you will feel My presence, because I will not permit you to seek Me, and knock on the door, without opening the door, and welcoming you. When you are still, you will feel Me, feel My presence with thee. I AM in your breath. Feel My presence with thee. Go outside, and open your eyes, and look, and see. For, you cannot look at the Earth, with the trees, and the flowers, and the grasses, the birds of the air, and the rabbits, and the ants, of the ground, you cannot see these things, without knowing Me. To know Me, you must be still, and breathe, and walk in nature. And there, you will find Me.

And The Holy Spirit says:

When you begin the journey, seeking God, it becomes a more solitary walk, because it requires that you are still, and quiet. And, once you have perfected, your ability, to be still, and quiet, then the very air around you changes. You feel the slightest movement. And in the seeking, of God, you begin to feel The Presence of God, in that slightest movement. You will come to know God, as you come to know quiet, as you come to know nature, all around you. This is first, in the knowing of God, to be still, to be quiet.

February 1, 2021

Do not hesitate to begin, anew. No matter what you have done, or what you still do, now, at the present, begin, anew. With a thought you can create a new beginning, and go forward, from that point. Do not put off until tomorrow, that which can be done today. Do not hesitate to wipe the slate clean, at any time. Do not wait for a new month, or until a new week begins. You can even begin, anew, in the middle of a day, that is in the middle of a week, that is in the middle of a month. You can do, whatever you want to do, because, in the end, it is all up to you. Right now, choose to begin anew, and let your thoughts make it so. Set the course, and sail into a new day, with the thought of beginning, anew. At that moment of choosing, The Wind will rise-up, and catch your sails, and you will glide over troubled waters, without fear, until the seas are still, and peaceful, once again. Do not think of all the things, you might have done, if you had begun sooner. Let noble thoughts create that which you will do, now, in a new beginning. Let today, be the day, you begin anew.

And The Holy Spirit says:

With the rising of the sun, comes a new day. After seven days, the new week begins. The phases of the moon signal each new month. All things begin, anew, at some point, and so can you. Without judgment, or guilt, of the past, make a new beginning, today. Let your thoughts create, on a grand scale, all that is good. Create love, and charity, compassion, forgiveness, mercy, and peace, and these creations will be the signs of your new beginning. Do not let your thoughts waiver, no matter what others might do. This is the time to create all you desire to do. Your noble thoughts, and desires, will come true, once you begin, anew.

January 31, 2021

Do not permit yourself to be prodded, and teased, and poked, and coerced into fighting, with another person. For, to make it a fight, there must be more than one. Refuse to fight. And, when one is prompting you to fight, find the courage, within you, to remember, while being assailed, that I spoke to you, one day, of this, and I whispered to you. When one is tempting you to fight, refuse. Instead, of offering to fight, offer to share, that which you have. And offer to share your story. And offer to listen, patiently, without interruption, or debate, to their story. But refuse to fight. Offer to share. And you can remember, and clearly say, "There shall be no fight between you and me, today. Today, I shall not fight. You might batter me, you might kick me, you might hit me, but I will still turn to thee, and say, I wish to share with you today. There will be no fight between us, today."

And The Holy Spirit says:

When something happens, quickly, or you find yourself caught, unawares of what is going on around you, completely, then you tend to fall back on habits, reactions, things you have learned, that are engrained within you. Let the words, God spoke to you, today, begin to settle within you. There is no cause to fight another. The greatest cause is to share with one another, and listen, because nothing, you have to say, in an atmosphere of agitation, or mistrust, will settle, into another, the way you would wish it could. The only way, to save the day, is to let your cause be to share. Share your food, share your clothing, share the seat in which you are sitting. Offer to share your story. And offer to listen, patiently, as they recite their story. This is a good cause. This is a cause, which will bring peace. When you are tempted, fall back on what God said today. Refuse to fight. Share, share what you have, and share your story, and let it be.

January 30, 2021

Those who seek revenge are never free. They carry the burden of anger, within, waiting for the moment, the time that is right, to seek revenge. And this is a burdensome life. It is filled, with shadow and darkness, because they must be prepared to strike. The wise are eager to forgive, quickly, and are just as quick to ask for forgiveness, because they do not desire to carry the burden of guilt or anger, within them. And because of this desire, their life is rich, and full, and filled with light.

And The Holy Spirit says:

Revenge, even saying the word brings the feel, the energy, to life. You feel it when you say it. And when you carry this harsh energy within you, your life is more difficult. It is more trying. Do not seek revenge. Make the time to sit, quietly, and ask for guidance, on how to forgive, how to forgive even the most heinous of crimes and deeds, how to forgive the harshest, most hurtful, words, because this is The Way to your freedom. Do not permit the days you have upon the Earth to be spoiled, and soiled, with the energy of revenge. Seek The Way to forgiveness. Begin today, and your freedom will begin, today.

January 29, 2021

When you make a mistake, when you drop the ball, say so. And then, set about, to make things right: to pick-up the ball, and keep playing; or, to sweep-up the mess, and begin, anew; or, to fix that, which appears to be broken. These are the things you can do. Admit the error. Admit the mistake. Once you begin to practice this, your mistakes, your errors, your accidents do not own you. Do not attempt to hide an accident. Do not attempt to make a mistake a secret. Let there be transparency, all around you, so that you are strong enough, to stand-up, and say, "I made that mistake, but I know I can fix it. I understand that, now." "I dropped the ball, but I shall pick it up, and continue." This type of statement acknowledges an error, but also signals a commitment to continuing, to not giving-up, and certainly, not blaming others. Accidents happen. Mistakes are made. But the accidents can make you stronger, if you will see the accident, acknowledge it, and continue along your way. Mistakes are some of the biggest lessons, because you see how it happened, and you now have knowledge of it. And celebrate! You did not have this knowing, this knowledge, before the mistake. You did not see the hole, before there was a misstep. But now, you have knowledge of the hole, and you have knowledge of a lesson. Do not let ego convince you, that you will be less, if you admit your mistake. This is not true. Attempting to hide something, only gives it power over you. Today, admit the mistake. Admit the accident. It will get easier, and easier to do. Do not give the accident, or the mistake, power over you.

And The Holy Spirit says:

Do everything out in the open. A sure sign, that something needs to be checked, carefully, is when you are attempting to do something, in a secret way, in the dark, behind a closed door. Let your life be transparent. Let The Light of God shine into your life, so that all is illuminated, revealing to you, and to everyone else, who will look, and see, that accidents, and mistakes, are the possibility to learn, from a lesson. Value the lesson. Do not hide the lesson. Do not hide the source of the lesson. Stand in The Light of Illumination. Let all, that you do, be transparent, so that others can see, and know, that, if you drop a ball, it is okay to pick it up, and go; that, if you make a mistake, it is okay to say, "I see what happened, now. I can make this better." Living a transparent life, not only assists you, but it assists all those around you. Look, and see, and know.

January 28, 2021

The real, the eternal, the sacred, is within. Even your body, with its bones and skin, will fall from you, one day. The cars, and the clothes, and the jewelry, will not last forever. They will fade away. But you last forever, the real you, the eternal you, the spirit that is you, is held, within the temporary temple of your body. Your body is the temporal vessel, which holds your eternal spirit and soul. Treat it so. Look, in the mirror, and see the vessel. When you look at your body, know, it is a temporal vessel, holding the sacred, eternal you. If you will sit quietly, and absorb these words, internally, you will think of yourself in a different way. You will understand, better, who you are. You are an eternal spirit, residing, for a while, in a temporal vessel, which is your physical body.

And The Holy Spirit says:

Knowing, and embracing, the truth, that your physical body, is a temporal vessel, a temporary home, you begin to understand that you have everything twisted inside-out and upside-down. Yes, by all means, place importance on your body. But, let the importance you place on your body be, that it is the temporary temple, the vessel, which holds the eternal you. And let this, knowing, become a part of you, so that you do not keep things inside-out. The temporal vessel is your physical body, and that, which is sacred and eternal, that which is you, is held, within the temporal vessel. Make the vessel worthy of the sacred gift within, for within the temporal vessel, there is eternal life.

January 27, 2021

The bird, of the air, does not struggle, and try to be a horse, running across a meadow. No, the bird is content to be, and flies, through the air, and you look, and see, the glory in the wing, extended, and the flight. The elephant, standing on the plain in Africa, does not long to be, or try to be, a fish, in the ocean. No, the elephant is content to be. And there, standing, in all its majesty, anyone looking, can see, the power, and the beauty, of the elephant, being that which it is meant to be. Do not try to be anything other than who you are. It might be difficult for you to embrace, and believe, this, but you are uniquely designed to be, who you are, so that you might do, that which you are meant to do. And when you rise-up, knowing who you are, standing, for all to see, the majesty that is thee, you are fulfilling your purpose. You are a shining example of My Glory, My Light, My Love I send to thee. Be, who you are meant to be, and that is you, exactly as you are now.

And The Holy Spirit says:

It is easy, when you look, up into the sky, and see the birds flying, the sun, shining on them, it is easy, to see The Glory of God, in each bird. They fly so perfectly. It is easy to see the majesty of God, when you see a massive animal, such as the elephant, moving across the plains, standing in the sun, and the rain, just being, all they are meant to be. You are just as majestic as the elephant. You are just as amazing, and marvelous, as the bird, in the air. You cannot see it, because you do not fully understand, or embrace, it, because there, as you stand on Earth, you feel rather ordinary. Today, see yourself as extraordinary, and be, that which you are meant to be, and you will be, all that you are meant to be.

January 26, 2021

Be mindful of that, which you are creating, for all creations begin within your thoughts. Be mindful of your thoughts. Do not throw open the door, to your inner chamber, and welcome the spirits of deceit, or anger, or prejudice, or envy, or other such spirits, because these energies will taint and soil the hallways of your inner being. They will occupy your time. And while these unclean spirits are within you, and you are listening to what they are saying, all that you do is tainted, a bit, by the energies within you, the thoughts within you. You have an opportunity to impact, not only your wellbeing, but all those around you. Accept the opportunity, and set aside time, today, to mindfully create peace. And, as you create this peace, in quiet, it will move within you, and flow from you, blessing all around you. And take some time to create compassion, for it will do the same. You can create great light, today. Be mindful of that which you are creating.

And The Holy Spirit says:

Today, you have the opportunity to bless the Earth, or curse the Earth. Do not blindly follow those, who are angry, who entertain hate. Watch what you are thinking. Be mindful of what you are accepting. Be still, and begin to create, within your being, these energies of great light, because that is what you will become. Whatever you create is within you. And it does not remain, solely, within you, it flows from you, because it is spirit, a spirit creation. You have a choice to make, today, probably every minute, or so, along The Way. Be mindful. Chase away any temptations into darkness. Refuse to go there. Do not give-up your creative powers to the dark side. Insist on creating for The Light. As you do so, you will be blessing yourself. As you do so, you will be blessing the Earth. As you do so, you will be so.

January 25, 2021

Every encounter you experience, throughout your day, is an opportunity. Each person, who crosses your path, presents an opportunity, to delve deeper, into the experience, of your lifetime, upon Earth. Do not dismiss anything. That individual, who you meet, in the course of a day, might stay only a few minutes, before they walk away, while others tarry for longer, and while others stay. They each present an opportunity, to know, to feel, the experience of life, upon Earth. They bring you a message. They make you wiser. They have something to give you. And you, have something to give them. And these gifts, these encounters, these exchanges, are not solely for the encounter with another person. Sometimes, that person, standing in front of you, is an angel, in disguise, sent to minister to you, sent to lead you, possibly even, tell you what to do. Pay attention today, to all the different ways, to the kind encounters, as well as the difficult. Pay attention, and watch, and listen, and learn.

And The Holy Spirit says:

Your experience, upon Earth, will be more fulfilling, when you treat every encounter, each individual, with respect, and kindness, and love. But you know, finding wisdom, learning lessons, permitting yourself to be ministered to, is not only for those individuals that might bump into you, or cross your path, throughout the day. You can learn from the river, if you tarry long enough, if you stay. Sit on the bank, and listen, and see, what the river has to say. Lessons can be gained from rocks, and meadows, and mountains, and leaves, on the tree. Do not forget the beautiful pieces of each day, that are calling-out for your attention, in so many ways, but you turn your head, and walk away. Today, stay a while, and see, what the day will bring to thee.

January 24, 2021

You were with Me, before you were born, onto the Earth, and you will be with Me, after your life, upon Earth. Do not squander time upon Earth. Do not treat life, upon Earth, lightly, as if it is not as important as that, which is to come. Treat life, upon Earth, as a sacred piece of your eternal life, and live it that way, with the comprehension that this is eternity. Understand, today, that life on Earth is a portion of your eternal life, a share of your eternal life; and what you do, during this portion, of your eternal life, has great meaning. Share the meaning of life, eternally.

And The Holy Spirit says:

You will not return Home with cars, and jewels. Right now, during this present piece of eternity, you have the ability to create treasures, which you can carry into eternity. Waste not your time upon Earth, placing great value on that which will soon return to dust. Create that, which will be of great value, eternally, will be cherished, eternally. Create: love, light, peace, joy, thanksgiving, gratitude, compassion, understanding, charity, benevolence, forgiveness. But, most important, create love, for love is the wellspring of The Treasures of The Kingdom of God.

January 23, 2021

Do not be afraid to do that which you were created to do. Do not ignore that longing, that desire, that has been placed upon your heart, with the song of your soul, and spirit. If you will be still, that longing will speak to you. Do not push it down, or ignore it, because you think you cannot do it, there is no way to do it, the means are not available, to you, to do it. If that desire is upon your heart, there is a way, it can be done, the means to do it shall be yours.

And The Holy Spirit says:

Many times, during a week, you will encounter someone, who, when they speak, their tone, the sound of their voice, changes, when they talk about a dream, something they wish they could do. You sense the longing, and the desire. These dreams, these desires, these longings, are stirrings, signs, to move you to rise-up and do, that which you are meant to do. And if you will begin to look around you, you will see many things come to you, and they would make it possible for you to do. But you do not see them. You ignore them. That which is upon your heart, that desire, that longing, can be done by you. Look around, and see all that is coming to you, to make that dream come true. For the dreams, the longings, the desires, that are within you, are meant for you to do.

January 22, 2021

Before you begin this day, before you head-out to work, or play, go out, and stand. Stand in the rain, or in the sun. Look-up to the sky, or down to the grass, upon which you stand, and then, breathe-in, because, in that space: you are standing, with the sun; you feel the rain; you see the flower; you feel the grass; you breathe the air. And, in that moment, you are acknowledging My creation. You are My creation. Do not remove yourself: from the brilliance of the sun; from the sustaining properties of the rain; from the lush green grass, or the flowers on the plain. Do not separate yourself, any longer, but stand in creation, and be one.

And The Holy Spirit says:

Be one with Me, and then you will see the greatness that you are. And, when you see the glory, shining, all around thee, you will acknowledge, you are as brilliant as the star. And, when you accept this sacred position, knowing from whence you came, your life, upon the Earth, will never be the same.

January 21, 2021

When The Wind calls to you, and stirs you, so that you rise-up, from your complacency, do not hesitate to continue the rise. For when you are summoned, by The Wind, it has already been established that you are prepared. The Wind is calling. It is time.

And The Holy Spirit says:

It is possible for Me to know you, each of you, better than you know yourselves, because I AM within you, aware of those subtle stirrings, within you, that often, you tap down, or push back, into the recesses of your heart. You ignore the call. But when I know, you are prepared, I will summon you, and prompt you to rise, and when you do, you will be surprised at what is accomplished, through you, because, from within you, I knew, it was your time to rise.

January 20, 2021

You cannot establish peace, in the world around you, until My Peace dwells within you.

And The Holy Spirit says:

When The Peace of God dwells within you, it flows from you, and reveals itself in the world around you. And that is real peace. When you are at peace, within, all things around you receive The Gift of Peace, as well. It is a natural process. It is an eternal process. It is a peaceful process. When one attempts to force peace, when one attempts to manipulate an atmosphere, so that it resembles peace, then it becomes a forced peace, a controlled peace, which is not an authentic peace. It is a peace, of the intellect, the brain. True peace will come from the spirit of you, from within you. And there will be no need to force, or order, or manipulate, or control, because it will just flow from you, from the source within you, and that peace will be true peace. The Peace of God, that flows to you, will flow from you, and reveal itself to the world around you. The Peace of God will reveal itself to the world, and it will be compelling, calling all to rest in The Peace of God.

January 19, 2021

As you live your life upon the Earth, you will find much joy, in the things of Earth. You will enjoy, quenching your thirst with water. You will enjoy, satisfying your hunger with the fruits and the vegetables of Earth. You will enjoy, walking in sunshine, and watching the gentle rains of spring, as they fall. You will sing, a song of joy, because your thirst has been quenched, your hunger sated, your face warmed in the sunshine, and touched by the rain. When you drink of the waters of Earth, and eat of the foods of Earth, you are satisfied, for a while. Soon, thirst returns, and hunger returns. You long for the sun, when there is rain, and you long for the rain, when there is sun. Nothing is lasting. You will find permanent peace, within My Light. Your thirst will be quenched, within My Love. Your hunger will be no more, within My Peace. I will be your Sun, and I will be your Rain, and I will be your Moon, and I will be your Stars, and that, which comes from Me, to you, will sustain you, eternally. All you need do is to come, and stand in My Light: and your thoughts, will be of My Light; your words, and your deeds, will be of My Light; you, will be of My Light.

And The Holy Spirit says:

While you are upon the Earth, it is good to enjoy the things of Earth. It is good to taste of the water. It is good to eat of the food. It is good to walk in sunshine, and bless, the rains that do fall. All of these things are good. But, when you stand in The Light of God, all you do is good. All you think, all you say, is good, because The Light of God reveals, all things, all truth, all good. When you stand, within The Light of God, the good, of all things, is within you.

January 18, 2021

The morning light reveals dust and specks of this and that, resting on furniture, and floor, that you could not see before, before the coming of the light, when it was dark, when it was night. But, as the light of day reveals, then you see, and you rise-up, and wipe the dust away, and sweep the floor clean. And soon, the light of day reflects the glory, all around you. This is why, I say to come, come draw closer to Me. Sit with Me, and in The Light, the little specks, and spots, of debris, which hide within cracks and crevices, of your inner landscape, will be revealed. And that is fine, that is okay, because, in The Light, you and I will wipe them away, sweep them away, until you are all clean, and brilliant, in The Glory of My light.

And The Holy Spirit says:

Oftentimes, you do not even know of a dusty place, or a corner of a room, which needs sweeping, until these things are revealed in the light. And then, you go straight-away, to make it right, to dust the tabletop, to sweep the corner clean. Allow The Light of God to flow into you, revealing that, which needs to be cleaned from you. And then, as you stand in The Glory of God's Light, you are brilliant, and shining, and clean.

January 17, 2021

Do not wait, until you feel as if you are all clean, and shining, to come to Me. Do not turn from Me, feeling as if you are soiled, by life upon Earth. Come to Me. Do not hide your tear-stained cheeks. Come to Me, for I love you, just as you are. My love for you does not swell, beyond imagination, or diminish, in any way. My love for you is constant, and the same. I so love you that I send signs, every day, so that you might know The Way, so that you might be confident in your thoughts, and words, and deeds. You know, thousands of years ago, I sent a Messenger to you, to show The Way, because words can be easy to dismiss, or turned, and twisted, to suit a certain purpose. But seeing, words, living, are understood better. And that Messenger, and The Message, was Love. I did not send The Messenger to strike you down or punish you. I sent The Messenger to show you The Way.

And The Holy Spirit says:

Sometimes, it can be difficult to put your belief into action, to show, through your life, The Living Word of God. But it is possible, because it was done. It happened. The Messenger came, and reached-out to the wounded, and the hurt, and the maimed, and said, with conviction, you can do all that I AM doing. And added further, ...and even greater things, you shall do. So, the example was set before you. And not only was it set before those of that time, it was written down, so you can understand the experience. Do not run, feeling that there is punishment in store for you. Be still and let The Arms of God enfold you.

January 16, 2021

Bring your concerns to Me, in prayer. Bring your concerns to Me, while you are still, and quiet, just sitting there. Mark off the time, in every day, to come to Me, and I will teach you The Way. Every question, you have, shall be answered. Every concern, every issue, will be resolved. And, as we draw together, closer, and closer, together, you will begin to see the wisdom, in the challenges that come to thee. And soon, you will acknowledge, that you have grown in strength, and courage, and faith: with every challenge, that is met; with every obstacle, that is moved; with every mountain, you have climbed; with every valley, you have crossed. And, I AM with you, all The Way. Through every day, I AM with you.

And The Holy Spirit says:

When you set yourself aside, quietly, to speak with God, to pray, and ask of God, your requests are always answered. Take that answer, that is given unto you, and follow the guidance, held within the answer. Do not try to embellish the answer, to make it resemble that which you hoped you would hear. Do not diminish, or take away from, the answer, so that is more familiar to your way. Take the answer, and follow, exactly, as it directs you. In this way, you will walk with confidence, knowing God has touched your question, with a Divine Answer, especially for you, so that you might do, that which you are meant to do, with confidence.

January 15, 2021

Once the time of harvesting is over, and spring returns to the farm, the wise farmer does not plant the same crop, in the same field, repeatedly. No, the new crop, to be planted in the new spring, will be planted in another field, which has had time to rest, and restore itself, while the old field does the same. The old field has a season to rest, to absorb the rains from Heaven, to relax in the light of the sun, to draw nutrients, and nourishment, from the soil, surrounding it, and embracing what the animals and the birds do bring, waiting, and resting, to produce, from the plantings, and crops, of another spring. You are as the field. That which you produce will be more vibrant, and filled with life, if you take a season to rest, absorbing the rain, delighting in the sun, and drawing nourishment, and nutrients, from all around you.

And The Holy Spirit says:

When a farmer does not have another field, so that he might use that other field, to plant a crop, thus giving this old field a chance to renew itself, the farmer turns the soil, and spreads fertilizer, and nutrients, so that the field will be rejuvenated. And he turns the soil, and treats the Earth, with great care, and tenderness, preparing it to receive the seeds, and the plants, in the spring. And often, this turning of the soil does not begin at the springtime, it is done in the winter, when much of the Earth is bare; and there, you will find the farmer, turning the soil, making ready to prepare. You are much like that garden. That which you produce, that which comes from you, will begin to diminish, in that which it can provide for others, for your family, for you, if you do not renew, and rejuvenate, the soil, that is you: turning the soil, receiving the rains of Heaven, resting in The Light of the Son, drawing nutrients from all that God has put around you, so that you might be whole, and strong. Be still, and reflect, on the field. Be quiet, and ponder rest, rejuvenation. You are the field, prepare to receive the seed.

January 14, 2021

Many individuals, their works, and masterpieces, ideas, and teachings, are revered and respected, today, but were shunned, ridiculed, ignored, or discredited, in their day. They did not realize fame, or fortune, or were noted, by name. And it was only, when the world was ready to embrace, the creation, the idea, did the fruits, of their labor, come to fruition. This is the way it is for many, who say, "I will do it," because, at the time, the world does not understand the project, does not realize the masterpiece, cannot comprehend the idea, the teaching. Yet, this lack of faith, this doubt, does not stop the gift, the masterpiece, the teaching. Therefore, when you are tempted to feel, that your mission, has failed, that you have failed, reject that idea, and continue to follow, as you are guided, as you are led, for that, which you bring to Earth, that masterpiece, you present, to those of Earth, will be acknowledged, in its time. Therefore, you, who are filled with teachings of light and good, you, who are the creators of masterpieces, do not be dismayed. Be happy to complete your work, and leave it in place, for it will become the treasure to those, who are seeking, in time. And those, who are seeking, in time, will lift it up, for all to see. Do not be tempted to seek adulation, applause, or high recognition, because then, it will become more of ego. In quiet times, when you are led, to accomplish a goal, to carry-out a mission, rise-up, and, with steadfast faith, continue, for you are destined to be the bringer, the creator. Once it is done, I will call you Home.

And The Holy Spirit says:

There are many individuals, whose masterpieces, ideas, and teachings, did not see success, in their day. They were met with ridicule, and rejection. Yet, because they were willing to do, as they were guided to do, to create, as they were guided to create, to teach as they were guided to teach, the masterpieces, and the teachings, and the names of the creators, are with you, today, are revered, today. That, which is meant to be, shall be, when the time is right, when The Light is bright enough to see.

January 13, 2021

As you rise-up, on this new day, do not be tempted to look away, already making your lists, and plans, of what you must do, and where you must go. Do not do these things, before you come, and sit, quietly, and speak My name. And I will tell thee, and prepare thee, for that which is to come to thee, this day. For in all your planning, and in all your list-making, you cannot prepare for, that which you cannot see; but, I see, that which will come to thee. And, if you sit quietly with Me, we will make preparations: so that you shall not thirst, or hunger, for justice, or compassion; so that you will feed others the food, that you long to taste, the drink, which will quench your thirst. I will give thee all you need, so you might share with others in need. In this way, there will be no lack of justice and compassion.

And The Holy Spirit says:

There is always the temptation, as you rise-up, to rush into the day. It could be many reasons: perhaps you slept too late; perhaps your bed was too comfortable to refuse. But, upon arising, do not use these things, as an excuse, to rush into the day, before you pray. Be still. Sit, or stand, or kneel, and call: to see, what you will need this day; to ask, for guidance, all along The Way; to make it known, that it is more important, for you, to connect with Home, and know what you are to do, than to rush into the day, and meet challenge and surprise, possibly losing your way. Be still, be quiet, as you welcome the day.

January 12, 2021

When you are thankful, and grateful, for all that has been given unto you, including life itself, you are in balance with all creation. When you sing, a song of thanksgiving, and gratitude, you are in harmony with My Great Creation, and it flows, around you, throughout your being, echoing the song you sing. You breathe the air of Earth, as an eternal being, appreciating the experience of Earth, knowing Earth. Living in this state: you do not have to experience lack to appreciate plenty; you do not have to experience illness to appreciate health; you do not have to experience evil to appreciate good; you do not have to experience hate to appreciate love; and, you do not have to experience the grip of darkness to appreciate the glory of the light. Be still, and sit with Me, and I will teach thee, how to live, within all that is good, and of The Light, without suffering the experience of darkness and shadow.

And The Holy Spirit says:

God speaks, and it is possible, for all beings of Earth, to hear The Word of God. When you hear, The Word of God, it is possible to live, The Word of God. When you live, The Word of God, it is possible to know, The Way of God. And, when you know, The Way of God, it is possible for you to bless, all you encounter, with every step you take. Be still, and listen. Accept, and be grateful. Breathe, and bless, with every breath you take, for you are inhaling God's Great Creation, you are inhaling The Spirit of God, upon Earth. Rise-up, and live.

January 11, 2021

I wish for you to know The Way. I wish for you to be confident, with every step, because you know: you are on the right path; you are going The Way, you are meant to go. But My child, seeking answers to where you should go, and what you should do, what you should think, even sometimes, these answers, will come, from those around you, but these are the answers, coming from those, who are often as confused, if not more confused than you. Answers, coming from those, who are confused, or turned upside down, will not lead you the right way, they will send you wandering. And even holding the answers, of those around you, you will still be seeking, another answer, some other answer, because the source, of your answer, was confusion, and chaos, and frustration, and worry. If you will sit with Me, to begin every day, just sit, quietly, I will teach you, and show you, The Way, clearly.

And The Holy Spirit says:

If you will begin each day, in quiet, sitting with God, you will feel My Spirit, growing within you, for I was sent to you, to each of you, so that you would know The Way. I was sent to you, in such a way, that I would be within you. And so, the answer, you receive, when you sit and pray, at the beginning of each day, is The Answer, specifically designed for you, for what you are meant to do, where you are meant to be. And it will not be padded with jealousy, or frustration, or confusion. It will be illuminated. It will be The Wisdom of God. And it will be coming, directly, from within you.

January 10, 2021

You are first born of My Spirit. When you travel to Earth, a robe of flesh is wrapped around your soul and spirit. And this robe of flesh carries, the markers, and the characteristics, of who you are to be, upon Earth, even down to your physical attributes, talents, and skills. Your spirit and soul carry The Gifts of Heaven, held within this robe of flesh. But the robe of flesh is a temporary disguise, a uniform of Earth, an indicator that you are a human being, a being of Earth, for a while. But, when it is time, for you to return Home, the robe of flesh is removed, revealing the soul and the spirit, bearing the markers, indicating that you are an eternal being, a citizen of The Kingdom of Heaven. You are born of spirit, and you have been born of water and blood. Your first birth, of spirit, comes from Above, and your second birth, of water and blood, comes from your physical, Earth experience. Once you return to The Kingdom of Heaven, you are as the angels, and wear The Eternal Robe of Spirit.

And The Holy Spirit says:

Do not be so concerned about what form you will be, when you return Home, or what happens, during the time of separation of the body, from (the) soul, and the spirit. Be more interested in how you live your life upon Earth. Do not squander your time upon Earth, because it is short-lived, and then you return to spirit. During your lifetime, upon Earth, that, which you think, and say, and do, becomes a part of you. In a meaningful way, they mark you, preparing for your return Home. You carry your thoughts, the words you say, and the deeds you do, and these become the markers, the characteristics of who you were, upon Earth. That which has been done cannot be undone; however, all that has been done can be blessed, stamped as a lesson, thus, becoming a blessing rather than a curse. Begin now, preparing for the return journey. Forgive what is in the past, and bless it, with the name of a lesson. Forgive that which comes to you today, and with clearer vision, see the lesson, in every encounter. Be vigilant, prepare, make ready, for it will soon be time to return Home.

January 9, 2021

My Hand will rest upon your shoulder: gently guiding you through obstacle strewn paths; holding you in place, thus avoiding boulders and cavalcades of debris. When you sit with Me, begin your day with Me, we will talk, and you will come to know Me, My Voice, My Whisper, My Ways. I will encourage you to do that which is meant for you to do, and I will teach you to avoid that which is meant for another to do. I will inspire you to do great things, while explaining the pitfalls of treading pathways not meant for you. And as we speak, you will come to understand The Gifts that are yours, more fully, and appreciate The Gifts that others carry, within them, with respect and honor. In this way, all things shall be accomplished, in divine timing, in divine ways, through The Divine, flowing through each of you.

And The Holy Spirit says:

Listening to, and following, The Guidance of God, requires the practice of discernment of spirit. You must know the source of the guidance, and you must be sure. The only way to know, The Guidance of God, is: to know The Presence of God, with you; to recognize The Voice of God, so that The Whisper of God is familiar to the ears of your soul. And, the only way, to accomplish this sacred relationship with God, is: to sit, often, with God; to spend the days, and the nights, with God; to speak, to God, seeking answers unknown to you. You know the voice of those you love. You are familiar with the ways of those you love. You trust the guidance of those you love. You place your faith in those you love. And, when you come to know, and love, God, it will be the same. You will recognize, The Voice of God, because you know, and love, God. You will be familiar with, The Ways of God, because you know, and love, God. You will trust, The Guidance of God, because you know, and love, God. You will place your faith, in God, because you know, and love, God. And, because you know, and love, God, the unfolding of The Divine Plan will take place within you, within each of you.

January 8, 2021

Be thankful, and hold gratitude upon your heart, for all that you have been given. You have been given the gift of life. You live. Be thankful and grateful for the gift of life. As you live now, your spirit, the eternal you, shall live forever. Be thankful and grateful for the breath of life that is yours. As you breathe, and fill your lungs with the breath of life, know I AM with you. As you breathe, you breathe-in My creation, and My Spirit, which is held within all creation. Your earthly life is sustained by the breathing-in and breathing-out of creation, which holds My Spirit. You draw My breath from creation, and you offer your breath to My creation. It is a cycle of infinite communion with Me, even as you are upon Earth. As you breathe, with every breath you take, you are connecting with Me, inhaling My gift of creation. As you breathe, you are of Me, and I AM of you. When you know this, you will know the gift of Joy, in every fiber of your being, and your spirit, your soul, and your heart will respond in a joyful song of thanksgiving and gratitude.

And The Holy Spirit says:

Be thankful and grateful for the glorious sun, and the tranquil moon. Look and see the miracle, which holds them in place, in time and space: with the sun providing warmth, and light, and energy for all of Earth to grow abundantly; and the moon summoning the rising and the receding of the oceans of Earth, completing cycle-after-cycle. Each one, impacting all that is upon the Earth: announcing times of slumber and of waking, times of planting, and harvesting; heralding times of coming-in and going-out, times of arriving and departing. Be thankful and grateful: for food, when you are hungry, and water to quench your thirst; for shelter, when storms abound, and lightning strikes, and thunder rolls; for the warmth of a fire, when it is cold, and the shade of a tree, when it is warm. Be thankful and grateful for the simplest of things, for these are the things of value, these are the things to be cherished and treasured. But first, and foremost, be thankful that you live, and with every breath you take, God is within you.

January 7, 2021

I have given unto you My Spirit. The Holy Spirit resides within you, and can lead you, into truth and light; but most of the time, this sacred Gift sits, waiting for you to acknowledge The Gift, and use The Gift, thus receiving all blessings and grace, which accompany The Gift, and the use of The Gift of The Holy Spirit. Every decision you make is a creation. That which you decide to do, you do, and, in so doing, you create your desired outcome. When you seek direction in prayer, you are seeking to bless the decision, you are preparing to make, with The Wisdom of The Holy Spirit. Do not ignore the truth, that you, right now, have the opportunity to bless, every decision you will ever make, with The Wisdom of The Holy Spirit. The world is in dire need of the blessings and the grace, which flow abundantly, through The Wisdom of The Holy Spirit.

And The Holy Spirit says:

I AM here, within you. Be still, and in the quiet, listen. Listen with your heart. Listen with your spirit, and open to receive, that which I will give to you. If you will ask, I will bless every decision, which sits before you, with grace and wisdom. Your decisions, every one of them, can hold The Wisdom of Heaven, if you will but seek My guidance. Whenever the path seems obstructed, impossible to pass, I will lead you, so you do not trip and fall. I will fill you with Divine Wisdom, so you know The Way, and walk in it, every day. That which you cannot see, I see. That which you do not know, I know. Feel My presence with you, for I AM The Wind of Wisdom, and I AM within you.

January 6, 2021

I wish for you to know The Way, therefore, I send signs to you, every day, so that you might look, and see, and walk with confidence. Follow your star. Do not be persuaded to follow another's star. Follow your star. You might encounter one, or two, along The Way, that is following the same star, and that is good. It is pleasant to have companionship, along The Way. But if your star veers, to one way, or the other, do not stay, but follow your star. At the end of your star, you will be rewarded. It will shine brightly, upon you, and you will know, that, which you were meant to do, has been accomplished. Do not give up the light of your star. Follow.

And The Holy Spirit says:

One of the rewards of following the signs, sent to you, every day, is that you are confident, as you make your way, through this lifetime journey, upon the Earth. You are confident because you know that you were vigilant, the sign was made clear to you, and you followed. Therefore, there is no doubt. When you live a life, free from doubt, you live a life of peace and confidence. Follow the signs. Follow your star.

January 5, 2021

You, and only you, are the master, of the doorway, into your temple, which is the physical body, you are wearing, for a brief time. When you welcome in The Light, Love, Compassion, Patience, Forgiveness, the spirits, of these beautiful creations, abide within your temple, because you, as the master, at the doorway, invited them to come in, and you feel filled with light. It is easier to accomplish tasks, that are difficult, because you are filled with Light, and energies of My Kingdom, of your Kingdom, of Heaven. But the opposite occurs, if, as master, of the doorway, leading into your temple, you permit, or invite, greed, retaliation, anger, hatred, sloth, envy, any of these creations, to come into your temple. There they abide, and they move, throughout your temple, leaving destruction, in their path. You feel weary and tired. In fact, you avoid every task, that is yours to do, because you are being consumed by the spirits of the dark or shadow. But at the same time, you are the master. Cast them out. Rid yourself of these demons. Push them out of the doorway, and with firm resolve, set a stance, that they shall not return, to ruin your temple. Hold your physical body as sacred, as sacred as the spirits, of The Kingdom, from which you come. Fill your temple with Light. Fill your temple with Wisdom of Heaven. Fill your temple with Kindness and Compassion. Fill your temple with Generosity. It is constant, that watch at the door, because those shadowy energies will implore you to let them in, or distract you, so that they might sneak in. Be vigilant, and watch, for you are the master, at the doorway, of your temple. You say, who comes, and goes. But also, it is yours to cast them from you, when they are no longer welcome.

And The Holy Spirit says:

Guard your temple gate, as if you understand the treasure, held within. Do not permit darkness, or shadow, to enshroud the treasure you hold within. It is all up to you, and this is responsibility. But this responsibility will lead you to confidence in what you are doing, understanding that you would not be told to cast this evilness from you, unless you were able to do it. You are the master. You choose what enters your temple, today. Choose, wisely.

January 4, 2021

Be still. Be quiet. Listen for My words, and they will come to you, flowing to you, holding you, and enfolding you within the sweet harmony of Heaven. To hear Me fully, listen with your soul, your spirit, and your heart. Hear My words, as if, for the first time, allowing them to lead thee into communion with Me. Do not assign the ways of the world to the words I speak, for they are of Heaven, and they will lead you into thinking heavenly thoughts, speaking heavenly words, and performing heavenly deeds, as you walk upon the Earth. Come. Be still. Be quiet. Listen, and you shall hear Me.

And The Holy Spirit says:

As you listen for the words of God, prepare to hear them, to receive them, as they are spoken, not as you think they should be, but, as they are; for, the words of God are The Wisdom of Heaven, and God is waiting, to fill you with this Wisdom, if you will be still. Let the Sacred Song of Heaven wash over you, and through you. Listen with your soul, your spirit, and your heart. Do not attempt to frame a masterpiece from Heaven to fit within the borders, concepts and precepts of the world created by man. That which comes to you, from God, cannot be confined or defined by the ways of man. The Words of God reverberate throughout The Kingdom of Heaven, throughout eternity, and they will reverberate throughout your being, blessing you with wisdom, and life, glory, and light. They will bless you with peace.

January 3, 2021

You can plant a very, small seed of hatred, and it will blossom, and grow, and reach-out, into the rest of your garden, threatening to take it over, to over-run your garden, with a thriving hatred. You can plant a small seed of love, and it will grow, and thrive. It will reach-out, and spread, throughout your garden. And soon, the entire garden will be filled, to over-flowing, with the growths from the seed of love. And the same will happen, when you plant a seed of meanness, or kindness. They will thrive, and they will grow. The difference is, what you are willing to plant, and to tend, and to allow to grow. It is not a random choice, as you have been taught to believe. It is a free will choice, you make, when you plant the seed. It will take practice, and work, to reject the idea to plant a seed of hate, or mean-spiritedness, or greed, or envy, or anger, or doubt. You must reject it. You must participate, in the selection, of the seeds you plant, in your garden. Make the choice, wisely.

And The Holy Spirit says:

It is not easy. You are correct. It is difficult to reject seeds of shadow and darkness. But, if you will make the effort, if you will put forth the effort, to plant the seeds of kindness, and generosity, of compassion, and understanding, of love, then you will be greatly rewarded, even in this time. You will eat from The Garden of Good. You will feed others from your Garden of Good. And it will all be worth the effort.

January 2, 2021

There are none so blind as those who will not see. There are none so heavily burdened as those who will not forgive. That which you forgive no longer lives within thee. Within the sacred act of forgiveness, you are washed clean, you are set free. That, which you will not forgive, lives within you, remains within you, as a burden, denying you rest and peace, casting a shadow over all that you do, until it is forgiven. Come, sit with Me, and we will begin the forgiveness of all that is burdening thee, so you might be free. Come, practice forgiveness with Me.

And The Holy Spirit says:

Forgiveness is a process by which you are freed of a burden you no longer need carry. Forgiveness is a practice through which you restore The Light of God, to spaces, once plagued with darkness and shadow. Even when the first sip of forgiveness tastes bitter, every drop, within the cup, grows sweeter, with each pronouncement of forgiveness. Soon, you seek the cup, to drink of the nectar of forgiveness, so that all things are forgiven, so that you are at peace.

January 1, 2021

Hear Me. As if, for the first time, hear Me. Walk out of the clouds, that hold you, and bind you, and blind you, with chaos and confusion, and draw near to Me, as if, for the first time. Believe in Me. For the first time, believe, without trappings, and rules, and regulations. Just believe. It is time to return to the first time. There has been a tower of rules and regulations, suspicions, built around the teachings of My Words. Today, strip away all preconceived notions, and just hear Me, for the first time. If you will strip away everything that alters, even ever so slightly, My direction, you will hear, simply, and with purity. You will not be checking, or correcting, or mending, or altering, The Words; but you will be embracing The Words, which kiss your soul and spirit, for the first time.

And The Holy Spirit says:

Begin to embrace The Words of God, for the first time, free of debris, washed clean, from any controversy, or correction. Avoid the rules and regulations, that tell you, you must hear this way, or that way, and just listen, and hear, The Word of God, because God is speaking to you, to each one of you, to every one of you, every day. No matter where you are, who you are, what you think, or what you say, The Creator of All Things is speaking to you. But you are rejecting what you hear, because: you are trying to categorize, what God is saying to you; you are trying to alphabetize, what God is saying to you. Listen, and, for the first time, hear, purely, The Words God is speaking to you. Let it begin. Come, and let us renew this relationship. Listen for The Still, Small Voice. Listen for The Whisper. Listen for My guidance, as I Am within you. And do it all, for the first time.